

When The Drummers Were Women A Spiritual History Of Rhythm Layne Redmond

The concept of the Pulse signifies the movement of life. Drumming—with your hands, feet, or a drumset—is a therapeutic modality that enhances awareness of how the Pulse actually feels. After teaching you to consider (while drumming) how this practice represents the movement of life, this book explains how to apply these feelings to various areas of your life. This releases the healing power within, and allows you to flow with events in a spirit of acceptance and gratitude.

Percussionist and researcher Jeff Strong embarks on a three-decade journey into the power of musical rhythm. Different Drummer chronicles his path as he navigates ancient drumming practices, conducts clinical research, and develops the music that establishes him as a pioneer in the world of auditory brain stimulation.

Beginning with his own struggles with ADHD, Jeff abandons a successful music career and doggedly searches for ways to use musical rhythm to positively impact brain function and behavior. Jeff meticulously documents the development of his therapy and it's supporting technology as he drums for people with a variety of neurological challenges including: * Aggressive behavior* Anxiety*

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Attention/focus/hyperactivity* Behavioral issues* Cognitive issues* Language/communication* Mood issues* Self-stimulatory behaviors* Sensory processing* Sleep* Social interaction* Tic behavior Jeff's inquisitive mind and careful research reveal how fast, complex drumming can offer long-term benefits for children and adults with neurological disorders. If you have ever wondered why the drum holds a prominent role in cultures around the world or why music can influence the brain and behavior, this book offers a compelling look at the life-changing and therapeutic tool of music.

Steel Drums and Steelbands: A History is a vivid account of the events that led to the "accidental" invention of the steel drum: the only acoustic musical instrument invented in the 20th century. Angela Smith walks readers through the evolution of the steel drum from an object of scorn and tool of violence to one of the most studied, performed, and appreciated musical instruments today. Smith explores the development of the modern steelband, from its roots in African slavery in early Trinidad to the vast array of experiments in technological innovation and to the current explosion of steelbands in American schools. The book offers insights directly from major contributors of the steelband movement with sections devoted exclusively to pioneers and innovators. Drawing on seven years of research, repeated trips to the birthplace of the steel drum, Trinidad, and interviews with

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steelband pioneers, Smith takes readers far beyond the sunny associations of the steel drum with island vacations, cruise ships, and multiple encores of “Yellow Bird.” Digging deep into Trinidad’s history—a tale of indigenous extermination and African slavery, of French settlement and Spanish and British colonialism before mid-century independence—Smith weaves an unforgettable narrative of talking drums, kalinda stick fights, tamboo bamboo bands, iron bands, calypso, Carnival, and the U. S. military. Together, all played major roles in the evolution of today’s steelband and in the panman’s journey from renegade to hero in the steelband’s move from the panyards of Trinidad’s poorest neighborhoods to the world’s most prestigious concert halls. The reader will discover how an instrument created by teenage boys, descendants of African slaves, became a world musical phenomena. *Steel Drums and Steelbands* is the ideal introduction to the steel drum, steelbands, and their history.

Explorations of the tambourine and rig. This unique video effectively combines in-depth instructions on practical hand drumming techniques with primal and contemporary metaphysical concerns on drumming and rhythm. Layne Redmond and her women's drumming ensemble, The Mob of Angels, demonstrate how drumming and chanting can create ritual-based experiences. (75 min.)

Women Writing the Beat Generation

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How One Girl's Courage Changed Music

Living Large, Cheating Death, and Drums, Drums, Drums

Celtic Women's Spirituality

The Shamanic Drum

All Access with the Go-Go's

In The Healing Power of the Drum psychotherapist and drum facilitator, Robert Lawrence Friedman weaves an extraordinary tapestry of personal experience, fascinating anecdotes, and compelling research, demonstrating the hand drum's capacity to provide significant health benefits for everyone. This breakthrough book examines the use of hand drums in treating at-risk adolescents, stress-out employees, veterans, Alzheimer's disease, Parkinson's disease, Multiple Sclerosis, Autism and more. Find joy and self-expression in The Healing Power of the Drum.

