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**The Moneyless Man  
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Freeeconomic  
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**INSTANT NATIONAL**

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**BESTSELLER "Travel to the  
land of Couldn't Be More  
Timely."--Margaret Atwood on  
Lean Out, in the West End  
Phoenix "What begins as one  
woman's critique of our  
culture of overwork and  
productivity ultimately**

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**becomes an investigation into our most urgent problems: vast inequality, loneliness, economic precarity, and isolation from the natural world. Henley punctures the myths of the meritocracy in a way few writers have. This is**

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**an essential book for our  
time." --Mandy Len Catron,  
author of How to Fall in Love  
with Anyone A deeply  
personal and informed  
reflection on the modern  
world--and why so many feel  
disillusioned by it. In 2016,**

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**journalist Tara Henley was at the top of her game working in Canadian media. She had traveled the world, from Soweto to Bangkok and Borneo to Brooklyn, interviewing authors and community leaders,**

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**politicians and Hollywood celebrities. But when she started getting chest pains at her desk in the newsroom, none of that seemed to matter. The health crisis--not cardiac, it turned out, but anxiety--forced her to step off**

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**the media treadmill and  
examine her life and the  
stressful twenty-first century  
world around her. Henley was  
not alone; North America was  
facing an epidemic of lifestyle-  
related health problems. And  
yet, the culture was**

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**continually celebrating the elite few who thrived in the always-on work world, those who perpetually leaned in. Henley realized that if we wanted innovative solutions to the wave of burnout and stress-related illness, it was**



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**time to talk to those who had  
leaned out. Part memoir, part  
travelogue, and part  
investigation, Lean Out tracks  
Henley's journey from the  
heart of the connected city to  
the fringe communities that  
surround it. From early**

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**retirement enthusiasts in  
urban British Columbia to  
moneyless men in rural  
Ireland, Henley uncovers a  
parallel track in which  
everyday citizens are quietly  
dropping out of the  
mainstream and reclaiming**

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**their lives from overwork.  
Underlying these disparate  
movements is a rejection of  
consumerism, a growing  
appetite for social  
contribution, and a quest for  
meaningful connection in this  
era of extreme isolation and**

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**loneliness. As she connects the dots between anxiety and overwork, Henley confronts the biggest issues of our time.**

**One hundred years ago, Henry Thoreau wrote of the charms and joys of simple**

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**living in the woods, away from the hectic nuisances of our city civilization. His philosophy has become part of our American heritage, as sound today as the day he first set it down. But his advice on the simple life has**

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**seemed too rugged for later generations, brought up in cities, pampered with conveniences and scared of nature. Vena and Brad Angier were fed up with their city bound existence and longtime readers and admirers of**

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**Thoreau, they set out to see if his discoveries were valid today. This is the account of two wilderness-loving tenderfeet, who headed for the tall timber on the banks of the Peace River, British Columbia. There near the**

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**trading post of Hudson Hope  
they found their Walden. How  
they made themselves 'At  
Home in the Woods,' stocked  
their cabin, met their  
interesting wilderness  
neighbors who helped them  
get settled and who saw them**



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**through their first winter  
makes honest and exciting  
reading. The city-bred Angiers  
found out that Thoreau was  
right when he wrote: "What  
people say you can not do,  
you try and find you can."  
As seen on Oprah's SuperSoul**

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**Sunday In a time of social and ecological crisis, what can we as individuals do to make the world a better place? This inspirational and thought-provoking book serves as an empowering antidote to the cynicism, frustration,**

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**paralysis, and overwhelm so many of us are feeling, replacing it with a grounding reminder of what's true: we are all connected, and our small, personal choices bear unsuspected transformational power. By fully embracing and**

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**practicing this principle of interconnectedness—called interbeing—we become more effective agents of change and have a stronger positive influence on the world. Throughout the book, Eisenstein relates real-life**

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**stories showing how small, individual acts of courage, kindness, and self-trust can change our culture's guiding narrative of separation, which, he shows, has generated the present planetary crisis. He brings to**

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**conscious awareness a deep  
wisdom we all innately know:  
until we get our selves in  
order, any action we take—no  
matter how good our  
intentions—will ultimately be  
wrongheaded and  
wronghearted. Above all,**

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**Eisenstein invites us to embrace a radically different understanding of cause and effect, sounding a clarion call to surrender our old worldview of separation, so that we can finally create the more beautiful world our**

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**hearts know is possible. With chapters covering separation, interbeing, despair, hope, pain, pleasure, consciousness, and many more, the book invites us to let the old Story of Separation fall away so that we can stand**



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**firmly in a Story of Interbeing.  
From national security and  
social security to homeland  
and cyber-security, "security"  
has become one of the most  
overused words in culture and  
politics today. Yet it also  
remains one of the most**

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**undefined. What exactly are we talking about when we talk about security? In this original and timely book, John Hamilton examines the discursive versatility and semantic vagueness of security both in current and**

