

## The Pursuit Of The Soul

A profound and in-depth dialog of Spirit-guided insights describing the nature of the soul essence and presenting imaginative, practical tools to transform human dramas. Addressing commonly asked questions, *Opening a Window to the Soul* presents a unique way to understand how the world operates, heal painful emotions, get along with difficult people, and clear unhealthy patterns. With potent examples from the author's personal journey as well

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as client sessions, the messages are compassionate, enlightening and universally applicable. Topics include: the nature of the soul essence; what's between lives; soul memories, emotions, ego, and creative thought as aspects of the Earth Suit; how past life experiences impact present time; the soul family as relating to childhood and karmic agreements; love relationships and soul mates; working with the Spirit team (soul family guides) and soul purpose.

In THE SEAT OF THE SOUL, Gary Zukav

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brilliantly set forth his concepts, explaining how the expansion of human perception beyond the five senses leads to a new understanding of 'authentic power'. Then, in SOUL STORIES, he revealed how such concepts as intuition, harmony, sharing and forgiveness actually express themselves in other people's lives. And now, in THE HEART OF THE SOUL, Zukav, together with his coauthor and spiritual partner, Linda Francis, takes the next important step in showing us how to actually apply these crucial concepts in

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our daily lives. Zukav reveals how true emotional awareness can transform the human experience. Although it is challenging and difficult, because it means becoming aware of suppressed pain, it is also enormously rewarding. But first the determination to explore every aspect of consciousness, and to cultivate those that contribute the most to life, must replace the desire to bury painful emotions. Ultimately emotional awareness can free us from the compulsions, fixations, obsessions and addictions that

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block our spiritual development - among them anger, workaholism, perfectionism, obsessive eating, alcohol, drugs, sex - and allow us to live a fulfilling and meaningful life. THE HEART OF THE SOUL will be a revelation for readers - a soul tool with which we can forge a greater emotional awareness to enable us to use our emotions in the creation of authentic power. It is a book to read not once, but several times, for it is a life-changing work that can transform our lives for the better.

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One of the most striking features of contemporary psychology is the return of language of the 'soul' in contemporary discourse. In this original analysis Dr Peter Tyler investigates the origins and use of 'soul-language' in the Christian tradition before turning his attention to the evolution and preoccupations of modern psychoanalysis. In his forensic examination he explores the dynamics of psychoanalysis as a 'tool to rediscover the soul' of the 21st century seeker. Central to his book is the perceived clash

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between analysis and the spiritual tradition. His uncompromising conclusion is that the dialogue of the two in our present time will have far-reaching repercussions for church, society and future human well-being. Read more about his work on

<http://insoulpursuit.blogspot.co.uk>

The Pursuit of God is the enduring Christian classic written by renowned pastor and theologian A.W. Tozer. More than 65 years later, the words Tozer penned on a train from Illinois to Texas

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echo across the decades to resonate with power in the heart of anyone longing for a deeper experience with God. This devotional masterpiece is at once thought-provoking and spirit-enlivening, an invitation to think deeply about your faith even as you come alive to God's presence surrounding, sustaining and--yes--pursuing you. "This book is a modest attempt," Tozer wrote, "to aid God's children so to find Him." If you are hungry, The Pursuit of God will lead you to the only One who can satisfy the soul.

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A Guide to Living Beyond the Human Drama

Theurgy and the Soul

Secrets of the Happy Soul

Soul Satisfaction

When God's Primary Pursuit Becomes Your

Life's Driving Passion

Emotional Awareness

A Social And Cultural History Of

Psychoanalysis

**"How did Yancey manage to survive spiritually despite early encounters with a racist, legalistic church that he now views as almost cultic? In this, his most soul-searching book yet, he probes that very question. He tells the story of**

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**his own struggle to reclaim belief, interwoven with inspiring portraits of notable people from all walks of life, whom he calls his spiritual directors. Soul Survivor is his tribute to thirteen remarkable individuals, mentors who transformed his life and work"--Publisher website (November 2006).**

