

The 5 Am Club

Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four-year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness. Through an enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, The 5am Club will walk you through: How great geniuses, business titans and the world's wisest people start their mornings to produce astonishing achievements A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day A step-by-step method to protect the quietest hours of daybreak so you have time for exercise, self-renewal and personal growth A neuroscience-based practice proven to help make it easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed "Insider-only" tactics to defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world Part manifesto for mastery, part playbook for genius-grade productivity and part companion for a life lived beautifully, The 5am Club is a work that will transform your life. Forever.

The 5 Am Club Own Your Morning, Elevate Your Life HarperCollins Publishers

After eighteen-year-old Gu Miyoung, a nine-tailed fox surviving in modern-day Seoul by eating the souls of evil men, kills a murderous goblin to save Jihoon, she is forced to choose between her immortal life and his. Includes glossary.

Tired of playing small with your life? Feel like you were meant to be so much more? Ready to become spectacularly successful, breathtakingly effective and wildly fulfilled as you work and live at a level called extraordinary? Passionate, inspiring, provocative and full of big ideas that will get you to your ideal life faster than you've ever imagined, The Greatness Guide and The Greatness Guide, Book 2 are those rare books that truly have the power to release your potential and awaken your best self. Now in paperback, The Greatness Guide is a powerful and practical handbook that has inspired thousands to achieve world-class success in both their personal and professional lives. Robin Sharma's dynamic personality and breakthrough ideas propelled him to bestseller status in Canada, with translations of this book in 21 languages in 15 countries. The Greatness Guide, Book 2 offers more of Robin's inspiring anecdotes, tips and big ideas. Discover ideas to generate wealth and energy, tool kits for practical work-life balance, time-management techniques that really work, practical strategies to turn setbacks into opportunities and so much more. The Greatness Guide, Book 2 will uplift, energize and move you to action. Robin Sharma is known around the world as the man behind The Monk Who Sold His Ferrari phenomenon, the #1 bestselling series of inspirational books spun around the modern fable of a jet-setting lawyer who gives it all up to search for his best life. Leaders, top entrepreneurs and renowned organizations in over 40 countries have turned to Robin for his deeply insightful yet exquisitely practical advice on getting to greatness. Both The Greatness Guide and The Greatness Guide, Book 2 offer an insider's look at the tools, tactics and techniques that have transformed so many of Robin's clients.

The Monk Who Sold His Ferrari, Special 15th Anniversary Edition

Dominate Your Day Before Breakfast

Family Wisdom from the Monk Who Sold His Ferrari

An Easy & Proven Way to Build Good Habits & Break Bad Ones

The Case for Capitalism

Masters of Scale

The Charm School

This book has been specifically designed to help you turn the tide in your favour in the face of odds. Each day is a fresh day - look at it with hope and enthusiasm, yesterday is over. Whatever the situation, you can make the best of things by the right approach. The book covers the entire gamut of social, personal and professional situations and guides you how to come out a winner with hundreds of real-life examples from: *Lincoln *Munshi Prem Chand *Gandhi *Churchill *Napoleon *Marie Curie and many more.....presenting inspiring 'lives and times' for you to follow. #v&spublishers

NEW YORK TIMES BESTSELLER • This instant classic explores how we can change our lives by changing our habits. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Wall Street Journal • Financial Times In *The Power of Habit*, award-winning business reporter Charles Duhigg takes us to the thrilling edge of scientific discoveries that explain why habits exist and how they can be changed. Distilling vast amounts of information into engrossing narratives that take us from the boardrooms of Procter & Gamble to the sidelines of the NFL to the front lines of the civil rights movement, Duhigg presents a whole new understanding of human nature and its potential. At its core, *Power of Habit* contains an exhilarating argument: The key to exercising regularly, losing weight, being more productive, and achieving success is understanding how habits work. As Duhigg shows, by harnessing this new science, we can transform our businesses, our communities, and our lives. With a new Afterword by the author "Sharp, provocative, and useful."—Jim Collins "Few [books] become essential manuals for business and living. *The Power of Habit* is an exception. Charles Duhigg not only explains how habits are formed but how to kick bad ones and hang on to the good."—Financial Times "A flat-out great read."—David Allen, bestselling author of *Getting Things Done: The Art of Stress-Free Productivity* "You'll never look at yourself, your organization, or your world quite the same way."—Daniel H. Pink, bestselling author of *Drive* and *A Whole New Mind* "Entertaining . . . enjoyable . . . fascinating . . . a serious look at the science of habit formation and change."—The New York Times Book Review

