

The Inmates Are Running The Asylum Why High Tech Products Drive Us Crazy And How To Restore The Sanity

Why High-tech Products Drive Us Crazy and how to Restore the Sanity

One out of every 32 people in America are either in jail, on probation, or have been in jail at some point in their lives. Serving Productive Time is a collection of stories by inmates, prison staff, and volunteers that bring hope, healing, and inspiration to make prison life as productive as possible
Charlie Engle ’ s “ fascinating account of the high and low points of his life as an ultramarathon runner...is uplifting and inspirational ” (Publishers Weekly) as he describes his globe-spanning races, his record-breaking run across the Sahara Desert, and how running helped him overcome drug addiction—and an unjust stint in federal prison. After a decade-long addiction to crack cocaine and alcohol, Charlie Engle hit bottom with a near-fatal six-day binge that ended in a hail of bullets. As Engle got sober, he turned to running, which became his lifeline, his pastime, and his salvation. He began with marathons, and when marathons weren ’ t far enough, he began to take on ultramarathons, races that went for thirty-five, fifty, and sometimes hundreds of miles, traveling to some of the most unforgiving places on earth to race. The Matt Damon-produced documentary, Running the Sahara, followed Engle as he lead a team on a harrowing, record breaking 4,500-mile run across the Sahara Desert, which helped raise millions of dollars for charity. Charlie ’ s growing notoriety led to an investigation and a subsequent unjust conviction for mortgage fraud for which he spent sixteen months in federal prison in Beckley, West Virginia. While in jail, Engle pounded the small prison track, running endlessly in circles. Soon his fellow inmates were joining him, struggling to keep their spirits up in dehumanizing circumstances. In Running Man, Charlie Engle tells the surprising, funny, and emotional story of his life, detailing his setbacks and struggles—from coping with addiction to serving time in prison—and how he blazed a path to freedom by putting one foot in front of the other. “ A fast-paced, well-written account of a man who accepts pain, pushes beyond imagined limits, and ultimately finds redemption and peace ” (Booklist), this is a raw and triumphant account about finding the threshold of human endurance, and transcending it.

"Valerie Schultz shares what she learned and the grace she received during fourteen years working inside an American prison"--

10 Rules for Making It in Society After Doing Time

Life Inside Leavenworth Prison

A Reporter’s Undercover Journey into the Business of Punishment

The Inmates are Running the Asylum

What to Do when Your Loved One’s in Jail

Designing for the Digital Age

Mother Antonia’s Journey from Beverly Hills to a Life of Service in a Mexican Jail

Imagine, at a terrifyingly aggressive rate, everything you regularly use is being equipped with computer technology. Think about your phone, cameras, cars - everything - being automated and programmed by people who in their rush to accept the many benefits of the silicon chip, have abdicated their responsibility to make these products easy to use. The

Inmates are Running the Asylum argues that, despite appearances, business executives are simply not the ones in control of the high-tech industry. They have inadvertently put programmers and engineers in charge, leading to products and processes.

*** THE NO-EQUIPMENT WORKOUT PERFECT FOR YOUR SMALL SPACE ***
CELL WORKOUT is a bodyweight training guide devised from a prison cell but accessible to anyone who wants to get fit in a small space using no specialist equipment. Using your own body weight - the oldest exercise equipment out there - CELL WORKOUT guides you through understanding how to make bodyweight training work for you, helping you to achieve any personal training goal or maintain a healthy physical condition. With workouts for those of varying ability and fitness, the step-by-step exercise instructions and accompanying photographs for LJ's 10 Week Cell Workout are easy to follow and tailor to you, improving all aspects of your physical fitness. This is CELL WORKOUT; get the body you want - inside and out.