**In her mid-thirties, fashion editor Karen has it all: a handsome boyfriend, a fab flat in west London, and an array of gorgeous shoes. But when her boyfriend, Eric, leaves she makes an unexpected decision: to hang up her Manolos and wave good-bye to her glamorous city lifestyle to go it alone in a run-down house in rural Poitou-Charentes, central western France. Tout Sweet is the**

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**perfect read for anyone who dreams of chucking away their BlackBerry in favor of real blackberrying and downshifting to a romantic, alluring locale where new friendships—and new loves—are just some of the treasures to be found amongst life's simple pleasures.**

**Peter Brown explores a revolutionary shift in thinking about the fate of the soul between 250 and 650 CE, showing how personal wealth in the pursuit of redemption led Church doctrine concerning the afterlife to evolve from speculation to firm reality. This new relationship to money set the stage for the Church's domination of medieval society.**

**Author Nicky Cruz shares powerful, personal stories of**

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**faithful obedience, even in the midst of difficult circumstances.**

**Tout Soul**

**Secrets Of The Soul**

**Soul Obsession: Let God Set Your Heart on Fire**

**Evolving a Soul**

**Soul Obsession**

**An Inspirational Colouring Book for Everyone**

**Hanging Up My High Heels for a New Life in France**

**In recent years, many Christian clergy, laity and mental health professionals have rediscovered the ancient practices of spiritual direction. Seen as a refreshing alternative to the techniques and limitations of modern**

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**psychology, such practices offer new insights for pastoral care. But many remain unclear on what spiritual direction is and whether its methods are applicable to their own clients and parishioners. Spiritual direction is a practice of Christian soul care that is found most notably in the Catholic, Orthodox and Episcopal traditions but is also present in Wesleyan/Holiness, Pentecostal/charismatic, social justice and Reformed communities. Predating modern counseling and psychotherapy movements but sharing key principles and insights for spiritual formation, spiritual direction offers significant resources for today's pastors, counselors, therapists, chaplains and other caregivers attuned to the work of God in people's lives. In this**

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**landmark volume, editors Gary W. Moon and David G. Benner, along with a team of expert contributors, provide a comprehensive survey of spiritual direction in its myriad Christian forms. Specific chapters offer careful historical perspective and contemporary analysis of how Christians from various backgrounds have practiced spiritual direction, with particular attention to each tradition s definition of spiritual direction, the process of authentic transformation, the role of the spiritual director, indicators of mature spirituality and other aspects of the spiritual direction process. Chapters also provide psychological and clinical insight into how spiritual direction is similar to, different from and can be integrated with psychotherapy and pastoral counseling**

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**to help others experience spiritual transformation and union with God.**

**This is a self- help wellness book. This book is written based on a true story by Avery SaEnya Alexander, the author describes her journey from Cancer to wellness. The illness allowed her to become more self-aware.**

**Avery embarked on a wonderful transitional journey from being sick -(unconscious) to well- (conscious). It is this self-awareness that gave Avery access to a divine and perfect wellness destiny. This destiny was caused and directed by actually having a life threatening disease.**

**This is truly a breakdown to breakthrough story; whereby the author by observations of her life changed and shifted her illness perceptions to full throttle, happy life.**

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**Avery has conversations with herself with thought provoking 'Note to Self' antidotes throughout the book. Avery's discoveries are truly delightful. This book is a true inspiration for anyone desiring a paradigm shift in consciousness from sickness to embracing true health and healing.**

**"Dr. Amit Goswami is one of the most brilliant minds in the world of science. His insights into the relationship between physics and consciousness have deeply influenced by understanding, and I am deeply grateful to him. Physics of the Soul is both challenging and brilliant." —Deepak Chopra Quantum Physics and Spirituality Made Simple At last, science and the soul shake hands. Writing in a style that is both lucid and**

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**charming, mischievous and profound, Dr. Amit Goswami uses the language and concepts of quantum physics to explore and scientifically prove metaphysical theories of reincarnation and immortality. In Physics of the Soul, Goswami helps readers understand the perplexities of the quantum physics model of reality and the perennial beliefs of spiritual and religious traditions. He shows how they are not only compatible but also provide essential support for each other. The result is a deeply broadened, exciting, and enriched worldview that integrates mind and spirit into science.**