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**historical usage. Adopting a philological approach, he explores the fundamental ambiguity of this word, which denotes the removal of "concern" or "care" and therefore implies a condition that is either carefree or**

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**careless. Spanning texts from  
ancient Greek poetry to  
Roman Stoicism, from  
Augustine and Luther to  
Machiavelli and Hobbes, from  
Kant and Nietzsche to  
Heidegger and Carl Schmitt,  
Hamilton analyzes**

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**formulations of security that involve both safety and negligence, confidence and complacency, certitude and ignorance. Does security instill more fear than it assuages? Is a security purchased with freedom or**

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**human rights morally viable?  
How do security projects  
inform our expectations,  
desires, and anxieties? And  
how does the will to security  
relate to human finitude?  
Although the book makes  
clear that security has always**

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**been a major preoccupation of humanity, it also suggests that contemporary panics about security and the related desire to achieve perfect safety carry their own very significant risks.**

**The Happy Minimalist**

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**Choices That Will Change  
Your Life and the World  
Around You  
The More Beautiful World Our  
Hearts Know Is Possible  
Ishmael  
A Life of Riches  
An Economist's Secrets to**



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**More Money, Less Risk, and a  
Better Life**

**Deep Economy**

**Interview with Mark Boyle,  
who defied the odds when  
he launched an experiment  
to live for one year without**

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**spending any money. Nearly  
three years later, he  
remains the "moneyless  
man," living a subsistence  
lifestyle in Sussex, England.  
Boyle's first book, The  
Moneyless Man: A Year of**

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**Freeeconomic Living (2010)**  
**chronicles his first year**  
**living without money. His**  
**second book, The**  
**Moneyless Manifesto**  
**(2012), delves more deeply**  
**into the philosophy behind**

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**a moneyless economy, and here, in this interview, he explains how to "live well, live rich, live free."**

**"An in-depth and compelling account of diverse Americans living off**

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**the grid.” —Los Angeles  
Times The radical search  
for the simple life in today’s  
America. On a frigid April  
night, a classically trained  
opera singer, five months  
pregnant, and her husband,**

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**a former marine biologist,  
disembark an Amtrak train  
in La Plata, Missouri,  
assemble two bikes, and  
pedal off into the night,  
bound for a homestead  
they've purchased, sight**

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**unseen. Meanwhile, a horticulturist, heir to the Great Migration that brought masses of African Americans to Detroit, and her husband, a product of the white flight from it,**

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**have turned to urban  
farming to revitalize the  
blighted city they both love.  
And near Missoula,  
Montana, a couple who  
have been at the forefront  
of organic farming for**



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**decades navigate what it means to live and raise a family ethically. A work of immersive journalism steeped in a distinctively American social history and sparked by a personal**

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**quest, The Unsettlers traces  
the search for the simple  
life through the stories of  
these new pioneers and  
what inspired each of them  
to look for -- or create -- a  
better existence.**

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**Captivating and clear-eyed,  
it dares us to imagine what  
a sustainable, ethical,  
authentic future might  
actually look like.**

**Project Society After Money  
is an interdisciplinary**

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**project between commons  
theory, evolutionary  
political economy, media  
studies and sociology, that  
enter into a dialogue with  
one another in order to look  
at their specific theories**

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**and criticisms of money.  
Conceived as the beginning  
of a necessary  
interdisciplinary dialogue,  
the possibilities of post-  
monetary forms of  
organization and**

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**production are taken into account and examined. On one hand there is a lot of talk about 'digital revolution', 'mediatized society', 'networks', 'Industry 4.0'. On the other**

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**hand the present is  
described in terms of crisis:  
'financial crisis', 'economic  
crisis', 'planetary  
boundaries'. At once there  
is the description of a  
media-technological change**

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**along with massive social  
and ecological disruptions.  
Society After Money is  
based on the premise that  
there might be a conflict  
between digital  
media/digital technology**



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**and the medium of money -  
and perhaps new digital  
possibilities that allow  
alternative forms of  
economy. It criticizes what  
is normally seen as self-  
evident and natural, namely**

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**that social coordination has to be done by the medium of money. We're left with a highly innovative collection of contributions that initiates a broader social discourse on the role of**

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**money in the global society  
of the 21st century.**

**A user's guide for  
dismantling modern  
civilization.**

**Timeless Simplicity**

**Dude Making a Difference**

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**The Wake**

**Living the Life of Thoreau  
Today**

**Why Staying Small Is the  
Next Big Thing for Business**

**The Man Who Quit Money**

**Boyle Family, Hayward**

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**Gallery, London, 1  
November 1986-25 January  
1987**

Doing well with money isn ' t  
necessarily about what you  
know. It ' s about how you  
behave. And behavior is hard to

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teach, even to really smart people. Money—investing, personal finance, and business decisions—is typically taught as a math-based field, where data and formulas tell us exactly what to do. But in the real world

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people don ' t make financial decisions on a spreadsheet. They make them at the dinner table, or in a meeting room, where personal history, your own unique view of the world, ego, pride, marketing, and odd

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incentives are scrambled together. In *The Psychology of Money*, award-winning author Morgan Housel shares 19 short stories exploring the strange ways people think about money and teaches you how to make



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better sense of one of life ' s  
most important topics.

