

The War Of Art Break Through The Blocks And Win Your Inner Creative Battles

This is your chance to let your crayons dance on paper! Coloring, like dancing, is an art form that encourages self-expression. However, coloring is a brain-boosting activity that also train both regions of the brain to work together. As a result, you get a mash-up of logic and creativity reflected in the following pages. Begin coloring today!

There's a mantra that real writers know but wannabe writers don ' t. And the secret phrase is this: **NOBODY WANTS TO READ YOUR SH*T**. Recognizing this painful truth is the first step in the writer's transformation from amateur to professional. From Chapter Four: “ When you understand that nobody wants to read your shit, you develop empathy. You acquire the skill that is indispensable to all artists and entrepreneurs—the ability to switch back and forth in your imagination from your own point of view as writer/painter/seller to the point of view of your reader/gallery-goer/customer. You learn to ask yourself with every sentence and every phrase: Is this interesting? Is it fun or challenging or inventive? Am I giving the reader enough? Is she bored? Is she following where I want to lead her?

The Art of War is an enduring classic that holds a special place in the culture and history of East Asia. An ancient Chinese text on the philosophy and politics of warfare and military strategy, the treatise was written in 6th century B.C.

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by a warrior-philosopher now famous all over the world as Sun Tzu. Sun Tzu's teachings remain as relevant to leaders and strategists today as they were to rulers and military generals in ancient times. Divided into thirteen chapters and written succinctly, *The Art of War* is a must-read for anybody who works in a competitive environment.

"In this powerful, straight-from-the-hip examination of the internal obstacles to success, bestselling author Steven Pressfield shows readers how to identify, defeat, and unlock the inner barriers to creativity. *The War of Art* is an inspirational, funny, well-aimed kick in the pants guaranteed to galvanize every would-be artist, visionary, or entrepreneur." --from back cover.

Break Dancing for Beginners Coloring Book

An Oral History as Told by Jon Stewart, the Correspondents, Staff and Guests

The Daily Show (The Book)

Do the Work!

Nobody Wants to Read Your Sh*t

The Art and Business of Turning Your Ideas into Gold

The Wake of the Hero's Journey and the Lifelong Pursuit of Meaning

The Art of War meets "The Artist's Way" in this no-nonsense, profoundly inspiring guide to overcoming creative blocks of every kind.

Anna Sabino is an artist, but certainly not a starving one. She wasn't born into a wealthy family, didn't inherit money from a distant relative, and doesn't have a rich husband. But she made it

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as an entrepreneur, as a single woman, and most importantly, as an artist. In Your Creative Career, she shows her fellow artists and creatives how to build a business that reflects their talent and true calling while generating serious cash. Whether the goal is to build an empire and be financially free, create a lifestyle business, or just to have more time, Your Creative Career guides you through every aspect of creative entrepreneurship. If you want to start your creative career, transition into it, or give it a boost, this book is a must read that features: Proven systems and strategies to create ideally priced products that keep selling. The importance of going through all the steps of making it from idea inception and execution to branding and distribution. The importance of transitioning from artistic solitude to collaborative, creative entrepreneurship. The most effective marketing and PR methods adjusted to the new reality of short attention spans and information overload.

An electrifying story of the sensational murder trial that divided a city and ignited the civil rights struggle In 1925, Detroit was a smoky swirl of jazz and speakeasies, assembly lines and fistfights. The advent of automobiles had brought workers from around the globe to compete for manufacturing jobs, and tensions often flared with the KKK in ascendance and violence rising. Ossian Sweet, a

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proud Negro doctor-grandson of a slave-had made the long climb from the ghetto to a home of his own in a previously all-white neighborhood. Yet just after his arrival, a mob gathered outside his house; suddenly, shots rang out: Sweet, or one of his defenders, had accidentally killed one of the whites threatening their lives and homes. And so it began a chain of events that brought America's greatest attorney, Clarence Darrow, into the fray and transformed Sweet into a controversial symbol of equality. Historian Kevin Boyle weaves the police investigation and courtroom drama of Sweet's murder trial into an unforgettable tapestry of narrative history that documents the volatile America of the 1920s and movingly re-creates the Sweet family's journey from slavery through the Great Migration to the middle class. Ossian Sweet's story, so richly and poignantly captured here, is an epic tale of one man trapped by the battles of his era's changing times. Arc of Justice is the winner of the 2004 National Book Award for Nonfiction.

