

## Skills Practice On Carnegie Learning Answers

The Challenge of Educating Lawyers "This volume, under the presidency of Lee Shulman, is intended primarily to foster appreciation for what legal education does at its best. We want to encourage and imaginative dialogue about teaching and learning for the law at all organizational levels: in individual law schools, in the academic associations, in the profession itself. We also believe our find the academy beyond the professional schools, as well as among that public concerned with higher education and the promotion of professional excellence." --From the Introduction "Educating Law on the analysis and reform of legal education that I have ever read. There is a call for deep changes in the way law is taught, and I believe that it will be a landmark in the history of legal education professor of law, Southwestern Law School and former director of the American Bar Foundation "Educating Lawyers succeeds admirably in describing the educational programs at virtually every A for the integration of the three apprenticeships seems to me exactly what is needed to make legal education more 'professional,' to prepare law students better for the practice of law, and to a lawyers." --Stephen Wizner, dean of faculty, William O. Douglas Clinical Professor of Law, Yale Law School

Aimed at undergraduate mathematics and computer science students, this book is an excellent introduction to a lot of problems of discrete mathematics. It discusses a number of selected results in combinatorics and graph theory, and it uses proofs and problem solving to help students understand the solutions to problems. Numerous examples, figures, and exercises are spread throughout. This coherent presentation of clinical judgement, caring practices and collaborative practice provides ideas and images that readers can draw upon in their interactions with others and in their in includes many clear, colorful examples and describes the five stages of skill acquisition, the nature of clinical judgement and experiential learning and the seven major domains of nursing practice. content and contextual issues that are often missed by formal models of nursing knowledge. The book uncovers the knowledge embedded in clinical nursing practice and provides the Dreyfus model of nursing, an interpretive approach to identifying and describing clinical knowledge, nursing functions, effective management, research and clinical practice, career development and education, plus p nurses and healthcare professionals.

"Integrate Math III is the final course in the three-course Integrated Math series. With this course, students further explore quadratic functions and extend learning to polynomial functions. Students explore arithmetic and geometric sequences to series, and their knowledge of trigonometric ratios to trigonometric functions. Additionally, students explore distributions of data, confidence intervals, and hypothesis testing." --Publisher

Designing Courses for a Complex World

Assessing 21st Century Skills

Discussion as a Way of Teaching

Integrated Math III

Course 2

21st International Conference, AIED 2020, Ifrane, Morocco, July 6–10, 2020, Proceedings, Part II

The Quick and Easy Way to Effective Speaking

Includes: Print Student Edition

Textbook designed to support the implementation of the Common Core State Standards for Mathematics (CCSS) and the Standards for Mathematical Practice (SMP).

Featuring a wealth of reflection activities and connections to standards, this concise, easy-to-read teaching methods text equips students with the content knowledge and skills they need to become effective K–8 teachers. The book maximizes instructional flexibility, reflects current educational issues, highlights recent research, and models best pedagogical practices. Current and realistic examples, a section in each chapter on using technology in the classroom, and material on differentiating instruction for diverse learners—including students with special needs and English language learners—make this a must-have resource for any K–8 teacher.

Praise for Educating Nurses "This book represents a call to arms, a call for nursing educators and programs to step up in our preparation of nurses.

This book will incite controversy, wonderful debate, and dialogue among nurses and others. It is a must-read for every nurse educator and for every nurse that yearns for nursing to acknowledge and reach for the real difference that nursing can make in safety and quality in health care." —Beverly

Malone, chief executive officer, National League for Nursing "This book describes specific steps that will enable a new system to improve both nursing

formation and patient care. It provides a timely and essential element to health care reform." —David C. Leach, former executive director, Accreditation

Council for Graduate Medical Education "The ideas about caregiving developed here make a profoundly philosophical and intellectually innovative

contribution to medicine as well as all healing professions, and to anyone concerned with ethics. This groundbreaking work is both paradigm-shifting and

delightful to read." —Jodi Halpern, author, From Detached Concern to Empathy: Humanizing Medical Practice "This book is a landmark work in professional

education! It is a must-read for all practicing and aspiring nurse educators, administrators, policy makers, and, yes, nursing students." —Christine A.