OWN YOUR MORNING, ELEVATE YOUR LIFE Legendary leadership and elite performance expert Robin Sharma introduced The 5 AM Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. Now, in this life-changing book, handcrafted by the author over a rigorous four year period, you will discover the early-rising habit that has helped so many accomplish epic results while upgrading their happiness, helpfulness and feelings of aliveness. Through an enchanting—and often amusing—story about two struggling strangers who meet an eccentric tycoon who becomes their secret mentor, The 5 AM Club will walk you through: ? How great geniuses, business titans and the world's wisest people start their mornings to produce astonishing achievements ? A little-known formula you can use instantly to wake up early feeling inspired, focused and flooded with a fiery drive to get the most out of each day ? A step-by-step method to protect the quietest hours of daybreak so you have time for exercise, self-renewal and personal growth ? A neuroscience-based practice proven to help make it easy to rise while most people are sleeping, giving you precious time for yourself to think, express your creativity and begin the day peacefully instead of being rushed ? "Insider-only" tactics to defend your gifts, talents and dreams against digital distraction and trivial diversions so you enjoy fortune, influence and a magnificent impact on the world ROBIN SHARMA is a globally respected humanitarian. Widely considered one of the world's top leadership and personal optimization advisors, his clients include famed billionaires, professional sports superstars and many Fortune 100 companies. The author's #1 bestsellers, such as *The Monk Who Sold His Ferrari*, *The Greatness Guide* and *The Leader Who Had No Title* are in over 92 languages, making him one of the most broadly read writers alive today. A portion of the proceeds of this book will go to The Robin Sharma Foundation for Children to help kids in need live better lives. "Robin

Sharma's books are helping people all over the world lead great lives." —PAULO COELHO

From The Monk Who Sold His Ferrari author comes an inspiring parable about the skills needed to excel in career and life.

Own Your Morning, Elevate Your Life

The 6 Habits That Will Transform Your Life Before 8AM

The Extraordinary Story of the Rise and Fall of a Global Business Icon

The Greatness Guide

The 5 A.M. Miracle

Make Your Bed

Wicked Fox

For over twenty-five years, leadership legend and personal-mastery path-blazer Robin Sharma has mentored billionaires, business titans, professional-sports superstars and entertainment royalty via a revolutionary methodology that led them to accomplish rare-air results. Now, in this groundbreaking book, Sharma makes his transformational system available to anyone who is ready for undefeatable positivity, monumental productivity, deep spiritual freedom and a life of helping others. In The Everyday Hero Manifesto you will discover: · The hidden habits used by many of the world's most creative and successful people to realize their visionary ambitions · Original techniques to turn fear into fuel, problems into power and past troubles into triumphs · A breakthrough blueprint to battle-proof yourself against distraction and procrastination so that you produce magic that dominates your domain · Pioneering insights on adopting world-class routines that will lead you to achieve superhuman fitness and become the most disciplined person you know · Unusual wisdom to operate with far more simplicity, beauty and peace Part memoir of a life richly lived, part instruction manual for virtuoso-grade performance, and part handbook for spiritual freedom in an age of high-velocity change, The Everyday Hero Manifesto will completely transform your life. Forever. ROBIN SHARMA is a humanitarian who has devoted his life to helping people express their highest natural gifts. He is widely regarded as one of the top leadership and personal-mastery experts in the world. His clients include NASA, Microsoft, NIKE, Unilever, GE, FedEx, HP, Starbucks, Oracle, Yale University, PwC, IBM Watson and the Young Presidents' Organization. His #1 international bestsellers, such as The 5 AM Club, The Monk Who Sold His Ferrari, The Greatness Guide and Who Will Cry When You Die?, have sold millions of copies in over ninety-two languages, making him one of the most widely read authors on the planet.

Unlock the power of a simple phone call to boost your sales with guidance from a world-renowned expert In Pick Up The Phone and Sell: How Proactive Calls To Customers and Prospects Can Double Your Sales, sales expert, consultant, and Wall Street Journal bestselling author Alex Goldfayn delivers a comprehensive roadmap to one of the most important weapons in any salesperson's arsenal: the phone. From the author of Selling Boldly and 5-Minute Selling, the book teaches you techniques to supercharge your sales by making the proactive call the tip of your selling spear. In addition to critical advice on how to call people you don't know, this timely and important book includes: A thorough introduction to the power of a proactive phone call and links to free call planners and trackers at goldfayn.com Direction on how to use text messaging as an adjunct to phone sales Instructions on the appropriate role of social media, including LinkedIn, in boosting telephone sales Guidance on how to stop being afraid of phone calls and how to effectively warm up any cold call. Perfect for new and experienced salespeople alike, who are more comfortable with email, videoconferencing, social media, and text than they are with the telephone, Pick Up The Phone and Sell is an indispensable guide to one of the most important and lucrative tools in the selling profession.