An engaging, necessary look at the private prison system, and a convincing clarion call for prison reform.” —NPR.org
New York Times Book Review 10 Best Books of 2018 * One of President Barack Obama’s favorite books of 2018 * Winner of the 2019 J. Anthony Lukas Book Prize * Winner of the Helen Bernstein Book Award for Excellence in Journalism * Winner of the 2019 RFK Book and Journalism Award * A New York Times Notable Book A ground-breaking and brave inside reckoning with the nexus of prison and profit in America: in one Louisiana prison and over the course of our country’s history. In 2014, Shane Bauer was hired for \$9 an hour to work as an entry-level prison guard at a private prison in Winnfield, Louisiana. An award-winning investigative journalist, he used his real name; there was no meaningful background check. Four months later, his employment came to an abrupt end. But he had seen enough, and in short order he wrote an exposé about his experiences that won a National Magazine Award and became the most-read feature in the history of the magazine Mother Jones. Still, there was much more that he needed to say. In American Prison, Bauer weaves a much deeper reckoning with his experiences together with a thoroughly researched history of for-profit prisons in America from their origins in the decades before the Civil War. For, as he soon realized, we can’t understand the cruelty of our current system and its place in the larger story of mass incarceration without understanding where it came from. Private prisons became entrenched in the South as part of a systemic effort to keep the African-American labor force in place in the aftermath of slavery, and the echoes of these shameful origins are with us still. The private prison system is deliberately unaccountable to public scrutiny. Private prisons are not incentivized to tend to the health of their inmates, or to feed them well, or to attract and retain a highly-trained prison staff. Though Bauer befriends some of his colleagues and sympathizes with their plight, the chronic dysfunction of their lives only adds to the prison’s sense of chaos. To his horror, Bauer finds himself becoming crueler and more aggressive the longer he works in the prison, and he is far from alone. A blistering indictment of the private prison system, and the powerful forces that drive it, American Prison is a necessary human document about the true face of justice in America.

· The Goal· The Form· The Behavior· The Interaction· The Cast· The Gizmos

Inmates Running the Asylum

Everything You Need to Succeed With Your Kitchen on Wheels

Chicken Soup for the Prisoner’s Soul

A True Story in the Movement for Prison Abolition

An Insider’s Wisdom about Money Management, Markets, and Wealth that Lasts

The Essentials of Interaction Design

A World Apart

“Life in a women’s prison is full of surprises,” writes Cristina Rathbone in her landmark account of life at MCI-Framingham. And so it is. After two intense court battles with prison officials, Rathbone gained unprecedented access to the otherwise invisible women of the oldest running women’s prison in America. The picture that emerges is both astounding and enraging. Women reveal the agonies of separation from family, and the prevalence of depression, and of sexual predation, and institutional malaise behind bars. But they also share their more personal hopes and concerns. There is horror in prison for sure, but Rathbone insists there is also humor and romance and downright bloody-mindedness. Getting beyond the political to the personal, A World Apart is both a triumph of empathy and a searing indictment of a system that has overlooked the plight of women in prison for far too long. At the center of the book is Denise, a mother serving five years for a first-time, nonviolent drug offense. Denise’s son is nine and obsessed with Beanie Babies when she first arrives in prison. He is fourteen and in prison himself by the time she is finally released. As Denise struggles to reconcile life in prison with the realities of her son’s excessive freedom on the outside, we meet women like Julie, who gets through her time by distracting herself with flirtatious, often salacious relationships with male correctional officers; Louise, who keeps herself going by selling makeup and personalized food packages on the prison black market; Chris, whose mental illness leads her to kill herself in prison; and Susan, who, after thirteen years of intermittent incarceration, has come to think of MCI-Framingham as home. Fearlessly truthful and revelatory, A World Apart is a major work of investigative journalism and social justice.

A thorough and accessible introduction to a range of key ideas in type systems for programming language. The study of type systems for programming languages now touches many areas of computer science, from language design and implementation to software engineering, network security, databases, and analysis of concurrent and distributed systems. This book offers accessible introductions to key ideas in the field, with contributions by experts on each topic. The topics covered include precise type analyses, which extend simple type systems to give them a better grip on the run time behavior of systems; type systems for low-level languages; applications of types to reasoning about computer programs; type theory as a framework for the design of sophisticated module systems; and advanced techniques in ML-style type inference. Advanced Topics in Types and Programming Languages builds on Benjamin Pierce’s Types and Programming Languages (MIT Press, 2002); most of the chapters should be accessible to readers familiar with basic notations and techniques of operational semantics and type systems—the material covered in the first half of the earlier book. Advanced Topics in Types and Programming Languages can be used in the classroom and as a resource for professionals. Most chapters include exercises, ranging in difficulty from quick comprehension checks to challenging extensions, many with solutions.

