

## The One Minute Mother

*Presents practical ideas on ways to help mothers enhance their moods, promote energy and health, and build intimacy with partners, discussing such topics as diet, stress relief, and eating patterns.*

*A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • NEW YORK TIMES BEST SELLER • From the indie rockstar of Japanese Breakfast fame, one of TIME's Most Influential People of 2022, and author of the viral 2018 New Yorker essay that shares the title of this book, an unflinching, powerful memoir about growing up Korean American, losing her mother, and forging her own identity. In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.*

*From the political climate to natural disasters, to managing the stress and overwhelm of everyday life, women have more to deal with than ever. Life feels overwhelming and exhausting much of the time. The third in her *Hot Mess to Mindful Mom* series, *One Minute to Zen* will provide numerous tools to help deal with stress in one minute, the same amount of time it can take for all hell to break loose! When teaching moms across the country, while giving talks to corporations, and across Ali's thriving social media channels, people are asking for more tools to use quickly and effectively to help recover from the stress they face in daily life. In *One Minute to Zen*, Ali has compiled a list of tools that make it possible to recalibrate, achieve balance, and recover from stress quickly and with ease, in order to live a more mindful and joyful life. Known for her authenticity and relatability, Ali shares personal stories and anecdotes to help connect her audience and show how to really put her suggestions to use. The goal is to put these tools into the hands of every mother who needs them (we all do!) and also teach them how to pass them on to their children, thus creating in each family a chain reaction of calm and confidence when faced with challenges big and small.*

*'Keris is a wonderful writer. You should definitely get hold of this book!' Charlotte, 5 stars *The laugh-out-loud new novel* from the ebook bestseller! Meet Emma, the new Mum on the block. Since moving to the Liverpoolian seaside after her husband's career change, her life consists of the following: long walks on the beach (with the dog), early nights (with the kids) and Netflix (no chill). Bored and lonely, when Emma is cordially invited to the exclusive cool school-mums' book club, she thinks her luck may finally be about to change. But she soon finds the women of the club aren't quite what they seem - and after an unfortunate incident involving red wine and a white carpet, she finds herself unceremoniously kicked out. The answer? Start her own book club - for*

***bad mothers who just want to drink wine and share stories. But will this town let two book clubs exist? Or is there only room for one queen of the school gates...? Perfect for fans of Big Little Lies and Why Mummy Drinks.***

***One Minute***

***In a Minute, Mama Bear***

***How to Help Your Children Learn to Like Themselves***

***The Three Mothers***

***My Mother's Secret***

***Class Mom***

In this story, number one bestselling author Dr. Spencer Johnson reveals a simple, easy way to bring out the best in yourself. Using his proven world-famous One Minute program, you can: Take better care of yourself and encourage others to do the same Reduce stress at work and at home Enjoy a sense of peace and balance Have more business and personal success Life is lived minute by minute. With the practical wisdom that characterizes all of his One Minute books, Dr. Johnson shows how stopping and taking a minute out of the day can make life more meaningful and enjoyable—for your and for those near you.

More than eleven million copies of Dr. Johnson's books are in use in twenty-four languages.

International bestselling author Susan Lewis' riveting, unforgettable novel of a woman whose life changes in an instant and the handsome young man with whom she shares a secret history—perfect for readers of Jodi Picoult, Diane Chamberlain, and Susan Wiggs. How well do you know the people you love? For one young woman returning to the past, the answer could be heart-shattering... Vivi Shager is living her dream. Raised with drive and ambition by a resolutely single mother, Vivi has a thriving law career, a gorgeous apartment in London, and a full calendar that keeps her busy at work and at play. Then on the day of her twenty-seventh birthday, an undiagnosed heart condition sends Vivi's prospects for the future into a tailspin. After escaping her roots nearly a decade ago, she's forced to return to her childhood home to be cared for by her devoted and enigmatic mother. Vivi has always known the woman is hiding something and now she's determined to find out what it is. Though her condition makes her fragile and vulnerable and she's afraid of what may happen, her spirit remains strong. Then comes an unexpected ray of light. Josh Raynor, a local veterinarian who his sisters claim is too handsome for his own good, brings a forbidden love to Vivi's world. Josh and Vivi are soon inseparable, unaware of the past their families share. All Vivi knows is that Josh is wrestling with a demon of his own... Then quite suddenly the awful truth is staring Vivi in the face and it changes everything.

