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Suicidal Behaviour Underlying Dynamics

This practical guide provides a holistic, wellness-oriented approach to understanding suicide and working effectively with clients who are suicidal. John and Rita Sommers-Flanagans' culturally sensitive, seven-dimension model offers new ways to collaboratively integrate solution-focused and strengths-based strategies into clinical interactions and treatment planning with children, adolescents, and adults. Each chapter contains diverse case studies and key practitioner guidance points to

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deepen learning in addition to a wellness practice intervention to elevate mood. Personal and professional self-care and emotional preparation techniques are emphasized, as are ethical issues, counselor competencies, and clinically nuanced skill building.

“ This engaging book provides considerable insight into the dynamics around suicide, the emotional distress involved, and how counselors can best assist clients while also focusing on their own health and wellness. The Sommers-Flanagans ’ strengths-based approach will allow practitioners to connect with their clients and offer understanding and hope when they are most needed. ”

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—Kelly Duncan, PhD, LPC ACES
Executive Director “ I will read anything that the Drs. Sommers-Flanagan write. This book, however, is one where I took my time and savored each page. Why? Because suicide is emotionally charged, societally and individually taboo, scary, and near the top of the list of more common and feared client experiences. This book treats suicide assessment and treatment in an intelligent, thoughtful, and practical way for clients and clinicians. It humanizes suicidal ideation and, in doing so, helps the reader better understand how to truly care for those in distress. ” —Matt Englar-Carlson, PhD California State University,

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Fullerton About the Authors John Sommers-Flanagan, PhD, is a professor of counseling at the University of Montana and the author or coauthor of more than 100 professional publications. Rita Sommers-Flanagan, PhD, is a professor emerita of counseling at the University of Montana. She is a psychologist, poet, blogger, and the author or coauthor of almost as many publications as John. *Requests for digital versions from ACA can be found on www.wiley.com *To purchase print copies, please visit the ACA website here *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

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Most people who die by suicide see a clinician prior to taking their lives. Therefore, one of the most difficult determinations clinicians must be able to make is whether any given patient is at risk for suicide in the immediate future. *The Suicidal Crisis, Clinical Guide to the Assessment of Imminent Suicide Risk*, is the first book written specifically to help clinicians evaluate the risk of such imminent suicidal behavior. *The Suicidal Crisis* is an essential work for every mental health professional and for anyone who would like to have a framework for understanding suicide. Written by master clinician Dr. Igor Galynker, the book presents methods for a systematic and comprehensive

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assessment of short-term suicide risk and for conducting risk assessment interviews in different settings. Dr. Galynker describes suicide as an attempt of a vulnerable individual to escape an unbearable life situation, which is perceived as both intolerable and inescapable. What sets the Suicidal Crisis apart from the other books of its kind is its sharp focus on those at the highest risk. It presents a wealth of clinical material within the easy-to-understand and intuitive framework of the Narrative-Crisis model of suicidal behavior. The book contains sixty individual case studies of actual suicidal individuals and their interviews, detailed instructions on how to conduct such interviews, and

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risk assessment test cases with answer keys. A unique feature of the book, not found in any other book on suicide, is a discussion of how clinicians' emotional responses to acutely suicidal individuals may help identify those at highest risk. In this timely, thorough, and well-written monograph, Dr. Galynker provides a method for understanding the suicidal process and of identifying those at the highest risk for taking their lives. Any clinician who works with suicidal individuals-and anybody who knows someone who has considered suicide-will find the book an essential and illuminating read.

A unique and comprehensive handbook presenting the state of the

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art in suicide bereavement support. Suicide is not merely the act of an individual; it always has an effect on others and can even increase the risk of suicide in the bereaved. The International Association for Suicide Prevention, the World Health Organisation, and others have recognized postvention as an important strategy for suicide prevention. This unique and comprehensive handbook, authored by nearly 100 international experts, including researchers, clinicians, support group facilitators, and survivors, presents the state of the art in suicide bereavement support. The first part examines the key concepts and the processes that the bereaved

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experience and illustrates them with illuminating clinical vignettes. The second and third parts look in detail at suicide bereavement support in all the relevant settings (including general practices, the workplace, online and many others) as well as in specific groups (such as health care workers). In the concluding section, the support provided for those bereaved by suicide in no less than 23 countries is explored in detail, showing that postvention is becoming a worldwide strategy for suicide prevention. These chapters provide useful lessons and inspiration for extending and improving postvention in new and existing areas. This unique handbook is thus essential reading for

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anyone involved in suicide prevention or postvention research and practice.

