

Download Ebook The Big Fat
Activity Book For Pregnant
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The Big Fat Activity Book For Pregnant People

A fun and educational activity book with 400 colorful, re-useable stickers. Helps children to learn the alphabet, use words properly,

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expand their vocabulary, and improve word recognition.

Games, activities, and advice to get a first time mom to the big day Your first pregnancy probably has you feeling excited and maybe a little nervous. The First-Time Mom's

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Pregnancy Activity Book is a fun collection of 100 creative puzzles, exercises, writing prompts, and advice to support any first time mom and help you stay positive as you prepare for motherhood. Featuring everything from coloring

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book pages and crossword puzzles, to tips for diet, exercise, and preventing morning sickness, this guide for any first time mom will keep you entertained, help you record how you feel, and give you the tools to take on parenthood with

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confidence and good humor. The First-Time Mom's Pregnancy Activity Book includes: More than a journal--Unlike a classic journal, the activities in this book are quick, light, and helpful, so you can do them anytime. Your ultimate

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companion--Lists and questions will get any first time mom started on things like finding a doctor or hospital, and what to ask your OBGYN. Fun for each trimester--This book is organized into three trimesters and includes a

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section on childbirth, so the activities and advice will progress along with your pregnancy right up until your baby has arrived. If you're a first time mom, this book gives you 100 ways to stay sane and get ready for your bundle of joy.

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Notebook Doodles Unicorns is a magical and fun coloring book for 'tweens that's filled with 32 whimsical designs of unicorns, Pegasus heads, rainbows, flowers, and more from talented artist Jess Volinski. With empowering art

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activities for young girls, Jess also includes instructions on basic coloring techniques, fully colored examples, and motivational quotes to go with every design.

Something NEW for Big Fat Notebook middle school fans: a

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write-in workbook for practicing and perfecting the concepts a student is learning in middle school math class.

Everything You Need to Ace
Biology in One Big Fat Notebook
Nutritious Mocktails for the Mom-To-

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Be
Drinking for Two

The Big Activity Book for Divorced
People

The Big Activity Book for Teacher
People

Ramshackle Glam

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**It's the revolutionary
world history study guide
just for middle school
students from the brains
behind Brain Quest.**

**Everything You Need to Ace
World History . . . kicks**

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**off with the Paleolithic
Era and transports the
reader to ancient
civilizations—from Africa
and beyond; the middle
ages across the world; the
Renaissance; the age of**

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**exploration and
colonialism, revolutions,
and the modern world and
the wars and movements
that shaped it. The BIG
FAT NOTEBOOK™ series is
built on a simple and**

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**irresistible
conceit—borrowing the
notes from the smartest
kid in class. There are
five books in all, and
each is the only one book
you need for each main**

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subject taught in middle school: Math, Science, American History, English, and World History. Inside the reader will find every subject's key concepts, easily digested and

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summarized: Critical ideas highlighted in marker colors. Definitions explained. Doodles that illuminate tricky concepts. Mnemonics for a memorable shortcut. And

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**quizzes to recap it all.
The BIG FAT NOTEBOOKS meet
Common Core State
Standards, Next Generation
Science Standards, and
state history standards,
and are vetted by National**

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**and State Teacher of the
Year Award-winning
teachers. They make
learning fun, and are the
perfect next step for
every kid who grew up on
Brain Quest.**

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"Funny as hell."—Amy Morrison, founder of Pregnant Chicken The ultimate must-have for any mom-to-be with a sense of humor: an irreverent, laugh-out-loud activity

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**book filled with quizzes,
mazes, fill-in-the-blanks,
journaling pages, and
hysterical musings on what
pregnancy is really like.
Baby shower gifts don't
get more perfect than**

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**this. · Word finds: Sorry,
Nope (all the stuff you're
not allowed to have
anymore); Bad Baby Names
(Murk, anyone?) · Mazes:
Make it from Your Desk to
the Bathroom Without**

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**Throwing Up · Lists: How
to Register Without
Crying; Things Every OB on
the Planet Has Been Asked
by Newly Pregnant Women ·
Journaling: Yoga Teachers
(Also Your Mom Friends,**

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**Your Parents, People on
Facebook, All Articles,
and Everyone You Meet)
Want to Tell You How to
Give Birth, But You Don't
Have to Listen · Quizzes:
Which \$1500 Stroller is**

