

When Rabbit Howls Truddi Chase

WHATEVER HAPPENED TO SYBIL? Dr. Patrick Suraci discovered the answer to that question in 1993. He learned that Sybil was Shirley Mason and they became friends. Flora Schreiber wrote SYBIL explaining how Shirley developed the 16 personalities as a result of her early childhood abuse. Using psychoanalysis for ten years, Dr. Cornelia Wilbur
This interdisciplinary study examines the still vivid phenomenon of the most controversial psychiatric diagnosis in the United States: multiple personality disorder, now called dissociative identity disorder. This syndrome comprehends the occurrence of two or more distinct identities that take control of a person's behavior paired with an inexplicable memory loss. Synthesizing the fields of psychiatry and the dynamics of the disorder with its influential representation in American fiction, the study researches how psychiatry and fiction mutually shaped a mysterious syndrome and how this reciprocal process created a genre fiction of its own that persists until today in a very distinct self-referential mode.

In her memoir Marie Etienne paints a powerful picture of her wealthy Louisiana family -- a mother who bounces from sobriety to drunkenness, kindness to vicious cruelty, and an eccentric father who takes bizarre steps to protect his nine children from danger. "Storkbites" weaves two timelines -- one showing a childhood filled with abuse, insanity, and material excess, and the other, the adult trying to make her way in California as a new mom. Murder, suicide, promiscuity, and alcoholism overshadow Mardi Gras balls, Christmas celebrations, and a daughter's bittersweet coming-of-age. Vivid scenes depict Daddy, nightly, tucking his children into bed, and hours later, Mummy waking them for a beating. Marie is seduced by her married gynaecologist. Pull-the-plug battles emerge as Mummy lies dying in ICU. In the midst of a divorce, Marie sees her handprint on her son's back and vows to stop the cycle of abuse -- both as victim and perpetrator. Filled with hope, the memoir shows the fierce love between siblings and the determination of one young mother desperate to escape her abusive past.

The authoritative guide to understanding and living with borderline personality disorder, now fully revised and updated Millions of Americans suffer from borderline personality disorder (BPD), a psychiatric condition marked by extreme emotional instability, erratic and self-destructive behavior, and tumultuous relationships. Though it was once thought to be untreatable, today researchers and clinicians know that there is every reason for hope. Dr. Robert Friedel, a leading expert and pioneer in pharmacological treatment for BPD, combines his extensive knowledge and personal experience into this comprehensive guide. Borderline Personality Disorder Demystified shares: The latest findings on the course and causes of the disorder Up-to-date information on diagnosis An accessible overview of cutting-edge treatment options For those who have been diagnosed and those who think they may have the illness, and for the family and friends who love and support them, this book illuminates new information and points the way to an ever more hopeful future. The revised edition includes new forewords from Donald W. Black, MD, and Nancee S. Blum, MSW, and family educators James and Diane Hall.

SYBIL in Her Own Words

Surviving Adolescence

A God Called Father

When Rabbit Howls

Confessions of a Medical Examiner

Unnatural Death

(And How to Sell Even More When They Are)

This practical book on working with multiple personality disorder demystifies MPD and redefines it as a creative and sensible way of surviving a childhood of extreme trauma and absolute powerlessness. At the same time it addresses the complex results of this survival skill and the challenges that MPD clients and their therapists face in reintegrating the shattered self. Judy Kessler's story is the thread that weaves the book together. Without going into the details of the abuse that Judy endured, the authors illuminate the intensity of her suffering, the strength of her spirit, and the miracle of her recovery from multiple personality disorder. Now integrated, she is a powerful voice, not only for herself but for other multiples who seek wholeness. In addition to telling Judy's story in her own words, the book is illustrated with numerous drawings, paintings, and sculptures that Judy did during her therapy. The therapists write from a background that is humanistic, blending their own personal experiences and findings with concepts from Virginia Satir, Erik Erikson, and Gestalt therapy, as well as research on the development of multiple personality disorder. They present a therapeutic map that portrays the work with a multiple from the beginning of therapy through integration. Information and techniques are described in a detailed and down-to-earth manner. Throughout the book, but particularly in their final chapter on ritualistic abuse of children, the authors show compassion for the multiple, who experienced so much suffering as a child. Their approach to the "inner family" of the multiple is consistently respectful; after all, these personalities enabled the child to survive. Seldomdo readers have the opportunity to witness the dramatic success of therapy for a multiple personality, told by both the patient and her therapists. Not only the clearly presented treatment approach but also the honestly shared memories and impressions will be helpful to clients, teachers, students, and multiples as they endeavor to understand some of the most disenfranchised people in our society.

