

The Complete Dictionary Of Ailments And Diseases By Jacques Martel

• Explains the 7 simple steps of the Little Stick Figures Technique and how to achieve maximum results and lasting changes • Provides more than 150 examples of successful uses of this method, including how to improve relationships, how to attract your soulmate and abundance, how to resolve problems at work, and how to detach from a toxic situation • Details a general cleansing and rebalancing protocol for your conscious and unconscious programming ARE YOU LOOKING TO DETACH from an unhealthy situation or a person in your life and regain inner freedom with unconditional love? This easy energetic cord-cutting tool serves to free yourself from dependencies, fears, and your conscious and unconscious attachments. Created by therapist Jacques Martel in 1993, the Little Stick Figures Technique moves beyond mere visualization to a physical practice, easily applied in 7 steps. It draws its effectiveness from the power of the conscious as well as the subconscious, helping you to set intentions for truly lasting change and letting go. More than 150 examples show how to successfully apply this method, whether you want to improve relationships with a partner or an ex-partner, disengage from family entanglements, attract your soulmate and abundance, resolve problems at work, or detach from a toxic situation and start the process of emotional self-healing. This regular cleansing and rebalancing protocol for your conscious and unconscious inner programs helps harmonize your relationships and supports you to be more centered, calm, and in control of your life.

T.L. Huchu returns with the gripping *Our Lady of Mysterious Ailments*, the next in the Alex-Award-winning *Edinburgh Nights* series. "Stupendously engaging." – Ben Aaronovitch, bestselling author of *Rivers of London* Some secrets are meant to stay buried When Ropa Moyo discovered an occult underground library, she expected great things. She's really into Edinburgh's secret societies – but turns out they are less into her. So instead of getting paid to work magic, she's had to accept a crummy unpaid internship. And her with bills to pay and a pet fox to feed. Then her friend Priya offers her a job on the side. Priya works at *Our Lady of Mysterious Maladies*, a very specialized hospital, where a new illness is resisting magical and medical remedies alike. The first patient was a teenage boy, Max Wu, and his healers are baffled. If Ropa can solve the case, she might earn as she learns – and impress her mentor, Sir Callander. Her sleuthing will lead her to a lost fortune, an avenging spirit and a secret buried deep in Scotland's past. But how are they connected? Lives are at stake and Ropa is running out of time. *Edinburgh Nights* series: *Library of the Dead Our Lady of Mysterious Ailments* At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

A novel is a story, a collection of experiences transmitted from the mind of one to the mind of another. It offers a way to unwind, a way to focus, a way to learn about life—distraction, entertainment, and diversion. But it can also be something much more powerful. When read at the right time in your life, a novel can—quite literally—change it. *The Novel Cure* is a reminder of that power. To create this apothecary, the authors have trawled through two thousand years of literature for the most brilliant minds and engrossing reads. Structured like a reference book, it allows readers to simply look up their ailment, whether it be agoraphobia, boredom, or midlife crisis, then they are given the name of a novel to read as the antidote.

The Encyclopedia of Ailments and Diseases

The perfect supplement to *The Encyclopedia of Ailments and Diseases*

The Silent War Within

Illness as Metaphor

Over 400 Ayurvedic, Herbal, Essential Oil, and Home Remedies for Everyday Ailments

The Complete Medicinal Herbal

Hypochondriacs have long had to satisfy their needs for self-diagnosis with medical reference materials written for the masses, but this revolutionary book is dedicated entirely to the hypochondriac's unique perspective on health. The world's worst maladies, conveniently organized by symptom (real or imagined), will ignite even the mildest hypochondriac's fantasy life. We're all going to die of something—why not choose an ailment that's rare and hard to pronounce?

The Complete Book of Dreams engages the main body, mind, and spirit sub-practices in achieving better sleep, and with it, better physical and emotional health.

This New York Times bestseller has sold over 50 million copies worldwide, including over 200,000 copies in Australia. Louise's key message in this powerful work is- olf we are willing to do the mental work, almost anything can be healed.o Louise explains how limiting beliefs and ideas are often the cause of illness, and how you can change your thinking and improve the quality of your life! Packed with powerful information - you'll love this gem of a book! This special edition, released to mark Hay House's 30th anniversary, contains 16 pages of photographs.

