

## **Unani Medicine**

**In Unani Medicine in the Making, Kira Schmidt Stiedenroth examines the contemporary institutions and practices of Graeco-Islamic healing in India. Drawing on interviews with practitioners, clinical observations, and Urdu sources, the book focuses on Unani's multiplicity, scrutinizing apparent tensions between the understanding of Unani as a system of medicine and its multiple enactments as Islamic medicine, medical science, or alternative medicine. Ethnographic details provide vivid descriptions of the current practices of Unani in India and invite readers to rethink the idea that humoral medicine is incommensurable with modern science. Ultimately, the book also discusses the relationship of Unani with Muslim communities, examining the growing practice of Prophetic Medicine in Urban India and the increasing representation of Unani as Islamic Medicine.**

**This book is an attempt towards simplifying and reviving the subject of pulse examination as described in Unani system of medicine, for its better understanding. It also includes possible correlations between classical and conventional views about pulse and the theories governing the generation and changes in pulse waves. It is aimed at re-establishing the clinical significance of pulse examination.**

**Cosmetology, defined as study and application of beauty treatment, has been in**

practice since ancient times. Natural products involved in cosmetic formulations are becoming popular among the population owing to their safety and effectiveness.

The present piece of work focuses on cosmeceutical preparations described in Unani literature regarding hair, skin and nails and is based on the literature from classical Unani texts, viz., Zakhira Sabit Ibn Qurrah, Kitab al Mansoori, Ghina Muna, Kamil Al Sana, Alqanoon Fil Tib, Zakhira Khawarzam Shahi, Haziq etc.

Practices and Representations in 21st-Century India

Basic Concepts of Unani Medicine

Devoted to Interdisciplinary Research in Unani Medicine and Allied Sciences

WHO benchmarks for the practice of Unani medicine

A Brief Survey (past, Present, and Future)

Atherosclerosis(Salabate Sharaeen)and Its Management by Unani Medicine

***As an alternative form of medicine, Unani has found favour in India. These Unani practitioners can practice as qualified doctors in India, as the government approve their practice. Unani medicine is very close to Ayurveda. Both are based on theory of the presence of the elements (in Unani, they are considered to be fire, water, earth and air) in the human body. According to followers of Unani medicine, these elements are present in different fluids and their balance leads***

***to health and their imbalance leads to illness. Government have exclusive department of Indian system of medicine inclusive of Unani under Health ministry and several states have department and institutions to ensure the proper regulation and development of Unani medicine in India. Herb gardens, nursery of medicinal plants, experimental and field scale cultivation are the major initiatives taken for the improvement of medicine. Skin disease, liver disorder, sexual disturbances, pulmonary, sinus and communicable diseases are the major effective treatment achieved areas for Unani. Tremendous progress has been registered in the development of modern medicine. Yet, medicinal plants continue to be an important source of drugs throughout the world. Unani medicine is one of them, plant as a source of drugs of much more important for the developing countries. This book majorly deals with the, habitat, description, procedure and time of collection, chemical constituents, method of processing, therapeutic uses of medicinal plants. This book also constitutes the list of institutes of Unani medicines, list of college of Unani medicines in India, world importers of natural medicine. This publication is one of its kinds which clearly indicate the usefulness of Unani medicine,***

***shows how the plant secrets, preserve the natural secrets/ hormones/ juices which ultimately uses in Unani system of medicine. This book is most informative and useful for students, Research scholars and scientist. We hope this book will achieve the long standing demand of herbal chemists.***

***This superbly illustrated A-Z guide to modern and traditional Indian herbal remedies brings together information from numerous authoritative sources in the form of a highly structured and well-written reference work. Entries for each medicinal plant describe classical Ayurvedic and Unani uses, compare modern findings and applications, together with their pharmacology and therapeutic principles in an evidence-based approach. Information sources include: German Commission E, US Pharmacopoeia/National Formulary, and the WHO. The resulting work highlights the potential of Indian herbs for Western medicine by placing findings on a scientific platform. Over 200 full-colour photographs and 50 drawings illustrate the plants. Includes ayurvedic herbal drugs More than 150 general and more than 500 plant species are covered Easy-to-use and highly structured entries Detailed information on traditional use and***