Powerful, affecting essays on mental illness, winner of the Graywolf Press Nonfiction Prize and a Whiting Award An intimate, moving book written with the immediacy and directness of one who still struggles with the effects of mental and chronic illness, The Collected Schizophrenias cuts right to the core. Schizophrenia is not a single unifying diagnosis, and Esmé Weijun Wang writes not just to her fellow members of the "collected schizophrenias" but to those who wish to understand it as well. Opening with the journey toward her diagnosis of schizoaffective disorder, Wang discusses the medical community's own disagreement about labels and procedures for diagnosing those with mental illness, and then follows an arc that examines the manifestations of schizophrenia in her life. In essays that range from using fashion to present as high-functioning to the depths of a rare form of psychosis, and from the failures of the higher education system and the dangers of institutionalization to the complexity of compounding factors such as PTSD and Lyme disease, Wang's analytical eye, honed as a former lab researcher at Stanford, allows her to balance research with personal narrative. An essay collection of undeniable power, The Collected Schizophrenias dispels misconceptions and provides insight into a condition long misunderstood.

Asked to search within themselves for hidden personalities, they came up with entire squadrons: children, harlots, angels, devils."--BOOK JACKET. "This book describes how a group of reckless therapists used hypnosis, drugs, and sheer persuasion to mold their patients' symptoms into multiple personality disorder."--BOOK JACKET.

The subject of the celebrated "Three Faces of Eve" multiple-personality case describes her work in the mental health field and how she successfully integrated her several personalities into the woman she is today

Transitions

Beware of the Other Side(s)

Suffer the Child

A Teenager's Journey

The True Story of an Abandoned Child's Struggle for Emotional Survival

Summary of Truddi Chase's When Rabbit Howls

My Life with Dissociative Identity Disorder

The most effective sales strategies for tough economic times Today's selling environment is tough, and only getting tougher. The old tactics are no longer working, and the current economy is only making selling more difficult. You need sales tactics and strategies that work now and fast . . . even when no one wants to buy-and tactics and strategies that will work even better when they do want to buy. How to Sell When Nobody's Buying is a practical, effective guide to selling even in the toughest of times. This book is packed with new information about creating sales opportunities. Most sales strategies taught today are based on outdated information from ten, twenty, even thirty years ago and they simply don't work today. You'll find the tools and information you need to gain confidence, create powerful alliances, profitable social networks, and drive your profits to unprecedented highs. Whether you sell business-to-business or direct to the consumer, whether you sell real estate or retail, this is the sales guide for you. Features effective, simple strategies for selling in tough economic times Offers free or low-cost prospecting tools that bring in customers by the herd Includes case studies from top salespeople that reveal new ways to bring in customers From sales guru Dave Lakhani, author of Persuasion, Subliminal Persuasion, and The Power of an Hour These days, you need all the help you can get to sell effectively. If you want to increase your sales and drive your business forward-no matter what the economy or your industry does-learn How to Sell When Nobody's Buying.

In "Multiple Personality Disorder from the Inside Out," 146 people who have MPD and their significant others reveal the complex issues of diagnosis, therapy, and maintaining personal relationships. These writings have been gathered into a compelling and practical volime for anyone interested in improving the support network for individuals who suffer with MPD.

In 1989, Robert B. Oxnam, the successful China scholar and president of the Asia Society, faced up to what he thought was his biggest personal challenge: alcoholism. But this dependency masked a problem far more serious: Multiple Personality Disorder. At the peak of his professional career, after having led the Asia Society for nearly a decade, Oxnam was haunted by periodic blackouts and episodic rages. After his family and friends intervened, Oxnam received help from a psychiatrist, Dr. Jeffrey Smith, and entered a rehab center. It wasn't until 1990 during a session with Dr. Smith that the first of Oxnam's eleven alternate personalities--an angry young boy named Tommy--suddenly emerged. With Dr. Smith's help, Oxnam began the exhausting and fascinating process of uncovering his many personalities and the childhood trauma that caused his condition. This is the powerful and moving story of one person's struggle with this terrifying illness. The book includes an epilogue by Dr. Smith in which he describes Robert's case, the treatment, and the nature of multiple personality disorder. Robert's courage in facing his situation and overcoming his painful past makes for a dramatic and inspiring book.