The Devil's Dictionary

The Key to Self-liberation

ATMA, the Power of Love

The Complete Guide for Consumers and Growers

COMPLETE DICTIONARY OF AILMENTS AND DISEASES; FROM A TO Z.

Harvard Medical School Family Health Guide

More than 2,000 complete and concise descriptions of herbs, illustrated by more than 275 line drawings, offer natural aids to health and happiness. Includes tips on growing, botanical medicine, seasoning, and much more.

"In exploring the parallel modalities of two great healing systems, Traditional Chinese Medicine and homeopathy, the author describes where they converge in regard to diagnosis, theory, and treatment outcome. He offers a map that brings together the lenses of biomedicine, TCM, and homeopathy to bear conjointly on the problem of chronic illness."--Publisher's website.

Discover Hundreds of Holistic Remedies and Wellness Tips Llewellyn's *Book of Natural Remedies* shares a powerful integrative approach to healing and living a more natural life. Author Vannoy Gentles Fite shares effective remedies for more than a hundred ailments, exploring contemporary and traditional techniques using common, everyday ingredients. Integrative medicine combines natural, holistic approaches with mainstream medicine. In this book, each ailment includes treatments using essential oils, herbs, Ayurveda, and home remedies. The recipes are easy to locate based on your specific needs, and they include materials you can typically find in your home. From balms and baths to tinctures and wraps, these outstanding remedies will support your healing

process as you live your best possible life.

The Lost Herbal Remedies

Modernism and Physical Illness

A Guide to Everyday Health Care

An A-Z Of Literary Remedies

The Complete Homeopathy Handbook

How to Heal the Conflicted Feelings, Emotions, and Thoughts at the Root of Illness

A comprehensive reference and healing tool to address the emotional and psychological causes of illness • Uncovers the conflicted conscious or unconscious feelings, thoughts, and emotions at the root of nearly 900 ailments and diseases • Details a unique Integration and Acceptance Technique for accessing information through the heart and thereby starting the healing process for emotions and feelings • Provides positive affirmations to effect change for each ailment and disease What if your body used a secret language to talk to you? What if an ailment or illness was your body's way to shout for help, to make you understand that you need to change your thoughts, emotions, feelings, and behaviors? Your body wants you to become aware of the stress that you carry, conscious or not, so you can release unmanaged past and present emotions and the physical complaints that accompany them. Compiling years of research and the results of thousands of cases he encountered in his private practice and during workshops over the past 30 years, Jacques Martel explains how to read and understand the body's language of disease and imbalance. In this encyclopedia, he shows how body language reveals specific thoughts, feelings, and emotions that are at the source of nearly 900 different ailments and diseases. The author also details his Integration and Acceptance Technique, which enables healing information to bypass the brain and connect directly with the heart. This technique disables the source of the conflict, conscious or not, that could be at the root of an illness, behavior, or condition and improves the chances of true healing. This comprehensive manual offers a tool to help each of us become, to some extent, our own doctor or therapist, get to know ourselves better, and recover health and well-being physically, emotionally, mentally, and spiritually. For practitioners and therapists, this remarkable reference tool provides invaluable insights and prompts for healing.

The Lost Herbal Remedies - Homemade Natural Remedies For Your Ailments Now And The Future! The Lost Herbal Remedies is a collection of 100s of scientifically researched home remedies. It puts together all the tried and tested formula - that has worked for millions of people - into a single handy book. Some of these things are: 1. Which are the exact foods that one needs to build a brain fortress? 2. Protect fragile brain tissue and prevent memory loss and slow degradation. 3. Learn the simple blend of herbs that will help you reduce the effect of inflammation balloon that causes achy joints. This one is for all those people wanting to sort their joint pain problems. It is very simple! 4. Find out the shocking science behind why anti-inflammatories are the worst pills and what you must consume instead of that. 5. Discover the reason why Cayenne pepper can be super effective in weight loss and motion sickness. 6. Learn how to analyze and identify the purest bioactive stuff. 7. Also, find out about the little seeds from India that makes sure your metabolism works naturally, flavorful, and effectively forever. 8. Discover the non-hippie way to soothe the healing powers of Cannabis. 9. If you have issues related to your tummy then learn about the yellow tea blend that puts a clear end to vomiting, upset stomach, diarrhea, and food poisoning too. Plus, it tastes amazing! 10. If you have got a fungal infection, learn why antibiotics provided cause strong harm. Instead, rely upon a Christmas spice oil that acts as an antifungal and fights it through roots. 11. Simply avoid complications from the flu and become immune to the flu. 12. You can now easily flush out the toxins from your body without one single risk. 13. Get a protocol on 'Live Free or Die' for survival health preparations. 14. Find about the three diseases for which one must stockpile a few medicines for surviving. 15. Find if there are memory kills hidden in multivitamin tablets and if there is what you must take instead. 16. Learn how to squeeze every ounce of anti-bacterial, anti-microbial, anti-inflammatory benefits from the sea buckthorn. 17. Find a cure for a gut bug that is considered to be deadly and non-curable by New York Times. Amazing isn't it? There will be a lot of things that you can discover freely in this book.