Word Search Puzzle Books for Inmates This book is an, "8.5 X 11" Inch book. It has over 35+ Word Search Puzzles about various topics. This book is large print and is for Teens and adults in jail. This book has solutions at the end of the book. This book makes a great gift for your friends and family in jail. Again here are some of the features inside this word search puzzle book:

-Dimensions: "8.5 X 11" -Large Print -35+ Puzzles -Solutions at The End -Word Search Puzzles on Various Topics -Great Gift To Family and Friends What are you waiting for? Get your copy today!

This true story of an inmate-run prison proves prisons can be reformed, or better--abolished.

Why Software Sucks-- and what You Can Do about it

Why College Costs Too Much

Why High-tech Products Drive Us Crazy and how to Restore the Sanity

Word Search Puzzle Books for Inmates

Summary: The Inmates Are Running the Asylum

Whirlaway

"HERE is a voice to listen to! Moloney's voice is as true as a voice can be. Concise, with the right details rendered perfectly, these sentences come to the reader with marvelous straight forwardness, clean as a bone."--Elizabeth Strout
Olive Kitteridge meets The Mars Room in this powerfully unsentimental work of fiction--a portrait of nine inmates at a New Hampshire jail. David Moloney's Barker House follows the story of nine unforgettable New Hampshire correctional officers over the course of one year on the job. While veteran guards get by on what they consider survival strategies--including sadistic power-mongering and obsessive voyeurism--two rookies, including the only female, learn their own tactics for facing “the system.” Tracking their subtly intertwined lives, Barker House reveals the precarious world of the jailers, coming to a head when the unexpected death of one in their ranks brings them together. Timely and universal, this masterfully crafted debut adds a new layer to discussions of America’s criminal justice system and the brilliant young literary talent.

This work offers a summary of the book ""THE INMATES ARE RUNNING THE ASYLUM: Why HighTech Products Drive Us Crazy and How To Restore the Sanity"" by Alan Cooper. Alan Cooper is the founder of Cooper Interaction Design, a consulting firm that develops interactive product designs for hightech companies. Computer technology is essential to almost every product that is manufactured. Yet all too often, these "newandimproved" products are hard to use because the engineers who are developing the interface between the user and the machine don't think like the average manonthestreet who knows.

The last place Christopher Jacobs, aka X, thought he'd find himself was behind bars. Ten years later, the boy he used to be is gone. In his place is the shell of a man with murder under his belt. Any emotion he once had was left under the gavel when he was given life in prison. That is until the new nurse in the infirmary joins the block. Put in charge, the employee will get you the hole, but some things are worth their punishment, and something tells him Lyla will be worth more than he bargained for. Lyla Evans isn't sure about her new job at a maximum security prison, but showing uncertainty and weakness isn't an option. Taking care of murders and rapist isn't ideal, but survival is key. So when she meets about a prisoner named X, but when she's attacked, it's the dangerous X that saves her. Fraternizing with the prisoners is forbidden, but sometimes the most forbidden things are the sweetest.**WARNING** This book is NOT for the faint of heart. If you have issues reading about abuse (physical or mental) then please DO NOT read this book. It's dark, twisted, violent, and violence."HOLY MOTHER OF ALL THINGS HOLY! What on earth did Tabatha do to my heart?! She ripped it out, stomped all over it, and shoved the broken thing back in... and I loved every minute of it. I think." -Heather, Give Me Books"I just cannot put into words how much I loved Slammer!!! Be prepared for a ride of a lifetime with Give Me Books"A haunting, unconventional love story I will never forget." -Ella James, USA TODAY bestselling author of Sloth"If you're looking for a mushy sweet romance, this is not the book for you. If you want to read something that is unlike anything else out there and that will surprise you and leave you in complete shock, then READ THIS book. It's the best book I've read in a long time. It's dark, twisted, violent, but it's unique and shocking and unpredictable." ~ Author Amy McClung"1 hope you're ready for the best mind fuck of your life, because this book is going to give it to you and give it good!" ~ Michele, Devilishly Delicious Book Reviews

Become a mobile food mogul with advice from an industry expert This book is fully stocked with everything you need to know to join the ranks of foodies-on-wheels. A sure path from start to success with your mobile restaurant, you get: - A primer on the food truck industry - The various types of rigs and setups available - Simple strategies to promote your food truck - Essential information on keeping your food, your customers, your employees, and your truck safe - Sound advice on building your clientele, making your customers happy, and keeping them happy.