The #1 New York Times bestselling WORLDWIDE phenomenon Winner of the Goodreads Choice Award for Fiction | A Good Morning America Book Club Pick | Independent (London) Ten Best Books of the Year "A feel-good book guaranteed to lift your spirits."—The Washington Post The dazzling reader-favorite about the choices that go into a life well lived, from the acclaimed author of How To Stop Time and The Comfort Book. Somewhere out beyond the edge of the universe there is a library that contains an infinite number of books, each one the story of another reality. One tells the story of your life as it is, along with another book for the other life you could have lived if you had made a different choice at any point in your life. While we all wonder how our lives might have been, what if you had the chance to go to the library and see for yourself? Would any of these other lives truly be better? In *The Midnight Library*, Matt Haig's enchanting blockbuster novel, Nora Seed finds herself faced with this decision. Faced with the possibility of changing her life for a new one, following a different career, undoing old breakups, realizing her dreams of becoming a glaciologist; she must search within herself as she travels through the Midnight Library to decide what is truly fulfilling in life, and what makes it worth living in the first place.

In this New York Times bestseller and Today show Read with Jenna Book Club Pick, one lapse in judgement lands a young mother in a government reform program where custody of her child hangs in the balance, in this "surreal" (People), "remarkable" (Vogue), and "infuriatingly timely" (The New York Times Book Review) debut novel. Frida Liu is struggling. She doesn't have a career worthy of her Chinese immigrant parents' sacrifices. She can't persuade her husband, Gust, to give up his wellness-obsessed younger mistress. Only with Harriet, their cherubic daughter, does Frida finally attain the perfection expected of her. Harriet may be all she has, but she is just enough. Until Frida has a very bad day. The state has its eye on mothers like Frida. The ones who check their phones, letting their children get injured on the playground; who let their children walk home alone. Because of one moment of poor judgement, a host of government officials will now determine if Frida is a candidate for a Big Brother-like institution that measures the success or failure of a mother's devotion. Faced with the possibility of losing Harriet, Frida must prove that a bad mother can be redeemed. That she can learn to be good. An "intense" (Oprah Daily), "captivating" (Today) page-turner that is also a transgressive novel of ideas about the perils of "perfect" upper-middle class parenting; the violence enacted upon women by both the state and, at times, one another; the systems that separate families; and the boundlessness of love, *The*

School for Good Mothers introduces, in *Frida*, an everywoman for the ages. Using dark wit to explore the pains and joys of the deepest ties that bind us, Chan has written a modern literary classic.

Love You Forever

Feeding My Mother

The Guide to Better Decisions

The One Minute Mother

Welcome to the Departure Lounge

Battle Hymn of the Tiger Mother

According to Andrea Buchanan, "Mother shock" is the state in which many new parents exist during those first confusing, chaotic and often comical years of parenting. It is the clash between expectation and result, theory and reality. It is the twilight zone of 24-hour-a-day living; where life is no longer neatly divided into day and night; the triple-impact of hormonal imbalance, sleep deprivation, and physical exhaustion. It is the stress of trying to acclimate quickly to the immediacy of mothering; a new conception of oneself, one's role in the family and in the world; a fearful new level of responsibility, and a new delegation of domestic duties. In this much-needed and delightfully funny collection of essays, Buchanan shares the insight she gains as she moves through the stages of mother shock. From "Fear of the Double Stroller" and "Confessions of a Bottle Feeder" to "I'm an Idiot" and "Everything I Needed to Know I Learned in Playgroup," Buchanan details the unimaginably difficult and unbelievably rewarding process of becoming a mother.

In this newly released edition of one of his classic books, *The One Minute Sales Person*, Spencer Johnson, the author of the number one New York Times bestseller *Who Moved My Cheese?*, shows you how to sell your ideas, products, or services successfully! This is the book that has proved to be a must-have for the millions of people who were looking for the quickest way to improve their selling skills. In these changing times, Spencer Johnson, coauthor of *The One Minute Manager*®, shows you how the phenomenal One Minute® methods can bring real and lasting sales success with the least amount of time and effort. You will learn how to enjoy your job and your life more as you discover the effective secrets of "self-management," the integrity of "selling on purpose," and the liberating "wonderful paradox" of helping others get what they want so you can get what you need. *The One Minute Sales Person* is a clear, easy and invaluable guide that works for both you and the people you sell to, for your financial prosperity and personal well-being. In short, it is a classic Spencer Johnson bestseller that can help you enjoy more success with less stress.