This is a Summary of Steven Pressfield's The War of Art: Break Through the Blocks and Win Your Inner Creative Battles A succinct, engaging, and practical guide for succeeding in any creative sphere, The War of Art is nothing less than Sun-Tzu for the soul. What keeps so many of us from doing what we long to do? Why is there a naysayer within? How can we avoid the roadblocks of any creative endeavor-be it

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starting up a dream business venture, writing a novel, or painting a masterpiece? Bestselling novelist Steven Pressfield identifies the enemy that every one of us must face, outlines a battle plan to conquer this internal foe, then pinpoints just how to achieve the greatest success. The War of Art emphasizes the resolve needed to recognize and overcome the obstacles of ambition and then effectively shows how to reach the highest level of creative discipline. Think of it as tough love . . . for yourself. Whether an artist, writer or business person, this simple, personal, and no-nonsense book will inspire you to seize the potential of your life. Available in a variety of formats, this summary is aimed for those who want to capture the gist of the book but don't have the current time to devour all 190 pages. You get the main summary along with all of the benefits and lessons the actual book has to offer. This is a summary that is not intended to be used without reference to the original book.

*by Steven Pressfield | Summary & Analysis
Includes Bibliographical References and Index
A Novel*

The Authentic Swing

Arc of Justice

A Novel of Alexander the Great

When Can I Stop Running?

In a near-future world in which governments and corporations are forced to hire cutting-edge mercenary

armies to protect their wealth, the globe's largest private military launches a campaign to take over the United States, prompting a top commander to rebel against the organization's leader. By the author of The Legend of Bagger Vance. 70,000 first printing.

The follow-up to his bestseller The War of Art, Turning Pro navigates the passage from the amateur life to a professional practice. "You don't need to take a course or buy a product. All you have to do is change your mind."

*--Steven Pressfield **TURNING PRO IS FREE, BUT IT'S NOT EASY.** When we turn pro, we give up a life that we may have become extremely comfortable with. We give up a self that we have come to identify with and to call our own. **TURNING PRO IS FREE, BUT IT DEMANDS SACRIFICE.** The passage from amateur to professional is often achieved via an interior odyssey whose trials are survived only at great cost, emotionally, psychologically and spiritually. We pass through a membrane when we turn pro. It's messy and it's scary. We tread in blood when we turn pro. **WHAT WE GET WHEN WE TURN PRO.** What we get when we turn pro is we find our power. We find our will and our voice and we find our self-respect. We become who we always were but had, until then, been afraid to embrace and live out.*

The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical

strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; ...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an

industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

SYNOPSIS: In The War of Art, author Steven Pressfield helps you identify your inner creative battles against fear and self-doubt and offers advice on how to win those battles. An inspirational book for anyone who's had trouble realizing their passion, it offers an examination of those negative forces that keep you from realizing your dreams, and shows how you can defeat your fears to achieve your creative goals. ABOUT THE AUTHOR: Steven Pressfield is a best-selling author of historical fiction and nonfiction books, including Gates of Fire, Tides of War, The Legend of Bagger Vance, and Do the Work. DISCLAIMER: This book is a SUMMARY. It is meant to be a companion, not a replacement, to the original book. Please note that this summary is not authorized, licensed, approved, or endorsed by the author or publisher of the main book. The author of this summary is wholly responsible for the content of this summary and is not associated with the original author or publisher of the main book. If you'd like to purchase the original book, kindly search for the title in the search box.

The Arts of Leadership and War

Shit Art is Better Than No Art

Break Through the Blocks and Win Your Inner Creative Battles Summary

Steven Pressfield's the War of Art

Xenophon's Cyrus the Great

*Break Through the Blocks and Win Your Inner Creative
Battles By Steven Pressfield*

An Epic Novel of the Battle of Thermopylae

From Beethoven and Kafka to George Sand, Picasso and Agatha Christie, this compilation of letters, diaries and interviews reveals the profound fusion of discipline and dissipation through which the artistic temperament is allowed to evolve, recharge and emerge. 20,000 first printing.

