

## The Scalpel And Silver Bear First Navajo Woman Surgeon Combines Western Medicine Traditional Healing Lori Arviso Alvord

**One hundred and twenty-four selections survey the outstanding writings and discoveries in all aspects of medicine**

**Surgery is the most martial and masculine of medical specialties. The combat with death is carried out in the operating room, where the intrepid surgeon challenges the forces of destruction and disease. What, then, if the surgeon is a woman? Anthropologist Joan Cassell enters this closely guarded arena to explore the work and lives of women practicing their craft in what is largely a man's world. Cassell observed thirty-three surgeons in five North American cities over the course of three years. We follow these women through their grueling days: racing through corridors to make rounds, perform operations, hold office hours, and teach residents. We hear them, in their own words, discuss their training and their relations with patients, nurses, colleagues, husbands, and children. Do these women differ from their male colleagues? And if so, do such differences affect patient care? The answers Cassell uncovers are as complex and fascinating as the issues she considers. A unique portrait of the day-to-day reality of these remarkable women, *The Woman in the Surgeon's Body* is an insightful account of how being female influences the way the surgeon is perceived by colleagues, nurses, patients, and superiors--and by herself. The new second edition of this forward-thinking text goes beyond the discussion of health disparities to highlight the importance of health equity. As the title suggests, *Health Equity, Diversity and Inclusion: Contexts, Controversies, and Solutions* helps the reader understand key social justice issues relevant to health disparities and/or health equity, taking the reader from the classroom to the real world to implement new solutions. The new Second Edition features:**

- Two new chapters: one on the impact of urban education on urban health and another covering the elderly and health equity
- Updated and enhanced coverage on men's health, demographic data, the importance of cultural proficiency, maternal mortality and Black women, and much more.
- Current trends and movements, including the role of social media in the provision of health care information for improved health literacy; mass incarceration and criminal justice reform; and much more.

**American Indians: Stereotypes & Realities provides an informative and engaging Indian perspective on common misconceptions concerning American Indians which afflict public and even academic circles to this very day. Written in a highly accessible stereotype/reality format, it includes numerous illustrations and brief bibliographies on each topic PLUS these appendices:**

- \* Do's and Don'ts for those who teach American Indian history and culture
- \* Suggested Guidelines for Institutions with Scholars who Conduct Research on American Indians
- \* Course outline for American Indian history and culture survey with suggested projects
- \* Outline for course "American Indian Women in History" with extensive bibliography

**An American Indian perspective on discrimination issues WIDELY ENDORSED BY AMERICAN INDIAN SCHOLARS "Professor Mihesuah goes beyond simply providing responses to common stereotypes. She provides the reader with assistance in efforts to improve understanding of her peoples. Each of the chapters provides solid information to challenge myths and stereotypes. Excellent photographs are**

interspersed throughout the book.... The implications of this book for social work practice are extensive... A valuable contribution" **Journal of Multicultural Social Work** "A precious primer on Native Americans for anyone who can handle the truth about how the West was won." **Kam Williams, syndicated** "This book should be read by every educator and included in the collections of every school and university library." **Flagstaff Live** "Mihesuah's work should be required reading for elementary and upper level teachers, college instructors and parents. Let us hope it finds a wide readership in mainstream circles." **Joel Monture, MultiCultural Review** "Devon Mihesuah has provided precious insight into the racial identity and cultural struggles of American Indians as they strive to succeed in modern America. She has successfully challenged harmful stereotypes and racism in this significant book... If an accurate history is to be learned, then society must accept the truth of cultural pluralism and give equal and fair treatment to Native Americans and other minorities... As an American Indian and a university scholar of history, I applaud Devon Mihesuah for successfully confronting the literature of false portrayal and negative images of Indian people." **Dr. Donald L. Fixico, Western Michigan University, Kalamazoo**