**Iamblichus was once considered one of the great philosophers. The Emperor Julian followed Iamblichus's teachings to guide the restoration of traditional pagan**

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**cults in his campaign against Christianity. Although Julian was unsuccessful, Iamblichus's ideas persisted well into the Middle Ages and beyond. His vision of a hierarchical cosmos united by divine ritual became the dominant worldview for the entire medieval world. Even Ralph Waldo Emerson wrote that he expected a reading of Iamblichus to cause a "revival in the churches." But modern scholars have dismissed him, seeing theurgy as ritual magic or "manipulation of the gods." Shaw, however, shows that theurgy was a subtle and intellectually sophisticated attempt to apply Platonic and Pythagorean teachings to the full expression of human existence in the material world.**

**The Battle for Our Better Angels**

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**Phaedrus**

**Book One: Sojourn of Souls**

**Pursuit of the Soul**

**Every Body Matters**

**The Truly Happy Sage**

**Experience the Deep Delight You Were Made For**

"Phaedrus" by Plato (translated by Benjamin Jowett).  
Published by Good Press. Good Press publishes a wide range of titles that encompasses every genre. From well-known classics & literary fiction and non-fiction to forgotten—or yet undiscovered gems—of world literature, we issue the books that need to be read. Each Good Press edition has been meticulously edited and formatted to boost readability for all e-readers

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and devices. Our goal is to produce eBooks that are user-friendly and accessible to everyone in a high-quality digital format.

New from the author of the best-selling Christian classic, *Run Baby Run*. The God we love is passionate about finding lost souls, with freeing human hearts enslaved to sin. To truly know God, this must become our life's driving desire as well... our Soul Obsession. And when we fall obediently in step with God, we'll see Him perform miracles through us to rescue people and give them new life. In his powerful new book, internationally known author Nicky Cruz shares powerful personal stories of faithful obedience, even in the midst of difficult circumstances—including the

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amazing story of his mother's deathbed conversion and healing. You, too, can move past doubts, understand both the natural and supernatural worlds, and develop a faith that can move any mountain, no matter how high or wide or difficult. "Do we truly understand the power we have at our fingertips? Do we grasp the significance of the message that we bring to a lost world? Do we comprehend how easily evil can be beaten and revoked by simply opening ourselves up to the moving of the Holy Spirit among us? Do we know what God is capable of doing among us? "If you want to change the world, begin by letting God change you. By letting the passion of Jesus become your passion. By letting the Holy Spirit be

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your only guide and mentor, every step, every minute of the day. By allowing God to set your heart on fire with a Soul Obsession!" -Nicky Cruz

This book is a practical and common sense approach to helping you overcome self defeating behavior. It explores some of the ways that you may have contracted the limiting, deep seated beliefs that are keeping you stuck in negative patterns. It is presented in a humorous and somewhat sagacious way, which gets "in your face" and makes you think. This work touches on many of the world religions, just enough to help you understand how they, along with parental and peer pressures have led you to think and act the way you do. It also looks at the possibility of

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soul choices and karma and even alien influences as a reason for you actions. Above all it gives you tools you can use to rethink your deepest beliefs thereby recreate your reality, regardless of where it came from.

Sitting in the middle of my bed was a pale, hairless creature... The abnormally long fingers of its hands tapered to fine points at the ends. Instead of legs, its lower body formed into a snake-like tail that trailed off the end of the bed. It had small, black, beady eyes and a large black mouth with black teeth. It wasn't until it started laughing at me that I truly started to panic. Carl Miller saw a demon. His life had been one big party. The drugs were a lark, a high that he never

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wanted to live without. But that night, the night he almost OD'd, he saw the true reflection of his inner demon. This is a unique story about a boy's journey into the horrific life of addiction. Chances are you probably know someone just like him. Someone lost in addiction. Someone who, no matter what the consequences, can't find his or her way out of the grip of their chosen substance. Drugs aren't simply something they don't want to live without—they can't live without them. Author Carl Miller was that person for over twenty years, and this is the story of how he spiraled down into addiction and what delivered him from his demons. This is a story of, 'What if?' What if there is more to addiction than just some baffling

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disease that afflicts some people. What if there is a spiritual battle taking place all around us, all the time? What if there are forces inRelentless Pursuit of a Soul?