I have always been a soldier. I have known no other life. So begins Alexander's extraordinary confession on the eve of his greatest crisis of leadership. By turns heroic and calculating, compassionate and utterly merciless, Alexander recounts with a warrior's unflinching eye for detail the blood, the terror, and the tactics of his greatest battlefield victories.

Whether surviving his father's brutal assassination, presiding over a massacre, or weeping at the death of a beloved comrade-in-arms, Alexander never denies the hard realities of the code by which he lives: the virtues of war. But as much as he was feared by his enemies, he was loved and revered by his friends, his generals, and the men who followed him into battle. Often outnumbered, never outfought, Alexander conquered every enemy the world stood against him—but the one he never saw coming. . . .

BONUS: This edition contains an excerpt from Steven Pressfield's *The Profession*.

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Rita, Dan, Max and Ted are on the move in Trucktown! Kids will have hands-on fun with a movable part on each spread! Swing Wrecker Rosie's wrecking ball, spin Monster Truck Max's wheel, dump gravel from Dump Truck Dan's bed, and move Tow Truck Ted's hook up and down as he saves a good friend!

“An insightful memoir that uncovers unique stories about matters of the heart.” —Essence The inspiring New York Times bestseller from Common—the Grammy Award, Academy Award, and Golden Globe-winning musician, actor, and activist—explores how love and mindfulness can build communities and allow you to take better control of your life through actions and words. Common believes that the phrase “let love have the last word” is not just a declaration; it is a statement of purpose, a daily promise. Love is the most powerful force on the planet, and ultimately the way you love determines who you are and how you experience life. Touching on God, self-love, partners, children, family, and community, Common explores the core tenets of love to help us understand what it means to receive and, most importantly, to give love. He moves from the personal—writing about his daughter, to whom he wants to be a better father—to the universal, where he observes that our society has become fractured under issues of race and politics. He knows there’s no quick remedy for all of

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the hurt in the world, but love—for yourself and for others—is where the healing begins. In his first public reveal, Common also shares a deeply personal experience of childhood molestation that he is now confronting...and forgiving. Courageous, insightful, brave, and characteristically authentic, Let Love Have the Last Word shares Common's own unique and personal stories of the people and experiences that have led to a greater understanding of love and all it has to offer. It is a powerful call to action for a new generation of open hearts and minds, one that is sure to resonate for years to come.

Break Through the Blocks and Win Your Inner Creative Battles by Steven Pressfield Executive Summary

Turn Your Passion into a Fulfilling and Financially Rewarding Lifestyle

The Profession

The War of Art

Happy Accidents

The Virtues of War

Overcome Resistance and get out of your own way

BONUS: This edition contains an excerpt from Steven Pressfield's The Profession. The author of the international bestsellers Gates of Fire and Tides of War delivers his most gripping and imaginative novel of the ancient world—a stunning epic of love and war that breathes life into the grand myth of the

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ferocious female warrior culture of the Amazons. Steven Pressfield has gained a passionate worldwide following for his magnificent novels of ancient Greece, *Gates of Fire* and *Tides of War*. In *Last of the Amazons*, Pressfield has surpassed himself, re-creating a vanished world in a brilliant novel that will delight his loyal readers and bring legions more to his singular and powerful restoration of the past. In the time before Homer, the legendary Theseus, King of Athens (an actual historical figure), set sail on a journey that brought him into the land of the Kyrtes, the "free people," a nation of proud female warriors whom the Greeks called "Amazons." The Amazons, bound to each other as lovers as well as fighters, distrusted the Greeks, with their boastful talk of "civilization." So when the great war queen Antiope fell in love with Theseus and fled with the Greeks, the mighty Amazon nation rose up in rage. *Last of the Amazons* is not merely a masterful tale of war and revenge. Pressfield has created a cast of extraordinarily vivid characters, from the unforgettable Selene, whose surrender to the Greeks does nothing to tame her; to her lover, Damon, an Athenian warrior who grows to cherish the wild Amazon ways; to the narrator, Bones, a young girl from a noble family who was nursed by Selene from birth and secretly taught the Amazon way; to the great Theseus, the tragic king; and to Antiope, the noble queen who betrayed the

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Kyrte for the love of Theseus. With astounding immediacy and extraordinary attention to military detail, Pressfield transports readers into the heat and terror of war. Equally impressive is his creation of the Amazon nation, its people, its rituals and myths, its greatness and savagery. Last of the Amazons is thrilling on every page, an epic tale of the clash between wildness and civilization, patriotism and love, man and woman.

