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The Edible Flower Garden From Garden To Kitchen Choosing Growing And Cooking Edible Flowers

‘Giggles, gardens and good grub – I love

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these girls and I love this book' Davina McCall Rhubarb Rhubarb collects the witty, wide-ranging correspondence between Leiths-trained cook Mary Jane Paterson and award-winning gardener Jo Thompson. Two good friends who found themselves in a perfect world of cupcakes and centrepieces, they decided to

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demystify their own skills for one another: the results are sometimes self-deprecating, often funny, and always enlightening. Jo would find herself one day panicking about what to cook for Easter lunch: a couple of emails with Mary Jane and the fear subsided, and sure enough, a delicious meal appeared on the table. Meanwhile, Jo

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helped Mary Jane combat her irrational fear of planting bulbs by showing how straightforward the process can be. The book is full of sane, practical advice for the general reader: it provides uncomplicated, seasonal recipes that people can make in the midst of their busy lives, just as the gardening tips are

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interesting, quick and helpful for beginners. Mary Jane shares secrets and knowledge gathered over a lifetime of providing fabulous food for friends and family, while Jo's expertise in beautiful planting enables the reader to have a go at simple schemes with delightful results. A beautiful and illuminating guide to the

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use and cultural history of edible flowers, featuring gorgeous original photography, simple recipes and preparation methods, and thoughtful essays on eating flowers by leading voices This stunning guide to edible flowers--conceived by Monica Nelson, the founding creative and photo director of the influential journal Wilder

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Quarterly, and Adrianna Glaviano, a noted food and lifestyle photographer--is packed with information and features lush original photography. Organizing more than 100 flowers alphabetically by their common name, the book offers in each entry handy reference notes including the flower's Latin name, its general flavor profile, its

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origins, and which parts of the plant are edible, all accompanied by a vibrant photographic portrait. Punctuated by simple recipes and short, essayistic moments written by a diverse roster of celebrated chefs, artists, and writers recalling the use of edible flowers in their creative and gastronomic histories, Edible

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Flowers is both a practical primer and a delightful read.

This comprehensive, feature-packed book shows how you can create more beauty around your home, grow delicious healthful produce, and save money and natural resources all at the same time - by landscaping with edible plants. It includes

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a 160-page "Encyclopedia of Edibles" with detailed horticultural information, landscaping and culinary uses, seed sources, and recipes, as well as an abundance of how-to illustrations and landscape diagrams. Of special interest to all gardeners, this unique guide incorporates energy-, water-, and soil-

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saving techniques with specific designs for all geographic/climatic regions of the country.

"A guide to designing and planting gardens comprising vegetables, fruits, edible flowers, and ornamentals.

Illustrated with color photography"--Provided by publisher.

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Recipes and ideas for floral mains, salads,
drinks and sweet treats

A Modern Guide to Common and Unusual
Vegetables--with Recipes

The Complete Book of Edible
Landscaping

A correspondence between a hopeless
gardener and a hopeful cook

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Grow What You Love
Desserts & Drinks

The Mow-Less, Grow-More Plan for a
Beautiful, Bountiful Garden

Two expert horticulturists show how to
create container gardens of
vegetables, herbs, fruits, and edible
flowers. Two-color line art and

Download Ebook The Edible Flower Garden From Garden To Kitchen Choosing Growing And half-tones throughout.

Provides recipes for soups, salads, vegetable dishes, tarts, cakes, sauces, sorbets, and pies that feature flowers as ingredients

The Edible Flower Garden provides a comprehensive guide to selecting and growing flowers that can be used for

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cookery, both as garnishes and as ingredients. Creasy talks with Alice Waters, chef of Chez Panisse, and acknowledged inventor of California cuisine.

Grow clean, delicious produce at home, saving money and natural resources at the same time. Since

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Rosalind Creasy popularized the concept of landscaping with edibles a quarter-century ago, interest in eating healthy, fresh, locally grown foods has swept across the nation. And food plants have been freed from the backyard, gracing the finest landscapes--even the White House

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grounds! Creasy's expertise on edibles and how to incorporate them in beautifully designed outdoor environments was first showcased in the original edition of Edible Landscaping, hailed by gardeners everywhere as a groundbreaking classic. Now this highly anticipated

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new edition presents the latest design and how-to information in a glorious full-color format, featuring more than 300 inspiring photographs. Drawing on the author's decades of research and experience, the book presents everything you need to know to create an inviting home landscape that will

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yield mouthwatering vegetables, fruits, nuts, and berries. The comprehensive "Encyclopedia of Edibles"--a book in itself--provides horticultural information, culinary uses, sources, and recommended varieties; and appendices cover the basics of planting and maintenance, and of

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controlling pests and diseases using organic and environmentally friendly practices.