A PUBLISHERS WEEKLY BESTSELLER Motherhood is hard. In a world of five-step lists and silver-bullet solutions to become perfect parents, mothers are burdened with mixed messages about who they are and what choices they should make. If you feel pulled between high-fives and hard words, with culture's solutions only raising more questions, you're

not alone. But there is hope. You might think that Scripture doesn't have much to say about the food you make for breakfast, how you view your postpartum body, or what school choice you make for your children, but a deeper look reveals that the Bible provides the framework for finding answers to your specific questions about modern motherhood. Emily Jensen and Laura Wifler help you understand and apply the gospel to common issues moms face so you can connect your Sunday morning faith to the Monday morning tantrum. Discover how closely the gospel connects with today's motherhood. Join Emily and Laura as they walk through the redemptive story and reveal how the gospel applies to your everyday life, bringing hope, freedom, and joy in every area of motherhood.

A mother's worst nightmare, a chance at redemption, and a deadly secret that haunts a family across the generations. There's only room for one mother in this family. Claire Abrams's dreams became a nightmare when she passed on a genetic mutation that killed her little boy. Now she wants a second chance to be a mother, and finds it in Robert Nash, a maverick fertility doctor who works under the radar with Jillian Hendricks, a cunning young scientist bent on making her mark--and seducing her boss. Claire, Robert, and Jillian work together to create the world's first baby with three genetic parents--an unprecedented feat that could eliminate inherited disease. But when word of their illegal experiment leaks to the wrong person, Robert escapes into hiding with the now-pregnant Claire, leaving Jillian to serve out a prison sentence that destroys her future. Ten years later, a spunky girl named Abigail begins to understand that all is not right with the reclusive man and woman she knows as her parents. But the family's problems are only beginning. Jillian, hardened by a decade of jealousy and loss, has returned--and nothing will stop her from reuniting with the man and daughter who should have been hers. Past, present, and future converge in this mesmerizing psychological thriller from critically acclaimed author Kira Peikoff.

The Sixty Minute Mother

One Minute Parenting

A Novel

Adventures in Mothering Mother

The Book of Mother

One Minute for Yourself

• "Deliciously entertaining!" –People Magazine's "People Pick" • Entertainment Weekly's "MUST List" • O Magazine 's "15 Best Beach Books of the Year So Far" • Bustle "Best Book of April" • Refinery29 "Best Book of April" • Cosmopolitan "Best Book of April" • Woman's Day's "27 Fiction Books of 2019 to Add to Your Reading List ASAP" • BookBub's "Biggest Books of April" • PopSugar's "30 Must-Read Books of 2019" A twisty, compelling new novel about one woman's complicated relationship with her mother-in-law that ends in death... From the moment Lucy met her husband ' s mother, she knew she wasn ' t the wife Diana had envisioned for her perfect son. Exquisitely polite, friendly, and always generous, Diana nonetheless kept Lucy at arm ' s length

despite her desperate attempts to win her over. And as a pillar in the community, an advocate for female refugees, and a woman happily married for decades, no one had a bad word to say about Diana...except Lucy. That was five years ago. Now, Diana is dead, a suicide note found near her body claiming that she no longer wanted to live because of the cancer wreaking havoc inside her body. But the autopsy finds no cancer. It does find traces of poison, and evidence of suffocation. Who could possibly want Diana dead? Why was her will changed at the eleventh hour to disinherit both of her children, and their spouses? And what does it mean that Lucy isn't exactly sad she's gone? Fractured relationships and deep family secrets grow more compelling with every page in this twisty, captivating new novel from Sally Hepworth. Praise for Sally Hepworth: "With jaw-dropping discoveries, and realistic consequences, this novel is not to be missed. Perfect for lovers of Big Little Lies." –Library Journal, starred review "Hepworth deftly keeps the reader turning pages and looking for clues, all the while building multilayered characters and carefully doling out bits of their motivations." –Booklist

The One Minute Father is the seminal One Minute book. A man who sees that he has been a better provider than parent learns by trial and error how to be more nurturing. He first learns a more effective way to discipline -- applying One Minute Reprimands. Then his children help him discover two even more important parenting methods -- One Minute Praisings and One Minute Goals. Using these practical methods, a father develops more confidence in himself as a parent, as he and his children enjoy a happier family life. The One Minute Father begins where most fathers are and takes them to where they want to be.