John Podlaski's encore Vietnam War novel brings back John ('Polack') Kowalski, the central character in 'Cherries', and introduces us to Louis ('LG') Gladwell, his irrepressible black friend. Polack and LG are a 'Salt and Pepper' team, best buddies and brothers in a way that only those who have fought side-by-side in a war can ever truly understand. The year is 1970, and the story follows the two soldiers - impressionable Detroit teenagers - during their long night in a Listening Post ('LP'), some 500 meters beyond the bunker line of the new firebase. Their assignment as a "human early warning system", is to listen for enemy activity and forewarn the base of any potential dangers. As they were new to the "Iron Triangle" and its reputation, little did they know that units before them lost dozens of soldiers in this nightly high-risk task and referred to those assigned as "bait for the enemy" and "sacrificial lambs". Sitting in the pitch black tropical jungle - with visibility at

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less than two feet - John's imagination takes hold throughout the agonizing night, and at times, transports him back to some of his most vivid childhood memories - innocent, but equally terrifying at the time. As kids, we instinctively run as fast as we can to escape imaginary or perceived danger, but as soldiers, men are trained to conquer their fears and develop the confidence to stand their ground and fight. Running is not an option. In 'When Can I Stop Running?' the author juxtaposes his nightmarish hours in the bush with some of his most heart-pounding childhood escapades. Readers will relate to the humorous childish antics with amusement; military veterans will find themselves relating to both of the entertaining and compelling recollections.

NEW YORK TIMES BESTSELLER The complete, uncensored history of the award-winning The Daily Show with Jon Stewart, as told by its correspondents, writers, and host. For almost seventeen years, The Daily Show with Jon Stewart brilliantly redefined the borders between television comedy, political satire, and opinionated news coverage. It launched the careers of some of today's most significant comedians, highlighted the hypocrisies of the powerful, and garnered 23 Emmys. Now the show's behind-the-scenes gags, controversies, and camaraderie will be chronicled by the players themselves, from legendary host Jon Stewart to the star cast members and writers-including Samantha Bee,

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Stephen Colbert, John Oliver, and Steve Carell - plus some of The Daily Show's most prominent guests and adversaries: John and Cindy McCain, Glenn Beck, Tucker Carlson, and many more. This oral history takes the reader behind the curtain for all the show's highlights, from its origins as Comedy Central's underdog late-night program to Trevor Noah's succession, rising from a scrappy jester in the 24-hour political news cycle to become part of the beating heart of politics-a trusted source for not only comedy but also commentary, with a reputation for calling bullshit and an ability to effect real change in the world. Through years of incisive election coverage, passionate debates with President Obama and Hillary Clinton, feuds with Bill O'Reilly and Fox, and provocative takes on Wall Street and racism, The Daily Show has been a cultural touchstone. Now, for the first time, the people behind the show's seminal moments come together to share their memories of the last-minute rewrites, improvisations, pranks, romances, blow-ups, and moments of Zen both on and off the set of one of America's most groundbreaking shows.

A modern, accessible translation of the ancient Athenian's account of Cyrus the Great's military campaign discusses his founding of the Persian empire, rescue of some 40,000 Jewish captives, and benevolent leadership style that won the respect of his enemies, in a volume that also reveals how

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today's business and government leaders can draw on his examples. Reprint. 15,000 first printing.

Notes From the Writing of a First Novel

Turning Pro

Summary Steven Pressfield's the War of Art

A Novel of Golf and the Game of Life

Break Through the Blocks and Win Your Inner

Creative Battles

How Artists Work

The Legend of Bagger Vance

Do you find yourself in creative ruts and don't know why? In this book I break down ten mindsets that will help you overcome your creative block. I, as a visual artist, have found various ways to break myself out of a creative block by breaking down the limiting beliefs and mindsets that were getting in my way. I hope that by sharing what I learned from my practice as an artist I can help guide you to greater creative freedom.

