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Who
Helped Bring
Pose The
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Life Of
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The
Woman

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**Who
Helped
Bring
Yoga To
The West**

**W.B. Yeats and
the Muses
explores how
nine**

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The Audacious
fascinating
Life Of Indra Devi
women inspired
The Woman Who
much of W.B.
Helped Bring
Yeats's
Yoga To The West
poetry. These
women are
particularly
important
because Yeats
perceived them
in terms of
beliefs about

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The Audacious
poetic
Life Of Indra Devi
inspiration
The Woman Who
akin to the
Helped Bring
Greek notion
Yoga To The West
that a great
poet is
inspired and
possessed by
the feminine
voices of the
Muses .
Influenced by

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The Audacious
the Pre-
Life Of Indra Devi
Raphaelite
The Woman Who
idea of woman
Helped Bring
as 'romantic
Yoga To The West
and

mysterious,
still the
priestess of
her shrine',
Yeats found
his Muses in
living women.

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The Woman Who
Helped Bring
Yoga To The West

His extraordinarily long and fruitful poetic career was fuelled by passionate relationships with women to and about whom he wrote some of his most compelling

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The Audacious
poetry. The
Life Of Indra Devi
book
The Woman Who
summarizes the
Helped Bring
different Muse
Yoga To The West
traditions
that were
congenial to
Yeats and
shows how his
perception of
these women as
Muses

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Helped Bring
Yoga To The West

underlies his
poetry. Newly
available
letters and
manuscripts
are used to
explore the
creative
process and
interpret the
poems. Because
Yeats believed

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Helped Bring
Yoga To The West

that lyric
poetry 'is no
rootless
flower, but
the speech of
a man, '

exploring the
relationship
between poem
and Muse
brings new
coherence to

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The Audacious
the poetry,
Life Of Indra Devi
illuminates
The Woman Who
the process of
Helped Bring
its creation,
Yoga To The West
and unlocks
the 'second
beauty' to
which Yeats
referred when
he claimed
that 'works of
lyric genius,

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The Audacious
when the
Life Of Indra Devi
circumstances
The Woman Who
of their
Helped Bring
origin is
Yoga To The West
known, gain a
second a
beauty,
passing as it
were out of
literature and
becoming
life.' As life

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Life Of Indra Devi
The Woman Who
Helped Bring
Yoga To The West
emerges from
the
literature,
the Muses are
shown to be
vibrant, multi-
faceted
personalities
who shatter
the idea of
the Muse as a
passive

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The Woman Who
Helped Bring
Yoga To The West
stereotype and
take their
proper place
as begetters
of timeless
poetry.

Originally
from Riga,
Latvia, Yoga
practitioner,
author and
teacher Indra

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The Audacious
Devi (born
Life Of Indra Devi
Eugenie
The Woman Who
Peterson)
Helped Bring
lived to 102
Yoga To The West
years! She
became
fascinated
with India at
age 15 and set
out to India
in 1927 to
become a

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The Audacious
disciple of
Life Of Indra Devi
Sri Tirumalai
The Woman Who
Krishnamacharya
Helped Bring
a, after which
Yoga To The West
time she moved
to different
parts of the
world and
taught Yoga.
She comes from
the renowned
tradition of

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Mysore. For
Life Of Indra Devi
thousands of
The Woman Who
years the
Helped Bring
culture of
Yoga To The West
Yoga has
existed in
India,
bringing to
its
practitioners
remarkable
health and

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The Woman Who
Helped Bring
Yoga To The West

spiritual well-
being. In YOGA
FOR AMERICANS
Indra Devi has
brought this
ancient art to
those who need
it most:

Americans,
victims of a
driving,
competitive,

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tension-ridden
society which
suffers from
its own supera
bundance.

Here, in the
richest
country in the
world, an
alarming
number of
people still

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die from
Life Of Indra Devi
malnutrition
The Woman Who
and allied
Helped Bring
diseases;
Yoga To The West
obesity,
underactivity,
and
psychosomatic
illness are
commonplace; t
ension-
inspired heart

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attacks are
the worst
killers of
all. Here is
an invaluable
book, packed
with sound,
proven advice,
including many
extras such as
an
introductory q

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**question-and-
answer
session,
lavish
illustrations,
special diets,
and
constructive
advice for
those
suffering from
arthritis,**

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asthma, and
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overweight.
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Helped Bring
Yoga To The West
The author of
Yoga and the
Quest for the
True Self
offers
spiritual
seekers from
all traditions
a practical
introduction

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to the wisdom
and teachings
of the
Yogasutra, as
he brings
together
insights from
yoga
philosophy
with modern
psychology to
offer lessons

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in ethical
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living,
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enhanced
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creativity,
Yoga To The West
and the

discovery of
one's higher
purpose.

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printing.

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**SOLD! This is
the classic
guide to
astrological
history,**

**legend, and
practice!**

**Readers will
enjoy simple,
computer-
accurate
planetary**

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tables that
allow anyone
born between
1900 and 2100
to pinpoint
quickly their
sun and moon
signs,
discover their
ascendants,
and map out
the exact

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positions of
the planets at
the time of
their birth.