***modern evidence-based medical application***

***Principal Indian systems of medicine (Ayurveda, Sidha and Unani-Tibb) use natural products (plants, animals and minerals) as drugs. While medicinal plants have received considerable attention of the scientific community. The other two categories of natural products viz of animal and mineral origin drugs have not received the requisite attention as Original Sanskrit/Arabic/Persian sources are not easily assessable. This book is the first comprehensive work covering all aspects of this subject i.e. historical, classification, single drugs and compound formulations, calcined metal preparations (42 Bhasmas and 42 Kushtas), standardization alongwith a critical review of research carried out over the last fifty years. Many useful leads suggest immense potential for development on mineral/metallic drugs internationally and further global interest in alternative therapies and trace elements.***

***Standardisation of Single Drugs of Unani Medicine***

***Ayurvedic Medicine***

***A Classic Guide to the Medicine of Avicenna***

***With English and Scientific Names***

**Handbook on Unani Medicines with Formulae, Processes, Uses and Analysis**

**Handbook on Unani Medicines with Formulae, Processes, Uses and Analysis (2nd Revised Edition)**

*The WHO benchmarks for the practice of Unani medicine defines the minimum requirement/criteria for establishing practice in Unani medicine in WHO Member States, by providing minimum reference standards for safety and quality of Unani medicine practice. This document provides WHO Member States with the general and minimum technical requirements for quality assurance and regulation of Unani medicine practice. It is aligned with the objectives of the WHO Traditional Medicine Strategy 2014-23, and reflects the consensus reached through established WHO processes from the community of practitioners in Unani medicine, health service providers, academics, health system managers and regulators. It provides information and describes levels of practice in Unani medicine, presents the different categories of Unani health service providers, describes the requirements for*

*infrastructure and facilities, as well as relevant requirements and considerations in the practice of Unani health interventions, of the health products and medical devices used in Unani medicine practice, emphasizing the key elements for the safe practice of Unani medicine. It also presents the requirements and relevant considerations of regulatory, legal and ethical aspects of Unani medicine practice, and suggests the process for management of related health data.*

*In India, the Unani System of Medicine has a long and illustrious history. The Arabs and Persians introduced it to India probably in the seventh century. In terms of the practice of Unani Medicine, India is currently one of the top countries. The Unani System of Medicine treats disorders that affect all of the human body's systems and organs. Chronic skin, liver, musculoskeletal, and reproductive system diseases, as well as immunological and lifestyle issues, have been proven to be extremely effective and acceptable treatments. Unani Medicine industry in India is*

*expected to register a CAGR of 8.6% during the forecast period. India is the world's 2nd largest exporter of Unani Medicine in the world and is frequently encouraging its export interests. The export of medicinal plants from India has taken an upward trend. As the demand for various Unani products to increase immunity grows, the price of these goods would rise. Due to growing knowledge of the effectiveness and efficacy of traditional systems of medicine, as well as increased government activities to promote these systems and rising R&D, the market for Unani Medicines in India is currently undergoing a spike in demand. People are also using alternative medicine more frequently for chronic illnesses including skin, joint pain, and respiratory problems, which is driving up demand. It is also being emphasised for serious health conditions such as hypertension, heart disease, and even diabetes. The book covers a wide range of topics connected to Unani Medicines, as well as their manufacturing processes. It also includes contact information of machinery suppliers, as well as*



*images of equipment and plant layout. A thorough guide on Unani Medicines manufacture and entrepreneurship. This book is a one-stop shop for everything you need to know about the Unani Medicines, which is ripe with opportunity for producers, merchants, and entrepreneurs. This is the only book that covers the process of making commercial Unani Medicines. From concept through equipment procurement, it is a veritable feast of how-to information.*

