

Zen And Salsa Dancing Leaving Your Mind And Learning To Be

Paul Hedderman, founder of zenbitchslap.com and author of The Escape to Everywhere, speaks on the matters inside of this book.

From Agoraphobia to ZenChipmunkpublishing ltd

The fur is really flying in this Dead-End Job Mystery from the national bestselling author of Checked Out. No more pussyfooting around! Husband-and-wife PI team Helen Hawthorne and Phil Sagemont have barely scratched the surface of the world of show cats when a cornered kitty kidnapper's claws come out.... The one thing celebrity Trish Barrymore and her no-account accountant husband, Mort, can agree on in their bitter divorce is shared cat custody. But when Mort is found brained by a mahogany cat tower and their pedigreed Chartreux show cat goes missing, Trish calls on Helen and Phil to find the feline filcher and let the cat out of the bag. Discovering that Mort had some shady dealings within cat show circles, Helen goes undercover as an assistant for a woman who shows prizewinning Persians. As Phil and she get deeper into a high-pressure world of primping, posing, and purring to collar a killer, they get caught up in a cat-and-mouse game where the stakes are literally life and death....

LESBIAN & QUEER PLAYS FROM THE JANE CHAMBERS PRIZE edited by Maya E. Roth and Jennifer-Scott Mobley with a preface by Jill Dolan and an afterword by Sara Warner This volume, the first of two, gathers five plays from the history of the Jane Chambers Prize: UNSPEAKABLE ACTS by Mary F. Casey, FULL/SELF by Claire Chafee, THE SIEGELS OF MONTAUK by Meryl Cohn, A LIVE DRESS by MJ Kaufman and FEMMES by Gina Young. THE JANE CHAMBERS PRIZE recognizes plays and scripts for performance written by a woman that present a feminist perspective and significant roles for female performers. This annual award is given in memory of lesbian playwright Jane Chambers who, through her plays and activism became a major feminist voice in American theater. This publication is a collaboration between WTP and NoPassport Press.

Sōtō Zen in Medieval Japan

From Agoraphobia to Zen

An Abridgment of Leverett's Latin Lexicon ...

Crazy Clouds

Branching Streams Flow in the Darkness

G.K. Hall Bibliographic Guide to Dance

This novel is based on true accounts. I have conducted many interviews here in the United States and have traveled to Cyprus for additional research. The atrocities described in the novel are factual. When Turkish soldiers invade his Cypriot village in 1974, twelve-year old Haji witnesses brutal atrocities, including the torturous murders of his father and sister while his pregnant mother was repeatedly being raped. With the help of his beautiful school teacher Rebecca, (dishonored many times by Turkish soldiers) they flee their village only to face constant life-threatening danger wherever they went; as the barbaric Turkish soldiers continue to pursue them. Their struggle to survive the Turkish soldiers and then to erase their horrible memories that haunt them lead to the dramatic ending.

Teenage lovers reunited after 50 years.

The Westerner is introduced to the basic teaching, practices, and religious character of Zen

Describes points of interest off-the-beaten-path in the region and recommends hotels and restaurants

SPIN

WHAT HAPPENED TO ROSE

The Course of Miracles

Save the Last Dance

Bewilderment of Boys

Zen Radicals, Rebels, and Reformers

Description"From Agoraphobia to Zen," is the author's true story of her lifelong struggle with panic attacks, agoraphobia and food addiction. On the dawn of the millennium she makes a decision to break the cycle of mental illness that destroyed her mother and threatens her own life. This authentic, sometimes, brutal journey takes the reader from trauma to comedy, from a Brooklyn housing project to the Hawaiian Islands and from fear to hope. Armed with her mother's journal and a deep desire to be healed, she uses spiritual guides, imagination and hypnotism to uncover the secrets and lies that both mother and daughter kept. This powerful memoir, filled with fascinating people and compelling photographs is intensified by a genuine sense of time and place, and the author's belief that it's possible to triumph against mental illness. About the AuthorMarilyn Maya Mendoza was born and raised in Williamsburg Brooklyn, New York City. For the last 35 years she has lived in Makaha, the sunny west side of Oahu, Hawaii, where she teaches English as a second language and writes. She has four grown children, a supportive partner Jackson and an adopted Havanese dog named Chic. Her hobbies include dancing, traveling and eating French toast; not necessarily in that order.