In addition to
revealing the
planets'
influence on
romance,
health, and
career, The
Only Astrology

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takes a closer
Helped Bring
look at the
Yoga To The West
inner life of
each sign.
Celebrated
astrologer
Joanna Martine
Woolfolk
offers
abundant

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insights on
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the personal
The Woman Who
relationships
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and emotional
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needs that
motivate an
individual, on
how others
perceive
astrological
types, and on
dealing with

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updated
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design, this
The Woman Who
new edition is
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an
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indispensable
sourcebook for
unlocking the
mysteries of
the cosmos
through the
twenty-first
century and

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beyond.
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Journey to
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Mindfulness
Yoga To The West
Anatomy for
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Poses
Twelve Lessons
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The Woman Who
a Carpenter
Helped Bring
Sex, Power,
Yoga To The West
and the Future
of the World
Understand the
Anatomy and
Physiology to
Perfect your
Practice
New York Times**

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**best-selling author
Michelle Goldberg
tells the** *The Audacious
Life Of Indra Devi*
man who *The Woman Who*
globetrotting story *Helped Bring*
of the incredible *Yoga To The West*
woman who
brought yoga to
the West. When
Indra Devi was
born in Russia in
1899, yoga was
virtually unknown
outside of India. By
the time of her

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The Audacious Life Of Indra Devi
The Woman Who Helped Bring Yoga To The West

death, in 2002, it was being practiced around the world. Here Michelle Goldberg tells the globetrotting story of the incredible woman who helped usher in a craze that continues unabated to this day. A sweeping picture of the

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**twentieth century
that travels from
the cabarets of
Berlin to the
Mysore Palace to
Golden Age
Hollywood and
beyond, The
Goddess Pose
brings the Devi's
little known but
extraordinary
adventures vividly
to life.**

Read PDF The Goddess Pose The Audacious Beloved best-selling author Chitra Banerjee Divakaruni has been hailed by Abraham Verghese as a “gifted storyteller” and by People magazine as a “skilled cartographer of the heart.” Now, Divakaruni returns with her most

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**gripping novel yet,
a sweeping,**

suspenseful

coming-of-age tale

about a young

woman who leaves

India for America

on a search that

will transform her

life. THOUGH SHE

WAS ORPHANED

AT BIRTH, the wild

and headstrong

Korobi Roy has

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enjoyed a privileged childhood with her adoring grandparents, spending her first seventeen years sheltered in a beautiful, crumbling old mansion in Kolkata. But despite all that her grandparents have

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**done for her, she is
troubled by the
silence that
surrounds the
circumstances of
her parents' death
and clings fiercely
to her only
inheritance from
them: the love
note she found,
years ago, hidden
in a book of poetry
that had belonged**

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to her mother. As she grows, Korobi dreams of one day finding a love as powerful as her parents', and it seems her wish has finally come true when she meets the charming Rajat, the only son of a high-profile business family.

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Shortly after their engagement, however, a sudden heart attack kills Korobi's grandfather, revealing serious financial problems and a devastating secret about Korobi's past. Shattered by this discovery and by her grandparents'

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**betrayal, Korobi
decides to
undertake a
courageous search
across post-9/11
America to find her
true identity. Her
dramatic, often
startling journey
will ultimately
thrust her into the
most difficult
decision of her life.
With flawless**

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The Waya Who
Herpetologist
Yoga To The West
Oleander Girl
Divakaruni brings
us a perfect treat
of a novel—
moving, wise, and
unforgettable. As
The Wall Street
Journal raves,
“Divakaruni

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The Woman Who
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**emphasizes the
cathartic force of
storytelling with
sumptuous prose. .
She defies
categorization.”**

**The National Book
Award finalist and
national bestseller
exploring the life
and legend of
Marilyn Monroe
Soon to be a
Netflix Film**

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The Moon Who
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Yoga To The West
starring Ana de
Armas, Adrien
Brody, Bobby
Cannavale and
Julianne Nicholson
In one of her most
ambitious works,
Joyce Carol Oates
boldly reimagines
the inner, poetic,
and spiritual life of
Norma Jeane
Baker—the child,
the woman, the

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The Audacious Life Of Indra Devi
The Blonde Woman Who Helped Bring Yoga To The West

**fated celebrity,
and idolized
blonde the world
came to know as
Marilyn Monroe. In
a voice startlingly
intimate and rich,
Norma Jeane tells
her own story of an
emblematic
American
artist—intensely
conflicted and
driven—who had**

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**lost her way. A
powerful portrait
of Hollywood's
myth and an
extraordinary
woman's
heartbreaking
reality, Blonde is a
sweeping epic that
pays tribute to the
elusive magic and
devastation behind
the creation of the
great 20th-century**

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**American star.
The author of the
classic New York
Times bestseller
Passages returns
with her inspiring
memoir—a
chronicle of her
trials and triumphs
as a
groundbreaking
“girl” journalist in
the 1960s, to
iconic guide for**

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women and men seeking to have it all, to one of the premier political profilers of modern times. Candid, insightful, and powerful, Daring: My Passages is the story of the unconventional life of a writer who dared . . . to walk New York City

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**streets with
hookers and pimps
to expose violent
prostitution; to
march with civil
rights protesters in
Northern Ireland
as British
paratroopers
opened fire; to
seek out Egypt's
president Anwar
Sadat when he was
targeted for death**

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**after making peace
with Israel. Always
on the cutting
edge of social
issues, Gail Sheehy
reveals the
obstacles and
opportunities
encountered when
she dared to blaze
a trail in a “man’s
world.” Daring is
also a beguiling
love story of**

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Sheehy's tempestuous romance with and eventual happy marriage to Clay Felker, the charismatic creator of New York magazine. As well, Sheehy recounts her audacious pursuit and intimate portraits of many twentieth-

