

The Thirst For Wholeness Attachment Addiction And The Spiritual Path

Studies the impact of recovery programs on individual lives and explains how to adapt the principles of the Twelve-Step process to personal needs.

This book discusses the history and evolution of the field of psychology and its position as a global, integrated, hub science. It presents the nexus between science, the humanities and social sciences. It addresses the seminal work of Cambridge physicist C.P. Snow, who, more than five decades ago, wrote the book on The Two Cultures, outlining the intellectual schism between the academic disciplines—the humanities, arts, religion and the sciences. Today, the social sciences comprise the third culture; and Jerome Kagan, a Harvard developmental psychologist, published a book in 2009, The Three Cultures: Natural Sciences, Social Sciences and the Humanities in the 21st Century, responding to Snow's earlier concerns that includes a look at the newest culture—the social sciences. Psychology and the Three Cultures—History, Perspectives and Portraits, examines early and current notions about the three cultures reflecting on C.P. Snow's treatise on The Two Cultures, and Jerome Kagan's treatise on The Three Cultures, as related to the field of psychology. The book illustrates how psychological science, historically, has blended all these cultures in order to understand human nature. It traces the history of psychology, highlighting pivotal places and people from around the world contributing to the evolution of the field. The book documents psychology as a global, integrated, hub science and a blend of the disciplines. The discussion here includes the emergence of psychology from the field of philosophy and the many subfields currently representing psychology today. Examples are provided of select subfields moving across disciplines, as well as portraits of three revolutionary scientists—Carl Jung, William James and Stanislav Grof—whose work intersects many disciplines as they study, understand and describe human nature. This book is a "must-read" for scholars, psychologists, social scientists, scientists, historians, and medical professionals, undergraduate and graduate students studying the history of psychological science and its evolution. The book is also written for lay persons interested in the field of psychology, dispelling the myth of psychology as a pseudoscience.

This work shows how to give substance abusers an attachment experience and a sense of community where they feel they are accepted and belong. Therapy, directed along the lines described, allows the person to get close to others who are accepting of him without a cost to his identity and autonomy. This book explores the path of recovery. James Nelson writes, as he lives, with a very special blend of insight, wisdom, humor, and humility. Sobriety sustainers and spirituality seekers will be encouraged and enlightened by his work.

The Art of Peace and Relaxation Workbook

Thirst

Theory for Practice, Education and Research

Rituals and Sacred Wisdom for Teens

The Life of Love: An Invitation: Fifty-two Reflections on Emotional and Spiritual Healing

The Thundering Years

The Thirst for Wholeness

First published in 1998. Routledge is an imprint of Taylor & Francis, an informa company.

The exploration of the psyche in non-ordinary states of consciousness provides access to powerful transformative experiences that can lead us towards a more complete experience of being human (the realization of a deeper identity) while also yielding extraordinary insights into the ultimate nature of reality. In this book, Renn Butler explains how to use archetypal astrology as a guide to the transpersonal journey. Described by Stanislav Grof as "the Rosetta Stone of consciousness research," archetypal astrology is based on a correspondence between planetary alignments and archetypal patterns in human experience. Here, by drawing on the work of Grof and Richard Tarnas, Butler systematically describes the archetypal themes and qualities associated with each of the major planetary combinations studied in astrology and considers how these themes might manifest and be supported in deep psychological self-exploration. Based on thirty years of research, Pathways to Wholeness is an indispensable reference book for explorers of the inner worlds. Pathways to Wholeness:- Explores the intersection between Grofian transpersonal psychology and archetypal astrology - Describes the nature of the planetary archetypes in astrology - Explores the archetypal meaning of all the main planetary combinations as applied to everyday life, perinatal psychology, and transpersonal experience - Provides illuminating case studies and vignettes - Illustrated with mandala drawings.

Through theoretical discussions, presentations of literary works, cultural artefacts and artistic performances, as well as descriptions of novel therapeutic approaches, Topography of Trauma engages in rethinking and re-examining trauma to address the transformed self and empowering post-traumatic developments.

In this updated version of his landmark study on alcoholism, George Vaillant returns to the same subjects, but with the perspective gained from fifteen years of further follow-up.

