



*code, they saved countless American lives. Yet their story remained classified for more than twenty years. But now Joseph Bruchac brings their stories to life for young adults through the riveting fictional tale of Ned Begay, a sixteen-year-old Navajo boy who becomes a code talker. His grueling journey is eye-opening and inspiring. This deeply affecting novel honors all of those young men, like Ned, who dared to serve, and it honors the culture and language of the Navajo Indians. An ALA Best Book for Young Adults "Nonsensational and accurate, Bruchac's tale is quietly inspiring..."—School Library Journal*

*"An interactive and empowering book" to help African American men and women create a new vision of better health and navigate the health care system (BET.com). According to the federal Office of Minority Health, African Americans "are affected by serious diseases and health conditions at far greater rates than other Americans." In fact, African Americans suffer an estimated 85,000 excess deaths every year from diseases we know how to prevent: heart disease, stroke, cancer, high blood pressure, and diabetes. In this important and accessible book, Dr. Michelle Gourdine provides African Americans with the knowledge and guidance they need to take charge of their wellbeing. Reclaiming Our Health begins with an overview of the primary health concerns facing African Americans and explains who is at greatest risk of illness. Expanding on her career and life experiences as an African American physician, Dr. Gourdine presents key insights into the ways African American culture shapes health choices—how beliefs, traditions, and values can influence eating choices, exercise habits, and even the decision to seek medical attention. She translates extensive research into practical information and presents readers with concrete steps for achieving a healthier lifestyle, as well as strategies for navigating the health-care system. This interactive guide with illustrations is a vital resource for every African American on how to live a healthier and more empowered life, and an indispensable handbook for health-care providers, policy makers, and others working to close the health gap among people of color. Says Gourdine, "I wrote this book to empower our community to solve our own health problems and save our own lives."*

*The 10-minute solution for healing your life through memory engineering*

*A True Story of Murder and Memory in Northern Ireland*

*The Secret Life of Programs*

*The Memory Keeper's Daughter*

*6 Minutes to Heal the Source of Your Health, Success, or Relationship Issue*

*The Power and Promise*

*You Can Have an Amazing Memory*

*'Dr. Alex Loyd has the defining healing technology in the world today - it will revolutionize health. It is the easiest way to get well and stay well fast. Dr. Loyd may very well be the Albert Schweitzer of our time.' - Mark Victor Hansen, inspirational and motivational speaker, trainer and bestselling author Every one of us is the product of our past experiences. Good or bad, everything we do is informed by our memories - or more accurately, what we take away from those memories. But what if you could go back and rewrite the lessons of the past? In The Memory Code, bestselling author Dr Alexander Loyd teaches us the techniques he's been developing for over 16 years, offering us a new approach to mindfulness with the powerful tool of Memory Reengineering. Alexander shows us that in just a simple ten minutes we can level up our lives and begin to heal; we can cut through memories that evoke embarrassment, trauma and fear, and move towards happier versions of ourselves. Through backed-up scientific breakdowns and actionable advice, Dr Alexander Loyd shows you how to implement Memory Reengineering into your life, showing you how to disconnect painful emotions from memories and ultimately replace them with happier, more healthier emotions. Whether you want improve at work, fix your relationships or you're on the path of self-improvement, The Memory Code will give you the power and tools to change.*