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The Women Who
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**century leaders,
including Hillary
Clinton, Presidents
George H. W. and
George W. Bush,
and the world-
altering attraction
between Margaret
Thatcher and
Mikhail Gorbachev.
Sheehy reflects on
desire, ambition,
and wanting it
all—career, love,**

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**children, friends,
social
significance—and
lays bare her major
life passages: false
starts and surprise
successes, the
shock of failures
and inner crises;
betrayal in a first
marriage; life as a
single mother;
flings of an ardent,
liberated young**

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woman; her
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adoption of a
The Woman Who
second daughter
Helped Bring
from a refugee
Yoga To The West
camp; marriage to
the love of her life
and their ensuing
years of
happiness, even in
the shadow of
illness. Now
stronger than ever,
Sheehy speaks
from hard-won

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The Woman Who Helped Bring Yoga To The West

experience to today's young women. Her fascinating, no-holds-barred story is a testament to guts, resilience, smarts, and daring, and offers a bold perspective on all of life's passages.

Idols

Daring: My

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Passages
Blonde
Warbreaker Who
Goldfinger
Helped Bring
A Comparative
Scholarly Edition
Poser

Explore the physiology of 30 key yoga poses, in-depth and from every angle, and master each asana with confidence and control. Did you know that yoga practice

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can help lower your blood pressure, decrease inflammation and prevent age-related brain changes? Recent scientific research now backs up what were once anecdotal claims about the benefits of yoga to every system in the body. Science of Yoga reveals the facts, with annotated artworks that show the mechanics, the angles,

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*how your blood flow
and respiration are
affected, the key muscle
and joint actions working
below the surface of
each pose, safe
alignment and much
more. With insight into
variations on the poses
and a Q&A section that
explores the science
behind every aspect of
yoga, this easy-to-
understand,*

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comprehensive book is an invaluable resource to achieve technical excellence in your practice and optimize the benefits of yoga for your body and mind.

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*Drinking with Men A
warm and inspiring book
for anyone who has ever
dreamed of changing
tracks, Hammer Head is
the story of a young
woman who quit her
desk job to become a
carpenter. Writing with
infectious curiosity, Nina
MacLaughlin—a
Classics major who
couldn't tell a Phillips
from a flathead*

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*screwdriver—describes
the joys and frustrations
of making things by
hand. Filled with the
wisdom of writers from
Ovid to Mary Oliver and
MacLaughlin's own
memorable accounts of
working with wood,
unfamiliar tools, and her
unforgettable mentor,
Hammer Head is a
passionate book full of
sweat, bashed thumbs,*

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*and a deep sense of
finding real meaning in
work and life.*

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translation of the
medieval Indian text,
which presents a
powerful, compassionate
goddess as ruler of the
universe.*

*The book is a memoir of
how a skeptical, fast-
talking New Yorker
became Thich Nhat*

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*Hanh's editor, turned
forty, realized she was
aging, and slowly and
reluctantly started to
absorb mindfulness
practice and grow up.*

*Scenes with Thich Nhat
Hanh and the author's
two vividly exuberant
older parents, illustrate
how the author adapts
mindfulness techniques
for the busyness of her
life, without losing her*

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edge. With honest and vivid stories about dealing with difficult relationships with family members, death, illness, vanity, exhaustion, and creating a safety net of joy, the author explores and offers guidance for three key mindfulness practices: Knowing When You're Available and When You're Not; Full-Attachment Living; and

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*Interbeing (Other People
are Not a Hobby). This
book is designed for
adults who are new to
mindfulness practice,
Buddhism, curious
skeptics, people familiar
with the practice who
want a personal story,
and those interested in
memoir.*

*From Song to Book
The Song of the Goddess:
A Translation,*

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Annotation, and
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Commentary
Prayanama, Kundalini
Aur Hathayoga
The Goddess Pose
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Old French Lyric and
Lyrical Narrative Poetry
W.B. Yeats and the
Muses
The Riddles of Culture
An Austro-
Hungarian with

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a dark streak,
Victor Lustig
was a man of
athletic good
looks, with a
taste for
larceny and
foreign
intrigue. He
spoke six
languages and
went under

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nearly as many
aliases in the
course of a co
ntinent-
hopping life
that also saw
him act as a
double (or
possibly
triple) agent.
Along the way,
he found time

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to dupe an
impressive
variety of
banks and
hotels on both
sides of the
Atlantic; to
escape from no
fewer than
three
supposedly
impregnable

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prisons; and
to swindle Al
Capone out of
thousands of
dollars, while
living to tell
the tale.

Undoubtedly
the greatest
of his hoaxes
was the sale,
to a wealthy

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but gullible
Parisian scrap-
metal dealer,
of the Eiffel
Tower in 1925.

In a narrative
that thrills
like a crime
caper, best-
selling
biographer
Christopher

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The Woman Who
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Sandford tells
the whole
story of the
greatest
conman of the
twentieth
century.

When the woman
who would
become Indra
Devi was born
in Russia in

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1899, yoga was
virtually
unknown
outside of
India. By the
time of her
death, in
2002, it was
being
practiced
everywhere,
from Brooklyn

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to Berlin to
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The Woman Who
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selling author
Michelle
Goldberg
traces the
life of the
incredible
woman who

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brought yoga
to the West
and in so
doing paints a
sweeping

picture of the
twentieth
century. Born
into the minor
aristocracy
(as Eugenia
Peterson),

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Devi grew up
in the midst
of one of the
most turbulent
times in human
history.