Voices of Illness: Negotiating Meaning and Identity

A Multidisciplinary Approach

Managing Stress

Moving Beyond the Twelve Steps

A Guide For Caregivers

Balancing Acts

12 Points of View

Workbook contains more than 130 stress management exercises that show how to withstand the pressures of whatever stress might come your way.

"The book is authoritative, well-reasoned, and abounds in wisdom. It accurately portrays the deepest meanings of both spiritual presence and psychotherapy and shows interactions. This is a pioneering volume, the first of its kind. It should be the standard text for years to come". -- Wayne E. Oates, Ph.D., Professor of Psychiatry Emeritus,

University of Louisiana School of Medicine In Spiritual Presence in Psychotherapy, David Steere recognizes the incorporation of this tradition -- referring to it as "spirituality" -- and presents a unique look at this heretofore neglected interface. This book is written in response to the need observed by Dr. Steere, for caregivers who want to accommodate a spiritual dimension in their work. For this reason, psychotherapists, psychologists, psychiatrists, social workers, pastoral counselors, nurses -- all dealing with the responsibility of treating mental disorders and helping people change -- will find Spiritual Presence in Psychotherapy invaluable. The first part of the text discusses the interfaces of psychotherapy and spirituality. Dr. Steere analyzes the deconstruction of mainstream religion and the rise of psychotherapy against a backdrop of what he calls "spiritual homelessness". In the second part, seven models for spiritual presence in psychotherapy are described. These are: supernatural, expansive, empathic, developmental, sacred, crisis, and systemic. Then, in the final portion of the book, the focus moves to an integration of responsiveness to spiritual presence in effective and enduring caregiving. In addition to the professionals who will find Spiritual Presence in Psychotherapy an important resource and reference, the book will also serve as a key textbook for graduate-level students of professional issues and ethics, as well as psychotherapy and spirituality. Managing Stress, Seventh Edition, provides a comprehensive approach to stress management honoring the integration, balance, and harmony of mind, body, spirit, and emotions. The holistic approach taken by internationally acclaimed lecturer and author Brian Luke Seaward gently guides the reader to greater levels of mental, emotional, physical, and spiritual well-being by emphasizing the importance of mind-body-spirit unity. Referred to as the "authority on stress management" by students and professionals, this book gives students the tools needed to identify and manage stress while teaching them how to strive for health and balance.

The definitive overview of this transformative breathwork.

A Non-Dual Psychotherapy Approach

God and the Alcoholic Experience

Six Steps for Effective Pastoral Conversations

Studies in Counselling Training

After the Tears

An Uphill Struggle

Narrating Illness: Prospects and Constraints

Midwives and other healthcare providers are grappling with the issue of rising intervention rates in childbirth and trying to identify ways to reverse the trend. It is increasingly accepted that intervention in childbirth has long-term consequences for women and their children. Birth Territory provides practical, evidence-based ideas for restructuring the birth territory to facilitate normal birth. Links new research findings to birth environments and outcomes. Describes the elements of an ideal birthing environment. Suggests how to modify existing maternity services to achieve optimal results. Investigates the links between the experiences of women and babies, and outcomes. Explores the effects of legal and socio-political factors.

Managing Dual Diagnosis in the Family A Mother's Story An Uphill Struggle is an insightful and heart warming blend of memoir and research as a mother sifts through past attempting to understand the devastating connection between ADD and Chemical Addiction (Dual Diagnosis) as it played out in life and death of her two sons. It speaks from the heart of their struggles with the undiagnosed and untreatable disorder of ADD and their attempts to self medicate to normalize their turbulent minds. With great honesty and sensitivity, An Uphill Struggle reaches out to parents locked in a tangle of circumstances that seems at times, beyond their control and understanding.

This book offers accounts of scholarly interdisciplinary practices and perspectives that examine and discuss the positive potential of attending to the voices and stories of those who live and work with illness in real world settings.