Tanner, senior editor, Journal of Nursing Education "This work has profound implications for nurse executives and frontline managers." —Eloise Balasco

Cathcart, coordinator, Graduate Program in Nursing Administration, New York University

Middle School Math Solution

Excellence and Power in Clinical Nursing Practice

A Handbook for College Teachers

Middle School Math

Glencoe Math, Course 3, Student Edition, Volume 2

Artificial Intelligence in Education

The Future of Nursing

**Public Speaking is an important skill which anyone can acquire and develop. The book consists of basic principles of effective speaking, technique of effective speaking, and the three aspects of every speech and effective methods of delivering a talk. All this relates to business, social and personal satisfaction which depend heavily upon our ability to communicate clearly to others. A must read book for effective speaking.**

**In Creating Wicked Students, Paul Hanstedt argues that courses can and should be designed to present students with what are known as “wicked problems” because the skills of dealing with such knotty problems are what will best prepare them for life after college. As the author puts it, “this book begins with the assumption that what we all want for our students is that they be capable of changing the world....When a student leaves college, we want them to enter the world not as drones participating mindlessly in activities to which they’ve been appointed, but as thinking, deliberative beings who add something to society.” There’s a lot of talk in education these days about “wicked problems”—problems that defy traditional expectations or knowledge, problems that evolve over time: Zika, ISIS, political discourse in the era of social media. To prepare students for such wicked problems, they need to have wicked competencies, the ability to respond easily and on the fly to complex challenges. Unfortunately, a traditional education that focuses on content and skills often fails to achieve this sense of wickedness. Students memorize for the test, prepare for the paper, practice the various algorithms over and over again—but when the parameters or dynamics of the test or the paper or the equation change, students are often at a loss for how to adjust. This is a course design book centered on the idea that the goal in the college classroom—in all classrooms, all the time—is to develop students who are not just loaded with content, but capable of using that content in thoughtful, deliberate ways to make the world a better place. Achieving this goal requires a top-to-bottom reconsideration of courses, including student learning goals, text selection and course structure, day-to-day pedagogies, and assignment and project design. Creating Wicked Students takes readers through each step of the process, providing multiple examples at each stage, while always encouraging instructors to consider concepts and exercises in light of their own courses and students.**

**Over a million students have transformed adequate work into academic achievement with this best-selling text. HOW TO STUDY IN COLLEGE sets students on the path to success by helping them build a strong foundation of study skills, and learn how to gain, retain, and explain information. Based on widely tested educational and learning theories, HOW TO STUDY IN COLLEGE teaches study techniques such as visual thinking, active listening, concentration, note taking, and test taking, while also incorporating material on vocabulary building. Questions in the Margin, based on the Cornell Note Taking System, places key questions about content in the margins of the text to provide students with a means for reviewing and reciting the main ideas. Students then use this technique--the Q-System--to formulate their own questions. The Eleventh Edition maintains the straightforward and traditional academic format that has made HOW TO STUDY IN COLLEGE the leading study skills text in the market. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.**

**The Future of Nursing explores how nurses' roles, responsibilities, and education should change significantly to meet the increased demand for care that will be created by health care reform and to advance improvements in America's increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the greatest amount of time in delivering patient care as a profession. Nurses therefore have valuable insights and unique abilities to contribute as partners with other health care professionals in improving the quality and safety of care as envisioned in the Affordable Care Act (ACA) enacted this year. Nurses should be fully engaged with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession should institute residency training for nurses, increase the percentage of nurses who attain a bachelor's degree to 80 percent by 2020, and double the number who pursue doctorates. Furthermore, regulatory and institutional obstacles -- including limits on nurses' scope of practice -- should be removed so that the health system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for an action-oriented blueprint for the future of nursing.**

**Preparation for the Profession of Law**

**Effective Strategies for Teaching in K-8 Classrooms**

**The Art of Public Speaking**

**Tips, Tools, and Solutions for Stress-free Homework**

**Andrew Carnegie Speaks to the 1%**

**How to Assert Yourself, Listen to Others, and Resolve Conflicts**

### **Elementary and Beyond**

Too often, students who fail a grade or a course receive remediation that ends up widening rather than closing achievement gaps. According to veteran classroom teacher and educational consultant Suzy Pepper Rollins, the true answer to supporting struggling students lies in acceleration. In *Learning in the Fast Lane*, she lays out a plan of action that teachers can use to immediately move underperforming students in the right direction and differentiate instruction for all learners—even those who excel academically. This essential guide identifies eight high-impact, research-based instructional approaches that will help you

- \* Make standards and learning goals explicit to students.
- \* Increase students' vocabulary—a key to their academic success.
- \* Build students' motivation and self-efficacy so that they become active, optimistic participants in class.
- \* Provide rich, timely feedback that enables students to improve when it counts.
- \* Address skill and knowledge gaps within the context of new learning.