The adventure begins when Meg's mother, Addie, vacationing in Florida, takes a spill. At the hospital, Addie bolts upright on her gurney and yells "I demand an autopsy!" before passing out cold. "One minute, she is unconscious, the next, she's nuts," observes Meg Federico in this hilarious and poignant memoir of taking care of eighty-year-old Addie and her relatively new (and equally old) husband, Walter, in their not-so-golden years. Addie's accident is a portent of things to come over the next two years as Meg oversees her mother's home care in the Departure Lounge, the nickname Meg gives Addie and Walter's house in suburban New Jersey. It is a place of odd behaviors and clashing caregivers, where chaos and confusion reign supreme. Meg had expected that Addie and Walter would settle into a Rockwellian dotage of docile dependency. Instead the pair regress into terrible teens. Meg watches from the sidelines in disbelief as her mother and stepfather, forbidden by doctors to drink, conspire to order cases of scotch by phone; as Addie's attendant accuses the evening staff of midnight voodoo; as the increasingly demented Walter's sex drive becomes unbridled and mail-order sex aids are delivered to the front door. Meg jumps in to cope with the pandemonium—even as she struggles to manage her own family back in Nova Scotia. With a fresh voice and a keen eye for the absurd, Meg Federico writes a story that will resonate with the generation now caring for their parents. Welcome to the Departure Lounge is a moving and madcap chronicle of a family—their moments of joy, the memories they'd rather forget, and the just plain loopiness of their situation. "How's life at the Departure Lounge?" Meg's brother asks. Meg doesn't know where to start. "Let's just say the drinks are outrageous, and they never run out of nuts."

Previously unpublished in the UK, this book by best-selling co-author of The One Minute Manager and author of Who Moved My

Cheese? shows the quickest way for mothers to help their children learn to like themselves and want to behave themselves.

One Minute to Zen

A Mother's Guide to Health in Body, Mind, and Intimate Relationships

Two Books in One - "The One Minute Mother," "The One Minute Father"

Dummy Ppk Mother On

Room

How the Mothers of Martin Luther King, Jr., Malcolm X, and James Baldwin Shaped a Nation

"Beautiful and charismatic, Catherine, a.k.a. 'Maman,' smokes too much, drives too fast, laughs too hard, and loves too extravagantly. During a joyful and chaotic childhood in Paris, her daughter Violaine wouldn't have it any other way. But when Maman is hospitalized after a third divorce and a breakdown, everything changes. As the story of Catherine's own traumatic childhood and adolescence unfolds, the pieces come together to form an indelible portrait of a mother as irresistible as she is impossible, as triumphant as she is transgressive"--Publisher's description.

A lot of people wonder how Chinese parents raise such stereotypically successful kids. They wonder what Chinese parents do to produce so many math whizzes and music prodigies, what it's like inside the family, and whether they could do it too. Well, I can tell them, because I've done it...

Amy Chua's daughters, Sophia and Louisa (Lulu) were polite, interesting and helpful, they had perfect school marks and exceptional musical abilities. The Chinese-parenting model certainly seemed to produce results. But what happens when you do not tolerate disobedience and are confronted by a screaming child who would sooner freeze outside in the cold than be forced to play the piano? Battle Hymn of the Tiger Mother is a story about a mother, two daughters, and two dogs. It was supposed to be a story of how Chinese parents are better at raising kids than Western ones. But instead, it's about a bitter clash of cultures, a fleeting taste of glory, and how you can be humbled by a thirteen-year-old.

Witty, entertaining and provocative, this is a unique and important book that will transform your perspective of parenting forever.

While Johnny waits for his mother to finish her shopping, he feels that so much time has passed that he has become an old man.

Kidnapped as a teenage girl, Ma has been locked inside a purpose built room in her captor's garden for seven years. Her five year old son, Jack, has no concept of the world outside and happily exists inside Room with the help of Ma's games and his vivid imagination where objects like Rug, Lamp and TV are his only friends. But for Ma the time has come to escape and face their biggest challenge to date: the world outside Room.

Crying in H Mart

The Quickest Way for You to Help Your Children Learn to Like Themselves and Want to Behave Themselves

The Mother-in-Law

The New One Minute Manager

The One Minute Sales Person

A Mother's Journey Through the First Year of Grief

In simple text and illustrations, the author explains all the things that can happen in a minute--both good and bad.