Mindfulness lends itself particularly well to recovery, partly because it is a potent tool for self-management, but principally because it can be approached both as a secular or spiritual practice. The Twelve-Step approach of Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) is unquestionably spiritual, with its emphasis on a Higher Power, and has been hugely successful. Some consider spiritual transformation essential for lasting sobriety. Not everyone, however, wants to pursue this path. The mindfulness practices can then be used in their own right, in a more secular context, and still be beneficial. My stance will, however, be mainly transpersonal. As Christina Grof, author of The Thirst for Wholeness: Attachment, Addiction and the Spiritual Path, says: 'The success of Alcoholics Anonymous (AA) and the many Twelve-Step fellowships that have modelled themselves after its program attests to the power and importance of the spiritual dimension in the understanding and treatment of addiction.'

A Guide to Personal Growth through Transformational Crisis

Spiritual Presence In Psychotherapy

Psychology of the Future

Food and Cultural (In)Compatibilities

Creating Culturally Considerate Schools

The selected works of Keith Tudor

The Natural History of Alcoholism Revisited

Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. This accessible and comprehensive overview of the work of Stanislov Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a

radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. "It's rare to find a textbook that is both extremely informative and enjoyable to read. Psychology of the Future has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one." — Dr. Tami Brady, TCM Reviews

"This book is by a pioneering genius in consciousness research. It presents the full spectrum of Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his overall vision." -- Michael Washburn, author of Transpersonal Psychology in Psychoanalytic Perspective "Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about the nature of personhood." -- Michael E. Zimmerman, author of Contesting Earth's Future: Radical Ecology and Postmodernity

Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of non-ordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*; *Ancient Wisdom and Modern Science*; *Beyond the Brain: Bi*

Caring: Six Steps for Effective Pastoral Conversations is designed to help ministers and pastoral care givers solve one of their most significant problems. They are called upon to "fix" all manner of human problems, and this expectation often leaves them feeling overwhelmed, highly stressed, or woefully unprepared. Help is available! Author Denise Massey will teach readers how to coach people to access their own spiritual and personal resources, invoking both God's help and the person's own deep inner wisdom. The six steps of the CARING process can transform ministry conversations from floundering and uncertain to powerful and effective. These steps of facilitating powerful problem-solving conversation are ones that the minister and the person receiving care take together. The acronym CARING will help the minister remember both the steps and the ultimate purpose of the conversation. C: Connect to God, self, and others. A: Attend to the person's journey and assess the type of help that is needed. R: Reach agreement about the focus and goal for this conversation. I: Invite help from God, the person's higher self, and other people. N: Notice, release, and navigate around resistance or obstacles. G: Generate a loving, specific action plan to reach the goal.

The Thirst for Wholeness Attachment, Addiction, and the Spiritual Path Harper Collins

Highlighting aspects of birth often taken for granted, ignored or left silenced, this book questions the art and meaning of childbirth. Addressing spirituality in and around the start of life from a variety of thought-provoking perspectives, it examines the apparent paradox of impersonal biomedical-technocratic systems operating alongside the meaningful experiences encountered by those involved. Themes covered include: Notions of holism and spirituality, culture, religion and spirituality Childbirth significance at societal level Spiritual care in maternity care provision Birth environment, mood, space and place Spiritual experience of all those involved, including health professionals Spiritual experience when birth is complex and challenging When birth and death are juxtaposed. Although there is considerable literature on spirituality at the end of life, this is the only book that draws together a global and multidisciplinary selection of academic researchers and practitioners to reflect on spirituality at the start of life. Each chapter explores the relevant theoretical background and makes links to practice, using case studies from research and practice. The chapters conclude by discussing: how spiritual care is, and should be, provided in this context; what practice approaches are beneficial; cross-cultural perspectives; and future directions for research. It is an important read for all those interested in childbirth, maternity care, social science perspectives on health and illness, and spirituality.

