

## The Hygge Holiday The Warmest Funniest Cosiest Romantic Comedy Of The Year

**Hygge (pronounced 'hu-gah') is a Danish word that describes the feeling of being cosy, comfortable and at peace with the world. It's almost impossible to translate into English, and it's probably the reason that Denmark is one of the happiest countries in the world. The Art of Hygge is packed with recipes to warm you on a cold winter's evening, craft ideas for decorating your home, and inspirational suggestions for enjoying the magic of everyday pleasures. Whether it's a perfectly brewed cup of coffee, a delicious Danish apple cake shared with friends, or a snuggly hand-knitted jumper, you'll find that a little hygge brings a lot of happiness!**

**A delightful guide to a stress-free holiday season filled with mindfulness, joy, self-care, and festive magic. What if the month of December were soothing instead of stressful? Now you can celebrate a new kind of holiday season—one where you radiate calm and cultivate delight. Calm Christmas and a Happy New Year leads you out of the darkness of winter and back to the enchantment of an authentic and attainable Christmas season filled with merry gatherings, thoughtful gift-giving, and meaningful observations of annual traditions. Covering the time period from late November to early January, this joyful guide embraces all the festive holiday build-up and then welcomes the new year in a holistic, nurturing**

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**way. Author Beth Kempton gently encourages you to prioritize your holiday hopes and take a slower, more mindful approach to your celebrations. Kempton also offers helpful suggestions for making the most of winter, and recommends using this quiet time to dream new dreams, set goals, and aspire toward a beautiful year ahead. Filled with personal stories, tips, and advice for staying calm and connecting with others, Calm Christmas and a Happy New Year provides a cozy retreat from the pressure of striving for perfection. Instead of starting the New Year exhausted, in debt, and filled with regret, you will rejoice in the memories of the season feeling rested, rejuvenated, inspired, and calm.**

**A follow-up to the successful 'The ScandiKitchen' (published September 2015), this new book from Brontë Aurell features over 60 recipes for cakes, bakes and treats from all over Scandinavia. From indulgent cream confections to homely and comforting fruit cakes and traditional breads, sweet buns and pastries.**

**The Scandinavians excel in comfort - family, friends, a good atmosphere, long meals, relaxation and an emphasis on simple pleasures. They even have a word for this kind of cosiness that comes with spending quality time in hearth and home when the days are short: hygge. Trine Hahnemann is the doyenne of Scandinavian cooking and loves nothing more than spending time in her kitchen cooking up comforting food in good company. This is her collection of recipes that will warm you up and teach you to embrace the art of hygge, no matter where you live.**

**In today's world, we're constantly rushing from one thing to the next and are**

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**struggling with information overload. We're more disconnected from ourselves and our loved ones than ever before. Rediscover the joy of the simple things through the Danish concept of Hygge in The Cozy Life. This book will inspire you to slow down and enjoy life's cozy moments! \* Learn about the Danish cultural phenomenon of Hygge, and the secret to why Denmark is consistently rated the happiest country in the world \* Embrace the little things and take simplicity and minimalism up a notch \* Add Hygge into every aspect of your life with practical examples and tips \* Say goodbye to the Winter Blues and live a healthier, centred life This charming little book, filled with hand drawn illustrations, beautifully addresses that yearning we all have for a more authentic life, created by ourselves instead of external forces. What's stopping you from living a more meaningful and connected life?**

**The Secrets of the Hygge Art Towards a Stress-Free and Happier Life**

**A Little Book of Festive Joy**

**Danish Secrets to Happy Living**

**The Hygge Life**

**Adult Coloring Book**

**The Northern Lights Lodge (Romantic Escapes, Book 4)**

***The perfect recipe for hygge: make a hot chocolate, draw the curtains, snuggle under a blanket and read your way to happiness! It's autumn in Yulethorpe and everyone is gloomy. It's cold, drizzly and the skies are permagrey. The last shop on the high street - an adorable little toy shop - has just shut its doors.***