**#1 NATIONAL BESTSELLER** Based on her hugely popular Facebook posts and Instagram photos, *Feeding My Mother* is a frank, funny, inspirational and piercingly honest account of the transformation in Jann Arden's life that has turned her into the primary "parent" to her mom, who is in the grip of Alzheimer's. Jann Arden moved in to a house just across the way from her parents in rural Alberta to be close to them but also so they could be her refuge from the demands of the music business and a performing career. Funny how time works. Since her dad died in 2015, Jann cooks for her mom five or six times a week. Her mom finds comfort in her daughter's kitchen, not just in the delicious food but also just sitting with her as she cooks. And Jann finds some peace in caring for her mom, even as her mom slowly becomes a stranger. "If you told me two years ago that I'd be here," Jann writes, "I wouldn't have believed it. And yet we still fall into so much laughter, feel so much insane gladness and joy. It's such a contrast from one minute to the next and it teaches me constantly: it makes me stronger and more humble and more empathetic and caring and kind." The many people who are dealing with a loved one who is losing it will find inspiration and strength in Jann's wholehearted, loving response and her totally Jann take on the upside-down world of a daughter mothering her mother. *Feeding My Mother* is one heck of an affirmation that life just keeps on keeping on, and a wonderful example of how you have to roll with it.

This story begins where most mothers are and takes them to where they want to be. Bestselling author Spencer Johnson shares his world-renowned "One Minute" secrets - three simple and easy-to-understand techniques that take little but yield great results. When you use what you learn in the story you will discover: How to become an effective disciplinarian. How to reach your own potential while helping your children to reach theirs. How to help your children's self-esteem by developing their sense of responsibility. How to enjoy one another more as a family. With this book, written by a pioneer in helping people to gain better health through better communications, a mother can care for her children with confidence and ease, enriching and strengthening the mother-child bond each day.

With wry wit and touching humor, Louie Anderson, New York Times bestselling author and Emmy Award-winning comedian currently starring in Zach Galifianakis's *Baskets*, shares his journey of turning life's challenges into joy, as well as plenty of wisdom he's still discovering from his late mother. "I started out writing these letters to my mom, but a few friends said I should write a book. I said 'okay' because next to 'we'll see,' 'okay' is as non-committal as you can get. But somehow, I stuck with it. I hope you like it. I hope that after you read it, you'll write or call your own mom—and dad, sister, brother, cousin, nephew. Or have lunch with them. Or breakfast. It doesn't have to be lunch. But do it now. Don't wait like I did." —Louie Louie Anderson has channeled his beloved mom, Ora Zella Anderson, in his stand-up routine for decades, but she died before seeing him reach his greatest heights, culminating in his breakout TV role as Christine *Baskets*, the mesmerizing character she inspired. *Hey Mom* is Louie's way of catching her up on the triumphs, disappointments, and continuing challenges in life. Full of heartache, but also great hope, and of course—given Louie's inimitable comedic voice—laugh-out-loud stories and his trademark observations on life's many absurdities, *Hey Mom* shows a poignant side of Louie you may not know, and proves that he is one of the most nuanced and wide-ranging comics working today.

Stories for My Mother, But You Can Read Them Too

Mama Needs a Minute

A Mother and Son on Life, Love, and Loss

A Novel of Suspense

A completely gripping and emotional page-turner

*"Is he hurt? Well, he's not dead, is he?." . . . The thing that I feared the most happened: I lost my child. My world was thrown off balance. Each day became an awful nightmare from which I couldn't wake up. On April 20th, 2006, a small plane crashed near Bloomington, Indiana. My son, Zachary Novak, was among the five fatalities; all talented musicians, students of the Jacobs School of Music at Indiana University. The grief of losing a child is still with me; however, over time I have learned, to some degree, to cope with this grief-and more importantly, how to remember and celebrate the life of my son. It is my hope and prayer that those who read this book will find solace and better understand grief. See You in a Minute is the chronological passage of that first year of pain. The book is guided by music, with songs serving as title and focus of chapters. I describe what I went through during that first year, along with reflections on his life and the many people he touched, including Christian music legend, Sandi Patty, who has provided the foreword. Life flies by at breakneck speed. We may just see those we have lost . . . in a minute.*

*Rachel Bright's In a Minute, Mama Bear is the first in a new series following Mama Bear and Bella Bear, from the author and illustrator of the #1 Publishers Weekly bestseller Love Monster. Mama Bear is all ready to start her busy day: there are errands to run, classes to get to, and lots more to do. Mama is raring to go! But toddler Bella is lagging behind. So Mama Bear decides to throw the to-do list out the window and spend the day playing and relaxing in the park with Bella Bear—and together they find that sometimes, when things don't go as planned, they can still have a whole lot of fun.*