History, Perspectives and Portraits

Ruptured Voices: Trauma and Recovery

Pathways to Wholeness

Lessons from Modern Consciousness Research

From ADHD to Chemical ADDiction A Mother's Story

Addiction and Spirituality

Educating Without Bias

A pioneer in the synthesis of science, holistic health, and contemporary spirituality, Dr. Patricia Muehsam introduces and explores a path to health and well-being that is extraordinary in its ease and profound in its results. This groundbreaking work explores what health and healing — physical, mental, emotional, and spiritual — really mean and offers a revolutionary new way to think about health. You 'll discover experiences of illness and healing that defy conventional thinking, explore the ancient wisdom and the modern science of consciousness, and learn practical tools for experiencing Absolute Health — which are also tools for navigating being human.

Adult children of alcoholics have learned how to "survive," but often have difficulty "living" their lives. The trauma and grief of childhood losses affect every aspect of the life of an adult child of an alcoholic (ACoA). Now the authors of the bestselling *After the Tears* offer further insight into the origin and cost of childhood pain for those who grew up in alcoholic families. In this revised and expanded edition, Jane Middleton-Moz and Lorie Dwinell combine their years of experience in working with ACoAs, tackling issues such as intimacy, sibling relationships, codependency, breaking the alcoholic pattern, building a relationship with the inner child, forgiveness, and opening a window to spirituality. In this hope-filled approach to spiritual and personal growth, the Twelve Steps of Alcoholics Anonymous are uniquely interpreted to speak to everyone seeking a freer and more God-centered life. This special rendering makes them

relevant to those suffering from a variety of addictions as well as the general addictions we wrestle with daily. Is love the place where psychological observation and spiritual wisdom about healing meet? If love is associated with healing of all sorts, how do I more consciously set about to grow in love, seeking healing for myself and for my neighbours, community and world? How do I encourage others in their journeys into love? Drawing on a broad Christian heritage, a deep respect for the insights of other religious and spiritual traditions and two decades of work in welfare and clinical settings, psychologist Sharon Southwell encourages spiritual seekers of all backgrounds to consider these questions for themselves. Structured in 52 Reflections, each followed by 'Invitations', *The Life of Love* invites you to grow in love by embracing life-giving connection to yourself, to others, your community, to art, nature and to your ultimate context, whether you experience this as God or as some other immanent or transcendent spiritual connection.

Witness to the Fire

A Physician's Revolutionary Prescription for Achieving Absolute Health and Finding Inner Peace

The Quest for Contemporary Rites of Passage

Creativity and the Veil of Addiction

Topography of Trauma: Fissures, Disruptions and Transfigurations

The Twelve Steps as Spiritual Practice

From the anthropological point of view, eating means to ingest qualities, but also defects. Digestion is a double process, encompassing both assimilation and distribution through transformation. This book is based on the contributions of specialists in various fields of activity, including anthropology, medicine, cultural studies, archaeology, theatre, linguistics, who explore how we understand the cultural heritage of food, and how this defines the stratification of society. Providing insights into the compatibility and incompatibility of physical and cultural food, this book offers a higher level of understanding of the world in which we live.

Conscience and Critic: The Selected Works of Keith Tudor brings together 35 years of Keith Tudor's finest contributions to the field of mental health. Covering a wide range of subjects that encompass psychotherapy, social policy and positive mental health or wellbeing, Keith reflects on practice and theory from his wealth of experience in various fields of practice, including probation, counselling, field, hospital and psychiatric social work, psychotherapy, supervision, and education and training. Over the span of his professional career, Keith's concerns and contributions have focused on the interface between psyche and society. This is reflected in his writings on the politics of disability, mental health reform, class-conscious therapeutic practice, the application and critique of theory, health and professional regulation and registration. *Conscience and Critic* will be of interest to psychotherapists and mental health practitioners, as well as students of psychotherapy.

Are you seeing your students clearly? This unique collaboration between a veteran educator and a psychotherapist asserts that the educators who are most effective in teaching diverse populations are those who can "see students clearly and respond to their needs without hesitation or bias." Framed around an original, eight-stage model of diversity development, this book provides readers with essential tools for building a sturdy foundation of mutual respect. Included are specific strategies for creating a school environment that: Gives voice and consideration to all students Shows interest, empathy, and respect for all staff members Advocates respect and reverence of individuality

Argues that the craving for a spiritual identity is often misdirected towards addictive substances, and explains how to find the sacred dimensions of everyday life

