

The Prayer Of The Kabbalist The 42 Letter Name Of God

Offers insight into Jewish mysticism, equipping Christians with the vocabulary and tools needed to understand the long-standing mystical tradition of Kabbalah, whose spiritual applications extend beyond Jewish life. Original. Meditative practices have flourished in widely different parts of Eurasia, yet historical research on such practices is limited. Research to date has focused on contexts rather than actual practices, and within individual traditions. For the first time, practices of the three traditions of Judaism, Christianity and Islam are examined. They are viewed in a global perspective, considering both generic and historical connections to practices in other traditions, particularly in India and East Asia. Peculiarities are examined, comparing them both to each other and to Asian forms of meditation. The book builds on a notion of meditation as self-administered techniques for inner transformation, a definition which focuses on transformative meditative states and mystical experiences. It proposes ways of studying meditative practice historically, and concludes with an essay on the modern scientific interest in meditation.

An indispensable resource to embodied spirituality reveals how to experience God rather than just engage God as an idea, sharing physical exercises, meditation practices, and visualization activities that will join body and spirit. Original. Introduces renderings of, and commentary on, Kabbalistic verse that emerged directly from Jewish mysticism and that reveals the foundations of both language and existence itself.

Kabbalah

Shalom Shar'abi and the Kabbalists of Beit El

Filling Words with Light

The Poetry of Kabbalah

Zohar, the Book of Enlightenment

My People's Prayer Book: Tachanun and concluding prayers

""A masterpiece. The rich tradition of the Kabbalah comes to life in a language that is accessible even to those unfamiliar with this ancient and classic tradition." —Caroline Myss, Ph.D., New York Times bestselling author of Anatomy of the Spirit
Mystics are adventurers of the spirit who dare to push beyond the boundaries of orthodox tradition to pursue a common goal—the direct experience of God. Kabbalah: Key to Your Inner Power explores the once-secret Jewish mystical tradition known as Kabbalah. With intriguing new perspectives, it shows how we can use Kabbalah’s extraordinary revelations about the creation of the universe, our relationship to God and our purpose in life to unlock our own spiritual power. It brings to life the path of the Jewish mystics—their joys and ecstasies, their sacred visions, and their practical techniques for experiencing the sacred in everyday life. Includes 36 illustrations, 19 charts and diagrams, pronunciation guide."

Pinchas Giller offers a wide-ranging overview of the most influential school of kabbalah in modernity, the Jerusalem kabbalists of the Beit El Yeshivah. The school is associated with the writings and personality of a charismatic Yemenite rabbi, Shalom Shar'abi. Shar'abi's activity overwhelmedthe Jerusalem Kabbalah of the eighteenth century, and his acolytes are the most active mystics in contemporary Middle Eastern Jewry to this day. Today, this meditative tradition is rising in popularity in Jerusalem, New York, and Los Angeles, both among traditional Beit El kabbalists and members ofthe notorious Kabbalah Learning Centers. After providing the historical setting, Giller examines the characteristic mystical practices of the Beit El School. The dominant practice is that of ritual prayer with mystical "intentions," or kavvanot. The kavvanot themselves are the product of thousands of years of development and incorporate many traditions and bodies of lore. Giller examines the archaeology of the kavvanot literature, the principle of the sacred names that make up the majority of kavvanot, the development of particular rituals, and the innovative mystical and devotional practicesof the Beit El kabbalists to this day. The first book in the English language to address the character and spread of Jewish mysticism through the Middle East in early modernity, it will be a guidepost for further study of this vast topic.

The Kabbalah Unveiled is a book concerning Kabbalah by freemason and occultist by S. L. MacGregor Mathers. Kabbalah is an esoteric method, discipline, and school of thought in Jewish mysticism. It is a set of esoteric teachings meant to explain the relationship between the unchanging, eternal God-the mysterious Ein Sof ("The Infinite")-and the mortal, finite universe (God's creation). It forms the foundation of mystical religious interpretations within Judaism. Historically, Kabbalah emerged from earlier forms of Jewish mysticism, in 12th- to 13th-century Spain and Southern France, and was reinterpreted during the Jewish mystical renaissance in 16th-century Ottoman Palestine. Jewish Kabbalists originally developed their own transmission of sacred texts within the realm of Jewish tradition. The Kabbalah Unveiled includes translations and commentaries of the books of Zohar: The Book of Concealed Mystery; The Greater Holy Assembly; and The Lesser Holy Assembly.