At the end of A BROTHER'S JOURNEY, Richard Pelzer's mother and three brothers are moving to Salt Lake City, Utah. He has the choice of joining them - unwanted - or staying behind. But where can he live? What can he live on? Defeated - he follows them. So continues Richard's alcoholic mother's physical abuse of Richard. But gradually he is growing up - not just in years but stature. His mother cannot treat him in quite the same way and mostly it is with neglect. Richard runs away and tries to commit suicide several times, and he has a stint with a foster home. He turns to soft drugs, then hard drugs. Finally he goes to live with John and Darlene Nichols who try to show him some family love. At the age of 21 he gets a full time job and tries to learn to be a big brother to the foster parents' children. And begins to get his life together... An uplifting and inspiring story about someone who retains his religion and regains basic morals - despite everything going against him.

Making Sense of Life's Changes

My Recovery from Borderline Personality Disorder

Becoming One

Storkbites

Borderline Personality Disorder Demystified, Revised Edition

A Survivor's Story of Dissociative Identity Disorder

The Family Inside

A new generation of children love Daniel Tiger's Neighborhood, inspired by the classic series Mister Rogers' Neighborhood! This adorable shaped board book features an original story about Daniel Tiger throwing a party for his class pet, a bunny named Snowball! With foil on the cover, this book makes a perfect Easter gift. Daniel Tiger and his friends are throwing a "Happy Bunny Day" party for their class pet rabbit, Snowball! Join them as they do the bunny boogie, eat yummy snacks, and play hide-and-seek in the Enchanted Garden! © 2021 The Fred Rogers Company

On the bestseller list for Walden Books and required reading for psychology classes, Suffer the Child was first to link Satanic child abuse with multiple personalities/dissociative disorders. The story chronicles with unblinking objectivity the harrowing experiences of Jenny, reared in a satanic cult, in a life so untenable as to fracture the self. In the healing process, these experiences, made of nightmare stuff, are assimilated, with the help of therapists with little to guide their committed and necessarily innovative treatment. The horrifying revelations of Jenny's healing journey will shock, inspire, and give caution to us all.

Celebrating 40 years of the best-selling guide for coping with life's changes, named one of the 50 all-time best books in self-help and personal development -- with a new Discussion Guide for readers, written by Susan Bridges and aimed at today's current people and organizations facing unprecedented change First published in 1980, Transitions was the first book to explore the underlying and universal pattern of transition. Named one of the fifty most important self-help books of all time, Transitions remains the essential guide for coping with the inevitable changes in life. Transitions takes readers step-by-step through the three perilous stages of any transition, explaining how each stage can be understood and embraced. The book offers an elegant, simple, yet profoundly insightful roadmap to navigate change and move into a hopeful future: -Endings. Every transition begins with one. Too often we misunderstand them, confuse them with finality -- that's it, all over, finished! Yet the way we think about endings is key to how we can begin anew.-The Neutral Zone. The second hurdle: a seemingly unproductive time-out when we feel disconnected from people and things in the past, and emotionally unconnected to the present. Actually, the neutral zone is a time of reorientation. How can we make the most of it' -The New Beginning. We come to beginnings only at the end, when we launch new activities. To make a successful new beginning requires more than simply persevering. It requires an understanding of the external signs and inner signals that point the way to the future.