Helping Adult Children of Alcoholics Heal Their Childhood Trauma

Crossroads

Conscience and Critic

Addiction as an Attachment Disorder

Principles and Strategies for Health and Well-Being

Holotropic Breathwork

Art Therapy and Substance Abuse

'A rich and powerful pathway to a fully human spiritual life... Excellent... please read it.' JOHN BRADSHAW Carl Gustav Jung described the addict's craving as a 'thirst for wholeness.' Christina Grof, a pioneer in the transpersonal psychology movement, drawing on the lives of famous writers and her own bout with alcoholism, a psychoanalyst examines the similarity of experiences shared by addict and artist and offers advice on trading addiction for creativity and joy

Many people are undergoing a profound personal transformation associated with spiritual opening. Under favorable circumstances, this process results in emotional healing, a radical shift in values, and a profound awareness of the mystical dimension of existence. For some, these changes are gradual and relatively smooth, but for others they can be so rapid and dramatic that they interfere with effective everyday functioning, creating tremendous inner turmoil. Unfortunately, many traditional health-care professionals do not recognize the positive potential of these crises; they often see them as manifestations of mental disease and respond with stigmatizing labels, suppressive drugs, and even institutionalization. In *The Stormy Search for the Sacred*, Christina and Stanislav Grof, the world's foremost authorities on the subject of spiritual emergence, draw on years of dramatic personal and professional experience with transformative states to explore these "spiritual emergencies," altered states so powerful they threaten to overwhelm the individual's ordinary reality. This book will provide insights, assurances, and practical suggestions for those who are experiencing or have experienced such a crisis, for their families and friends, and for mental-health professionals. It is also a valuable guide for anyone involved in personal transformation whose experiences, though generally untraumatic, may still at times be bewildering or disorienting.

A guide to restoring the successful models used by ancient cultures the world over to raise adolescent boys • Explains the negative effects of Western youth culture and how it can be transformed • Offers instructions for integrating basic rites of passage into modern family life and youth programs For tens of thousands of years all across the globe, societies have been coping with

raising adolescents. Why is it then that native cultures never had the need for juvenile halls, residential treatment centers, medication, altering drugs, or boot camps? How did they avoid the high incidence of teen violence America is experiencing, and how did they prevent their youth from relying on drugs and alcohol, the use of which has become so prevalent in Western society? In *From Boys to Men*, Bret Stephenson shows readers that older cultures didn't magically avoid adolescence; instead they developed successful rituals and rites of passage for sculpting teen boys into healthy young men. From Aleutian Eskimos to Polynesian Islanders, from tribal Africans to Australian Aborigines, each culture found archetypal ways to initiate their boys into the adult community. Stephenson explains the basics of rites of passage and offers insight into how to reintroduce these successful practices and traditional understandings into modern family life and programs for youth. He discusses the damaging effects of youth culture and the negative teen products that are fueled by corporate America and reveals how we can counteract these negative forces by using meaningful rites of passage to create a society with happy and healthy adolescent boys.

What Determines Harm from Addictive Substances and Behaviours?

Birth Territory and Midwifery Guardianship

Recovery--the Sacred Art

Psychology and the Three Cultures

Enabling Recovery from Alcohol and Other Drug Addiction

Many Roads, One Journey

Attachment, Addiction, and the Spiritual Path

The Wiley Handbook of Art Therapy is a collection of original, internationally diverse essays, that provides unsurpassed breadth and depth of coverage of the subject. The most comprehensive art therapy book in the field, exploring a wide range of themes A unique collection of the current and innovative clinical, theoretical and research approaches in the field Cutting-edge in its content, the handbook includes the very latest trends in the subject, and in-depth accounts of the advances in the art therapy arena Edited by two highly renowned and respected academics in the field, with a stellar list of global contributors, including Judy Rubin, Vija Lusebrink, Selma Ciornai, Maria d' Ella and Jill Westwood Part of the Wiley Handbooks in Clinical Psychology series