Revised, Extended, and  
Extensively Updated Text Uses  
Historical Geographical and  
Thematic Approach to Provide  
Undergraduates with a Firm

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Foundation in Human  
Geography Drawing on nearly  
three decades of instructional  
experience and a wealth of  
testing pedagogical innovations  
with students, Mark Boyle has  
revised and expanded this

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authoritative and  
comprehensive introduction to  
Human Geography. As with the  
First Edition, Boyle follows the  
premise that “ history makes  
geography whilst geography  
makes history, ” and that the

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key to studying the principal demographic, social, political, economic, cultural and environmental processes in any region in the world today is to look at how that region has been impacted by, and in turn

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has impacted, the story of the rise, reign, and decline of the West. Moreover he argues that Human Geography itself is best understood as both an intellectual endeavour and a historical, political, and

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institutional project. Informed by recent developments in post-colonial scholarship, the book covers key concepts, seminal thinkers, and influential texts in the field. Although designed for the beginner student, Boyle

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does not shy away from ideas and debates often avoided in introductory texts, clearly communicating theory without condescension. In addition, he places human geography in its larger academic context,

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discussing the influences on the field from related subjects.

Notable features in the Second Edition include: Extensive revision and updating of coverage of key ideas, developments, debates and



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case studies New chapter on  
uneven geographical  
development at different scales  
and development theory and  
practice Dedicated coverage of  
Covid-19s geographies New  
learning resources (figures,

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tables, plates, maps, Deep Dive boxes, etc.) throughout the text, plus learning objectives, essay questions, checklists summarizing key ideas, and guidance for further reading Updated and expanded

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companion website with MP4 and MP3 chapter-by-chapter lectures and PowerPoint slides for each chapter, new multiple-choice exam paper and additional essay-style exam questions, and a wide range of

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student tutorial exercises

Human Geography: An Essential  
Introduction, Second Edition is  
an excellent foundational text  
for undergraduate courses in  
human geography,  
globalization, Western

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civilization, historiographies of intellectual thought, the grand public problems confronting humanity in the twenty first century, and other wider social science courses.

Grand Prize Winner of the 2015

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Green Book Festival Mark  
Sundeen's new book, The  
Unsettlers, is coming in January  
2017 from Riverhead Books In  
2000, Daniel Suelo left his life  
savings-all thirty dollars of it-in a  
phone booth. He has lived

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without money-and with a  
newfound sense of freedom and  
security-ever since. The Man  
Who Quit Money is an account  
of how one man learned to live,  
sanely and happily, without  
earning, receiving, or spending

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a single cent. Suelo doesn't pay taxes, or accept food stamps or welfare. He lives in caves in the Utah canyonlands, forages wild foods and gourmet discards. He no longer even carries an I.D. Yet he manages to amply fulfill



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not only the basic human needs-  
for shelter, food, and warmth-  
but, to an enviable degree, the  
universal desires for  
companionship, purpose, and  
spiritual engagement. In  
retracing the surprising path

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and guiding philosophy that led Suelo into this way of life, Sundeen raises provocative and riveting questions about the decisions we all make, by default or by design, about how we live-and how we might live

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better.

Imagine living for an entire year without money. Where do you live? What do you eat? How do you stay in touch with your friends and family? Former businessman Mark Boyle

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thought he ' d give it a try. In a world of seasonal foods, solar panels, skill-swapping schemes, cuttlefish toothpaste, and compost toilets, Boyle puts the fun into frugality and offers some great tips for economical

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and environmentally friendly living. By following his own strict rules, he learns ingenious ways to eliminate his bills and flourish for free. Heart-warming, witty, and full of money-saving tips, The Moneyless Man will

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inspire you to ask what really  
matters in life.

Timeless lessons on wealth,  
greed, and happiness

The New Economics

How to Make Your Money Last

Why I Live in a Shed

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Real People Finding Peace and  
Fulfillment in a Complex World  
A Journey into Silence  
At Home in the Woods  
"A work that is as  
disturbing as it is  
empathetic, as beautiful

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as it is riveting."