*Unani medicine originated in Greek medicine ( which was also a source for some of the Tibetan medical practices), and then adopted into Islamic medicine, and later become a major therapeutic method in India and Pakistan, rivaling Ayurvedic medicine. This article describes briefly its history of development with a focus on work done during the last century. One of the great contributors, Mohammad Said have written a book about Chinese herbal medicine, which is source of illustrations ITM has used for its Famous Chinese Doctors series on the internet.*

*The Principles of Traditional Practice*

Unani

*Report on Arab (Unani) Medicine and the State of Kuwait*

*A Survey of Drugs*

*Unani Medicine in Child Health*

*Central Council for Research in Unani Medicine*

***Unani is Greek medicine. Its foundations were laid by Hippocrates (460-377 B.C.) and Galen (131-210 B.C.), and it owes its further development to the achievements of Arabic and Persian physicians such as Abu Bakr, Ar Razi (850-925 B.C.), and Avicenna (Abu Ali Ibn Sina) (980-1037), who, on the basis of Galen's and Hippocrates' works, created a harmonious medical system. Unani's theory of medicine is based on the concept of the four humors: blood, mucus, yellow and black bile. The initial equilibrium of humors determines a person's state of health, imbalance and disease. Basic concepts: Elements, Nature, Humors. The main treatment protocol is to restore the balance of humors, which uses natural medicines and methods. Currently, Unani, along with other types of alternative medicine, is widely practiced in the world. The effort set by the authors of this publication are: 1) to try to find a correspondence between Unani's provisions and the ideas of modern medicine; 2) to systematize the rich practical material accumulated by the authors, so that they can be used by specialists in their practice; 3) to interest in the methods and theoretical foundations of Unani's medicine by doctors who are unfamiliar with it.***

***Atherosclerosis (Salabate Sharaeen) is one of the commonest and most prevalent diseases of the world, its underlying pathologic process causes several cardiovascular and cerebrovascular complications. It is a well known fact that Hyperlipidaemia and Obesity are important risk factors for***

*Atherosclerosis. Unfortunately, there is no convincing treatment available for the management of atherosclerosis in Modern system of Medicine. Therefore, search of safe and effective drug for its management is quite necessary. In Unani system of medicine, Habbe Aftimoon is being used for the management of various Amraze balghamia and saudawia, which include Salabate Sharaeen too, therefore this drug may prove useful in this condition.*

*This book is intended primarily for medical students, interns, and general practitioners interested in improving their ability to deal with beauty care and ushering in this field. We have essentially chosen to present the theoretical as well as the practical aspects of cosmetology in order to approach the most appropriate strategies suitable for skin type in an abridged manner. Our primary goal is to provide our readers a better understanding of the subject enriched with Unani concept and therapeutic strategies.*

*The Heritage of Unani Medicine and Its Growth in Modern Time*

*A Critical Study*

*An Introduction*

*A Handbook of Common Remedies in Unani Medicine*

*Indian Journal of Unani Medicine*

*Unani Medicine*

**This comprehensive guide to healing synthesizes the principles and practices of Hippocratic, Chinese, Ayurvedic, and Persian medicine, and includes the first English translation of one of the handbooks of Avicenna, whose writings have been classics in herbal and dietetic**

**medicine for more than 1,000 years. Based on the philosophy that "food is the best medicine," Avicenna's canon provides simple and effective diagnostic techniques and therapies for maintaining health and strengthening the immune system. Includes a botanical guide for the 100 most-used healing herbs and recommended treatments for 400 conditions, including diet and nutrition, herbology, and aromatherapy.**

**A good knowledge of research methodology is extremely important to conduct a scientifically sound research, and a valid research is essential for the development of every science, so does AYUSH systems of medicine. The movement of research in Medicine dates back to the times of its origin, when Greek Physician-Philosopher Hippocrates freed Medicine from superstitions, and presented it in the initial scientific form. Thereafter, the Roman Philosopher Galen stabilized the foundations of Hippocratic medical thoughts, on which the Arab and Iranian physicians like Rāzī and Ibn Sīnā, built an edifice and developed the system to great heights. Ibn Sīnā laid down guidelines for clinical testing of drugs as early as in 11th Century. The scientific research in AYUSH Systems of Medicine was given a boost in India by a versatile genius, Masīḥ al-Mulk Ḥakīm**

