

Trgovinsko Poslovanje 3 Godina Knjiga

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dvadeset pet godina naučnog rada

Knjige

sa pregledom mogućnosti i uvjeta upisa

... međunarodni sajam knjiga

knjige, brošure i muzikalije; bibliography of Yugoslavia;

books, pamphlets and music

Službeni list Federalne Bosne-Hercegovine

Whether we're buying a pair of jeans, ordering a cup of coffee, selecting a long-distance carrier, applying to college, choosing a doctor, or setting up a 401(k), everyday decisions—both big and small—have become increasingly complex due to the overwhelming abundance of choice with which we are presented. As Americans, we assume that more choice means better options and greater satisfaction. But beware of excessive choice: choice overload can make you question the decisions you make before you even make them, it can set you up for unrealistically high expectations, and it can make you blame yourself for any and all failures. In the long run, this can lead to decision-making paralysis, anxiety, and perpetual stress. And, in a culture that tells us that there is no excuse for falling short of perfection when your options are limitless, too much choice can lead to clinical depression. In *The Paradox of Choice*,

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Barry Schwartz explains at what point choice—the hallmark of individual freedom and self-determination that we so cherish—becomes detrimental to our psychological and emotional well-being. In accessible, engaging, and anecdotal prose, Schwartz shows how the dramatic explosion in choice—from the mundane to the profound challenges of balancing career, family, and individual needs—has paradoxically become a problem instead of a solution. Schwartz also shows how our obsession with choice encourages us to seek that which makes us feel worse. By synthesizing current research in the social sciences, Schwartz makes the counter intuitive case that eliminating choices can greatly reduce the stress, anxiety, and busyness of our lives. He offers eleven practical steps on how to limit choices to a manageable number, have the discipline to focus on those that are important and ignore the rest, and ultimately derive greater satisfaction from the choices you have to make.

East European Accessions Index

Slovenska bibliografija

Izbor studija na fakultetima, akademijama, visokim i višim školama u SR Hrvatskoj

Informatorov priručnik za kadrove

Knjiga

Subject Catalog

Prosvjetni vjesnik Bibliografija Jugoslavijeknjige, brošure i muzikalije; bibliography of Yugoslavia; books, pamphlets and music

Službene novine Federacije Bosne i Hercegovine Institut

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ekonomskih nauka, 1958-1983dvadeset pet godina nau?nog rada
The Paradox of ChoiceWhy More Is Less, Revised Edition
Harper Collins

pojava gra?anske klase i novog plemstva
Institut ekonomskih nauka, 1958-1983

izraza, pojmova i metoda

National Union Catalog

Organizaciono poslovni leksikon

Why More Is Less, Revised Edition

Includes entries for maps and atlases.

Subject catalog

Poduze a i radnje u novom privrednom sistemu

Uradni list Republike Slovenije

Library of Congress Catalogs

Vienac

General Catalogue of Printed Books

Includes legislation

Books: subjects

Službene novine Federacije Bosne i Hercegovine

The National Union Catalogs, 1963-

Utjecaj primorskih gradova na ekonomsko-socijalne promjene u bosanskom društvu u 14. i 15. stojeću

**glasilo slovenskih založb
spomen knjiga**