*The One Minute Mother Harper Collins*

*By best-selling co-author of The One Minute Manager and author of Who Moved My Cheese?, this book shows how to teach others to teach themselves and inspire a love of learning. Dr Spencer Johnson's pioneering work in unleashing potential through better communication is most evident from his bestselling books, among them The One Minute Manager, The One Minute Mother, Who Moved My Cheese? and The Present. Combining his insight with the skills of life-long teacher Constance Johnson, this book offers an invaluable new strategy for learning. Despite the many difficulties they face adapting to new directives, individual teachers still make huge contributions to their students' lives. In this book, Johnson and Johnson describe how the use of Goal Setting, Praising and Recovery reinforces self-esteem and creates a new kind of learning process that will last a lifetime. Practical, wise and useful in a range of everyday situations, The One Minute Teacher reveals simple, positive ways to A\* Discover and instil the love of learning A\* Foster success and achievement A\* Feel more confident and happy A\* Bring out the best in ourselves and others.*

*The One Year Mother-Daughter Devo*

*Gospel Hope for Everyday Moments*

*The One Minute Father*

*Tales from the First Year and Beyond -- Loving Every (Other) Minute of It*

*Mother Nurture*

*Yes or No*

Sometimes, Mama needs a minute—and that's OK! From Nicole Sloan, founder of the Weird Mom Club—an inclusive Internet space for nonconforming moms—Mama Needs a Minute is an affirming, entertaining book for moms and toddlers to share. All about balancing a mama's needs with those of her kiddos, this sweet story teaches that love can look a lot of different ways. For kids, the book is a gentle introduction to concepts of self-respect and setting boundaries, and for moms, it's a reminder to practice self-care.

Laurie Gelman's clever debut novel about a year in the life of a kindergarten class mom—a brilliant send-up of the petty and surprisingly cutthroat terrain of parent politics. Jen Dixon is not your typical Kansas City kindergarten class mom—or mom in general. Jen already has two college-age daughters by two different (probably) musicians, and it's her second time around the class mom block with five-year-old Max—this time with a husband and father by her side. Though her best friend and PTA President sees her as the “wisest” candidate for the job (or oldest), not all of the other parents agree. From recording parents' response times to her emails about helping in the classroom, to requesting contributions of “special” brownies for curriculum night, not all of Jen's methods win approval from the other moms. Throw in an old flame from Jen's past, a hyper-sensitive “allergy mom,” a surprisingly sexy kindergarten teacher, and an impossible-to-please Real Housewife-wannabe, causing problems at every turn, and the job really becomes much more than she signed up for. Relatable, irreverent, and hilarious in the spirit of Maria Semple, Class Mom is a fresh, welcome voice in fiction—the kind of novel that real moms clamor for, and a vicarious thrill-read for all mothers, who will be laughing as they are liberated by Gelman's acerbic truths.

'My first read of 2021 to reduce me to tears... the definition of a page-turner and a tear-jerker. I didn't want to stop reading... I loved every word.' The Book Lover's Boudoir, □□□□ 'They told me he died, but I never believed them. I'd have known,' she says, her voice little more than a whisper and her eyes searching mine. 'A mother would know if her child died, wouldn't she?' Danni has never had an easy relationship with her mother, Diana. But when Diana is diagnosed with a serious illness, everything changes. As some of Diana's memories slip away, others force their way to the surface. One night she breaks down and reveals that before Danni was born, she had another baby who never got to see the world. Now married, with a loving husband and two beautiful daughters of her own, Danni has put her childhood behind her. But she has always wondered what caused her mother's coldness. Could this be why? Danni