**A Novel**

**The Silver Swan**

**Eye Killers**

**We Are All Perfectly Fine**

**Winter Flowers**

**My Notorious Life**

*The American health care system is a unique mix of public and private programs that critics argue has produced a two-tier system - one for the rich and the other for the poor - that delivers dramatically unequal care and leaves millions of Americans seriously underinsured or with no coverage at all. This book examines the root causes of the inequalities of the American health care system and discusses various policy alternatives. It systematically documents the demands on and the performance of our health care system for different population groups as defined on the basis of gender (women), age (children), race and ethnicity (African Americans, Hispanics, Native Americans), and residence in high poverty areas (rural and inner city locales). For each population, the book documents: historical and demographic profile, data on health status, aspects of inequality including access; quality of care; and endemic, cultural, and lifestyle issues affecting health; policies, laws, and programs relevant to health care; and, indicators of improvement or negative trends.*

*People throughout time and place, no matter their belief system, have sought to discover causes and cures for illness and disease. Among Westerners is a groundswell to augment biomedicine with holistic practices inherent in ethnomedicines of non-Western traditions. Yet missing are awareness and knowledge of the foundations and outgrowth of these alternative concepts. Erickson fills this gap by clearly explaining the basic organizing principles that underlie all medical systems, the full range of theories of disease causation, the geographical distribution of medical practices, and the historical trends that led to biomedical dominance. Her efficient, balanced approach highlights commonalities among the world's vast and diverse medical systems, making ethnomedicine easier to internalize and to apply in clinical settings.*

*The fascinating account of a pioneering ethnobotanist's travels in the Amazon—at once a gripping adventure story, a passionate argument for conservationism, and an investigation into the healing power of plants, by the author of *The Amazon: What Everyone Needs to Know For**

*thousands of years, healers have used plants to cure illness. Aspirin, the world's most widely used drug, is based on compounds originally extracted from the bark of a willow tree, and more than a quarter of medicines found on pharmacy shelves contain plant compounds. Now Western medicine, faced with health crises such as AIDS, Alzheimer's disease, and cancer, has begun to look to the healing plants used by indigenous peoples to develop powerful new medicines. Nowhere is the search more promising than in the Amazon, the world's largest tropical forest, home to a quarter of all botanical species on this planet—as well as hundreds of Indian tribes whose medicinal plants have never been studied by Western scientists. In *Tales of a Shaman's Apprentice*, ethnobotanist Mark J. Plotkin recounts his travels and studies with some of the most powerful Amazonian shamans, who taught him the plant lore their tribes have spent thousands of years gleaning from the rain forest. For more than a decade, Dr. Plotkin raced against time to harvest and record new plants before the rain forests' fragile ecosystems succumb to overdevelopment—and before the Indians abandon their own culture and learning for the seductive appeal of Western material culture. *Tales of a Shaman's Apprentice* relates nine of the author's quests, taking the reader along on a wild odyssey as he participates in healing rituals; discovers the secret of curare, the lethal arrow poison that kills in minutes; tries the hallucinogenic snuff *epena* that enables the Indians to speak with their spirit world; and earns the respect and fellowship of the mysterious shamans as he proves that he shares both their endurance and their reverence for the rain forest.*

*After five centuries of Eurocentrism, many people have little idea that Native American tribes still exist, or which traditions belong to what tribes. However over the past decade there has been a rising movement to accurately describe Native cultures and histories. In particular, people have begun to explore the experience of urban Indians—individuals who live in two worlds struggling to preserve traditional Native values within the context of an ever-changing modern society. In *Genocide of the Mind*, the experience and determination of these people is recorded in a revealing and compelling collection of essays that brings the Native American experience into the twenty-first century. Contributors include: Paula Gunn Allen, Simon Ortiz, Sherman Alexie, Leslie Marmon Silko, and Maurice Kenny, as well as emerging writers from different Indian nations.*

*Medicine and Miracles in the High Desert*

*New Native American Writing*

*Genocide of the Mind*

*Sanapia*

*A Basketball Season on the Navajo Nation*

*Principles of Cancer Biology*

**The inimitable Quirke returns in another spellbinding crime novel, in which a young woman's dubious suicide sets off a new string of hazards and deceptions Two years have passed since the events of the bestselling *Christine Falls*, and much has changed for Quirke, the irascible, formerly hard-drinking Dublin pathologist. His beloved Sarah is dead, his surrogate father lies in a convent hospital paralyzed by a devastating stroke, and Phoebe, Quirke's long-denied daughter, has grown increasingly withdrawn and isolated. With much to regret from his last inquisitive foray, Quirke ought to know better than to let his curiosity get the best of him. Yet when an almost forgotten acquaintance comes to him about his beautiful young wife's apparent suicide, Quirke's "old itch to cut into the quick of things,**

to delve into the dark of what was hidden" is roused again. As he begins to probe further into the shadowy circumstances of Deirdre Hunt's death, he discovers many things that might better have remained hidden, as well as grave danger to those he loves. Haunting, masterfully written, and utterly mesmerizing in its nuance, *The Silver Swan* fully lives up to the promise of *Christine Falls* and firmly establishes Benjamin Black (a.k.a. John Banville) among the greatest of crime writers.