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***Everything is going wrong for Yulethorpe this autumn. Until Clara Kristensen arrives. Clara is on holiday but she can see the potential in the pretty town, so she rolls up her sleeves and sets to work. Things are looking up until Joe comes to Yulethorpe to find out exactly what is going on with his mother's shop. Joe is Very Busy and Important in the City and very sure that Clara is up to no good. Surely no one would work this hard just for the fun of it? Can a man who answers emails at 3 a. m. learn to appreciate the slower, happier, hygge things in life - naps, candles, good friends and maybe even falling in love? Rosie Blake is Brilliantly fun - Heat Just brilliant - Fabulous magazine Hilarious - Hello \*\*\*\* Reviewers love The Hygge Holiday 'Feel-good fiction at its absolute finest' - Isabelle Broom, Heat 'The most gorgeous read' - Sun 'What a wonderful book! Rosie Blake's best novel yet - I had such a gorgeous time reading this story that I couldn't put it down. It was genuinely funny, warm-hearted, and full of unforgettable characters. A pure heartwarming pleasure of a read.' - bestselling author Kirsty Greenwood Light the scented candles and hunker down on the sofa with a hot choc... this funny, warm hug of a book is the ideal companion. - Fabulous magazine 'The Hygge Holiday is hilarious, cosy, heart-warming, fulfilling; pretty much everything you would want from a book... An absolutely phenomenal tale from the incredibly talented Rosie Blake... Be prepared to devour The Hygge Holiday in one sitting. Be prepared to love this book, because yes, it truly is THAT fabulous. Five stars for sure.' - The Writing Garnet 'I loved it' - Heidi Swain, author of Mince Pies and Mistletoe at the Christmas Market***

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**'A fizzing feel-good read about living in the moment' Sun 'If you want fiction that warms your cockles whilst simultaneously making them shake with laughter, then *The Gin O'Clock Club* is the book for you.' Isabelle Broom, author of *My Map of You***

**'Touching and hilarious' Jilly Cooper \* Bring the sparkle and fizz back into your life with the help of *The Gin O'Clock Club* Lottie is always in a hurry, rushing through her days ticking tasks off her to-do lists. Teddy is worried about his granddaughter - and he knows that his late wife, Lily, would have known exactly what to say to make things better. Now that Lily has gone, it's up to Teddy to talk some sense into Lottie. With the help of Arjun, Geoffrey and Howard, the elderly reprobates who make up his *Gin O'Clock Club*, Teddy makes a plan to help Lottie find her way back to the things that really matter - family, friendship and love. But as Lottie balances a high-powered job with her reluctant attendance at whist drives, ballroom dances and bingo, Teddy wonders if she's really ready to open up her heart to the possibility of true happiness... Laugh, cry and fall in love with this colourful cast of characters in *THE* feel-good novel of the year \* 'A lovely, big-hearted book, a perfect lazy summer's day read. A gorgeous, warm-hearted read that you'll want to give to all your friends.' Tasmina Perry, author of *The Pool House***

**'A gorgeous cross generational romp with real heart. Pitch-perfect escapism for These Times.If you love Sophie Kinsella and Beth O'Leary you will want to preorder this' Daisy Buchanan, author and journalist 'I loved this warm, funny, and charming story of dating old-school.' Eva Woods, author of *How to be Happy***

**'A fizzingly funny romantic hug of a book - I loved it' Katie Marsh, author of**

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***My Everything* 'The most charming and entertaining book I've read in a long time. Such warm-hearted writing. I can't wait for the next!' Kirsty Greenwood, author of Yours Truly** ***This warm witty ray of sunshine is making my day. I have been gripped from the start and you're in for a treat.'* Josie Lloyd, author of The Cancer Ladies' Running Club** ***A book that reads like a tall, refreshing drink, I loved everything about The Gin O'Clock Club. Rosie Blake has written a beautiful novel, with layers of hilarity, heartache and a host of the most charming characters just waiting to bring you into their club.'* Lisa Dickenson, author of You Had Me at Merlot**

***Cosy up in front of a fire and discover Christmas the Norwegian way...full of romance, cosy traditions and hygge!***

***Nicola Brown doesn't like to lose control. Her home is always meticulously tidy and her weekly meals carefully planned; Nicola keeps her life in order. When her carefree colleague Caroline challenges Nicola to find a date for Valentine's Day, it's a surprise to them both when Nicola agrees. As Nicola's search for a man begins, she is thrown in at the deep end--sometimes quite literally--of the dating scene. From men more likely to sell their mother than open their wallet, to those who are determined to find a girlfriend who shares their passion for extreme sports, Nicola has to run the full gamut of dodgy dates. But as the deadline looms closer, Nicola realizes it isn't so bad to lose control. It turns out that trying to get a love life can be rather a lot of fun.***