Students deserve no less than the most effective strategies available. These hands-on, ready-to-implement practices will enable you to provide all students with compelling, rigorous, and engaging learning experiences.

Concern about children's reading is an international issue highlighted by continuing OECD research. Government actions such as the priority given to reading in the review of the National Curriculum reflect current UK concern. Reading is an essential life skill not only for an individual's development and life chances but for social cohesion and a developed democracy. In an era of public spending cuts it is important to reflect upon the impact that libraries can have in growing readers for the future. This much-needed book provides valuable evidence of successes so far both nationally and internationally, and offers ideas for future development as well as inspiration for current practice. An edited collection contributed by expert practitioners, it covers all aspects of promoting reading to and with children and young people from birth right through to teenage years, including the following key topics: the importance of Bookstart how children begin to read creating young readers literacy, libraries and literature in New Zealand the Summer Challenge in libraries Stockport does Book Idol restoring reading to the classroom promoting excellence - shadowing the CILIP Carnegie and Kate Greenaway medals local book awards the sport of reading libraries and partnerships the hard to reach reader in the 21st century creative reading. Readership: Offering future scoping for managers and aiming to inspire partnership and cooperation, this will be invaluable reading for practitioners and students of librarianship in both the public and school sectors. It will also be of great interest to all teachers, consultants and educators concerned with literacy and reading, and to policy makers in both the school and library sectors.

*Twelve Steps to recovery.*

*The Art of Public Speaking* is a fantastic introduction to public speaking by the master of the art—Dale Carnegie. Featured within this classic manual are hundreds of tips and tricks on how to become an efficient and effective public speaker. One of the core ideas in his books is that it is possible to change other people's behavior by changing one's reaction to them. This is a fascinating work and is thoroughly recommended for everyone.

*Georgia Mathematics: Assignments and skills practice*

*Seven Research-Based Principles for Smart Teaching*

*Leadership Mastery*

*Level 2*

*Tools and Techniques for University Teachers*

*Educating Nurses*

*How To Win Friends And Influence People*

"How to Win Friends and Influence People" is one of the first best-selling self-help books ever published. It can enable you to make friends quickly and easily, help you to win people to your way of thinking, increase your influence, your prestige, your ability to get things done, as well as enable you to win new clients, new customers.

- \_x000D\_ Twelve Things This Book Will Do For You: \_x000D\_ Get you out of a mental rut, give you new thoughts, new visions, new ambitions. \_x000D\_ Enable you to make friends quickly and easily. \_x000D\_ Increase your popularity. \_x000D\_ Help you to win people to your way of thinking. \_x000D\_ Increase your influence, your prestige, your ability to get things done. \_x000D\_ Enable you to win new clients, new customers. \_x000D\_ Increase your earning power. \_x000D\_ Make you a better salesman, a better executive. \_x000D\_ Help you to handle complaints, avoid arguments, keep your human contacts smooth and pleasant. \_x000D\_ Make you a better speaker, a more entertaining conversationalist. \_x000D\_ Make the principles of psychology easy for you to apply in your daily contacts. \_x000D\_ Help you to arouse enthusiasm among your associates. \_x000D\_ Dale Carnegie (1888-1955) was an American writer and lecturer and the developer of famous courses in self-improvement, salesmanship, corporate training, public speaking, and interpersonal skills. Born into poverty on a farm in Missouri, he was the author of *How to Win Friends and Influence People* (1936), a massive bestseller that remains popular today. \_x000D\_

*Carnegie Learning: Student skills practice*

The Glencoe Math Student Edition is an interactive text that engages students and assist with learning and organization. It personalizes the learning experience for every student. The write-in text, 3-hole punched, perfed pages allow students to organize while they are learning.

