

Sloth Yoga 2018 Calendar

Relax, unwind and soak up the wisdom of the sloth with the slowest page turner you'll ever read. From tidying and Hygge, to living Lagom, the endless pressure to be happier, live better, sleep soundly, and eat mindfully can be exhausting. But this year's lifestyle trend finally delivers the perfect antidote - welcome to the year of the sloth. Sloths are mindfulness in action. Contemplative, deliberate, relaxed, and focused. They resist the rat race, the incessant pressures from society to be more productive, and they don't care how many steps they've logged on their fitness tracker. Long-limbed, a little bit shaggy, and a lot wide-eyed, they're wonderful creatures, not to

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mention completely adorable. Here you can enjoy take-it-slow wisdom inspired by sloths; including advice on sleep (more restorative than a 6am run), eating and 'exercise' (sloths are the original pioneers of slow food and yoga after all), work (did you know that lazy people have higher IQs?), family life, and love. Dispelling over-complicated myths about productivity, this brilliant book confirms that it really is OK to be a sloth.

For beginners and green-thumbed foodies, this unusually all-inclusive garden-to-kitchen cookbook is part lesson in gardening and part collection of healthy, delicious, kid-friendly recipes. With vibrant photo-illustrations and clearly organized sections, discover how to plant seeds in patio containers, window boxes, or on an allotment; harvest fruits and

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vegetables; determine which plant parts are edible; spot pests in the garden; and use home-grown crops to cook everything from bean and bacon spaghetti to polenta chips to tomato, feta, and basil pizza. "This effort offers budding young gardeners (and their adults) a comprehensive, hands-on guide to gardening and cooking" — Kirkus Reviews **STARRED REVIEW**

The acclaimed interior designer shares one hundred tips for bringing the principles of midcentury modern style to any home in this beautifully photographed volume. With its minimalist elegance and nostalgic warmth, Midcentury modern style continues to capture the American consciousness. We see it everywhere from television shows to fashion runways. Yet, not all of us can live in a pedigreed midcentury home. Now,

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Springs interior designer Christopher Kennedy demonstrates how the principles of midcentury design can be applied to the most unassuming spaces. Making Midcentury Modern offers one hundred foolproof tips for introducing modernist design into a contemporary home. In line with forward-thinking designers of the midcentury, the simple yet inspiring ideas in this book are presented alongside stunning color photography. Do you hear the beasts scratching at the door? They've been sleeping too long, and now they're getting feisty. Don't be afraid, they're pretty lovely inside. And never did I see a more pretty beast than you. Do you ever wonder how to be wild & free again? There is beauty in being a human, too. With a heart to feel, a mind to learn & hands to build extraordinary things.

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Go forth, fiercely, bravely. Through a mash-up of poetry, fables, comic fiction and whimsical watercolor illustrations, this beautiful book weaves a narrative of how we can all become wild and free again. Looking at life through the eyes of Sloth, Bear, Koala, and even Blob Fish, these animals tell the stories of the raw beauty of life on our planet, encouraging us to let go of fear, stick our fingers/paws up at societal pressure, and accept our beautifully flawed bodies and minds to empower us to love ourselves and one another with abandon. You Are Doing a Freaking Great Job.

Wild Animal Babies

El Chupacabras

The Last Cowboys: A Pioneer Family in the New West

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A Cooked-Up Fairy Tale

A Practical Guide to Mindful Leadership

Learning the alphabet with baby animals is wild fun! From sticky-tongued Anteater pups to striped Zebra foals, introduce your 3- to 5-year-old to the alphabet the fun way with some of the most adorable wild animal babies from around the world. Did you know baby Jackrabbits use their jumbo-sized ears to cool off in the hot desert? Or that Rhinoceros calves roll in the mud to protect their skin? Kids will have a blast discovering cool facts on the homes, habits, and family relationships of these lovable wild animals while getting up close and personal with cute and colorful illustrations. This animal-

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themed alphabet book includes: A is for animalA is for animal--Your little one will learn the alphabet with one animal for each letter from A-Z plus the name for each baby animal. Adorable artwork--Engaging illustrations invite your child on a memorable journey into the wild world of 26 baby animals. Wildlife facts--From the scrublands of Australia to the rain forests of South America to the savannas of Africa, tiny explorers get to see how each baby animal lives, loves, and grows. Bring the alphabet to life in the wild with the cute and colorful creatures in Wild Animal Babies.

