

## *Toddler Taming By Christopher Green*

**The must-have parenting book for parents with daughters. After the huge success of Growing Great Boys comes this companion title focusing on girls. There are many issues today to challenge girls and their parents. This book gives support and advice to parents in the same way that Growing Great Boys has done. It includes some general chapters on the nature of girls; girls and mothers; girls and fathers; solo parenting; preschool girls; middle years, and teen girls. Throughout the text Ian and Mary also address these topics: the delightful side of girl-culture as well as the negative side; the special challenges of our current culture - the rise of the brainless bimbo; girls and success - those things which impact a girl's likelihood of success; girls and friendships; girls and self-esteem - character is more important than curves; fun and communication - girl-style; preparing for puberty; building blocks for a meaningful life; mentoring a girl; and lots more.**

**Focusing on the developmental period spanning age eighteen to thirty-six-months, which renowned parenting expert John Rosemond dubs, "the twos," Making the "Terrible" Twos Terrific! offers practical parenting advice to ensure that every child's "twos" are terrific. By offering comprehensive tips on everything from toilet training to developing good habits for bedtime, as well as disciplinary techniques to control aggressive behaviors, Making the "Terrible" Twos Terrific! approaches parenting in a straightforward, accessible manner that is easy for parents to implement and achieve success with their toddlers. No bribing, meltdowns, nudging, or cajoling are necessary. All parents need is consistent, firm, and loving interactions with their toddler to guide him or her during the developmental years. The methods described by Rosemond also translate to success throughout other life endeavors such as school, relationship building, and even productivity in the distant tween and teen years. To ensure that earthquaking foot stomps, decibel-shattering screaming, and consistently stubborn behavior are not the norm for your toddler, consult Rosemond's Making the "Terrible" Twos Terrific!.**

**Having a baby is an incredible experience, and the ultimate responsibility! Parenting is a job that you start with no training at all - and friends and family always seem to be the first to tell you how best to bring up your children. But there's no sure-fire formula for raising kids. Maybe that's because every child, like every parent, is an individual, and no two parent-child relationships are ever the same. So, you can give up any notions of being a perfect parent. But, you can learn to keep the big mistakes to a minimum and make the parenting experience easier and more rewarding for your children and yourself. Which is where this book comes in. Covering information for newborns to pre-teens, Parenting For Dummies gives you the essentials of parenting basics. From dealing with a crying baby and potty training, to building self-esteem and dealing with sibling rivalry, it offers a gold mine of up-to-date advice.**

**'The most family friendly way to start doing your bit.' - The Sunday Times The must-have friendly green bible of accessible eco-tips for families. As a parent, getting out of the house with everyone wearing shoes (on a good day) can feel like you're winning, so adding 'being green' to the never-ending to-do list might feel like the thing to bring all your spinning plates crashing to the ground. If that's the case, then this is the book for you. No preaching. No judgement. No guilt. Instead you'll find easy, do-able ideas and suggestions for you to pick and choose from, try out and adapt. Plus bucketfuls of encouragement as you explore what works for you and your family.**

**Understanding Attention Deficit Disorder**

**What You Need to Know to Survive the Zombie Apocalypse**

**Beyond Toddlerdom**

**30 Ways to Be an Awesome Dad**

**Beyond Toddlerdom Tips**

**Parenting For Dummies**

*The goals of this video are to demystify parenthood, to boost parents confidence, and to bring fun back to parenting. In this video you will discover among other things: what makes a toddler tick? milestones that really matter; predicting intelligence in the young; and the secret of positive parenting development.*

*More than one million parents all over the world have been saved by TODDLER TAMING, Dr Christopher Green's classic guide to surviving the toddler years. Now in TODDLER TAMING TIPS Dr Green gives instant, practical and friendly advice in a handy pocket size. Busy parents can turn to TODDLER TAMING TIPS anywhere or anytime for the secrets to: \* sleep solutions that really work \* successful toilet training \* healthy eating \* discipline - dealing with tantrums \* common childhood illnesses \* dealing with nasty habits in nice children and much, much more!*