Contemporary baking and cake decorating with edible flowers and herbs

The Kitchen Herb Garden

Organic Herbs and Edible Flowers

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Herbs and Edible Flowers

VOILÀ! FLOWERS ON THE PLATE

Easy Growing

Garden Alchemy

*Garden Alchemy is a hands-
on guide for do-it-
yourself gardeners who*

Page 21/188

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want to turn their garden into gold using natural recipes and herbal concoctions (while saving both time and money!). This gardening recipe and project book is packed

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with over 80 ideas to naturally beautify your garden, using organic methods that regenerate your soil and revitalize your plants. By following the processes that are

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closest to nature, it brings the gardener in sync with the garden, allowing plants to thrive with less effort and less cost. Recipes for mixing your own potting soils and

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*homemadeorganic
fertilizers give you the
freedom to choose what
ingredients make their way
into your garden. Step-by-
step instructions for
building a compost pile,*

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concocting soil tests, and constructing inexpensive DIY seed-starting equipment are accompanied by gorgeous, full-color, step-by-step photography. You'll also find recipes

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*for natural pest
deterrents and traps,
garden teas, and growth-
boosting foliar sprays to
help your garden grow
strong all season long.
Garden Alchemy starts with*

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home experiments to help you get to know your soil and customize recipes for your individual needs. The rest of the chapters share how to decipher and combine natural

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*ingredients to make the
best quality amendments
and elixirs. Detailed
descriptions of earth-
based materials demystify
common ingredients, such
as mycorrhizae, biochar,*

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*and greensand, and help
you learn how to fix
common garden problems
with minimal effort. The
simple method of making
use of what you have
available supports plants*

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better than brand-name products. Dozens of recipes and projects include: Homemade seed bombs, disks, and tapes Granular and liquid natural fertilizer recipes

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*DIY rooting hormone Herbal
anti-fungal spray Plant
propagation instructions
Soil care recipes to
adjust the pH and manage
fertility 13 specialty
potting mixes 7 clever*

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*traps for common garden
pests* Written by Stephanie
Rose, the creative
gardener, permaculturist,
and herbalist behind the
popular website Garden
Therapy, this fun and

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beautifully illustrated book is packed with great ideas and inspiration for DIY gardeners who want to embrace their creativity and have more control of the garden's care.

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"Rosalind Creasy's Recipes from the Garden is not just another pretty-face cookbook. This one has depth. This is a cookbook to be trusted and used again and again." —The

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American Gardener
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*Luscious, perfectly ripe
tomatoes. Crisp, sweet
melons. Sharp onions and
mellow garlic. Everyone
knows that nothing tastes
better than fresh organic*

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*food from the garden.
Rosalind Creasy's Recipes
from the Garden will help
you celebrate the
incredible flavors of
garden-fresh vegetables,
fruits, and herbs. This*

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*collection of
mouthwatering garden
recipes from Rosalind
Creasy, a pioneer of the
edible landscaping
movement, is the perfect
gift for anyone looking to*

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Cooking Edible Flowers
*find new and tasty uses
for their kitchen gardens.*

*In these pages, you'll
find delicious, fresh
salads ranging from the
classic to the
extraordinary. Indulge*

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*with Rhubarb and
Strawberry Cobbler,
Asparagus with Hollandaise
Sauce, and Savory Bread
Pudding with Sorrel and
Baby Artichokes. But most
of all, you'll come to a*

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*new appreciation for the
countless healthy
possibilities that await
right in your garden,
farmer's market, or
produce section. Featuring
delectable recipes perfect*

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*for both vegetarians and
meat eaters; for family
breakfasts, solo lunches,
and grand, celebratory
dinners; this
indispensable cookbook
will broaden your food*

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*horizons and inspire
countless delicious and
healthy meals. Delicious
and healthy recipes
include: Watermelon Spicy
Salad French Onion Soup
Gratinee Wonton Dumpling*

