

Stomach Palpitations Manual Guide

Management of antibiotic therapy is one of the most complex and important areas in medicine. Once the clinician has selected an antimicrobial to use, this guide provides all the essential information required to administer the antimicrobial safely and effectively: dosing schedules, side effects/toxicity, drug-drug interactions, use in renal failure, hepatic dysfunction, paediatrics and pregnancy, and recommendations for breastfeeding. The information is organised in a visually attractive, user-friendly format. This book is an essential tool for everyone who prescribes antimicrobials and needs convenient, practical yet comprehensive information on their use, including Primary Care Physicians, Hospitalists, Surgeons, Infectious Disease Specialists, Emergency Medicine Physicians, Pharmacists, Nurses, students, and others.

The User's Guide to Nutritional Supplements focuses on the most popular nutritional supplements, those that consistently attract the most attention - and are the ones most likely to benefit the majority of people. In describing the most popular nutritional supplements, this book explains: * Vitamin E can reduce the risk of heart disease - and the best types to take. * Selenium can slash the chances of developing some types of cancer. * Ginkgo can improve memory and recall. * Chromium can help promote weight loss and lower the risk of diabetes. * Glucosamine and chondroitin can prevent osteoarthritis. * Calcium and magnesium work together to build strong bones. * Coenzyme Q10 can boost your energy levels and strengthen your heart. * Ginseng and other supplements boost your exercise stamina.

With just the right level of information to equip you to effectively care for adults and older adults, Linton's Introduction to Medical-Surgical Nursing, 5th Edition is the leading LPN/LVN text in its field. Covering both med-surg and psychiatric mental health conditions and disorders, it addresses your role in a variety of care settings, emphasizes culturally competent care and holistic nursing, and thoroughly covers all relevant NCLEX-PN Test Plan content. Abundant real-life case studies clearly show how to apply what you've learned to clinical practice. Features separate chapters on common, high-profile disorders (including hypertension, diabetes, and shock), providing an in-depth understanding for patient care. Offers foundational units on basic concepts related to the health care system, care settings, the nursing process, leadership, nutrition, the older adult, growth and nutrition, legal/ethical considerations, evidence-based nursing care, and many more essential topics, avoiding repetition later in the text. Includes a separate, comprehensive unit on the older adult and related disorders.

— no other LPN/LVN med-surg text has as much coverage of this primary patient group. Includes a separate, comprehensive unit on psychosocial responses to illness, psychiatric disorders, and substance abuse — eliminating the need for a separate psychiatric mental health nursing text. Emphasizes content related to the NCLEX-PN Test Plan, including health promotion, nutrition, legal/ethical issues, HIPAA, and prevention of medication/medical errors. Offers in-depth pharmacology coverage: the Pharmacology Tutorial covers drug classifications, how drugs work, and nursing responsibilities; Pharmacology Capsules boxes provide medication information, precautions for use, interactions, and side/adverse effects; and Pharmacology and Medications tables in body systems chapters include classification, use/action, side/adverse effects, and nursing interventions — all with the goal of reducing medication errors on the job and equipping you to pass the NCLEX exam. Assists with assignment and supervision, helping you assign tasks to nurse assistants, patient care techs, and unlicensed assistive personnel, and making sure you understand the difference between delegation, management, supervision, and assignment of tasks on the health care team. Features Diagnostic Tests and Procedures tables for a quick reference to MRI, CT, Doppler flow, lumbar puncture tests for neurologic disorders, and much more. Highlights timely information with Health Promotion boxes, Cultural Considerations boxes, Nutrition Considerations boxes, and Complementary and Alternative Therapies boxes. Provides bulleted lists of nursing instructions for Patient Teaching Plans, stressing the role and responsibility of the LPN/LVN to reinforce patient education. Provides consistent Nursing Care Plans that reinforce the nursing process and focus on critical thinking, and Put on Your Thinking Cap Critical Thinking boxes encourage you to pause and consider the practical implications of what you have just read.