WARS CHANGE, WARRIORS DON'T We are all warriors. Each of us struggles every day to define and defend our sense of purpose and integrity, to justify our existence on the planet and to understand, if only within our own hearts, who we are and what we believe in. Do we fight by a code? If so, what is it? What is the Warrior Ethos? Where did it come from? What form does it take today? How do we (and how can we) use

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it and be true to it in our internal and external lives? The Warrior Ethos is intended not only for men and women in uniform, but artists, entrepreneurs and other warriors in other walks of life. The book examines the evolution of the warrior code of honor and "mental toughness." It goes back to the ancient Spartans and Athenians, to Caesar's Romans, Alexander's Macedonians and the Persians of Cyrus the Great (not excluding the Garden of Eden and the primitive hunting band). Sources include Herodotus, Thucydides, Plutarch, Xenophon, Vegetius, Arrian and Curtius--and on down to Gen. George Patton, Field Marshal Erwin Rommel, and Israeli Minister of Defense, Moshe Dayan. Winner of the 2022 New-York Historical Society Book Prize in American History A Washington Post and BookPage Best Nonfiction Book of the Year From a Pulitzer Prize-winning historian, the powerful story of a fragile nation as it expands across a contested continent. In this beautifully written history of America's formative period, a preeminent historian upends the traditional story of a young nation confidently marching to its continent-spanning destiny. The newly constituted United States actually emerged as a fragile, internally divided union of

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states contending still with European empires and other independent republics on the North American continent. Native peoples sought to defend their homelands from the flood of American settlers through strategic alliances with the other continental powers. The system of American slavery grew increasingly powerful and expansive, its vigorous internal trade in Black Americans separating parents and children, husbands and wives. Bitter party divisions pitted elites favoring strong government against those, like Andrew Jackson, espousing a democratic populism for white men. Violence was both routine and organized: the United States invaded Canada, Florida, Texas, and much of Mexico, and forcibly removed most of the Native peoples living east of the Mississippi. At the end of the period the United States, its conquered territory reaching the Pacific, remained internally divided, with sectional animosities over slavery growing more intense. Taylor's elegant history of this tumultuous period offers indelible miniatures of key characters from Frederick Douglass and Sojourner Truth to Elizabeth Cady Stanton and Margaret Fuller. It captures the high-stakes political drama as Jackson and Adams, Clay, Calhoun, and Webster contend

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over slavery, the economy, Indian removal, and national expansion. A ground-level account of American industrialization conveys the everyday lives of factory workers and immigrant families. And the immersive narrative puts us on the streets of Port-au-Prince, Mexico City, Quebec, and the Cherokee capital, New Echota. Absorbing and chilling, *American Republics* illuminates the continuities between our own social and political divisions and the events of this formative period.

NATIONAL BESTSELLER • “Steven Pressfield brings the battle of Thermopylae to brilliant life.”—Pat Conroy

At Thermopylae, a rocky mountain pass in northern Greece, the feared and admired Spartan soldiers stood three hundred strong. Theirs was a suicide mission, to hold the pass against the invading millions of the mighty Persian army. Day after bloody day they withstood the terrible onslaught, buying time for the Greeks to rally their forces. Born into a cult of spiritual courage, physical endurance, and unmatched battle skill, the Spartans would be remembered for the greatest military stand in history—one that would not end until the rocks were awash with blood, leaving only one gravely injured Spartan squire to tell the tale. .

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. . .

