

## Shortness Life Penguin Great Ideas

*A selection of writings on how to achieve a more ethical society and way of life, from one of Ancient history's most celebrated thinkers How can one live well in the world? What does it mean to be happy? In this selection from The Nicomachean Ethics, Aristotle probes the nature of happiness and virtue in a quest to divine an ethical value system. Exploring ideas of community, responsibility, courage, friendship, agency, reasoning, desire and pleasure, these are some of the most profound and lasting ancient writings on the self to have influenced Western thought. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives--and upended them. Now Penguin brings you a new set of the acclaimed Great Ideas, a curated library of selections from the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.*

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*Machiavelli is one of the most famous strategists of all time. In this collection he discusses the dangers of conspiracies, and the component parts of an army, vital for gaining and holding power in his day. He also gives advice on tactics and discipline, and explains why promises made under force ought not to be kept. GREAT IDEAS. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.*

*In 'The Decay of Lying' Oscar Wilde uses his decadent ideology in an attempt to reverse and therefore reject his audiences' 'normal' conceptualizations of nature, art and morality. Wilde's views of life and art are illustrated through the use of Platonic dialogue where the character Vivian takes on the persona of Wilde. Wilde's goal is to subvert the norm by reversing its values. Wilde suggests to us that society is wrong, not him. Calling on diverse examples - from Ancient Greek sculpture to contemporary paintings - Oscar Wilde's brilliant essay creates a witty, paradoxical world in which the only Art worth loving is that built on complete untruths.*

*On Conspiracies*

*The Manual For Living*

*The Classical Manual on Virtue, Happiness, and Effectiveness*

*Dialogues and Letters*

### *The Art of Living*

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These are unique stories of timeless wisdom and understanding from the Zen Masters. With rich and fascinating tales of swords, tigers, tea, flowers and dogs, the writings of the Masters challenge every perception - and seek to bring all readers closer to enlightenment. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.

'It is impossible to live the pleasant life without also living sensibly, nobly and justly' The ancient Greek philosopher and teacher Epicurus argued that pleasure - not sensual hedonism, but the absence of pain or fear - is the highest goal of life. His hugely influential lessons on happiness are a call to appreciate the joy of being alive. One of twenty new books in the bestselling Penguin Great Ideas series. This new selection showcases a diverse list of thinkers who have helped shape our world today, from anarchists to stoics, feminists to prophets, satirists to Zen Buddhists.

The First Ten Books Penguin UK

366 Meditations on Wisdom, Perseverance, and the Art of Living

The Decay of Lying: And Other Essays

Night Walks

What Is Existentialism?

Breath

'There are certain words which possess in themselves, when properly used, a virtue which illumines and lifts up towards the good.' The philosopher and activist Simone Weil was one of the most courageous thinkers of the twentieth century. Here she writes, with honesty and moral clarity, about the manipulation of language by the powerful, the obligations of individuals to one another and the needs for order, equality, liberty and truth, that make us human.

From the 100-part Penguin Great Ideas series comes a rumination on relationships, courtesy of one of the most influential French Renaissance philosophers. Michel de Montaigne was the originator of the modern essay form; in these diverse pieces he expresses his views on friendship, contemplates the idea that man is no different from any animal, argues that all cultures should be respected, and attempts, by an exploration of himself, to understand the nature of humanity.

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## Get Free Shortness Life Penguin Great Ideas

Penguin Great Ideas brings you the works of the great thinkers, pioneers, radicals, and visionaries whose ideas shook civilization and helped make us who we are. Other titles in the series include Niccolò Machiavelli's *The Prince*, Thomas Paine's *Common Sense*, and Charles Darwin's *On Natural Selection*.

Charles Dickens describes in *Night Walks* his time as an insomniac, when he decided to cure himself by walking through London in the small hours, and discovered homelessness, drunkenness and vice on the streets. This collection of essays shows Dickens as one of the greatest visionaries of the city in all its variety and cruelty. GREAT IDEAS. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them.

Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are. Beginning with a dilemma about whether he spends more money on reading or smoking, George Orwell's entertaining and uncompromising essays go on to explore everything from the perils of second-hand bookshops to the dubious profession of being a critic, from freedom of the press to what patriotism really means.