—Eimear McBride, New  
Statesman In the  
aftermath of the Norman  
Invasion of 1066,  
William the Conqueror  
was uncompromising and



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brutal. English society was broken apart, its systems turned on their head. What is little known is that a fractured network of guerrilla fighters took

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up arms against the French occupiers. In *The Wake*, a postapocalyptic novel set a thousand years in the past, Paul Kingsnorth brings this dire scenario back to us

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through the eyes of the  
unforgettable  
Buccmaster, a proud  
landowner bearing  
witness to the end of  
his world. Accompanied  
by a band of like-minded

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men, Buccmaster is determined to seek revenge on the invaders. But as the men travel across the scorched English landscape, Buccmaster becomes

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increasingly unhinged by  
the immensity of his  
loss, and their path  
forward becomes  
increasingly unclear.  
Written in what the  
author describes as "a

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shadow tongue"—a version  
of Old English updated  
so as to be  
understandable to the  
modern reader—The Wake  
renders the inner life  
of an Anglo-Saxon man

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with an accuracy and immediacy rare in historical fiction. To enter Buccmaster's world is to feel powerfully the sheer strangeness of the past. A tale of lost

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gods and haunted  
visions, The Wake is  
both a sensational,  
gripping story and a  
major literary  
achievement.

Neil Ansell's THE LAST



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WILDERNESS is a  
mesmerising book on  
nature and solitude by a  
writer who has spent his  
lifetime taking solitary  
ventures into the wild.  
For any readers of the

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author's previous book,  
DEEP COUNTRY, Robert  
Macfarlane's THE OLD  
WAYS or William Atkins  
THE MOOR. Shortlisted  
for the 2018 Wainwright  
Golden Beer Book Prize

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Shortlisted for the 2018  
Highland Book Prize  
'Ansell has the rare  
skill of combining  
vividly the intimacy of  
detail and the  
astonishing grandeur of

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this North West  
coastline of Scotland.  
Through his keen eyes we  
look again at the  
familiar with a sense of  
wondrous revelation'  
Madeleine Bunting

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'Beautiful...a testimony  
to reticent courage'

Daily Mail The  
experience of being in  
nature alone is here set  
within the context of a  
series of walks that

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Neil Ansell takes into the most remote parts of Britain, the rough bounds in the Scottish Highlands. He illustrates the impact of being alone as part

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of nature, rather than outside it. As a counterpoint, Neil Ansell also writes of the changes in the landscape, and how his hearing loss affects his

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relationship with nature  
as the calls of the  
birds he knows so well  
become silent to him.  
Increase your spending  
power, enhance your  
standard of living, and



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achieve financial independence with this “must-read” guide to money management (Jane Bryant Quinn). Laurence Kotlikoff, one of our nation’s premier

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personal finance experts  
and coauthor of the New  
York Times bestseller  
Get What's Yours: The  
Secrets to Maxing Out  
Your Social Security,  
harnesses the power of

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economics and advanced  
computation to deliver a  
host of spellbinding but  
simple money magic  
tricks that will  
transform your financial  
future.Each trick shares

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a basic ingredient for financial savvy based on economic common sense, not Wall Street snake oil. Money Magic offers a clear path to a richer, happier, and

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safer financial life.

Whether you're making  
education, career,  
marriage, lifestyle,  
housing, investment,  
retirement, or Social  
Security decisions,

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Kotlikoff provides a clear framework for readers of all ages and income levels to learn tricks like: How to choose a career to maximize your lifetime

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earnings (hint: you may want to consider picking up a plunger instead of a stethoscope). How to buy a superior education on the cheap and graduate debt-free. Why

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it's smarter to cash out  
your IRA to pay off your  
mortgage. Why delaying  
retirement for two years  
can reap dividends and  
how to lower your  
average lifetime tax



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bracket. Money Magic's most powerful act is transforming your financial thinking, explaining not just what to do, but why to do it. Get ready to discover

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the economics approach  
to financial  
planning—the fruit of a  
century's worth of  
research by thousands of  
cloistered economic  
wizards whose now-

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accessible collective  
findings turn  
conventional financial  
advice on its head.  
Kotlikoff uses his soft  
heart, hard nose, dry  
wit, and flashing wand

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to cast a powerful  
spell, leaving you eager  
to accomplish what you  
formerly dreaded:  
financial planning.  
Winner of the  
prestigious George

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Washington Book Prize,  
George Washington is a  
vivid recounting of the  
formative years and  
military career of "The  
Father of his Country,"  
following his journey

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from brutal border skirmishes with the French and their Native American allies to his remarkable victory over the British Empire, an achievement that

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underpinned his selection as the first president of the United States of America. The book focuses on a side of Washington that is often overlooked: the

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feisty young frontier  
officer and the early  
career of the tough  
forty-something  
commander of the  
revolutionaries' ragtag  
Continental Army. Award-



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winning historian

Stephen Brumwell shows  
how, ironically,  
Washington's reliance  
upon English models of  
"gentlemanly" conduct,  
and on British military

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organization, was  
crucial in establishing  
his leadership of the  
fledgling Continental  
Army, and in forging it  
into the weapon that  
secured American

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independence. Drawing on  
a wide range of sources,  
including original  
archival research,  
Brumwell brings a fresh  
new perspective on this  
extraordinary

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individual, whose fusion  
of gentleman and warrior  
left an indelible  
imprint on history.