Explores the evolution of the drum across different cultures and over thousands of years, discussing how war, politics, and religion influenced its development, and addresses women drummers, education, and recording practices.

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Updated version of author's thesis (master's)--Tel Aviv University, 2003.

Follows a girl in the 1920s as she strives to become a drummer, despite being continually reminded that only boys play the drums, and that there has never been a female drummer in Cuba. Includes note about Millo Castro Zaldarriaga, who inspired the story, and Anacaona, the all-girl dance band she formed with her sisters.

The Girl in the Back

When the Drummers Were Women

The Science and Spirit of Healing Yourself with Sound

A Guide to Sacred Drumming

A Journey Into the Spirit of Percussion

The Art of Bop Drumming

Awakening Spirituality Through Movement and Ritual

Renowned drummer Layne Redmond presents a comprehensive, empowering narrative history of women, the sacred drum, and the Divine Feminine, ranging from pre-Christian goddess worship to female drumming and spirituality in the modern era. Complete with a thorough bibliography and lavishly illustrated with over 200 photos &

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drawings

Take a guided tour from a writer who grew up and studied on Native American reservations and join those throughout the world—from Siberia to South America, Australia to Africa—who venerate the drum for its healing and celebratory powers. Through painting, cleansing, blessing, smudging, dedicating, chanting, and performing, you'll find your own special beat, transforming the drum into a medicinal tool. Become one with a purchased or homemade instrument. Draw on the knowledge of Native American and other cultures to drum away fear, purify, establish a sacred space, and reach into areas of the consciousness that would otherwise be inaccessible. Extra special bonus: a CD with more than an hour's worth of music for a Sacred Directions ceremony, meditation, trance, and more.

instruments/drums

***THE GIRL IN THE BACK: A FEMALE DRUMMER'S LIFE WITH BOWIE
BLONDIE AND THE '70S ROCK SC***

Can I Say

Women at the Valley Forge Encampment

Rhythmic Wisdom

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Women and Children of the Civil War

Women Drummers

Steel Drums and Steelbands

Rhythm Makers

For millennia, the sacred drummers of pre-Christian Mediterranean and western Asia were women. In this inspiring book, Layne Redmond, herself a renowned drummer, tells their history. Artistic representations reveal that female frame drummers carried the spiritual traditions of many of the earliest recorded civilizations. During those ancient times, the drummer-priestesses held the keys to experience of the divine through rhythm. They were at the center of the goddess worship of matriarchal societies until the ascendance of patriarchal cultures and the loss of drumming as a spiritual technology. With wisdom and passion, Redmond chronicles our species' deep connection to the drum, our rich heritage of inseparable spirituality and music, and the modern-day women reclaiming it. This book encourages readers—both women and men—to reestablish rhythmic links with themselves, nature, and other people through the power of drumming. Redmond illustrates her message with an extensive collection of images gathered during ten years of research and travel. Woven throughout the book are strands of ancient ritual and mythology, personal stories, and scientific evidence of the benefits of

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drumming. It is at once a history, a memoir, and a resounding call for spiritual and social renewal.

Our chakras—the seven energy centers located from the base of the spine to the crown of the head—govern every aspect of our health and consciousness. Resting in the lower chakra is the primordial life force of kundalini. With Chakra Meditation, Layne Redmond presents a complete program for awakening kundalini and bringing its cleansing, revitalizing energy up through all seven of your chakras. Combining five traditional yogic techniques—visualization, breathing, postures, sacred sounds, and meditation—Redmond provides a safe and effective system to tune each chakra and open you to inner sources of inspiration and personal power. This book-and-CD training program includes: Eight full-color chakra yantra (sacred geometry) illustrations to help focus your healing meditations The “Breath of Fire” practice to cleanse the respiratory system Yogic gazing techniques to sharpen concentration, release anger, and rejuvenate the eyes Nadi shodhana (alternate nostril) breathing to purify the energy channels in the body A full 30-minute chakra purification practice to enhance physical health, emotional balance, and spiritual growth

Award-winning writer Gabriel Horn, White Deer of Autumn, offers a heartfelt examination of the spiritual power of Native American drumming, including authentic stories, chants, rituals, and ceremonies.