Forced to flee
the Russian
Revolution as
a teenager,
she joined a
famous Berlin

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cabaret
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troupe, dove
The Woman Who
into the
Helped Bring
vibrant prewar
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spiritualist
movement, and,
at a time when
it was nearly
unthinkable
for a young
European woman
to travel

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alone,
Life Of Indra Devi
followed the
The Woman Who
charismatic
Helped Bring
Theosophical
Yoga To The West
leader Jiddu
Krishnamurti
to India. Once
on the
subcontinent,
she performed
in Indian
silent cinema

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and hobnobbed
with the
The Woman Who
Helped Bring
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leaders of the
independence
movement. But
her greatest
coup was
convincing a
recalcitrant
master yogi to
train her in
the secrets of

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Yoga To The West

his art. Devi
would go on to
share what she
learned with
people around
the world,
teaching in
Shanghai
during World
War II, then
in Hollywood,
where her

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The Audacious
students
Life Of Indra Devi
included
The Woman Who
Gloria Swanson
Helped Bring
and Greta
Yoga To The West
Garbo. She ran
a yoga school
in Mexico
during the
height of the
counterculture
, served as
spiritual

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Life Of Indra Devi
The Woman Who
Helped Bring
Yoga To The West
Panamanian

strongman

Manuel

Noriega, and,

in her

eighties,

moved to

Buenos Aires

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The Audacious
at the
Life Of Indra Devi
invitation of
The Woman Who
a besotted
Helped Bring
rock star.
Yoga To The West
Everywhere she
went, Indra
Devi
evangelized
for yoga,
ushering in a
global craze
that continues

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The Audacious
unabated.
Life Of Indra Devi
Written with
The Woman Who
vivid clarity,
Helped Bring
The Goddess
Yoga To The West
Pose brings
her remarkable
story as an
actress, yogi,
and
globetrotting
adventuress to
life.

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of Indra Devi,
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Helped Bring
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From #1 New
York Times
bestselling
author Brandon

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Sanderson,
Life Of Indra Devi
Warbreaker is
The Woman Who
the story of
Helped Bring
Yoga To The West
two sisters,
who happen to
be princesses,
the God King
one of them
has to marry,
the lesser god
who doesn't
like his job,

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The Audacious
and the
Life Of Indra Devi
immortal who's
The Woman Who
still trying
Helped Bring
to undo the
Yoga To The West
mistakes he
made hundreds
of years ago.
Their world is
one in which
those who die
in glory
return as gods

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to live
Life Of Indra Devi
confined to a
The Woman Who
pantheon in
Helped Bring
Hallandren's
Yoga To The West
capital city
and where a
power known as
BioChromatic
magic is based
on an essence
known as
breath that

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The Woman Who
Helped Bring
Yoga To The West

can only be
collected one
unit at a time
from
individual
people. By
using breath
and drawing
upon the color
in everyday
objects, all
manner of

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miracles and
Life Of Indra Devi
mischievous can
The Woman Who
be
Helped Bring
accomplished.
Yoga To The West
It will take
considerable
quantities of
each to
resolve all
the challenges
facing Vivenna
and Siri,

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The Audacious
princesses of
Life Of Indra Devi
Idris;
The Woman Who
Susebron the
Helped Bring
God King;
Yoga To The West
Lightsong,
reluctant god
of bravery,
and mysterious
Vasher, the
Warbreaker.
Other Tor
books by

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Cosmere The
Helped Bring
Stormlight
Yoga To The West
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Radiance
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(Novella)
Oathbringer
The Mistborn

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The Woman Who
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Yoga To The West
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Hero of Ages
Mistborn: The
Wax and Wayne
series Alloy
of Law Shadows
of Self Bands
of Mourning

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Unbounded
Helped Bring
Other Cosmere
Yoga To The West
novels

Elantris

Warbreaker The

Alcatraz vs.

the Evil

Librarians

series

Alcatraz vs.

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the Evil
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Librarians The
The Woman Who
Scrivener's
Helped Bring
Bones The
Yoga To The West
Knights of
Crystallia The
Shattered Lens
The Dark
Talent The
Rithmatist
series The
Rithmatist

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Other books by
Brandon
Sanderson The
Helped Bring
Reckoners
Yoga To The West
Steelheart

Firefight

Calamity At
the

Publisher's
request, this
title is being
sold without

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Digital Rights
Management

The Woman Who
Helped Bring
Software (DRM)
applied.

Yoga To The West
Victor Lustig

The Man Who

Conned the

World

The Means of

Reproduction

A Novel

Yoga For

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Americans
Life Of Indra Devi
Man Into Woman
The Woman Who
Reflections on
Helped Bring
Food,
Yoga To The West
Community, and
the Meaning of
Generosity

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the

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world come from?"

Before she knows it

she is enrolled in a

correspondence

course with a

mysterious

philosopher. Thus

begins Jostein

Gaarder's unique

novel, which is not

only a mystery, but

also a complete and

entertaining history

of philosophy.

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Journalist Susan Faludi's inquiry into the meaning of identity in the modern world and in her own haunted family saga, involving her 76-year-old father--long estranged and living in Hungary--who underwent sex reassignment surgery.