This charming book hilariously illustrates that yoga isn't just for people anymore! A Sloth persuading total relaxation

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and mindfulness meditation demonstrate classic poses that would seem impossible to achieve, were it not for the photographic proof presented here. These sloth yogis are in no rush to complete their yoga sequence, it often takes an entire month just to complete a single pose. Sloth Yoga takes this popular meditative practice to a new level of Zen. Yes, yes, and yes! Paired with inspiring Zen, yoga and meditation quotes, Sloth Yoga is posed to inform and delight all human practitioners of the ancient discipline. What a unique way to bring humor and relaxation into someones life by giving them this unique book as a gift.

Everyone thinks Lulu is a bulldog. It's what she lookslike

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on the outside, so it must be what she is on the inside. But Lulu knows she's not really a dog. Lulu is an arhinoceros—that's what she sees when she looks in the mirror. When Lulu decides to tell the world who she really is, it begins a wild adventure.

About the Authors Jason Flom * CEO of Lava Records and Lava Music Publishing * Previously served as Chairman and CEO at Atlantic Records, Virgin Records, and Capitol Music Group o Personally responsible for launching acts such as Kid Rock, Katy Perry, and Lorde * Philanthropist o Founding board member of the Innocence Project o Board member of § Families Against Mandatory Minimums § The Legal Action Center § The Drug

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PolicyAlliance § The Anti-RecidivismCoalition § NYU
Prison EducationProgram § VetPaw * Hostof the podcast
WrongfulConviction * Has 46.2k followers onInstagram
(@itsjasonflom) AllisonFlom * Writer, performer, and
activistin NYC * Graduated from NYU Gallatin in2017 *
Has been featured in twoproductions at HERE Arts
Center * Her work engages issues ofsocial justice, equity
and humanrights KeyElements/Themes * Self-
Confidence * Acceptance * Individuality
Sloth expert Rebecca Cliffe has teamed up with world
renowned wildlife photographer Suzi Eszterhas to
produce this stunning coffee-table book which takes
readers on an immersive journey through the jungles of

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South America to discover the secret lives of sloths. The story is illustrated through spectacular imagery capturing some of the most intimate and rarely seen moments, while the narrative reveals some of the latest scientific discoveries and provides fascinating insights into the previously unknown habits of these unusual animals. A portion of all proceeds from the sale of this book go towards supporting the work of the Sloth Conservation Foundation.

Swing

Contemplation:

Just Like Me

Sloth Coloring Book for Adults

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A Children's Cookbook

Adorable Hedgehogs 2022

From the New York Times bestselling author of *Counting by 7s* comes a heartfelt story about "the importance of compassion and bravery when facing life's challenges" (Kirkus) for fans of *The One and Only Ivan* and *Front Desk*. It's been almost a year since Sila's mother traveled halfway around the world to Turkey, hoping to secure the immigration paperwork that would allow

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her to return to her family in the United States. The long separation is almost impossible for Sila to withstand. But things change when Sila accompanies her father (who is a mechanic) outside their Oregon town to fix a truck. There, behind an enormous stone wall, she meets a grandfatherly man who only months before won the state lottery. Their new alliance leads to the rescue of a circus elephant named Veda, and then to a friendship

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with an unusual boy named Mateo, proving that comfort and hope come in the most unlikely of places. A moving story of family separation and the importance of the connection between animals and humans, this novel has the enormous heart and uplifting humor that readers have come to expect from the beloved author of *Counting by 7s*. "I couldn't stop reading—I had to find out what would happen. An unusual and lovely real-life fairy tale." —Linda

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Sue Park, New York Times Bestselling author of *A Long Walk to Water* "A gorgeous and emotional novel. I loved every page." —Cynthia Kadohata, Newbery Medal-winning author of *Kira-Kira*

On Account of the Gum is a book about how the best intentions lead to some of the worst (and funniest) ideas! Serious humor abounds in this story about one kid's hilarious misadventures with gum, and the cumulative buildup of stuff stuck in hair. From the madcap mind of

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Adam Rex comes a book about the improbable, downright bizarre remedies for a problem kids have faced since the creation of gum. • Features hilarious text with unexpected turns and fun rhymes • Wacky suggestions make this prime for constant giggles and repeat reading • Author Adam Rex has a funny, smart, and relatable style How do you get gum out of your hair—a pair of scissors? Butter? The cat? Call your aunt, she'll know what to do. She

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doesn't? Try the fire department! With each page turn, this situation—relatable to any family—grows stickier and more desperate. • A wonderful blend of light wordplay, zany humor, and a timeless topic • Perfect for fans of *The Day the Crayons Quit* and *If You Ever Want to Bring an Alligator to School, Don't!* • Great for parents, grandparents, teachers, librarians, booksellers, and educators who are looking for a funny, relatable

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tale to read out loud • You'll love this book if you love books like *We Don't Eat Our Classmates* by Ryan T. Higgins, *The Legend of Rock Paper Scissors* by Drew Daywalt, and *The Bad Seed* by Jory John.