Bamboo Bikes, Dumpster  
Dives and Other Extreme  
Adventures Across

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America

Flipping the Switch on  
Technology  
Security  
Tales from a Life  
Without Technology  
George Washington:

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Gentleman Warrior

A Dialogue

Creative Living in a  
Consumer Society

***This ground breaking  
work goes beyond the  
books that tell you how***

*Page 118/235*

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***to simplify your life.  
This book reveals what  
has happened in the  
lives of real people who  
have done it. Based on  
the author's three-year  
study of over 200 people***

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***from 40 states and eight  
countries, Choosing  
Simplicity is a  
delightful and rich  
blend of real-life  
profiles and guidelines  
on simplicity.***



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***Interwoven throughout  
the stories are the  
author's insights and  
guidance for those who  
want to explore  
simplicity and those who  
have already embarked on***

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***this journey. The book  
also includes a 16-page  
Resource Guide with  
reviews of 42 books on  
simplicity, information  
on related web sites,  
organizations,***

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***simplicity study  
circles, workshops,  
newsletters and  
magazines.***

***Short-listed for the  
2015 Man Booker Prize  
The Guardian: The Best***

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***Novels of 2015 The  
Independent: Literary  
Fiction of the Year 2015  
From one of Granta's  
Best of Young British  
Novelists and Man Booker  
Prize nominee Sunjeev***

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***Sahota—a sweeping,  
urgent contemporary  
epic, set against a vast  
geographical and  
historical canvas,  
astonishing for its  
richness and texture and***

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*scope, and for the utter  
immersiveness of its  
reading experience.*

*Three young men, and one  
unforgettable woman,  
come together in a  
journey from India to*

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***England, where they hope to begin something new—to support their families; to build their futures; to show their worth; to escape the past. They have almost***

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***no idea what awaits  
them. In a dilapidated  
shared house in  
Sheffield, Tarlochan, a  
former rickshaw driver,  
will say nothing about  
his life in Bihar. Avtar***



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***and Randeep are middle-class boys whose families are slowly sinking into financial ruin, bound together by Avtar's secret. Randeep, in turn, has a visa wife***

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***across town, whose  
cupboards are full of  
her husband's clothes in  
case the immigration  
agents surprise her with  
a visit. She is  
Narinder, and her story***

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Man A Year Of Freeeconomic  
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***is the most surprising  
of them all. The Year of  
the Runaways unfolds  
over the course of one  
shattering year in which  
the destinies of these  
four characters become***

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*irreversibly entwined, a  
year in which they are  
forced to rely on one  
another in ways they  
never could have  
foreseen, and in which  
their hopes of breaking*

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*free of the past are  
decimated by the  
punishing realities of  
immigrant life. A novel  
of extraordinary  
ambition and authority,  
about what it means and*

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***what it costs to make a  
new life—about the  
capaciousness of the  
human spirit, and the  
resurrection of  
tenderness and humanity  
in the face of***

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***unspeakable suffering.  
In this timeless classic  
that topped the New York  
Times bestseller list in  
1966 and 1967, Sam  
Levenson recalls his  
childhood with the***

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*warmth and affectionate  
humor that endeared the  
author and humorist to  
millions of Americans.  
He describes the cramped  
New York tenement which  
he shared with his*



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***parents, his six older  
brothers, and his sister  
as a “a life of  
plenty”—plenty of  
relatives, neighbors,  
boarders, janitors,  
hugs, slaps, books,***

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*music, weddings,  
illnesses, cats, dogs,  
cockroaches, and the  
like. He recalls how his  
parents bestowed upon  
him a “life of  
plenty”—plenty of hope,*

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***ambition, and faith in  
education, all of which  
became the hallmarks of  
his life and career. As  
he remembers his parents  
with overwhelming love,  
and cherishes the***

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***ethical values they  
instilled in him, he  
shows how those values  
are timeless and have  
helped him as he became  
a parent. His vivid  
recollections of a big***

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***family, rich in  
everything but money,  
are interspersed with a  
deep concern for the  
social and moral  
dilemmas facing today's  
young people, dilemmas***

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*which carry on to this  
day. Sam Levenson's  
blend of sweetness,  
hilarity and wisdom  
shines through  
Everything But Money and  
offers lessons that we*

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***can all learn from,  
lessons that are  
timeless and as relevant  
now as they were 50  
years after Everything  
But Money was first  
released . . .***

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***In 1517, Martin Luther nailed his 95 theses to the wall of Wittenberg church. He argued that the Church's internally consistent but absurd doctrines had pickled***



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***into a dogmatic  
structure of untruth. It  
was time for a  
Reformation. Half a  
millennium later, Steve  
Keen argues that  
economics needs its own***

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***Reformation. In  
Debunking Economics, he  
eviscerated an  
intellectual church –  
neoclassical economics –  
that systematically  
ignores its own***