*Twice voted Britain's top foreign correspondent, David Beresford has produced a 'word picture' of South Africa's Apartheid War. Borrowing from the Truth and Reconciliation Commission and plundering his own journalism, he gives his 'truth' of the apartheid years. He has woven through the book the love letters of John Harris - the 'station bomber', awaiting execution on Pretoria's death row. In combination, these paint an often harrowing and heart-breaking, but brilliant picture of South Africa. -- Cover, p. [4]*

*A guide for parents through the toddler years including ideas for dealing with tantrums and sibling rivalry, sleep solutions, healthy eating, toilet training, coping as a working parent, coping as a sole parent.*

*The Sustainable(ish) Guide to Green Parenting*

*Toddler Taming*

*The World's Bestselling Parenting Guide Fully Revised and Updated*

*Growing Great Girls*

*A Survival Guide for Parents*

*Taming the Star Runner*

Over 1 million copies sold! Twenty-one years young, this childcare classic has helped millions of parents with children at the challenging stage of toddlerhood. Now Dr Green's perennial bestseller has been newly revised and updated for a whole new generation. With today's parents increasingly pressed for time, yet under pressure to succeed both at work and at home, Dr Green's reassuring message is to remember that you are normal and not alone. The key to effective parenting, he says, is knowing what to expect and having the self-confidence to see the various stages through. Based on more than twenty-five years of experience, Dr Green's advice will help you to enjoy the toddler years. With his trademark humour and common sense he demystifies childcare and brings the fun - and the love - back into parenting. As well as Dr Green's famous sleep technique that has helped so many tired families worldwide, this new edition includes: Positive discipline; successful toilet training; the very latest on healthy eating; dealing with tantrums and sibling rivalry; early learning: to push or not to push your child?; choosing the best childcare for your family and other working parent worries; and much, much more!

Over 90% of children and adolescents play electronic or computerized games, and 25% play for three hours a day or even longer. Although some degree of video game playing is normal, excessive playing can negatively impact schoolwork, kids' social lives, and even their health. *Pause and Reset* is aimed at parents concerned about the role of gaming in their children's lives. In this informative, reader-friendly book, addiction expert Dr. Nancy Petry sheds light on what constitutes problematic video gaming and what does not, how to determine whether a child, adolescent or young adult may be "addicted" to gaming or developing problems with it, and when to seek professional help. Setting this book apart from others on the subject, the author also provides accessible explanations of the latest science behind how gaming addiction impacts children, adolescents, and families; she also explores the question of whether gaming may have positive effects in certain situations. Finally, Dr. Petry offers three simple, easy-to-implement steps parents can take to reduce and reverse the harmful effects of gaming: Record, Replace, and Reward. *Pause and Reset* also provides exercises and worksheets to support parents' efforts to help their kids.

How to help your child with mental illness through partnering, not parenting. *Never Let Go* is a supportive and practical guide for parents looking after a child with a mental illness. Suzanne Alderson understands the agonising struggle of bringing a child back from the brink of suicide, having spent three years supporting her own daughter through recovery. Her method of 'partnering, not parenting' has now helped thousands of other parents through her charity, Parenting Mental Health. Combining Suzanne's honest personal experience with expert input from psychologists, this book provides parents with the methods and knowledge they need to support, shield and strengthen their child as they progress towards recovery. Chapters include a background to the mental health epidemic, why a new method of parenting is crucial, how to change your thinking about mental health and practical advice on solutions to daily problems including accepting the new normal, dealing with others, and looking after yourself as well as your child.

The arrival of a baby is an exciting and memorable time yet many parents feel uncertain, confused and not sure what to do. Well, don't despair, as *BABIES* is here to put the joy back into childcare. Full of common sense, it is a practical, up-to-date guide to the everyday concerns of parents facing the first year of their baby's life. The book looks at such practical day to day concerns as feeding, crying, sleeping and bonding, but also includes the more humorous, light-hearted moments of family life, for this book is not just about babies, it's also about families and relationships. It is for mothers, fathers, grandparents and anyone who is interested in children. Now you can enjoy - as well as survive - baby's first year!