Kabbalah For Dummies presents a balanced perspective of Kabbalah as an “umbrella” for a complex assemblage of mystical Jewish teachings and codification techniques. Kabbalah For Dummies also shows how Kabbalah simultaneously presents an approach to the study of text, the performance of ritual and the experience of worship, as well as how the reader can apply its teaching to everyday life.

Jewish Insights on Giving, Owning, and Receiving

Education of a Kabbalist

Meditation in Judaism

Credo of a Modern Kabbalist

Meditation and Kabbalah

Universal & Kabbalistic Meditation on The Lord's Prayer

This work of immense Scholarship (673 pages) is well-documented and written with scholarship and love. Chapter 7 deals with Shabbat liturgy (p. 161-198), which is discussed in detail with a special focus on historical development.

Meditative methods of Kabbalah. A lucid presentation of the meditative methods, mantras, mandalas and other devices used, as well as a penetrating interpretation of their significance in the light of contemporary meditative research.

Our ability to sense, imagine, think, and will constitute the Image of God within us. The subject of this book is how to cultivate these abilities so that they become the means for experiencing God's presence in the world. Insights and practices from modern psychology, such as Gendlin's focusing and Jungian active imagination, are also integrated into a holistic vision. This book includes meditation instructions (kavvanah) on Hebrew prayers, as well as a discussion of the relationship of the meditations presented in this book to Christian and Buddhist contemplative practices. Kingdoms of Experience is for both experienced and beginning meditators interested in learning a practical approach to meditation in the western tradition. This is the first translation with commentary of selections from The Zohar, the major text of the Kabbalah, the Jewish mystical tradition. This work was written in 13th-century Spain by

Moses de Leon, a Spanish scholar.

Minding the Temple of the Soul

Kabbalah: Key to Your Inner Power

Mystical Verse from the Jewish Tradition

Jewish Worship

A Path to an Awakened Soul

The Practice of Kabbalah

Features the authentic Hebrew text with a new translation designed to let people know what prayers to say. introductions tell the reader what to look for in the the prayer service, how to use the commentaries, how to search for and find meaning in the prayer book.

This new spiritual approach to physical health introduces us to a spiritual tradition that affirms the body and enables us to reconceive our bodies in a more positive light. Using Kabbalistic teachings and other Jewish traditions, it shows us how to be more responsible for our own spiritual and physical health. Each chapter explores the meaning of traditional Jewish prayers, providing a framework for new thinking about body, mind and soul. Simple exercises and movements help our bodies "understand" prayer, and show how the body's energy centers correspond to the Kabbalistic concept of the ten divine "rays of light," the Sefirot. And meditations and visualizations allow us to further enhance our spiritual awareness. Using the structure of the Prayer Wheel, readers can move step by step toward wholeness of body, mind and spirit: Modeh Ani Awakening our body and our soul Mah Tovu Creating a temple for our soul Asher Yatzar Focusing on the gift of our body Bircat HaTorah Balancing our mind through the gift of Torah Elohai Neshamah Connecting with the soul using the Sefirot Elu D'varim Walking on a God-centered path Clearly illustrated with photos and diagrams to guide readers, this active, creative approach allows us to tap the power of the Jewish tradition--to awaken the body, balance the mind and connect with the soul.

In this volume, Rabbi Steven Fisdel explores, Jewish meditation practices as the experiential side of Kabbalah and therefore as one of the primary sources for the development of the mystic thought and belief in Judaism. This work focuses on a variety of mystic traditions within Kabbalah that relate directly to meditative practice. It incorporates several different schools of thought and represents various periods in the development of Kabbalah. Among the traditions included for elucidation are the mysticism of the Hebrew alphabet, the Ayin meditation of Dov Baer of Mezeritch and Levi Yitzchak of Berditchev, as well as selections from the Sefer Yetzirah and the Zohar.

The Shavout Machzor is the technology through which we connect with the energy available to us during Shavout. This is when we have a chance to "buy life insurance", by connecting to the force of "removal of death". We can then live for the next four months without chaos. Prayer of the Poor, according to the Zohar, the most important prayer -- the prayer that bypasses all others and receives immediate attention from the Creator. Just as pressing numbers on a telephone connects us to another person, these prayer books contain specific codes that provide a connection to different aspects of the Light. This revised and updated edition includes English translations of the Ari's meditations, and transliterations of all the Hebrew prayers. As Rav Berg states in the introduction, "Our purpose in presenting these [Prayer Books] is so that each person can now begin to remove chaos from his or her life".