can't tell whether Diana's story is a symptom of her confusion, or something real. She decides to find out, hoping to bring her mother some peace. Yet as Danni investigates the past, tracking down the aunt she's never met to learn what lies in her mother's past, her good intentions have unexpected consequences. As more truths emerge, a shocking revelation could turn her life upside down. Will Danni's quest heal her pain, or are some secrets best left buried? A completely heartbreaking and compelling story of families, secrets, and the fierce love between mothers and children. Fans of Amanda Prowse, Ali Mercer and Jodi Picoult will smile through their tears. See what readers are saying about My Mother's Secret: 'Wow!... one of the saddest and most heart-breaking reads I've encountered... My gosh! This book should really come with a box of tissues because believe me, you are going to need them!... I found myself turning the pages with such a speed of "just one more chapter" until the very end. I cannot tell you how much I loved this book.' Confessions of a Bookaholic, ★★★★★ 'Beautiful and heart-rending... I was enthralled by it from start to finish... you will smile through your tears... A really beautiful, engrossing and captivating read, I was sorry when it finished.' Sibzz Reads, ★★★★★ 'I picked this book up at 3pm, and less than 8 hours later, despite having to navigate tea and bedtime for the kids and logging back on to work, I had finished it... addictive, gripping and emotional' @iheartbooks1991 'Another amazing 5-star read and another used up packet of those handy little tissues, or is it two? - Who knows how many tears this one has made me shed!... an author who held me captive in the palm of her hand all the time I was reading... took me on quite a personal journey on, oh! so many fronts' Fiction Books, ★★★★★ 'Truly emotional... Will make your heart break... There were definite tears leaking' Jen Med's Book Reviews, ★★★★★ 'I'll get straight to the point. This book broke me. It left me an emotional, vulnerable shell of a person... It takes a lot to melt my exterior, but by golly My Mother's Secret turned me into a puddle.' The Writing Garnet 'Had me flipping over the pages at speed... Make sure you have tissues at hand... A tearjerker of a read!' Carla Kovach, ★★★★★ 'Such an emotional experience... Its conclusion made me cry and smile - in fact, I was a bit of a soggy mess a few times as I was reading... I really loved it.' Being Anne 'A very emotional story... I love the book and kudos to the author for that one revelation that made my jaw drop to the floor.' Goodreads Reviewer, ★★★★★

"Yes" or "No," from the #1 New York Times bestselling author Spencer Johnson, presents a brilliant and practical system anyone can use to make better decisions, soon and often -- both at work and in personal life. The "Yes" or "No" System lets us: focus on real needs, versus mere wants create better options see the likely consequences of choices and identify and then use our own integrity, intuition, and insight to gain peace of mind, self-confidence, and freedom from fear

The Bad Mothers' Book Club

The School for Good Mothers

Mother Knows Best

The Quickest Way to Sell People on Yourself, Your Services, Products, or Ideas--at Work and in Life

Go From Hot Mess to Mindful Mom in One Minute or Less

Comfort and Laughter in the Kitchen as My Mom Lives with Memory Loss

A new edition based on the timeless business classic—updated to help today’s readers succeed more quickly in a rapidly changing world. For decades, The One Minute Manager® has helped millions achieve more successful professional and personal lives. While the principles it lays out are timeless, our world has changed drastically since the book’s publication. The exponential rise of technology, global flattening of markets, instant communication, and pressures on corporate workforces to do more with less—including resources, funding, and staff—have all revolutionized the world in which we live and work. Now, Ken Blanchard and Spencer Johnson have written The New One Minute Manager to introduce the book’s powerful, important lessons to a new generation. In their concise, easy-to-read story, they teach readers three very practical secrets about leading others—and explain why these techniques continue to work so well. As compelling today as the original was thirty years ago, this classic parable of a young man looking for an effective manager is more relevant and useful than ever.

"Tubbs' connection to these women is palpable on the page — as both a mother and a scholar of the impact Black motherhood has had on America. Through Tubbs' writing, Berdis, Alberta, and Louise's stories sing. Theirs is a history forgotten that begs to be told, and Tubbs tells it brilliantly." — Ibram X. Kendi, #1 New York Times bestselling author of How to Be an Antiracist and National Book Award winner Stamped from the Beginning Much has been written about Berdis Baldwin's son James, about Alberta King's son Martin Luther, and Louise Little's son Malcolm. But virtually nothing has been said about the extraordinary women who raised them. In her groundbreaking and essential debut *The Three Mothers*, scholar Anna Malaika Tubbs celebrates Black motherhood by telling the story of the three women who raised and shaped some of America's most pivotal heroes. A New York Times Bestsellers Editors' Choice An Amazon Editor's Pick for February Amazon's Best Biographies and Memoirs of 2021 One of theSkimm's "16 Essential Books to Read This Black History Month" One of Fortune Magazine's "21 Books to Look Forward to in 2021!" One of Badass Women's Bookclub picks for "Badass Books We Can't Wait to Read in 2021!" One of Working Mother Magazine's "21 Best Books of 2021 for Working Moms" One of Ms. Magazine's "Most Anticipated Reads for the Rest of Us 2021" One of Bustle's "11 Nonfiction Books To Read For Black History Month — All Written By Women" One of SheReads.com's "Most anticipated nonfiction books of 2021" Berdis Baldwin, Alberta King, and Louise Little were all born at the beginning of the 20th century and forced to contend with the prejudices of Jim Crow as Black women. These three extraordinary women passed their knowledge to their children with the hope of helping them to survive in a society that would deny their humanity from the very beginning—from Louise teaching her children about their activist roots, to Berdis encouraging James to express himself through writing, to Alberta basing all of her lessons in faith and social justice. These women used their strength and motherhood to push their children toward greatness, all with a conviction that every human being deserves dignity and respect despite the rampant discrimination they faced. These three mothers taught resistance and a fundamental belief in the worth of Black people to their sons, even when these beliefs flew in the face of America’s racist practices and led to ramifications for all three families’ safety. The fight for equal justice and dignity came above all else for the three mothers. These women, their similarities and differences, as individuals and as mothers, represent a piece of history left untold and a celebration of Black motherhood long overdue.