***For fans of The War That Saved My Life and other World War II fiction, A Place to***

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***Hang the Moon is the tale of three orphaned siblings who are evacuated from London to live in the countryside with the secret hope of finding a permanent family. It is 1940 and William, 12, Edmund, 11, and Anna, 9, aren't terribly upset by the death of the not-so-grandmotherly grandmother who has taken care of them since their parents died. But the children do need a guardian, and in the dark days of World War II London, those are in short supply, especially if they hope to stay together. Could the mass wartime evacuation of children from London to the countryside be the answer? It's a preposterous plan, but off they go-- keeping their predicament a secret, and hoping to be placed in a temporary home that ends up lasting forever. Moving from one billet to another, the children suffer the cruel trickery of foster brothers, the cold realities of outdoor toilets and the hollowness of empty stomachs. They find comfort in the village lending library, whose kind librarian, Nora Müller, seems an excellent choice of billet, except that her German husband's whereabouts are currently unknown, and some of the villagers consider her unsuitable. A Place to Hang the Moon is a story about the dire importance of family: the one you're given, and the one you choose. A Junior Library Guild Gold Standard Selection***

***ScandiKitchen: Fika and Hygge***

***100 Ways to Love the Feeling of Being Home***

***Let's Hygge Christmas***

***What Psychological Research Tell Us About Our Emotions***

***A Place to Hang the Moon***

**The Danes have discovered the secret to happiness and they are finally sharing it with the world. That secret is hygge. This Danish cultural phenomenon has taken the world by storm with thousands of people around the globe now embracing this Danish concept of cosy and simple living. Denmark has been voted the happiest country for the past 40 years. Wouldn't you love to learn their secret to happiness? This book will help you to be happy every single day! We will learn about how hygge can help us feel satisfied and happy.\* Wouldn't it be wonderful to de-stress, relax and take a break from our busy lives? But how can we do that? Hygge can help us unwind and enjoy the little things in life.\* Technology seems to drive families apart even when they are sitting in the same room. How can we use hygge to bring our family together and give us a sense of belonging? \* How can we create the perfect atmosphere for relaxing and feeling hygge? Everyone can embrace the hygge mindset, hygge does not discriminate, anyone from any walk of life can live a more hygge lifestyle. A smile is your face**



**celebrating life and when we smile it is passed on to those around us. Grab your copy now!**

**The latest book in the international bestselling series that has hit the charts in Germany, Italy and the Czech Republic! Simplify your home, health, and lifestyle with the help of Scandinavian minimalist sensation, Jenny Mustard. In a beautiful collection of essays, Simple Matters challenges readers to simplify their life by prioritizing emotional and physical health, curating a personal style, and pursuing one's dreams. Jenny Mustard has created a unique lifestyle book that taps into the ever-increasing human longing for less clutter and more meaning, be it at home, at work, or in our relationships. By encouraging readers to make their surroundings a little more lovely, to simplify eating habits and wardrobe, to travel with purpose and ease, and to discover what they truly want to dream about and focus on, Jenny provides the inspiration to curate one's everyday life into something simple, realistic, and utterly enjoyable. Simultaneously inspirational and aspirational, Jenny's content is positive,**

**personal, and inclusive—42 essays cover everything from simple kitchen staples, the art of the travel plan, indulgent eating, addiction, failure as a road to success, the makings of a happy relationship, the red thread, building a career, and the Scandinavian way at home. Jenny Mustard is a minimalist YouTube sensation, fashion blogger, lifestyle influencer, and a vegan food, travel, and design lover. She has worked with prestigious brands and well-known social media personalities, and has been featured in magazines and online articles all over the world. Together with her fiance and business partner David, she also runs the morning show YouTube channel The Mustards, as well as a popular podcast of the same name. She is a Swede living in Berlin, by way of London. You can find her at [JennyMustard.com](http://JennyMustard.com).**

**Specific activities are designed to encourage you to cultivate togetherness and joy at the smallest and simplest things in everyday life. This book provides an in-depth explanation of the hygge lifestyle, as well as numerous bits of practical advice on how to practice hygge every day.**

**The Hygge Holiday**The warmest, funniest, cosiest romantic comedy of the year

**Sphere**  
**The Little Book of Hygge**

**A Guide to the Danish Art of Simple and Cosy Living**

**Mince Pies and Mistletoe at the Christmas Market**

**Keep Calm and Hygge**

**No Ex Before Marriage**

**Scandinavian Comfort Food**

**THE COMPLETE BOOK OF HYGGE!**The fashion for everything Scandinavian once again swept the world. Now it has spread not only to minimalist furniture and designer clothes, but also to lifestyle. Career and personal growth is being replaced by the desire for comfort and small everyday pleasures. In the world, popularity of hygge is rapidly growing - the philosophy of a happy life that arose in Denmark. Hygge is a Danish word that denotes the state of comfort, peace of mind and security that we experience, when sitting by a fireplace, when the wind blows outside or it's snowing. Warm, quiet lighting is also hygge, just as leisurely gatherings with friends or when you curl up