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**Different? "Comfort,
solidarity, entertainment,
and maybe even total life
enlightenment."—Lauren
Smith Brody, founder of
The Fifth Trimester
A hands-on introduction to**

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**computer science concepts
for non-technical readers.
Activities include word
searches, mazes, "Find the
Bug!" hunts, matching
games, "Color by Boolean"
(a twist on the classic**

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Paint by Numbers), and more. The Computer Science Activity Book is the perfect companion for curious youngsters -- or grown-ups who think they'll never understand

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**some of the basics of how
computers work. Work
through this brief,
coloring book-like
collection of fun and
innovative hands-on
exercises and learn some**

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**basic programming concepts
and computer terminology
that form the foundation
of a STEM education.
You'll learn a bit about
historical figures like
Charles Babbage, Ada**

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**Lovelace, Grace Hopper,
and Alan Turing; how
computers store data and
run programs; and how the
parts of a computer work
together (like the hard
drive, RAM, and CPU). Draw**

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**a garden of flowers using
loops, create creatures
with conditional
statements, and just have
a bit of fun.**

**A hilarious, relatable way
to honor the everyday**

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heroes we all know and love, with illustrated laugh-out-loud activities and journaling prompts. Teachers: They're basically superheroes. They're educators,

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**sure—but they're also
counselors, custodians,
referees, detectives,
party planners,
epidemiologists, and
traffic controllers (among
the many, many other jobs**

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that they don't get paid for, but should). Part journal, part coloring book, part therapeutic outlet for those days when they actually cannot confiscate one more fidget

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**spinner without screaming,
The Big Activity Book for
Teacher People is a
hilarious celebration of
those resourceful,
creative, compassionate,
exhausted humans who we**

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**entrust with the care and
schooling of our children.
Activities include: • a
word scramble of useless
stuff you have to teach
anyway • draw the
administrator in their**

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Activity Book For Pregnant
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**natural habitat • color in
the break room of horrors
• things you do not want
to receive from a parent,
like, ever There is no
teacher on the planet who
needs another mug**

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(seriously, just no).

**An Adult Coloring Book for
Pregnant Women, Best Funny
Coloring Pages for Moms to
Be for Stress Relief &
Relaxation**

The Big Activity Book for

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Digital Detox

**My Brother is a Big, Fat
Liar**

**Everything You Need to Ace
Math in One Big Fat
Notebook**

Fun and Educational

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Activity Book

My Big Fat Zombie Goldfish

***Junior Doctor, personal
trainer and Instagram hit
Dr Hazel Wallace's first
book brings you over 70
nutritional recipes to look***

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***and feel amazing whilst
debunking the diet myths.
'I'm a girl who juggles
two jobs, who loves to lift,
who adores real food -
and can't resist chocolate.
As a junior doctor and a***

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***personal trainer, I know
that we all feel our best
when we are free of
illness, full of energy and
at a healthy weight - and I
know it can be done, even
if you lead the busiest of***

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***lives! I want to debunk
the myths that are out
there surrounding dieting
and instead offer solid,
evidence-based advice. I
want to bridge the gap
between mainstream***

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***medicine and nutrition
and help you take full
control of your fitness
and wellbeing, so you will
never have to diet again. I
want to show you that
eating the most natural,***

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***unrefined and
unprocessed wholefood
ingredients can be
enjoyable, uncomplicated
and easy to incorporate
into a busy lifestyle. I
want this book to change***

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***your life.'* Hazel x
Ramshackle Glam creator
Jordan Reid was a little
nervous about becoming
a mother. "In my
experience," she writes,
"you know what happens**

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Activity Book For Pregnant
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***when you hold babies?
They cry. And it
immediately becomes
clear to all present that
you have terrible parental
instincts and should
never be allowed to come***

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***into contact with
children—ever.” But in
October 2011 Reid
became a mother herself,
and over the first year of
her son's life the writer
and media personality not***

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***only figured out a thing
or two about parenting,
but also learned how to
navigate an entirely new
lifestyle while still
maintaining a sense of
self. Part memoir, part***

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***commiseration, and part
how-to guide on fashion,
beauty, home décor and
entertaining for the new
mom, Ramshackle Glam
offers something fresh for
the “mommy” bookshelf:***

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***concrete advice on how to
care for yourself in the
post-partum days, weeks,
and months. A deeply
personal exploration of
the realities of modern-
day parenthood (Reid***

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***covers topics ranging
from post-partum
depression and marital
struggles to pets who
immediately transform
from your beloved best
friends into Those Things***

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***That Wake Up Your
Child), Ramshackle
Glamis also filled with
straightforward, fun, and
easy lifestyle tips,
including how to dress for
your post-partum shape,***

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***tricks for rearranging
your home so it works
with an infant as well as
your tastes, and
strategies for getting
your makeup done in five
minutes flat with one***

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***hand while keeping that
bouncy chair going with
the other. Reid's spot-on
advice combined with her
trademark intimacy, wit,
and (often aching)
honesty make***

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Ramshackle Glam a must-read for any woman in search of a candid account of how to handle enormous life changes with humor, grace . . . and a little bit of glam.