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***empirical untruths and  
logical fallacies, and  
yet is still  
mysteriously worshipped  
by its scholarly high  
priests. In this book,  
he presents his***

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***Reformation: a New  
Economics, which tackles  
serious issues that  
today's economic  
priesthood ignores, such  
as money, energy and  
ecological***

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***sustainability. It gives  
us hope that we can save  
our economies from  
collapse and the planet  
from ecological  
catastrophe. Performing  
this task with his usual***

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***panache and wit, Steve Keen's new book is unmissable to anyone who has noticed that the economics Emperor is naked and would like him to put on some clothes.***

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***The Way Home***

***Everyone Brave is***

***Forgiven***

***Choosing Simplicity***

***Willing to Be Stirred As***

***a Pot of Paint***

***Better Off***

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***Economics As If the  
World Mattered  
A novel***

The instant New York Times  
bestseller from Chris  
Cleave—the unforgettable  
novel about three lives



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entangled during World War II, told "with dazzling prose, sharp English wit, and compassion...a powerful portrait of war's effects on those who fight and those left behind"

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(People, Book of the Week). London, 1939. The day war is declared, Mary North leaves finishing school unfinished, goes straight to the War Office, and signs up. Tom

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Shaw decides to ignore the war—until he learns his roommate Alistair Heath has unexpectedly enlisted. Then the conflict can no longer be avoided. Young, bright, and brave, Mary is

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certain she'd be a marvelous spy. When she is—bewilderingly—made a teacher, she finds herself defying prejudice to protect the children her country would rather

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forget. Tom, meanwhile, finds that he will do anything for Mary. And when Mary and Alistair meet, it is love, as well as war, that will test them in ways they could

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not have imagined,  
entangling three lives in  
violence and passion,  
friendship, and deception,  
inexorably shaping their  
hopes and dreams. The  
three are drawn into a

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tragic love triangle  
and—as war escalates and  
bombs begin  
falling—further into a  
grim world of survival and  
desperation. Set in London  
during the years of

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1939–1942, when citizens had slim hope of survival, much less victory; and on the strategic island of Malta, which was daily devastated by the Axis barrage, Everyone Brave is



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Forgiven features little-known history and a perfect wartime love story inspired by the real-life love letters between Chris Cleave's grandparents. This dazzling novel dares

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us to understand that, against the great theater of world events, it is the intimate losses, the small battles, the daily human triumphs that change us most.

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It was 11pm when I checked my email for the last time and turned off my phone for what I hoped would be forever. No running water, no car, no electricity or any of the things it

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powers: the internet,  
phone, washing machine,  
radio or light bulb. Just  
a wooden cabin, on a  
smallholding, by the edge  
of a stand of spruce. THE  
WAY HOME is a modern-day

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Walden -- an honest and lyrical account of a remarkable life lived in nature without modern technology. Mark Boyle, author of THE MONEYLESS MAN, explores the hard won

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joys of building a home with his bare hands, learning to make fire, collecting water from the stream, foraging and fishing. What he finds is an elemental life, one

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governed by the rhythms of the sun and seasons, where life and death dance in a primal landscape of blood, wood, muck, water, and fire - much the same life we have lived for most of

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our time on earth.

Revisiting it brings a deep insight into what it means to be human at a time when the boundaries between man and machine are blurring.



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Set in Los Angeles in the early 1980's, this coolly mesmerizing novel—now a timeless classic—is a raw, powerful portrait of a lost generation who have experienced sex, drugs,

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and disaffection at too early an age. They live in a world shaped by casual nihilism, passivity, and too much money in a place devoid of feeling or hope. When Clay comes home for

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Christmas vacation from his Eastern college, he re-enters a landscape of limitless privilege and absolute moral entropy, where everyone drives Porches, dines at Spago,

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and shorts mountains of cocaine. He tries to renew feelings for his girlfriend, Blair, and for his best friend from high school, Julian, who is careering into hustling

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and heroin. Clay's holiday turns into a dizzying spiral of desperation that takes him through the relentless parties in glitzy mansions, seedy bars, and underground rock

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clubs and also into the seamy world of L.A. after dark.

More than ever, people are longing for deep and meaningful change. Another world is not only

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possible; it is essential.

Yet despite our creative  
and determined efforts to  
attain social justice and  
ecological sustainability,  
our global crises continue  
to deepen. In Drinking

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Molotov Cocktails with  
Gandhi, best-selling  
author Mark Boyle argues  
that our political and  
economic system has  
brought us to the brink of  
climate catastrophe,



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ransacking ecosystems and unraveling communities for the benefit of the few at the expense of the many. He makes a compelling case that we must "rewild" the political landscape, as

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history teaches us that positive social change has always been wrought by movements prepared to use any means available. The time has come for pacifists,

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revolutionaries, and  
freedom fighters to work  
together for the creation  
of a world worth  
sustaining. Eloquent,  
visionary, and beautifully  
written, this incendiary

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manifesto strikes at the heart of the world's crises and reframes our understanding of how to solve them, signaling a turning point in our journey towards an

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ecologically just society.