Contrary to common belief, suicide is preventable and insights from neuroscientific research show how.

An unnecessary death

Underlying dynamics

Tammy

The Neuroscience of Suicidal

Behavior

Psychosocial Strategies

Assessment, Treatment, and

Prevention of Suicidal Behavior

The book is a comprehensive compilation of articles by experts in the field of suicide terrorism from across the world and across disciplines with a focus on suicide

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missions. It provides an insightful perspective on suicide terror as a phenomenon and as a process, and suggests psychosocial pathways for understanding the enigma that suicide terror poses. Understanding Suicide Terrorism delves upon the enigmatic issue of suicide terrorism. The book is an interdisciplinary multi-faceted venture that brings together scholarly work from across the world, across cultures and societies on the issue of suicide terror. The common thread weaving through all the articles is the notion of suicide terror as a complex

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phenomenon that defies easy explanation, prediction or controllability. Informed by theoretical stances of not only psychological sciences, but other social sciences like political science, criminology, military and sociology the book is an insightful reading. The author sets out to explore the connection between the adolescent stage of development and the act of suicide in order to gain a deeper understanding of the dynamics and issues behind adolescent suicidal behaviors. The literature review examines the areas of early child development, adolescent

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development, suicide, and families with a suicidal member. The case study of Tammy, a sixteen-year-old hospitalized female, illustrates separation and individuation issues in terms of mother/child relationship, adolescent acting-out behaviors, interpersonal relations, family dynamics and hospital and treatment course. Tammy's inadequate separation and individuation from her mother during her first years of life contributed to her poor sense of self-esteem and lack of differentiation between herself and her mother. During her adolescence, she

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appropriately felt the internal and social pressure to give up her infantile dependency on her parents in order to form a more adult-like role in relations and society. She experienced separation anxiety, however, and began to act out in regressive behaviors. These behaviors allowed her to maintain a fantasy of reunion with her maternal object and kept her from being overwhelmed by abandonment depression. Tammy needed to reject her mother, however, in order for her father, who was divorced from Tammy's mother, to accept her. Tammy's over-

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identification with her mother, promoted by family dynamics, made this repudiation difficult. Tammy needed, not only to stop interactions with her mother, but also to rid herself of that part of her that identified with her mother. This conflict contributed to her suicidal behaviors.

The Wiley Handbook of Personality Assessment presents the state-of-the-art in the field of personality assessment, providing a perspective on emerging trends, and placing these in the context of research advances in the associated fields. Explores emerging

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trends and perspectives in personality assessment, building on current knowledge and looking ahead to the future landscape of the field

Discusses emerging technologies and how these can be combined with psychological theories in order to enhance the real-world practice of assessing personality

Comprehensive sections address gaps in current knowledge and collate contributions and advances from diverse areas and perspectives

The chapter authors are eminent scholars from across the globe who bring together new research

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**from many different countries
and cultures**

From the author of the best-selling memoir *An Unquiet Mind*, comes the first major book in a quarter century on suicide, and its terrible pull on the young in particular. *Night Falls Fast* is tragically timely: suicide has become one of the most common killers of Americans between the ages of fifteen and forty-five. An internationally acknowledged authority on depressive illnesses, Dr. Jamison has also known suicide firsthand: after years of struggling with manic-depression, she tried at age twenty-eight to kill herself.

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Weaving together a historical and scientific exploration of the subject with personal essays on individual suicides, she brings not only her remarkable compassion and literary skill but also all of her knowledge and research to bear on this devastating problem. This is a book that helps us to understand the suicidal mind, to recognize and come to the aid of those at risk, and to comprehend the profound effects on those left behind. It is critical reading for parents, educators, and anyone wanting to understand this tragic epidemic.