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Soup with Oriental Chives
Gudi's Potato Pancakes
with Chives Sunny Delight
Squash Blossom Omelet
Zucchini Pancakes with
Tomato Salsa Pork Shoulder
Sandwiches with Tomatillos

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*Grilled Swordfish with
Rosemary Braised Belgian
Endive Brussels Sprouts
with Cream and Nuts Baked
Beets Lavender Shortbreads
This is not your
grandmother's gardening*

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book. You Grow Girl is a hip, humorous how-to for crafty gals everywhere who are discovering a passion for gardening but lack the know-how to turn their dreams of homegrown

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tomatoes and fresh-cut flowers into a reality. Gayla Trail, creator of YouGrowGirl.com, provides guidance for both beginning and intermediate gardeners with engaging

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*tips, projects, and
recipes -- whether you
have access to a small
backyard or merely to a
fire escape. You Grow Girl
eliminates the
intimidation factor and*

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reveals how easy and enjoyable it can be to cultivate plants and flowers even when resources and space are limited. Divided into accessible sections like

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*Plan, Plant, and Grow, You
Grow Girl takes readers
through the entire
gardening experience:
Preparing soil Nurturing
seedlings Fending off
critters Reaping the*

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bounty Ready for winter Preparing for the seasons ahead Gayla also includes a wealth of ingenious and creative projects, such as:

Transforming your garden's

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*harvest into lush bath and
beauty products Converting
household junk into canny
containers Growing and
bagging herbal tea
Concocting homemade pest
repellents ...and much,*

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*much more. Witty, wise,
and as practical as it is
stylish, You Grow Girl is
guaranteed to show you how
to get your garden on. All
you need is a windowsill
and a dream!*

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Seventy-two favorite dishes from teas to bridal cake, a collection of dessert and drink recipes including techniques for growing and harvesting your own edible flowers.

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Rhubarb Rhubarb

*Rosalind Creasy's Recipes
from the Garden*

*Create Container Gardens
of Vegetables, Herbs,
Fruits, and Edible Flowers
Growing and Cooking with*

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*How, Why, and When We Eat
Flowers*

*The Flower Garden Coloring
Book*

*...Pansies, Lavender and
49 Other Delicious Edible*

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*A unique gardening guide and
recipe collection offering over
25 planting schemes with
accompanying recipes showing
how to use the flowers in the
kitchen, and including an*

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illustrated directory of 45 edible flowers.

Edible plants provide spring blossoms, colorful fruit and flowers, lush greenery, fall foliage, and beautiful structure, but they also offer fruits, nuts,

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and seeds that you can eat, cook with, and preserve. Eat Your Yard! includes ideas for creating the landscape as well as an overview and tips on canning, pickling, dehydrating, freezing, juicing, and

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fermenting.

*Here are more than 100
recipes that will bring beautiful
flower-filled dishes to your
kitchen table! This easy-to-use
cookbook is brimming with
scrumptious botanical treats,*

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*from sweet violet cupcakes,
pansy petal pancakes, daylily
cheesecake, and rosemary
flower margaritas to savory
sunflower chickpea salad,
chive blossom vinaigrette, herb
flower pesto, and mango*

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orchid sticky rice. Alongside every recipe are tips and tricks for finding, cleaning, and preparing edible blossoms. You'll also learn how to infuse vinegars, vodkas, sugars, frostings, jellies and jams, ice

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creams, and more with the color and flavor of your favorite flowers. Fresh from the farmers' market or plucked from your very own garden, a world of delectable flowers awaits!

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From Rosalind Creasy—a name synonymous with California's garden-to-table movement—comes an accessible guide to cultivating and preparing herbs. If you buy only one herb gardening book,

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this should be it. Creasy takes you from seeds to stove top, from preparing the soil to elegant dining suggestions, with easy-to-follow instructions and inspirational ideas every step of the way. Each section

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of this book presents vivid photos and practical information, including: How to design and grow an herb garden in just about any space—from a spacious plot to a tiny balcony—and in just

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about any climate A tour through many beautiful private herb gardens, including some of Creasy's own, as well as the garden of herb luminary Carole Saville and others A fully illustrated encyclopedia of