The three R's of the  
climate change  
generation—reduce, reuse,  
and recycle—are long  
overdue for an upgrade  
.Welcome to resist,

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revolt, rewild. Mark Boyle is the author of The Moneyless Man and The Moneyless Manifesto. He lived completely without money for three years, and is a director of the

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global sharing community  
streetbank.com.

Living Faith

The Year of the Runaways

Money Magic

The Psychology of Money

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Less Than Zero

A Year of Freeeconomic  
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Helen tells stories from her  
experience that help us to  
understand the role of faith in our  
lives and how to strengthen it.



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The Moneyless Man A Year of  
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Schuster

What if the real key to a richer  
and more fulfilling career was not  
to create and scale a new start-  
up, but rather, to be able to work

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for yourself, determine your own hours, and become a (highly profitable) and sustainable company of one? Suppose the better--and smarter--solution is simply to remain small? This book explains how to do just

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that. Company of One is a refreshingly new approach centered on staying small and avoiding growth, for any size business. Not as a freelancer who only gets paid on a per piece basis, and not as an

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entrepreneurial start-up that wants to scale as soon as possible, but as a small business that is deliberately committed to staying that way. By staying small, one can have freedom to pursue more meaningful

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pleasures in life, and avoid the headaches that result from dealing with employees, long meetings, or worrying about expansion. Company of One introduces this unique business strategy and explains how to

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make it work for you, including how to generate cash flow on an ongoing basis. Paul Jarvis left the corporate world when he realized that working in a high-pressure, high profile world was not his idea of success. Instead,

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he now works for himself out of his home on a small, lush island off of Vancouver, and lives a much more rewarding and productive life. He no longer has to contend with an environment that constantly demands more

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productivity, more output, and more growth. In Company of One, Jarvis explains how you can find the right pathway to do the same, including planning how to set up your shop, determining your desired



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revenues, dealing with unexpected crises, keeping your key clients happy, and of course, doing all of this on your own.

What happens when a graduate of MIT, the bastion of technological advancement, and

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his bride move to a community so primitive in its technology that even Amish groups consider it antiquated? Eric Brende conceives a real-life experiment: to see if, in fact, all our cell phones, wide-screen TVs, and

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SUVs have made life easier and better -- or whether life would be preferable without them. By turns, the query narrows down to a single question: What is the least we need to achieve the most? With this in mind, the

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Brendes ditch their car, electric stove, refrigerator, running water, and everything else motorized or "hooked to the grid" and begin an eighteen-month trial run -- one that dramatically changes the way they live, and proves

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entertaining and surprising to readers. Better OFF is a smart, often comedic, and always riveting book that also mingles scientific analysis with the human story, demonstrating how a world free of technological

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excess can shrink stress -- and  
waistlines -- and expand  
happiness, health, and leisure.  
Our notion that technophobes  
are backward gets turned on its  
head as the Brendes realize that  
the crucial technological

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decisions of their adopted  
Minimite community are made  
more soberly and deliberately  
than in the surrounding culture,  
and the result is greater -- not  
lesser -- mastery over the  
conditions of human existence.

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The Moneyless Man

Drinking Molotov Cocktails with  
Gandhi

The Unsettlers

Lean Out

Everything But Money

A Manifesto



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Being Seventy

Contending that more is not better for consumers, bestselling author McKibben offers a realistic, if challenging, scenario for a hopeful future. For those who wonder if there isn't more to

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life than buying, he provides insight on individual responsibility as well as global awareness.

An award-winning, compelling novel of spiritual adventure about a gorilla named Ishmael, who

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possesses immense wisdom,  
and the man who becomes his  
pupil, offers answers to the  
world's most pressing moral  
dilemmas. Reprint.

2020 New York City Big Book  
Awards Winner in Self-Help:

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Motivational 2020 14th Annual  
National Indie Excellence Award-  
Winner in Self-Help Motivational  
2019 IPPY Gold Medal Winner:  
Self Help 2019 Nautilus Book  
Awards Gold Winner in Personal  
Growth & Self-Help 2019 Next

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Generation Indie Book Awards:  
Gold Medal Winner in  
Motivational 2019 Readers'  
Favorite Awards: Gold Medal  
Winner in Nonfiction Self-Help  
2019 Eric Hoffer Award Winner:  
Self-Help 2019 Independent

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Author Network Book of the Year  
Awards: First Place in Self-Help  
2019 Chanticleer I & I Book  
Awards for Instruction and  
Insight Finalist 2019 International  
Book Awards: Finalist, Self-Help:  
General 2019 Nancy Pearl Best

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Book Award: Finalist in Memoir  
2019 Eric Hoffer Montaigne