Hasidic and Mystical Reflections on Jewish Prayer

Kabbalistic Shabbat Prayer Book

Kabbalistic Rosh Ha-Shanah Prayer Book

The Four Worlds of Kabbalah As Prayer and Meditation

The 42-Letter Name of God

Jewish Life in the Middle Ages

The Prayer of the KabbalistThe 42-Letter Name of GodKabbalah Learning Center

Kabbalistic Healing shows how the Kabbalah—the Jewish mystical path—can kindle the central fire in our being so that we can unite with the divine. As we deepen our understanding of ourselves and enhance our ability to hold new states of consciousness, we become able to live in God as a fish lives in water.

Gain a better understanding of the Kabbalah path to spiritual transformation and a deeper connection with the Jewish faith Coming from the Hebrew root that means "to receive," Kabbalah is known as the "inner" or "esoteric" dimension of Judaism. Kabbalah for Beginners is your introduction to a great spiritual tradition that will help you deepen your experience of the Divine through Kabbalistic portals into the Eternal Present. Divided into four categories: theosophical, ecstatic, Hasidic, and contemporary, this book explores everything including ancient concepts, core teachings, practices and traditions, and even misconceptions of Kabbalah. Written in a contemporary tone and point of view, this beginner's guide brings this ancient discipline into the here and now. In Kabbalah for Beginners you'll find: God is existence—The Kabbalist method is that God is not a being, not even the most supreme being, but is rather Being itself. What is Kabbalah--Get inspired by interspersed quotes from the Torah and frequent sidebars that highlight the Kabbalah's relevance to readers' experiences. Spirituality simplified--Learn through a clear straightforward language to bring intuitiveness to deep philosophical concepts. Discover a contemporary guide to this ancient wisdom and move toward spiritual transformation.

A gifted spiritual teacher shares the ancient teachings and sacred sounds of the Kabbalah.

Kingdoms of Experience

God Does Not Create Miracles, You Do!

Understanding and Applying Kabbalistic History, Concepts, and Practices

The Genesis Prayer

Gates of Light

The Kabbalah of Money

Inexplicable changes in luck, rapid recovery from illness, chaos turned to peace — Yehuda Berg shows how anything is possible when readers learn the Kabbalah's miraculous secrets. Drawing on his 13 years of teaching this ancient form of spiritual technology to thousands of students, Berg reveals an extremely practical, step-by-step system for helping readers create extraordinary events and astonishing miracles in their daily lives. A number of helpful exercises are included.

Explains the meaning behind the forty-two letters that make up the prayer known as Ana Bekho'ah and describes how to use the prayer effectively to achieve joy, fulfillment, and spiritual enlightenment.

In this book, we will be discussing an ancient Jewish prayer, often called the " The Kabbalists Prayer" and the "Genesis Prayer" called in Hebrew " Ana Bekoach" . This powerful prayer on the surface seems like a standard prayer, nothing particularly remarkable is contained within the verses. To most, it is just another prayer, but to those who look, they will find within the text the 42 letter name of God. This name of God is so powerful that just by reciting it and gazing upon the letters, you can gain immense powers from the divine. Powers that can solve all your problems. I know it sounds too good to be true, but this prayer and the 42 letter name of God within its verses has been proven to be very powerful. If you look it up you will find countless testaments to the power of this name. Let us begin.

In terms of public opinion, new religious movements are considered controversial for a variety of reasons ranging from how they speak, dress, and eat, to the way they think and their sense of community. Their social organization often runs counter to popular expectations by experimenting withcommunal living (or strict individualism), alternative leadership roles (or flat network structures), unusual economic dispositions, and new political and ethical values. As a result the general public views new religions with a mixture of curiosity, amusement, and anxiety, sustained by lavish mediaemphasis on oddness and tragedy rather than familiarity and lived experience. This updated and revised second edition of Controversial New Religions offers a scholarly, dispassionate look at those groups that have generated the most attention, including some very well-known classical groups like The Family, Unification Church, Scientology, and Jim Jones' People's Temple; somerelative newcomers such as the Kabbalah Centre, the Order of the Solar Temple, Branch Davidians, Heaven's Gate, and the Falun Gong; and some interesting cases like contemporary Satanism, the Raelians, Black nationalism, and various Pagan groups. Written by established scholars as well as youngerexperts in the field, each essay combines an overview of the history and beliefs of each organization or movement with original and insightful analysis. By presenting decades of scholarly work on new religious movements in an accessible form, this book will be an invaluable resource for all thosewho seek a view of new religions that is deeper than what can be found in sensationalistic media stories.

Cultural Histories

“And They Shall Be One Flesh”: On The Language of Mystical Union in Judaism

A Beginner's Guide to the Hidden Wisdom

Shavuot Machzor

A Cinematic Novel

Meditation in Judaism, Christianity and Islam

An inspiring spiritual companion that provides fresh insights and meditations into traditional Jewish liturgy for people of all backgrounds. Brings the prayerbook to life and shows how to put more of yourself into the holy words of the Jewish tradition.