It's October 1918 and the war is drawing to a close. Toussaint Caillet returns home to his wife, Jeanne, and the young daughter he hasn't seen growing up. He is not coming back from the front line but from the department for facial injuries at Val-de-Grâce military hospital, where he has spent the last two years. For Jeanne, who has struggled to endure his absence and the hardships of wartime, her husband's return marks the beginning of a new battle. With the promise of peace now in sight, the family must try to stitch together a new life from the tatters of what they had before.

"An important and riveting story of a 19th-century feminist and change agent. Starita successfully balances the many facts with vivid narrative passages that put the reader inside the very thoughts and emotions of La Flesche." —Chicago Tribune On March 14, 1889, Susan La Flesche Picotte received her medical degree—becoming the first Native American doctor in U.S. history. She earned her degree thirty-one years before women could vote and thirty-five years before Indians could become citizens in their own country. By age twenty-six, this fragile but indomitable Native woman became the doctor to her tribe. Overnight, she acquired 1,244 patients scattered across 1,350 square miles of rolling countryside with few roads. Her patients often were desperately poor and desperately sick—tuberculosis, small pox, measles, influenza—families scattered miles apart, whose last hope was a young woman who spoke their language and knew their customs. This is the story of an Indian woman who effectively became the chief of an entrenched patriarchal tribe, the story of a woman who crashed through thick walls of ethnic, racial and gender prejudice, then spent the rest of her life using a unique bicultural identity to improve the lot of her people—physically, emotionally, politically, and spiritually. Joe Starita's *A Warrior of the People* is the moving biography of Susan La Flesche Picotte's inspirational life and dedication to public health, and it will finally shine a light on her numerous accomplishments.

The first Navajo woman surgeon mixes Western medicine with traditional healing practices to create a uniquely modern synthesis that emphasizes harmony and a strong connection to the natural world. Reprint.

Health Equity, Diversity, and Inclusion: Context, Controversies, and Solutions

The Scalpel and the Silver Bear

A Story about Medical Promise, Friendship, and Revolution

Tales of a Shaman's Apprentice

American Indians

### **Culture, Health and Illness 4Ed**

Culture, Health and Illness is an introduction to the role of cultural and social factors in health and disease, showing how an understanding of these factors can improve medical care and health education. The book demonstrates how different cultural, social or ethnic groups explain the causes of ill health, the types of treatment they believe in, and to whom they would turn if they were ill. It discusses the relationship of these beliefs and practices to the instance of certain diseases, both physical and psychological. This new edition has been extended and modernised with new material added to every chapter. In addition, there is a new chapter on 'new research methods in medical anthropology', and the book is now illustrated where appropriate. Anyone intending to follow a career in medicine, allied health, nursing or counselling will benefit from reading this book at an early stage in their career.

A half-Navajo medical doctor discusses how she has combined the healing rituals of her Navajo heritage with modern, Western technology

The stories of ten women healers form the core of this provocative journey into cultural healing methods utilized by women. In a truly grass-roots project, the authors take the reader along to listen to the voices of Native American medicine women, Southwest Hispanic curanderas, and women physicians as they describe their healing paths. This book will fascinate anyone interested in the relationship between illness and healing—medical practitioners and historians, patients, anthropologists, feminists, psychologists, psychiatrists, theologians, sociologists, folklorists, and others who seek understanding about our relationship to the forces of both illness and healing.