How The Most Successful People In The World Get Things DoneLet's face it, not all of us are morning people. I certainly was not one. There is nothing today like waking up early in the morning, taking your time to enjoy the day first before heading off to your chaotic workplace. You just feel energized throughout the entire day. However, most of us never experience that and end up spending the majority of our days in a cloud of laziness because of waking up later than we should. In this book you will find a variety of different ways to help you wake up early without having to fight against yourself, how to wake up feeling energized and how to wake up and be as productive as possible. Join The 5 AM Club5 AM is simply a magical time to wake up and begin your day. You will achieve mental clarity and simply get things done. There will be no distractions from your phone, social media or even friends and family - everyone is sleep. Peak Productivity* Introducing The Morning Energizer Routine * Setting The Stage For Early Morning Success * 6 Tips To Start Waking Up Early * Waking Up Early and Accomplishing Your Goals * Start Your Day Off On The Right Foot

Begin your day the right way with this blueprint for maximizing productivity, perfecting your schedule, and making more time to enjoy life. The 5 A.M. Miracle is a resource guide for high-achievers. It provides a seven-step blueprint for anyone looking for a structured system that will hone their passions, clarify their big goals, and produce real, amazing results. Productivity coach Jeff Sanders is a big fan of early mornings. But his blueprint is about more than just waking up early. It's about intentionality. In The 5 AM Miracle, Jeff breaks down an easy-to-follow system of healthy habits, daily routines, and productivity strategies. It's more actionable content than you could possibly imagine. He then summarizes this multitude of ideas into a clear, thirty-day action plan.

The 5 AM Club: Own Your Morning. Elevate Your Life.

Pick Up The Phone and Sell

A Modern Fable on Real Success in Business and in Life

Atomic Habits

Phil

The 80/20 Principle, Third Edition

The 90 Day 5am Journal

What can you learn from a Silicon Valley legend and a pantheon of iconic leaders? The key to scaling a successful business isn't talent, network, or strategy. It's an entrepreneurial mindset—and that mindset can be cultivated. "If you're scaling a company—or if you just love a well-told story—this is a book to savor."—Robert Iger, #1 New York Times bestselling author of The Ride of a Lifetime Behind the scenes in Silicon Valley, Reid Hoffman (founder of LinkedIn, investor at Greylock) is a sought-after adviser to heads of companies and heads of state. On each episode of his podcast, Masters of Scale, he sits down with a guest from an all-star list of visionary founders and leaders, digging into the surprising strategies that power their company's growth. In this book, he draws on their most riveting, revealing stories—as well as his own experience as a founder and investor—to distill the secrets behind the most extraordinary success stories of our times. Here, Hoffman teams up with Masters of Scale's executive producers to offer a rare window into the entrepreneurial mind, sharing hard-won wisdom from leaders of iconic companies (including Apple, Nike, Netflix, Spotify, Starbucks, Google, Instagram, and Microsoft) as well as the bold, disruptive startups (such as 23andMe, TaskRabbit, Black List, and Walker & Co.) that are solving the problems of the twenty-first century. Through vivid storytelling and incisive analysis, Masters of Scale distills their collective insights into a set of counterintuitive principles that anyone can use. How do you find a winning idea and turn it into a scalable venture? What can you learn from a "squirmy no"? When should you stop listening to your customers? Which fires should you put out right away, and which should you let burn? And can you really make money while making the world a better place? (Answer: Yes. But you have to keep your profits and values aligned.) Based on more than a hundred interviews and including a wealth of new material never aired on the podcast, this unique insider's guide will inspire you to reimagine how you do business today.

Once in a while, a book comes along that changes how you think, feel, and act every day. In *Eat Move Sleep*, #1 New York Times bestselling author Tom Rath delivers a book that will improve your health for years to come. While Tom's bestsellers on strengths and well-being have already inspired more than 5 million people in the last decade, *Eat Move Sleep* reveals his greatest passion and expertise. Quietly managing a serious illness for more than 20 years, Tom has assembled a wide range of information on the impact of eating, moving, and sleeping. Written in his classic conversational style, *Eat Move Sleep* features the most proven and practical ideas from his research. This remarkably quick read offers advice that is comprehensive yet simple and often counterintuitive but always credible. *Eat Move Sleep* will help you make good decisions automatic – in all three of these interconnected areas. With every bite you take, you will make better choices. You will move a lot more than you do today. And you will sleep better than you have in years. More than a book, *Eat Move Sleep* is a new way to live.