**Ajmal Khān, in the 1920s. He spotted Dr. Salim al-Zamān Ṣiddīqī, a chemist, for undertaking chemical studies on some important medicinal plants, used in Unani System of Medicine. The present scenario of the AYUSH systems of medicine and its contribution to healthcare is very important to date. There are several areas, where traditional medicines are independently able to manage the diseases, such as skin diseases, liver diseases, GIT disorders, etc., but scientific data of these claims are lacking. So, it is the need of the hour to explore and evaluate the AYUSH systems of medicine on internationally acceptable scientific parameters. For the purpose, a number of books are available in the market, but it is a very tough task for the newbies to understand the basics of research from these high-level books. This book is written in simple and palatable language, especially for the PG Scholars and AYUSH Researchers, who face difficulty in understanding the subject. The book deals with research and its types, research problem, hypotheses, research designs, and data collection, etc. with updated guidelines. We hope that the purpose of writing this book would be fulfilled and the Postgraduate Scholars, as well as other researchers, will find this book helpful in understanding the basics of Research**

**Methodology.**

**Special Therapeutic Approaches and Treatment Modality in Unani Medicine, Ayurveda, CAM & Allopathic Therapies through Rectal Route & Rectally Administered Drugs have Faster Absorption & Speedy Action**

**Unani Medicine in India**

**Benchmarks for Training in Traditional Complementary and Alternative Medicine**

**The Concept of Birth Control in Unani Medicine**

**Animal Origin Drugs Used in Unani Medicine**

**A Handbook for Gynecology in Unani Medicine**

**Hot and Cold Theory**

A simple 120 pages ruled All Purpose Notebook with a custom cover.

Simple subtle gift idea

Nature has blessed India with a vast variety of herbal and medicinal plants and shrubs that grows in different climatic regions from the frozen Himalayas in the north to the tropical forests in the south. From times this immemorial rich beauty has been used in preparing herbal medicine to cure various disease and to promote a great repository of this knowledge, organized in the form of unani and ayurvedic herbal systems of

medicine. The system has a mass following and world wide acceptability. UNANI was derived from the word IONIAN which indicates its origin to Greece. TIBB means medicine. Unani system of medicine is a synthesis of Greek and Arab systems. Unani physicians were the first to classify the disease on the basis of different anatomical and physiological symptoms of the body. Hippocrates (460-377BC) who first postulated the concept of disease is due to the imbalance of humors and hence emphasized on natural knowledge and hence freed Medicine from the realm of superstition and magic, and gave it the status of science. Arab physicians introduced unani pathy in India which took firm root in the soil soon. Unani pathy had its days in India during 13th and 17th century's .soon it spread all over the country and remained popular among the masses, even after the downfall of Mughal Empire. It got a set back during British rule but still remained in practice as it enjoyed the faith of masses. The unani pathy survived during British rule due to the efforts of the Sharifi family in Delhi, the Azizi family of Lucknow and the Nizams of Hyderabad. Hakim Ajmal Khan (1868-1927) from Sharifi family was an outstanding physician and scholar of unani medicine kept the tempo high. Unani medicine, as is well known, based on the Hippocratic humoral theory. This theory supposes the presence of four humors in the body viz: blood,

phlegm, yellow bile and black bile. The mizaj of individuals are expressed by word damawi (sanguine), balghami (phlegmatic), safrawi (choleric) and saudawi (melancholic) according to the dominancy of the humour. Every person is supposed to have a unique humoral constitution which represents his healthy state and any change in this state causes illness of the said person. The severity of the disease depends directly upon the change in equilibrium from mizaj. There are three major quwa (faculties) which regulate human body viz. Quwwate nafsania (psychic faculties), Quwwate haivania (vital faculties) and Quwwate tabiyya (physical faculties). These quwa (faculties) are specific for a particular tissue or organ on which the specific functions of that organ depend. Quwwate tabiyya is concerned with taghzia (nutrition), namu (growth) and tawleed (reproduction) and jigar is considered uzwe raees (epicenter) of this quwwat. Quwwate haivaniya is concerned with tadbeer of rooh, which brings life to the part it supplies. Qalb is uzwe raees of this faculty. Quwwat nafsania is concerned with intellect, sensory and motor functions and dimagh (brain) is supposed to be seat of this faculty.