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"Slay Like a Mother is a feisty, clever, and fun blueprint for modern motherhood that belongs on every book shelf and in every diaper bag...As a woman and mother, you'll

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***gain a newfound power,
happiness, and ability to
leap tall Lego buildings in
a single bound."—Erin
Falconer, author of How
To Get Sh*t Done: Why
Women Need to Stop***

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***Doing Everything So They
Can Achieve Anything A
revelatory, inspirational
guide for mothers to
crush their "never
enough" mentality and
slay every day! Katherine***

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Wintsch knows firsthand the self-doubt that rages inside modern moms. As founder and CEO of The Mom Complex, she has studied the passions and pain points of moms

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***worldwide to help some of
the largest brands
develop innovative new
products and services. As
a working mom of two,
she was running in an
exhausting cycle of "never***

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***enough"—not strong
enough, not thin enough,
not patient enough, not
"mom" enough. In Slay
Like a Mother, you'll
laugh, you'll cry, and
you'll discover eye-***

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***opening lessons about:
THE MASK YOU'RE
WEARING. The one you
hide behind when you say
everything is "just fine"
when it's not. YOUR
UNREALISTIC***

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EXPECTATIONS. The goal-setting tactics you're deploying to get ahead could be what's holding you back. THE DIFFERENCE BETWEEN STRUGGLING AND

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SUFFERING. Being a mother is a struggle — it always has been — but your suffering is optional. Brave, supportive, and insightful, the stories and advice in this book will

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***encourage you to live
more confidently, enjoy
the present, and become
your best self — as a
woman, a mother, and
beyond. Perfect for fans
of Girl Wash Your Face***

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***and #IMomSoHard! ***As
featured in The Wall
Street Journal and
Parade.com*** Additional
Praise for Slay Like a
Mother: "Wintsch's style
is brisk and forthright***

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***with enough humor to
make readers laugh even
as she illuminates dark
corners. Although this is
aimed at moms, any
woman will find this
enlightening and***

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***encouraging."—Booklist,
STARRED review "Slay
Like a Mother is much
more than a self-help
book for women; it is the
end of self-doubt and the
beginning of self-love...***

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***and that is nothing short
of life-changing" —Rachel
Macy Stafford, New York
Times bestselling author
of Hands Free Mama
Triathlete, certified
personal trainer, and***

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***mom Brandi Dion's go-to
guide for highly athletic
women who want to stay
fit and participate in their
sport during pregnancy.
Written with an exercise
physiologist and OB/GYN.***

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***An Illustrated Companion
for Moms-to-Be
The Big Fat Activity Book
for Pregnant People
100 Fun Games, Projects,
and Prompts to Prepare
for Baby***

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***Kate the Chemist: The
Awesome Book of Edible
Experiments for Kids
Kindergarten Big Fun
Workbook
24 Pen-and-Paper
Projects to Explore the***

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***Wonderful World of
Coding (No Computer
Required!)***

Being Rafe Khatchadorian's little sister isn't easy....Rafe broke school rules for fun. Rafe's report card never saw an A. Rafe

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made a million enemies in school. And now everyone thinks I'm just like him! So I'm going to prove them wrong. Selected as one of Food Network's "Best Healthy Cookbooks of 2019" and as a

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"favorite must-read" by The Bump, Drinking for Two is perfect for pregnant women, the health conscious new mom, or any woman just trying to stay healthy. It also makes a great baby shower or pregnancy gift!