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with a book under the blanket. Mass interest in the phenomenon of hygge and the desire to be in a comfortable environment is a natural reaction to the increasingly troubled atmosphere in the world. Solving global problems is not so simple, but in the intervals between the salvation of the world you can enjoy the perfection of the little things. Hygge means the ability to appreciate the ordinary pleasures of life and enjoy the moment. Hygge is creating a warm atmosphere, enjoying good moments of life with your family. It is possible to approach the full understanding of this phenomenon only if you spend time in a relaxed warm atmosphere with those you love. Hygge can be experienced anywhere and at any time, although Danes find hygge mostly in the comfort of their homes. A 30-Day Hygge Challenge will show you how simple it is to live a hygge live and why hygge became so popular. This book tells you how to become happy and how to let hygge into your life by covering the following topics: \* What is Hygge? \* Hygge Lifestyle \* Hygge and Feeling Good \* 30-Day Hygge Challenge. Hygge habits. Get your copy now! Free with Kindle Unlimited!

Banish winter blues and embrace the frosty months by cosying up

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with Emma Mitchell's nature-inspired collection of crafts. From delicate silver jewellery, paper-craft decorations and crocheted mittens, to foraged infusions, delicious recipes and nature diaries, *Making Winter* is filled with projects designed to fend off dreariness in the winter months. Step-by-step instructions and beautiful photographs, shot at Emma's cottage in the Fens, take you through each project, so that even beginners can enjoy the mood-boosting benefits of a craft-filled winter and snuggle down in their own cosy paradise.

Are you craving coziness, comfort, less stress, and more relaxed life? Hygge promotes the feeling of contentment, something that seems so hard to attain as years go by. It believes that you feel good when you are cozy - while wrapped up in the soft cushions, having a nice cup of tea, or using warm slippers. It doesn't matter why you do it; what's more important is what you are feeling. This book aims to guide you about the process by explaining what hygge is all about. It explains the benefits of the process and how you can make it work for you. Anyone can adapt to the hygge lifestyle, even those living in places where it doesn't snow. You only have to focus on the factors to make

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your life less stressful and a lot happier. This book offers tips and techniques about how to include hygge in your everyday life, food and drinks, home and living, budgeting, and holiday seasons. Here's what you'll learn inside this book: -What is it- Benefits of Hygge-How to incorporate the Hygge lifestyle in your everyday life-Food and drinks-And much more Embrace the Hygge lifestyle now!

Does the hustle and bustle of modern living overwhelm you at times? Are you looking for a way to feel a sense of calm and ease in your own home? If you typically find yourself feeling stressed about how busy the world is today and are looking for a way to slow things down a bit in order to find more enjoyment out of life on a daily basis, then this book is definitely for you! Grab this book, *Hygge: An Introduction to the Danish Art of Cozy Living* to start learning the secrets of how you can start to live a life that is primarily filled with joy, pleasure, and a sense of safety. After reading about what the hygge lifestyle can offer you, you'll have a much better understanding of why this type of lifestyle has become so trendy and popular in recent years. Imagine a world where you feel stress-free

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whenever you're at home or in the presence of people about whom you truly care. When you're able to design a life of comfort, you're going to find that happiness is going to flow into your life at a faster pace than you've ever imagined possible. If happiness is what you truly value over all other material possessions, then it is essential that you start to integrate hygge principles into your life, sooner rather than later. Once you've surrounded yourself with comfort and pleasure, your world will be primed and ready for the happiness that will inevitably come with this pursuit. It's that simple. This book is going to provide you with the following information regarding the hygge lifestyle: What hygge is and how it originated Home decorating techniques that you can use in conjunction with hygge ideals How to enhance your relationships through hygge Tips on how activities that will promote a greater sense of calm in your life Why hygge is important for your mental health and clarity And so much more! With your happiness on the line, it's important that you read *Hygge: An Introduction to the Danish Art of Cozy Living* right away!

Embrace the power of storytelling with *Little Stories of Your*

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Life. Start telling your own story, find your creative self and be more mindful. Combining the wellbeing benefits of mindfulness, creativity and daily photography, this book shows you how to use words and photographs to capture precious little moments and how to share these in order to connect with others. Each chapter explores the different ways you can tell your own stories, considers why you might choose to tell them and helps you to create a patchwork of tiny tales about your life, however small they might be. Throughout the book, Laura shares her own personal stories and research that shows you how to tune out of the bigger picture and focus on the everyday. There are exercises to gently guide you through how to journal and harness your inner creativity, as well as tips on improving your photography, photo challenges and writing prompts to get you started. It's easy to feel that our own lives are not enough, but real lives are not defined by bright, exciting events: we don't need a grand narrative arc. It's the stretches of time in between that matter, the tiny moments and the daily choices that make us who we are.