A Guide to Commonly Used Antimicrobials

A Comprehensive Guide to Energy Healing

Why Our Brains Make Us Unhappy, Anxious, and Neurotic and What We Can Do about It

The Industry Resource for Consent and Related Health Care Law

The Merck Manual Go-To Home Guide For Symptoms

User's Guide to Chronic Fatigue and Fibromyalgia

Cyndi Dale's *The Subtle Body* has become the go-to reference guide for anyone who wants to learn about the many varieties of energy healing. With *The Subtle Body Practice Manual*, she offers an equally valuable resource: a practical instruction manual for putting energy healing into action. Filled with lucid information, step-by-step guidance, diagrams, and key insights, here is an expansive how-to manual that covers practices from a vast range of holistic healing and energy medicine traditions, including: The six core energy techniques that every healer should know Energetic

diagnosis practices to determine which kind of modality will be most effective for specific health issues Setting strong and flexible energetic boundaries, with special guidance for those in the healing professions Techniques for working with the subtle aspects of the body, emotions, and the subconscious mind Dozens of practices for healing through the chakras, the meridians, chi, breathwork, auric fields, sacred geometry, acupressure, music, and much more As Cyndi Dale writes, all medicine is energy medicine—which is why subtle energy practices can be used to complement and enhance any approach to healing or self-care. Presented with Cyndi Dale's thorough scholarship and clear writing style, *The Subtle Body Practice Manual* provides professionals and laypersons alike with an indispensable resource on the many varieties and applications of energetic care—so you can begin using these powerful practices in your own life.

Recognition of the importance of maternal medicine is now reflected in the content of the MRCOG exam, core training and higher training in both obstetrics and medicine. This book approaches obstetric medicine from the point of view of real patients and clinical scenarios as well as model answers to exam questions. The book will be invaluable for trainees and consultants who want to 'test themselves'.

Revised and updated by residents and faculty of one of the world's top surgical training programs, *The Washington Manual of Surgery, Fifth Edition* provides concise guidelines and algorithms for diagnosis and management of surgical diseases. The book's pocket size and user-friendly outline format ensure fast access to information. This edition incorporates evidence-based medicine into each chapter, so readers can fully understand the reasoning behind the recommendations. Minimally invasive techniques, including endovascular, are incorporated into all relevant anatomical site and disease chapters. Coverage of vascular disease has been reorganized into three chapters: cerebrovascular disease, thoracoabdominal vascular disease, and peripheral vascular disease.

The Herbal Handbook

Key Articles from the Medicine journal

Netter's Cardiology E-Book

Selected Pollutants

Fetal Heart Rate Monitoring

Pocket Book of Hospital Care for Children

Rev. ed. of: *Nurse practitioner/physician collaborative practice* / edited by Geraldine M. Collins-Bride and JoAnne M. Saxe. San Francisco, Calif.: School of Nursing, University of California, UCSF Nursing Press, c1998.

This book presents WHO guidelines for the protection of public health from risks due to a number of chemicals commonly present in indoor air. The substances considered in this review, i.e. benzene, carbon monoxide, formaldehyde, naphthalene, nitrogen dioxide, polycyclic aromatic hydrocarbons (especially benzo[a]pyrene), radon, trichloroethylene and tetrachloroethylene, have indoor sources, are known in respect of their hazardousness to health and are often found indoors in concentrations of health concern. The guidelines are targeted at public health professionals involved in preventing health risks of environmental exposures, as well as specialists and authorities involved in the design and use of buildings, indoor materials and products. They provide a scientific basis for legally enforceable standards.

A one-of-a-kind guide specifically for rehabilitation specialists! A leader in pharmacology and rehabilitation, Charles Ciccone, PT, PhD offers a concise, easy-to-access resource that delivers the drug information rehabilitation specialists need to know. Organized alphabetically by generic name, over 800 drug monographs offer the most up-to-date information on drug indications, therapeutic effects, potential adverse reactions, and much more! A list of implications for physical therapy at the end of each monograph helps you provide the best possible care for your patients. It's the perfect companion to *Pharmacology in Rehabilitation, 4th Edition!*

Village Medical Manual: A Layman's Guide to Health Care in Developing Countries

The Ladies' Manual

A User's Guide to Medical Herbalism

User's Guide to Thyroid Disorders

Standard Treatment Guidelines 3/e

A Practical Guide to Acu-points

"Fetal heart rate monitoring is widely used by almost every obstetrician as a way to document the case and to help decrease health care costs. This is a short reference on the physiologic benefits, instrumentation, application and interpretation of fetal heart rate monitoring. The second half of the book uses actual FHR strips and cases to illustrate various anomalies (fetal distress, fetal distress in prematurity, fetus with CNS dysfunction). Several new drugs have been introduced for use during labor that effect FHR"--Provided by publisher.