The Inmates

A Memoir of Crime, Punishment, Hope, and Redemption

Running Man

I Am a Taxi

A Dewey Decimal System of Grace

How to Create Human-Centered Products and Services

Women, Prison, and Life Behind Bars

Describes why computer software has become unreliable and offers suggestions on ways users can correct the situation.

Economist Richard Vedder examines the causes of the college tuition crisis and explores ways to reverse this alarming trend.

"The ... story of a fourteen-year-old sentenced to life in prison, of the extraordinary relationship that developed between him and the woman he shot, and of his release after twenty-six years of imprisonment through the efforts of ... legal activist Bryan Stevenson"--

A riveting account of the two years literary scholar Mikita Brottman spent reading literature with criminals in a maximum-security men’s prison outside Baltimore, and what she learned from them—Orange Is the New Black meets Reading Lolita in Tehran. On sabbatical from teaching literature to undergraduates, and wanting to educate a different kind of student, Mikita Brottman starts a book club with a group of convicts from the Jessup Correctional Institution in Maryland. She assigns them ten dark, challenging classics—including Conrad’s Heart of Darkness, Shakespeare’s Macbeth, Stevenson’s Dr. Jekyll and Mr. Hyde, Poe’s story “The Black Cat,” and Nabokov’s Lolita—books that don’t flinch from evoking the isolation of the human struggle, the pain of conflict, and the cost of transgression. Although Brottman is already familiar with these works, the convicts open them up in completely new ways. Their discussions may “only” be about literature, but for the prisoners, everything is at stake. Gradually, the inmates open up about their lives and families, their disastrous choices, their guilt and loss. Brottman also discovers that life in prison, while monotonous, is never without incident. The book club members struggle with their assigned reading through solitary confinement; on lockdown; in between factory shifts; in the hospital; and in the middle of the chaos of blasting televisions, incessant chatter, and the constant banging of metal doors. Though The Maximum Security Book Club never loses sight of the moral issues raised in the selected reading, it refuses to back away from the unexpected insights offered by the company of these complex, difficult men. It is a compelling, thoughtful analysis of literature—and prison life—like nothing you’ve ever read before.

A Memoir

The Inmates Are Running the Asylum

The essentials of using interface design

Reform in the Making

The Dedicated Ex-Prisoner’s Guide to Life and Success on the Outside:

101 Stories to Open the Heart and Rekindle the Spirit of Hope, Healing and Forgiveness

My Time Will Come

In a stunning work of insight and hope, New York Times bestselling author Wally Lamb once again reveals his unmatched talent for finding humanity in the lost and lonely and celebrates the transforming power of the written word. For several years, Lamb has taught writing to a group of women prisoners at York Correctional Institution in Connecticut. In this unforgettable collection, the women of York describe in their own words how they were imprisoned by abuse, rejection, and their own self-destructive impulses long before they entered the criminal justice system. Yet these are powerful stories of hope and healing, told by writers who have left victimhood behind. In his moving introduction, Lamb describes the incredible journey of expression and self-awareness the women took through their writing and shares how they challenged him as a teacher and as a fellow author. Couldn't Keep It to Myself is a true testament to the process of finding oneself and working toward a better day.