In response to a request by the Health Care Financing Administration (HCFA), the Institute of Medicine proposed a study to examine definitions of serious or complex medical conditions and related issues. A seven-member committee was appointed to address these issues. Throughout the course of this study, the committee has been aware of the fact that the topic addressed by this report concerns one of the most critical issues confronting HCFA, health care plans and providers, and patients today. The

Medicare+Choice regulations focus on the most vulnerable populations in need of medical care and other services—those with serious or complex medical conditions. Caring for these highly vulnerable populations poses a number of challenges. The committee believes, however, that the current state of clinical and research literature does not adequately address all of the challenges and issues relevant to the identification and care of these patients.

Biochemistry and Legal Research on Parasitic Fungi

Diseases of the Hearts and Their Cures

Definition of Serious and Complex Medical Conditions

The Most Complete Catalog of Herbs Ever Published

The Little Stick Figures Technique for Emotional Self-Healing

From A to Z

Offers step-by-step instructions on how to make natural, safe, and effective herbal remedies, from therapeutic creams to medicinal teas, and includes a full-color photographic catalog of sixty accessible herbs. BH&G Alt.

An accessible guide to family health care discusses drug interactions, symptoms, first aid, and how to choose a family doctor, including a new research about hormone therapy and heart surgery.

Encyclopedia of Pharmacy Practice and Clinical Pharmacy covers definitions, concepts, methods, theories and applications of clinical pharmacy and pharmacy practice. It highlights why and how this field has a significant impact on healthcare. The work brings baseline knowledge, along with the latest, most cutting-edge research. In addition, new treatments, algorithms, standard treatment guidelines, and pharmacotherapies regarding diseases and disorders are also covered. The book's main focus lies on the pharmacy practice side, covering pharmacy practice research, pharmacovigilance, pharmacoconomics, social and administrative pharmacy, public health pharmacy, pharmaceutical systems research, the future of pharmacy, and new interventional models of pharmaceutical care. By providing concise expositions on a broad range of topics, this book is an excellent resource for those seeking information beyond their specific areas of expertise. This outstanding reference is essential for anyone involved in the study of pharmacy practice. Provides a 'one-stop' resource for access to information written by world-leading scholars in the field Meticulously organized, with articles split into three clear sections, it is the ideal resource for students, researchers and professionals to find relevant information Contains concise and accessible chapters that are ideal as an authoritative introduction for non-specialists and readers from the undergraduate level upwards Includes multimedia options, such as hyperlinked references and further readings, cross-references and videos

The Complete Book of Herbs and Spices

The Convergence of Traditional Chinese Medicine, Homeopathy, and Biomedicine

Webster's New World Medical Dictionary, Fully Revised and Updated

The Canon of Medicine

A Dictionary of the English Language

In which the Words are Deduced from Their Origin and Illustrated in Their Different Significations by Examples from the Best Writers : to which are Prefixed a History of the Language and an English Grammar

For more than forty years, animal health professionals have turned to the Merck Veterinary Manual for integrated, concise and reliable veterinary information. Now this manual covering the diagnosis, treatment, and prevention of diseases of companion, food and zoo animals is available on an easy-to-use, fully searchable CD-ROM. The CD includes the full text of The Merck Veterinary Manual 8/e and has been enhanced with picture links featuring original anatomical artwork and numerous clinical and diagnostic illustrations, table links and quick search links that provide quick access to cross referenced text.