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edible herbs—from old favorites like basil, rosemary and sage to more exotic herbs such as lemon verbena and Mexican tarragon A savory selection of healthy herb recipes for side dishes, such as

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blends, butters and vinegars, main dishes from around the world and even cocktails and desserts Maintenance and organic pest control methods A list of resources for seeds and supplies A guide to growing,

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*cultivating and preparing hops
This herb guide is full of
practical tips and tricks
presented in a beautiful
format—perfect for the
gardener, aspiring gardener or
home chef.*

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*From Garden to Palate
From Garden to Kitchen:
Choosing, Growing and
Cooking Edible Flowers
The Chef's Garden
Creative Gatherings and Self-
Care with the Cheese By*

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Numbers Method
Cooking with Flowers
Creating a Beautiful and
Bountiful Garden with
Vegetables, Fruits and Flowers
45+ Sweet and Savory Recipes
An approachable, comprehensive

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guide to the modern world of
vegetables, from the leading
grower of specialty vegetables in
the country Near the shores of
Lake Erie is a family-owned farm
with a humble origin story that has
become the most renowned

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specialty vegetable grower in America. After losing their farm in the early 1980s, a chance encounter with a French-trained chef at their farmers' market stand led the Jones family to remake their business and learn

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to grow unique ingredients that were considered exotic at the time, like microgreens and squash blossoms. They soon discovered chefs across the country were hungry for these prized ingredients, from Thomas

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Keller in Napa Valley to Daniel Boulud in New York City. Today, they provide exquisite vegetables for restaurants and home cooks across the country. The Chef's Garden grows and harvests with the notion that every part of the

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plant offers something unique for the plate. From a perfect-tasting carrot, to a tiny red royal turnip, to a pencil lead-thin cucumber still attached to its blossom, The Chef's Garden is constantly innovating to grow vegetables

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sustainably and with maximum
flavor. It's a Willy Wonka factory
for vegetables. In this guide and
cookbook, The Chef's Garden,
led by Farmer Lee Jones, shares
with readers the wealth of
knowledge they've amassed on

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how to select, prepare, and cook
vegetables. Featuring more than
500 entries, from herbs, to edible
flowers, to varieties of commonly
known and not-so-common
produce, this book will be a new
bible for farmers' market

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shoppers and home cooks. With
100 recipes created by the head
chef at The Chef's Garden
Culinary Vegetable Institute,
readers will learn innovative
techniques to transform
vegetables in their kitchens with

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dishes such as Ramp Top Pasta, Seared Rack of Brussels Sprouts, and Cornbread-Stuffed Zucchini Blossoms, and even sweet concoctions like Onion Caramel and Beet Marshmallows. The future of cuisine is vegetables,

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and Jones and The Chef's
Garden are on the forefront of this
revolution.

A guide to cultivating and harvesting different types of lettuce and other green leafy vegetables provides recipes for

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salads and dressings

Learn how to grow lovely and
fragrant flowers then use them
create delicious meals with this
beautifully illustrated flower
gardening and cooking book.

Anyone who picks up The Edible

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Flower Garden will be tempted to grow, harvest, and sample at least a few of the more than forty varieties of edible flowers. Among them, you'll find more familiar food plants—dill and mustard, for example—in addition to common

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flowers, such as tulips or roses.

Cooking Edible Flowers
Author Rosalind Creasy's
stunning photography and
detailed plans for an edible flower
garden make this a must-have
book for any flower gardener or
home chef. Come along with

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Creasy on a tour in colorful pictures and careful diagrams and descriptions of her own flower gardens. Included is a tour of the edible flower gardens of Alice Waters famed Chez Panisse restaurant. Creasy catalogues

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each variety of flower and how to grow it, plus gives a myriad of delectable ideas on how to use the flower from candied violets and roses to decorate appetizers and cakes, to nasturtiums for a colorful shrimp salad, to day lily

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buds, pink clover and wild
mustard flowers that are tossed
together in a spectacular stir-fry.
Favorite Recipes Include: Flower
Butters Candied Flowers Tulip
and Endive Appetizer Pineapple
Sage Salsa Rose Petal Syrup

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Lavender Ice Cream And many
more...