The field of benign foregut surgery continues to evolve with new diagnostic methods and treatment modalities. The text lays the foundation in understanding the foregut through review of the anatomy and physiology, followed by subsequent chapters focusing on the diagnosis and management of specific benign diseases of the foregut: gastroesophageal reflux disease and diaphragmatic hernia, Barrett's esophagus, disorders of esophageal dysmotility, benign esophageal and gastric tumors, peptic ulcer disease and gastric outlet obstruction, and gastroparesis. Written by experts, each of these sections addresses the evaluation and management of the disease process, technical conduct of the most common endoscopic and surgical procedures, postoperative management including complications, and revisional operations. Additionally, expert commentary will serve to highlight and clarify controversies in the field. The SAGES Manual of Foregut Surgery provides a comprehensive, state-of-the-art review and will serve as a valuable resource for clinicians and surgeons.

Acute Medicine is a new e-book in a collection of subject-themed e-books containing relevant key articles from Medicine. The e-books provide a perfect source of revision for post-graduate exams in clinical medicine and portfolio material for life-long learning. As well as mapping to the UK Core Medical Training curriculum, these e-books also enable anyone with a short-term interest in a specific area to buy individual articles at a price-point that will give affordable access to all readers (from medical students to GPs and practitioners in related areas). The quality of user experience on mobiles, tablets and laptops will be an added bonus for learning on the move. The whole board has been involved in the creation of this content and are therefore listed as authors on all the e-books. In addition we extend our warm thanks for their contribution to these e-books to the past Chairman Allister Vale (who stepped down from the board in 2015) and to John

Mucklow, who stepped down in 2016. Derek Waller, on behalf of the Editorial Board About the journal The parent journal (www.medicinejournal.co.uk) is a rolling, continuously updated review of clinical medicine over a 4-year cycle covering all the important topics for core medical training. Its Editorial Board comprises some of Europe's most influential specialists. The journal's articles are refreshed, updated, augmented or replaced as appropriate each time the subject is due for revision to provide a concise overview of knowledge and practice core to the curriculum. Each article is written by invited experts and overseen by the relevant subject specialist on the Board. A trainee representative on the Board ensures relevance and accessibility for exam candidates. About the Medicine journal e-books Acute Medicine is a new e-book in a collection of subject-themed e-books containing relevant key articles from Medicine. The e-books provide a perfect source of revision for post-graduate exams in clinical medicine and portfolio material for life-long learning. As well as mapping to the UK Core Medical Training curriculum, these e-books also enable anyone with a short-term interest in a specific area to buy individual articles at a price-point that will give affordable access to all readers (from medical students to GPs and practitioners in related areas). The quality of user experience on mobiles, tablets and laptops will be an added bonus for learning on the move. The whole board has been involved in the creation of this content and are therefore listed as authors on all the e-books. In addition we extend our warm thanks for their contribution to these e-books to the past Chairman Allister Vale (who stepped down from the board in 2015) and to John Mucklow, who stepped down in 2016. Derek Waller, on behalf of the Editorial Board About the journal The parent journal (www.medicinejournal.co.uk) is a rolling, continuously updated review of clinical medicine over a 4-year cycle covering all the important topics for core medical training. Its Editorial Board comprises some of Europe's most influential specialists. The journal's articles are refreshed, updated, augmented or replaced as appropriate each time the subject is due for revision to provide a concise overview of knowledge and practice core to the curriculum. Each article is written by invited experts and overseen by the relevant subject specialist on the Board. A trainee representative on the Board ensures relevance and accessibility for exam candidates.