T. S. Eliot memorably said that separation of the man who suffers from the mind that creates is the root of good poetry. This book argues that this is wrong. Beginning from Virginia Woolf's 'On Being Ill', it demonstrates that modernism is, on the contrary, invested in physical illness as a subject, method, and stylizing force. Experience of physical ailments, from the fleeting to the fatal, the familiar to the unusual, structures the writing of the modernists, both as sufferers and onlookers. Illness reorients the relation to, and appearance of, the world, making it appear newly strange; it determines the character of human interactions and models of behaviour. As a topic, illness requires new ways of writing and thinking, altered ideas of the subject, and a re-examination of the roles of invalids and carers. This book reads the work five authors, who are also known for their illness, hypochondria, or medical work: D. H. Lawrence, Virginia Woolf, T. S. Eliot, Dorothy Richardson, and Winifred Holtby. It overturns the assumption that illness is a simple obstacle to creativity and instead argues that it is a subject of careful thought and cultural significance.

This book includes the author's interesting scientific finding that reverses the present research conclusion about how to traditionally inhibit the tumor growth and her own experiments and testimonies on parasitic fungi. This book is written for healthy families who wish to consciously stay healthy or take care of patients; for unhealthy families and patients who are diagnosed with autoimmune diseases or who struggle with their unknown illnesses; for litigants who were forced to abandon their houses due to mold invasions; for healthcare providers who failed to find a cause of patients' illnesses; and for personal injury or medical malpractice lawyers who are representing ill clients who are struggling with "The Most Common, The Most Deadly" fungal infections. This book is introduced as a landmark to inspire people including cancer patients and healthcare providers about the anciently misdiagnosed illness "Cancer," which is caused by parasitic fungi, is misdiagnosed as flu or a cold in the beginning, and is erroneously treated with wrong medications in the middle of the progress only to discover that the cancer is treated by antifungal medications in the end. This book is intended to educate readers about parasitic fungi that mutate fungal genes to survive in the hosts yielding cancerous cells and that the parasitic fungi are the cause of autoimmune diseases. The main goal of this book is to help children and families who are left behind without treatments under the guise of a false psychological theory "Munchausen Syndrome By Proxy (faking illness)." This book is intended to enlighten readers about risks of parasitic fungi that destruct health, homes, offices, schools, hospitals, and further family relationships, and that construct expensive lawsuits, social distrusts, unnecessary public and medical expenses and secondary victims. This book is aimed at past, present, and future patients who are programmed to fail to get a medical help for early cancer test and treatment under the present insurance policies, immunity laws, and medical malpractice laws that govern millions of health insurance policyholders, healthcare providers, and government-funded medical facilities. The author discusses why GMO

(Genetically Modified Organism) Vitamins cause antifungal and antibiotic resistances and why GMO Vitamins may initiate or exacerbate autoimmune diseases. This book discusses "causes and effects" and "possible treatments" of autoimmune diseases that are caused by an untreated fungal infection. This book explains why the early signs of autoimmune diseases are neglected either by patients or by healthcare providers, how autoimmune diseases are initiated by a fungal mutation, why the autoimmune diseases respond to antifungal agents, and how curable diseases turn to incurable diseases. This book explains why fungal disruptions in human metabolisms result in "the various names of illnesses" in the beginning and "autoimmune diseases" in the end. This book suggests that a high level of LDL Cholesterol (known as bad Cholesterol) of patients may be a consequence of chronic and acute fungal infections and the LDL Cholesterol may be a fungal sterol that was horizontally transferred from the parasitic fungi that mutate their genes in the hosts to survive from the hosts' antibodies. This book explains how harmful acids are produced when parasitic fungi are hosted by humans and animals, how alcohol (fungal urine) and tobaccos may chemically make more Ergosterol or Lanosterol in the hosts and how patients can repair their damaged cells. This book explains how cancer tumors and cysts can be treated and how female patients can resume their menopause and become pregnant. This book is not a substitute of a medical diagnosis or a prescription to treat their illness.

The Complete Dictionary of Ailments and Diseases

The Natural Way to Enhance Your Pet's Life

Merck Veterinary Manual

You Can Heal Your Life 30th Anniversary Edition

The 5 Steps to Achieve Healing

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Have you ever wondered about symptoms to an illness? Do you want to be better informed and have information at hand? This medical dictionary is an easy-to-use reference guide to all illnesses, symptoms and everything medical, using common terms and information in an accessible language.