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This mocktail recipe book features 45+ delicious, plant-based recipes carefully crafted to deliver essential nutrients and antioxidants, and target common pregnancy symptoms, all leading to a healthy pregnancy. With

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recipes for flat, bubbly, apres-dinner, and warm comfort drinks, registered dietitians Diana Licalzi and Kerry Criss carefully developed and tested each mocktail to include whole foods and all-natural sweeteners. Quick-

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to-prepare recipes (including many that are gluten free!) feature plant-based and everyday ingredients that are healthy for mom and baby, accompanied by notes to highlight the benefits of various ingredients with respect

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to common pregnancy symptoms like nausea and swelling. The book also features other valuable nutrition information to help women modify their diets and stay healthy throughout their

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**pregnancy. Recipes include: •
No Way Rose • Mocktail Mule •
Ging-osa • Virgin Mary • Sour
Mock-a-rita • ...and many more
An intimate, clever, and
ultimately gut-wrenching graphic
memoir about the daily decision**

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**women must make between
being sexualized or being
invisible In Commute, we follow
author and illustrator Erin
Williams on her daily commute to
and from work, punctuated by
recollections of sexual**

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encounters as well as memories of her battle with alcoholism, addiction, and recovery. As she moves through the world navigating banal, familiar, and sometimes uncomfortable interactions with the familiar-

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faced strangers she sees daily, Williams weaves together a riveting collection of flashbacks. Her recollections highlight the indefinable moments when lines are crossed and a woman must ask herself if the only way to

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avoid being objectified is to simply cease to draw any attention to her physical being. She delves into the gray space that lives between consent and assault and tenderly explores the complexity of the shame, guilt,

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**vulnerability, and responsibility
attached to both.**

**Puzzles + Skills Practice +
Humor = School Success! This
award-winning workbook is
packed with exercises that make
learning fun and will help your**

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**child develop skills for school
readiness and success.**

**Developed with education
experts, and aligned with school
standards, this workbook will
engage kindergarteners and get
them excited about learning!**

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**Blending over 250 pages of
Hidden Pictures puzzles, humor,
and skills practice,
kindergarteners will practice a
variety of skills in subjects like
reading and math through
exercises that will boost their**

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confidence and supplement what they're learning in school. Key subjects covered include:
Language Arts: alphabet practice, sight words, handwriting, rhyming
Math: numbers, counting, patterns,

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**shapes, comparing numbers
Colors, opposites, and
sequencing The book also has
an introduction with easy tips for
parents, a Certificate of
Achievement, and online
activities. Winner, Family Choice**

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**Award Winner, PAL (Play
Advances Language) Award A
Parents' Choice Recommended
Book PAL (Play Advances
Language) Top Ten Pick
Safe Baby Handling Tips
50 Simple Crafts and Recipes for**

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Year-Round Fun

Be Pregnant

The Very Hungry Pregnant Lady

**The Unplugged Family Activity
Book**

Everything You Need to Ace

World History in One Big Fat

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Notebook

A sharp and hilarious
collection covering
everything from alimony
to the division of
property--because
laughter is cheaper than

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therapy Divorce is the worst. It's also really, really common. When marriage was invented, people did not typically live past age thirty, which made "till death

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do us part" more doable.

Part journal, part

coloring book, part

hilarious and on-point

advice on how to move

on, The Big Activity

Book for Divorced People

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is an outlet for anyone who wants to laugh through the pain. After all, change can be pretty great (see: evolution). Activities include: • the all-time

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greatest celebrity
divorce disasters •
match the song you can
never, ever listen to
again to its singer •
see how many words you
can make out of the

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phrase "Irreconcilable
Differences"? •
statistics to make you
feel better when you're
lying awake at night •
word search: things that
are best enjoyed alone •

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maze: Get through the
dating apps without
crying! Whether your
divorce was mutual and
amicable (in which case,
congratulations: You are
a unicorn) or full-on

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Henry VIII (in which
case: Oh, dear), Jordan
Reid and Erin Williams
are here to tell you
that you are not
alone--and to remind you
that you're still you,

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and you still have your
sense of humor--right?
Right!

A hilarious, relatable
twist on how to
disconnect from our
devices, with

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illustrated laugh-out-loud activities and journaling prompts. Deep down, you know it's true: you could benefit from disconnecting from the internet and

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reconnecting with the world around you. Part journal, part coloring book, part advice on how to take a break, The Big Activity Book for Digital Detox will be an

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outlet for anyone who
wants to laugh through
the ridiculousness of
the digital age and
remember how to be a
human--because it's
definitely not going to

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happen when you're awake
at 1:00 a.m. reading yet
another listicle.