Books about Multiple Personality Disorder have usually been written by mental health professionals as texts or case studies. Now, in Becoming One, author Sarah Olson has allowed us the rare privilege of entering her internal world as she journeys from fragmentation to wholeness.Two little girls, the author and her sister, were routinely terrorized and assaulted over a period of years by a family friend. One grew up closed and withdrawn, the other angry and self-destructive. And, most painful of all, their common suffering resulted in estrangement from each other. Becoming One began as Olson's attempt to provide a written account of her memories for her sister as a possible means of reconciliation and family healing.Olson argues that Multiple Personality Disorder (recently re-christened Dissociative Identity Disorder), rather than being a form of insanity as is popularly believed, is actually a brilliant coping mechanism relied upon in the most desperate of circumstances. It is nearly universally associated with severe trauma suffered by very young children and reveals a highly creative, terrified young mind doing whatever needs to be done to survive in an untenable world. The author's courage and generosity in candidly sharing her remarkable experiences afford an invaluable understanding of the effects of severe childhood abuse, and provides important insights into the world of dissociation.Through selected journal writings, letters, and transcripts of recorded therapy sessions, she highlights the role psychotherapy played in her recovery. Here is at once a highly personal look into an individual life, the dynamics of a troubled family, and the healing power of the therapeuticprocess.

How To Sell When Nobody's Buying

A Story of Triumph Over Multiple Personality Disorder

An Essential Guide for Understanding and Living with BPD

The Sum of My Parts

Creating Hysteria

The True Story of a Woman Possessed by Sixteen Separate Personalities

Sybil Exposed

After being abducted when she was ten and abused for five years by her kidnapper, Ray, Alice's only hope of freedom is in death, but her only way to achieve such an escape is to help Ray find the next girl for his collection.

Another Spencer Johnson #1 Bestseller #1 New York Times Business #1 Wall Street Journal #1 BusinessWeek From the Author of Who Moved My Cheese? Dr. Spencer Johnson's stories of timeless, simple truths have changed the work and lives of millions of readers around the world. Now comes an insightful new tale of inspiration and practical guidance for these turbulent times. Good Things Happen To Those Who Open The Present The Gift That Makes Your Work And Life Better Each Day! For over two decades, Spencer Johnson has been inspiring and entertaining millions with his simple yet insightful stories of work and life that speak directly to the heart and soul. The Present is an engaging story of a young man's journey to adulthood, and his search for The Present, a mysterious and elusive gift he first hears about from a great old man. This Present, according to the old man, is "the best present a person can receive." Later, when the young boy becomes a young man, disillusioned with his work and his life, he returns to ask the old man, once again, to help him find The Present. The old man responds, "Only you have the power to find The Present for yourself." So the young man embarks on a tireless search for this magical gift that holds the secret to his personal happiness and business success.It is only after the young man has searched high and low and given up his relentless pursuit that he relaxes and discovers The Present--and all of the promises it offers. The Present will help you focus on what will make you happier and more successful in your work and in your personal life, today! Like the young man, you may find that it is the best gift you can give yourself. www.ThePresent.com

Kim Noble is an accomplished artist whose work has been exhibited around the world. She is a mother with a teenage daughter. She is a bubbly and vivacious woman. To meet her you wouldn't think anything was wrong. But when Kim was younger than five years old, her personality splintered and fractured. In 1995 she was finally diagnosed with Dissociative Identity Disorder (DID) which has been described as a creative way to cope with unbearable pain. Now her body plays host to more than 20 different personalities, or 'alters'. There are women and men, adults and children; there is a scared little boy who speaks only Latin, an elective mute, a gay man and an anorexic teenager. Some alters age with her body; others are stuck in time. ALL OF ME takes the reader through the extraordinary world of a woman for whom the very nature of reality is different. It will tell of her terrifying battles to understand her own mind; of her desperate struggle against all odds to win back the child she loved; and of her courage and commitment in trying to make sense of her life. It is by turns shocking, inspiring, sometimes funny, and deeply moving.

By the first day of kindergarten, Olga Trujillo had already survived years of abuse and violent rape at the hands of her tyrannical father. Over the next ten years, she would develop the ability to numb herself to the constant abuse by splitting into distinct mental "parts." Dissociative identity disorder (DID) had begun to take hold, protecting Olga's mind from the tragic realities of her childhood. In The Sum of My Parts, Olga reveals her life story for the first time, chronicling her heroic journey from survivor to advocate and her remarkable recovery from DID. Formerly known as multiple personality disorder, DID is defined by the presence of two or more identities. In this riveting story, Olga struggles to unearth memories from her childhood, and parallel identities--Olga at five years old, Olga at thirteen--come forth and demand to be healed. This brave, unforgettable memoir charts the author's triumph over the most devastating conditions and will inspire anyone whose life has been affected by trauma.