A stunning account of life behind bars at the federal penitentiary in Leavenworth, Kansas, where the nation's hardest criminals do hard time. “A page-turner, as compelling and evocative as the finest novel. The best book on prison I’ve ever read.”—Jonathan Kellerman The most dreaded facility in the prison system because of its fierce population, Leavenworth is governed by ruthless clans competing for dominance. Among the “star” players in these pages: Carl Cletus Bowles, the sexual predator with a talent for murder; Dallas Scott, a gang member who has spent almost thirty of his forty-two years behind bars; indomitable Warden Robert Matthews, who put his shoulder against his prison’s grim reality; Thomas Silverstein, a sociopath confined in “no human contact” status since 1983; “tough cop” guard Eddie Geouge, the only officer in the penitentiary with the authority to sentence an inmate to “the Hole”; and William Post, a bank robber with a criminal record going back to when he was eight years old—and known as the “Catman” for his devoted care of the cats who live inside the prison walls. Pete Earley, celebrated reporter and author of Family of Spies, all but lived for nearly two years inside the primordial world of Leavenworth, where he conducted hundreds of interviews. Out of this unique, extraordinary access comes the riveting story of what life is actually like in the oldest maximum-security prison in the country. Praise for The Hot House “Reporting at its very finest.”—Los Angeles Times “The book is a large act of courage, its subject an important one, and . . . Earley does it justice.”—The Washington Post Book World “[A] riveting, fiercely unsentimental book . . . To [Earley’s] credit, he does not romanticize the keepers or the criminals. His cool and concise prose style serves him well. . . . This is a gutsy book.”—Chicago Tribune “Harrowing . . . an exceptional work of journalism.”—Detroit Free Press “If you’re going to read any book about prison, The Hot House is the one. . . . It is the most realistic, unbuffed account of prison anywhere in print.”—Kansas City Star “A superb piece of reporting.”—Tom Clancy This completely updated volume presents the effective and practical tools you need to design great desktop applications, Web 2.0 sites, and mobile devices. You'll learn the principles of good product behavior and gain an understanding of Cooper's Goal-Directed Design method, which involves everything from conducting user research to defining your product using personas and scenarios. Ultimately, you'll acquire the knowledge to design the best possible digital products and services.

'What I've tried to do in this tale is to invent a group of really mad people who have the fantastic and grotesquely humorous extravagance that, after all, is an element in life'. So wrote John Cowper Powys himself in his prefatory note to this novel first published in 1952. In this 'wild book' Powys creates a 'Philosophy of the Demented' expressing fundamental truths about madness and sanity. Most of the novel, though, like so much of his later fiction, it is more a fantasy, takes place in Glint Hall, a lunatic asylum. The two main characters are John Hush and Tenna Sheer. They fall in love. The rapidly developing, psychologically complex narrative centres on 'Hush's organizationof a conspiracy of revolt amongst the most fantastically crazy of the inmates'. It makes for a strange, disturbing, and yet, at times, funny read.

The Hot House

The Maximum Security Book Club

Couldn't Keep it to Myself

ConBody

Slammer

When the Prisoners Ran Walpole

The Revolutionary Bodyweight Prison Boot Camp, Born from an Extraordinary Story of Hope

Alan Cooper calls for a Software Revolution - his best-selling book now in trade paperback with new foreword and afterword.

Prison Time, the sequel to Hard Time, is the story of Shaun Attwood's journey through the Arizona Department of Corrections and his deportation to England. Sentenced to nine years in Arizona's state prison for distributing Ecstasy, 'English Shaun' Attwood finds himself living among gang members, sexual predators and drug-crazed psychopaths. After being attacked by a 20-stone California biker in for stabbing a girlfriend, Shaun writes about the prisoners who befriend, protect and inspire him. They include T-Bone, a massive African American ex-Marine who risks his life saving vulnerable inmates from rape, and Two Tonys, an old-school Mafia murderer who left the corpses of his rivals from Tucson to Alaska. They teach Shaun how to turn incarceration to his advantage, and to learn from his mistakes. Resigned to living alongside violent, mentally-ill, and drug-addicted inmates, Shaun immerses himself in psychology and philosophy to try to make sense of his past behaviour, and begins applying what he learns as he adapts to prison life. Encouraged by Two Tonys to explore fiction as well, Shaun reads over a thousand books which, with support from brilliant psychotherapist Dr. O, speed along his personal development. As his ability to deflect daily threats improves, Shaun begins to look forward to his release with optimism and a new love waiting for him. Yet the words of Aristotle from one of Shaun's books will prove prophetic: 'We cannot learn without pain'.