An Easy & Proven Way to Build Good Habits & Break Bad Ones

The Transformative Power of "YES, AND" at Work and in Life

SUMMARY - The War Of Art: Break Through The Blocks And Win Your Inner Creative Battles By Steven Pressfield

The Warrior Ethos

A Man at Arms: A Novel

Why That Is And What You Can Do About It
Summary of The War of Art by Steven Pressfield

Learn to make creativity work for your career. Anyone, regardless of who you are or what you do, can cultivate the habits, actions, and attitudes that inspire creativity and innovation. How Creativity Rules the World shows that creativity is an inexhaustible resource available to everyone. It can be taught to all and is the key to thriving in the business world and beyond. This timeless guide promises to make the creative process of successful seven-figure artists and billion-dollar entrepreneurs—as well as Maria's own—accessible and actionable for you to take the power of their ideas to the next level. Contemporary art curator and writer of the popular newsletter, The Groove, Maria Brito discovered the power of creativity

when she transitioned from being an unhappy Harvard-trained corporate lawyer to a thriving entrepreneur and innovator in the art world. After applying the principles in How Creativity Rules the World to her own business, Maria started teaching them to hundreds of people, ranging from entrepreneurs to artists to CEOs. Proven by her students' creative successes, Maria will guide you to strike gold with your ideas as well. In How Creativity Rules the World, you will learn how to: Overcome limiting thoughts and dispel myths about creativity. Unleash creativity through concrete data, historical passages, and examples of modern entrepreneurship. Develop timeless habits, principles, and tools that worked six centuries ago and continue to work today. Employ creativity in an everyday context to produce extraordinary results. With revealing studies and stories spanning business and art, this book is a deep dive into history, culture, psychology, science, and entrepreneurship; analyzing the elements used by some of the most creative minds throughout the last 600 years. There has never been a more crucial time than now to develop your creativity and your ability to innovate. Coming up with original ideas of value is today's most precious skill. In the Depression year of 1931, on the golf

links at Krewe Island off Savannah's windswept shore, two legends of the game, Bobby Jones and Walter Hagen, meet for a mesmerizing thirty-six-hole showdown. Another golfer will also compete--a troubled local war hero, once a champion, who comes with his mentor and caddie, the mysterious Bagger Vance. Sage and charismatic, it is Vance who will ultimately guide the match, for he holds the secret of the Authentic Swing. And he alone can show his protégé the way back to glory.

*** Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. By reading this summary, you will learn how to overcome your blockages to succeed in your personal project, whatever it may be (artistic, entrepreneurial, charitable, sports). You will also discover : that a force prevents you from acting according to your desires; that it is possible to fight it by identifying it; that to succeed in your project, you must behave like a professional; where to find inspiration; what creativity really is. To succeed in your project, if only to start it, you must overcome the toxic force inside you. It is called Resistance. It is found in all the fears, all the blockages, all the obstacles that prevent you from acting according to your own desires and from**

becoming the person you really are.

Nevertheless, you can defy it by knowing the right method! In this way, you will be able to transform your life, and why not the world.

Are you ready to fight this blocking force?

***Buy now the summary of this book for the modest price of a cup of coffee!**

The War of Art by Steven Pressfield |

Summary & Analysis Preview: Steven

Pressfield's The War of Art: Break Through the Blocks and Win Your Inner Creative

Battles is a book dedicated to helping

writers and other artists overcome creative barriers and produce valuable and satisfying work. Pressfield discusses his own artistic

struggles and uses examples of artists

throughout history in order to inspire and

guide other creators. The biggest barrier to

artistic creation is Resistance. Resistance is

a negative energy that intercedes whenever

a person attempts to achieve a positive goal,

such as painting a picture, exercising, or

making a life change. Resistance is a

combination of self-doubt, self-deception,

fear of change, and fear of success. On a day-

to-day basis, Resistance is expressed as

procrastination, as when an artist cleans the

house, gets a snack, or does anything rather

than sit down to work. On a larger scale,

Resistance can mean that an artist abandons

his or her profession, or denies his or her

creative dreams... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread Summary of Influence · Overview of the book · Important People · Key Takeaways · Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

A Memoir

Your Creative Career

The Artist's Journey

Summary Analysis Of The War of Art

How Creativity Rules the World

Let Love Have the Last Word

Gates of Fire

Notice: This is a Summary & Analysis of The War of Art. THIS IS NOT THE ORIGINAL BOOK. Break Through the Blocks and Win Your Creative Battles Imagine the life that you dream about and the life you have now. What's different? Perhaps the life you dream of is one in which you've written a book, directed a movie, or pursued a creative passion. What's stopping you from getting there? After all, it's not the writing or directing part that's hard. The hard part is sitting down to write. According to Steven Pressfield, the thing keeping you from your dream is Resistance. You see, many of us have two lives. The life we live, and the unlive life within us. The only thing standing between the two is Resistance. Resistance is the negative force that is stopping you from fulfilling your dreams