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Woman who Helped
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Mesopotamian
Medicine
Presents a
scientific approach
to understanding

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Yoga To The West

the practice of
hatha yoga:
through full-color,
three-dimensional
illustrations of
major muscles,
tendons, and
ligaments. This
book describes the
correct positioning
of hatha yoga
poses (asanas) and

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The Woman Who Helped Bring Yoga To The West

their benefits.
An authentic compendium of 1970s' New York style and attitude and a confirmed masterpiece. Idols began with an awestruck Larrain visiting Kansas City in the explosively

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liberating early
years of the gay
rights movement
and befriending
Taylor Meade and
John Noble. Once
they had been
photographed, the
rest of the troupe
followed suit. The
result is a
collection of

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photographs of a
generation of New
York's most
talented,
outrageous,
glamorous and
mostly gay
personalities who
posed for Larrain
in his now
legendary Soho
studio.

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guide for scholars

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and students of
the ancient Near
East and the
history of
medicine In this

collection JoAnn
Scurlock

assembles and
translates medical
texts that provided
instructions for
ancient doctors

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and pharmacists.
Scurlock unpacks
the difficult,
technical
vocabulary that
describes signs
and symptoms as
well as procedures
and plants used in
treatments. This
fascinating
material shines

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light on the development of medicine in the ancient Near East, yet these tablets were essentially inaccessible to anyone without an expertise in cuneiform. Scurlock ' s work fills this gap by

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providing a key
resource for
teaching and
research. Features:
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translations and
transliterations for
both specialists
and non-
specialists Texts
include a range of
historical periods

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Therapeutic,
The Woman Who
pharmacological,
Helped Bring
and diagnostic
Yoga To The West
texts

Witty and
heartfelt, clear-
sighted and
irreverent, Poser is
the book that sane,
sensible and
intelligent mothers

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Yoga To The West
around the world
have been waiting
for
Command Of The
Air

Sophie's World
A Seeker's Guide
to Extraordinary
Living
A Heretic ' s Love
Story
Science of Yoga

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A Mother's Life in
Life Of Indra Devi
Twenty-Three
The Woman Who
Yoga Poses
Helped Bring
Yoga To The West

This translation
and commentary
on an important
Hindu text on the
Great Goddess
envisions a
universe created
and protected by

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The Audacious
Life Of Indra Devi
a compassionate
female deity.

The Woman Who
Helped Bring
One of America's
leading

anthropologists

offers solutions to

the perplexing

question of why

people behave

the way they do.

Why do Hindus

worship cows?

Why do Jews and

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Moslems refuse
to eat pork? Why
did so many
people in post-
medieval Europe
believe in
witches? Marvin
Harris answers
these and other
perplexing
questions about
human behavior,
showing that no

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matter how
bizarre a people's
behavior may
seem, it always
stems from
identifiable and
intelligible
sources.

A thoughtful
biography of one
of the most
polarizing
pioneers of

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alternative
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spirituality, the
The Woman Who
occult-mystic
Helped Bring
Helena Petrovna
Yoga To The West
Blavatsky.
Pioneer.
Visionary.
Provocateur.
Madame Helena
Petrovna Blavats
ky—mystic,
occult writer,
child of Russian

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aristocrats,
Life Of Indra Devi
spiritual seeker
The Woman Who
who traveled five
Holmed Bring
continents, and
Yoga To The West
founder (with
Henry Steel
Olcott) of the
Theosophical
Society—is still
being hailed as
an icon and
scorned as a
fraud more than

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120 years after
her death. But
despite perennial
interest in her
life, writings, and
philosophy, no
single biography
has examined the
controversy and
legacy of this
influential
thinker who
helped define

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modern
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alternative
The Woman Who
spirituality—until
Helped Bring
now. Gary
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Lachman, the
acclaimed
spiritual
biographer
behind volumes
such as Rudolf
Steiner and Jung
the Mystic,
brings us an in-

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depth look at
Blavatsky,
objectively
exploring her
unique and
singular
contributions
toward
introducing
Eastern and
esoteric spiritual
ideas to the West
during the

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nineteenth century, as well
Life Of Indra Devi
The Woman Who
as the
Helped Bring
controversies
Yoga To The West
that continue to
color the
discussions of her
life and work.

The investigative
journalist author
of Kingdom
Coming explores
the ways in which

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restrictions against women's reproductive rights are directly linked to consequences in global development, in a cautionary report that covers such topics as abortion, female circumcision, and

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human
trafficking.
The Rise of
Christian
Nationalism
In the Darkroom
Harmonialism,
Orientalism, and
the Western
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Yoga
The Devi Gita:
Spiritual Counsel

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of the Great
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Goddess
The Woman Who
Madame
Helped Bring
Blavatsky
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The Age of
Innocence
The Mother of
Modern
Spirituality
"Biography of
Indra Devi, a
European woman

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The Woman Who
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who, over the
course of her
century-long
life, helped
introduce yoga
to the U.S"--

When one
person dares
to speak her
truth, it
challenges us
all to live

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our own. With
Red Hot and
Holy, Sera
Beak offers a
provocative

and intimate
view of what
it means to
get up close
and personal
with the
divine in

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modern times.
With a rare
combination of
audacious wit,
scholarly
acumen, and
tender vulnera
bility—vibrant
ly mixed with
red wine, rock
songs,
tattoos, and

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erotic encount
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ers—Sera
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candidly
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chronicles the
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highs and lows
of her
mystical
journey. From
the innocence
of her
childhood
crush on God;