From bestselling author of the remarkable memoir, *The Distance Between Us* comes an inspiring account of one woman's quest to find her place in America as a first-generation Latina university student and aspiring writer determined to build a new life for her family one fearless word at a time. "Here is a life story so unbelievable, it could only be true" (Sandra Cisneros, bestselling author of *The House on Mango Street*). As an immigrant in an unfamiliar country, with an indifferent mother and abusive father, Reyna had few resources at her disposal. Taking refuge in words, Reyna's love of reading and writing propels her to rise above until she achieves the impossible and is accepted to the University of California, Santa Cruz. Although her acceptance is a triumph, the actual experience of American college life is intimidating and unfamiliar for someone like Reyna, who is now estranged from her family and support system. Again, she finds solace in words, holding fast to her vision of becoming a writer, only to discover she knows nothing about what it takes to make a career out of a dream. Through it all, Reyna is determined to make the impossible possible, going from undocumented immigrant of little means to "a fierce, smart, shimmering light of a writer" (Cheryl Strayed, author of *Wild*); a National Book Critics Circle Award Finalist whose "power is growing with every book" (Luis Alberto Urrea, Pulitzer Prize finalist); and a proud mother of two beautiful children who will never have to know the pain of poverty and neglect. Told in Reyna's exquisite, heartfelt prose, *A Dream Called Home* demonstrates how, by daring to pursue her dreams, Reyna was able to build the one thing she had always longed for: a home that would endure.

*A Memoir of Love, Medicine and Healing*

*Complementary & Alternative Therapies for Nursing Practice*

*The Scalpel and the Soul*

The House on Beartown Road

The Family on Beartown Road

Comanche Medicine Woman

Life histories are an excellent means of crosscultural understanding. In detailing the life of a Comanche medicine woman who wanted her methods recorded, Jones demonstrated such an intense interest in her training and experiences as a shaman that Sanapia not only accepted him as a valued biographer but also adopted him as a son. Readers will enjoy this intimate portrait of the last surviving Comanche Eagle doctor, revealed in descriptive accounts of her ritual behavior, her attitude toward the profession, the paraphernalia she employed, and her function in Comanche society.

The author describes her struggle to hold her family together while raising her young daughter and caring for her Alzheimer's-afflicted father.

"Exquisitely written and richly detailed, *My Notorious Life* is a marvel. Kate Manning's rags-to-riches Dickensian saga brings to vivid life the world of nineteenth-century New York City, in all its pitiful squalor and glittering opulence. I loved this novel." —Christina Baker Kline, *New York Times* bestselling author of *Orphan Train*

A brilliant rendering of a scandalous historical figure, Kate Manning's *My Notorious Life* is an ambitious, thrilling novel introducing Axie Muldoon, a fiery heroine for the ages. Axie's story begins on the streets of 1860s New York. The impoverished child of Irish immigrants, she grows up to become one of the wealthiest and most controversial women of her day. In vivid prose, Axie recounts how she is forcibly separated from her mother and siblings, apprenticed to a doctor, and how she and her husband parlay the sale of a few bottles of "Lunar Tablets for Female Complaint" into a thriving midwifery business. Flouting convention and defying the law in the name of women's reproductive rights, Axie rises from grim tenement rooms to the splendor of a mansion on Fifth Avenue, amassing wealth while learning over and over never to trust a man who says "trust me." When her services attract outraged headlines, Axie finds herself on a collision course with a crusading official—Anthony Comstock, founder of the Society for the Suppression of Vice. It will take all of Axie's cunning and power to outwit him in the fight to preserve her freedom and everything she holds dear. Inspired by the true history of an infamous female physician who was once called "the Wickedest Woman in New York," *My Notorious Life* is a mystery, a family saga, a love story, and an exquisitely detailed portrait of nineteenth-century America. Axie Muldoon's inimitable voice brings the past alive, and her story haunts and enlightens the present.