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He shows how drumming can restore our true selves and connect us to each other and the earth. Spirit Drumming follows Horn s journey, complete with history, personal stories from drummers, and an investigation of drums as living beings and how vibration acts as a conduit for healing."

Shows how dance, the highest expression of spirituality in cultures and traditions all over the world, is being integrated into the lives of women today • The first book to explore women's spiritual expression--women's ways--through a study of dance • Investigates how dance came to be excluded from worship, and reveals how dance is once again being brought into spiritual practices • Includes resources for further instruction in sacred dance Today we primarily think of dance as a form of entertainment or as a way to exercise or socialize. There was a time, however, when dance was considered the way to commune with the divine, a part of life's journey, celebrating the seasons and rhythms of the year and the rhythms of our lives. Dance is a language that reunites the body, mind, and soul. While the role of women's sacred dance was most valued in goddess-worshipping cultures where women served as priestesses and healers, dance was once an integral part of religious ritual and ceremonial expression in cultures all over the world, including Judaism and Christianity. In this book the author investigates how dance came to be excluded from worship and reveals how dance is once again

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being integrated into spiritual practices. Sacred Woman, Sacred Dance is the first book to explore women's spiritual expression--women's ways--through a study of dance. It describes sacred circles, birth rituals, ecstatic dances, and dances of loss and grief (in groups and individually) that allow women to integrate the movements of faith, healing, and power into their daily life.

The Drum

Following the Drum

Buffalo Woman Comes Singing

Drumming with Spirit

Memoirs of a Jazz Drummer

**When The Drummers Were Women: A Spiritual History of Rhythm
A History**

Presents the essential elements of bop drumming demonstrated through concise exercises and containing ideas to help understand what to play and how to play it and why, as well as an explanation of how the drummer functions in a group.

In Rhythm Makers: The Legendary Drummers of Nashville in Their Own Words, Tony Artimisi documents through extensive

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interviews the work of some of the most influential drum kit players in popular music today, opening a window onto one of the most vibrant music scenes in modern American history. Personal testimony from researchers, healers, and musicians about how music can change lives.

The contributors to this volume attempt to fill the gap in critical consideration of women writers of the Beat Generation and evaluate their lives and literary output, helping the reader appreciate their unique, diverse voices during a dynamic moment of profound cultural change.

Drums, Women, and Goddesses

The Drumming Legends of Nashville in Their Own Words

Spirit Drumming

A Female Drummer's Life with Bowie, Blondie and the '70s

Rock Scene

Fight for the Forgotten

Voices of the Sacred Feminine

Drummer Jokes and Funny Tips for Beginners to Pros

In response to the phenomenal resurgence of the drum nationwide, Michael has

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completely revised and expanded the 1991 edition for all those folks discovering the power of drumming. This useful book reveals profound teachings about shamanic drumming, which is a time-honored method of healing and helping others. Trained as a ceremonial drummer in the Mongolian and Native American shamanic traditions, Michael presents the first practical guide to applying this ancient healing art to our modern lives. Through a series of simple exercises, lessons, and rituals, he teaches you the basic shamanic methods of drumming. The focus is on creating sacred space, journeying, power practice, power animals, geomancy, drum therapy, drum harmonics, drum circle dynamics, and the universal rhythmic phenomena that come into play whenever we drum. The techniques are simple and powerful. Whether you are an accomplished percussionist or a total beginner, this user-friendly book will help you harness the power of drumming.