Essays

My Journey from Abuse and Madness to Surviving and Thriving Multiple Personality Disorder and Dissociative Identity Disorder in American Fiction The Dissociative Identity Disorder Sourcebook Sybil A Memoir One Woman's Recovery from Incest and Multiple Personality Disorder

"Compelling, essential reading for understanding the underpinnings of psychopathy." — M. E. Thomas, author of Confessions of a Sociopath For his first fifty-eight years, James Fallon was by all appearances a normal guy. A successful neuroscientist and professor, he'd been raised in a loving family, married his high school sweetheart, and had three kids and lots of friends. Then he learned a shocking truth that would not only disrupt his personal and professional life, but would lead him to question the very nature of his own identity. While researching serial killers, he uncovered a pattern in their brain scans that helped explain their cold and violent behavior. Astonishingly, his own scan matched that pattern. And a few months later he learned that he was descended from a long line of murderers. Fallon set out to reconcile the truth about his own brain with everything he knew as a scientist about the mind, behavior, and personality.

Andy Gage was born in 1965 and murdered not long after by his stepfather. . . . It was no ordinary murder. Though the torture and abuse that killed him were real, Andy Gage's death wasn't. Only his soul actually died, and when it died, it broke in pieces. Then the pieces became souls in their own right, coinheritors of Andy Gage's life. . . . While Andy deals with the outside world, more than a hundred other souls share an imaginary house inside Andy's head, struggling to maintain an orderly coexistence: Aaron, the father figure; Adam, the mischievous teenager; Jake, the frightened little boy; Aunt Sam, the artist; Seferis, the defender; and Gideon, who wants to get rid of Andy and the others and run things on his own. Andy's new coworker, Penny Driver, is also a multiple personality, a fact that Penny is only partially aware of. When several of Penny's other souls ask Andy for help, Andy reluctantly agrees, setting in motion a chain of events that threatens to destroy the stability of the house. Now Andy and Penny must work together to uncover a terrible secret that Andy has been keeping . . . from himself.

With astonishing honesty, this memoir reveals what mental illness looks and feels like from the inside, and how healing from borderline personality disorder is possible through intensive therapy and the support of loved ones. With astonishing honesty, this memoir, Get Me Out of Here, reveals what mental illness looks and feels like from the inside, and how healing from borderline personality disorder is possible through intensive therapy and the support of loved ones. A mother, wife, and working professional, Reiland was diagnosed with borderline personality disorder at the age of 29—a diagnosis that finally explained her explosive anger, manipulative behaviors, and self-destructive episodes including bouts of anorexia, substance abuse, and promiscuity. A truly riveting read with a hopeful message.Excerpt: "My hidden secrets were not well-concealed. The psychological profile had been right as had the books on BPD. I was manipulative, desperately clinging and prone to tantrums, explosiveness, and frantic acts of desperation when I did not feel the intimacy connection was strong enough. The tough chick loner act of self-reliance was a complete facade."

"To escape the horror of violent abuse, the two-year-old child "went to sleep" and created the inner world of "the Troops," the 92 voices that shielded her from pain, but that she didn't know existed until adulthood. this is a journey through the fragmented world of the multiple personality-told by the Troop."-Amazon.com.

The Autobiography of a Multiple Personality

The Present

Multiple Personality Disorder from the Inside Out

Another Kind of Madness

A Mind of My Own

My Life with Multiple Personality Disorder

I'm Eve

Finally, a book that addresses your concerns about DID From Eve to Sybil to Truddi Chase, the media have long chronicled the lives of people with dissociative identity disorder (DID), formerly known as multiple personality disorder. The Dissociative Identity Disorder Sourcebook serves as a much-needed bridge for communication between the dissociative individual and therapists, family, and friends who also have to learn to deal with the effects of this truly astonishing disorder.

Presents the life of the Heisman trophy winner, discussing his impoverished childhood, his development as a teenage athlete, his college and NFL professional career, his success as a businessman, and his diagnosis and treatment for dissociative identity disorder.