*A primer on the underlying technologies that allow computer programs to work. Covers topics like computer hardware, combinatorial logic, sequential logic, computer architecture, computer anatomy, and Input/Output. Many coders are unfamiliar with the underlying technologies that make their programs run. But why should you care when your code appears to work? Because you want it to run well and not be riddled with hard-to-find bugs. You don't want to be in the news because your code had a security problem. Lots of technical detail is available online but it's not organized or collected into a convenient place. In The Secret Life of Programs, veteran engineer Jonathan E. Steinhart explores--in depth--the foundational concepts that underlie the machine. Subjects like computer hardware, how software behaves on hardware, as well as how people have solved problems using technology over time. You'll learn: How the real world is converted into a form that computers understand, like bits, logic, numbers, text, and colors The fundamental building blocks that make up a computer including logic gates, adders, decoders, registers, and memory Why designing programs to match computer hardware, especially memory, improves performance How programs are converted into machine language that computers understand How software building blocks are combined to create programs like web browsers Clever tricks for making programs more efficient, like loop invariance, strength reduction, and recursive subdivision The fundamentals of computer security and machine intelligence Project design, documentation, scheduling, portability, maintenance, and other practical programming realities. Learn what really happens when your code runs on the machine and you'll learn to craft better, more efficient code. Joseph Tiritilli, aka Joey Jet, exemplifies the success possible in America today by using ambition, a willingness to take risk, and a strong work ethic to make the most of available opportunities. Joey Jet came up the hard way in Totowa, New Jersey; fifteen miles from Manhattan, the heart of New York City. His grandfather a blacksmith in a Pennsylvania coal mine; his father an honest, hard working truck driver; and his mother a professional switchboard operator, Joey left school at sixteen. He became a three time small business owner/operator, soloed at Lincoln Park, New Jersey N07, and became a private pilot by age twenty-five. Moving to Deerfield Beach, Florida, Joey Jet continued learning to fly at Pompano Beach Airpark's Pompano Air Center, earning his Commercial Airplane license and becoming a Certified Flight Instructor under the tutelage of R. Dan Baker. Joey learned to fly Learjets when he was hired by Harvey N. Hop at Fort Lauderdale's Hop-A-Jet, Inc. Joey Jet has been a Learjet Captain flying the rich and famous throughout the United States, Canada, Mexico and the Caribbean for more than twenty-five years. Fasten your seatbelt and enjoy this compilation of stories from some of Joey Jet's most memorable flights. Stories include James Patterson, Roger King, Puff Daddy Imposter, James Lovell, Billy Joel, Enrique, Paris Hilton, Suze Orman, John Schnatter - Papa John's Pizza, Jackie Mason, Denzel Washington, Paulina Porizkova, Diana Ross, Shakira, Henryk de Kwiatkowski, Lee Greenwood, Elie Wiesel, Preston Henn, Patrick Park, Robert Redford, Don Whittington, Dear Abby, General H. Norman Schwarzkopf, Shane Sellers, Gary Player, Ted Williams, Dick Vitale, Joe Namath, Emerson Fittipaldi, Don King, James Stewart Jr., Mike Ditka, Pat Riley, Joe Amato, Jeb Bush, Govenor Jim Geringer, Governor Bill Richardson, Senator John Edwards, plus some other stories.*

*A #1 New York Times bestseller by Kim Edwards, The Memory Keeper's Daughter is a brilliantly crafted novel of parallel lives, familial secrets, and the redemptive power of love Kim Edwards's stunning novel begins on a winter night in 1964 in Lexington, Kentucky, when a blizzard forces Dr. David Henry to deliver his own twins. His son, born first, is perfectly healthy, but the doctor immediately recognizes that his daughter has Down syndrome. Rationalizing it as a need to protect Norah, his wife, he makes a split second decision that will alter all of their lives forever. He asks his nurse, Caroline, to take the baby away to an institution and never to reveal the secret. Instead, she disappears into another city to raise the child herself. So begins this beautifully told story that unfolds over a quarter of a century—in which these two families, ignorant of each other, are yet bound by the fateful decision made that winter night long ago. A family drama, The Memory Keeper's Daughter explores every mother's silent fear: What would happen if you lost your child and she grew up without you? It is also an astonishing tale of love and how the mysterious ties that hold a family together help us survive the heartache that occurs when long-buried secrets are finally uncovered.*

*The Covington Witches*

*Retirement Secrets Wall Street Prays You Never Learn*

*Acts of Memory and Imagination*

*A Story of Memory, Madness, and Family Secrets*

*A Novel About the Navajo Marines of World War Two*

*Say Nothing*