Friendly and inviting--bound to be
a classic--"What's Cooking
America" offers more than 800
tried-and-tasted recipes,
accompanied by a wealth of well-

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organized information. When Andra Cook and Linda Stradley discovered that they each had been working on compiling favorite recipes requested by their children, they decided to throw their efforts into one pot and let it

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simmer for a while until the contents were thick and rich to emerge fully seasoned as "What's Cooking America." Andra Cook lives in North Carolina and Linda Stradley lives in Oregon.

A Delicious Bunch

Page 91/188

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200 Exciting Recipes from the
Author of The Complete Book of
Edible Landscaping
Edible Garden Series 30 Unit
Display
Floral Provisions
The Groundbreaking Guide to

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The Edible Front Yard

“Front lawns, beware: The
Germinatrix has you in her
crosshairs! Ivette Soler is a
welcome voice urging us to

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mow less and grow some food—in her uniquely fun, infectious yet informative way.” —Garden Rant People everywhere are turning patches of soil into bountiful vegetable gardens, and each

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spring a new crop of
beginners pick up trowels
and plant seeds for the first
time. They're planting
tomatoes in raised beds,
runner beans in small plots,
and strawberries in

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containers. But there is one place that has, until now, been woefully neglected—the front yard. And there's good reason. The typical veggie garden, with its raised beds and

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plots, is not the most attractive type of garden, and favorite edible plants like tomatoes and cucumbers have a tendency to look a scraggily, even in their prime. But The Edible

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Front Yard isn't about the typical veggie garden, and author Ivette Soler is passionate about putting edibles up front and creating edible gardens with curb appeal. Soler offers

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step-by-step instructions for converting all or part of a lawn into an edible paradise; specific guidelines for selecting and planting the most attractive edible plants; and design advice

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and plans for the best placement and for combining edibles with ornamentals in pleasing ways. Inspiring and accessible, The Edible Front Yard is a one-stop resource

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for a front-and-center edible garden that is both beautiful and bountiful year-round. Sweeten your everyday meals and treats with this whimsical cookbook where flowers take a starring role.

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FLORAL PROVISIONS

makes incorporating edible
flowers into dishes and
desserts an easy task - with
gorgeous and delicious
results. Enjoy Rose Petal
French Toast, Raspberry

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Elderflower Scones, A Floral
Cheese Board, Garden Party
Layer Cake, or any of these
fragrant and fabulous
recipes, perfect for
brunches, picnics, afternoon
snacks, or celebrations.

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Featuring lush photography;
recipes for floral pantry
staples, like Jasmine Sugar
and Lavender Syrup; and
tips for finding edible
blooms, this cookbook is the
ideal gift for anyone who

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loves flowers, cooking, delicious treats, or all of the above.

WALL STREET JOURNAL
BESTSELLER • A how-to
guide for crafting beautiful
and delicious cheese boards

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for entertaining and self-care, from the creator of the Cheese by Numbers method and the Instagram phenomenon That Cheese Plate “[Marissa Mullen] takes the guesswork out of

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the coolest, most solid thing
to bring to any party or
potluck: the cheese
platter.” —Rachael Ray With
her gorgeous, showstopping
cheese and charcuterie
boards, Marissa Mullen

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takes cheese to a whole new level. Her simple, step-by-step Cheese by Numbers method breaks the cheese plate down into its basic components—cheese, meat, produce, crunch, dip,

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garnish—allowing you to create stunning spreads for any occasion. This beautifully designed book goes beyond preparation techniques. According to Mullen, cheese plates can be

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an important form of artistic self-care, like flower arranging or meditative coloring books—but you can eat the results! That Cheese Plate Will Change Your Life celebrates the ways in which

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cheese brings people together, and how crafting a cheese plate can be a calming, creativity-bolstering act. With fifty exquisite, easy-to-make cheese and charcuterie

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plates, this book will teach you how to relax, enjoy, and indulge— to find your cheesy bliss.

Thirty full-page, realistic images of flowers, birds, butterflies, and other

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wonders of nature that lie
just beyond the doorstep:
seasonal gardens, cactus
plants, edible flowers, and
other lovely samples.