Legendary leadership and elite performance expert Robin Sharma introduced The 5am Club concept over twenty years ago, based on a revolutionary morning routine that has helped his clients maximize their productivity, activate their best health and bulletproof their serenity in this age of overwhelming complexity. What's being widely regarded as "one of the most life changing books ever written" may be the simplest approach to achieving everything you've ever wanted, and faster than you ever thought possible 'Hal Elrod is a genius and his book *The Miracle Morning* has been magical in my life' Robert Kiyosaki, bestselling author of *Rich Dad Poor Dad* What if you could wake up tomorrow and any - or EVERY - area of your life was beginning to transform? What would you change? *The Miracle Morning* is already transforming the lives of tens of thousands of people around the world by showing them how to wake up each day with more ENERGY, MOTIVATION, and FOCUS to take your life to the next level. It's been right here in front of us all along, but this book has finally brought it to life. Are you ready? The next chapter of YOUR life-the most extraordinary life you've ever imagined-is about to begin. It's time to WAKE UP to your full potential... 'Every once in a while, you read a book that changes the way you look at life, but it is so rare to find a book that changes the way you live your life' Tim Sanders, New York Times bestselling author of *The Likeability Factor* 'To read *The Miracle Morning* is to give yourself the gift of waking up each day to your full potential. It's time to stop putting off creating the life you want and deserve to live. Read this book and find out how' Dr Ivan Misner, CEO and Founder of BNI®

The 5AM Club

The Clear Path to Doing Work You Love

Eat Move Sleep

One of the World's Top Success Coaches Shares His Secrets for Personal and Business Mastery

Leadership Wisdom From The Monk Who Sold His Ferrari

Why We Do What We Do in Life and Business

From Paycheck to Purpose

Be more effective with less effort by learning how to identify and leverage the 80/20 principle: that 80 percent of all our results in business and in life stem from a mere 20 percent of our efforts. The 80/20 principle is one of the great secrets of highly effective people and organizations. Did you know, for example, that 20 percent of customers account for 80 percent of revenues? That 20 percent of our time accounts for 80 percent of the work we accomplish? The 80/20 Principle shows how we can achieve much more with much less effort, time, and resources, simply by identifying and focusing our efforts on the 20 percent that really counts. Although the 80/20 principle has long influenced today's business world, author Richard Koch reveals how the principle works and shows how we can use it in a systematic and practical way to vastly increase our effectiveness, and improve our careers and our companies. The unspoken corollary to the 80/20 principle is that little of what we spend our time on actually counts. But by concentrating on those things that do, we can unlock the enormous potential of the magic 20 percent, and transform our effectiveness in our jobs, our careers, our businesses, and our lives.

Become a millionaire by learning from millionaires *An Eventual Millionaire* is someone who knows they will be a millionaire, eventually. But they want to do it on their own terms—with an enjoyable life and an enjoyable business. *Eventual Millionaires* are everywhere, from the airplane pilot looking to start his own business for more freedom and money to a student looking to start her life on the right foot to a successful business owner needing inspiration and wondering how to take her business to the next level. There are many ways to become a millionaire, but research has often shown that creating your own business is one of the best ways to build wealth. *The Eventual Millionaire* will lay the foundation for those looking to start their own business and work their way toward financial independence and a fulfilled life. Contains the insights of more than 100 millionaires and their various experiences Written by Jaime Tardy, founder of eventualmillionaire.com and a business coach for entrepreneurs A companion website includes an "Eventual Millionaire Starter Kit" with worksheets, business plan documents, and much more We all want to be successful and enjoy financial security, but we might not know how or don't think we can do it. *The Eventual Millionaire* will show you what it takes.

The #1 New York Times bestseller. Over 4 million copies sold! *Tiny Changes, Remarkable Results* No matter your goals, *Atomic Habits* offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used

the science of small habits to master their craft and vault to the top of their field. Learn how to: • make time for new habits (even when life gets crazy); • overcome a lack of motivation and willpower; • design your environment to make success easier; • get back on track when you fall off course; ...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

Based on a Navy SEAL's inspiring graduation speech, this #1 New York Times bestseller of powerful life lessons "should be read by every leader in America" (Wall Street Journal). If you want to change the world, start off by making your bed. On May 17, 2014, Admiral William H. McRaven addressed the graduating class of the University of Texas at Austin on their Commencement day. Taking inspiration from the university's slogan, "What starts here changes the world," he shared the ten principles he learned during Navy Seal training that helped him overcome challenges not only in his training and long Naval career, but also throughout his life; and he explained how anyone can use these basic lessons to change themselves-and the world-for the better. Admiral McRaven's original speech went viral with over 10 million views. Building on the core tenets laid out in his speech, McRaven now recounts tales from his own life and from those of people he encountered during his military service who dealt with hardship and made tough decisions with determination, compassion, honor, and courage. Told with great humility and optimism, this timeless book provides simple wisdom, practical advice, and words of encouragement that will inspire readers to achieve more, even in life's darkest moments. "Powerful." --USA Today "Full of captivating personal anecdotes from inside the national security vault."