*Understanding ADHD*

*A Parent's Guide to Preventing and Overcoming Problems with Gaming*

*Why Boys Are Different - and How to Help Them Become Happy and Well-Balanced Men*

*New Toddler Taming*

*The definitive guide to managing your child's food allergy*

*A Parents' Guide to the First Four Years*

*In his typically friendly and clear style, the ever-popular Dr Chris Green, with Dr Kit Chee, explains the treatments and causes of Attention Deficit Disorder, a condition that affects the learning and behaviour of up to 1 in 10 children in this country. Aimed at parents, teachers and health professionals, this book dispels the myths about ADHD and gives a clear overview of the condition: the causes, the behaviours and the treatments. Full of well-trying, practical strategies to help with common problems such as inattention, underachievement and impulsiveness, the book covers: - The causes, how to help improve behaviour at home and at school - Making the diagnosis, medication and alternative therapies - Hints to help reading, writing and language - Ways to boost self-esteem - ADHD in adults - The latest research and where to go for further help*

*Understanding ADHD offers invaluable guidance to help parents work with teachers and health professionals to give their child the best possible chance of entering adulthood with self-confidence, life skills and secure family relationships.*

*In this edition of his classic text, Dr Green shows parents how to cope with infants, pointing out the inevitable strains of bringing up children and offering practical advice on all aspects of child rearing.*

*Dr Christopher Green's classic guide to your child's behaviour from 1 to 4. Toddler Taming has helped millions of parents over the years. Now this international bestseller has been completely revised and updated to offer friendly, practical advice to a new generation of parents. Many parents wonder how it is that their precious baby has suddenly changed into a tantrum-prone, heel-stomping toddler. The search for an answer can lead today's parents, with a click of the mouse, into a maze of conflicting advice, leaving them confused and their confidence in tatters. After watching childcare theories come and go, Dr Green has found that the crucial elements of raising happy toddlers don't change in line with the latest fad, but his focus has now widened to prevention as well as cure. After all, once you know how to anticipate a toddler's reaction, you are better prepared to steer your child towards a peaceful solution - and peace is often the most valued commodity in any house! With Dr Green's trademark mixture of humour and pragmatism, this new fully revised and updated Toddler Taming offers invaluable practical advice on all fronts, such as how to tackle: sleep problems tantrums potty training food issues playgroup and day care screen time and much, much more. Most of all, Toddler Taming instils confidence and brings the fun - and love - back into parenting. The definitive guide to Attention Deficit Hyperactivity Disorder - fully revised and updated for a new generation of parents. The bestselling author of Toddler Taming and Beyond Toddlerdom, Dr Christopher Green, with Dr Kit Chee, demystifies ADHD, the elusive and distressing condition that affects learning and behaviour. Understanding ADHD gives a clear overview of ADHD - the causes, the behaviours and the treatments - and dispels the myths. It is full of well-tryed, practical and proven strategies to help with common ADHD problems such as inattention, impulsiveness and underachievement. Drawing on the latest research, the new edition includes: How to identify ADHD in your child ADHD in the under-fives How to encourage better behaviours at school and home Medication and alternative therapies: the pros and cons How to deal with the stress ADHD causes for parents and siblings How to help with reading, writing and language Advice for adults with ADHD Answers to common questions Fully updated list of resources Understanding ADHD shows parents how to work with teachers and health professionals to give their child the best possible chance of entering adulthood with self-confidence, life skills and strong family relationships.*

*How to Parent Your Child Through Mental Illness*

*Quiet nights for you and your baby*

*Jo Frost's Toddler SOS*

*The Guide to Your Child from One to Four*

*Making the "Terrible" Twos Terrific!*

*100s of Practical Strategies for Bringing Out the Best In Your Daughter*

**A friendly and practical guide to the stages and issues in boys' development from birth to manhood. From award-winning psychologist Steve Biddulph comes an expanded and updated edition of RAISING BOYS, his international best seller published in 14 countries. His complete guide for parents, educators, and relatives includes chapters on testosterone, sports, and how boys' and girls' brains differ. With gentle humor and proven wisdom, RAISING BOYS focuses on boys' unique developmental needs to help them be happy and healthy at every stage of life.**