Explores the role of drums, rattles, and gongs in human societies revealing the primal hypnotic power of these instruments

When the Drummers Were Women A Spiritual History of Rhythm

Paula Deen meets Erma Bombeck in The Pioneer Woman Cooks, Ree Drummond's spirited, homespun cookbook. Drummond colorfully traces her transition from city life to ranch wife through recipes, photos, and pithy commentary based on her popular, award-winning blog, Confessions of a Pioneer Woman, and whips up delicious, satisfying meals for cowboys and cowgirls alike made from simple, widely available

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ingredients. The Pioneer Woman Cooks—and with these “Recipes from an Accidental Country Girl,” she pleases the palate and tickles the funny bone at the same time.

Unexpected Bravery

Girls who Wore Black

A Psychotherapist Explores the Healing Power of Rhythm

Different Drummer

The Drum Book

A History from Rock and Jazz to Blues and Country

One Man's Music and Its Impact on Add, Anxiety and Autism

The Go-Go's were the first all-female rock group in history to write their own songs, play their own instruments, and reach the top of the Billboard charts with their #1 album, Beauty and the Beat. Made In Hollywood is drummer Gina Schock's personal account of the band, which includes a treasure trove of photographs and memorabilia collected over the course of her 40-year career. The Go-Go's debut album, Beauty and the Beat, rose to the top of the charts in 1981 and their hit songs "We Got the Beat", "Our Lips Are Sealed", "Vacation", and "Head Over Heels" (to name a few) served as a soundtrack to our lives in the '80s. Now, after the release of their Critics Choice Award-winning Showtime documentary, and in anticipation of their forthcoming induction into the Rock & Roll Hall of Fame and their 2021 West Coast shows, Gina

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takes fans behind the scenes for a rare look at her personal images documenting the band's wild journey to the heights of fame and stardom. Featuring posters, photographs, Polaroids, and other memorabilia from her archives, Made In Hollywood also includes stories from each member of the Go-Go's, along with other cultural luminaries like Kate Pierson, Jodie Foster, Dave Stewart, Martha Quinn, and Paul Reubens. With a style as bold and distinctive as any Go-Go's album, Made In Hollywood is the perfect tribute to one of the world's most iconic groups.

Examines feminine and goddess traditions to chronicle the role of women and drums in history, ritual, and religion

Reconnect with feminine divinity through an expressive chorus of Sacred Feminine voices! Find your soul mission and step into joyous empowerment as a woman! The author joins forces with a sweeping pantheon of divine energies, launching a modern Sacred Feminism to usher in the Aquarian Age of human equality. -Explore the expansive spiritual hearts of women with guidance for relationships, finances, career, and wellness. -Learn the beautiful, balancing functions of the Sacred Masculine and Sacred Feminine in concert. -Discover how the soul wisdom and spiritual calling of women is redefining gender roles, fostering healing and reconciliation, and changing the face of corporate culture. -Hear the boldly singing voices of goddesses, Angels, and Ascended Masters, channeled with love and devotion for the women of our time and in

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support for the challenges we face. -Lay the foundations for a feminine business model which is inclusive, sustainable, and life-affirming. -Discover and refine female leadership styles while blazing new trails for women. Blending spiritual traditions with the exigencies of modern life, Dr. Elizabeth Eiler engages the goddess energies on tough issues including gun violence, suicide, body image, aging, and animal rights. Combined with new messages of encouragement for creativity, joy, building community, and living in right relationship with the Earth, Singing Woman is a harmonious, empowering volume. A book to help women find the sacred in their own likeness and in their sisters, Singing Woman gives voice to an array of deific feminine beings. Many, like Mawu or Sedna, will be new to readers while others, such as Mother Mary or Kwan Yin, are comfortingly familiar. Exquisite diversity sounds through the pages of Singing Woman, inspiring women of all ages to find their voices and sing to the music in their souls.