Cozy up with adorable baby sloths in this irresistible photographic picture book. Hang around just like a sloth and get to know the delightful residents of the Avarios Sloth Sanctuary in Costa Rica, the world's largest sloth

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orphanage. You'll fall in love with bad-boy Mateo, ooh and ahh over baby Biscuit, and want to wrap your arms around champion cuddle buddy Ubu! From British filmmaker and sloth expert Lucy Cooke comes a hilarious, heart-melting photographic picture book starring the laziest—and one of the cutest—animals on the planet.

The human race is in crisis and very few of us – if any – are able to understand what is wrong with our lives

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and the world at large. How did this happen and how did humans become so 'disconnected' with humanity? Why are psychological disorders such as depression, anxiety, fear, and suicide on the increase, and why are conventional Western therapies unable to stem the tide? To approach this we must first look inside ourselves – to explore our own purpose in life and extend that principle to the rest of humanity. Despite the advances of

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modern Western psychology and the development of therapies that do help many, one area that is largely unexplored is that of the 'human spirit' and spirituality since it is more convenient to consider the human mind as 'machine' that responds to external stimuli. In this powerful exploration into the human mind and its relationship with the human spirit, Malik Badri invites the reader to open the door to self-discovery, purpose and

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spirituality through the practice of contemplation, reflection and meditation – understanding the true meaning and experience of spirituality as well as one's own place in Creation. Whilst central to worship in Islam, this will also be of great interest to, and help any reader wishing to explore the notion of spirituality whether as part of worship or simply as part of self development and inner healing.

Making Midcentury Modern

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Book 11

(Animal Coloring Books for Adults)

The Elephant in the Room

Life in the Sloth Lane

Love, Madness, and How Mary Shelley

Created Frankenstein

Ready to have your heartstrings tugged? Look no further than Adorable Hedgehogs 2022, featuring 13 images of the sweetest little hedgehogs around! While these little guys might look prickly, hedgehogs are actually kindhearted sweeties who just want to be loved. Enjoy their photogenic adventures through their small world for the whole year! With a handy page that shows the months of September, October, November, and December 2021,

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followed by individual pages for the months of 2022, this 12" × 12" wall calendar features full-color photos of these "quill kids" as they party, pig out, poke around, and have the time of their hedgie little lives! The perfect gift for the animal lover in your life, Adorable Hedgehogs 2022 will have you smiling all year long. Annie Barrows' bestselling chapter book series, Ivy & Bean, is a classroom favorite and has been keeping kids laughing—and reading—for more than a decade! With more than 5 million copies in print, Ivy & Bean return with a brand-new book for a new generation! Ivy & Bean are back . . . and they are funnier than ever! Ivy's worried. She's read a lot of books about only children, so she knows that they are sometimes spoiled rotten. They don't share their toys. They never do any work. They scream and cry when they don't get their way. Spoiler alert! Ivy doesn't have any

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brothers or sisters. That's why she's worried. How can she keep from getting spoiled? She could give away all her clothes, but she'd probably get in trouble. She could give away all her toys, but she likes her toys. There's really only one solution: she needs a baby sister, on the double! Luckily, Ivy and Bean know just where to get one.

AMAZON BEST SELLER - BEST GIFT IDEAS *This incredible adult coloring book by best-selling artist is the perfect way to relieve stress and aid relaxation while enjoying beautiful and highly detailed images. Each coloring page will transport you into a world of your own while your responsibilities will seem to fade away... Use Any of Your Favorite Tools Including colored pencils, pens, and fine-tipped markers. One Image Per Page Each image is printed on black-backed pages to prevent bleed-through.*

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Display Your Artwork You can display your artwork with a standard 8.5" x 11" frame. Two Copies of Every Image Enjoy coloring your favorite images a second time, color with a friend, or have an extra copy in case you make a mistake. As a special bonus, you can download a PDF and print your favorite images to as many times as you want. Now on Sale Regular Price: \$9.99 - SAVE \$6.99, 60% OFF - Limited time only. Makes the Perfect Gift Surprise that special someone in your life and make them smile. Buy two copies and enjoy coloring together. Buy Now, Start Coloring, and Relax... Scroll to the top of the page and click the buy button.