--Washington Post "Superb, smart, and succinct." --Forbes

How to Get More Done While the World Is Sleeping

Surprising Truths from the World's Most Successful Entrepreneurs

The Power of Habit

How Anyone Can Be an Entrepreneur and Successfully Grow Their Startup

Own Your Morning. Elevate Your Life.

The Eventual Millionaire

Better Small Talk

Includes a bonus excerpt of Robin Sharma's upcoming *The Secret Letters of the Monk Who Sold His Ferrari*. With more than four million copies sold in fifty-one languages, *The Monk Who Sold His Ferrari* launched a bestselling series and continues to help people from every walk of life live with far greater success, happiness and meaning in these times of dramatic uncertainty. *The Monk Who Sold His Ferrari* celebrates the story of Julian Mantle, a successful but misguided lawyer whose physical and emotional collapse propels him to confront his life. The result is an engaging odyssey on how to release your potential and live with passion, purpose and peace. A brilliant blend of timeless wisdom and cutting-edge success principles, *The Monk Who Sold His Ferrari* is now, more than ever, a guide for the times, as countless Canadians dedicate themselves to living a life where family, work and personal fulfillment are achieved in harmonious balance.

This book gives the solution to the best life possible: Get up at 5 A.M. and get into the exclusive club of the one percentile in the world. Here's how. First: Get the best sleep possible Learn the fundamentals of a calming and peaceful sleep. Once you solve the sleeping puzzle, you'll be a different person altogether. Second: Have a great morning ritual Practise a world-class morning ritual to kick-start a fantastic day. And by that, it means every single day. Third: Wake up with passion Too many people use sleep as a convenient drug to avoid facing the harsh reality. This book will give you fifty reasons to wake up at 5 A.M. with a smile on your face. Fourth: Implement the right changes in eight weeks In order to massively upgrade your life, more than motivation or discipline, this book will teach you a new structure which will never let you go back to your old ways. Stop feeling so overworked and overwhelmed! Learn the secret to a great life. Buy *The 5 A.M. Revolution* now to increase your productivity while you gain more balance between your personal and professional life.

An absorbing, insightful story from Robin Sharma, bestselling author and internationally-renowned life coach, which unfolds the secrets to living a loving, successful and fulfilled life.

How The Most Successful People In The World Get Things DoneIn this book you will not only find a series of tips and techniques that will help you to wake up early, you will also find a variety of strategies that will help you to make the most out of your morning the moment that your alarm begins to go off. No matter how big the problem is that you are facing, with this book you will be sure to find a solution. So, let's not waste any more time! Let's get you the tips you need to start energizing your mornings right now!Learn 11 Tips That Will Help You Achieve Massive ResultsHelping You To Find The Motivation You Need To Wake Up EarlyWhen Should You Get Up?The Importance of SleepThe Art Of Waking Up EarlyTips To Rising EarlyThe Importance Of Creating A Night Time Routine5 AM is simply a magical time to wake up and begin your day. You will achieve mental clarity and simply

get things done. There will be no distractions from your phone, social media or even friends and family - everyone is sleeping. Download This Book Today "Tags: Morning Ritual, Morning Routine, Morning Habits, Peak Productivity, Time Management, Happiness, Productivity

The 10 Rules of Successful Nations

The 8 Rituals of Visionary Leaders

Little Things That Can Change Your Life...And Maybe the World

The Miracle Morning

The Success Code

The 5 AM

The 5 Am Club

The #1 international bestseller, now in paperback! For more than four decades, Robin Sharma has crossed the globe helping people lead lives that inspire the world. Now, in *The 5 AM Club*, he shares his original insights and the battle-tested tools he has developed by working with the most successful people on the planet. Based on the key insight that winning starts at the beginning of the day, Sharma shows how you can reduce stress, improve focus, unleash uncommon creativity, achieve exponential productivity and restore balance. Just one hour a day can change your life.