The Routledge International

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Handbook of Military Psychology and Mental Health American Journal of Psychotherapy Suicide Stress and Epigenetics in Suicide Theoretical Perspectives and Practical Applications Emotion, Well-Being, and Resilience

This book provides a broad international perspective on the psychological trauma faced by children and adolescents exposed to major disasters, and on the local public health response to their needs. An outstanding quality of the book is that it draws upon the experience of local researchers,

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clinicians, and public mental health practitioners who dedicated themselves to these children in the wake of overwhelming events. The chapters address exemplary responses to a wide variety of trauma types, including severe weather, war, industrial catastrophes, earthquakes, and terrorism. Because disasters do not recognize geographic, economic, or political boundaries, the chapters have been selected to reflect the diverse global community's attempt to respond to vulnerable children in the most challenging times. The book, thus, examines a diverse range of healthcare systems, cultural settings, mental health infrastructure, government policies,

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and the economic factors that have played an important role in responses to traumatic events. The ultimate goal of this book is to stimulate future international collaborations and interventions that will promote children's mental health in the face of disaster. Suicidal Behaviour: Underlying dynamics is a wide ranging collection of articles that builds upon an earlier volume by the same editor (Suicidal Behaviour: Assessment of people-at-risk, 2010) and delves deeper into the dynamics of suicide by synthesizing significant psychological and interdisciplinary perspectives. The volume brings together varied conceptualizations by scholars

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across disciplines from around the globe, thereby adding on to the available theoretical understandings as well as providing research based inputs for practitioners in the field of suicidal behaviour. This book contains sixteen chapters divided into two broad sections. The volume opens with a discussion about the Theoretical Underpinnings of suicidal behaviour spread through the initial eight chapters that conceptualize the phenomenon from different vantage points of genetics, personality theory, cognitive and affective processes, stress and assessment theories. The second section brings in the Varied Research Evidences and

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Assessment Perspectives from different populations and groups. Building upon the theoretical foundations the chapters in this section discuss the nuances of dealing with suicidal behaviours among sexual minority populations, alcoholics, military personnel, and within in specific socio-cultural groups. The section closes with an intense focus on a significant issue encountered often in clinical practice, that of assessment of suicide risk, and ways of resolving the cultural, ethical and legal dilemmas.

Part of the authoritative Oxford Textbooks in Psychiatry series, the new edition of the Oxford Textbook of Suicidology and Suicide

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Prevention remains a key text in the field of suicidology, fully updated with new chapters devoted to major psychiatric disorders and their relation to suicide.

Current and comprehensive information concerning the assessment and treatment of suicidal persons and the prevention of suicidal behavior. The eighth leading cause of death in the United States and the second leading cause among U.S. teens, suicide is unique in being self-inflicted and is, as such, often preventable. By assessing the risk of suicide accurately, providing effective treatment according to this risk, and implementing strategies against suicidal urges, mental health

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professionals can successfully guide their clients away from this senseless taking of life.

Assessment, Treatment, and Prevention of Suicidal Behavior provides the most current and comprehensive source of information, guidelines, and case studies for working with clients at risk of suicide. It offers clinicians, counselors, and other mental health professionals a practical toolbox on three main areas of interest:

Screening and Assessment covers empirically based assessment techniques and how they can define dimensions of vulnerability and measure the risk of self-destructive behavior. Authors discuss research on the use of each

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screening instrument, guidelines and suggestions for using the instrument in practice, and a case study illustrating its application. Intervention and Treatment compares several different approaches for structuring psychotherapy with suicidal clients. Each author covers a psychotherapy system, its application to suicidal clients, and a case study of its real-world use. Suicide and Violence explores the relationship between suicidal individuals and violence, covering suicide in specific contexts such as school violence, police confrontations, and terrorist violence. This section also includes a discussion of the

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increased risk of suicide in our more insecure and violent world, as well as how to promote coping styles for these new anxieties. While addressed mainly to psychologists, social workers, and other mental health professionals for use in serving their clients, as well as students of psychology, *Assessment, Treatment, and Prevention of Suicidal Behavior* is also an accessible and valuable resource for educators, school counselors, and others in related fields.