This central text of Jewish mysticism was written in thirteenth-century Spain, where Kabbalah flourished. Considered to be the most articulate work on the mystical Kabbalah, Gates of Light provides a systematic and comprehensive explanation of the Names of God and their mystical applications. The Kabbalah presents a unique strategy for intimacy with the Creator and new insights into the Hebrew Scriptures. In the Kabbalah, aspects of God emanate from a hierarchy of Ten Spheres interconnected by channels that may be disrupted or repaired through human activity.

The Kabbalist Rabbi Laitman, who was the student and personal assistant to Rabbi Baruch Ashlag from 1979-1991, follows in the footsteps of his rabbi in passing on the wisdom of Kabbalah to the world. This book is based on sources that were passed down by Rabbi Baruch's father, Rabbi Yehuda Ashlag (Baal HaSulam), the author of 'the Sulam,' the commentaries on The Book of Zohar, who continued the ways of the Ari and Rabbi Shimon Bar Yochai and many great Kabbalists throughout the generations before them. The goal of this book is to assist individuals in confronting the first stages of the spiritual realm. This unique method of study, which encourages sharing this wisdom with others, not only helps overcome the trials and tribulations of everyday life, but initiates a process in which individuals extend themselves beyond the standard limitations of today's world.

This volume of the My People's Prayer Book series celebrates Shabbat morning and guides us to a new understanding of this day of rest, memory and joy.

The Kabbalist

Kabbalah of Prayer

Kabbalistic Daily Prayer Book

A Brief Introduction for Christians

Kabbalah For Dummies

Sacred Sounds and the Soul's Journey

Draws on Jewish ethical teachings and mystical lore to examine competition, partnerships, contracts, loans and interest, and the laws of fair exchange.

At the dawn of the deadliest era in human history, the 20th century, a mysterious man appeared on the socio-political scene carrying a stern warning for humanity and an unlikely solution to its suffering. In his writings, Kabbalist Yehuda Ashlag described in clarity and great detail the wars and upheavals he foresaw, and even more strikingly, the current economic, political, and social crises we are facing today. His deep yearning for a united humanity has driven him to unlock The Book of Zohar and make it--and the unique force contained therein--accessible to all. The Kabbalist is a cinematic novel that will turn on its head everything you thought you knew about Kabbalah, spirituality, freedom of will, and our perception of reality. It is the first book of its kind to try to convey the inner workings and sensations of a Kabbalist who reached the highest level of attainment, a person who is in direct contact with the singular force governing all of reality. The Kabbalist carries a surprising message of unity with scientific clarity and poetic depth. It transcends religion, nationality, mysticism, and the sheer fabric of space and time to show us that the only miracle is the one taking place within, when we begin to act in harmony with Nature and with the entire humanity. It shows us that we

can all be Kabbalists.

In "And They Shall Be One Flesh": On the Language of Mystical Union in Judaism Adam Afterman offers an extensive study of mystical union and mystical embodiment through the divine name and spirit in Judaism.

Making Judaism relevant and crucially significant for this age requires a reformatting that increases its value to its adherents while working in conscious harmony with global and universal concerns.

Kabbalah for Beginners

The Mystical Name of Manifestation

Kabbalah, Mindfulness and Embodied Spiritual Practice

The Kabbalah Unveiled

The 42 Letter Name of God

The Prayer of the Kabbalist

An inspiring guide to an ancient biblical form of prayer explains how the Genesis Prayer can be used by people of any faith, cites its relevance in the modern world, identifies mathematical codes encrypted in the prayer that can unlock biblical secrets, and cites the prayer's use in the manifestations of miracles. Reprint. 20,000 first printing.

This deeply felt memoir illuminates Rav Berg's relationship with his master, the great Kabbalist Rabbi Yehuda Brandwein, as well as the growth of The Kabbalah Centre, the world's largest organization dedicated to spreading the wisdom of Kabbalah. This is simply the most honest, accurate, and emotionally moving book ever written about a man who truly lives by the principles of Kabbalah in the contemporary world. No aspect of Kabbalah is more important than the relationship between master and student. In Education of a Kabbalist, this essential element is unforgettably brought to life.

Kabbalistic Healing

My People's Prayer Book: Shabbat morning: Shacharit and Musaf (morning and additional services)

Balancing Body, Mind and Spirit Through Traditional Jewish Prayer, Movement and Meditation

Prayer of the Poor

God in Your Body