The 10 Rules of Successful Nations offers a pithy guide to real-world economics, adapted from the New York Times bestseller *The Rise and Fall of Nations*. A wake-up call to economists who failed to foresee every recent crisis, including the cataclysm of 2008, *The 10 Rules of Successful Nations* is a slim primer full of pioneering insights on the political, economic, and social habits of successful nations. Distilled from Sharma's quarter century traveling the world as a writer and investor, his rules challenge conventional textbook thinking on what matters—and what doesn't—for a strong economy. He shows why successful nations embrace robots and immigrants, prefer democratic leaders to autocrats, elect charismatic reformers over technocrats, and pay no mind to the debate about big versus small government. He explains why rising stock prices matter as much or more than food prices, which measure of debt is the best predictor of economic crises, and why no one number can accurately capture the value of a currency. He also demonstrates how a close reading of the Forbes billionaire lists can offer the clearest real-time warning of populist revolts against the wealthy. Updated with brand-new data, *10 Rules* reimagines economics as a practical art, giving general readers as well as political and business leaders a quick guide to the most important forces that shape a nation's future. Are you in the 5 am club? Or are you a follower of the "Hero, Genius & Legend" program? Then this journal is for you. For 90 days this journal will help you keep an overview of all the tools. Do you feel overwhelmed by the number of things that you learned in this program? "My 5 am journal" is here to help you keep track of everything and not lose sight of any of the important program steps. You can now track your new habit, write down your gratitude list, keep track of 20-20-20 and 90-90-1, your 2WW, your "25 I am's" and more. All in one place, easily accessible. "A propulsive narrative filled with boldfaced names from business and politics. At times, it is a dishy score settler."—The New York Times For nine years, Rajat Gupta led McKinsey & Co.—the first foreign-born person to head the world's most influential management consultancy. He was also the driving force behind major initiatives such as the Indian School of Business and the Public Health Foundation of India. A globally respected figure, he sat on the boards of distinguished philanthropic institutions such as the Gates Foundation and the Global Fund to Fight AIDS, Tuberculosis and Malaria, and corporations, including Goldman Sachs, American Airlines, and Procter & Gamble. In 2011, to the shock of the international business community, Gupta was arrested and charged with insider trading. Against the backdrop of public rage and recrimination that followed the financial crisis, he was found guilty and sentenced to two years in jail. Throughout his trial and imprisonment, Gupta has fought the charges and maintains his innocence to this day. In these pages, Gupta recalls his unlikely rise from orphan to immigrant to international icon as well as his dramatic fall from grace. He writes movingly about his childhood losses, reflects on the challenges he faced as a student and young executive in the United States, and offers a rare inside glimpse into the elite and secretive culture of McKinsey, "the Firm." And for the first time, he tells his side of the story in the scandal that destroyed his career and reputation. Candid, compelling, and poignant, Gupta's memoir is much more than a courtroom drama; it is an extraordinary tale of human resilience and personal growth.

The Rip-Roaring (and Unauthorized!) Biography of Golf's Most Colorful Superstar

The 5 AM Club

Talk to Anyone, Avoid Awkwardness, Generate Deep Conversations, and Make Real Friends

The Read-Aloud Family

How Proactive Calls to Customers and Prospects Can Double Your Sales

The Monk Who Sold His Ferrari

The Everyday Hero Manifesto

Discover practical strategies to make reading aloud a meaningful family ritual. The stories we read—and the conversations we have about them—help shape family traditions, create lifelong memories, and become

part of our legacy. Reading aloud not only has the power to change a family--it has the power to change the world. But we all know that connecting deeply with our families can be difficult in our busy, technology-driven society. Reading aloud is one of the best ways to be fully present with our children, even after they can read themselves, but it isn't always easy to do. Discover how to: Prepare your kids for academic success through reading to them Develop empathy and compassion in your kids through books Find time to read aloud in the midst of school, sports, and dinner dishes Choose books across a variety of sibling interests and ages Make reading aloud the best part of your family's day The Read-Aloud Family also offers age-appropriate book lists from infancy through adolescence. From a toddler's wonder to a teenager's resistance, you will find the inspiration you need to start a read-aloud movement in your own home.

Do you ever wonder why some people always seem to succeed, and others fail? You already have access to all you need. If you want to learn how to use your true ability to access the secrets of success, then this may be the most important book you read this year, here's why ... But first a warning: Despite how success is portrayed in the media, or in movies, most of it doesn't happen overnight. The principles in this book are readily at your disposal right now, but some of them take time to implement in your life. If you are impatient, or looking for a quick fix, this book probably isn't for you. On the other hand, if you are willing to implement some simple habits and new mindset ideas into your life, then we encourage you to read on. Most "overnight" successes have been developed with small changes in daily habits and mindset tweaks, one day at a time. You will be surprised how simple these habits are, yet the majority of the people you know do not implement them on a regular basis. We asked over 20 experts to describe these habits for us, and the result was The Success Code. The Success Code is a life lesson of habits, mindsets and stories of how they have been used to overcome obstacles and achieve success. It's more than just about habits though... How to change your career (and your income), even if you have no idea how You need to work your way up to your dream job, right? Wrong! The 3 things you must absolutely do to recover when you find yourself down in the drudgery of despair (whether personally or in your business) Where to find help when you need it most, think Luke Skywalker How to eliminate the thoughts that make you poor Why you should never fight it when you are having a breakdown Why doing less will help you produce more and reduce stress Say Goodbye to unrealized goals when you make this one change What to do to reach the OMG level of your brand When it is ok to pivot your life, and how to reframe your mind to do it The Truth about maximizing your time and energy each day Yes, that's a lot of great information, but it gets better because you are also getting access to all of the private video conversations with the authors about these breakthrough principles (Sept 2020). Start using these principles in your life! Order your copy of The Success Code Now!

