Sexuality Explained A Guide For Parents And Children

Covers many aspects of adult human sexuality, with a brief historical and educational overview of the body and detailed descriptions of various techniques, acts, and fantasies.
This vibrant and beautifully illustrated book teaches children sex, gender and relationships education in a way that is inclusive of all sexual orientations and gender identities. Covering puberty, hormones, pregnancy, consent, sex, babies, relationships and families, it uses gender-neutral language throughout and celebrates diversity in all its forms, including race, ethnicity, faith, bodies, gender and sexuality. For use with children aged 8-12, it will help answer their questions and spark open discussion with parents, carers and teachers. With informative illustrations and further resources and a guide for adults, The Every Body Book is the ultimate sex, gender and relationships education resource for children.
Moonbeam Children's Book Awards Gold Medal Winner This is an illustrated children's book for ages 7-11 that makes gender identity, sexual orientation and family diversity easy to explain to children. Throughout the book kids learn that there are many kinds of people in the world and that diversity is something to be celebrated. It covers gender, romantic orientation, discrimination, intersectionality, privilege, and how to stand up for what's right. With charming illustrations, clear explanations, and short sections that can be dipped in and out of, this book helps children think about how to create a kinder, more tolerant world.
Michel Foucault ' s The History of Sexuality is one of the most influential philosophical works of the twentieth century and has been instrumental in shaping the study of Gender, Feminist Theory and Queer Theory. But Foucault ' s writing can be a difficult book to grasp as Foucault assumes a familiarity with the intellectually dominant theories of his time which renders many passages obscure for newcomers to his work. The Routledge Guidebook to Foucault ' s The History of Sexuality offers a clear and comprehensive guide to this groundbreaking work, examining: The historical context in which Foucault wrote A critical discussion of the text, which examines the relationship between The History of Sexuality, The Use of Pleasure and The Care of The Self The reception and ongoing influence of The History of Sexuality Offering a close reading of the text, this is essential reading for anyone studying this enormously influential work.
Sexuality: A Very Short Introduction
An Introduction
Consent - The New Rules of Sex Education
You Be You!
The Every Body Book
The Kid ' s Guide to Gender, Sexuality, and Family
Sexual Fluidity

A great starting point for anyone curious about queer and trans life, and helpful for those already on their own journeys! In this quick and easy guide to queer and trans identities, cartoonists Mady G and JR Zuckerberg guide you through the basics of the LGBT+ world! Covering essential topics like sexuality, gender identity, coming out, and navigating relationships, this guide explains the spectrum of human informative comics, interviews, worksheets, and imaginative examples. A great starting point for anyone curious about queer and trans life, and helpful for those already on their own journeys! And don't miss A Quick & Easy Guide to They/Them Pronouns by Archie Bongiovanni and Tristan Jimerson!
This lavishly visual book traces sexuality throughout history. Drawing on a range of traditions and cultures, it explores the many ways human sexuality is entwined with the personal search for meaning. Features erotic carvings, bedchamber books, and photos of sexual practices. 160 color illustrations.
Language, Gender, and Sexuality offers a panoramic and accessible introduction to the ways in which linguistic patterns are sensitive to social categories of gender and sexuality, as well as an overview of how speakers use language to create and display gender and sexuality. This book includes discussions of trans/non-binary/genderqueer identities, embodiment, new media, and the role of language and harassment, assault, and rape. Drawing on an international range of examples to illustrate key points, this book addresses the questions of: how language categorizes the gender/sexuality world in both grammar and interaction; how speakers display, create, and orient to gender, sexuality, and desire in interaction; how and why people display different ways of speaking based on their gender/sexual identitie background in linguistics or gender studies, this book is essential reading for anyone studying language, gender, and sexuality for the first time.
A Sex Guide To Mastering Your Sexuality And Becoming Good at Sex Every Time!This book contains proven steps and strategies on how to be good at sex Every Time. In this Book, you will discover how to become a better partner in bed.Generally, the secrets that are explained in this book revolve around preparations and foreplay. Most of these sexually stimulating activities are unknown to many people book written about sensual living and sexual pleasures. According to historians, this is the oldest book to focus on things related to sex. These history experts also claim that many people contributed in developing this famous book.These tips, tricks, and techniques apply to teenagers who are having trouble controlling their urges and unload during the most embarrassing and/or inappropriate times. Some te early thirties who suddenly find themselves facing power failure, midway through their sexy time! There are several factors to consider here, but the important thing to understand is that there is hope! You can bring back your glory days!By using the techniques given here, you will surely maximize the enjoyment you can get from your sexual interactions.You will get exact and reliable information in regards to covered.The book is sold with the understanding that the publisher is not expected to give an accounting of the accuracy of the statements contained herein. If information is necessary, legal or otherwise, an experienced individual in the profession should be consulted.
A Graphic Guide
The Way of the Superior Man
Your Guide to Healthy Couple Sexuality
Come as You Are
God's Design and Why It Matters
Guide to Getting it On!
The LGBTQ+ Inclusive Guide for Kids about Sex, Gender, Bodies, and Families