Kitchen Garden Revival
Eat Your Roses

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The Beautiful Edible Garden
The Edible Garden

That Cheese Plate Will
Change Your Life

The Edible Landscape

The Edible Salad Garden

This gorgeous little book is a joyful

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exploration of the many ways in which flowers can be used in a range of delicious recipes. From Rose and Lavender Cocktail Syrup to Jasmine and Green Tea Ice Cream, the ideas and flavors are subtly, deliciously floral. Savory options include Pumpkin Carpaccio

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**with Mustard Flower Sauce and
Artichoke Flower with Borage
Butter, while the drinks range from
Fermented Elderflower Fizz to
soothing Poppy Milk. Rebecca's
creative ideas and thoughtful
approach make the entire process
of cooking a mindful experience,**

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from picking the flowers through to the very last bite. Bursting with beautiful creations and infused with natural flavors, this volume offers recipes suitable for all abilities.

Offers a guide to designing a garden of mixed edible and

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ornamental plants intended to be aesthetically attractive year-round. Learn how to perfect the prettiest trend in cake decorating – using edible flowers and herbs to decorate your cakes and bakes – with this impossibly beautiful guide from celebrity baker Juliet Sear.

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Learn what flowers are edible and great for flavour, how to use, preserve, store and apply them including pressing, drying and crystallising flowers and petals. Then follow Juliet step-by-step as she creates around 20 beautiful botanical cakes that showcase

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edible flowers and herbs, including more top trends such as a confetti cake, a wreath cake, a gin and tonic cake, floral chocolate bark, a naked cake, a jelly cake, a letter cake and more.

Learn how to create a lovely French garden and then create delicious

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dishes with your produce using this easy-to-use French cookbook. In this sumptuous volume, the American master of edible landscaping looks at French vegetables and variations on the traditional French parterre garden, in which edibles are grown right

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along with flowers in formal settings. This book is a must-have for any gardener interested in the flavors of France. The "Resources" section gives you sources for all you'll need to put in your own French garden. Along with a fascinating history and tour of

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**French gardens, Creasy introduces
"cut-and-come-again and other
harvesting methods used in
France. Along with French
gardening techniques the many
featured recipes include: Roasted
Garlic Spread Cream of Carrot Top
Soup Leek and Potato Soup with**

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Sorrel Leeks in Vinaigrette

Asparagus with Hollandaise

Sauce Braised Lettuce with Lemon

Thyme And many more!

Edible Landscaping

A Kitchen Companion

You Grow Girl

Best Roses, Herbs, and Edible

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Flowers

**Design a Stylish Outdoor Space
Using Vegetables, Fruits, and
Herbs**

**The Edible Flower Garden
The Art of Edible Flowers**

***A Delicious Bunch is a
unique book in that it***

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includes flowers suited to growing in ALL our Australian climatic zones, including cool temperate and sub-tropical to tropical. A selection such as this is just not seen

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in any of the other books on edible flowers that typically cover English roses, primulas etc. It is written with gardeners and cooks of all abilities in mind. It is a lavish feast

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for the eyes and an inspiration for greenthumbs to grow organically and harvest for impressive results. It has a handy reference chart for flowering

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seasons for each flower. The recipes are easy enough that a modestly experienced cook could give them a go. All recipes are vegetarian and many are dairy and gluten

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free. A Delicious Bunch is a delight for the eyes and stomach. The photography is 'stunning' says the designer. 'The book is magnificent', says the manager of the Sydney

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*Growing a handful of herbs
and edible flowers adds
sparkle to dozens of meals
year-round. Fortunately
for us, these plants are
not fussy. They're simple*

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to grow and will fit into any space you can provide, including a crack in a broken patio stone, the step next to your front door, or a windowsill. In Easy Growing, Gayla

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***Trail—author of Grow Great
Grub and creator of the
top online gardening
community,
YouGrowGirl.com—shares the
tips, ideas, and know-how
you need to raise***

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*delicious organic edibles
wherever you can squeeze
in a planter. Herbs give
big rewards with a small
amount of work—even the
most inexperienced, space-
strapped gardener will*

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have success. This handbook includes: •

Guidance on choosing the right plants, designing dazzling in-ground gardens and striking edible containers, and growing

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herbs indoors year-round •

*Ins and outs of growing
fifty different plants and
hundreds of varieties,
from warm and aromatic
Mojito mint to peppery
nasturtium flowers, from*

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fruity lemon verbena to exotic cinnamon basil, and more • Handy tricks for winterizing plants and extending the outdoor growing period • Simple recipes for cooking with

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and preserving your harvest: Herb-Encrusted Goat Cheese; Homegrown Bloody Mary Mix; Lavender Shortbread; Orange, Rosemary, and Honey Ice Cream • Upcycling projects