"Dictionary, n: A malevolent literary device for cramping the growth of a language and making it hard and inelastic. This dictionary, however, is a most useful work." Bierce's groundbreaking Devil's Dictionary had a complex publication history. Started in the mid-1800s as an irregular column in Californian newspapers under various titles, he gradually refined the new-at-the-time idea of an irreverent set of glossary-like definitions. The final name, as we see it titled in this work, did not appear until an 1881 column published in the periodical The San Francisco Illustrated Wasp. There were no publications of the complete glossary in the 1800s. Not until 1906 did a portion of Bierce's collection get published by Doubleday, under the name The Cynic's Word Book—the publisher not wanting to use the word "Devil" in the title, to the great disappointment of the author. The 1906 word book only went from A to L, however, and the remainder was never released under the compromised title. In 1911 the Devil's Dictionary as we know it was published in complete form as part of Bierce's collected works (volume 7 of 12), including the remainder of the definitions from M to Z. It has been republished a number of times, including more recent efforts where older definitions from his columns that never made it into the original book were included. Due to the complex nature of copyright, some of those found definitions have unclear public domain status and were not included. This edition of the book includes, however, a set of definitions attributed to his one-and-only "Demon's Dictionary" column, including Bierce's classic definition of A: "the first letter in every properly constructed alphabet." Bierce enjoyed "quoting" his pseudonyms in his work. Most of the poetry, dramatic scenes and stories in this book attributed to others were self-authored and do not exist outside of this work. This includes the prolific Father Gassalasca Jape, whom he thanks in the preface—"jape" of course having the definition: "a practical joke." This book is a product of its time and must be approached as such. Many of the definitions hold up well today, but some might be considered less palatable by modern readers. Regardless, the book's humorous style is a valuable snapshot of American culture from past centuries. This book is part of the Standard Ebooks project, which produces free public domain ebooks.

It is said that "words are the mirror of the heart" and that they also reflect my thoughts. If I want my language to be filled with Freedom, Wisdom and Love, there are certain words or at least a certain form of language that I must use. Jacques Martel has acquired a great expertise in this area through his many communications with the public since 1998, as much in Quebec as in Europe. In this book, which he intends as a practical tool, he shares with us several keys to help us make the messages we want to transmit more easily understood by others at the level of the heart. He gives me the knowledge of certain words related to spiritual principles, which I can integrate into my ordinary language with my family, my friends, my work relationships and when I address myself to a public. The result is a more effective and a truer communication.

Medical Terminology for Health Professions (Book Only)

Herbs for Pets

Homemade Natural Remedies For Your Ailments Now And The Future!

Interpreting Chronic Illness

Encyclopedia of Pharmacy Practice and Clinical Pharmacy

The Medical Dictionary of Conditions and Diseases

*An authoritative work on the relationship between body and mind, second, revised and enlarged edition. Why do you get headaches? Which psychological patterns correspond to an increased cholesterol level? Why are certain people susceptible to colds? What is the message of the 2020 coronavirus pandemic? How does cancer originate emotionally? And what can you do yourself to help healing? Psychological, emotional undercurrents play an important role in the development of diseases. Christiane Beerlandt shows that the germs, the fundamental origins of illnesses, are to be found in the depths of the human psyche ones deepest feelings, beliefs, convictions, thoughts, expectations, self-image, habitual patterns, etc. The profoundness and accuracy of the texts, written in a language accessible to all, have brought this book worldwide recognition among all types of people, including many health professionals. While listening to the loving language of the heart, Christiane Beerlandt used her innate giftedness to feel herself into the inner world of people. Many readers have been profoundly impressed by the precision of the Beerlandt texts that address illnesses they were suffering from. The first part of this book offers innovative philosophical views and practical guidelines to take the reins over your life. The second part contains entries about a very wide range of diseases as well as chapters about the psychological, metaphysical meaning of the organs (heart, stomach, brain, glands, epiphysis, thymus, etc.) and other parts of the body (vertebrae, fingers, chin, etc.). For those who have the first edition of this book, the updates of the second edition can be found in a separate book: *Life Philosophy for a Happy and Healthy Existence*.*

Describes the healing properties of more than one hundred herbs and lists useful herbal treatments for hundreds of common ailments