"The author has written a well-documented book on the Navajo concept of personality. . . . Holy Wind gives life, movement, thought, speech, and behavior and links the Navajo soul to the immanent powers of the universe. . . . A valuable case study." *Journal of Psychology & Theology*

"An admirable volume . . . it illustrates how much we can learn about the importance of poetry as a fundamental activity by investigating the traditions of what should be acknowledged as the New World's unique classical past." *New Scholar*

"This book is a fascinating analysis of what obviously is a central dimension in the traditional Navajo awareness of life." *New Mexico Historical Review*

How Susan La Flesche Overcame Racial and Gender Inequality to Become

America's First Indian Doctor

Sophie's World

Anthrax in Humans and Animals

A Warrior of the People

A Memoir

A Novel About the History of Philosophy

***"When Damon Tweedy first enters the halls of Duke University Medical School on a full scholarship, he envisions a bright future where his segregated, working class background will become largely irrelevant. Instead, he finds that he has joined a new world where race is front and center. When one of his first professors mistakes him for a maintenance worker, it is a moment that crystallizes the challenges he will face throughout his early career. Making matters worse, in lecture after lecture the common refrain for numerous diseases resounds: "more common in blacks than whites." [This book] examines the complex ways in which both black doctors and patients must navigate the difficult and often contradictory terrain of race and medicine"--***

***• Details the author's time living with the Navajo people as a teacher, shepherd, and doctor and her profound experiences with the people, animals, and spirits • Shows how she learned the Navajo language to bridge the cultural divide • Reveals the miracles she witnessed, including her own miracle when the elders prayed for healing of a tumor on her neck • Shares her fearsome encounters with a mountain lion and a shape-shifting "skin walker" and how she fulfilled a prophecy by returning as a doctor In 1971, Erica Elliott arrived on the Navajo Reservation as a newly minted schoolteacher, knowing nothing about her students or their culture. After a discouraging first week, she almost leaves in despair, unable to communicate with the children or understand cultural cues. But once she starts learning the language, the people begin to trust her, welcoming her into their homes and their hearts. As she is drawn into the mystical world of Navajo life, she has a series of profound experiences with the people, animals, and spirits of Canyon de Chelly that change her life forever. In this compelling memoir, the author details her time living with the Navajo, the Diné people, and her experiences with their enchanting land, healing ceremonies, and rich traditions. She shares how her love for her students transformed her life as well as the lives of the children. She reveals the miracles she witnessed during this time, including her own miracle when the elders prayed for healing of a tumor on her neck. She survives fearsome encounters with a mountain lion and a shape-shifting "skin walker." She learns how to herd sheep, make fry bread, and weave traditional rugs, experiencing for herself the life of a traditional Navajo woman. Fulfilling a Navajo grandmother's prophecy, the author returns years later to serve the***

**Navajo people as a medical doctor in an underfunded clinic, delivering numerous babies and treating sick people day and night. She also reveals how, when a medicine man offers to thank her with a ceremony, more miracles unfold. Sharing her life-changing deep dive into Navajo culture, Erica Elliott's inspiring story reveals the transformation possible from immersion in a spiritually rich culture as well as the power of reaching out to others with joy, respect, and an open heart.**

**Principles of Cancer Biology, is an engaging book focused on providing students with a big picture view of cancer. Author Lewis Kleinsmith has written an instructional text focusing on key concepts for both students and a general audience. For those instructors who wish to delve into particular aspects of cancer biology in greater depth, each chapter contains a list of suggested readings that expand the detail as needed. The text also emphasizes the scientific evidence that underlies cancer biology, and teaches students to think critically about this evidence- as there are constantly new breakthroughs and reports in this field. For students who need the review, there are brief reviews of several topics related to DNA replication and repair, cell division, cell signaling, and inheritance patterns in chapters where these subjects are relevant. By including these reviews, the text is both accessible and engaging to a broad audience of readers who are studying cancer biology for the first time, as well as an interested general audience.**

**One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.**

**A Doctor's Reflections on Race and Medicine**

**Human Relations for Career and Personal Success**

**Holy Wind in Navajo Philosophy**

**An Ethnobotanist Searches for New Medicines in the Rain Forest  
Encounters with Surgery, the Supernatural, and the Healing Power  
of Hope**

**NEW YORK TIMES BESTSELLER • "It's Lovecraft meets the Brontës in Latin America, and after a slow-burn start Mexican Gothic gets seriously weird."—The Guardian IN DEVELOPMENT AS A HULU ORIGINAL LIMITED SERIES PRODUCED BY KELLY RIPA AND MARK CONSUELOS • WINNER OF THE LOCUS AWARD • NOMINATED FOR THE BRAM STOKER AWARD ONE OF THE BEST BOOKS OF THE YEAR: The New Yorker, Vanity Fair, NPR, The Washington Post,**