Baisao was an inspirational and unconventional figure in a culturally rich time period in Kyoto. A poet and Buddhist priest, he left the constrictions of temple life behind and at the age of forty-nine traveled to Kyoto, where he began to make his living by selling tea on the streets and at scenic places around the city. Yet Baisao dispensed much more than tea - though he would never purport to be a Zen master, his clientele, which consisted of influential artists, poets, and thinkers

of the time, considered a trip to his shop as having a religious importance. His large bamboo wicker baskets, full of tea utensils, provided Baisao and his customers with an occasion for conversation and poetry, as well as exceptional tea. Included in his writings is a remarkable but little-known document, essential to understanding his life, that contains Baisao's response to a customer's inquiry as to why he abandoned the Buddhist priesthood for a tea-selling life. These poems, memoirs, and letters trace his spiritual and physical journey over a long life. This book includes virtually all of his writings translated for the first time into English, together with the first biography of Baisao to appear in any language. It is bound to establish Baisao's place alongside other Zen-inspired poets such as Basho and Ryokan.

It's the seventh ridiculous day of August, 1971. A drought has besieged Red Clover, South Carolina and the heart of seventeen-year-old Karlene Bridges. Her big sister, Gloria Jean, is pregnant, and everyone carries on as if she were incubating the Light of this World-but Karlene feels hysterical at becoming an aunt at such a young age. Billy Ray Jenkins, former heartthrob, joined the United States Navy six months ago, and Karlene has been incommunicado ever since. To soothe her jangled nerves, she has taken up songwriting-and she is terrible at it-truly terrible. And now, Spencer, her songwriting buddy, might get drafted and end up in Vietnam, sloshing around in rice paddies, which agonizes Karlene because she knows that peace of any kind is unobtainable on this whirling blue planet. Through the eyes of its sharp-witted, big-hearted protagonist, Luddy weaves an intimate love story about a young woman who dives into the deep end of her own life and attempts to solve the riddle of Life itself with grace and aplomb.

DigiCat Publishing presents to you this special edition of "The Mystery Queen" by Fergus Hume. DigiCat Publishing considers every written word to be a legacy of humankind. Every DigiCat book has been carefully reproduced for republishing in a new modern format. The books are available in print, as well as ebooks. DigiCat hopes you will treat this work with the acknowledgment and passion it deserves as a classic of world literature.

Cincinnati Magazine

A Dictionary of the Latin Language

The Three Pillars of Zen

Daitokuji

Exploring Cross-Cultural Missteps with Latinos in the Classroom

Baisa? : Life and Zen Poetry in 18th Century Kyoto

Chantal Heide, the leading voice in Conscious Dating, helps singles hit the refresh button in the dating world with her sound advice and techniques offered up in No More Assholes. Through simple explanations and anecdotal stories, learn the science of attraction and human behaviour, avoid dating pitfalls, and attract the ideal relationship you want faster. Chantal leads ground-breaking seminars designed to teach women how to connect with themselves and others, including the kind of partner who will treat them with the utmost love and respect. Her seven steps are invaluable tools for life, not just dating. You'll gain a greater sense of your own true worth and increased confidence knowing how to communicate what you want in a relationship, without the fear of sounding needy or unrealistic. From getting over an ex to conflict resolution once you meet the right person, Chantal teaches you how to find and keep a loving relationship that will satisfy your soul. She helps you understand human behaviour and recognize our amazing ability to create a fulfilling spiritual connection. Chantal skillfully sets you on a path of intimacy with yourself and teaches you how to engage with others in a way that opens the door to a deeply loving and lasting relationship. If you're looking for a book that will enrich your love life "for life," this is the one! "Very, very effective. Great advice, and concise. What people really need to know to move into a really great love." - Chris Patton, author of Showing Up, Becoming The Me I Want To Be

From the concert stage to the dressing room, from the recording studio to the digital realm, SPIN surveys the modern musical landscape and the culture around it with authoritative reporting, provocative interviews, and a discerning critical ear. With dynamic photography, bold graphic design, and informed irreverence, the pages of SPIN pulsate with the energy of today's most innovative sounds. Whether covering what's new or what's next, SPIN is your monthly VIP pass to all that rocks.