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and unleashing your creative power. Throughout *The War of Art*, Steven Pressfield will help you identify how Resistance is working against you and how to defeat it so that you can find the power within you to follow your dreams. As you read, you'll learn how starting a war is easier than filling a blank canvas, you'll learn when Resistance works its hardest, and how a life full of hierarchies only sets you up for failure.

DISCLAIMER: This book summary is meant as a summary and an analysis and not a replacement for the original work. If you like this summary please consider purchasing the original book to get the full experience as the original author intended it to be. If you are the original author of any book published on QuickRead and want us to remove it, please contact us at hello@quickread.com.

What keeps so many of us from doing what we long to do? Why is there a naysayer within? How can we avoid the roadblocks of any creative endeavor—be it starting up a dream business venture, writing a novel, or painting a masterpiece? *The War of Art* identifies the enemy that every one of us must face, outlines a battle plan to conquer this internal foe, then pinpoints just how to achieve the greatest success. *The War of Art* emphasizes the resolve needed to recognize and overcome the obstacles of ambition and then effectively shows how to reach the highest level of creative discipline. Think of it as tough love . . . for yourself.

Stop saying 'no' to opportunity, and start saying 'yes' to possibility. *Happy Accidents* is your personal guide to transforming your life. As we take on task after task, responsibility after responsibility, we lose sight of who we are and why we're doing what we do; we rush through the day completing a to-do list, but we never really seem to

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accomplish the things that are most important. What goals do you have for your life? What steps have you taken toward them today? Consider this book your guide to getting back on track to your dreams and help inspire those around you. It's not about doing more or doing less, it's about making what you do worthy of the effort. From forging new relationships, stepping out of your comfort zone, and reframing your work—start valuing these as empowering choices you get to make toward a particular goal every day. To preserve our precious time and energy, we often default to 'no,' yet this only closes the door to our growth, while a 'yes' opens up a world of possibilities. The secret is adding 'yes, and' to our lives. This seductively simple turn of phrase opens the doors to better collaboration and positive relationships, and invites self-sustaining opportunities into our world. 'Yes, and' helps you get from where you are, as an individual or organization, to where want to be. No person or organization is an island, and none of us reaches our goals alone. This book shows you how to build on the power of open-mindedness, cultivate supportive relationships, and adopt a win-win mindset to reignite your purpose and unleash your best. Harness the power of team collaboration, cooperation, and creativity Reframe 'mistakes' and 'bad ideas' into 'Happy Accidents' that lead to opportunities Communicate more effectively by learning how to listen actively and build on the pertinent information Relinquish some degree of control to allow for more growth and discovery Children have a natural inclination toward curiosity. As we grow into adults, our curiosity gradually takes a back seat to obligations, responsibility, and duty—but that spark remains, and can be reignited. Don't spend your life adrift in a sea of 'could've, would've, should've'—take back your sense of purpose,

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positivity, joy, time, and energy with the power of Happy Accidents.

Executive Summary of The War of Art In The War of Art's Book§Summary Without Incessant Filler Traps we summarize the key points, fundamental concepts and valuable insights including: The 37 Characteristics & Symptoms of Resistance Why Resistance is the Most Toxic and Negative Force in Our Lives The Differentiating Factors Between the Professional and the Amateur How Fear, Procrastination, and Rationalization Assists Resistance in the Battle The Forces On Our Side Assisting in the Fight Against Resistance The Manifestations that Resistance Can Appear As and What to Watch Out For How Artists May Best Invoke the 'Elusive' Muse The Aspects of a Professional and How Pros Conduct Themselves to Success What the Definition of a Hack Is Why the Professional Works from the Self and Not the Ego 2 Simple Ways to Determine if You Operate Territorially or Hierarchically Plus much more... FREE Bonus INSIDE: How to Read a Book in One Day. In this instructional manual we share two proven methods the Book§Swift team uses to read a book a day to extract the key core concepts from books in the shortest amount of time possible. Stop Wasting Your Time - Read Less, Know More with Book§Swift. Scroll up and buy now with 1-Click. DISCLAIMER: Please note this is an executive summary of the original book and IS NOT the original book itself.