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based on reusable materials Perfect for novice gardeners and longtime enthusiasts looking for inspiration, Easy Growing is a fun, power-packed resource for

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creating a delicious herb garden anywhere. From the Trade Paperback edition. A quick-reference guide to roses, herbs, and edible flowers for gardeners with little experience and

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time. Roses represent love and beauty. Their colors and fragrance create the standard by which many other flowers are measured. Cultivated around the world for

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perfume, roses have a sweet and unforgettable scent. However, many would-be rose gardeners believe that roses require constant care and lavish doses of sprays and

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chemicals. Roses do require attention, but their glorious flowers make all your efforts worthwhile, and the roses in this book were chosen because they are tried-and-

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true, proven performers.

*Of the many types of
plants that grow in our
gardens, herbs and edible
flowers hold a very
special place. People use
herbs and edible flowers*

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to heal their bodies, calm their minds, add fragrance to their homes, and flavor and preserve their foods--herbs improve the quality of our lives. This colorful, photo-filled

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book takes the guesswork out of gardening with the easiest-to-grow and best-performing roses, herbs, and edible flowers. No trial and error--get it right the first time!

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Most of us like to look at them, but why on earth would anyone want to eat them? As Constance L. Kirker and Mary Newman show in this book, however, flowers have a

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long history as a tasty ingredient in a variety of cuisines. The Greeks, Romans, Persians, Ottomans, Mayans, Chinese, and Indians all knew how to cook with them for

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centuries, and today contemporary chefs use them to add something special to their dishes. Edible Flowers is the fascinating history of how flowers have been used in

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cooking, from ancient Greek dishes to the today's molecular gastronomy and farm-to-table restaurants. Looking at flowers' natural qualities: their unique

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***and beautiful appearance,
their pungent fragrance,
and their surprisingly
good taste, Kirker and
Newman proffer a bouquet
of dishes—from soups to
stews to desserts to***

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beverages—that use them in interesting ways. Tying this culinary history into a larger cultural one, they show how flowers' cultural, symbolic, and religious connotations

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*have added value and
meaning to dishes in daily
life and special
occasions. From fried
squash blossoms to
marigold dressings, this
book rediscovers the*

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***flower not just as
something beautiful but as
something absolutely
delicious.***

***Edible Trees, Shrubs,
Vines, Herbs, and Flowers
For Your Landscape***

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***A Global History
Growing and Preparing
Essential Herbs***

***80 Recipes and concoctions
for organic fertilizers,
plant elixirs, potting
mixes, pest deterrents,***

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and more
McGee & Stuckey's
Bountiful Container
12 Food Plant Families to
Change Your Life
A modern guide to creating
a stylish small-scale, low-

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maintenance edible garden
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In this timely new book, BBC star and Gardening World's thrifty and resourceful Alys Fowler shows that there is a way to take the good life and re-fashion it to fit in with life in the city. Abandoning the limitations of traditional gardening methods,

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she has created a beautifully productive garden where tomatoes sit happily next to roses, carrots are woven between the lavenders and potatoes grow in pots on the patio. And all of this is produced in a way that mimics natural systems, producing delicious homegrown

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food for her table. And she shares her favorite recipes for the hearty dishes, pickles and jams she makes to use up her bountiful harvest, proving that no-one need go hungry on her grow-your-own regime. Good for the pocket, good for the environment and hugely rewarding

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for the soul, The Edible Garden urges urbanites everywhere to chuck out the old gardening rules and create their own haven that's as good to look at as it is to eat. Edible flowers can grow everywhere; in flower-beds, in pots or window-boxes, in town or

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country. You can create tasty flower zones in America, Europe, Africa, Asia, near the kitchen, around the BBQ, close to the chaise-lounge, hanging from the balcony, where edible flowers can be eaten throughout the summer season! To weed through the possibilities, an

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edible flower calendar is included in which activities and flowers in bloom for specific climatic zones (3 to 6) are presented along with simple recipes taking you on a delightful journey through the edible flower world. This book is meant to be simple and easy to use.