This revised and greatly expanded edition of the 1988 handbook offers teachers at all levels how-to advise on classroom assessment, including: What classroom assessment entails and how it works. How to plan, implement, and analyze assessment projects. Twelve case studies that detail the real-life classroom experiences of

teachers carrying out successful classroom assessment projects. Fifty classroom assessment techniques Step-by-step procedures for administering the techniques  
Practical advice on how to analyze your data Order your copy today.

From Novice to Expert

Twelve Steps and Twelve Traditions Trade Edition

Creating Wicked Students

8 Ways to Put ALL Students on the Road to Academic SuccessASCD

Course 1

Integrated Math II Student Skills Practice

The Dale Carnegie Course

**This book is written for all university and college teachers interested in experimenting with discussion methods in their classrooms. Discussion as a Way of Teaching is a book full of ideas, techniques, and usable suggestions on: \* How to prepare students and teachers to participate in discussion \* How to get discussions started \* How to keep discussions going \* How to ensure that teachers' and students' voices are kept in some sort of balance It considers the influence of factors of race, class and gender on discussion groups and argues that teachers need to intervene to prevent patterns of inequity present in the wider society automatically reproducing themselves inside the discussion-based classroom. It also grounds the evaluation of discussions in the multiple subjectivities of students' perceptions. An invaluable and helpful resource for university and college teachers who use, or are thinking of using, discussion approaches.**

**Before the 99% occupied Wall Street... Before the concept of social justice had impinged on the social conscience... Before the social safety net had even been conceived... By the turn of the 20th Century, the era of the robber barons, Andrew Carnegie (1835-1919) had already accumulated a staggeringly large fortune; he was one of the wealthiest people on the globe. He guaranteed his position as one of the wealthiest men ever when he sold his steel business to create the United States Steel Corporation. Following that sale, he spent his last 18 years, he gave away nearly 90% of his fortune to charities, foundations, and universities. His charitable efforts actually started far earlier. At the age of 33, he wrote a memo to himself, noting ..".The amassing of wealth is one of the worse species of idolatry. No idol more debasing than the worship of money." In 1881, he gave a library to his hometown of Dunfermline, Scotland. In 1889, he spelled out his belief that the rich should use their wealth to help enrich society, in an article called "The Gospel of Wealth" this book. Carnegie writes that the best way of dealing with wealth inequality is for the wealthy to redistribute their surplus means in a responsible and thoughtful manner, arguing that surplus wealth produces the greatest net benefit to society when it is administered carefully by the wealthy. He also argues against extravagance, irresponsible spending, or self-indulgence, instead promoting the administration of capital during one's lifetime toward the cause of reducing the stratification between the rich and poor. Though written more than a century ago, Carnegie's words still ring true today, urging a better, more equitable world through greater social consciousness.**

**From the author of How to Win Friends and Influence People. The famous red course on how to improve yourself and become successful in life and business. An Practical Course in Developing Courage and Confidence, Effective Speaking, Leadership Training, Improving Your Memory, and Human Relations.**

**This two-volume set LNAI 12163 and 12164 constitutes the refereed proceedings of the 21th International Conference on Artificial Intelligence in Education, AIED 2020, held in Ifrane, Morocco, in July 2020.\* The 49 full papers presented together with 66 short, 4 industry & innovation, 4 doctoral consortium, and 4 workshop papers were carefully reviewed and selected from 214 submissions. The conference provides opportunities for the cross-fertilization of approaches, techniques and ideas from the many fields that comprise AIED, including computer science, cognitive and learning sciences, education, game design, psychology, sociology, linguistics as well as many domain-specific areas. \*The conference was held virtually due to the COVID-19 pandemic.**