Washington Manual Outpatient Medicine Survival Guide

Manual of Homoeopathic Medicine

A Guide to Woman in Health and Sickness, from Youth to Advanced Age : Containing Also a Treatise on Marriage and Home Culture, how to Become Beautiful, Rules of Deportment, Dress, and Social Forms, Etc., Etc., Etc

The SAGES Manual of Foregut Surgery

The Subtle Body Practice Manual

This fully illustrated, comprehensive guide provides expert, up-to-date information on the safest and easiest ways to prevent and deal with all kinds of problems and emergencies. Step-by-Step Help: Simple step-by-step text and more than 650 colour photographs and illustrations explain a broad range of vital techniques, including how to: Carry out emergency life-saving procedures * Deal with major wounds and severe bleeding * Apply slings, dressings and bandages * Treat burns, from sunburn to chemical scoulding * Recognize heart problems such as palpitations, angina and cardiac arrest * Give vital help to those with breathing difficulties * Detect and deal with symptoms of poisoning Wide-Ranging Information: The book includes: A special life-saving priorities section * Chapters highlighting problems specific to babies and small children * An outdoor safety section, providing sensible safety tips for those enjoying active hobbies or travelling abroad * A chapter on safety and security, and how to avoid

accidents and dangerous medical situations * A section on complementary therapies and alternative treatments and solutions This authoritative manual brings all the safe accessible and reliable first aid information you will need together into one handy volume. Understanding at least the basics of first aid is a vital skill that everyone should master, and this book is the perfect teacher.

Covering a wide range of popular alternative medicine and health issues, User' are written by leading experts and science writers and are designed to answer the consumer's basic questions about disease, conventional and alternative therapies, and individual dietary supplements.

User's Guide to Chronic Fatigue and Fibromyalgia Basic Health Publications, Inc.

Clinical Guidelines for Advanced Practice Nursing

User's Guide to Nutritional Supplements

Bradshaw's railway &c. through route and overland guide to India, Egypt, and China; or

The traveller's manual [&c. Title varies. Afterw.]. Bradshaw's through route overland guide to India, and colonial handbook [afterw.] Bradshaw's through routes to the capitals of the world and overland guide to India, Persia, and the Far East [afterw.]

Bradshaw's through routes to the chief cities of the world. [Issues for 1858-62, 65, 67, 71/2, 73/4, 75/6, 78/9, 84, 98, 1903, [07] 13].

The Washington Manual of Surgery

Introduction to Medical-Surgical Nursing - E-Book

A manual of domestic Medicine and Surgery: with a glossary ... Illustrated, etc
Clinical Guidelines for Advanced Practice Nursing: An Interdisciplinary Approach, Third Edition is an accessible and practical reference designed to help nurses and students with daily clinical decision making. Written in collaboration with certified nurse midwives, clinical nurse specialists, nurse practitioners, nutritionists, pharmacists, and physicians, it fosters a team approach to health care. Divided into four areas—Pediatrics, Gynecology, Obstetrics, and, Adult General Medicine—and following a lifespan approach, it utilizes the S-O-A-P (Subjective-Objective-Assessment-Plan) format. Additionally, the authors explore complex chronic disease management, health promotion across the lifespan, and professional and legal issues such as reimbursement, billing, and the legal scope of practice. The Third Edition has a keen focus on gerontology to accommodate the AGNP specialty and to better assist the student or clinician in caring for the aging population. The authors follow the across the life span approach and focus on common complete disorders. Certain chapters have been revised and new chapters have been added which include: Health Maintenance for Older Adults; Frailty; Common Gerontology Syndromes; Cancer Survivorship; Lipid Disorders; Acne (pediatrics section). Please note that the 2016 CDC Guidelines for prescribing opioids for chronic pain in the United States were not yet available at the time the authors were updating the Third Edition. See the Instructor Resources tab to read a note from the authors about their recommendations for resources around these guidelines.

The Washington Manual® Outpatient Medicine Survival Guide covers the most common diseases and situations encountered in an outpatient clinic and includes sections on key history and physical examination findings, red flags to look for, and advice on what to tell the patient.

With over 400 drug monographs, this book covers the technical, practical and legal aspects that you should consider before prescribing or administering drugs via enteral feeding tubes.