The Anger of Saintly Men is the story of three brothers, Sonu, Anu and Vicky, growing up in the 90s. A new decade has started. Maine Pyar Kiya has just been released. Young boys are having wet dreams after imagining what Salman Khan saw when Bhagyashree undraped herself for him on that windy night. The three brothers have just moved to their new, first and last home, which they name, Chuhedani. The Anger of Saintly Men explores how little boys are made men in Indian households. A story of sexual awakening, heartbreak and growing up under the shadow of India's first wave of liberalisation. Told with compassion, the book delves deep into issues of masculinity, caste, class, homophobia and shame. The Anger of Saintly Men questions systems which have crushed men's expectations, desires & hopes for centuries. One of the first novels that compels us to think on how we raise men and patriarchy's deep grip on men's life.

Framed by her own personal struggle with bulimia and body dysmorphia, Maria Koutsogiannis' Mindful Vegan Meals traces the foods she ate to get her to the next stage of her recovery in a way that will inspire and help others with this large and growing problem as evidenced by her large social media following. Maria pairs stories of her recovery from bulimia and body dysmorphia with the recipes that kept her body nourished along the way, giving an intimate look at how she went from eating disorder to proclaiming her personal mantra: "Fear not. Food is your friend." Packed with vibrant and healthy recipes inspired by her journey, including milestone recipes like the first carbs she allowed herself to eat, Mindful Vegan Meals offers a hopeful look at life while overcoming an eating disorder. This book will have 75 recipes and 75 photos.

The Anger of Saintly Men

Own Your Morning. Elevate Your Life

THE 5 AM REVOLUTION

Gain Clarity and Master Your Day

How Small Choices Lead to Big Changes

11 Tips to Help You Wake Up Early, Energize and Get Things Done

The Leader Who Had No Title

A seemingly ordinary village participates in a yearly lottery to determine a sacrificial victim.

Work isn't supposed to be a four-letter word! Does the work you do matter to you? Are you unsure what you want to do for a living? Are you in the right place but looking to advance? No matter where you are in your career, you were born to do work you love. National bestselling author and career expert Ken Coleman was stuck in an unfulfilling career until he realized he didn't have to be. In his latest book, he draws on what he learned from his own ten-year journey as well as from coaching thousands of others to walk you through the seven stages to discovering and doing meaningful work. Relevant to any job or industry, you'll learn step-by-step how to: Get Clear on the work you were uniquely made to do and why. Get Qualified to do the work you were created for. Get Connected with the right people who can open the doors to your dream. Get Started by overcoming the emotions and mistakes that often hold people back. Get Promoted by developing winning habits and traits. Get Your Dream Job by doing work you love

and accomplishing results that matter to you. Give Yourself Away by expanding the dream to leave a legacy. This is your moment. You are needed, and you were made to contribute. It's time to exit the daily grind and use your talents to start living your dream once and for all. In the groundbreaking national bestseller *The Monk Who Sold His Ferrari*, internationally respected author and speaker Robin S. Sharma showed us a powerful way to dramatically improve the quality of our personal and professional lives based on timeless success principles from both the East and the West. In doing so, he helped many thousands and sparked a phenomenon. Now, in *Leadership Wisdom*, his much-awaited follow-up, Sharma has a new mission: to help you become the kind of visionary leader you deserve to be and transform your business into an organization that thrives in this age of dizzying change. With deep insight and compelling examples, this truly innovative thinker shares an ageless yet eminently practical blueprint for effective leadership that is certain to manifest the highest human gifts of the people you lead and unlock loyalty, commitment and creativity in the process. Written as an easy to read and highly entertaining fable, *Leadership Wisdom* is the powerful story of Julian Mantle, a hard-driving corporate player who, after suffering a massive heart attack one Monday morning, decides to embark on an odyssey to the Himalayas in search of the great truths for effective leadership in business and in life. In a tale that will change the way you think about leadership forever, Julian discovers eight timeless rituals practiced by every truly visionary leader, eight rituals that you, as a leader seeking to excel in these information-crazed times, can easily use to energize your team and elevate your entire organization to world-class levels of productivity, performance and passion. *Leadership Wisdom* is a unique treasure of a book that will awaken the fullness of your leadership potential, transform your company and deeply enrich the quality of your professional as well as your personal life.