The groundbreaking first-person account of successful recovery from dissociative identity disorder, now featuring a new preface by the author When Joan Frances Casey, a married twenty-six-year-old graduate student, [awoke] on the ledge of a building ready to jump, it wasn't the first time she couldn't explain her whereabouts. Soon after, Lynn Wilson, an experienced psychiatric social worker, diagnosed Joan with multiple personality disorder. She prescribed a radical program of reparenting therapy to individually treat her patient's twenty-four separate personalities. As Lynn came to know Joan's distinct selves[Josie, the self-destructive toddler; Rusty, the motherless boy; Renee, the people pleaser]she uncovered a pattern of emotional and physical abuse that had nearly consumed a remarkable young woman. Praise for The Flock "A testimony to [Casey's] courage and the dedication of her therapist, who believed that a profoundly fragmented self has the capacity to heal within a loving therapeutic relationship."The New York Times Book Review "Absolutely mesmerizing . . . the first coherent autobiographical study of its kind."The Detroit News "A compelling psychological odyssey offering unique insights into a nightmare world."Kirkus Reviews "Extraordinary . . . deftly told and studded with striking images."Publishers Weekly

A woman diagnosed with dissociative identity disorder reveals her harrowing journey from abuse to recovery in this #1 New York Times bestselling autobiography written by her own multiple personalities. Successful, happily married Truddi Chase began therapy hoping to find the reasons behind her extreme anxiety, mood swings, and periodic blackouts. What emerged from her sessions was terrifying: Truddi's mind and body were inhabited by the Troopsninety-two individual voices that emerged to shield her from her traumatizing childhood. For years the Troops created a world where she could hide from the pain of the ritualized sexual abuse she suffered at the hands of her own stepfatherlabuse that began when she was only two years old. It was a past that Truddi didn't even know existed, until she and her therapist took a journey to where the nightmare began... Written by the Troops themselves, When Rabbit Howls is told by the very alter-egos who stayed with Truddi Chase, watched over her, and protected her. What they reveal is a spellbinding descent into a personal helland an ultimate, triumphant deliverance for the woman they became.

All Of Me

Working with the Multiple

The Gift That Makes You Happier And More Successful At Work And In Life, Today!

The Psychopath Inside

The Extraordinary Story Behind the Famous Multiple Personality Case

The Minds of Billy Milligan

The Collected Schizophrenias

'How are you today?' the doctor asked. 'I'm fine', was the reply. 'But Sybil isn't. She was so sick she couldn't come. So I came instead.' Sybil is the story of a woman with sixteen separate personalities, and was instrumental in influencing the definition and diagnosis of multiple personality disorder. Sybil's diagnosis has since been called into question - but, forty years after it was first published, her story remains a gripping and disturbing account of one woman's struggle for mental stability and happiness. 'Astonishing book . . . It forces you to look at yourself and the people around you in a new way.' Doris Lessing

The heartbreaking, iconic true story of an abandoned little boy's horrific journey through the American foster care system One misty evening, Jennings Michael Burch's mother, too sick to care for him, left her eight-year-old son at an orphanage with the words, "I'll be right back." She wasn't. Shuttled through a bleak series of foster homes, orphanages, and institutions, Jennings never remained in any of them long enough to make a friend. Instead, he clung to a tattered stuffed animal named Doggie, his sole source of comfort in a frightening world. Here, in his own words, Jennings Michael Burch reveals the abuse and neglect he experienced during his lost childhood. But while his experiences are both shocking and devastating, his story is ultimately one of hope--the triumphant tale of a forgotten child who somehow found the courage to reach out for love and found it waiting for him.

Please note: This is a companion version & not the original book. Sample Book Insights: #1 Protective Services, a branch of the Maryland Department of Health and Mental Hygiene, dealt with a variety of family ills, including child abuse. Doctor Robert Phillips, Jr. , a therapist, had been asked to help with the program for men who sexually abused their children. #2 There was a woman who had been caller #9, and she had told Mrs. Greenwood something else that she didn't know. The woman had gone to the town library, wanting to see if others had been victims like her. But the shelves were bare. #3 He interviewed many incest victims, and he knew the reservation they had about talking to him. He was careful to give them the privacy they needed.

#4 The woman on the orange floor cushions told him that she had been treated for incest eight years ago, and that her marriage was in danger now because of it. She wanted to get on with her business and personal life.