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through a
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whirlwind of
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torrid
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liaisons and
Yoga To The West
bitter break-
ups with
Christianity,
Buddhism,
Sufism,
Hinduism, and
the New Age;
and finally

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into committed
monogamy with
her own Red
Hot and Holy
Goddess, Sera
shares
transformative
insights,
encouraging us
all to trust
our unique
path and

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ignite our own
spiritual love
affair. Sera
Beak's
luscious

writing and
renegade
spiritual
wisdom that
slices through
religious and
new age dogma

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made her debut
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breakout
success. With
Red Hot and
Holy she
offers a far
more personal
book—an
illuminating,
hilarious, and

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above all
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utterly honest
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portrait of
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the heart-
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opening
process of
mystical
realization.
This hot and
holy book
invites you to
embrace your

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soul, unleash
your true
Self, and
burn, baby,
burn with

divine love.

Excerpt As a
child, I was
madly in love
with God. Gaga
for God. In
grade school,

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I used to
write "I
(heart) God"
at the top of
all my

homework
assignments
and in the
margins of the
notes I passed
to my
girlfriends

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The Woman Who
Helped Bring
Yoga To The West
The Little
Princess, a
children's
bible was kept
on my bedside
table for
nightly
reading.

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Miracles?
Life Of Indra Devi
Prophetic
The Woman Who
dreams?
Helped Bring
Angels?
Yoga To The West
Healing the
sick? Sign me
up for those
gigs! And
every Thursday
I believed
J.C. dropped
by my bedroom

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The Woman Who
Helped Bring
Yoga To The West

so I could ask
him personal
questions and
tell him which
sister was

annoying me
the most. I
was magnetized
to rosaries,
prayers, and
pyramids the
way other kids

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were to
Life Of Indra Devi
doughnuts, MTV
The Woman Who
and the
Helped Bring
Cabbage Patch
Yoga To The West
Kids, and
every time I
saw a
religious
figure
(priest, nun,
Buddhist monk,
Hare Krishna)

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The Woman Who
Helped Bring
Yoga To The West

out in public,
it would take
an enormous
amount of
willpower not
to stalk them.
When Career
Days at school
would come
around, my
questionnaire
would look a

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The Audacious
little
Life Of Indra Devi
something like
The Woman Who
this: Favorite
Helped Bring
subject? God
Yoga To The West
Favorite
hobby? God
What do you
want to be
when you grow
up? God (Okay,
there was a
brief time

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The Woman Who
Helped Bring
Yoga To The West

when I was six
years old when
the answer to
that last
question was

"an albino." I
thought
albinism would
make me glow
in the dark.)

When I was a
child, God was

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Helped Bring
Yoga To The West

not a belief
of a magical
Santa Claus
type. He was
as real as my
heart. I felt
Him (inside
me). I
recognized Him
(everywhere).
I knew Him
(personally).

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Yoga To The West

We hung out
together, and
I never wanted
our rendezvous
to stop. I
only wanted us
to draw
closer. I
assumed I was
experiencing
what many
Catholics

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Yoga To The West

refer to as
"the call" to
be a priest,
so I matter-of-
factly

informed my
parish priests
and Sunday
school
teachers of my
future
vocation. They

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laughed,
Life Of Indra Devi
patted my
The Woman Who
head, and told
Helped Bring
me I couldn't
Yoga To The West
have heard the
call to be a
priest because
I had a
vagina. Okay,
they didn't
say that last
part, but

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The Woman Who
Helped Bring
Yoga To The West

believe me, it
was implied.
They did tell
me that only
men were

allowed to be
priests

because Jesus
only had male
disciples (to
which Mary
Magdalene juts

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The Woman Who
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Yoga To The West
out her left
hip and slaps
her round
cheek with The
Gospel of Mary
Magdalene).

But, of
course, I
could always
be a nun.

Recent
scholarship

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The Woman Who
Helped Bring
Yoga To The West

has shown that
modern
postural yoga
is the outcome
of a complex
process of
transcultural
exchange and
syncretism.
This book
doubles down
on those

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claims and
Life Of Indra Devi
digs even
The Woman Who
deeper,
Helped Bring
looking to
Yoga To The West
uncover the
disparate but
entangled
roots of
modern yoga
practice. Anya
Foxen shows
that some of

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Yoga To The West

what we call
yoga,
especially in
North America
and Europe, is
genealogically
only slightly
related to pre-
modern Indian
yoga
traditions.
Rather, it is

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equally, if
not more so,
grounded in
Hellenistic
theories of
the subtle
body, Western
esotericism
and magic, pre-
modern
European
medicine, and

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late-nineteent
h-century
women's
wellness
programs. The
book begins by
examining
concepts
arising out of
Greek
philosophy and
religion,

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including Pythagoreanism,
Stoicism, Neoplatonism,
Galenic
medicine,
theurgy, and
other cultural
currents that
have
traditionally
been

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categorized as
"Western
esotericism,"
as well as the
more recent
examples which
scholars of
American
traditions
have labeled
"metaphysical
religion."

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Marshaling
these under
the umbrella
category of "h
armonialism,"

Foxen argues
that they
represent a
history of
practices that
were gradually
subsumed into

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the language
of yoga.
Orientalism
and gender
become

important
categories of
analysis as
this narrative
moves into the
nineteenth
century. Women

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considerably
outnumber men
in all studies
of yoga except
those

conducted in
India, and
modern
anglophone
yoga exhibits
important
continuities

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with women's
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physical
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culture,
Helped Bring
feminist
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reform, and
white women's
engagement
with
Orientalism.
Foxen's study
allows us to r
econtextualize

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the
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peculiarities
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of American
Helped Bring
yoga--its
Yoga To The West
focus on
aesthetic repr
esentation,
its
privileging of
bodily posture
and
unsystematic

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incorporation
of breathwork,
and above all
its
overwhelmingly
white female
demographic.