A unique solution is found when a little girl dreams of getting a pet. Gwendolyn longs for a pet. What kind? Any kind! How many legs? Two, four, ten--she's not picky! But her parents have other

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ideas, and instead they give her . . . a box of dirt. "It smells of swamp," Gwendolyn says--but her parents say it smells of possibilities. And once Gwendolyn gets savvy about seeds and soil, sun and shade, she finds they are right. The dirt starts performing some amazing tricks, and soon she has a whole pet garden of her very own--it might not have "any legs at all, but it was alive, and Gwendolyn could talk to it, care for it, and watch it grow." Dynamic illustrations full of funny details show the love Gwendolyn puts into caring for her "pet," and her enthusiasm and pride are sure to inspire gardeners and aspiring gardeners alike.

Gwendolyn's Pet Garden

Be Prepared

An Islamic Psychospiritual Study (New Edition)

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The Little Book of Sloth Philosophy

Hound Won't Go

Yoga Dogs

In this YA novel in verse from bestselling authors Kwame Alexander and Mary Rand Hess (Solo), which Kirkus called “lively, moving, and heartfelt” in a starred review, Noah and Walt just want to leave their geek days behind and find “cool,” but in the process discover a lot about first loves, friendship, and embracing life ... as well as why Black Lives Matter is so important for all. Best friends Noah and Walt are far from popular, but Walt is convinced

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junior year is their year, and he has a plan that includes wooing the girls of their dreams and becoming amazing athletes. Never mind he and Noah failed to make their baseball team yet again, and Noah's crush since third grade, Sam, has him firmly in the friend zone. While Walt focuses on his program of jazz, podcasts, batting cages, and a "Hug Life" mentality, Noah feels stuck in status quo ... until he stumbles on a stash of old love letters. Each one contains words Noah's always wanted to say to Sam, and he begins secretly creating artwork using the lines that speak his heart. But when his art

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becomes public, Noah has a decision to make: continue his life in the dugout and possibly lose the girl forever, or take a swing and finally speak out. At the same time, American flags are being left around town. While some think it's a harmless prank and others see it as a form of protest, Noah can't shake the feeling something bigger is happening to his community. Especially after he witnesses events that hint divides and prejudices run deeper than he realized. As the personal and social tensions increase around them, Noah and Walt must decide what is really important when it comes to love,

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friendship, sacrifice, and fate. Swing: is written by New York Times bestselling author and Newbery Medal and Coretta Scott King Award-winner Kwame Alexander Features a diverse array of characters and perspectives tackles the biggest social issues of today, including racial prejudice and Black Lives Matter is perfect reading for the classroom or community-wide discussions is a 2020 YALSA Quick Pick for Reluctant Young Adult Readers contains original artwork tied to the story If you enjoy Swing, check out Solo by Kwame Alexander and Mary Rand Hess.

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Our dogs are our best friends. They are always happy to see us. They comfort us in our times of need. They also eat our shoes, stain our carpets, and embarrass us in front of our guests. Based on the runaway web phenomenon, Dog Shaming features hilarious and adorable photos of petulant pups accompanied by notes detailing their misdeeds: waking sleeping babies, eating vomit, chasing postmen, unplugging alarm clocks, peeing on stuff, etc. So share in the shaming and laugh through your frustration as Dog Shaming reminds us that unconditional love goes both ways.

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The perfect gift, and the easiest gift—because we all know someone who deserves a pat on the back, a big thumbs-up, or just a special thank-you! You Are Doing a Freaking Great Job is a vibrant, colorful, pocket-size book of encouragement. Created by more than 20 artists and designers—from the well-known Etsy favorites Emily McDowell and Mary Kate McDevitt, to emerging talents Lindsay Whitehead and J. Zachary Keenan—this powerful little book is filled with nearly 200 uplifting and inspiring quotes, lyrics, and words of advice rendered in the original hand-lettered style of art that is pinned and repinned

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on Pinterest and sold on Etsy. There are mantras: “You are in charge of your own happiness.” Galvanizing words of action: “Make it now.” Heartening quotes: “You are capable of more than you know.” Bursts of motivation: “Be a Warrior, Not a Worrier” and “Spread Your Arms and Trust Your Cape.” Interweaved throughout is complementary text—including surprising playlists, sweet and simple recipes, and suggestions for inspirational films to watch and commencement speeches to read. Learn how to sit, stay, and roll over with this fully illustrated, “delightful” guide to yoga starring man’s

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best friend (Shutterbug magazine). Inspired by a friend's mastiff who would imitate his master's morning yoga routine, photographer Dan Borris created Yoga Dogs, a full-color collection of forty-five different dogs and puppies doing human yoga poses. Don't worry: No animals were harmed during the making of these images; their extreme flexibility is the result of clever digital trickery. The curious, humorous, and distinctly original pictures are paired with useful information about the poses, as well as some funny canine meditations. "A fresh and highly entertaining visual treat," Yoga Dogs is perfect for