What We Know about Suicidal Behavior and how to Treat it
A Study of Inadequate Separation-individuation in Adolescence and Its Relationship to Suicidal Behaviors

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Canadian Journal of Psychiatry
Postvention in Action

The International Handbook of
Suicide Bereavement Support

10e Congrès International Sur la
Prévention Du Suicide Et Les
Interventions en Cas de Crise

Psychological resilience has emerged as a highly significant area of research and practice in recent years, finding applications with a broad range of different groups in many settings.

Contemporary discourse is not limited to ways of effective coping with adversity but also introduces mechanisms that can lead to enhanced capacity after dealing with difficult circumstances and recognises the importance of enriching the field with varied perspectives. The Routledge

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International Handbook of Psychosocial Resilience is a comprehensive compendium of writings of international contributors that takes stock of the state-of-the-art in resilience theory, research and practice. The Routledge International Handbook of Psychosocial Resilience covers the many different trajectories that resilience research has taken in four parts. Part One delineates the 'Conceptual Arena' by providing an overview of the current state of theory and research, exploring biological, psychological, and socio-ecological perspectives and discussing various theoretical models of personal and social resilience. The 'Psychosocial Correlates' of resilience are discussed further in Part Two, from personal and

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personality correlates, socio-environmental factors and the contextual and cultural conditions conducive to resilient behaviour. In Part Three, 'Applied Evidences' are introduced in order to build upon the theoretical foundations in the form of several case studies drawn from varied contexts. Examples of resilient behaviour range from post-disaster scenarios to special operation groups, orphaned children, and violent extremism. Finally, Part Four, 'Proposed Implications and Resilience Building', sums up the issues involved in discussing post-traumatic growth, wellbeing and positive adaptation in the varied contexts of personal, familial, organizational and societal resilience. The volume provides a

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comprehensive overview of resilience theory, practice and research across disciplines and cultures, from varied perspectives and different populations. It will be a key reference for psychiatrists, psychologists, psychotherapists and psychiatric social workers in practice and in training as well as researchers and students of psychology, sociology, human development, family studies and disaster management.

Countering Terrorism: Psychosocial Strategies contextualizes the issues related to terrorism and places the discourse within the ambit of sociocultural theories. The book goes beyond the obvious and commonsensical notions and discusses the relevant issues from

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interdisciplinary perspectives, informed by theoretical stances of not only psychological sciences, but other social sciences like political science, criminology, military, and sociology as well. The volume contains 18 chapters by expert authors with diverse cultural backgrounds and provides a wide ranging canvas for multifaceted understanding of the terror phenomenon. The opening section, 'Understanding Terrorism: Psychosocial Issues', places emphasis on developing a well-heelled construct with strong theoretical foundations and empirical understanding of the psychosocio-cultural dynamics involved in perpetration of terror acts. The second section, 'Countering Terrorism: Psychosocial Avenues', flows from the

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understanding thus attained and expounds counter-terror strategies and preventive measures that go beyond the obvious short-term goals and envisage the creation of a peaceful world.

Why understanding the role of culture can help prevent suicide The increasing domination of biological approaches in suicide research and prevention, at the expense of social and cultural understanding, is severely harming our ability to stop people dying – so run the clearly set out arguments and evidence in this lucid book by leading social scientists and suicide researchers. In the first part of this book, instead of simply comparing suicide in different countries, the authors review and examine the fundamental issues of why culture is of

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vital importance in understanding and preventing suicidal behavior, what the “cultural meaning” of suicide is, and where current research and theory are leading us. The second part of the book then presents (and, importantly, also critiques) exemplary recent research, including a quantitative and qualitative study on the meaning of suicide in Australia, India, and Italy, which is reported in detail, as well as other studies on correlates of suicidal behavior in Kuwait and the US, on a culturally specific form of suicide (sati), and on the role of cultural conflict in South Korea. In the concluding section, the editors highlight both the necessity and the challenges of conducting good culturally sensitive studies, as well as

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suggesting solutions to these challenges. This volume is thus essential reading for anyone involved in suicide research and prevention

Integrating recent research and developments in the field, this revised second edition introduces an easy-to-master strategy for developing and writing culturally sensitive case conceptualizations and treatment plans. Concrete guidelines and updated case material are provided for developing conceptualizations for the five most common therapy models: Cognitive-Behavioral Therapy (CBT), Psychodynamic, Biopsychosocial, Adlerian, and Acceptance and Commitment Therapy. The chapters also include specific exercises and activities for mastering case

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conceptualization and related competencies and skills. Also new to this edition is a chapter on couple and family case conceptualizations, and an emphasis throughout on trauma.