Ibn Miskawayh, the Soul, and the Pursuit of Happiness  
Alchemy of Soul

Living from True Fulfillment in Christ

The Pursuit of God

Thinking With Your Soul

Remember Who You Truly Are

A Path for Evolving Souls Living Through Personal and Planetary Upheaval

**A Quickening Flame for a Lukewarm Heart**

**If they are honest, many believers today**

would describe their Christian experience as "shallow," "hollow," or as religious actions that feel like "nervous activity." Meanwhile, their heart yearns for something more — an authentic connection with a living, passionate God. In *The Pursuit of God*, A. W. Tozer calls the reader out of the spiritual apathy or religious intellectualism hindering them, and leads them out into a wild adventure with the God who calls Himself a consuming fire. A. W. Tozer (1897-1963) was an American pastor, author, and spiritual mentor. His writing is at once

**profound and accessible, both thrilling and pastoral. His own passion flashes like a flame from the pages of this book, kindling a blaze in the heart of all who read it. In this classic work, readers will find... Their hearts quickened with a renewed desire for God Himself Courage to forsake anything that hinders their whole-hearted pursuit of God A deeper affection for Him as the Object of their pursuit A keener awareness of His voice, as He speaks through their journey A captivating invitation into a lifestyle of unceasing worship All those whose hearts**

**cry out, "My soul thirsts for God, for the living God" (Psalm 42:2) will find in this classic work a clear path to the real, intimate relationship with the Father that their soul is craving. "To have found God and still to pursue Him is the soul's paradox of love, scorned indeed by the too-easily-satisfied religionist, but justified in happy experience by the children of the burning heart."**

**In this strikingly original book, published to mark the fifth centenary of Teresa of Avila's birth, Dr Peter Tyler takes the writings of**

**the sixteenth-century Spanish reformer and brings them into dialogue with some of the foremost thinkers who have shaped our contemporary notion of self. Starting with Freud and Kant, Tyler shows how the post-modern deconstruction of the self has allowed new possibilities for the spiritual to emerge once again as a vital force in our self-understanding. Key psychological and philosophical notions such as the unconscious, ego and desire are presented in ways that open up the door to the soul. Inspired by Teresa of Avila, Tyler offers**

**possibilities of spiritual freedom to the troubled, contemporary self.**

**The Pursuit of God; The Human Thirst for the Divine by A.W. Tozer is the beloved, timeless, classic, work on man's desire to continually draw closer to God Whether you are thirsting for more of God or do not yet know of the "mighty longing after God" that so consumed A.W. Tozer's life and ministry, The Pursuit of God will draw you into a deep, abiding relationship with the One who nourishes the soul. This is the spiritual masterpiece that exposes the roadblocks**

**that keep us from fully knowing God. It also reveals our responsibility of the pursuit and ultimately leads us into the very presence of God Himself. In the middle of day-to-day life, have you somehow forgotten that Christianity is a living, vibrant relationship with a personal God? Tozer reminds you, and challenges you to renew your relationship with the loving God. In each of 10 chapters, he explains one aspect of waiting on God, and ends with a prayer. This book is clearly the number one best seller of all of A.W. Tozer books and is called "one of**

**the all-time most inspirational books" by a panel of Christian magazine writers.**

**Traces the origins and development of psychoanalysis, from the Enlightenment through the twentieth century from a social, economic, and cultural perspective, assessing its influence on such concepts as that of a personal life distinct from the family, the American emphasis on the individual, anxiety, and the role of women, homosexuals, and ethnic minorities.**

**Reprint. 12,500 first printing.**

**The Pursuit of the Soul**

**Afterlife and Wealth in Early Western  
Christianity**

**Physics of the Soul**

**The Pursuit of God (Sea Harp Timeless  
series)**

**Modern Man in Search of a Soul**

**The Ransom of the Soul**

**Soul Survivor**

Few pastors or Christian writers have dared to approach the subject of how proper eating and an active lifestyle can affect how we serve God. Author Gary Thomas does just that. And he reaches all the way back to the apostle Paul, who