**New Toddler Taming A Parents' Guide to the First Four Years Random House**

**TV presenter, bestselling author and psychologist Nigel Latta gives common-sense and amusing answers to the complex issues surrounding today's family in its many and varied forms. Utilising both the best current research about stepfamilies and over two decades of clinical experience, Nigel traverses the dilemmas and questions that modern family life presents. The shape of the modern family has changed hugely in the last twenty years. Once upon a time mum, dad, and a three or four kids used to be the norm, but that type of family is almost an anomaly now. Stepfamilies, separated families, single parents, grandparents raising their children's children, bitter family court battles, and complicated access arrangements . . . it's a new world full of complicated family arrangements and conundrums. The Modern Family Survival Guide covers many key topics such as separation and divorce; surviving family court; sharing custody; co-parenting when your ex is difficult; step parenting; adoption issues; parenting the 'only child'; gay and lesbian parents; grandparents raising grandchildren, and much more.**

**Practical, positive and informative parenting advice on raising great sons. Growing Great Boys is a brilliant, practical parenting book about parenting boys from toddlers to teens by one of New Zealand's leading parenting experts. Packed with tips and pragmatic ideas for parents, it has a strong and positive message for parents. The following issues are dealt with: The challenges for boys in the 21st century; The uniqueness of boys/men; The importance of fathers in parenting boys; The place of mothers in parenting boys; Parenting boys on your own; How to parent preschooler boys (or under 5s); How to parent primary school boys (or 5-12 year olds); How to parent teenage boys; Boys and Masks - talking to the real boy; and Boys and spirituality, traditions and rites of passage. Growing Great Boys is a delightful manual for successfully guiding, coaching, disciplining, loving, encouraging and inspiring boys from birth through to teenage years. Its substance is insightful and challenging and it will be rewarding to all parents who read it.**

**Pause and Reset**

**Guilt-free eco-ideas for raising your kids**

**Before Your Kids Drive You Crazy, Read This! [Standard Large Print 16 Pt Edition]**

## **Fathers Who Dare Win Raising a Secure Child**

### **Keeping five- to twelve-year-olds on the rails**

Beyond Toddlerdom Tips offers instant, practical and commonsense tips for parents on the go in need of calm and wise advice on parenting the 5-12 age group. Written in his usual humorous, practical and down-to-earth style, Dr Green draws on his many years of expertise as a paediatrician, father and grandfather to enable parents to understand their child's needs and development during the pre-teen years. Taking full account of all the physical, psychological and sociological influences that are of importance during this time, Dr Green's methods will demystify childcare and bring the fun back into parenting, including advice on making appropriate decisions about everything from friends and homework to sibling rivalry and positive discipline. One issue dominates the lives of many new parents, sleep. Why won't their baby sleep? What is the best position to put him down in, and is swaddling the answer? Are monitors or even dummies a good idea? What about the mother's need for sleep or the father, and the rest of the family? And how does the situation change when the baby is older, say three to six months, or coming up for a year? What are the sleep needs of a toddler, or an older child? And how should parents manage when the whole routine is thrown into the air, because the baby is teething, or has been ill? In this accessible and practical book, Rachel Waddilove gives the answers. In a clear, no-nonsense and straightforward way, she shows parents how to take back control. Babies need to sleep: adults need to sleep as well. Her advice will ensure peaceful nights for the entire family.

For those with less time on their hands Toddler Taming Tips offers authoritative but instant, practical and commonsense advice for parents with children at the challenging stage of toddlerdom. Based on over twenty-five years' experience, Dr Green's methods will help you to enjoy the toddler years, demystifying childcare and bringing the fun back into parenting. Toddler Taming Tips includes advice on: - sleep solutions that really work - successful potty training - the very latest on healthy eating - discipline - how to make life easier for yourself - dealing with tantrums - the low-down on playgroups, pre-schools, being a working parent And much more!