Practitioners, as well as graduate students in counseling and in clinical psychology, will gain the essential skills and knowledge they need to master case conceptualizations.

Countering Terrorism

*Comprehensive Textbook of
Suicidology*

Revue Canadienne de Psychiatrie

The Neurobiological Basis of Suicide

Understanding the Context

*Clinical Guide to the Assessment of
Imminent Suicide Risk*

Multidisciplinary and comprehensive in scope, this volume serves as an

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authoritative overview of scientific knowledge about suicide and its prevention, providing a foundation in theory, research, and clinical applications. Issues relevant to clinical case management are highlighted, and various treatment modalities are discussed in light of the latest research findings.

Military psychology has become one of the world's fastest-growing disciplines with ever-emerging new applications of research and development. The *Routledge International Handbook of Military Psychology and Mental Health* is a compendium of chapters by internationally renowned scholars in the field, bringing forth the state of the art in the theory, practice and future prospects of military psychology. This

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uniquely interdisciplinary volume deliberates upon the current issues and applications of military psychology not only within the military organization and the discipline of psychology, but also in the larger context of its role of building a better world. Split into three parts dedicated to specific themes, the first part of the book, "Military Psychology: The Roots and the Journey," provides an overview of the evolution of the discipline over the years, delving into concepts as varied as culture and cognition in the military, a perspective on the role of military psychology in future warfare and ethical issues. The second part, "Soldiering: Deployment and Beyond," considers the complexities involved in soldiering in view of the changing

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nature of warfare, generating a focal discourse on various aspects of military leadership, soldier resilience and post-traumatic growth in the face of extreme situations, bravery and character strengths and transitioning to civilian life. In the final section, "Making a Choice: Mental Health Issues and Prospects in the Military," the contributors focus on the challenges and practices involved in maintaining the mental health of the soldier, covering issues ranging from stress, mental health and well-being, through to suicide risk and its prevention, intervention and management strategies, moral injury and post-traumatic stress disorder. Incorporating enlightening contributions of eminent scholars from around the world, the

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volume is a comprehensive repository of current perspectives and future directions in the domain of military psychology. It will prove a valuable resource for mental health practitioners, military leaders, policy-makers and academics and students across a range of disciplines.

"Phone coaching is an important aspect to dialectical behavior therapy. In this book, the author focuses on why we do it, how to make it effective, and ways to avoid common pitfalls. The book gives clinicians clear principles and practical guidance on how to approach this aspect of treatment. For new coping strategies to make a difference in clients' lives, clients need to use and practice them in everyday situations. Phone coaching is designed to help

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clients do just this. Regardless of your treatment approach, therefore, the principles and strategies in this book will give you new ways to help clients learn and apply effective coping skills to learn more about themselves, manage stress, improve relationships, and work toward important goals"--

"Suicides are preventable. Even so, every 40 seconds a person dies by suicide somewhere in the world and many more attempt suicide. Suicides occur in all regions of the world and throughout the lifespan. Notably, among young people 15-29 years of age, suicide is the second leading cause of death globally. Suicide impacts on the most vulnerable of the world's populations and is highly prevalent in already marginalized and discriminated

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groups of society. It is not just a serious public health problem in developed countries; in fact, most suicides occur in low- and middle-income countries where resources and services, if they do exist, are often scarce and limited for early identification, treatment and support of people in need. These striking facts and the lack of implemented timely interventions make suicide a global public health problem that needs to be tackled imperatively. This report is the first WHO publication of its kind and brings together what is known in a convenient form so that immediate actions can be taken. The report aims to increase the awareness of the public health significance of suicide and suicide attempts and to make suicide

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prevention a higher priority on the global public health agenda. It aims to encourage and support countries to develop or strengthen comprehensive suicide prevention strategies in a multisectoral public health approach. For a national suicide prevention strategy, it is essential that governments assume their role of leadership, as they can bring together a multitude of stakeholders who may not otherwise collaborate. Governments are also in a unique position to develop and strengthen surveillance and to provide and disseminate data that are necessary to inform action. This report proposes practical guidance on strategic actions that governments can take on the basis of their resources and existing suicide prevention activities.