**Read to Succeed**

**Leading Change, Advancing Health**

**How Learning Works**

**How to Study in College**

**Educating Lawyers**

**Carnegie Learning: Student skills practice, vol.1**

**The 5 Essential People Skills**

The routine jobs of yesterday are being replaced by technology and/or shipped off-shore. In their place, job categories that require knowledge management, abstract reasoning, and personal services seem to be growing. The modern workplace requires workers to have broad cognitive and affective

skills. Often referred to as "21st century skills," these skills include being able to solve complex problems, to think critically about tasks, to effectively communicate with people from a variety of different cultures and using a variety of different techniques, to work in collaboration with others, to adapt to rapidly changing environments and conditions for performing tasks, to effectively manage one's work, and to acquire new skills and information on one's own. The National Research Council (NRC) has convened two prior workshops on the topic of 21st century skills. The first, held in 2007, was designed to examine research on the skills required for the 21st century workplace and the extent to which they are meaningfully different from earlier eras and require corresponding changes in educational experiences. The second workshop, held in 2009, was designed to explore demand for these types of skills, consider intersections between science education reform goals and 21st century skills, examine models of high-quality science instruction that may develop the skills, and consider science teacher readiness for 21st century skills. The third workshop was intended to delve more deeply into the topic of assessment. The goal for this workshop was to capitalize on the prior efforts and explore strategies for assessing the five skills identified earlier. The Committee on the Assessment of 21st Century Skills was asked to organize a workshop that reviewed the assessments and related research for each of the five skills identified at the previous workshops, with special attention to recent developments in technology-enabled assessment of critical thinking and problem-solving skills. In designing the workshop, the committee collapsed the five skills into three broad clusters as shown below: Cognitive skills: nonroutine problem solving, critical thinking, systems thinking Interpersonal skills: complex communication, social skills, team-work, cultural sensitivity, dealing with diversity Intrapersonal skills: self-management, time management, self-development, self-regulation, adaptability, executive functioning Assessing 21st Century Skills provides an integrated summary of the presentations and discussions from both parts of the third workshop.

Provides homework tips, tools, and solutions for parents and their children customized by the child's homework profile: the disorganized, the rusher, the procrastinator, the avoider, the inattentive, and the easily frustrated.

Miriam, a freshman Calculus student at Louisiana State University, made 37.5% on her first exam but 83% and 93% on the next two. Matt, a first year General Chemistry student at the University of Utah, scored 65% and 55% on his first two exams and 95% on his third—These are representative of thousands of students who decisively improved their grades by acting on the advice described in this book. What is preventing your students from performing according to expectations? Sandra McGuire offers a simple but profound answer: If you teach students how to learn and give them simple, straightforward strategies to use, they can significantly increase their learning and performance. For over a decade Sandra McGuire has been acclaimed for her presentations and workshops on metacognition and student learning because the tools and strategies she shares have enabled faculty to facilitate dramatic improvements in student learning and success. This book encapsulates the model and ideas she has developed in the past fifteen years, ideas that are being adopted by an increasing number of faculty with considerable effect. The methods she proposes do not require restructuring courses or an inordinate amount of time to teach. They can often be accomplished in a single session, transforming students from memorizers and regurgitators to students who begin to think critically and take responsibility for their own learning. Sandra McGuire takes the reader sequentially through the ideas and strategies that students need to understand and implement. First, she demonstrates how introducing students to metacognition and Bloom's Taxonomy reveals to them the importance of understanding how they learn and provides the lens through which they can view learning activities and measure their intellectual growth. Next, she presents a specific study system that can quickly empower students to maximize their learning. Then, she addresses the importance of dealing with emotion, attitudes, and motivation by suggesting ways to change students' mindsets about ability and by providing a range of strategies to boost motivation and learning; finally, she offers guidance to faculty on partnering with campus learning centers. She pays particular attention to academically unprepared students, noting that the strategies she offers for this particular population are equally beneficial for all students. While stressing that there are many ways to teach effectively, and that readers can be flexible in picking and choosing among the strategies she presents, Sandra McGuire offers the reader a step-by-step process for delivering the key messages of the book to students in as little as 50 minutes. Free online supplements provide three slide sets and a sample video lecture. This book is written primarily for faculty but will be equally useful for TAs, tutors, and learning center professionals. For readers with no background in education or cognitive psychology, the book avoids jargon and esoteric theory.

First, Learn to Practice is a book about how to practice a musical instrument - any musical instrument. It's suitable for all musicians - professional, amateur, student or beginner. Whether you play in a concert hall or your own basement, First, Learn to Practice can show you how to get the most pleasure, and the most progress, out of your practice time.

Discrete Mathematics

T'es Branché?