After escaping from their captors in a giant air balloon, five prisoners of the Civil War find themselves stranded on a deserted island. Despite their different backgrounds, they decide to band together and combine their talents to live on the island, which they named Lincoln Island. Cyrus is a railroad engineer, Gideon is a journalist, Neb is a man who escaped slavery, Pencroff is a sailor, and Harbert is Pencroff's protégé and son. Each man uses their skills in a different way, building houses, making inventions, and finding creative ways to live off of the island. One day, Gideon, the reporter desperate for human contact, decided to send a message via a bird. After a long period of isolation with no contact from the outside world, the men accept that they will likely spend the rest of their life on the island. Now, two and a half years later, the group finally spot a ship sailing nearby—a fantasy sight. Hopeful that it is the way off their island, the group of survivors work to gain the attention of the ship, fighting off pirates and braving the rough environment to finally escape. However, as they fight to leave Lincoln Island, the survivors discover that it had been harboring a shocking secret all along. The Secret of the Island is the third and final installment of Jules Verne's The Mysterious Island adventure series. Following The Mysterious Island and Abandoned, this exciting and mysterious adventure novel concludes the popular trilogy. The Secret of the Island is full of shocking twists and even features a surprise appearance of a popular character from another famous Verne novel. With detailed prose and memorable characters, The Secret of the Island depicts the satisfying reveal of mysteries present throughout the trilogy. This edition of The Secret of the Island by Jules Verne features a new, eye-catching cover design and is printed in a modern, easy-to-read font, crafting an accessible and enjoyable experience for modern readers.

Writers have been writing about war since the siege of Troy, but few, if any, have captured the first-person experience of war as deeply as My Vietnam War. Set in 1967 (the deadliest year of the Vietnam War), this memoir-style novel depicts the psychological journey of a young man whose carefree days of studying philosophy at the university are ended by the draft. The story follows him from his initial rear-echelon assignment in Saigon, where he falls for a mysterious storytelling bar girl, to his eventual posting at an isolated front-line firebase in one of the deepest parts of the Vietnam jungle. While recovering from a leg wound (he is hit by a piece of bone from a fellow soldier who stepped on a booby trap mine), he becomes the assistant medic and sees the horrors of war close up.

The experience begins his steady spiral down into PTSD. After he is seriously wounded, he ends up back in Saigon where, after an old friend from Arizona gets him involved in the underground drug trade, the mysterious bar girl may be his only hope for salvation. It is a powerful story, well-written, with vivid detail that you will never forget.

Your 7 Step Guide to Saying Goodbye to Guys and Finding the Real Man You're Looking for

The Old Tea Seller

Not In My Name

Ancient Ruins

Israel and the Palestinian Territories

The Mystery Queen

Cincinnati Magazine taps into the DNA of the city, exploring shopping, dining, living, and culture and giving readers a ringside seat on the issues shaping the region.

This is true story about real people is set in Edinburgh City and Dundee, where a petite Scottish Lassie called Rosie Gilmour, mother to Finlay Sinclair, receives news of the death of her son - who tragically has taken his own life by hanging. Rosie pretends her son is still alive by talking to him, for that takes away the unbearable pain of her loss. But once she begins to face up to the fact that Finlay is not coming back, her conversations become more of a challenge than she can handle. When memories of her past are triggered by everyday life events, they take her mind back and forth in time - back to her own childhood days in 1960, when she flirted with the fairground boys, and to the day she gave birth to Finlay - "ME LADDIE". Rosie's Scottish accent becomes more apparent whenever her emotions are heightened and she begins to recite poetry. She goes on to reveal doubts about her own self-worth and how she re-unites her role as mother - a role she had denied herself for seven years prior to Finlay's death. Rosie learns how to forgive herself and how to accept her loss with using practical coping strategies that sometimes but not always work for her. Many voices of different natures and walks of life appear in Rosie's, story with each one offering a part of their own belief to try and console her in her misery - except that she turns her back on any advice or support offered. Rosie is convinced that she can cope with her loss on her own and "needs no help from anyone, thank you" - until a sweet, gentle, soft-spoken voice begins to travel with her throughout her ordeal, leaving her no other choice but to listen.

Eventually moving to the countryside in Angus, Rosie finds the isolation gives her life a new meaning offering her the opportunity to re-value her belief's about her own self values and decides the time has come to give her son a memorial service and invite a chosen few dance companions whom she met on a regular basis in Edinburgh to honour this day. Rosie begins to accept she will never be the same person she once had been and shall never be again, believing now her journey through grief taught her many lessons making her a stronger and better person than she imagined she could ever be.

Ten short stories interspersed with brief personal memories of the author's life.