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*any yogi of the two or four-legged variety
(Shutterbug magazine).*

Finding the Space to Lead

Slow Down and Smell the Hibiscus

The Poetry Friday Anthology

How Animals Evolved from Prehistoric Seas

Mary's Monster

A Little Book of Sloth

*"A can't-put-it-down modern Western." —Kirk
Siegler, NPR Longlisted for the PEN/ESPN Award
for Literary Sports Writing The Last Cowboys is
Pulitzer Prize-winning reporter John Branch's epic*

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tale of one American family struggling to hold on to the fading vestiges of the Old West. For generations, the Wrights of southern Utah have raised cattle and world-champion saddle-bronc riders—many call them the most successful rodeo family in history. Now they find themselves fighting to save their land and livelihood as the West is transformed by urbanization, battered by drought, and rearranged by public-land disputes. Could rodeo, of all things, be the answer? Written with great lyricism and filled with vivid scenes of heartache and broken bones, The Last Cowboys is

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a powerful testament to the grit and integrity that fuel the American Dream.

Out for a walk on a cloudy day, Hound suddenly decides that he's gone far enough...right in the middle of a busy intersection! His owner tugs on his leash and offers treat after treat, but Hound won't go. Then those clouds open up into a thunderstorm—and Hound goes and goes. Short, bouncy text and a sweet ending make this the perfect story for all who love dogs, even at their most stubborn.

We humans have never been crazier about our

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cats. And yoga just keeps getting bigger every year. So what happens when you combine cats and yoga? The best of everything and then some! Just seeing a cat makes us feel good, but seeing a cute kitty doing Warrior III? How can you not smile? Yoga Cats remind us of the basic principles of yoga: follow your breath; be present; feel connection to our living world... and don't forget to get in touch with your inner kitty!

Life of Pi is a masterful and utterly original novel that is at once the story of a young castaway who faces immeasurable hardships on the high seas,

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and a meditation on religion, faith, art and life that is as witty as it is profound. Using the threads of all of our best stories, Yann Martel has woven a glorious spiritual adventure that makes us question what it means to be alive, and to believe.

Sloth Yoga

Life of Pi

Out of the Blue

Yoga Cats

Yoga Dogs Deck & Book Set

Poems for the School Year with Connections to the Common Core, K-5 Edition

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“Both timely and terrifying.” –Gregory Macguire, New York Times–bestselling author of *Wicked Pairing* free verse with over three hundred pages of black-and-white watercolor illustrations, *Mary’s Monster* is a unique and stunning biography of Mary Shelley, the pregnant teenage runaway who became one of the greatest authors of all time. Legend is correct that Mary Shelley began penning *Frankenstein* in answer to a dare to write a ghost story. What most people don't know, however, is that the seeds of her novel had been planted long before that night. By age nineteen, she had been disowned by her family, was living in scandal with a married man, and had lost her baby daughter just days after her birth. Mary poured her grief, pain, and passion into the powerful book still revered two hundred years later, and in Mary's

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Monster, author/illustrator Lita Judge has poured her own passion into a gorgeous book that pays tribute to the life of this incredible author. A 2019 NCSS-CBC Notable Social Studies Trade Book A 2019 Amelia Bloomer Project Book This title has Common Core connections.

WHY ARE SLOTHS ALWAYS SMILING? Perhaps it 's because they 've mastered the art of taking it slow in a world whose frenzied pace is driving the rest of us crazy. Here, in a mindfulness book like no other, heart-tuggingly cute photographs of these always-chill creatures are paired with words of wisdom, all to inspire us to slow down, stop to enjoy the little things, and come up relaxed, centered, and smiling. Sloth Yoga Willow Creek Press

Yoga Dogs Deck & Book Set features the delightful animal

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photography and clever digital craft of Dan Borris. The set includes 44 cards and a full color 96-page guidebook that explains the yoga poses and their benefits, with step-by-step instructions for practicing each yoga pose. Yoga Dogs includes some pups that are playful and others that are pensive, yet each one shares a message of yoga wisdom to guide you through these fun yoga challenges. This warm and fuzzy deck may inspire you to sit, stretch and roll over! Cat lovers check out Yoga Cats Deck & Book Set. Alison DeNicola is a yoga teacher, energy healer and author of Mudras For Awakening the Energy Body and Mudras for Awakening the Five Elements. Dan Borris, the creative mind behind Yoga Dogs and Yoga Cats, has worked as a photographer in the advertising and music industries,