"This vibrant book of wonders speaks true and dreams deep. Writing with blazing honesty she tells of her hard-won knowledge of many of the world's spiritual and healing traditions, while hold the Sacred Hoop of Natie Amreicanwisdom. This magnificent teacher becomes for us a new embodiment of White Buffalo Woman."
Jean Houston Author of THE SEARCH FOR THE BELOVED BUFFALO WOMAN COMES SINGING explores fascinating uses of traditions like the Medicine Wheel;

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healing through ritual action; dreamtime; and the moon lodge -- the woman's place of retreat and visioning. These powerful personal tools integrate ancient wisdom with contemporary experience, as Buffalo Woman calls each spiritual warrior to her own true place in the dance of life.

Taiko, Performance, and Cultural Politics

The Lady Swings

Drumming and Gender in Iron Age II Israel

A Spiritual History of Rhythm

Made In Hollywood

Drumming Asian America

A Sense of Time

In 1942, drummer Viola Smith sent shock waves through the jazz world by claiming in Down Beat magazine that “hep girls” could sit in on any jam session and hold their own. In Women Drummers: A History from Rock and Jazz to Blues and Country, Angela Smith takes Viola at her word, offering a comprehensive look at the world of professional drumming and the women who had the courage and chops to break the barriers of this all-too-male field. Combining archival research with personal interviews of more than fifty female drummers representing more than eight decades in music history, Smith paints a vivid picture of their struggles to overcome discrimination—not only as professional musicians but in other parts

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of their lives. Women Drummers outlines the evolution of female drumming from pre-biblical times when women held important leadership roles to their silencing by the church during the Middle Ages to spearheading the fight for women's rights in the modern era. The stories and personal accounts of female drummers who bucked tradition and societal norms are told against the backdrop of the times in which they performed and the genres they represented, from rock and jazz to blues and country. Although women have proven time and time again that they can more than hold their own against their male counterparts, female drummers not only remain a minority, but their contributions have been obscured by the traditional chauvinistic attitudes in the music business and gender stereotypes that surround the drum itself as a "male" instrument. Women Drummers takes a major step forward in undoing this misconception by acknowledging the talent, contribution, and growing power of women drummers in today's music environment.

Taiko is a dynamic form of drumming that originated in 1950s Japan and inspired Japanese Americans in the 1960s. Through interviews, historical research, and the author's taiko experience, Drumming Asian America connects taiko with Asian American politics, arguing that taiko players of many identities perform Asian America on and off stage.

Why are we able to recognize melodies in our first days of life? Why does making music actually switch off the genes that signal stress? It is because music is part of who we are at the deepest level—and we don't need any special talent or

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training to harness its power to enhance our lives. With Music Medicine, music therapist Christine Stevens presents an information-packed resource, filled with scientifically-based practices for accessing and attuning to the natural healing properties of music. Drawing from a wealth of research and her own pioneering healing work in some of the most challenging places around the world, Stevens invites you to discover: Accessing the four elements of music-rhythm as medicine for the body, melody for the heart, harmony for the soul, and silence for the mind Conscious listening-how to open yourself fully to the healing potential that music offers Your musical self-accessing your voice, spirit, and inner music for healing and change Clinical research, case studies, and stories that reveal music's extraordinary capacity to reduce stress, prevent illness, and strengthen the immune system How music connects us to each other and creates community, even in places of war and conflict Inspirational guidance on how to use music for spirituality, personal growth, and well-being Healing playlists-each chapter features valuable download recommendations and links for selecting healing music The drum massage, creating your power song, full-body listening, and other effective and enjoyable practices "Music's medicine awaits your discovery," says Christine Stevens. "I invite you to release any doubts that you are musical, and to realize the power of music to nourish your body, mind, heart, and soul." With Music Medicine, she provides a thoroughly researched and practical guide for integrating the healing benefits of sound into your life—and discovering the extraordinary transformation that occurs when we liberate our own inner music.