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In particular, there are evidence-based and low-cost interventions that are effective, even in resource-poor settings. This publication would not have been possible without the significant contributions of experts and partners from all over the world. We would like to thank them for their important work and support. The report is intended to be a resource that will allow policy-makers and other stakeholders to make suicide prevention an imperative. Only then can countries develop a timely and effective national response and, thus, lift the burden of suffering caused by suicide and suicide attempts from individuals, families, communities and society as a whole."--Preface, page 03.

A Strengths-Based Approach

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The Suicidal Crisis

Handbook of Suicidal Behaviour

Preventing Suicide

Assessment of People-At-Risk

Intentional Behavior as a Complex
System

Includes reviews and
abstracts.

Despite diverse, rich
cultural traditions and
abundant economic
opportunity, there has
been a paucity of research
on psychology in Southeast
Asia. This book aims to
fill that gap, with a
series of well-written
theoretical and empirical
chapters by PhD
psychologists in SE Asia

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along with respected international colleagues and co-authors from around the globe. In particular this book focuses upon critical sociocultural, clinical, and health issues and perspectives in psychology in Southeast Asia. Overviews help contextualize the cultural data, permitting nuanced examination of significant psychological issues in nations such as Malaysia, Indonesia, Thailand, Singapore, and more. Psychologists and mental health professionals with interests in Asia will

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find this book to be a must-read, as will other readers seeking to deepen their cultural and international understanding.

Stress and Epigenetics in Suicidediscusses the central role of epigenetic modifications in suicidal behavior. As early-life stress and an individual's ability to cope with such stressors, combined with psychological factors, social factors, and existential and cognitive factors can predispose young people to suicidal behavior and put them at

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added risk of suicidal behavior later in life, this book provides readers with an overview of the neurobiology of stress, an introduction to the epigenetic changes induced by stress, and an understanding of how vulnerability and resilience to stress are built. It integrates these mechanisms into a biobehavioral model of suicide based on epigenetic marks, gene-environment interactions, and other stressors. More importantly, it provides future direction for

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research and discusses potential interventions. This book is an ideal and trusted resource for researchers and clinicians who are interested in learning how the environment can affect behavior through genetics, and for those seeking the development of new methods for suicide prevention. Explores the neurobiology of stress and stress-related epigenetics, including discussion of the role of stress-induced epigenetic changes in behavioral, emotional, and cognitive mechanisms and

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whether these epigenetic marks are transgenerational Provides compelling biobehavioral models of suicide based on genetics, epigenetics, and behavioral adjustment Integrates social, psychological, and existential influences, giving readers a better understanding of the interdisciplinary nature of suicide risk factors Presents future directions for suicide-prevention strategies that incorporate recent research on genomics and stress resilience

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A practical and easy-to-use guide for healthcare professionals on the prevention, assessment and treatment of people at risk of suicide.

Case Conceptualization
Adolescent Suicidal
Behavior

A Global Imperative
The Interpersonal Theory
of Suicide

Dynamics in Action
Psychosocial Dynamics

A master of family therapy, Salvador Minuchin, traces for the first time the minute operations of day-to-day practice. Dr. Minuchin has achieved renown for his theoretical breakthroughs

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and his success at treatment. Now he explains in close detail those precise and difficult maneuvers that constitute his art. The book thus codifies the method of one of the country's most successful practitioners. This essential reference volume in the field of suicidology brings forth leading-edge conceptualizations of suicidal behaviour by including emerging trends and recent research advances in the field across the globe. It highlights the trajectories of suicidal behaviour, emphasizing the psyche behind attempting suicide, identifying vulnerable groups, and bridging

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the gap between theoretical underpinnings and application for addressing the aftermath of suicide. The handbook delineates research progress on risk assessment among vulnerable groups of varied milieu. Furthermore, it introduces various avenues of change and well-being. It also addresses important concerns related to terrorism and suicide in the armed forces. This handbook is a comprehensive repository of the latest research synergized with theoretical conceptualizations that pave the way for newer approaches towards management and