"Families are riddled with untold secrets. But Stephen Hinshaw would have never thought that in his family a profound secret had been kept under lock and key for 18 years. From the moment his father revealed his long history with mental illness and involuntary hospitalizations, Hinshaw knew his life would be changed forever. Hinshaw calls his father's reveal "psychological birth"--after years of experiencing the ups and downs of his father's illness without knowing it existed, watching him disappear for weeks at a time only to return as the loving father he had always known, everything he experienced as a child began to make sense. He learned as much as possible about his father's illness, and what began as an exploration into his father's past and mental health turned into a full-fledged career as a clinical psychologist. In Another Kind of Madness, Hinshaw explores the burden of living in a family "loaded" with mental illness and debunks the "stigma" behind it, explaining that in today's society, mental health problems can result in a loss of a driver's license, inability to vote or run for office, ineligibility for jury service, or automatic relinquishment of child custody. With a moving personal narrative and shocking facts about how America views mental health conditions in the 21st century, Another Kind of Madness is a passionate call to arms regarding the importance of destigmatizing mental illness"--

A Journey Through the Stigma and Hope of Mental Illness

My Incredible True Story of How I Learned to Live with the Many Personalities Sharing My Body

They Cage the Animals at Night

Women and Multiple Personality Disorder

Happy Bunny Day!

Breaking Free

Get Me Out of Here

Billy Milligan was a man tormented by twenty-four distinct personalities battling for supremacy over his body - a battle that culminated when he awoke in jail, arrested for the kidnap and rape of three women. In a landmark trial, Billy was acquitted of his crimes by reason of insanity caused by multiple personality disorder - the first such court decision in history. Among the twenty-four are: Philip, a petty criminal; Kevin, who dealt drugs; April, whose only ambition was to kill Billy's stepfather; Adalana, the shy, affection-starved lesbian who 'used' Billy's body in the rapes that led to his arrest; David, the eight-year-old 'keeper of the pain'; and the Teacher, the sum of all Billy's alter egos fused into one. In The Minds of Billy Milligan, Daniel Keyes brings to light the most remarkable and harrowing case of multiple personality ever recorded. 'Fascinating' LA Times 'Keyes] has carried it off brilliantly, bringing not only a fine clarity but a special warmth and empathy' Washington Post Documents the stories of the three women behind the famous multiple-personality-disorder case, contending that a large portion of the story was fabricated by a willing patient, her psychiatrist and an ambitious journalist who took advantage of a public that was psychologically primed to believe their claims. By the award-winning author of Pornography. 50,000 first printing.

Follows the true story of Truddi Chase, who struggled with a life impacted by child abuse and multiple personality disorder, in a memoir that describes her therapy and the breakthroughs that led to her recovery. Reprint.

Now in paperback, a powerful and inspirational memoir of a shocking and improbable journey from torture to recovery. Michelle Stevens has a photo of the exact moment her childhood was stolen from her: She's only eight years old, posing for her mother's boyfriend, Gary Lundquist--an elementary school teacher, neighborhood stalwart, and brutal pedophile. Later that night, Gary locks Michelle in a cage, tortures her repeatedly, and uses her to quench his voracious and deviant sexual whims. Little does she know that this will become her new reality for the next six years. Stevens can also pinpoint the moment she reconstituted the splintered pieces of her life: She's in cap and gown, receiving her Ph.D. in psychology--and the university's award for best dissertation. The distance between these two points is the improbable journey from torture, loss, and mental illness to healing, recovery, and triumph that is Stevens's powerful memoir, Scared Selfless. In this harrowing tale, Stevens, who was inspired to help others heal by becoming a psychotherapist, sheds light on the all-too-real threat of child sexual abuse, its subsequent psychological effects, and the best methods for victims to overcome their ordeals and, ultimately, thrive. Scared Selfless is both an examination of the extraordinary feats of the mind that are possible in the face of horrific trauma and Stevens's courageous testament to their power.

A Neuroscientist's Personal Journey into the Dark Side of the Brain

Living Dead Girl

A Fractured Mind

The Troops for Truddi Chase

The Flock

Set This House in Order

Scared Selfless

A medical examiner writes about the problems in forensic medicine.