Under One Roof



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## **The Little Café in Copenhagen (Romantic Escapes, Book 1)**

**Author In Progress**

**Simple Matters**

**Embracing the Art of Hygge**

**Cozy White Cottage**

Hygge (loosely translated as "coziness") is centered around the idea of inviting comforting elements into day-to-day routines while creating warmth, community, and intimacy. The hygge life does more than just explain this philosophy, it teaches you how to apply hygge to all aspects of life throughout the year, from elevating your morning with perfectly brewed coffee to impromptu gatherings with family and friends to making an oasis at home, by offering ideas for decorating and self-care.

Create special Christmas memories by making these cards, decorations, garlands and cosy gifts with a Scandinavian flavour.

Escape to the cosiest little lodge in Iceland for love, log fires and the Northern Lights...

Are you tired or stressed-out? Or just looking for an original coloring book? You are on the right way: ) Hygge is a Danish and Norwegian word which can be described as a quality of cosiness and comfortable conviviality that engenders a

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feeling of contentment or well-being (wikipedia). This book will put you in cozy relaxing atmosphere, where the blankets are warm, tea is hot, candles are flickering and sofa is so soft and cozy... And a lot of tiny nice details will help you to discover you creativity and every page will make your day a bit better. Grab your pencils and cup of hot chocolate and LET'S HYGGE with 20 original illustrations!

Explores the Danish concept of Hygge, which which focuses on everyday comfort, peace, and contentedness, providing decoration, craft, and recipe ideas designed to encourage joy during the winter months.

Let's Hygge

Find Your Voice, Share Your World and Tell Your Story

A Scandinavian 's Approach to Work, Home, and Style

A Creative Guide for Surviving the Winter Months

The Gin O'Clock Club

Rediscover the Joy of the Simple Things Through the Danish Concept of Hygge

***Christmas has arrived in the town of Wynbridge and it promises mince pies, mistletoe and a whole host of seasonal joy. Ruby has finished with university and is heading home for the holidays to save up for her trip around the world in January. Against her father's wishes, she takes on a stall at the local market, and***

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***sets about making it the best Christmas market stall ever. There'll be bunting and mistletoe and maybe even a bit of mulled wine. But with a new retail park just opened on their doorstep, the market is under threat. So together with all the other stallholders, Ruby devises a plan to make sure that Wynbridge is the first port of call for everyone's Christmas shopping needs. The only thing standing in her way is Ruby's ex, Steve. It's pretty hard to concentrate on saving the world when he works on the stall opposite, especially when she realises that her feelings for him are still there... This Christmas make time for some winter sparkle – and see who might be under the mistletoe this year... Praise for HEIDI SWAIN: 'The queen of feel-good' Woman & Home 'Full of Heidi's trademark gentle charm. Lock the door, pour some mulled wine and settle into this wonderful Christmas treat!' Milly Johnson 'More Christmassy than a week in Lapland - we loved it!' heat 'Sprinkled with Christmas sparkle' Trisha Ashley 'Give yourself a Christmas treat and curl up with this magical book!' Sue Moorcroft, author of The Little Village Christmas 'A real Christmas cracker of a read!' Penny Parkes, author of Practice Makes Perfect 'Cosy, Christmassy and deeply satisfying! Another wonderful read!' Mandy Baggot, author of One Christmas Kiss in Notting Hill It's a beautiful day in 1994 and the turn-out in the school playground is fantastic. Isobel is eight years old and marrying Andrew Parker, the boy of her dreams. Life is perfect. Then the ceremony is over, and a week later so is the marriage. Twenty***

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*years on and Isobel is dressed as a prawn handing out promotional fliers outside an L.A. fish market. Her career is going nowhere and her love life leaves a lot to be desired. Nothing Isobel hoped for has gone to plan. Then, she catches sight of Andrew, her first husband, in the background of a TV news item and wonders: if she can track down Andrew, will she recapture the happiness that she felt all those years ago? Isobel travels the globe to find her first husband, via Cornwall, Devon and a remote Malaysian island, but is he really what she is looking for? From the New York Times bestselling author of The Love Hypothesis comes a new steamy, STEMinist novella... Nothing like a little rivalry between scientists to take love to the next level. Mara, Sadie, and Hannah are friends first, scientists always. Though their fields of study might take them to different corners of the world, they can all agree on this universal truth: when it comes to love and science, opposites attract and rivals make you burn... Logically, Sadie knows that civil engineers are supposed to build bridges. However, as a woman of STEM she also understands that variables can change, and when you are stuck for hours in a tiny New York elevator with the man who broke your heart, you earn the right to burn that brawny, blond bridge to the ground. Erik can apologize all he wants, but to quote her rebel leader—she'd just as soon kiss a Wookiee. Not even the most sophisticated of Sadie's superstitious rituals could have predicted such a disastrous reunion. But while she refuses to acknowledge the siren call of Erik's*