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prevention of suicidal behaviour. It includes contributions by eminent authors across the globe, and is a must-have resource for scholars, academics and professionals in the areas of mental health and social work. This important new volume discusses the role of emotion, resilience, and well-being in many contexts of human life, including home, school, and workplace. Leading researchers and academicians from around the world and from various fields—such as health, education, information and technology, military, and manufacturing—explore the

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theoretical and practical implications of many studies in this area. They present new concepts, models, and knowledge for practical applications that address challenges to well-being. The volume also considers the roles of several other influencing factors, such as emotional intelligence, performance, productivity, and employee's health and happiness. The book's editors state that, "At this juncture of human and technological development, when artificial intelligence and automation are slowly taking over the world, holding on to the

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study of emotions, well-being, and resilience has become imperative, as these influence sustainable performances and growth by individuals as well as organizations.”

This book offers a theoretical framework for diagnosis and risk assessment of a patient's entry into the world of suicidality, and for the creation of preventive and public-health campaigns aimed at the disorder. The book also provides clinical guidelines for crisis intervention and therapeutic alliances in psychotherapy and suicide prevention.

The Wiley Handbook of

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Personality Assessment

Night Falls Fast

Preventing Bullying Through
Science, Policy, and Practice

Suicidal Behaviour

Beyond Risk and Toward a Life
Worth Living

Alternatives to Suicide

Alternatives to Suicide: Beyond
Risk and Toward a Life Worth
Living demonstrates how
fostering resilience and a desire
for life can broaden and advance
an understanding of suicide.

The book summarizes the
existing literature and outlines a
new focus on the dynamic
interplay of risk and resilience
that leads to a life-focus

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approach to suicide prevention. It calls for a treatment approach that enhances the opportunity to collaboratively engage clients in discussion about their lives. Providing a new perspective on how to approach suicide prevention, the book also lays out key theories on resilience and the interplay of risk and protective factors. Finally, the book outlines how emerging technologies and advances in data-analytic sophistication using real-time monitoring of suicide dynamics are ushering the field of suicide research and prevention into a new and exciting era. Focuses on what attenuates the transition from

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thinking about suicide to attempting it Calls for a life-focus treatment approach as opposed to risk-aversion intervention techniques Demonstrates how fostering resilience can advance our understanding of pathways to suicide Discusses emerging technologies being used in current suicide research and prevention Outlines the differences between risk factors and risk correlates Covers real-time assessment of dynamic suicide risk

Suicidal Behaviour: Assessment of People-At-Risk provides a psychometric analysis of various aspects associated with

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suicidal risk assessment to understand the suicidal personality and predict suicidal behaviour. It includes articles by experts in the field covering suicide research carried out globally. The collection is divided into two sections-the first focuses on the theoretical issues and the second on the applied and practical issues related to suicidal behaviour among specific populations. The main features of the articles include: - the diverse aspects of the problem in various socio-cultural contexts - prevention strategies, along with analyses of varied paradigms of suicidal behaviour, for the benefit of

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mental health practitioners and researchers - a focussed discussion on specific population - a comprehensive review of research in the field - reviews of suicide risk assessment tools The discussion begins with a contextualisation of the psychological factors implicated in the aetiology of suicidal behaviour with the help of a biopsychosocial model and is followed by an empirical analysis. The theoretical issues are then examined from various perspectives. This compilation will serve as a supplementary reader for students of psychology, psychiatry,

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psychiatric social work and counselling. It will also be useful for mental health professionals as well as those undertaking research on suicide. With recent studies using genetic, epigenetic, and other molecular and neurochemical approaches, a new era has begun in understanding pathophysiology of suicide. Emerging evidence suggests that neurobiological factors are not only critical in providing potential risk factors but also provide a promising approach to develop more effective treatment and prevention strategies. The Neurobiological Basis of Suicide discusses the

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most recent findings in suicide neurobiology. Psychological, psychosocial, and cultural factors are important in determining the risk factors for suicide; however, they offer weak prediction and can be of little clinical use. Interestingly, cognitive characteristics are different among depressed suicidal and depressed nonsuicidal subjects, and could be involved in the development of suicidal behavior. The characterization of the neurobiological basis of suicide is in delineating the risk factors associated with suicide. The Neurobiological Basis of Suicide focuses on how and why these

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neurobiological factors are crucial in the pathogenic mechanisms of suicidal behavior and how these findings can be transformed into potential therapeutic applications.