Orthopaedic Manual Therapy Diagnosis

Consent Manual Quick Reference Guide

User's Guide to Women's Health Supplements

Community Health Aide/practitioner Manual

Handbook of Drug Administration via Enteral Feeding Tubes, 3rd edition

The New Domestic Medical Manual; Being a Practical and Familiar Guide to the Treatment of Diseases Generally

The Pocket Book is for use by doctors nurses and other health workers who are responsible for the care of young children at the first level referral hospitals. This second edition is based on evidence from several WHO updated and published clinical guidelines. It is for use in both inpatient and outpatient care in small hospitals with basic laboratory facilities and essential medicines. In some settings these guidelines can be used in any facilities where sick children are admitted for inpatient care. The Pocket Book is one of a series of documents and tools that support the Integrated Managem.

Your mind is not built to make you happy; it's built to help you survive. So far, it's done a great job! But in the process, it may have developed some bad habits, like avoiding new experiences or scrounging around for problems where none exist. Is it any wonder that worry, bad moods, and self-critical thoughts so often get in the way of enjoying life? The User's Guide to the Human Mind is a road map to the puzzling inner workings of the human mind, replete with exercises for overriding the mind's natural impulses toward worry, self-criticism, and fear, and helpful tips for acting in the service of your values and emotional well-being—even when your mind has other plans. Find out how your mind tries to limit your behavior and your potential Discover how pessimism functions as your mind's error management system Learn why you shouldn't believe everything you think Overrule your thoughts and feelings and take charge of your mind and your life

Women have their own distinctive biological and health issues, which include menstruation, pregnancy, menopause, and breast cancer. This book explains how vitamins, minerals, and herbs can help women feel better and stay healthier.

Bradshaw's Railway Manual, Shareholders' Guide, and Official-Directory ...

WHO Guidelines for Indoor Air Quality

The User's Guide to the Human Mind

Acute Medicine

Davis's Drug Guide for Rehabilitation Professionals

Spine and Temporomandibular Joints

This User's Guide describes the nature of thyroid disorders, natural thyroid-replacement hormones, and the important role of supplemental vitamins and minerals for thyroid function.

The Bad Bug Book 2nd Edition, released in 2012, provides current information about the major known agents that cause foodborne illness. Each chapter in this book is about

a pathogen—a bacterium, virus, or parasite—or a natural toxin that can contaminate food and cause illness. The book contains scientific and technical information about the major pathogens that cause these kinds of illnesses. A separate “consumer box” in each chapter provides non-technical information, in everyday language. The boxes describe plainly what can make you sick and, more important, how to prevent it. The information provided in this handbook is abbreviated and general in nature, and is intended for practical use. It is not intended to be a comprehensive scientific or clinical reference. The Bad Bug Book is published by the Center for Food Safety and Applied Nutrition (CFSAN) of the Food and Drug Administration (FDA), U.S. Department of Health and Human Services.

The Merck Manual Go-To Home Guide for Symptoms takes complex medical information and makes it easy to understand and accessible to an everyday audience. It covers a wide range of everyday symptoms, from abdominal pain to wheezing, and almost everything in between. Every section provides a comprehensive look at each symptom's Causes: both common and less-common, Evaluation: warning signs, when to see a doctor, what the doctor does, and testing, Treatment: a wide-array of options, and Key points: the most important information about the symptom. It also includes helpful tables and illustrations. Organized in a (2- color, 500 page) paperback format makes it easy for busy families to quickly find the information they need. Symptoms covered include: Back Pain, Cough, Fatigue, Fever, Headache, Heartburn, Itching, Joint Pain, Nausea, Swelling and many more....

Antibiotic Manual

Bad Bug Book

Guidelines for the Management of Common Childhood Illnesses

First Aid Handbook

Obstetric Medicine

A Problem-Based Approach

Orthopedic Manual Therapy Diagnosis is a comprehensive and easily-accessible compendium of theory and technique related to orthopaedic manual physical therapy (OMPT) diagnosis. An up-to-date analysis of spinal examination, this is an ideal textbook for courses in OMPT.