Marcus Aurelius Antoninus to Himself

Books V. Cigarettes

Eichmann and the Holocaust

Why Some People are Manipulative, Self-Entitled, Materialistic, and Exploitive—And Why It Matters for Everyone

The Inner Life

A major writer and a leading figure in the public life of Rome, Seneca (c. 4BC-AD 65) ranks among the most eloquent and influential masters of Latin prose. This selection explores his thoughts on philosophy and the trials of life. In the *Consolation to Helvia* he strives to offer solace to his mother, following his exile in AD 41, while *On the Shortness of Life* and *On Tranquillity of Mind* are lucid and compelling explorations of Stoic thought. Witty and self-critical, the *Letters* - written to his young friend Lucilius - explore Seneca's struggle to acquire philosophical wisdom. A fascinating insight into one of the greatest minds of Ancient Rome, these works inspired writers and thinkers including Montaigne, Rousseau, and Bacon, and continue to intrigue and enlighten.

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debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are. One of the most important thinkers ever to write in English, the Empiricist David Hume liberated philosophy from the superstitious constraints of religion; here, he argues that all are free to choose between life and death, considers the nature of personal taste and succinctly criticises common philosophies of the time.

Life Is Long if You Know How to Use It

On Natural Selection

Of Human Freedom

On the Nature of War

A Penguin Great Ideas edition of Stoic philosophy in wise and practical aphorisms that have inspired Bill Clinton, Ryan Holiday, Anna Kendrick and many more. Few ancient works have been as influential as the *Meditations* of Marcus Aurelius, philosopher and emperor of Rome (A.D. 161–180). A series of spiritual exercises filled with wisdom, practical guidance, and profound understanding of human behavior, it remains one of the greatest works of spiritual and ethical reflection ever written. Marcus's insights and advice—on everything from living in the world to coping with adversity and interacting with others—have made the *Meditations* required reading for statesmen and philosophers alike, while generations of ordinary readers have responded to the straightforward intimacy of his style. For anyone who struggles to reconcile the demands of leadership with a concern for personal integrity and spiritual well-being, the *Meditations* remains as relevant now as it was two thousand years ago. Throughout history, some books have changed the world. They have transformed the way we see ourselves—and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives—and destroyed them. Now, Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization, and helped make us who we are. Penguin's Great Ideas series features twelve groundbreaking works by some of history's most prodigious thinkers, and each volume is beautifully packaged with a unique type-drive design that highlights the bookmaker's art. Offering great literature in great packages at great prices, this series is ideal for those readers who want to explore and savor the Great Ideas that have shaped the world.

The perfect books for the true book lover, Penguin's Great Ideas series features twelve more groundbreaking works by some of history's most prodigious thinkers. Each volume is beautifully packaged with a unique type-driven design that highlights the bookmaker's art. Offering great literature in great packages at great prices, this series is ideal for those readers who want to explore and savor the Great Ideas that have shaped our world. Inspired by the trial of a bureaucrat who helped cause the Holocaust, this radical work on the banality of evil stunned the world with its exploration of a regime's moral blindness and one man's insistence that he be absolved all guilt because he was 'only following orders'.

From the team that brought you *The Obstacle Is the Way* and *Ego Is the Enemy*, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom

of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. The Daily Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

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On Suicide

Big Ideas Simply Explained

On the Pleasure of Hating

The Crime Book

With the Encheiridion and Fragments

Created by the seventeenth-century philosopher and mathematician Pascal, the essays contained in Human Happiness are a curiously optimistic look at whether humans can ever find satisfaction and real joy in life - or whether a belief in God is a wise gamble at best. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.

Friedrich Nietzsche was one of the most revolutionary thinkers in Western philosophy. Here he sets out his subversive views in a series of aphorisms on subjects ranging from art to arrogance, boredom to passion, science to vanity, rejecting conventional notions of morality to celebrate the individual's 'will to power'. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged,

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A New York Times Bestseller A Washington Post Notable Nonfiction Book of 2020 Named a Best Book of 2020 by NPR “A fascinating scientific, cultural, spiritual and evolutionary history of the way humans breathe—and how we’ve all been doing it wrong for a long, long time.” —Elizabeth Gilbert, author of *Big Magic* and *Eat Pray Love* No matter what you eat, how much you exercise, how skinny or young or wise you are, none of it matters if you’re not breathing properly. There is nothing more essential to our health and well-being than breathing: take air in, let it out, repeat twenty-five thousand times a day. Yet, as a species, humans have lost the ability to breathe correctly, with grave consequences. Journalist James Nestor travels the world to figure out what went wrong and how to fix it. The answers aren’t found in pulmonology labs, as we might expect, but in the muddy digs of ancient burial sites, secret Soviet facilities, New Jersey choir schools, and the smoggy streets of São Paulo. Nestor tracks down men and women exploring the hidden science behind ancient breathing practices like Pranayama, Sudarshan Kriya, and Tummo and teams up with pulmonary tinkerers to scientifically test long-held beliefs about how we breathe. Modern research is showing us that making even slight adjustments to the way we inhale and exhale can jump-start athletic performance; rejuvenate internal organs; halt snoring, asthma, and autoimmune disease; and even straighten scoliotic spines. None of this should be possible, and yet it is. Drawing on thousands of years of medical texts and recent cutting-edge studies in pulmonology, psychology, biochemistry, and human physiology, *Breath* turns the conventional wisdom of what we thought we knew about our most basic biological function on its head. You will never breathe the same again. The “H” in the H factor stands for “Honesty-Humility,” one of the six basic dimensions of the human personality. People who have high levels of H are sincere and modest; people who have low levels are deceitful and pretentious. It isn’t intuitively obvious that traits of honesty and humility go hand in hand, and until very recently the H factor hadn’t been recognized as a basic dimension of personality. But scientific evidence shows