The Zen Buddhist monastery Daitokuji in Kyoto has long been revered as a cloistered meditation centre, a repository of art treasures, and a wellspring of the "Zen aesthetic." Gregory Levine's Daitokuji unsettles these conventional notions with groundbreaking inquiry into the significant and surprising visual and social identities of sculpture, painting, and calligraphy associated with this fourteenth-century monastery and its enduring monastic and lay communities. The book begins with a study of Zen portraiture at Daitokuji that reveals the precariousness of portrait likeness; the face that gazes out from an abbot's painting or statue may not be who we expect it to be or submit quietly to interpretation. By tracing the life of Daitokuji's famed statue of the chanoyu patriarch Sen no Riky-u (1522-91), which was all but destroyed by the ruler Toyotomi Hideyoshi (1537-98) but survived in Rashomon-like narratives and reconstituted sculptural forms, Levine throws light upon the contested status of images and their mytho-poetic potential. Levine then draws from the seventeenth-century journal of K-ogetsu S-ogan, Bokuseki no utsushi, to explore practices of calligraphy connoisseurship at Daitokuji and the pivotal role played by the monastery's abbots within Kyoto art circles. The book's final section explores Daitokuji's annual airings of temple treasures not merely as a practice geared toward preservation but also as a space in which different communities vie for authority over the artistic past. An epilogue follows the peripatetic journey of the monastery's scrolls of the 500 Luohan from China to Japan, to exhibition and partial sale in the West, and back to Daitokuji. Illuminating canonical and heretofore ignored works and mining a trove of documents, diaries, and modern writings, Levine argues for the plurality of Daitokuji's visual arts and the breadth of social and ritual circumstances of art making and viewing within the monastery. This diversity encourages reconsideration of stereotyped notions of "Zen art" and offers specialists and general readers alike opportunity to explore the fertile and sometimes volatile nexus of the visual arts and religious sites in Japan.

Rough Notes

Salsa Dancing in Gym Shoes

The Rough Guide

Holding Back The Tears

The Zen of Magic Squares, Circles, and Stars

A Translation of Eihei Shingi

Have you ever wondered: What it's like to daily bet hundreds of thousands of dollars working for some of the largest professional gamblers in Las Vegas? ... How to spend a summer house sitting one of the biggest stars in the world's 11,000 square-foot mansion - without an invitation from it's celebrity owner ... Whether the life of crime - specifically, running a shoplifting ring in a middle American mall - pays? ... What causes a son to finally say enough is enough ... and decide "Today is the day I am going to kill my dad." Comedian Brandt Tobler has the answers in this funny, touching and sometimes downright unbelievable memoir of a small town Wyoming-kid turned "mall-fia" don, turned nationally touring comic. Brand tells his life story with candor, detailing the many pit stops, wrong turns, crazy connections and lucky breaks he experienced along the way to his comedy career, all while trying to balance a toxic relationship with his unreliable jailbird dad. In these pages Brandt will make you laugh (he better - it's his job!) and believe as he does that, when it comes to defining family, blood isn't always thicker than water. -- back cover.

A Course In Miracles teaches that the separation between man and God is an illusion. The miracle in the title refers to a "shift in perception" that allows us to recognize our divine nature. The Course teaches the path to this realization is achieved by forgiveness and a new vision. Peter Campelo offers an inside of this breath taking material which is probably the most important revelation of the 20.century for the world. Campelo collects miracle stories from all over the world. He introduces exercises to make the understanding of a different relationship between us and God possible. This book of Peter Campelo offers a gate into a world of freedom and happiness. It is a revelation for all who are looking seriously for the Truth.

Bruce Thomas is best-known as the former bass player with Elvis Costello and the Attractions and as the writer of the best-selling biography of Bruce Lee: Fighting Spirit. As a session-musician he played on many hit records -- and trained in the martial art of Body, Mind and Spirit kung fu.

Presents a complete, annotated translation of Dogen's writing on Zen monasticism and the spirit of community practice. Dogen (1200-1253) is Japan's greatest Zen master.

An Illustrated Guide to Zen Meditation

Escaping Cyprus

Emotional Memoirs & Short Stories

The Visual Cultures of a Zen Monastery

Under A-Rest

African Zen

Explores how Soto monks between the 13th and 16th centuries developed new forms of monastic organization and Zen instructions and new applications for Zen rituals within lay life; how these innovations helped shape rural society; and how remnants of them remain in the modern Soto school, now the lar

The Girl Who Could Dance in Outer Space is the second book in The Girls Who Could Series. It tells the tale of young Mae Jemison, the creative girl who became a doctor, an engineer, a dancer, and an astronaut. Mae Jemison teaches us that art and science are natural expressions of creativity and imagination. Nurture them both, and go where your dreams take you! The Girls Who Could is a fun, colorful series of stories about real women who have made a difference in the world through inspired action. By giving young girls examples of people who have done big, amazing things, children grow up with a template of achievement upon which to grow and expand their own dreams and goals. Praise for The Girl Who Could Talk to Computers: "Love love love this book! It is perfect for my small niece, who is always building and doing puzzles -- I can't wait for more books from this authors for kids." "This book is a huge hit at home with at my toy store. Kids love the simple, bright pictures. Grown-ups love the intelligently written rhymes that get across the main message and accomplishments of Grace Hopper's innovative life, without boring or confusing the children. There are sixteen, 4-line stanzas, each accompanied by an illustration. The book is perfect for young kids that are just starting to read, and I really like how it is geared towards inspiring girls, yet the drawings and story is not pink and frilly, so it can just as easily be read to boys, too. The main message of the book is that when you use your head "nothing's impossible, you can do it, you bet!"