Previously available only through free distribution to prisons, this life-changing book is the result of charitable donations from sales of Chicken Soup for the Christian Family Soul and gifts from thousands of individuals.

Examines how increasingly complicated computer technology has outpaced the ability of the average consumer to use it without frustration and calls for changes that will bring computer technology in line with how average people think

American Prison

Review and Analysis of Cooper's Book

Prison Time

Word Search for Inmates

The Prison Angel

Running the Books

Serving Productive Time

Is it time to give up on rehabilitating criminals? Record numbers of Americans are going to prison, and most of them will eventually return to society with a high chance of becoming repeat offenders. But a decision to abandon rehabilitation programs now would be premature warns Ann Chih Lin, who finds that little attention has been given to how these programs are actually implemented and why they tend to fail. In Reform in the Making, she not only supplies much-needed information on the process of program implementation but she also considers its social context, the daily realities faced by prison staff and inmates. By offering an in-depth look at common rehabilitation programs currently in operation--education, job training, and drug treatment--and examining how they are used or misused, Lin offers a practical approach to understanding their high failure rate and how the situation could be improved. Based on extensive observation and over 350 interviews with staff and prisoners in five medium-security male prisons, the book contrasts successfully implemented programs with subverted, abandoned, or neglected programs (those which staff reject or which do not teach prisoners anything useful). Lin explains that staff and prisoners have little patience with programs aimed at long-range goals when they must face the ongoing, immediate challenge of surviving prison life. Finding incentives to make both sides participate fully in rehabilitation is among the book's many contributions to improving prison policy.

An incredible bodyweight-only fitness book written by Coss Marte, a former Lower East Side drug dealer who found purpose and inspiration in prison—by developing a kick-butt workout. ConBody is former Lower East Side drug dealer, Coss Marte's, bodyweight-only approach to fitness. Created in prison with only the space of his own cell and no equipment to work with, Coss designed a plan that helped him go from dangerously obese with a five year prognosis to losing 70 pounds and training other inmates. Before prison, Coss was flying high, dealing drugs, and making money hand over fist as a teenager. But after watching his life and those of his loved ones fall apart, he realized things had to change. Once he saw that his workout plan was not only effective, but accessible, he knew he'd found a pathway to health and ultimately to a new life. When he left prison, he returned to the Lower East Side where any betting person would tell you he'd be back slinging crack in no time. But instead he worked out in his old hangouts and gained a small following that turned into an acclaimed business winning entrepreneurial awards and the support of Shark Tank's Barbara Corcoran. Coss's method works. Just ask the thousands of clients who attend his classes. These exercises are for anyone, anywhere. Male, female, rich, poor, all you need is yourself and the space of a jail cell to get to work. It's perfect for busy lifestyles on the go and can be done in hotel rooms, small apartments, and in your backyard. With fun, engaging exercises, ConBody will help you get and stay healthy.

Winner of the Ruth and Sylvia Schwartz Children's Book Award For twelve-year-old Diego and his family, home is a prison in Cochabamba, Bolivia. His parents farmed coca, a traditional Bolivian medicinal plant, until they got caught in the middle of the government's war on drugs and were mistakenly convicted of drug possession. Diego's parents are locked up, but he can come and go: to school, to the market to sell his mother's handknitted goods, and to work as a "taxi," running errands for other prisoners. But then his little sister temporarily runs off while under his watch, earning his mother a heavy fine. The debt and dawning realization of his hopeless situation make him vulnerable to his friend Mando's plan to make big money, fast. Soon, Diego is deep in the jungle, working as a virtual slave in an illegal cocaine operation. As his situation becomes more and more dangerous, he knows he must take a terrible risk if he ever wants to see his family again. Correlates to the Common Core State Standards in English Language Arts: CCSS.ELA-LITERACY.RL.5.6 Describe how a narrator's or speaker's point of view influences how events are described. CCSS.ELA-LITERACY.RL.6.6 Explain how an author develops the point of view of the narrator or speaker in a text.