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***steely forearms or the way his voice softens when he offers her his sweater, Sadie can't help but wonder if there might be more layers to her cold-hearted nemesis than meet the eye. Maybe, possibly, even burned bridges can still be crossed.... To read Mara and Hannah's stories look for the novellas Under One Roof, available now, and Below Zero, coming soon from Berkley!***

***One little word is the secret reminder of what really matters in life: Hygge. CHRISTMAS is the perfect time to embrace it and THIS BOOK will show you how.***

***----- To me, hygge is: - Meeting my sister for a walk in the park, chatting, laughing and clowning around, as if we were children again. - Listening to the rain on the roof with a cup of tea and my boyfriend next to me. - Drinking wine in my mum's garden - Enjoying a cup of coffee with good friends, that becomes a dinner, that becomes a late-night drink, because no one wants the evening to end. ----- Though we all know the feeling of hygge instinctively few of us ever manage to capture it for more than a moment. Now Danish actress and hygge aficionado Marie Tourell Søderberg - star of BBC 4's 1864 - has travelled the length and breadth of her home country to create the perfect guide to cooking, decorating, entertaining and being inspired the hygge way. Full of beautiful photographs and simple, practical steps and ideas to make your home and life both comfortable and cheering all year round, this book is the easy way to introduce hygge into your life. 'Pretty, homey and intimate, scattered***

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*with reflections from ordinary Danes' Guardian*

***What is the most HYGGE holiday? Right! Christmas! Hygge is a Danish and Norwegian word which can be described as a quality of cosiness and comfortable conviviality that engenders a feeling of contentment or well-being (wikipedia). This book will put you in cozy Christmas relaxing atmosphere, where the blankets are warm, tea is hot, Christmas tree is flickering and sofa is so soft and cozy... And a lot of tiny nice details will help you to discover you creativity and every page will make your day a bit better. Grab your pencils and cup of hot chocolate and LET'S HYGGE with 20 original Christmas illustrations!***

***The Cosy Cottage in Ireland (Romantic Escapes, Book 8)***

***An Introduction to the Danish Art of Cozy Living***

***How to Stuff Up Christmas***

***Hygge and Kisses***

***The Science of Feelings***

***Scandi Christmas***

***\*Short-listed for Best Contemporary Romance at the Romantic Novelists' Association Romance of the Year Awards 2019\* Welcome to the little cafe in Copenhagen where the smell of cinnamon fills the air, the hot chocolate is as smooth as silk and romance is just around the corner...***

***For readers everywhere who are embracing the Danish art of hygge – the first warm,***

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*wise and romantic hygge novel! The perfect feel-good novel to curl up with - light some candles, wrap yourself in a blanket and relax ... Bo, 26, has always been careful, cautious. However, she's just been made redundant and her life plan is beginning to unravel. Before she starts immediately applying for other jobs in a panic, her friend Kirsten persuades her to take a holiday, to visit Kirsten's mother's house in Aalborg, North Jutland, a part of Denmark Bo is ashamed to admit she has never heard of. 'What's the weather going to be like?' she asks Kirsten hopefully, scrolling her cursor over the budget airlines webpage. 'Terrible,' Kirsten replies, 'London is positively Mediterranean by comparison, and of course it's November so it'll be dark seventeen hours a day. But no one goes to Denmark to get a tan. You need a change of scene and to blow away the cobwebs, and trust me, Skagen will do that. Besides, the summerhouse is cosy whatever the weather, and you never know who else will be around.' A few clicks later and there is no going back. And Bo's life plan is about to be entirely rewritten. What are emotions and why do we experience them? In the last 50 years or so, psychological science has shed light on the essence of what makes us human—why we experience a range of feelings from joy to sadness, anger to fear, and compassion to contempt. Yet, the science of emotion remains mostly inaccessible to the curious reader and those outside academic circles. This book is a story of our emotions; a story of why and how we feel as human beings. It is a tale of our emotions, told by philosophers,*