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The Story Behind THE LEGEND OF BAGGER VANCE
If you've read his books THE WAR OF ART and TURNING PRO, you know that for thirty years Steven Pressfield (GATES OF FIRE, THE AFGHAN

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CAMPAIGN etc.) wrote spec novel after spec novel before any publisher took him seriously. How did he finally break through? Ignoring just about every rule of commercial book publishing, Pressfield's "first" novel not only became a major bestseller (over 250,000 copies sold), it was adapted into a feature film directed by Robert Redford and starring Matt Damon, Will Smith, and Charlize Theron. Where did he get the idea? What magical something did THE LEGEND OF BAGGER VANCE have that his previous manuscripts lacked? Why did Pressfield decide to write a novel when he already had a well established screenwriting career? How does writing a publishable novel really work? Taking a page from John Steinbeck's classic JOURNAL OF A NOVEL, Steven Pressfield offers answers for these and scores of other practical writing questions in THE AUTHENTIC SWING.

"I have a theory about the Hero's Journey. We all have one. We have many, in fact. But our primary hero's journey is the passage we live out, in real life, before we find our calling. The hero's journey ends when, like Odysseus, we return home to Ithaca, to the place from which we started. What then? The passage that comes next is The Artist's Journey. On our artist's journey, we move past Resistance and past self-sabotage. We discover our true selves and our authentic calling, and we produce the works we were born to create. You are an artist too-whether you realize it or not, whether you like it or not-and you have an artist's journey. Will you live it out? Will you follow your Muse and do the work you were born to do? Ready or not, you are

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called."--Back cover.

From the acclaimed master of historical fiction comes an epic saga about a reluctant hero, the Roman Empire, and the rise of a new faith. Jerusalem and the Sinai desert, first century AD. In the turbulent aftermath of the crucifixion of Jesus, officers of the Roman Empire acquire intelligence of a pilgrim bearing an incendiary letter from a religious fanatic to insurrectionists in Corinth. The content of this letter could bring down the empire. The Romans hire a former legionary, the solitary man-at-arms, Telamon of Arcadia, to intercept the letter and capture its courier. Telamon operates by a dark code all his own, with no room for noble causes or lofty beliefs. But once he overtakes the courier, something happens that neither he nor the empire could have predicted. In his first novel of the ancient world in thirteen years, the best-selling author of *Gates of Fire* and *Tides of War* returns with a gripping saga of conquest and rebellion, bloodshed and faith.

Summary of the War of Art: Break Through the Blocks and Win Your Inner Creative Battles by Steven

Pressfield

Atomic Habits

10 Mindsets to Overcome Creative Block

Art & Fear

On the Move!

Daily Rituals

This is a Summary of Steven Pressfield's The War of Art: Break Through the Blocks and Win Your Inner Creative Battles A succinct, engaging, and

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practical guide for succeeding in any creative sphere, The War of Art is nothing less than Sun-Tzu for the soul. What keeps so many of us from doing what we long to do? Why is there a naysayer within? How can we avoid the roadblocks of any creative endeavor--be it starting up a dream business venture, writing a novel, or painting a masterpiece? Bestselling novelist Steven Pressfield identifies the enemy that every one of us must face, outlines a battle plan to conquer this internal foe, then pinpoints just how to achieve the greatest success. The War of Art emphasizes the resolve needed to recognize and overcome the obstacles of ambition and then effectively shows how to reach the highest level of creative discipline. Think of it as tough love ... for yourself. Whether an artist, writer or business person, this simple, personal, and no-nonsense book will inspire you to seize the potential of your life. Available in a variety of formats, this summary is aimed for those who want to capture the gist of the book but don't have the current time to devour all 190 pages. You get the main summary along with all of the benefits and lessons the actual book has to offer. This summary is not intended to be used without reference to the original book.