**Tordotcom, Marie Claire, Vox, Mashable, Men's Health, Library Journal, Book Riot, LibraryReads** An isolated mansion. A chillingly charismatic aristocrat. And a brave socialite drawn to expose their treacherous secrets. . . . From the author of *Gods of Jade and Shadow* comes "a terrifying twist on classic gothic horror" (Kirkus Reviews) set in glamorous 1950s Mexico. After receiving a frantic letter from her newly-wed cousin begging for someone to save her from a mysterious doom, Noemí Taboada heads to High Place, a distant house in the Mexican countryside. She's not sure what she will find—her cousin's husband, a handsome Englishman, is a stranger, and Noemí knows little about the region. Noemí is also an unlikely rescuer: She's a glamorous debutante, and her chic gowns and perfect red lipstick are more suited for cocktail parties than amateur sleuthing. But she's also tough and smart, with an indomitable will, and she is not afraid: Not of her cousin's new husband, who is both menacing and alluring; not of his father, the ancient patriarch who seems to be fascinated by Noemí; and not even of the house itself, which begins to invade Noemí's dreams with visions of blood and doom. Her only ally in this inhospitable abode is the family's youngest son. Shy and gentle, he seems to want to help Noemí, but might also be hiding dark knowledge of his family's past. For there are many secrets behind the walls of High Place. The family's once colossal wealth and faded mining empire kept them from prying eyes, but as Noemí digs deeper she unearths stories of violence and madness. And Noemí, mesmerized by the terrifying yet seductive world of High Place, may soon find it impossible to ever leave this enigmatic house behind. "It's as if a supernatural power compels us to turn the pages of the gripping Mexican Gothic."—The Washington Post "Mexican Gothic is the perfect summer horror read, and marks Moreno-Garcia with her hypnotic and engaging prose as one of the genre's most exciting talents."—Nerdist "A period thriller as rich in suspense as it is in lush '50s atmosphere."—Entertainment Weekly

Five original tales set in a shared urban future—from some of the hottest young writers in modern SF A strange man comes to an even stranger encampment...a bouncer becomes the linchpin of an unexpected urban movement...a courier on the run has to decide who to trust in a dangerous city...a slacker in a "zero-footprint" town gets a most unusual new job...and a weapons investigator uses his skills to discover a metropolis hidden right in front of his eyes. Welcome to the future of cities. Welcome to Metatropolis. More than an anthology, Metatropolis is the brainchild of five of science fiction's hottest writers—Elizabeth Bear, Tobias Buckell, Jay Lake, Karl Schroeder, and project editor John Scalzi—who combined their talents to build a new

**urban future, and then wrote their own stories in this collectively-constructed world. The results are individual glimpses of a shared vision, and a reading experience unlike any you've had before. Old Man's War Series #1 Old Man's War #2 The Ghost Brigades #3 The Last Colony #4 Zoe's Tale #5 The Human Division #6 The End of All Things Short fiction: "After the Coup" Other Tor Books The Android's Dream Agent to the Stars Your Hate Mail Will Be Graded Fuzzy Nation Redshirts Lock In The Collapsing Empire (forthcoming) At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.**

**Despite the many Public Health successes over the last century, health disparity continues to exist in in American society. This introductory text addresses this topic head on, exploring steps that must be taken to prepare for the rapidly changing demographics in American society, including immigration reform (emerging majorities), and evidenced based information substantiating the fact that diversity matters in terms of the provision of health care.**

**This fourth edition of the anthrax guidelines encompasses a systematic review of the extensive new scientific literature and relevant publications up to end 2007 including all the new information that emerged in the 3-4 years after the anthrax letter events. This updated edition provides information on the disease and its importance, its etiology and ecology, and offers guidance on the detection, diagnostic, epidemiology, disinfection and decontamination, treatment and prophylaxis procedures, as well as control and surveillance processes for anthrax in humans and animals. With two rounds of a rigorous peer-review process, it is a relevant source of information for the management of anthrax in humans and animals.**

**Separate and Unequal**

**Mexican Gothic**

**A Memoir of Love and Courage**

**A Memoir of Learning and Forgetting**

**Black Man in a White Coat**

**Biomedical Ethics**

A clearly written book that provides an excellent introduction to alternative therapies. Systematized health care practices, botanical healing, manual healing methods, mind-body techniques, spiritual therapies, and more. For nurses and practitioners in allied health fields who seek to expand their practice to offer wider choices to consumers of health care.