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“Music can provide the support we need in life's challenging moments, and more importantly, music can become part of our daily routine for spirituality and health. Enjoy this powerful path for your own healing—through the joy, and the great peace, of music.” —Joan Borysenko, PhD, from the foreword of Music Medicine

“Music Medicine brings home to our hearts the truth that music is an organic medicine. Christine Stevens reveals how the intricate beauty of harmony, rhythm, and song course through our veins, uniting us with the cosmic music of the universe.” —Michael Bernard Beckwith, author of Life Visioning and Spiritual Liberation

“Music Medicine is an interstate of sound that awakens, soothes, dances, and silences us.” —Don Campbell, author of The Mozart Effect and The Harmony of Health

“Each of Christine's lessons has helped me to become a musical instrument and a singer of my own song.” —Bernie Siegel, MD, author of Love, Medicine, and Miracles

“In this book, Christine provides a powerful and educational curriculum for music therapists, musicians, and anyone interested in music wellness. Music becomes the language to unite and heal across the continents.” —Antoinette Follett, Editor-in-Chief, Making Music

“From notable mixed martial artist and UFC fighter, Justin Wren, comes a personal account of faith, redemption, empowerment, and overwhelming love as one man sets out on an international mission to fight for those who can't fight for themselves. Justin Wren knows what it's like to feel like the world is against you. Like many kids, Justin was bullied as a child, but had a dream that kept him going. Fueled by the anger he felt toward his tormenters, Justin trained hard and

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propelled his dream of becoming a UFC fighter into reality. But the pain from his childhood didn't dissipate and Justin fell into a spiral of depression and addiction, leading him on a path toward destruction. After getting kicked out of his training community, his career was in shambles and he had nowhere else to go, so Justin attended a men's retreat, and it was there he found God. As Justin began piecing his life back together, he joined several international mission trips that opened his eyes and his heart to a world filled with suffering deep in the jungle of the Democratic Republic of Congo. There he came across the Mbuti Pygmy tribe, a group of people persecuted by neighboring tribes and forced into slavery. His encounter with the Pygmy tribe left him wondering who was there to help them and in that moment Justin stepped out of the ring and into a fight for the forgotten. From cage fighter to freedom fighter, Justin's story is a deeply personal memoir with a bigger message about a quest, justice, and the amazing things that can happen when we relinquish our lives to God"--

The Healing Power of the Drum

Drummer Girl

Recipes from an Accidental Country Girl

Music Medicine

Transformation Through the Seven Energy Centers of the Body

Sacred Woman, Sacred Dance

The Pioneer Woman Cooks

Dottie Dodgion is a jazz drummer who played with the best. A survivor, she lived an entire life

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before she was seventeen. Undeterred by hardships she defied the odds and earned a seat at the exclusive men's club of jazz. Her dues-paying path as a musician took her from early work with Charles Mingus to being hired by Benny Goodman at Basin Street East on her first day in New York. From there she broke new ground as a woman who played a "man's instrument" in first-string New York City jazz bands. Her inspiring memoir talks frankly about her music and the challenges she faced, and shines a light into the jazz world of the 1960s and 1970s. Vivid and always entertaining, *Lady Swings* tells Dottie Dodgion's story with the same verve and straight-ahead honesty that she brings to her playing.

The frame drum is the world's most ancient drum. Now, with Layne Redmond's guidance, you can use the frame drum to access the universal powers of drumming.

Travis Barker's soul-baring memoir chronicles the highlights and lowlights of the renowned drummer, artist and his life, including the harrowing plane crash that nearly killed him and his traumatic recovery—a fascinating never-before-told-in-full story of personal reinvention grounded in music, family, salvation and fatherhood. After breaking out as the acclaimed drummer of the multiplatinum platinum band Blink-182, everything changed for Travis Barker. But the dark side of rock stardom took its toll: his marriage, chronicled for an MTV reality show, fell apart. Constant touring concealed a serious alcohol addiction. A reckoning did not truly come until he was forced to face mortality: His life nearly ended in a horrifying plane crash, and then his close friend, collaborator, and fellow crash survivor DJ A&M died of an overdose. In this blunt, driving memoir, Barker ruminates on rock stardom, fatherhood, loss, and redemption, sharing stories shaped by decades' worth of hard-earned insights. His powerful memoir is as energetic as his acclaimed beats. It brings to a close the first chapters of a well-told story that will inspire readers to follow the rhythms of their own hearts and find meaning in their lives.