As her son grows up from little boy to adult man, a mother secretly rocks him each night as he sleeps.

In **THE SIXTY MINUTE MOTHER** Rob Parsons turns his warm wisdom and wit to the subject of motherhood. Talking to a variety of mothers, including Dianne Parsons, from all backgrounds and situations (working, lone, home-based, mothers of babies, teenagers, adopted kids and so on) he has compiled a wonderfully inspirational book on the highs and lows of being a mother, with lots of fresh insights. In his usual style, and never forgetting the essential truth that men need to nurture their maternal instincts too, he has written another winner.

How to Teach Others to Teach Themselves

Risen Motherhood

A Memoir

The Rainbow Comes and Goes

One Minute Later

Hey Mom

**#1 New York Times Bestseller** A touching and intimate correspondence between Anderson Cooper and his mother, Gloria Vanderbilt, offering timeless wisdom and a revealing glimpse into their lives **The Rainbow Comes and Goes** is a charming, intimate and fascinating collection of correspondence between broadcaster and **#1 New York Times** bestselling author Anderson Cooper and his mother, the celebrated Gloria Vanderbilt. Anderson Cooper 's intensely busy career as a journalist for CNN and CBS ' 60 Minutes affords him little time to spend with his ninety-one year old mother. After she briefly fell ill, he and Gloria began a conversation through e-mail unlike any they had ever had before—a correspondence of surprising honesty and depth in which they discussed their lives, the things that matter to them and what they still want to learn about each other. Both a son 's love letter to his mother in her final years and an unconventional mother 's life lessons for her grown son, **The Rainbow Comes and Goes** offers a rare window into their close relationship and fascinating lives. In these often hilarious and touching exchanges, they share their most private thoughts and the hard-earned truths they 've learned along the way. Throughout, their distinctive personalities shine through—Anderson 's darker outlook on the world is a brilliant contrast to his mother 's idealism and unwavering optimism. An appealing blend of memoir and inspirational advice, **The Rainbow Comes and Goes** is a beautiful and affectionate celebration of the profound and universal bond between a parent and child, and, like **Tuesdays with Morrie**, a thoughtful reflection on life and love, reminding us of the precious knowledge and insight that remains to be shared, no matter what age we are.

Over 90,000 copies sold! Devotions designed to help mothers and daughters grow closer to God and each other 365 daily devotional readings Discussion questions Mother/daughter activities Great for conversation starters Perfect for tweens and young teens Moms, do you want to connect with your daughter and God at the same time? Girls, do you ever wonder if your mom knows what its like to be in your shoes? This devotional is uniquely designed to help mothers

and daughters grow closer to each other while they grow closer to God. Written by best-selling tween and teen author Dannah Gresh with Janet Mylin, each devotion includes a Bible passage and an activity or discussion question to help moms and daughters apply the lesson to their lives. Topics for the devotions are centered around issues that best-selling author Dannah Gresh is known for addressing through her books and mother-daughter conferences. Topics include modesty, purity, self-esteem, handling emotions, witnessing, living the faith, and more. Throughout this book, there are also tips for meditating on Gods Word, easy-to-swallow theology lessons, some craft activities, and even a few recipes to serve as reminders of Scripture. After 365 days, mother and daughter are sure to see a difference in their relationship with God and each other.

The Midnight Library

The One Minute Teacher

Mother Shock

Just a Minute

See You in a Minute