Networking events suck, but they can suck less. What to say and when to say to be likable, connect, and make a memorable impression. Actionable and applicable verbal maneuvers for just about every phase of conversation. From hello to goodbye, with strangers or old friends, you'll learn how to simply go deeper. NO MORE: interview mode, awkward silence, or struggling to hold people's attention. Better Small Talk is a unique read. Imagine the following situation: you've just put on your name tag, and you're approached by a stranger. What do you say? Nice weather today. No, we can do better than this. Learn better small talk to avoid awkwardness, put people at ease, and build real rapport. Learn to open people up without them even realizing it. Patrick King is an internationally bestselling author and social skills coach. His writing draws of a variety of sources, from scientific research, academic experience, coaching, and real life experience. He suffered for years as a shy introvert and managed to boil human interaction down to a science - first for himself, and now for you. You'll learn exact dialogues, responses, phrases, and questions to use. •How to tell captivating stories and what to actually focus on. •Four ways to warm yourself up and prepare for even the most unpredictable conversations. •Instantly setting a tone of friendship and openness with strangers. •Common and subtle conversational habits you need to stop right now Become someone who is magnetic and who can make new friends in any situation. Simple conversation is the gatekeeper to friendships, your dream career, romance, and overall happiness. The ability to connect with anyone is an underrated superpower. People will be more drawn to you without even knowing why, and never again people will be bored talking to you. You'll never run out of things to say when you master these conversation tactics. Make each conversation count by clicking the BUY NOW button at the top of the page.

Making Meaningful and Lasting Connections with Your Kids

Be A Winner

The Secret to Achieving More with Less

Food is Your Friend

The Lottery

Mindful Vegan Meals

WITH NEARLY 50 MILLION BOOKS SOLD WORLDWIDE, NELSON DEMILLE IS "A TRUE MASTER." - DAN BROWN #1 New York Times bestselling author Nelson DeMille's chilling, relentlessly suspenseful story of Cold War espionage in the vein of the hit FX show *The Americans*. On a dark road deep inside the Russian woods at Borodino, a young American tourist picks up an unusual passenger with an explosive secret: an U.S. POW on the run from "The Charm School," a sinister operation where American POWs teach young KBG agents how to be model U.S. citizens. Their goal? To infiltrate the United States undetected. With this horrifying conspiracy revealed, the CIA sets an investigation in motion, and three Americans--an Air Force officer, an embassy liaison, a CIA chief--pit themselves against the country's enemies in a high-powered game of international intrigue.

NEW YORK TIMES BESTSELLER "A rollicking good time." —Golfweek * "Thoroughly engaging." —The Washington Post A juicy and freewheeling biography of legendary golf champion Phil Mickelson—who has led a big, controversial life—as reported by longtime *Sports Illustrated* writer and bestselling author Alan Shipnuck. Phil Mickelson is one of the most compelling figures in sports. For more than three decades he has been among the best golfers in the world, and his unmatched longevity was exemplified at the 2021 PGA Championship, when Mickelson, on the cusp of turning fifty-one, became the oldest player in history to win a major championship. In this raw, uncensored, and unauthorized biography, Alan Shipnuck captures a singular life defined by thrilling victories, crushing defeats, and countless controversies. Mickelson is a multifaceted character, and all his warring impulses are on

display in these pages: He is a smart-ass who built an empire on being the consummate professional; a loving husband dogged by salacious rumors; a high-stakes gambler who knows the house always wins but can't tear himself away. Mickelson's career and public image have been defined by the contrast with his lifelong rival, Tiger Woods. Where Woods is robotic and reticent, Mickelson is affable and extroverted, an incorrigible showman whom many fans love and some abhor because of the overwhelming size of his personality. In their early years together on Tour, Mickelson lacked Tiger's laser focus and discipline, leading Tiger Woods to call her son's rival "the fat boy," among other put-downs. Yet as Tiger's career has been curtailed by scandal, addiction, and a broken body, Phil sails on, still relevant on the golf course and in the marketplace. Phil is the perfect marriage of subject and author. Shipnuck has long been known as the most fearless writer on the golf beat, and he delivers numerous revelations, from the true scale of Mickelson's massive gambling losses; to the inside story of the acrimonious breakup between Phil and his longtime caddie, Jim "Bones" Mackay; to the secretive backstory of the Saudi golf league that Mickelson championed to wield as leverage against the PGA Tour. But Phil also celebrates Mickelson's random acts of kindness and generosity of spirit, to which friends and strangers alike can attest. Shipnuck has covered Mickelson for his entire career and has been on the ground at Mickelson's most memorable triumphs and crack-ups, allowing him to take readers inside the ropes with a thrilling immediacy and intimacy. The result is the juiciest and liveliest golf book in years—full of heart, humor, and unexpected turns.

Mind Without Fear