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wrote that we need to prime our bodies to become, "an instrument for noble purposes, made holy, useful to the Master and prepared to do any good work." To illustrate the body/soul correlation, Thomas presents engaging and diverse stories that include a young mom who got fit through volleyball and reaped spiritual rewards in her marriage, a 300-pound pastor who realized his obesity was eroding his ministry impact, and a woman who gained the spiritual strength to survive a contentious divorce by training for a marathon. In every instance, Thomas makes a direct connection between the

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physical challenge and its spiritual consequence. This book is a must read for anyone seeking new and compelling motivation for strengthening their bodies and fortifying their souls.

What is keeping you from being happy right now? Perhaps yourself, says William J. O'Malley. Happiness means having a good soul, being a good human being. This book explores what that means. eving mission goals.

The Pursuit of the Soul Psychoanalysis, Soul-making and the Christian Tradition Bloomsbury Publishing

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Ibn Miskawayh, the Soul, and the Pursuit of Happiness explores the moral philosophy and context of Ibn Miskawayh (932-1030), an advocate of the intellectually cultivated life with a strong religious bent. Though not necessarily a major innovator, he sought through his writings to provide a moral compass for turbulent times, much like thinkers such as Petrarch (1304-1374), Pico della Mirandola (1463-1494), Francois Rabelais (1494-1553), Montesquieu (1689-1755) or more recently, Mortimer Adler (1902-2001). Despite the tumultuous times in which they lived, these thinkers offered the

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world hope through a humanism that cultivated both civic and moral character. Whether directly expressed in his moral philosophy or illustrated in the examples of renowned or notorious historical figures, Miskawayh's core idea is that one's character is much easier kept than recovered. In this book, John Peter Radez shows how Miskawayh stands out not only as one of Islam's first ethicists, but also one of its true intellectuals: thinker, historian, codifier of the science of adab, and a truly happy sage who represented the best of his generation's intellectual and cultural elite. Miskawayh's

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message of how to create lives worthy of human beings—his civic humanism—resonates today.

Ludwig Wittgenstein, Teresa of Avila and the Christian Mystical Tradition

Heart Of The Soul

Creative Stress

Start Now!

Spiritual Intelligence and Why It Matters

The Pursuit of Happiness in Rural France

The Pursuit by God of the Individual Soul in Selected Literature

#1 NEW YORK TIMES BESTSELLER • Pulitzer

Prize-winning author Jon Meacham helps us

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understand the present moment in American politics and life by looking back at critical times in our history when hope overcame division and fear. ONE OF OPRAH'S "BOOKS THAT HELP ME THROUGH" • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR • The Christian Science Monitor • Southern Living Our current climate of partisan fury is not new, and in *The Soul of America* Meacham shows us how what Abraham Lincoln called the "better angels of our nature" have repeatedly won the day. Painting surprising portraits of Lincoln and other presidents, including Ulysses S. Grant, Theodore Roosevelt, Woodrow Wilson, Franklin D. Roosevelt, Harry S.

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Truman, Dwight Eisenhower, and Lyndon B. Johnson, and illuminating the courage of such influential citizen activists as Martin Luther King, Jr., early suffragettes Alice Paul and Carrie Chapman Catt, civil rights pioneers Rosa Parks and John Lewis, First Lady Eleanor Roosevelt, and Army-McCarthy hearings lawyer Joseph N. Welch, Meacham brings vividly to life turning points in American history. He writes about the Civil War, Reconstruction, and the birth of the Lost Cause; the backlash against immigrants in the First World War and the resurgence of the Ku Klux Klan in the 1920s; the fight for women's rights; the demagoguery of Huey Long and Father Coughlin and

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the isolationist work of America First in the years before World War II; the anti-Communist witch-hunts led by Senator Joseph McCarthy; and Lyndon Johnson's crusade against Jim Crow. Each of these dramatic hours in our national life have been shaped by the contest to lead the country to look forward rather than back, to assert hope over fear—a struggle that continues even now. While the American story has not always—or even often—been heroic, we have been sustained by a belief in progress even in the gloomiest of times. In this inspiring book, Meacham reassures us, “The good news is that we have come through such darkness before”—as, time and again, Lincoln's better