Herbs for Pets, by herbalists and holistic experts Gregory L. Tilford and Mary L. Wulff, is the bible for all pet owners looking to enhance their companion animals' lives through natural therapies. Now in its second revised edition, Herbs for Pets is an indispensable resource, an exhaustive compendium of medicinal plants and natural remedies that hosts an illustrated tour through Western, ayurvedic, and Chinese herbs that grow in North America, including their holistic applications and contraindications, and alternative approaches to treating a wide range of ailments. Remedies in the book are applicable to dogs and cats, as well as birds, small mammals, and even farm animals. The book is organized into three chapters, the first is dedicated to the "Principles and Practices of Herbalism," discussing the many facets of herbs, concerns about toxicity, basic herbal preparation, the ethical use of herbs, the connection between herbs and diet, and using herbs as dietary supplements. Chapter 2, titled "Materia Medica: An A-Z Guide to Herbs for Animals," is an exhaustive 150-page section presenting color photographs and text about the appearance, habitat and range, cycle and bloom season, parts used, primary medicinal activities, strongest affinities, common uses, availability, propagation and harvest, alternatives and adjuncts, and cautions and comments for 65 different herbs (from Alfalfa to Yucca!). The common uses section is extensive for each herb, discussing the nutrient value, various qualities, and ways in which the herb is used for specific treatments. The third chapter of the book is titled "An Herbal Repertory for Animals: Ailments and Treatments" and details remedies for the following: anxiety, nervousness, and behavioral problems; arthritis and hip dysplasia; cancer; cardiovascular problems; digestive system problems; ear problems; elderly animal care; endocrine system and related problems; epilepsy, convulsions, and seizures; eye problems; first aid, immune system care; mouth and nose problems; parasite-related problems; pregnancy and lactation; skin problems; and urinary problems. The authors share over two dozen herbal remedies for various ailments, from asthma and pneumonia to constipation and eye cleaner. A glossary of over 200 terms is included, as are references and a comprehensive index. .

The Complete Book of Dreams

The Novel Cure

The power of the words... that free me!

A Guide to Unlocking the Meaning and Healing Power of Your Dreams

1000 Diseases And Their Psychological Origins

A Guide to Self-diagnosis for Hypochondriacs

When your doctor uses terms like intraductal carcinoma or akathisia, do you understand and can you ask the right questions? If you, like most Americans, are taking a more active role in your family's healthcare, the fully revised and updated Webster's New World Medical Dictionary, Third Edition will help you understand and communicate your medical needs when it matters the most. Written by doctors and the experts at WebMD, this edition includes 8500 entries, including 500 new terms, a vitamin appendix, and a companion website to give you access to medical language.

A discussion of the ways in which illness is regarded pays particular attention to fantasies that pertain to cancer

Vol. 2: Published for the first time in English alphabetical order, vol. 2 (of the 5 original volumes) of "Canon of Medicine" (Law of Natural Healing), is an essential addition to the history of medicine as it holds a treasure of information on natural pharmaceuticals used for over 1000 years to heal various diseases and disorders. Fully color illustrated with a 150 page, 7000 word index of the healing properties of each of the entries, the text itself is an alphabetical listing of the natural pharmaceuticals of the simple compounds. By simple compounds, Avicenna includes the individual plants, herbs, animals and minerals that have healing properties. Avicenna lists 800 tested natural pharmaceuticals including plant, animal and mineral substances. The compiler has included the Latin, Persian and Arabic names of the drugs along with artistic renderings of the drugs as illustrations as well as Avicenna's Tables or Grid for each entry that describes the individual, specific qualities of simple drugs.

Llewellyn's Book of Natural Remedies

Healing words related to spiritual principle

What to Eat for What Ails You

Things That Might Kill You

Home Herbal

Sick Books

With respect to healing, it appears that we are not all equal. In fact, certain persons heal, while others do not. Why? Is there a process that promotes healing? This book offers me some enlightening insight in my questionings about healing. I will discover not only the available means to help me

achieve it, but especially the essential steps that will afford me the possibility of getting there. The five steps I will discover in this book will enable me to open up and reclaim my power over myself. I will become conscious of the fact that I am the key to my own healing process, whatever means I choose to use in order to achieve it.

Our Lady of Mysterious Ailments

The Herb Book

Created by Jacques Martel