This book provides a concise overview of sexuality and gender identity in clients with intellectual disabilities for therapists, social workers, educators, and healthcare providers. It captures the social, political, and legal environment of the late 2010s and bridges the gap between research and practice, with engaging case examples drawn from the author¿s own practice. Guidance on everyday issues like dating and sex education is juxtaposed with material on complex, current issues in topics like LGBTQ inclusion and sexual offending. User-friendly "toolboxes" provide brief guides to practical issues like using trans-friendly language and providing family interventions. Accessible enough for students and trainees, but thorough enough for veteran clinicians, this book explores issues that professionals face in providing competent care through the lens of justice and inclusion.
A book for children to get conversations about positive sexuality started, with accurate information about gender identity, gender expression, consent and self-trust. Framed in the context of empowerment and based on research findings that show that teaching pleasure and confidence are an integral part of a consensual society.
Confronting taboos and misunderstandings about sexuality and aging, Couple Sexuality After 60: Intimate, Pleasurable, and Satisfying motivates couples to embrace sex and sexuality in their 60s, 70s, and 80s. The book busts two extreme myths—that people over 60 cannot and should not be sexual and that the best way to be sexual is to emphasize eroticism, using sex toys, and "kinky sex". Using a variable, flexible approach to couple sexuality based on the Good Enough Sex (GES) model, this book places the essence of sexuality in pleasure-oriented touching, not individual sex performance. Barry and Emily McCarthy introduce a new sexual mantra of "desire/pleasure/eroticism/satisfaction" with the goal of presenting a healthy model of sexuality to replace the traditional double standard that couples learn in young adulthood. Specific chapters focus on important areas like coming to terms with the new normal, female–male sexual equity, satisfaction being about more than intercourse and orgasm, valuing synchronous and asynchronous sexuality, psychobiosocial approaches to sexuality, and more. In addition to aging heterosexual couples, single individuals and queer couples will find this book interesting. Additionally, sexual health clinicians and sex therapists with clients over the age of 60 will find this a fascinating read.
Raise Them to Value God's Design Starting at a young age, kids are being fed damaging misinformation about sexuality, gender identity, and human biology. As a parent, it's up to you to help your children understand God's truth about these integral concepts in the face of the candy-coated lies that saturate today's world. In the footsteps of the bestselling Mama Bear Apologetics comes this invaluable guide to training your kids to know and respect God's design in a world that has rejected it. This book will equip you to… understand God's design for gender, sex, marriage, and family as a beautiful portrait that reveals the nature of God Himself identify the tactics being used to trick children into adopting an unbiblical view of sexuality under the guise of Christian-sounding words like love, identity, tolerance, and justice teach your kids to treat those who hold different beliefs with gentle, Christlike compassion without compromising biblical values As society continues to blur the lines of what is good, true, and acceptable, God's standards remain clear and unchanging. This book will give you the wisdom to confidently raise your children to understand sex and gender through a biblical lens.
Holistic Sexuality
A Spiritual Guide to Mastering the Challenges of Women, Work, and Sexual Desire: Easy Read Comfort Edition
Sexual Awareness
A Guide for Men with Prostate Cancer
the bestselling guide to the new science that will transform your sex life
Gender & Sexuality For Beginners
Sex Guides