How to Challenge Yourself and Others to Greatness

Teach Students How to Learn

Summary of a Workshop

Strategies to Engage Children and Young People in Reading for Pleasure

A Common Core Math Program

*In a world quickly becoming more virtual, human relations skills are being lost -- along with the skill of leadership. There is a vacuum of leadership in many of our major institutions: government, education, business, religion,*

*the arts. This crisis has arisen in part because many of those institutions have been reinvented with the technological revolution we are experiencing. Scientific progress in general, and technological progress in particular, has been seen as a solution to many of our problems, and technology can distribute the answers to those problems far more quickly and efficiently across the globe. But in the midst of this technological boom, people are becoming isolated from each other. What's needed is a new type of leader -- one who can inspire and motivate others in the new virtual world while never losing sight of the timeless leadership principles. In this book, readers can learn all the secrets of leadership mastery: \* Gain the respect and admiration of others using little-known secrets of the most successful leaders. \* Get family, friends, and co-workers to do what you ask because they want to do it, not because they have to. \* Respond effectively when under crisis using proven techniques for thinking clearly and reducing anxiety under pressure. A valuable tool that stands next to the classic How to Win Friends and Influence People, Leadership Mastery offers a proven formula for success.*

*"The Carnegie Learning Math Series: Courses 1-3 were written for the Common Core State Standards and the Standards for Mathematical Practice. These courses provide research-based and engaging instruction to help all middle school students master math concepts and skills"--Publisher's website.*

*Praise for How Learning Works "How Learning Works is the perfect title for this excellent book. Drawing upon new research in psychology, education, and cognitive science, the authors have demystified a complex topic into clear explanations of seven powerful learning principles. Full of great ideas and practical suggestions, all based on solid research evidence, this book is essential reading for instructors at all levels who wish to improve their students' learning." —Barbara Gross Davis, assistant vice chancellor for educational development, University of California, Berkeley, and author, Tools for Teaching "This book is a must-read for every instructor, new or experienced. Although I have been teaching for almost thirty years, as I read this book I found myself resonating with many of its ideas, and I discovered new ways of thinking about teaching." —Eugenia T. Paulus, professor of chemistry, North Hennepin Community College, and 2008 U.S. Community Colleges Professor of the Year from The Carnegie Foundation for the Advancement of Teaching and the Council for Advancement and Support of Education "Thank you Carnegie Mellon for making accessible what has previously been inaccessible to those of us who are not learning scientists. Your focus on the essence of learning combined with concrete examples of the daily challenges of teaching and clear tactical strategies for faculty to consider is a welcome work. I will recommend this book to all my colleagues." —Catherine M. Casserly, senior partner, The Carnegie Foundation for the Advancement of Teaching "As you read about each of the seven basic learning principles in this book, you will find advice that is grounded in learning theory, based on research evidence, relevant to college teaching, and easy to understand. The authors have extensive knowledge and experience in applying the science of learning to college teaching, and they graciously share it with you in this organized and readable book." —From the Foreword by Richard E. Mayer, professor of psychology, University of California, Santa Barbara; coauthor, e-Learning and the Science of Instruction; and author, Multimedia Learning*

*Have you ever walked away from a conversation full of doubts and insecurities? Do you feel as if you've lost a little ground after every staff meeting? Most people are either too passive or too aggressive in their business lives, and they end up never getting the support, recognition, or respect that they desire. The business leaders and trainers from Dale Carnegie Training® have discovered that applying appropriate assertiveness to all interactions is the most effective approach to creating a successful career. The 5 Essential People Skills shows how to be a positively assertive, prosperous and inspired professional. Readers learn to: •Relate to the seven major personality types •Live up to their fullest potential while achieving personal success •Create a cutting-edge business environment that delivers innovation and results •Use Carnegie's powerhouse Five-Part template for articulate communications that grow business •Resolve any conflict or misunderstanding by applying a handful of proven principles Once readers know and can employ these powerful skills, they will be well on their way to a new level of professional and personal achievement.*

*Carnegie Learning Algebra II*

*Carnegie Learning Texas Middle School Math Series: Course 2 (Grade 7)*

*Integrated Math, Course 1, Student Edition*

*Classroom Assessment Techniques*

*Strategies You Can Incorporate Into Any Course to Improve Student Metacognition, Study Skills, and Motivation*

*First, Learn to Practice*