With straight talk and real life stories, this book shows you how to protect your investments so that neither you nor your money are trampled by the myths and herd mentality of the marketplace. Investing can be challenging. Compounding the problem are the pressures that stem from the profit-seeking investment sales industry and the business media. In Juggling Dynamite, portfolio manager Danielle Park reveals the insider wisdom you need to build and preserve your wealth through the market cycles. Park explains how investors can benefit from understanding cycles, the cost of mutual funds, and the evaluation of stock prices. This book will equip you with the tools to make your portfolio grow using active investing and market timing. Juggling Dynamite will enable you to reach that elusive brass ring: lasting financial success.

Stories, Poems, and Tips to Inspire Positive Change from Inmates, Prison Staff, and Volunteers

Overdue

Arrested

Starting & Running a Food Truck Business

At home, no equipment, bodyweight exercises and workout plans for your small space

The Adventures of an Accidental Prison Librarian

Cell Workout

The must-read summary of Alan Cooper's book: "The Inmates Are Running the Asylum: Why High-Tech Products Drive Us Crazy and How to Restore the Sanity". This complete summary of the ideas from Alan Cooper's book "The Inmates Are Running the Asylum" shows that computer technology is embedded within almost every product that is manufactured. Yet all too often, these "new-and-improved" products are hard to use because the engineers who are developing the interface between the user and the machine don't think like the average man-on-the-street who knows nothing about technology. Therefore, the situation effectively becomes the equivalent of letting the inmates run the asylum in which they are incarcerated. Better products need to be developed that work in the same way that average people think. Only then will new products deliver on their implied promise of enhancing the quality of life for their users. According to Alan Cooper, designers who are skilled in this specific field should be responsible for designing the interface between the user and the machine. This summary asserts that the goal of computer usage should be "not to make anyone feel stupid". Added-value of this summary:
• Save time
• Understand the key concepts
• Increase your business knowledge
To learn more, read "The Inmates Are Running the Asylum" and rethink entrenched priorities in software planning.

Whether you're designing consumer electronics, medical devices, enterprise Web apps, or new ways to check out at the supermarket, today's digitally-enabled products and services provide both great opportunities to deliver compelling user experiences and great risks of driving your customers crazy with complicated, confusing technology. Designing successful products and services in the digital age requires a multi-disciplinary team with expertise in interaction design, visual design, industrial design, and other disciplines. It also takes the ability to come up with the big ideas that make a desirable product or service, as well as the skill and perseverance to execute on the thousand small ideas that get your design into the hands of users. It requires expertise in project management, user research, and consensus-building. This comprehensive, full-color volume addresses all of these and more with detailed how-to information, real-life examples, and exercises. Topics include assembling a design team, planning and conducting user research, analyzing your data and turning it into personas, using scenarios to drive requirements definition and design, collaborating in design meetings, evaluating and iterating your design, and documenting finished design in a way that works for engineers and stakeholders alike.

Although madness is a popular theme in literature, contemporary American writers use that theme in a new and unfamiliar way, not just to convey the result of an unnerving or infuriating reality but also to comment on its hypocrisies. Barbara Tapa Lupack examines the cultural and literary contexts of five major works of contemporary fiction: Joseph Heller's Catch-22 (1961), Ken Kesey's One Flew Over the Cuckoo's Nest (1962), Kurt Vonnegut's Slaughterhouse-Five (1969), Jerzy Kosinski's Being There (1971), and William Styron's Sophie's Choice (1979). She shows that each book is complex, with deep roots in American political reality, and each portrays a protagonist who is mad or is considered to be mad--but who reveals a special insight into the dangers of social, political, and cultural conformity. Each of these characters dwells in a sort of wasteland, ranging from the corrupt military base of Pianosa to the plastic suburb of Ilium, from the Nazi death camps to the ravaged Eternal City and bombed-out Dresden. All seek confirmation of their authenticity, and all offer social and ethical remedies that challenge bureaucratic institutions--solutions that amount to inmates running the asylum.

Avi Steinberg is stumped. After defecting from yeshiva to attend Harvard, he has nothing but a senior thesis on Bugs Bunny to show for himself. While his friends and classmates advance in the world, Steinberg remains stuck at a crossroads, his “romantic” existence as a freelance obituary writer no longer cutting it. Seeking direction (and dental insurance) Steinberg takes a job running the library counter at a Boston prison. He is quickly drawn into the community of outcasts that forms among his bookshelves—an assortment of quirky regulars, including con men, pimps, minor prophets, even ghosts—all searching for the perfect book and a connection to the outside world. Steinberg recounts their daily dramas with heartbreak and humor in this one-of-a-kind memoir—a piercing exploration of prison culture and an entertaining tale of one young man's earnest attempt to find his place in the world.