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angels have found a way to prevail. Praise for The Soul of America “Brilliant, fascinating, timely . . . With compelling narratives of past eras of strife and disenchantment, Meacham offers wisdom for our own time.”—Walter Isaacson “Gripping and inspiring, The Soul of America is Jon Meacham’s declaration of his faith in America.”—Newsday “Meacham gives readers a long-term perspective on American history and a reason to believe the soul of America is ultimately one of kindness and caring, not rancor and paranoia.”—USA Today

The most recent mystical theology scholarship - a discipline that has found new energy and influence.

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This is examined through the lens of Wittgenstein's philosophy.

This new book teaches the ancient truth of alchemical liberation, by which each of us can overcome the dehumanizing forces all around us and grow into the full-bodied, open-minded, spiritually joyful beings we all have the potential to become.

HEAVEN RIDE is a techno-thriller about two loyal friends who unlock secrets of the human soul and invent a device that ejects the soul and long-term memory on its path to heaven, and then brings it back. The "Pod" enables them to build Heaven Ride into the most lucrative empire the world has ever known, until

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ruthless rivals embark on a campaign of deceit, treachery and betrayal to wrest it away for their own insidious plan. This quandary of science and morality may change the way you think about heaven and the afterlife ... FOREVER. \* \* \* David Brownington, a brilliant entrepreneurial mastermind with a leading business incubator, comes in contact with a mysterious gadget that measures wavelengths never seen before. His close friend, JW Gomez, a third-year Ph.D. candidate, supercedes the boundaries of his doctoral studies using a bio-pod that creates out-of-body experiences. Driven by memories of his little brother who perished in a gruesome accident as a

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child, JW's extra-curricular studies of sudden traumatic death lead to the astonishing discovery of the human soul. When David and JW merge these devices, they stumble upon the highway to heaven. Each of them falls in love as their miraculous invention takes the world by storm. Millions make the trip. As Heaven Ride prospers, its repercussions ripple throughout society. Protests, bombs and kidnappings threaten to shut it down, posing risks to David, JW, their friends and families. Long after Heaven Ride becomes a household word, startling revelations put David and JW in the crosshairs of dangerous men seeking ultimate power. With HEAVEN RIDE, John

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Eccleston and Kerry Gleason have woven an intense tale of ambition, success, friendship, betrayal, greed and corruption. It's an intricate and interesting tale of mankind's most startling invention, and technology gone awry.

A Book of Soul and Spiritual Exercises : Meditation Instructions, Meditations, Exercises, Verses for Living a Spiritual Year, Prayers for the Dead & Other Practices for Beginning and Experienced Practitioners  
Duality Is the Illusion

Young Soul Planet

The Art of Spiritual Transformation

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The Quantum Book of Living, Dying, Reincarnation,  
and Immortality

A Guide to Christian Approaches and Practices

Creative Stress reveals with precision how we can and must transmute negative stress so that we can evolve individually and collectively. It offers the reader a steady climb to the higher reaches of human creativity and fulfillment, and is packed with compelling stories from O'Dea's exceptionally rich experience.

2018 GIFT IDEAS COLOURING BOOKS FOR  
GROWN-UPS INSPIRATIONAL Be fearless in

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pursuit of what sets your soul on fire Enter Papeterie Bleu's world of inspiration and motivational self-expression through creativity with this stress-relieving colouring book for grownups. Inside you will find 35 whimsical pages that will take you to your happy place for colouring, relaxation, and introspection. Unleash your inner artist as you colour this therapeutic antistress colouring book, perfect for decorating with markers, colored pencils, gel pens, or watercolors. Happy Colouring! Product Details: Printed single-sided on bright white paper Premium matte-finish cover design Soothing seamless

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patterns on reverse pages Perfect for all colouring mediums Black background reverse pages to reduce bleed-through High quality 60lb (90gsm) paper stock Large format 8.5"x11.0" (22x28cm) pages

Since its publication in 1842, *Dead Souls* has been celebrated as a supremely realistic portrait of provincial Russian life. Chichikov, combs the back country wheeling and dealing for "dead souls" (deceased serfs who still represent money to anyone sharp enough to trade in them), and we are introduced to a Dickensian cast of peasants, landowners, and conniving petty officials, few of

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whom can resist the seductive illogic of Chichikov's proposition. Although the novel ends in mid-sentence, it is usually regarded as complete in the extant form.