Activities include: •

Craft with your obsolete
iPhone cords • 10 things
to do outside right now

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- Color in the influencer who is so grateful for you guys • Lies the internet tells you • Why gardening is a thing you should try When you're longing for

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freedom from your
devices, dig out a pen
and turn to the pages of
this timely,
entertaining book--and
don't post a picture
anywhere #retro.

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The Big Fat Notebook series for high school takes on Pre-Algebra & Algebra I, often a student's first high school-level math course, and a big

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challenge.

A lighthearted parody of
Eric Carle's much-loved
classic The Very Hungry
Caterpillar, The Very
Hungry Pregnant Lady
tackles the mysteries

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faced by pregnant women everywhere—namely, how can I have so little space for my stomach and yet be hungry all the time? And is it better to try unsuccessfully to

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sleep, or just give in
and have another snack?
Pairing playful text
with bright, colorful
images, *The Very Hungry
Pregnant Lady* is both a
send-up and a

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celebration of this
strange, ridiculous, and
exciting time in the
lives of all mothers-to-
be.

The Working Mom's Guide
to Style, Sanity, and

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Success After Baby

Coloring and Activity
Book

The Computer Science
Activity Book

The Secret Life of Fat:
The Science Behind the

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Body's Least Understood
Organ and What It Means
for You

The Big Fat Middle

School Math Workbook

An Illustrated Memoir of
Female Shame

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Expectant parents are often overwhelmed-and befuddled-when they hear news of baby's impending arrival. Luckily Safe Baby Pregnancy Tips provides hilarious “do's and don'ts” on getting through the next nine months.

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Hi, I am Millie. A fifth-grader legend and survivor. I have just made it through fifth grade as strong as ever, with no scars and with pride. It was not easy, for I was almost certainly not going to pass without being marked with humiliation forever. But I'm proud to say that

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my story will remain a fifth grader's legend for years and years to come, and as long as there are little, quiet girls that prefer to keep to themselves like me and as long as there are big fat boys and girls like Sid in my class, my story and name will remain an inspiration of hope

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for as many years as one can count.

The Big Fat Notebooks go to high school! A lively, fully illustrated guide to acing high school geometry, with clear notes on the big ideas, helpful tips for memorizing processes and

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remembering definitions, and lively doodles that make math easier to understand (and fun to study).

The Tahoe Rim Trail is a continuous trail that travels around the mountainous rim of the Lake Tahoe Basin. People from all over the world have come to Lake Tahoe

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***help moms and dads
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responsibilities (and shirk
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THE PERFECT GIFT FOR

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First-Time Mom's Pregnancy

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perfect! Not only is this funny
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**bargain, but the hilarious quotes
in this Pregnancy gift idea are
bound to bring a big smile to
your Pregnant Woman's face.
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paper from wildflower seeds. Craft a kite, weave flower crowns, and make a DIY fairy garden! When summer comes, whip up herb-infused balms, rosewater, and zucchini boats. Host a backyard camp-out, build a nature exploration pack, cast

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shadow drawings, sail a leaf-boat, and master giant bubbles. As the days cool for autumn, brew mulled cider, make spiced honey, and discover the deliciousness of homemade apple sauce. Plant bulbs for next year's flowers, create an autumn

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rainbow, or craft a felted acorn necklace. Cozy up in winter with homemade maple candy, an herbal tea blend, and learn how to set out pine cone bird feeders. Build a snow fort or try some winter stargazing followed by making paper stars. (Or for those

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ZOMBIE GOLDFISH with incredible hypnotic powers...but it's helpful when they are thwarting his big brother's evil plans. Tom and Pradeep are about to find out the truth behind the ancient Egyption Curse of the Cat King, when their evil big brothers crash their

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overnight stay at the history museum. Dodging booby traps, avoiding evil, possibly mummified kittens...it's all in a night's work for a zombie goldfish! Then, there's something fishy going on at sports day. All the athletic kids seem to be losing their sporting abilities,

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while Tom's evil big brother Mark has suddenly become amazing at every single sport. Can Frankie help Pradeep and Tom to foil Mark's evil plans? Or will Mark and his pet vampire kitten, Fang, take home the gold? In this adult coloring book, we have

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a break from reality, laugh through her fears, and realize with every page that she is not alone--and to help her figure out what to do when it's 3AM and she's wide awake worrying about whether she cc'ed the right "Bob" on that email.

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remember that they're in good company: anxious people are some of the funniest and most interesting and creative humans on the planet. (They know, because they are two of them.)

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