The author of Dr. Green's Baby Book offers a warm, reassuring guide to help parents through the trying years of toddlerhood, from tantrums and toilet training to choosing play groups and day care. Original.

Never Let Go

Raising Boys

Solutions for the Trying Toddler Years

Welcome to Toddlerhood! : Volume One

How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience, and Freedom to Explore

Sleep Solutions

The Allergy-Free Baby and Toddler Book is the guide that all worried parents have been waiting for. Written by Charlotte Muquit, a mum whose own son has severe food allergies, and Dr Adam Fox, one of the country's top allergy specialists, this book explains everything you need to know about allergies, from navigating the diagnosis process to the practical steps you can take to manage allergies in the longterm. Find out how to: - Identify the source of an allergy - Treat reactions - Communicate with GPs, nurseries and playgroups - Enjoy social events without worrying - Adapt weaning and diet to avoid reactions You'll also find 30 delicious allergy-free recipes for everyday and special occasions. Comprehensive, accessible and informative, The Allergy-Free Baby and Toddler Book gives parents the knowledge and reassurance they need to stop allergies getting in the way of a fun, full and active childhood.

Today's parents are constantly pressured to be perfect. But in striving to do everything right, we risk missing what children really need for lifelong emotional security. Now the simple, powerful "Circle of Security" parenting strategies that Kent Hoffman, Glen Cooper, and Bert Powell have taught thousands of families are available in self-help form for the first time. ÿ You will learn: ÿ \*How to balance nurturing and protectiveness with promoting your child's independence. ÿ \*What emotional needs a toddler or older child may be expressing through difficult behavior. \*How your own upbringing affects your parenting style--and what you can do about it. ÿ Filled with vivid stories and unique practical tools, this book puts the keys to healthy attachment within everyone's reach--self-understanding, flexibility, and the willingness to make and learn from mistakes. Self-assessment checklists can be downloaded and printed for ease of use.

Managing Difficult Behaviour provides a one-off workshop to be used with parents and carers of children aged 3 to 8+ years. It is not intended for those parents whose difficulties with their child are longstanding or complex, but rather those who are experiencing mild to moderate difficulties in managing their child's behaviour. The manual provides clear guidance on preparing for and running a two-hour workshop and includes photocopyable support materials, including a feedback form. All the materials are reassuring, practical and accessible, and have a sound theoretical basis. The accompanying parent booklet is designed to be purchased in packs and given out to parents.

The one book you will ever need on how to be great dad. Including clear strategies on everything from being a hero to your kids to communication to discipline, this is the one book fathers will ever need. It's encouraging and affirming and to the point, with comments like: 'Men are such a necessary part of the parenting

team because they believe in the three Rs: Rules, Routines, Ridiculousness.' Fathers Who Dare Win was first self-published in 2000, and now Ian Grant has updated and revised it for today's generation of fathers. Much of the original content remains highly relevant but there are new aspects for today's fathers to deal with - the internet, Facebook and Twitter; strategies for the estranged dad; the importance of a father in his daughter's life, and in his son's life; smart strategies for how to love the mother of your children; and much more. In Ian's characteristic straight-talking way he offers lots of advice, tips and strategies for being the best father you can. Ian speaks from experience as the father of three and grandfather of eleven, but he also mines the research to deliver well founded and practical advice.