that traits of honesty and humility form a unified group of personality traits, separate from those of the other five groups identified several decades ago. This book, written by the discoverers of the H factor, explores the scientific findings that show the importance of this personality dimension in various aspects of people's lives: their approaches to money, power, and sex; their inclination to commit crimes or obey the law; their attitudes about society, politics, and religion; and their choice of friends and spouse. Finally, the book provides ways of identifying people who are low in the H factor, as well as advice on how to raise one's own level of H.

Being Happy

Man Alone with Himself

The First Ten Books

One Swallow Does Not Make a Summer

On the Shortness of Life

George Orwell set out 'to make political writing into an art', and to a wide extent this aim shaped the future of English literature – his descriptions of authoritarian regimes helped to form a new vocabulary that is fundamental to understanding totalitarianism. While *1984* and *Animal Farm* are amongst the most popular classic novels in the English language, this new series of Orwell's essays seeks to bring a wider selection of his writing on politics and literature to a new readership. In *Why I Write*, the first in the *Orwell's Essays* series, Orwell describes his journey to becoming a writer, and his movement from writing poems to short stories to the essays, fiction and non-fiction we remember him for. He also discusses what he sees as the 'four great motives for writing' – 'sheer egoism', 'aesthetic enthusiasm', 'historical impulse' and 'political purpose' – and considers the importance of keeping these in balance. *Why I Write* is a unique opportunity to look into Orwell's mind, and it grants the reader an entirely different vantage point from which to consider the rest of the great writer's oeuvre. 'A writer who can – and must – be rediscovered with every age.' — *Irish Times*

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beautifully packaged with a unique type-drive design that highlights the bookmaker's art. Offering great literature in great packages at great prices, this series is ideal for those readers who want to explore and savor the Great Ideas that have shaped the world. The Stoic writings of the philosopher Seneca, who lived from c. 5 BC to AD 65, offer powerful insights into the art of living, the importance of reason and morality, and continue to provide profound guidance to many through their eloquence, lucidity and timeless wisdom. This selection of Seneca's orks was taken from the Penguin Classics edition of Dialogues and Letters, translated by C.D.N. Costa, and includes the essays On the Shortness of Life, Consolation to Helvia, and On Tranquility of Mind.

A collection of writings, speeches, and pamphlets documenting Britain's fight for women's right to vote Bringing together the voices of the British women who fought for equal rights and representation - from aristocrats and actresses to mill workers and trade unionists - these speeches, pamphlets, letters and articles form an inspiring testament to the power of a movement. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives--and upended them. Now Penguin brings you a new set of the acclaimed Great Ideas, a curated library of selections from the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.

'It is possible for man to snatch the world from the darkness of absurdity' How should we think and act in the world? These writings on the human condition by one of the twentieth century's great philosophers explore the absurdity of our notions of good and evil, and show instead how we make our own destiny simply by being. One of twenty new books in the bestselling Penguin Great Ideas series. This new selection showcases a diverse list of thinkers who have helped shape our world today, from anarchists to stoics, feminists to prophets, satirists to Zen Buddhists.

The Daily Stoic

Meditations

On Solitude

The New Science of a Lost Art

Suffragette Manifestos

*Investigate 100 of the world's most notorious crimes, including the Great Train Robbery, the Lindbergh kidnapping, and the murders of serial killer Jeffrey Dahmer. Were the perpetrators delusional, opportunist, or truly evil? Find out what really happened and how the cases were solved. Discover conmen with sheer verve, such as Victor Lustig who "sold" the Eiffel Tower to scrap dealers in 1925, adrenaline-fuelled escapes, and mind-bending exploits of pirates, kidnappers, and drug cartels. The Crime Book demystifies malware, cybercrimes, and Ponzi schemes and sets out the terrifying ploys of mass murderers from 16th-century*