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As opposed to an encyclopedia, it is more like a guide or a reminder with basic information, leaving you the liberty to create your own culinary composition. Good planting and happy flower tasting!
Grimelle

Grow What You Love is designed to

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be a simple guide to growing vegetables, herbs and more that will add to the flavor and variety of fresh produce choices throughout the year. Aimed at novice and experienced gardeners alike it will be an image-driven, how-to adventure from an expert gardener

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and communicator with an enthusiasm for an authentic life. Lois Hole collaborates with culinary experts to produce a comprehensive work on the best ways to grow and use dozens of herbs and edible flowers. Easy-to-use tips, unique recipes and

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information about the best ways to
grow an edible flower and herb
garden

Edible French Garden

Eat Your Yard

How to Have Your Garden and Eat
It, Too

Botanical Baking

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Sweet and Savory Recipes with
Rose Petals, Lilacs, Lavender, and
Other Edible Flowers

What's Cooking America

Elevate your backyard veggie
patch into a work of
sophisticated and stylish art.

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Kitchen Garden Revival guides you through every aspect of kitchen gardening, from design to harvesting—with expert advice from author Nicole Johnsey Burke, founder of Rooted Garden, one of the

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leading US culinary landscape companies, and Gardenary, an online kitchen gardening education and resource company. Participating in the grow-your-own movement is important to both reduce your

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food miles and control what makes it onto your family's table. If you've hesitated to take part because installing and caring for a traditional vegetable garden doesn't seem to suit your life or your

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sense of style, Kitchen Garden Revival is here to show you there's a better, more beautiful way to grow food. Instead of row after row of cabbage and pepper plants plunked into a patch of dirt in the middle of

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the yard, kitchen gardens are attractive, highly tailored food gardens consisting of easy-to-maintain raised planting beds laid out in an organized geometric pattern. Offering both four seasons of

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ornamental interest and plenty of fresh, homegrown fruits, vegetables, and herbs, kitchen gardens are the way to grow your own food in a fashionable, modern, and practical way. Kitchen gardens were once

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popular features of the European and early American landscape, but they fell out of favor when our agrarian roots were displaced by industrialization. With this accessible and inspirational

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guide, Nicole aims to return the kitchen garden to its rightful place just outside of every backdoor. Learn the art of kitchen gardening as you discover: What characteristics all kitchen gardens have in

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common How to design and install gorgeous kitchen garden beds using metal, wood, or stone Why raised beds mean reduced maintenance What crops are best for your kitchen garden A planting, tending,

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and harvesting plan developed by a pro Season-by-season growing guides It's time to join the Kitchen Garden Revival and start growing your own delicious, organic food. Learn how to grow lovely and

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fragrant flowers then use them create delicious meals with this beautifully illustrated flower gardening and cooking book. Anyone who picks up The Edible Flower Garden will be tempted to grow, harvest, and

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sample at least a few of the more than forty varieties of edible flowers. Among them you'll find more familiar food plants—dill and mustard, for example—in addition to common flowers, such as tulips

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or roses. Author Rosalind Creasy's stunning photography and detailed plans for an edible flower garden make this a must-have book for any flower gardener or home chef. Come along with Creasy on a tour in

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colorful pictures and careful diagrams and descriptions of her own flower gardens. Included is a tour of the edible flower gardens of Alice Waters famed Chez Panisse restaurant. Creasy catalogues

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each variety of flower and how to grow it, plus gives a myriad of delectable ideas on how to use the flower from candied violets and roses to decorate appetizers and cakes, to nasturtiums for a colorful

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shrimp salad, to day lily buds, pink clover and wild mustard flowers that are tossed together in a spectacular stir-fry. Favorite Recipes Include: Flower Butters Candied Flowers Tulip and Endive Appetizer

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Pineapple Sage Salsa Rose
Petal Syrup Lavender Ice
Cream And many more...

This light-hearted, full-color
illustrated gift book balances
edible flower history and lore
with proper handling and

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preparation techniques, and 50+ recipes (from appetizers and drinks to main dishes and desserts). Eat Your Roses shows us how to look beyond the veggie patch for great food ideas, and check out our

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flowerbeds. Hardcover with concealed wire binding. Full-color photos throughout. Now in paperback, this nationally acclaimed gardening guide and cookbook showcases 280 recipes--including some

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from chefs at top restaurants in the U.S. and Canada--that use edible flowers. Edible Flowers also provides growing information for 67 flowering plants, with one chapter devoted to the 10 most

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