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*biologists, neuroscientists, sociologists, and economists. Drawing on the rich psychological research on emotions, this book invites you to revisit your emotions and to better appreciate and understand how feeling states define us and our humanity. Empower Your Writing Through Craft and Community! Writing can be a lonely profession plagued by blind stumbles, writer's block, and despair--but it doesn't have to be. Written by members of the popular Writer Unboxed website, Author in Progress is filled with practical, candid essays to help you reach the next rung on the publishing ladder. By tracking your creative journey from first draft to completion and beyond, you can improve your craft, find your community, and overcome the mental barriers that stand in the way of success. Author in Progress is the perfect no-nonsense guide for excelling at every step of the novel-writing process, from setting goals, researching, and drafting to giving and receiving critiques, polishing prose, and seeking publication. You'll love Author in Progress if...*

- *You're an aspiring novelist working on your first book.*
- *You're an experienced veteran looking for ways to enhance your career and connect with your writing community.*
- *You've finished your first draft and want to know the next steps.*
- *You're seeking clear, effective advice about publication-from professionals who are "down in the trenches" every day.*

*What's Inside Author in Progress features:*

- *More than 50 essays from best-selling authors, editors, and industry leaders on a variety of writing and publishing topics.*
- *Advice on writing first drafts,*



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*conducting research, building and fostering community, seeking critique, revising, and getting published. • An encouraging approach to the writing and publishing process, from authors who've walked this path.*

*A hilarious and heart-warming novel about Christmas, catastrophes and cooking, containing exclusive Christmas recipes, from the talented Rosie Blake. \*\*How to Stuff Up Christmas includes 14 fabulous, tasty Christmas recipes throughout\*\* 'Tis the season to be jolly. Unless you've found an intimate picture of another woman on your fiance's phone... Eve is heartbroken after discovering her fiance is cheating on her. Being surrounded by the joys of Christmas is more than Eve can bear, so she chooses to avoid the festivities by spending Christmas alone on a houseboat in Pangbourne. Eve gets gets an unexpected seasonal surprise when handsome local vet Greg comes to her rescue one day, and continues to visit Eve's boat on a mission to transform her from Kitchen Disaster Zone to Culinary Queen. But where does Greg keep disappearing to? What does Eve's best friend Daisy know that she isn't telling? And why is there an angry goose stalking Eve's boat?*

*Summer Island (A Very Hygge Holiday, Book 1)*

*How to Find Your (First) Husband*

*The Hygge Holiday*

*Christmas and cooking collide in this hilarious romantic comedy*

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### *How to Get a (Love) Life*

### *Little Stories of Your Life*

*A USA Today Bestseller! From the New York Times bestselling author of The Love Hypothesis comes a new steamy, STEMinist novella... A scientist should never cohabit with her annoyingly hot nemesis—it leads to combustion. Mara, Sadie, and Hannah are friends first, scientists always. Though their fields of study might take them to different corners of the world, they can all agree on this universal truth: when it comes to love and science, opposites attract and rivals make you burn... As an environmental engineer, Mara knows all about the delicate nature of ecosystems. They require balance. And leaving the thermostat alone. And not stealing someone else's food. And other rules Liam, her detestable big-oil lawyer of a roommate, knows nothing about. Okay, sure, technically she's the interloper. Liam was already entrenched in his aunt's house like some glowering grumpy giant when Mara moved in, with his big muscles and kissable mouth just sitting there on the couch tempting respectable scientists to the dark side...but Helena was her mentor and Mara's not about to move out and give up her inheritance without a fight. The problem is, living with someone means getting to know them. And the more Mara finds out about Liam, the harder it is to loathe him...and the easier it is to love him. To read Sadie and Hannah's stories look for*

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*the novellas Stuck with You and Below Zero, coming soon from Berkley!*

*A charmingly quirky seaside town offers a recently separated restaurateur a fresh start and possibly a new lease on love in A Season for Second Chances, by the author of The Twelve Dates of Christmas. Annie Sharpe's spark for life has fizzled out. Her kids are grown up, her restaurant is doing just fine on its own, and her twenty-six-year marriage has come to an unceremonious end. Untethered for the first time in her adult life, she finds a winter guardian position in a historic seaside home and decides to leave her city life behind for a brand-new beginning. When she arrives in Willow Bay, Annie is enamored by the charming house, the invigorating sea breeze, and the town's rich seasonal traditions. Not to mention, her neighbors receive her with open arms—that is, all except the surly nephew of the homeowner, whose grand plans for the property are at odds with her residency. As Christmas approaches, tensions and tides rise in Willow Bay, and Annie's future seems less and less certain. But with a little can-do spirit and holiday magic, the most difficult time of her life will become...a season for second chances.*

*It's not over until someone says 'I do'... While her friends join the "Wife Club" one by one, Poppy feels like that part of her life is done and dusted. Already married and divorced she's not desperate to go through all that again. But what if her*