Toddler Taming: Welcome to toddlerhood & Understanding child development video

Human Zombie Biology

The Guide to Your Child's Behaviour from One to Four

Growing Great Boys

Managing Difficult Behaviour

A Personal Journey Through the Apartheid War

The classic YA story of a boy, a horse, and pursuit of a dream. TAMING THE STAR RUNNER written by celebrated novelist S.E. Hinton, now available as an eBook for the first time. With an absent mother and a domineering step-father, Travis uses his tough-guy exterior to hide his true passion: writing. After a violent confrontation with his step-father, Travis is sent to live on his uncle's horse ranch - exile to a born-and-bred city kid. Angry and yearning for a connection, Travis befriends Casey, the horse-riding instructor at the ranch, and the untamable horse in her stable: the Star Runner. When a friend from the city visits with stories of other kids from the neighborhood facing jail time, Travis is more determined than ever that he needs to escape the life of juvenile delinquency he seems destined for. When the offer of a book deal comes through, Travis is hopeful that this is his chance to escape, if only his step-father will stop standing in the way of his dreams. From the author of THE OUTSIDERS, S.E. Hinton once again writes about what it feels like to be unaccepted, and the power in being true to yourself. "Hinton continues to grow more reflective in her books, but her great understanding, not of what teenagers are but of what they can hope to be, is undiminished."—Kirkus Reviews An ALA Best Books for Young Adults An ALA Quick Pick

First there was the Toddler Taming phenomenon - now this is the sequel every parent has been waiting for... Dr Christopher Green has written Beyond Toddlerdom for all those parents in need of calm and wise advice on parenting the 5-12 year age group. The 5-12s have to face a number of developmental hurdles. They become aware of the world outside the home. They will start school, make friends, take up hobbies and develop personal interests. They may move house, may live through a parental divorce, and will develop personality patterns that will stay with them for life. It is an important time. Writing with his usual humorous, practical and down-to earth style, Chris Green draws on his many years of expertise as a paediatrician, father and grandfather to enable parents to understand their child's needs and development during their pre-teen years. He takes full account of all the physical, psychological and sociological influences that are of importance during this time - and helps parents to make appropriate decisions about everything from friends to homework, sibling rivalry to positive discipline. Beyond Toddlerdom is the ideal companion to Chris Green's Toddler Taming 'bible' and is a must for every parent.

Jo Frost has become a household name because of her warmth, her love of children and her practical, no nonsense advice. Here, in this long-awaited bible of parenting know how, Jo guides us through the subjects that she is constantly asked about including: what do you do about bedwetting, bullying or biting and what happens when your little darling has to go to school, to the dentist or to the doctor; how can you create calm mealtimes and bedtimes and what can be done when sibling rivalry gets out of control. Each subject-led entry provides advice in Jo's uniquely positive style and guides the reader through the confusing and sometimes stressful process of bringing up kids. Jo message is clear: she inspires parents with the confidence needed to bring up healthy, happy children. CONFIDENT PARENTING will become a modern classic for parents everywhere and a staple for every bookshelf.

Do your kids sometimes make you feel your head is going to explode? Ever yelled at them until you were hoarse? Do you have days when you feel like making a run for the airport? For harassed parents struggling to understand why they end up screaming at their kids and tearing their hair out trying to make them understand that bad behaviour has inevitable consequences, this is the perfect book to help your family make it through the crucial first decade or so and still enjoy each other's company. Practical commonsense answers and real life examples, logical and realistic strategies, and innovative behaviour modification tools that work in the real world - all from a parent and family therapist who's seen almost everything there is to see and offers some hard - won battlefield wisdom. Written in down - to - earth language, this book needs to be handed out at birth, an essential guide for the struggling parent who knows family life can and should be better.

Workshop for Parents

100s of Practical Strategies for Bringing Out the Best In Your Son

Quick fixes to keeping five to twelve year-olds on the rails

Politically Incorrect Parenting

Toddler Taming: Discipline! Positive parents are powerful people

***Many parents wonder how their sweet baby which gurgled happily at them for the first 12 months changes so suddenly into a bellowing, tantrum prone, carpet biting toddler. What went wrong? Whose fault is it? What can be done about it? With humour and common sense, Dr Green answers these questions and many others like them. He qualms fears of abnormal bad behaviour, points out the strains of bringing children up and offers practical advice on all fronts from discipline to sleeping problems, tantrums to toilet training.***

***The Allergy-Free Baby and Toddler Book***

***A Parent's Guide to Enjoying Baby's First Year***

***Parents' Guide to the First Four Years***

***The Essentials for Parents of Children Aged One to Four***

***Babies***

***The Modern Family Survival Guide***