Lurking in the caves of eastern New Mexico, Falke, a thousand-year-old vampire, chooses his next bride: Melissa Roanhorse, an Albuquerque teenager. To regain his granddaughter's life, Michael Roanhorse, an old Navajo sheepherder wise to the power of myth, must outwit the vampire and his loyal coven. So begins A.A. Carr's Eye Killers, a novel that combines the Eastern European legend of the vampire with the Navajo tale of the monster slayer. The songs of

Michael Roanhorse's childhood include potent chants passed down through his grandmother, who sang to him of Changing Woman and her Warrior Twins, Monster Slayer and Child of the Water. But Michael's spiritual strength and his memory have waned with the years. Who is left to help reunite him with his family and his family with their heritage? Michael enlists Diana Logan, Melissa's young English teacher, to wrestle Melissa from the vampire. But to conquer Falke they must also overpower his coven: Elizabeth, captured by Falke in the 1850s during her family's journey along the Santa Fe Trail, and Hanna, once a prostitute in Old Albuquerque, who aspires to supplant Falke's vampire reign. Michael must invoke ancient traditions to bring Melissa home. The elders undertake to teach Diana, but her Irish-American heritage has not prepared her for a fight against shape-shifting vampires who have lived-and murdered-for centuries. In *Eye Killers*, Carr delivers an imaginative clash of cultures-both a suspenseful thriller and a valid rendering of Navajo and Pueblo tribal life in contemporary New Mexico. His inventiveness, expressed through melodic prose and layers of fine storytelling, weaves new legends of the American Southwest.

When we need help, we count on doctors to put us back together. But what happens when doctors fall apart? Funny, fresh, and deeply affecting, *We Are All Perfectly Fine* is the story of a married mother of three on the brink of personal and professional collapse who attends rehab with a twist: a meditation retreat for burned-out doctors. Jillian Horton, a general internist, has no idea what to expect during her five-day retreat at Chapin Mill, a Zen centre in upstate New York. She just knows she desperately needs a break. At first she is deeply uncomfortable with the spartan accommodations, silent meals and scheduled bonding sessions. But as the group struggles through awkward first encounters and guided meditations, something remarkable happens: world-class surgeons, psychiatrists, pediatricians and general practitioners open up and share stories about their secret guilt and grief, as well as their deep-seated fear of falling short of the expectations that define them. Jillian realizes that her struggle with burnout is not so much personal as it is the result of a larger system failure, and that compartmentalizing your most difficult emotions—a coping strategy that is drilled into doctors—is not useful unless you face these emotions too. Jillian Horton throws open a window onto the flawed system that shapes medical professionals, revealing the rarely acknowledged stresses that lead doctors to depression and suicide, and emphasizing the crucial role of compassion not only in treating others, but also in taking care of ourselves.

A NEW YORK TIMES NOTABLE BOOK • “[A] touching memoir . . . What makes the book so sympathetic is Cohen’s lack of self-pity and the straightforward tone. . . . [A] superb chronicle.”—People  
*The Family on Beartown Road* is Elizabeth Cohen’s true and moving portrait of love and courage. Elizabeth, a member of the “sandwich generation”—those caught in the middle, simultaneously caring for their children and for their aging parents—is the mother of baby Ava and the daughter of Daddy, and responsible for both. In this story full of everyday triumphs, first steps, and an elder’s confusion, Ava finds each new picture, each new word, each new song, something to learn greedily, joyfully. Daddy is a man in his twilight years, for whom time moves slowly and lessons are not learned but quietly, frustratingly forgotten. Elizabeth, a suddenly single mother with a career and a mortgage and a hamperful of laundry, finds her world spiraling out of control. Faced with mounting disasters, she chooses to confront life head-on, and to see the unique beauty in each and every moment. Imbued with an unquenchable spirit, *The Family on Beartown Road* takes us on a journey through the remarkable landscape that is family. Originally published as *The House on Beartown Road*  
*Health Care in America: Separate and Unequal*