Using the "Psychomatrix Spiritual Matrix" as a template, the author shows readers how to evaluate their individual spiritual needs and explains how to use one's self-knowledge to strengthen relationships, enhance communication, and live more fully. 30,000 first printing.

Tout Sweet

The Return to the Mystical

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Spiritual Direction and the Care of Souls

Doctor of the Soul

How Thirteen Unlikely Mentors Helped My Faith

Survive the Church

Heaven Ride

The Neoplatonism of Iamblichus

This book will help you to remember who you truly are, and to be your true, authentic self, in its entirety, to unlock the beautiful spirit and essence of you.

You have a soul mission: it's time to wake up to it and fulfill your destiny and be everything you ever dreamed of being, your soul and spirit self really are,

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unafraid to shine in a world that all too often might seem might seek to undermine or limit you...You are filled with infinite possibilities and great gifts. Many of us are waking up from the illusion of fear, lower consciousness and vibration that we have been trapped in. Though times may be dark, the light can prevail and by holding on to our dreams and visions, we will emerge with a higher consciousness. We will shed all the restrictions of the past, and break the chains of the judgmental and fear-based systems which have ruled and limited our lives in so many ways, to take a jump and leap of faith and really be the full expression of our unique and special souls.

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"I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul.... I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure" "What a beautiful book; one that touches you and works on so many levels." "It doesn't matter where you are on your journey, in this book you will find something new, something to remind you of who and where you are, why you are following the path you have chosen and affirmation that you are not alone, the Universe is always supporting you. I found the book easy to read, to me the energy of the words just flow off the page, and hit the spot. Read it

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from cover to cover, dip in and out, the choice is yours and the book supports you in what ever way you wish to connect with it. Bursting with information and and workable ways to experiment and include in your spiritual practice. Sally has worked really hard to make this work appeal to as wider audience as possible and I feel she has pulled it off with a flourish. Well done Sally, when's the next one?" "I really love this book. As soon as I started reading it, it felt like it was talking directly to my soul and I felt curiously emotional. I believe Sally is a gifted soul on a mission to genuinely help & empower people. It is a book I will treasure & refer to

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when I am in need of uplifting"

Start Now! offers an extensive and representative sample of Steiner's spiritual instructions and meditative practices, including meditation instructions; mantric verses; daily, weekly and monthly practices for the development of soul qualities; karmic exercises and meditations for working with the dead, the angelic hierarchies and our guardian angel.

How do some people do it? They rise above the circumstances and distractions of life and remain consistently happy. Even in tough times they have a quiet sense of peace about them. Examining the

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Bible and her own life, Katie Orr has discovered that deep happiness and satisfaction are only possible when we are rooted in God and pursuing his good and specific purpose for each of us. *Secrets of the Happy Soul* is your invitation into a deeper, more fruitful relationship with God and his Word. As Katie walks you through key teachings from the book of Psalms, you will recognize how the world's definition of happiness pales compared to the daily delights God has in store for you. Draw closer to him, and your soul will go from lonely to connected, from overwhelmed to level and led, from aimless to commissioned and unique. God doesn't promise a

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storm-free life, but he is the anchor every happy soul needs.

Modern Man in Search of a Soul is the perfect introduction to the theories and concepts of one of the most original and influential religious thinkers of the twentieth century. Lively and insightful, it covers all of his most significant themes, including man's need for a God and the mechanics of dream analysis. One of his most famous books, it perfectly captures the feelings of confusion that many sense today. Generation X might be a recent concept, but Jung spotted its forerunner over half a century ago. For anyone seeking meaning in today's world,

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