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including Sony and Atlantic Records. His photographs have appeared in Vanity Fair, Rolling Stone, Smiths 16-Month Calendar - September 2021 Through December 2022

Be Wild Be Free

Lulu Is a Rhinoceros

And Other Reminders of Your Awesomeness

Sloths

The complexity and relentless pace of our world places exceptional demands on leaders today. They work incredibly hard and yet feel that they are not meeting their own expectations of excellence. They feel

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disconnected from their own values and overburdened. By the thousands, they seek out books on leadership skills, time management, and “getting things done,” but the techniques these volumes offer, useful as they are, don't often don't speak to the leader's fundamental sense that something is missing. Janice Marturano, a senior executive with decades of experience in Fortune 500 corporations, explains how Mindful Leadership training integrates the practice of mindfulness-meditation and self-awareness-with the practical tools of management, enabling leaders to bring a wider range of their capacities to the challenges at hand. We already know

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from scientific research that mindfulness practices enhance mental health and improve clarity and focus. FINDING THE SPACE shows how this training has specific value for leaders. This is not a new “leadership system” to add to the burden of already overworked people. It brings the concepts of mindfulness into the everyday life of anyone in a leadership role, through specific exercises that address practical issues-the calendar, schedule, phone usage, meetings, to-do list, and strategic planning, as well as interpersonal challenges such as listening and working with difficult colleagues. Leaders who have experienced mindfulness training

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report that it provides a “transformative experience” with significant improvements in innovation, self-awareness, listening, and making better decisions. In FINDING THE SPACE TO LEAD, Marturano masterfully lays out her proven techniques for promoting mindfulness in the busy executive's working life.

*“How does it feel to be a problem?” asked W. E. B. Du Bois of black Americans in his classic *The Souls of Black Folk*. A hundred years later, Vijay Prashad asks South Asians “How does it feel to be a solution?” In this kaleidoscopic critique, Prashad looks into the complexities faced by the members of a “model*

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minority”-one, he claims, that is consistently deployed as "a weapon in the war against black America." On a vast canvas, The Karma of Brown Folk attacks the two pillars of the “model minority” image, that South Asians are both inherently successful and pliant, and analyzes the ways in which U.S. immigration policy and American Orientalism have perpetuated these stereotypes. Prashad uses irony, humor, razor-sharp criticism, personal reflections, and historical research to challenge the arguments made by Dinesh D’Souza, who heralds South Asian success in the U.S., and to question the quiet accommodation to racism made by many South Asians. A

look at Deepak Chopra and others whom Prashad terms “Godmen” shows us how some South Asians exploit the stereotype of inherent spirituality, much to the chagrin of other South Asians. Following the long engagement of American culture with South Asia, Prashad traces India’s effect on thinkers like Cotton Mather and Henry David Thoreau, Ravi Shankar’s influence on John Coltrane, and such essential issues as race versus caste and the connection between antiracism activism and anticolonial resistance. The Karma of Brown Folk locates the birth of the “model minority” myth, placing it firmly in the context of reaction to the struggle for Black

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Liberation. Prashad reclaims the long history of black and South Asian solidarity, discussing joint struggles in the U.S., the Caribbean, South Africa, and elsewhere, and exposes how these powerful moments of alliance faded from historical memory and were replaced by Indian support for antiblack racism. Ultimately, Prashad writes not just about South Asians in America but about America itself, in the tradition of Tocqueville, Du Bois, Richard Wright, and others. He explores the place of collective struggle and multiracial alliances in the transformation of self and community—in short, how Americans define themselves. AWARDS Village Voice

Favorite Books of 2000

Two lovable, but unlikely, friends try to get the job done. Sloth and Squirrel have different ways of doing things — and different speeds of doing them. So, when fast-as-lightning Squirrel gets himself and slow-as-molasses Sloth hired as pickle packers to earn money for a new bike, things don't go according to plan. They're so bad, in fact, that the friends are shown the door, along with the 677 1/2 jars of pickles they packed incorrectly! Now their bicycle dream is shot. Or so they think — until the resourceful pair come up with an ingenious plan! Whoever said fast and slow don't go together didn't know

Sloth and Squirrel!

"Clear and inviting nonfiction prose, vetted by scientists--together with lively illustrations and a time line--narrate how life on Earth emerged "out of the blue." Learn how and why creatures began to emerge from the deep--from the Cambrian Explosion to crustaceans, mollusks to fishes, giant reptiles to the rise of mammals--and how they compare to the animals we know today, in a lively and accessible outing into the prehistoric past that boils a complex subject down to its lyrical essence."--Publisher's description.