Approximately one million people worldwide commit suicide each year, and at least ten times as many attempt suicide. A considerable number of these people are in contact with members of the healthcare sector, and encounters with suicidal individuals form a common part of the everyday work of many healthcare professionals. Suicide: An unnecessary death examines the pharmacological,

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psychotherapeutic, and psychosocial measures adopted by psychiatrists, GPs, and other health-care staff, and emphasizes the need for a clearer psychodynamic understanding of the self if patients are to be successfully recognized, diagnosed, and treated. Drawing on the latest research by leading international experts in the field of suicidology, this new edition provides clinicians with an accessible summary of the latest research into suicide and its prevention. The abundance of new literature can make it difficult for those whose clinical practice involves daily contact

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with suicidal patients to devote sufficient time to penetrating the research and, accordingly, apply new findings in their clinical practice. In light of the WHO Mental Health Action Plan 2013-2020, this new edition is a timely contribution to the field, and a vital and rapid overview, that will increase awareness of suicide prevention methods.

FAMILY THERAPY TECHNIQUES

Sociocultural, Clinical, and
Health Perspectives

Suicide Prevention

The Routledge International
Handbook of Psychosocial
Resilience

Phone Coaching in Dialectical

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Behavior Therapy
Understanding Suicide
Terrorism

What is the difference between a wink and a blink? The answer is important not only to philosophers of mind, for significant moral and legal consequences rest on the distinction between voluntary and involuntary behavior. However, "action theory"—the branch of philosophy that has traditionally articulated the boundaries between action and non-action, and between voluntary and involuntary behavior—has been unable to account for the difference. Alicia Juarrero argues that a mistaken, 350-year-old model of cause and explanation—one that takes all

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causes to be of the push-pull, efficient cause sort, and all explanation to be prooflike—underlies contemporary theories of action. Juarrero then proposes a new framework for conceptualizing causes based on complex adaptive systems. Thinking of causes as dynamical constraints makes bottom-up and top-down causal relations, including those involving intentional causes, suddenly tractable. A different logic for explaining actions—as historical narrative, not inference—follows if one adopts this novel approach to long-standing questions of action and responsibility. Bullying has long been tolerated as a rite of passage among

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children and adolescents. There is an implication that individuals who are bullied must have "asked for" this type of treatment, or deserved it. Sometimes, even the child who is bullied begins to internalize this idea. For many years, there has been a general acceptance and collective shrug when it comes to a child or adolescent with greater social capital or power pushing around a child perceived as subordinate. But bullying is not developmentally appropriate; it should not be considered a normal part of the typical social grouping that occurs throughout a child's life. Although bullying behavior endures through generations, the milieu is changing. Historically, bullying has

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occurred at school, the physical setting in which most of childhood is centered and the primary source for peer group formation. In recent years, however, the physical setting is not the only place bullying is occurring. Technology allows for an entirely new type of digital electronic aggression, cyberbullying, which takes place through chat rooms, instant messaging, social media, and other forms of digital electronic communication. Composition of peer groups, shifting demographics, changing societal norms, and modern technology are contextual factors that must be considered to understand and effectively react to bullying in the United States. Youth are embedded in multiple

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contexts and each of these contexts interacts with individual characteristics of youth in ways that either exacerbate or attenuate the association between these individual characteristics and bullying perpetration or victimization. Recognizing that bullying behavior is a major public health problem that demands the concerted and coordinated time and attention of parents, educators and school administrators, health care providers, policy makers, families, and others concerned with the care of children, this report evaluates the state of the science on biological and psychosocial consequences of peer victimization and the risk and

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protective factors that either increase or decrease peer victimization behavior and consequences.

First published in 1987. Routledge is an imprint of Taylor & Francis, an informa company.

*Psychology in Southeast Asia
Suicide and Culture*

*Oxford Textbook of Suicidology
and Suicide Prevention*

*Mastering This Competency with
Ease and Confidence*

*Guidance for Working with
Suicidal Clients*

Understanding Suicide