*Elizabeth Báthory who drained young girls' blood to the more recent exploits of Rosemary and Fred West. Like a virus, crime mutates and adapts. The Crime Book explains how pivotal moments in history opened up new opportunities for criminals, such as the smuggling of alcohol during the American Prohibition era. It also charts developments in justice and forensics including the Innocence Project, which used DNA testing to exonerate wrongly convicted convicts. It examines how the forces of law and order have fought back against crime, explaining ingenious sting operations such as tracking down the jewel thief Bill Mason and the final capture of murderer Ted Bundy. With a foreword from bestselling crime author Cathy Scott, The Crime Book is an enthralling introduction to humanity's darker side. Series Overview: Big Ideas Simply Explained series uses creative design and innovative graphics, along with straightforward and engaging writing, to make complex subjects easier to understand. These award-winning books provide just the information needed for students, families, or anyone interested in concise, thought-provoking refreshers on a single subject.*

*In this personal and practical guide to moral self-improvement and living a good life, the second-century philosopher Epictetus tackles questions of freedom and imprisonment, stubbornness and fear, family, friendship and love, and leaves an intriguing document of daily life in the classical world. GREAT IDEAS.*

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*"Written as a moral essay to his friend Paulinus, Seneca's ... words still pack a powerful punch two thousand years later. With its brash rejection of materialism, conventional lifestyles and groupthink, [the book] is as relevant as ever."--Back cover.*

*Epictetus was born into slavery about 55 ce in the eastern outreaches of the Roman Empire. Once freed, he established an influential school of Stoic philosophy, stressing that human beings cannot control life, only their responses to it. By putting into practice the ninety-three witty, wise, and razor-sharp instructions that make up The Art of Living, readers learn to meet the challenges of everyday life successfully and to face life's inevitable losses and disappointments with grace.*

*On Art and Life*

*And Other Essays*

*On Friendship*

*The Discourses of Epictetus*

*Writings from the Zen Masters*

Includes two of John Ruskin's famous essays: "The Nature of the Gothic" and "The Work of Iron" from his book The Stones of Venice. Ruskin's insights into the need for individual artistic freedom, and his disdain for the mass-production art of the Victorian era, radically altered society's perception of creative design and remain powerfully relevant to our ideas of beauty today.

THE MANUAL FOR LIVING is the first and best primer for living the best possible life -- as helpful in the twenty-first century as it was in the first. Epictetus's teachings rank among the greatest wisdom texts of human civilization. Epictetus taught that philosophy is a way of life and not just a theoretical discipline. To Epictetus, all external events are beyond our control; we should accept calmly and dispassionately whatever happens. However, individuals are responsible for their own actions, which they can examine and control through rigorous self-discipline. By putting into practice the ninety-three wise instructions that make up The Art of Living, readers learn to successfully meet the challenges of everyday life.

Blending intellectual speculation with anecdote and personal reflection, the Renaissance thinker and writer Montaigne pioneered

the modern essay. This selection contains his idiosyncratic and timeless writings on subjects as varied as the virtues of solitude, the power of the imagination, the pleasures of reading, the importance of sleep and why we sometimes laugh and cry at the same things. Throughout history, some books have changed the world. They have transformed the way we see ourselves - and each other. They have inspired debate, dissent, war and revolution. They have enlightened, outraged, provoked and comforted. They have enriched lives - and destroyed them. Now Penguin brings you the works of the great thinkers, pioneers, radicals and visionaries whose ideas shook civilization and helped make us who we are.

William Hazlitt's tough, combative writings on subjects ranging from slavery to the imagination, boxing matches to the monarchy, established him as one of the greatest radicals of his age and have inspired journalists and political satirists ever since.

Why I Write

Why I Am So Wise

Human Happiness

The H Factor of Personality

Phaedra and Other Plays

**Living in Rome under Caligula and later a tutor to Nero, Seneca witnessed the extremes of human behaviour. His shocking and bloodthirsty plays not only reflect a brutal period of history but also show how guilt, sorrow, anger and desire lead individuals to violence. The hero of Hercules Insane saves his own family from slaughter, only to commit further atrocities when he goes mad. The horrifying death of Astyanax is recounted in Trojan Women, and Phaedra deals with forbidden love. In Oedipus a nervous man discovers himself, while Thyestes recounts the bitter family struggle for a crown. Of uncertain authorship, Octavia dramatizes Nero's divorce from his wife and her deportation. The only Latin tragedies to have survived complete, these plays are masterpieces of vibrant, muscular language and psychological insight.**

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Confessions of a Sinner

The Power of Words