Medal: Finalist 2019 Foreword

Indies Finalist: Adult

Nonfiction—Self-Help Kirkus

Reviews Best Books of 2018

Being kind is something most of

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us do when it's easy and when it suits us. Being kind when we don't feel like it, or when all of our buttons are being pushed, is hard. But that's also when it's most needed; that's when it can defuse anger and even violence,



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when it can restore civility in our personal and virtual interactions. Kindness has the power to profoundly change our relationships with other people and with ourselves. It can, in fact, change the world. In A Year

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of Living Kindly—using stories, observation, humor, and summaries of expert research—Donna Cameron shares her experience committing to 365 days of practicing kindness. She

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presents compelling research into the myriad benefits of kindness, including health, wealth, longevity, improved relationships, and personal and business success. She explores what a kind life entails, and what

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gets in the way of it. And she provides practical and experiential suggestions for how each of us can strengthen our kindness muscle so choosing a life of kindness becomes ever easier and more natural. An

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inspiring, practical guide that can help any reader make a commitment to kindness, A Year of Living Kindly shines a light on how we can create a better, safer, and more just world—and how you can be part of that

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transformation.

The life of a minimalist does not have to be deprived. It is simple living focused on what is truly needed to make you happy. It can be filled with enriching experiences, as demonstrated by

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Peter's life. Of humble beginnings, Peter is currently financially independent not through winning a lottery, inheriting wealth, or joining a start-up. In this book, Peter poses questions, provides facts,

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and shares his personal experience. It is a timely call to examine one's life, to achieve financial independence, to attain good health, and to create a better planet for all. What some readers have said about the



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book "very timely and thought-  
provoking" "Book is worth every  
cent!" "I strongly recommend this  
book to my clients" Awarded 5  
stars by most Amazon reviewers  
"Lawrence's book is short, and  
his prose is easy and unadorned.

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Readers may occasionally  
stumble over an awkward  
phrase, but they will never doubt  
the authenticity of the writer of  
the clarity of his message"

Received 4 of 5 Stars -

Reviewed by ForeWord

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To purchase book from Barnes &  
Noble, Please Click  
A Novel  
In Search of the Good Life in  
Today's America

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Company of One

How I Lived a Year on Just a  
Pound a Day

Underminers

And Other Poems

Politics, Humanity, and the  
Philology of Care

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"With How to Make Your Money Last, you will learn how to turn your retirement savings into a steady paycheck that will last for life. Today, people worry that they're going to run out of money in their older age. That won't

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happen if you use a few tricks for squeezing higher payments from your assets--from your Social Security account (find the hidden values there), pension (monthly income or lump sum?), home equity (sell and invest the proceeds

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or take a reverse mortgage?), savings (should you buy a lifetime annuity?), and retirement accounts (how to invest and--critically--how much to withdraw from your savings each year?). The right moves will not only raise the

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amount you have to spend, they'll stretch out your money over many more years. You will also learn to look at your savings and investments in a new way. If you stick with super-safe choices the money might not last. You need



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safe money to help pay the bills in your early retirement years. But to ensure that you'll still have spending money 10 and 20 years from now, you have to invest for growth, today. Quinn shows you how. At a time when people are

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living longer, yet retiring with a smaller pot of savings than they'd hoped for, this book will become the essential guide"--

This is a book about simplicity – not destitution, parsimoniousness or self-denial, but the restoration of

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wealth in the midst of an affluence in which we are starving the spirit. It is a book about the advantages of living a less cluttered, less stressful life than that which has become the norm in the overcrowded and manic-paced consuming nations. It

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is a book about having less and enjoying more, enjoying time to do the work you love, enjoying time to spend with your family, enjoying time to pursue creative projects, enjoying time for good eating, enjoying time just to be.

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The story of a personal housing crisis that led to a discovery of the true value of home. 'Incredibly moving. To find peace and a sense of home after a life so profoundly affected by the housing crisis, is truly inspirational' Raynor Winn,

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bestselling author of The Salt Path  
Aged thirty-one, Catrina Davies was renting a box-room in a house in Bristol, which she shared with four other adults and a child. Working several jobs and never knowing if she could make the rent, she felt

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like she was breaking apart. Homesick for the landscape of her childhood, in the far west of Cornwall, Catrina decides to give up the box-room and face her demons. As a child, she saw her family and their security torn

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apart; now, she resolves to make a tiny, dilapidated shed a home of her own. With the freedom to write, surf and make music, Catrina rebuilds the shed and, piece by piece, her own sense of self. On the border of civilisation and



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wilderness, between the woods and the sea, she discovers the true value of home, while trying to find her place in a fragile natural world. This is the story of a personal housing crisis and a country-wide one, grappling with class,

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economics, mental health and nature. It shows how housing can trap us or set us free, and what it means to feel at home.

A Guide to Subverting The Machine  
Financial Independence, Good  
Health, and a Better Planet for Us

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All

Beyond Image

A Year of Living Kindly

The Last Wilderness

Homesick

Human Geography