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The American Civil War divided the United States from 1861-1865. During those years, over two million soldiers served in both the Union and Confederate Armies. What is little known is that not only numerous children, some as young as 12, enlisted on both sides, but also women who disguised themselves as men in an attempt to make a difference in the epic struggle to determine the future of the States of America.

How a Mixed Martial Artist Stopped Fighting for Himself and Started Fighting for Others
A Guide to the Healing Power of Rhythm

Sacred Drumming

Natsumi!

The Way of the Pulse

Chakra Meditation

Drum Dream Girl

The customs and spirituality of the traditional communities of the highlands and islands of Scotland were preserved in a way that has been lost to most people today. Jones describes the vital roles of women in those communities, with their customary powers of "seeing," healing, blessing, and cursing. Their hospitality, conviviality, and deep wisdom, together with their celebration of the tasks of daily life, have much to teach us today in our modern way of life.

The Best Gift Book for Drummers is one of the best gifts for drummers of all ages and abilities, from grade school beginners to working professionals. It makes shopping for gifts for drummers easy. You don't have to worry about choosing the wrong drum book or buying an expensive percussion instrument. This gift for

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drummers has forty pages of funny quips. These include off-beat (pun intended) tips for learning how to play drums, how to turn pro and the best drummer jokes. Here are some samples: As you learn to play a drum set, you'll learn about independence-- four limbs playing four different rhythms on four different instruments at the same time. And mastering it will be more impressive than learning calculus. Be prepared for encores. It's easy. No matter whether you're performing jazz, rock or musical theater, there will always be someone at the end of a gig who shouts, "Free Bird." What's the difference between an amateur drummer and a professional drummer? An amateur drummer plays gigs on weekends and has a day job. A professional drummer plays gigs on weekends and has a wife who has a day job. This gift is sure to bring a smile to the face of the drummer in your life. The Best Gift Book for Drummers is based on author David Aron's twenty-five years of playing drum sets with rock bands, jazz ensembles and musical theater productions.

Arizona Wakefield was a beat without a melody. Living a half-breathing life in a half-finished neighborhood with parents who always wore half-hearted smiles, the high school senior only had one thing that let her color outside her family's perfectly drawn lines—her drums. Jesse Barringer was a song without a chorus. The son of a washed-up rock star who's also one hell of a deadbeat dad, he was given two things from his father—musical genius and a genetic link to the bipolar disorder that drives him mad. One night in a garage at the end of a cul-de-sac in the middle of a bankrupt California neighborhood, Jesse's melody found Arizona's

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rhythm. An angry boy with storm-colored eyes found a blonde angel in Doc Martens with missing lines in her own story. Where her rhythm stopped, his words took over, and together, they wrote one hell of a story. ** Drummer Girl is a mature YA/New Adult romance that touches on mental health, drug abuse and includes mature sexual situations.

Natsumi is small but full of big exuberance, and puts her girl-power to good use when she discovers a Japanese tradition as energetic as she is. When Natsumi's family practices for their town's Japanese arts festival, Natsumi tries everything. But her stirring is way too vigorous for the tea ceremony, her dancing is just too imaginative, and flower arranging doesn't go any better. Can she find just the right way to put her exuberance to good use? This heartwarming tale about being true to yourself is perfect for readers who march to their own beat.

A History of the Rock Drum Kit
Power of Raven, Wisdom of Serpent
Drumming at the Edge of Magic
Best Gift Book for Drummers
Singing Woman
Music and Miracles