The Heartfulness Way

*Heart-Based Meditations for Spiritual Transformation
On Account of the Gum*

Karma Of Brown Folk

Sloth and Squirrel in a Pickle

The Strange Case of Origami Yoda (Origami Yoda #1)

"Beautifully drawn, brutally funny, brilliantly honest. Vera is such a good cartoonist I almost can't stand it." —Raina Telgemeier, author of Smile In Be Prepared, all Vera wants to do is fit in—but that's not easy for a Russian girl in the suburbs. Her friends live in fancy houses and their parents can afford to send them to the best summer camps. Vera's single mother can't afford that sort of luxury, but there's

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one summer camp in her price range—Russian summer camp. Vera is sure she's found the one place she can fit in, but camp is far from what she imagined. And nothing could prepare her for all the "cool girl" drama, endless Russian history lessons, and outhouses straight out of nightmares!

An ode to the girl with scrapes on her knees and flowers in her hair, and every girl in between, this exquisite treasury will appeal to readers of Dear Girl and I Am Enough and have kids poring over it to find a poem that's just for them. I am a canvas Being painted on By the words of my family Friends And community From Vanessa Brantley-Newton, the author of Grandma's Purse, comes a collection of

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poetry filled with engaging mini-stories about girls of all kinds: girls who feel happy, sad, scared, powerful; girls who love their bodies and girls who don't; country girls, city girls; girls who love their mother and girls who wish they had a father. With bright portraits in Vanessa's signature style of vibrant colors and unique patterns and fabrics, this book invites readers to find themselves and each other within its pages. "A dynamic, uplifting, and welcoming world of girls."--Kirkus "Thoughtful, inclusive, and celebratory"--Publishers Weekly "Bursting with positivity, this would be a great book to use in primary school classrooms when discussing issues of friendship, diversity, and self-

esteem."--Booklist

In this funny, uncannily wise portrait of the dynamics of a sixth-grade class and of the greatness that sometimes comes in unlikely packages, Dwight, a loser, talks to his classmates via an origami finger puppet of Yoda. If that weren't strange enough, the puppet is uncannily wise and prescient. Origami Yoda predicts the date of a pop quiz, guesses who stole the classroom Shakespeare bust, and saves a classmate from popularity-crushing embarrassment with some well-timed advice. Dwight's classmate Tommy wonders how Yoda can be so smart when Dwight himself is so clueless. With contributions from his puzzled classmates, Tommy assembles this

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first case file in the blockbuster bestselling Origami Yoda series, written by Tom Angleberger, author of Star Wars: Return of the Jedi: Beware the Power of the Dark Side, and hailed by School Library Journal as “honest, funny, and immensely entertaining.” F&P Level: T F&P Genre: RF

“Periodically a writer captures the pattern of comedy and tragedy that peppers office life like alternating colors of carpet squares. . . . As smart as Medoff’s critique of corporate inanity is, it’s tempered by compassion for these people, who are ultimately tender with each other, too. . . . Medoff finds plenty of hurt—but strains of hope, too.” —Ron Charles, The Washington Post The acclaimed and deeply felt novel

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that illuminates the pivotal role of work in our lives. Rosa Guerrero beat the odds as she rose to the top of the corporate world. An attractive woman of a certain age, the longtime chief of human resources at Ellery Consumer Research is still a formidable presence, even if her most vital days are behind her. A leader who wields power with grace and discretion, she has earned the devotion and loyalty of her staff. No one admires Rosa more than her doting lieutenant Leo Smalls, a benefits vice president whose whole world is Ellery. While Rosa is consumed with trying to address the needs of her staff within the ever-constricting limits of the company's bottom line, her associate director, Rob Hirsch, a middle-

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aged, happily married father of two, finds himself drawing closer to his "work wife," Lucy Bender, an enterprising single woman searching for something—a romance, a promotion—to fill the vacuum in her personal life. For Kenny Verville, a senior manager with an MBA, Ellery is a temporary stepping-stone to bigger and better places—that is, if his high-powered wife has her way. Compelling, flawed, and heartbreakingly human, these men and women scheme, fall in and out of love, and nurture dreams big and small. As their individual circumstances shift, one thing remains constant—Rosa, the sun around whom they all orbit. When her world begins to crumble, the implications

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for everyone are profound, and Leo, Rob, Lucy, and Kenny find themselves changed in ways beyond their reckoning. Jillian Medoff explores the inner workings of an American company in all its brilliant, insane, comforting, and terrifying glory. Authentic, razor-sharp, and achingly funny, This Could Hurt is a novel about work, loneliness, love, and loyalty; about sudden reversals and unexpected windfalls; a novel about life.

This Could Hurt

An Alphabet Book

Plant, Cook, Eat!