In this
context it
addresses the
ongoing
conversation

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about cultural
appropriation
within the
yoga
community.

In 1930 Danish
artist Einar
Wegener
underwent a
series of
surgeries to
live as Lili

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Ilse Elvenes
(more commonly
known as Lili
Elbe). Her
life story,
Fra Mand til
Kvinde (From
Man to Woman),
published in
Copenhagen in
1931, is the
first popular

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full-length (a
uto)biographic
al narrative
of a subject
who undergoes

genital
transformation
surgery (Genit
alumwandlung).

In Man Into
Woman: A
Comparative

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Scholarly
Life Of Indra Devi
Edition,
The Woman Who
Pamela L.
Helped Bring
Caughie and
Yoga To The West
Sabine Meyer
present the
full text of
the 1933
American
edition of
Elbe's work
with

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comprehensive
notes on
textual and
paratextual
variants
across the
four published
editions in
three
languages.
This edition
also includes

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a substantial
scholarly
introduction
which situates
the historical
and
intellectual
context of
Elbe's work,
as well as new
essays on the
work by

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leading
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scholars in
The Woman Who
transgender
Helped Bring
studies and
Yoga To The West
modernist
literature,
and critical
coverage of
the 2015
biopic, The
Danish Girl.
This print

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edition has a
digital
companion: the
Lili Elbe
Digital

Archive (www.lilielbe.org).

Launched on
July 6, 2019,
to commemorate
the 100th
anniversary of

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the founding
of Magnus
Hirschfeld's
Institute for
Sexual Science
(Institut für
Sexualwissensc
haft) where
Lili Elbe was
initially
examined, the
Lili Elbe

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Digital
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Archive hosts
The Woman Who
the German
Helped Bring
typescript and
Yoga To The West
all four
editions of
this narrative
published in
Danish,
German, and
English
between 1931

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and 1933, with
Life Of Indra Devi
English
The Woman Who
translations
Helped Bring
of the Danish
Yoga To The West
edition and
the
typescript.

Many letters
from archives
and contempora
neous articles
noted in this

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print edition
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may be found
The Woman Who
in the digital
Helped Bring
archive.

Yoga To The West
Cows, Pigs,

Wars, and

Witches

Be My Guest

Inhaling

Spirit

Not Quite

Nirvana

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Oleander Girl
Life Of Indra Devi
The Only
The Woman Who
Astrology Book
Helped Bring
You'll Ever
Yoga To The West
Need

A Legend and a
Symbol

"This is the
story of a year
I spent in New
York, studying
with Yoga

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The Audacious Life Of Indra Devi
The Woman Who Helped Bring Yoga To The West
Master Alan Finger." When Katrina Repka moved to New York, she was eager to shed her past and begin a new life, but she soon discovered that her old problems had followed her to

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the big city,
and that
instead of
finding
herself, she
was more lost
than ever. It
was when she
was almost
ready to give
up on
everything that
she read a

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magazine
Life Of Indra Devi
article on
The Woman Who
Master Yogi
Helped Bring
Alan Finger and
Yoga To The West
knew that she
had to meet
him. It was a
meeting that
would change
her life. Over
the next twelve
months, with
Alan's help,

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Helped Bring
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Katrina tackled
and overcame
many of the
obstacles
holding her
back. Dealing
with issues
that every
woman will
relate
to--criticism,
emptiness,
balance,

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family, and creativity (among others)--the twelve chapters in Breathing Space follow Katrina's ups and downs in New York. At the end of each chapter there is a simple but

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effective
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breathing
The Women Who
exercise that
Helped Bring
will help
Yoga To The West
readers
eliminate
harmful
behavior
patterns and
speed their own
process of
personal
transformation.

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Breathing Space
is an inspiring
and instructive
book that
offers every
woman the
chance to
follow the
author's path
and become the
person she
truly wants and
deserves to be.

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A thought-
provoking
meditation on
food, family,
identity,
immigration,
and, most of
all,
hospitality--at
the table and
beyond--that's
part food
memoir, part

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Helped Bring
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appeal for more
authentic
decency in our
daily worlds,
and in the
world at large.
Be My Guest is
an utterly
unique, deeply
personal
meditation on
what it means
to tend to

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Priya Basil
explores how
food--and the
act of offering
food to
others--are
used to express
love and

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support.
Weaving together stories from her own life with knowledge gleaned from her Sikh heritage; her years spent in Kenya, India, Britain, and Germany; and

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ideas from
Life Of Indra Devi
Derrida, Plato,
The Woman Who
Arendt, and
Helped Bring
Peter Singer,
Vegan To The West
Basil focuses
an unexpected
and
illuminating
light on what
it means to be
both a host and
a guest.