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*divorce never actually went through...? After a shock revelation Poppy not only discovers she is still married, but that Zac is about to have his second wedding! Coming face to face with her (almost) ex-husband after six years apart is never going to be easy. And when Zac panics and tells his new wife-to-be that Poppy is family, things can't get much worse as she is welcomed with open arms as part of the wedding party! As the memories flood back, can Poppy really leave the past where it is? And can she watch the first love of her life walk down the aisle to say 'I do' once again? A laugh-out-loud romantic comedy from top 10 bestseller Portia MacIntosh, guaranteed to brighten up your day. Praise for Portia MacIntosh: 'A hilarious, roaringly fun, feel good, sexy read. I LOVED it!' Holly Martin 'This is a heartwarming fun story, perfect for several hours of pure escapism.' Jessica Redland 'Super-romantic and full of festive spirit. I loved it!' Mandy Baggot 'A feel good, funny and well written book. I read it in 2 days and enjoyed every second!' A.L. Michael*

*He never meant to stay. He certainly never meant to fall in love...*

*New York Times Bestseller Embrace Hygge (pronounced hoo-ga) and become happier with this definitive guide to the Danish philosophy of comfort, togetherness, and well-being. Why are Danes the happiest people in the world? The answer, says Meik Wiking, CEO of the Happiness Research Institute in*

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*Copenhagen, is Hygge. Loosely translated, Hygge—pronounced Hoo-ga—is a sense of comfort, togetherness, and well-being. "Hygge is about an atmosphere and an experience," Wiking explains. "It is about being with the people we love. A feeling of home. A feeling that we are safe." Hygge is the sensation you get when you're cuddled up on a sofa, in cozy socks under a soft throw, during a storm. It's that feeling when you're sharing comfort food and easy conversation with loved ones at a candlelit table. It is the warmth of morning light shining just right on a crisp blue-sky day. The Little Book of Hygge introduces you to this cornerstone of Danish life, and offers advice and ideas on incorporating it into your own life, such as: Get comfy. Take a break. Be here now. Turn off the phones. Turn down the lights. Bring out the candles. Build relationships. Spend time with your tribe. Give yourself a break from the demands of healthy living. Cake is most definitely Hygge. Live life today, like there is no coffee tomorrow. From picking the right lighting to organizing a Hygge get-together to dressing hygge, Wiking shows you how to experience more joy and contentment the Danish way.*

*Christmas Island (A Very Hygge Holiday, Book 2)*

*How to Bring Danish Cosiness Into Your Life*

*The perfect laugh-out-loud new romantic comedy from Portia MacIntosh for 2022*

*Unlock the Danish Art of Coziness and Happiness*

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## *Stuck with You*

### *Comforting cakes and bakes from Scandinavia with love*

Whether you live in a country farmhouse or an urban apartment, find inspiration for every room in your home. Come cozy up with your creativity and Liz's welcoming voice so you can love the feeling of being at home. In this beautiful book of house and garden photography and DIY inspiration, popular blogger Liz Marie Galvan shares: 100 tips and tricks to make your home feel cozy Budget-friendly hints to make decorating affordable Simple DIY projects for every room in your house In *Cozy White Cottage*, you'll get the help you need to create a space you love coming home to as Liz offers her best home décor and design tips. You'll love Liz's real-life, easy, and affordable ideas to get the most out of your home and discover things like: The passion and productivity that can pour out of an inspiring, functional workspace or home office The conversation and connection that flow out of a warm, well-arranged living room The thoughtful hospitality that can welcome guests, be it for a cup of coffee or an overnight stay The rejuvenation that can happen when we have quiet spaces for reading, prayer, and rest The calming

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routines and rituals that we can implement into our spaces and our lives The laughter, joy, and learning that can occur in adorable, functional playrooms The life-giving power that beats in the heart of our homes: the kitchen Join the hundreds of thousands of readers and DIY-ers who find design inspiration on Liz's blog, where she shares stories of life with her son, Cope, and veteran husband, Jose, in their 1800s Michigan farmhouse, and her home décor boutique. Cozy White Cottage offers inspiration for every style and makes the perfect self-purchase, housewarming gift, birthday treat, Mother's Day read, or holiday gift. Look for Liz's other cozy home décor book of DIY inspiration, Cozy White Cottage Seasons.

The warmest, funniest, cosiest romantic comedy of the year  
Embracing the Nordic Art of Coziness Through Recipes,  
Entertaining, Decorating, Simple Rituals, and Family Traditions  
A Season for Second Chances

The Cozy Life

The Art of Hygge

The Danish Art of Happiness