Life in the Slow Lane

Dog Shaming

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Ivy and Bean One Big Happy Family

From the bestselling author of *Dragons Love Tacos* comes a whimsical re-telling of the chupacabra folktale, written in a blend of English and Spanish. A long time ago, a girl named Carla lived on a goat farm with her father, Hector. One night, a goat disappeared from the farm and turned up flat as a pancake. Only one creature could do that--El Chupacabras, the goatsucker! Legend has it that El Chupacabras is a fearsome beast, but you can't believe everything you hear...and sometimes the truth is even more interesting. Told in equal parts English and Spanish by bestselling author Adam Rubin, and cinematically illustrated by acclaimed Hollywood creature creator Crash McCreery, this lighthearted take

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on a modern legend is not told in the traditional bilingual style. Each sentence is half-Spanish/half-English followed by a repetition of the same line translated the other way around. This mirroring technique allows the languages to intermingle equally. A fun and unique way to introduce either Spanish or English to new readers. A note from author Adam Rubin: "I decided to tell this story in an unusual way to explore the beauty of harmony. It's easy to dismiss the unfamiliar, but compassion takes a little more effort. With so many people trumpeting divisiveness right now, it's more important than ever to teach kids that there is more than one way to understand the world." Labs are known for their furry snuggles, playful

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romping and soulful eyes; just think if they're tongues were wagging instead of their tails! This playful little book is full of side-splitting inner monologues about a lab's favorite things, the people they meet and places they go. The bold colors and lighthearted quips are paired with an array of adorable yellow, black and chocolate dogs and puppies, making this the perfect gift book for anyone who's ever loved a lab. 5.5" X 5.5" * 96 PAGES, COLOR PHOTOS * HARDCOVER * \$14.95 (CAN \$19.95)

“ A must-read for anyone interested in incorporating meditation into their lifestyle. ” – Sanjay Gupta, MD, chief medical correspondent for CNN Heartfulness is an ideal, a spiritual way of living by and from the heart

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that is inclusive of all ideologies, beliefs, and religions. In this heart-centered book, a student in conversation with his teacher, Kamlesh D. Patel—affectionately known as Daaji, the fourth and current spiritual guide of the century-old Heartfulness tradition—present a unique method of meditation with the power to facilitate an immediate, tangible spiritual experience, irrespective of a person's faith. Our modern, fast-paced world can be an overwhelming place. Every day, we're bombarded with messages telling us that in order to be happy, fulfilled, and worthy, we must be better, do more, and accumulate as much material wealth as possible. Most of us move through our busy lives with our minds full of these ideas, multitasking as we strive to navigate the

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responsibilities and expectations we must meet just to make it through the day. But what if there is another way? What if, rather than letting the busyness of life overtake our minds, we learn to be heartfelt instead? Based on Daaji ' s own combination of approaches and practices for the modern seeker—which draws from the teachings of Sahaj Marg, meaning “ Natural Path ” —Heartfulness is a contemporized version of the ancient Indian practice of Raja Yoga, a tradition that enables the practitioner to realize the higher Self within. While many books describe refined states of being, The Heartfulness Way goes further, providing a pragmatic course to experience those states for oneself, which, per the book ' s guiding principle, is

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“ greater than knowledge. ” Heartfulness meditation consists of four elements—relaxation, meditation, cleaning, and prayer—and illuminates the ancient, defining feature of yogic transmission (or pranahuti), the utilization of divine energy for spiritual growth and transformation. Using the method, detailed practices, tips, and practical philosophy offered in this book, you ’ ll reach new levels of attainment and learn to live a life more deeply connected to the values of the Heartfulness way—with acceptance, humility, compassion, empathy, and love.

From the creators of *There Was an Old Dragon Who Swallowed a Knight* comes a fun fractured fairy tale about an aspiring chef who mistakenly turns story

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ingredients into delectable dishes. . . . Uh-oh! In the magical land of fairy tales, William doesn ' t quite fit in. He ' d rather poach pears than pursue princesses, and he values gnocchi over knighthood. . . . When he stumbles on a delivery of food destined for Fairy-Tale Headquarters (a pumpkin, apples, and a few measly beans), he decides to spice things up and whips the paltry ingredients into delectable dishes. But as you might have guessed, Snow White ' s wicked stepmother doesn ' t exactly want her magic apple baked and drizzled with caramel. The team that brought you There Was an Old Dragon Who Swallowed a Knight delivers a hilariously fractured, whipped, and soufflé ed fairy tale that is chock-full of delicious details and jokes to

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satisfy every appetite.
What Your Lab Is Thinking