Carola's life is perfect - or so it seems. Her husband, her friends, her staff don't see the emptiness of a loveless existence. Every day is the same, until the day when she has enough. Without warning she leaves her home country of Germany to start a new life in the Canadian wilderness. But she is not equipped to handle the hardships of a lonely existence in a remote cabin. A five-day snowstorm brings her close to her breaking point. Searching for means to survive, she discovers the written confession of the previous cabin owner who wants to clear his conscience by admitting to a terrible sin he committed involving a girl called Rose. When the storm subsides, Carola begins to ask questions but nobody is willing to talk. Nobody wants to tell what happened to Rose, but Carola becomes obsessed with finding out the truth.

African Zen is an exposition of the link between spiritual experience and the wisdom of African proverbs. The proverbs are a springboard for the 108 meditations that describe the author's belief in our relationship with Universal Spirit, and the joy in realizing the power of the present moment.

Free Roll

Dogen's Pure Standards for the Zen Community

Dancing about Architecture

An Exhibition of Surprising Structures Across Dimensions

Teaching, Practice, and Enlightenment

The Zen Teachings of Jesus

Here are the top 5 reasons this professional development book is a MUST READ:1) You can create the job you love without quitting your job and giving up your steady paycheck, 401(k), and insurance. This book shows you how. You won't find this information in traditional career guides. It is 100% possible for you, even if you've been considering how to quit your job or how to snag a job you love.2) You'll be entertained (and secretly educated). You'll laugh, cry, and maybe even feel compelled to leave a copy on your boss' desk. Stick with me, and you'll discover helpful principles that will make you the talk of the water cooler. This isn't another ho-hum professional development book, and it's not a "how to find a job" guide full of blank forms. You'll learn a new and inspiring perspective through unforgettably entertaining stories, like what I learned the day my shrink fired me, how I negotiated for a toilet seat on the corporate jet, and how I got called out by my masseuse.3) You'll become empowered, whether you're the mail clerk or CEO or you fall somewhere in between. This book has been endorsed by 5 senior executive leaders of Fortune 1000 companies and 3 mail clerks.4) You'll discover a return on your investment to earn a car. Invest a few dollars and a little bit of time to read this book, and you'll pick up career development tips that can save you enough to earn a car (page 9).5) You'll have a "Personal Career Counselor in Your Pocket." It's useful and practical with vivid case studies for how to negotiate with the boss to help pay for your MBA or support a relocation to the city of your dreams. You'll also learn how to deal with an unreasonable boss and even say "No" without getting fired.

The story of a young guy who used to struggle with making money from home. After years of struggling, he then learned a simple skill on how to make money with ANY network marketing opportunity and has helped thousands of people earn income all from the comfort of home!

A new book by the author of Zen Mind, Beginner's Mind offers a posthumous sequel to Shunryu Suzuki's seminal work on Buddhism, collecting his insights on the famous eighth-century Zen poem Sandokai.

Provides a history of magic squares and similar structures, describing their construction and classification, along with informaiton on newly discovered objects.

Lesbian & Queer Plays from the Jane Chambers Prize

The Girl Who Could Dance in Outer Space - An Inspirational Tale About Mae Jemison

To Forget the Self

Create Your Own Economy Via Network Marketing

No More Assholes

Sistina awakened after millennia of dormancy, her memories in tatters and born anew. Residing in the ruins of an ancient city, she finds herself drawn into a war between two elven nations and the slaver kingdom of Kelvanis when she rescues a princess from slavery. With her domain containing hints of forgotten knowledge, Sistina becomes a dungeon, stronghold, and source of hope all at once. And perhaps, just perhaps, she could finally find love in her new life. This is a dark fantasy lesbian romance, with a focus on the dark fantasy.

The Quit Alternative

Catnapped!

My Vietnam War

Zen Talks on the Sandokai

The Beginner's Latin Book

Particularly Adapted to the Classics Usually Studied Preparatory to a Collegiate Course