Orthopedic Manual Therapy Diagnosis covers spinal anatomy, biomechanics, arthrology, general functional aspects of the spine, definitions, theories, and examination. This text also serves as a reference for all manual medicine practitioners, including physical therapists, chiropractors, osteopaths, and medical physicians. This text

Meticulously organized by body system for optimal readability and ease of reference, the 3rd edition of this best-selling manual provides quick, comprehensive, and practical guidance on evaluating and managing a full range of common medical and surgical conditions encountered in small animal practice. Medical chapters discuss etiology, clinical signs, diagnoses and treatment, while surgical chapters discuss anatomy, preoperative considerations, procedures and postoperative care. It also contains an entire section devoted to avian and exotic pets and a comprehensive drug formulary. A consistent outline format provides easy access to information on etiology, clinical signs, diagnosis, and treatment for each disease or disorder, as well as anatomy, preoperative conditions, techniques, and postoperative care for surgical procedures. Key Points draw attention to helpful tips and key concepts. Includes a comprehensive section covering diagnosis, treatment, and surgery for avian and exotic pets. Features new chapters that cover key topics such as physical therapy and rehabilitation, pain management, vaccination guidelines, and syncope. Includes the latest information on drugs and clinical equipment throughout.

An understanding of acu-points is vital not only for acupuncturists but also for bodyworkers. This user-friendly manual contains current, comprehensive information for both groups, with special emphasis on how shiatsu and tuina therapists can best utilize “point knowledge” in their practice. Renowned experts Chris Jarmey and Ilaira Bouratinos use succinct text, a well-organized framework, and detailed color anatomical illustrations to clarify the complexities of acu-points. In keeping with normal practice, the authors give the precise anatomical location of a point and illustrate it with a dot, along with alternative locations where relevant. However, the book goes further by delineating the larger area where the point can be activated by pressure, gua sha, and other means. In addition, it explains the optimum physical position for treatment via acupuncture, acupressure, and other strategies, as treatment positions can vary according to the method of point stimulation. The book also documents the distribution of sensation resulting from point stimulation, and differentiates between pressure and needle application where appropriate. A Practical Guide to Acu-Points presents a wealth of carefully researched information equally valuable for professionals, students, and conscientious practitioners.

Saunders Manual of Small Animal Practice - E-Book

Natural Ways to Keep Your Body from Dragging You Down

Foodborne Pathogenic Microorganisms and Natural Toxins Handbook

Harrison's Principles of Internal Medicine

Fast and Effective Emergency Care

Guide for Aviation Medical Examiners

In this comprehensive guide, Hoffmann explains specific actions individual herbs have on the body and suggests herbal prescriptions for a variety of conditions. It includes a practical reference section listing the effects of various herbs, with prescriptions on how to use them for a wide range of illnesses.

Perfect for residents, generalists, anesthesiologists, emergency department physicians, medical students, nurses, and other healthcare professionals who need a practical, working knowledge of cardiology, *Netter's Cardiology, 3rd Edition*, provides a concise overview of cardiovascular disease highlighted by unique, memorable Netter illustrations. This superb visual resource showcases the well-known work of Frank H. Netter, MD, and his successor, Carlos Machado, MD, a cardiologist who has created clear, full-color illustrations in the Netter tradition. New features and all-new chapters keep you up to date with the latest information in the field. Includes 13 all-new chapters: Basic Anatomy and Embryology of the Heart, Stem Cell Therapies for Cardiovascular Disease, Diabetes and Cardiovascular Events, Clinical Presentation of Adults with Congenital Heart Disease, Transcatheter Aortic Valve Replacement, Deep Vein Thrombosis and Pulmonary Embolism, and more. Features new coverage of 3-D TEE imaging for structural heart procedures. Contains color-coded diagnostic and therapeutic algorithms and clinical pathways. Uses an easy-to-follow, templated format, covering etiology, pathogenesis, clinical presentation, diagnostic approach, and management/therapy for each topic. Offers dependable clinical advice from Drs. George A. Stouffer, Marschall S. Runge, Cam Patterson, and Joseph S. Rossi, as well as many world-renowned chapter contributors.