Insanity as Redemption in Contemporary American Fiction

Reading Literature in a Men's Prison

Advanced Topics in Types and Programming Languages

About Face 3

Testimonies from Our Imprisoned Sisters

Juggling Dynamite

Going Broke by Degree

There are more people incarcerated in the world today than at any other time in history. Every year millions of prisoners are released back into society after having completed their sentences, with the majority of them returning to prison within just a short time after their release. The Dedicated Ex-Prisoner's Guide to Life and Success on the Outside is a 10-rule guidebook for the ex-prisoner who is determined to be successful once released and offers invaluable information on how to overcome the odds of returning to prison. If followed, the advice and suggestions offered in this guide will prove very helpful to all ex-prisoners who are serious about getting out of prison and not ever going back.

The winners of the 2003 Pulitzer Prize for international reporting tell the astonishing story of Mary Clarke. At the age of fifty, Clarke left her comfortable life in suburban Los Angeles to follow a spiritual calling to care for the prisoners in one of Mexico's most notorious jails. She actually moved into a cell to live among drug king pins and petty thieves. She has led many of them through profound spiritual transformations in which they turned away from their lives of crime, and has deeply touched the lives of all who have witnessed the depth of her compassion. Donning a nun's habit, she became Mother Antonia, renowned as "the prison angel," and has now organized a new community of sisters-the Servants of the Eleventh Hour—widows and divorced women seeking new meaning in their lives. "We had never heard a story like hers," Jordan and Sullivan write, "a story of such powerful goodness." Born in Beverly Hills, Clarke was raised around the glamour of Hollywood and looked like a star herself, a beautiful blonde reminiscent of Grace Kelly. The choreographer Busby Berkeley spotted her at a restaurant and offered her a job, but Mary's dream was to be a happy wife and mother. She raised seven children, but her two unfulfilling marriages ended in divorce. Then in the late 1960s, in midlife, she began devoting herself to charity work, realizing she had an extraordinary talent for drumming up donations for the sick and poor. On her one charity mission across the Mexican border to the drug-trafficking capitol of Tijuana, she visited La Mesa prison and experienced an intense feeling that she had found her true life's work. As she recalls, "I felt like I had come home." Receiving the blessings of the Catholic Church for her mission, on March 19, 1977, at the age of fifty, she moved into a cell in La Mesa, sleeping on a bunk with female prisoners above and below her. Nearly twenty-eight years later she is still living in that cell, and the remarkable power of her spiritual counseling to the prisoners has become legendary. The story of both one woman's profound journey of discovery and growth and of the deep spiritual awakenings she has called forth in so many lost souls, The Prison Angel is an astonishing testament to the powers of personal transformation.

Eddie Plum, who insists he’s been unjustifiably committed to a California psychiatric hospital, manages to finally escape after fourteen years of incarceration to start his life anew. On the run, he holes up in a sheltered barrio on a bluff above the Pacific Ocean owned by his wealthy but unsympathetic father. Here he meets Sweets, the telepathic dog, laments the loss of Sofia, his madhouse lover, and plays the horses at the Del Mar Racetrack. Eventually he meets up with an old friend, Shelly Hubbard, a fellow horseplayer, record collector/dealer, and hardcore loner, who tells him about his brother, Donny, dead at the age of eighteen from a tragic dive off a thirty-foot La Jolla sea cliff known as the Clam. Eddie discovers a family secret and wants to help, but by then he’s already embroiled in the psychotic incident with the Tijuana prostitutes, the madhouse lover, and the police, who are hot on his tail. Mr. Toad’s Wild Ride has nothing on Whirlaway, a hilarious novel of escaped mental patients, horseplayers, and record collectors.

A guide to supporting family members who are facing criminal charges, including how to make decisions with the whole family in mind, not just the defendant.

Barker House

The Implementation of Social Policy in Prison