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Health Disparities, Diversity, and Inclusion

A Life in Medicine

Stereotypes & Realities

Lissa

Ethnomedicine

The Scalpel and the Silver Bear Bantam

The moving story of a Navajo high school basketball team, its members struggling with the everyday challenges of high school, adolescence, and family, and the great and unique obstacles facing Native Americans living on reservations. Deep in the heart of northern Arizona, in a small and isolated patch of the vast 17.5-million-acre Navajo reservation, sits Chinle High School. Here, basketball is passion, passed from grandparent to parent to child. Rez Ball is a sport for winters where dark and cold descend fast and there is little else to do but roam mesa tops, work, and wonder what the future holds. The town has 4,500 residents and the high school arena seats 7,000. Fans drive thirty, fifty, even eighty miles to see the fast-paced and highly competitive matchups that are more than just games to players and fans. Celebrated Times journalist Michael Powell brings us a narrative of triumph and hardship, a moving story about a basketball team on a Navajo reservation that shows how important sports can be to youths in struggling communities, and the transcendent magic and painful realities that confront Native Americans living on reservations. This book details his season-long immersion in the team, town, and culture, in which there were exhilarating wins, crushing losses, and conversations on long bus rides across the desert about dreams of leaving home and the fear of the same.

As Anna and Layla reckon with illness, risk, and loss in different ways, they learn the power of friendship and the importance of hope.

A Harvard-educated neurosurgeon reveals his experiences—in and out of the operating room—with apparitions, angels, exorcism, after-death survival, and the miracle of hope. For the millions who have enjoyed Proof of Heaven, Heaven is Real, To Heaven and Back, and Getting to Heaven—an inspiring tale from where the veil between life and death is often at its thinnest.

The Scalpel and the Soul explores how premonition, superstition, hope, and faith not only become factors in how patients feel but can change outcomes. It validates the spiritual manifestations physicians see every day and empowers patients to voice their spiritual needs when they seek medical help. Finally, it addresses the mysterious, attractive powers the soul exerts during life-threatening events.

Metatropolis

The Hypothetical Girl

A Literary Anthology

Context, Controversies, and Solutions

The Woman in the Surgeon's Body

Canyon Dreams

**“Excellent” poetry and prose about physicians and their patients, by Raymond Carver, Kay Redfield Jamison, Rachel Naomi Remen, and more (Library Journal). A Life in Medicine collects stories, poems, and essays by and for those in the healing profession, who are struggling to keep up with the science while staying true to the humanitarian goals at the heart of their work. Organized around the central themes of**

altruism, knowledge, skill, and duty, the book includes contributions from well-known authors, doctors, nurses, practitioners, and patients. Provocative and moving pieces address what it means to care for a life in a century of unprecedented scientific advances, examining issues of hope and healing from both ends of the stethoscope. "An anthology of lasting appeal to those interested in medicine, well-written literature, and a sympathetic understanding of human life." -Booklist

Love meets technology with a dash of quirk in this collection of highly original short stories An aspiring actress meets an Icelandic Yak farmer on a matchmaking Web site. An online forum for cancer support turns into a love triangle for an English professor, a Canadian fisherman, and an elementary school teacher living in Japan. A deer and a polar bear flirt via Skype. In The Hypothetical Girl a menagerie of characters graze and jockey, play and hook up in the online dating world with mixed and sometimes dark results. Flirting and communicating in chat rooms, through texts, e-mails, and IMs, they grope their way through a virtual maze of potential mates, falling in and out of what they think and hope may be true love. With levity and high style, Cohen takes her readers into a world where screen and keyboard meet the heart, with consequences that range from wonderful to weird. The Hypothetical Girl captures all the mystery, misery, and magic of the eternal search for human connection.

A brief philosophical introduction to the most important ethical questions and arguments in six areas of biomedicine. The topics cover both perennial ethical issues in medicine and recent and emerging ethical issues in scientific innovation and capture the historical, contemporary and future-oriented flavour of these areas.

A Dream Called Home

Medicine Women, Curanderas, and Women Doctors

My Life among the Navajo People

Original Science Fiction Stories in a Shared Future

Source Book of Medical History