This book is about the theory of Hot and Cold, a mutual fundamental base of traditional medicines all around the world. The theory describes the dynamic balance state of the body on the axis of hot and cold for each



individual and proposes the fact that deviation from this equilibrium is a predisposing factor for diseases. Such an approach helps practitioners to provide treatments tailored to the patients condition, not the disease. This book, for the first time, has gathered native descriptions of Hot and Cold theory in different traditional medicines, including traditional Chinese medicine, Persian (Humoral, Unani) medicine, Ayurvedic medicine and Latin American and Caribbean medicines. After defining the common ground, contemporary research - in nutrition, pharmacology, physiology and systems biology - has been explored using scientific methodology. This work is the result of an international collaboration of more than 30 scientists and scholars with high reputations in their fields. Hot and Cold theory, as a holistic individualized approach in prevention, diagnosis and treatment, can be merged into the novel fast-paced concepts in systems biology and precision medicine. Through this bridge, the authors propose that the Hot and Cold theory should be revisited more deeply by medical scientists, who are the main audience of this book, to pave the way towards integrated holistic personalized medicine.

Let's Understand and Practice (Its Description in Unani and Conventional Medicine)

Research Methodology in the Unani Medical Sciences

Mineral Drugs Used in Ayurveda and Unani Medicine

Rational Western Therapy, Ayurvedic and Other Traditional Usage, Botany

Textbook of Cosmetology in Unani Medicine

National Formulary of Unani Medicine

Presents a brief outline the history of Unani medicine in India, list of Unani medical schools, and information on the Council.

This resource brings the unique theories and traditions of Ayurveda alive so that they are accessible to the complementary health practitioner of today. This book offers a clear, accessible and yet detailed guide to Ayurvedic herbalism. It encompasses a brief history of the growth of Ayurveda, a discussion of its fundamental principles, treatment strategies as well as the energetic approach of traditional Ayurvedic herbal pharmacy and pharmacology.

Handbook on Unani Medicines with Formulae, Processes, Uses and Analysis  
ASIA PACIFIC BUSINESS PRESS Inc.

Pulse

B. U. M. S Notebook

WHO benchmarks for the training of Unani medicine

The Traditional Healer's Handbook

Indian Herbal Remedies

### Unani Medicine Gift | 120 Pages Notebook

*The WHO benchmarks for the training of Unani medicine is an update of its previous version published in 2010. It defines the minimum requirement/criteria for establishing training of Unani medicine in WHO Member States. It provides the fundamental knowledge requirements for all those involved in practice and training of Unani medicine, including safety issues related to its clinical application and medicinal preparation. The document shall serve as a reference to national authorities to establish/strengthen regulatory standards to ensure qualified training and practice of Unani medicine. The document is aligned with the objectives of the WHO Traditional Medicine Strategy 2014-23. It reflects consensus arrived through established WHO processes from the community of practitioners in Unani medicine, health service providers, academics, health system managers, and regulators. The document provides information on types of training including training requirements for Unani medicine practitioners and associate Unani medicine service providers, presents the requirements on competency-based knowledge and skills for Unani medicine practitioners and associate Unani medicine providers, and provides content and structures for different training programmes. This update differs from the previous edition in its description of category of health work force, type of training offered and information integrating category of training with the levels of practice described in the WHO Benchmarks for the Practice of Unani medicine.*

*A useful book on the Graeco-Arab medical system of 'Unani' based on the balance of the humours in the body. Also has an informative chapter on home remedies.*

*Unani Medicine in the Making*

## Bookmark File PDF Unani Medicine

*Huqna (Enema & Basti) Therapy*

*Principles and Short Practice of Cosmetic Care in Unani Medicine*

*State of Unani Medicine in India*

*With Particular Reference to the Arab (unani) Medicine and Ayurveda*