Shows teens how to harness the intense emotions and drives of the late-teen years using wisdom from cultures around the world. • Includes exercises, personal and community rituals, and resources that show how to successfully navigate the Thundering Years without heading toward violence, drug abuse, and other self-destructive behaviors. • Includes inspiring quotations from many spiritual traditions as well as the words and real-life experiences of other young adults. • Presents an honest view of the passions and pain that occur during this major life transition. According to native traditions, the Thundering Years are the time in life to listen to intense feelings, dreams, desires, and goals--to be outrageous and even difficult. The Thundering Years are the teen years, the time when you are journeying into adulthood. They are exciting years, full of potential and creative energy, and they are painful years, full of turmoil and self-examination. Author Julie Tallard Johnson has collected wisdom from cultures around the world to help you survive your Thundering Years with your soul, creativity, and even sense of humor intact. She offers numerous techniques and traditions to help harness the powerful energy released during this time. She shows that when you connect with your thunder in a respectful way, you are given the confidence you need to accomplish all your dreams. Includes: Mindfulness and energizing meditations Vision quests Dream weaving Drum medicine Initiations and rites of passage Rituals for releasing anger and celebrating the seasons Making your own journals and medicine bags Finding your creative community

This volume grapples with the potentials and limitations of illness narratives as diverse cultural perceptions probe into those stories from literary, textual, empirical, ethnographic, historical, and personal bases.

The multifaceted nature of harmful substance use and gambling requires interdisciplinary analysis to assess the underlying causes. *What Determines Harm from Addictive Substances and Behaviours?* draws together evidence from twelve disciplines including anthropology, genetics, neurobiology, and public policy. Using a developmental approach, the book presents evidence on the factors that influence the development of harmful substance use and gambling. The determinants of harm operate at three levels: molecular, individual, and social. This book brings to light the complex interplay between them and presents the scientific, social, economic, political, and psychological influences of harmful substance use and gambling. These individual determinants are then synthesised into an integrative heuristic model to encourage new ways of thinking.

The findings from this analysis are used to elaborate key general implications for health and broader social policy, clinical practice, and future research. *What Determines Harm from Addictive Substances and Behaviours?* is based on research from ALICE RAP, a multidisciplinary European study of addictive substances and behaviours in contemporary society. This is an essential resource for public health professionals, stakeholders influencing policy for addictive substances and behaviours, students, and academics looking to better understand the factors influencing substance use and gambling and the implications this research has for addiction prevention policy.

Meaning and Care at the Start of Life

The Stormy Search for the Self

Archetypal Astrology and the Transpersonal Journey

Spirituality and Childbirth

Alcohol Recovery: The Mindful Way

Caring

A New Approach to Self-Exploration and Therapy

Thinkers and activists from many orientations and traditions are now coming together to explore ways to reconstitute rites of passage as a form of community healing for our public and personal ills. Crossroads is a comprehensive collection of over fifty cutting-edge writings on diverse aspects of the transition to adulthood. "In no uncertain terms, Crossroads opens our eyes to our responsibility to the adolescents who are now growing up without sacred rituals and hence without knowledge of spiritual roots in their culture. Many of the writers have first-hand experience and first-rate ideas of how to transform this cultural crisis. Crossroads also challenges us to integrate our own inner adolescent.

Piercing insight with realistic hope " -- Marlon Woodman *The Ravaged Bridegroom*

Art therapy is an effective treatment for individuals with addictions. Working with this unique and often difficult clinical population, however, requires special therapist awareness and knowledge. This handbook provides an in-depth foundation of knowledge for art therapists working with clients with addictions. Drawing on many years' experience working with this population, Libby Schmanke provides valuable insight into this client group and explains how to ensure therapeutic interventions remain personalized and effective, while also meeting program needs. With case vignettes throughout, the book covers everything from common treatment models and how art therapy can be incorporated within them, to the bio-psycho-social aspects of addiction and how to handle a lack of cooperation or resistance to therapy.

Religious and secular counselors from a variety of disciplines share their basic approaches in working with addicted persons and their understandings of the spiritual dimension in treatment and recovery.

From Boys to Men

The Wiley Handbook of Art Therapy

Beyond Addiction to Awakening:

Beyond Medicine

Spiritual Rites of Passage in an Indulgent Age