Lively, wide-

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ranging, and
impassioned, Be
My Guest is a
singular work,
at once a
deeply felt
plea for a
kinder, more
welcoming world
and a reminder
that,
fundamentally,
we all have

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more in common
than we
imagine.
In this epic
spiritual poem,
Sri Aurobindo
reveals his
vision of
mankind's
destiny within
the universal
evolution. He
sets forth the

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optimistic view
that life on
earth has a
purpose, and he
places our
travail within
the context of
this purpose:
to participate
in the
evolution of
consciousness
that represents

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the secret
Life Of Indra Devi
thread behind
The Women Who
life on Earth.
Helped Bring
As the visual
Yoga To The West
representation
of an
essentially
oral text,
Sylvia Huot
points out, the
medieval
illuminated
manuscript has

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a theatrical, performative quality. She perceives the tension between implied oral performance and real visual artifact as a fundamental aspect of thirteenth- and fourteenth-

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century
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poetics. In
The Woman Who
this generously
illustrated
Volume To The West
examines
manuscript
texts both from
the performance-
oriented lyric
tradition of
chanson
courtoise, or

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courtly love
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lyric, and from
The Woman Who
the self-
Helped Bring
consciously
Vlogs To The West
literary
tradition of
Old French
narrative
poetry. She
demonstrates
that the
evolution of
the lyrical

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romance and
dit, narrative
poems which
incorporate
thematic and
rhetorical
elements of the
lyric, was
responsible for
a progressive
redefinition of
lyric poetry as
a written

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medium and the
emergence of an
explicitly
written
literary
tradition
uniting lyric
and narrative
poetics. Huot
first
investigates
the nature of
the vernacular

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book in the thirteenth and fourteenth centuries, analyzing organization, page layout, rubrication, and illumination in a series of manuscripts. She then

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describes the relationship between poetics and manuscript format in specific texts, including works by widely read medieval authors such as Guillaume de Lorris, Jean de Meun, and

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Guillaume de
Machaut, as
well as by
lesser-known
writers
including
Nicole de
Margival and
Watriquet de
Couvin. Huot
focuses on the
writers'
characteristic

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modifications
of lyric
poetics; their
use of writing
and performance
as theme; their
treatment of
the poet as
singer or
writer; and of
the lady as
implied reader
or listener;

Read PDF The Goddess Pose and the ways in which these features of the text were elaborated by scribes and illuminators. Her readings reveal how medieval poets and book-makers conceived their common project,

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The Devi Gita
Irrepressible
The Song of the
Goddess
Savitri
Kingdom Coming
The Wisdom of
Yoga

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The Jazz Age
Life of
Henrietta
Bingham

In the pantheon of air
power spokesmen,
Giulio Douhet holds
center stage. His
writings, more often
cited than perhaps
actually read, appear as
excerpts and aphorisms
in the writings of

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numerous other air
power spokesmen,
advocates-and critics.

Though a highly
controversial figure, the
very controversy that
surrounds him offers to
us a testimonial of the
value and depth of his
work, and the need for
airmen today to become
familiar with his
thought. The
progressive development

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of air power to the point where, today, it is more correct to refer to aerospace power has not outdated the notions of Douhet in the slightest. In fact, in many ways, the kinds of technological capabilities that we enjoy as a global air power provider attest to the breadth of his vision. Douhet, together with

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Hugh “ Boom ” Trenchard of Great Britain and William “ Billy ” Mitchell of the United States, is justly recognized as one of the three great spokesmen of the early air power era. This reprint is offered in the spirit of continuing the dialogue that Douhet himself so perceptively began with the first

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edition of this book,
published in 1921.

Readers may well find
much that they disagree
with in this book, but
also much that is of
enduring value. The
vital necessity of
Douhet ' s central
vision-that command of
the air is all important
in modern warfare-has
been proven throughout
the history of wars in

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Helped Bring

this century, from the
fighting over the Somme
to the air war over
Kuwait and Iraq.

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As Newland Archer
prepares to marry docile
May Welland, the
return of the mysterious
Countess Olenska turns
his life upside down
Raised like a princess in
one of the most
powerful families in the
American South,

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Henrietta Bingham was offered the helm of a publishing empire.

Instead, she ripped through the Jazz Age like an F. Scott

Fitzgerald character: intoxicating and intoxicated, selfish and shameless, seductive and brilliant, endearing and often terribly troubled.

In New York, Louisville, and London, she drove

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both men and women
wild with desire, and her
youth blazed with sex.

But her love affairs with
women made her the
subject of derision and
caused a doctor to try to
cure her queerness.

After the speed and
pleasure of her early
days, the toxicity of
judgment from others
coupled with her own
anxieties resulted in

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years of addiction and
breakdowns. And
perhaps most painfully,
she became a source of
embarrassment for her
family-she was labeled
"a three-dollar bill." But
forebears can become
fairy-tale figures,
especially when they
defy tradition and are
spoken of only in
whispers. For the
biographer and

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historian Emily
Bingham, the secret of
who her great-aunt was,
and just why her story
was concealed for so
long, led to

Irrepressible: The Jazz
Age Life of Henrietta
Bingham. Henrietta
rode the cultural cusp as
a muse to the
Bloomsbury Group, the
daughter of the
ambassador to the

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United Kingdom during the rise of Nazism, the seductress of royalty and athletic champions, and a pre-Stonewall figure who never buckled to convention. Henrietta's audacious physicality made her unforgettable in her own time, and her ecstatic and harrowing life serves as an astonishing reminder of the stories lying

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buried in our own
families.

A cautionary account of

growing religious

radicalism in America

warns of the potential

dangers of a doctrine

through which

Christians believe they

have a right to rule non-

Christians, identifying

political practices that

aggressively promote

conservativea