Sexuality Explained: a guide for parents and children underpins parents in their role as first educators of their children. It draws on the latest knowledge of the human body to show how mind, heart and body interplay in our sexual makeup, and how the life-giving and love-making aspects of the sexual act are each designed for permanence. The Guide works at many levels. By drawing the reader into a succession of conversations between a mother and her daughter, her father and her brother, a full picture of the biology of reproduction is created in a friendly way. The stories give parents ideas on how they might converse with their own children. The text is necessarily comprehensive, to answer possible questions, and to make sure that the parents know more than what is now taught in school biology, which can be checked for accuracy. Children vary enormously in their maturity, which is one reason why it is best that they are taught about sex and sexuality individually and, if possible, by members of their own family who know and love them. The age range set against each chapter is for guidance only. Parents may use the Guide in a variety of ways. They can let the Guide do most of the work for them, reading it out loud with their children. They can give a chapter to older children to read on their own, being ready for questions. Or they can absorb ideas to speak in their own words as occasion arises. To aid discussion and to give a framework for homemade lessons, each chapter ends with a glossary and a list of points to remember. The hand-drawn biological drawings, all of which have been specially commissioned, have been reproduced at the back of the book to be cut out and arranged in any order. The Guide is principally designed for parents, but it can also be read by young people on their own, and later chapters might be used by teachers and youth leaders for student workshops. There is no religious teaching but the Guide starts from the premise that all human life is of equal dignity and worthy of respect.
Sexuality ExplainedA Guide for Parents and Children
Foreword written by Nancy Pearcey* "Parents are the most important apologists our kids will ever know. Mama Bear Apologetics will help you navigate your kids' questions and prepare them to become committed Christ followers." —J. Warner Wallace "If every Christian mom would apply this book in her parenting, it would profoundly transform the next generation." —Natasha Crain #RoarLikeAMother The problem with lies is they don't often sound like lies. They seem harmless, and even sound right. So what's a Mama Bear to do when her kids seem to be absorbing the culture's lies uncritically? Mama Bear ApologeticsTM is the book you've been looking for. This mom-to-mom guide will equip you to teach your kids how to form their own biblical beliefs about what is true and what is false. Through transparent life stories and clear, practical applications—including prayer strategies—this band of Mama Bears offers you tools to train yourself, so you can turn around and train your kids. Are you ready to answer the rallying cry, "Mess with our kids and we will demolish your arguments"? Join the Mama Bears and raise your voice to protect your kids—by teaching them how to think through and address the issues head-on, yet with gentleness and respect.
Revised edition of the author's The psychology of human sexuality, 2014.
The All-you-need-to-know Progressive Sexuality Guide to Get You Through High School and College
Queer: A Graphic History
The All-You-Need-to-Know Progressive Sexuality Guide to Get You Through High School and College
Studies in Human Sexuality
Sexing the Body
A Selected Guide
S.E.X.

In a straightforward style, Dr. John Mulhall guides the reader through the basics of male sexuality, explains the role of testosterone, the functions of the prostate, and the common difficulties men encounter when disease strikes. In plain language, this book spells out the causes and symptoms of prostate disease and diseases of the lower urinary tract and the approach to deal with the aftermath of treatment.
A guide to sexuality for high school and college students discusses male and female anatomy, orientation and sexual identity, relationships, safe sex, abuse and rape, pregnancy and contraception, and sexually-transmitted diseases.
Now updated with groundbreaking research, this award-winning classic examines the construction of sexual identity in biology, society, and history. Why do some people prefer heterosexual love while others fancy the same sex? Is sexual identity biologically determined or a product of convention? In this brilliant and provocative book, the acclaimed author of Myths of Gender argues that even the most fundamental knowledge about sex is shaped by the culture in which scientific knowledge is produced. Drawing on astonishing real-life cases and a probing analysis of centuries of scientific research, Fausto-Sterling demonstrates how scientists have historically politicized the body. In lively and impassioned prose, she breaks down three key dualisms -- sex/gender, nature/nurture, and real/constructed -- and asserts that individuals born as mixtures of male and female exist as one of five natural human variants and, as such, should not be forced to compromise their differences to fit a flawed societal definition of normality.
Calls for new categories in sexual identity for women based on research that concludes that they tend to be attracted to the individual rather than gender and their sexuality fluctuates more than men, which stays fixed once established.
Gender Politics and the Construction of Sexuality
Intimate, Pleasurable, and Satisfying
A Kid's Inclusive Guide to Being Body Aware
Sexuality
A Quick & Easy Guide to Asexuality
Understanding Women ' s Love and Desire
Empowering Your Kids to Challenge Cultural Lies

A NEW YORK TIMES BESTSELLER An essential exploration of women's sexuality that will radically transform your sex life into one filled with confidence and joy. After all the books that have been written about sex, all the blogs and TV shows and radio Q&As, how can it be that we all still have so many questions? The frustrating reality is that we've been lied to — not deliberately, it's no one's fault, but still. We were told the wrong story. Come as You Are reveals the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why. Sex educator Dr Emily Nagoski debunks the common sexual myths that are making women (and some men!) feel inadequate between the sheets. Underlying almost all of the questions we still have about sex is the common worry: 'Am I normal?' This book answers with a resounding Yes! We are all different, but we are all normal — and once we learn this, we can create for ourselves better sex and more profound pleasure than we ever thought possible. PRAISE FOR EMILY NAGOSKI 'As a literary work, Nagoski's book deserves plaudits for the rare achievement of merging pop science and the sexual self-help genre in prose that's not insufferably twee … "You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb.' The Guardian 'Come As You Are screams female empowerment loud and proud.' The Independent
This book is for anyone who wants to learn about asexuality, and for Ace people themselves, to validate their experiences. Asexuality is often called The Invisible Orientation. You don't learn about it in school, you don't hear "ace" on television. So, it's kinda hard to be ace in a society so steeped in sex that no one knows you exist. Too many young people grow up believing that their lack of sexual desire means they are broken – so writer Molly Muldoon and cartoonist Will Hernandez, both in the ace community, are here to shed light on society's misconceptions of asexuality and what being ace is really like. This book is for anyone who wants to learn about asexuality, and for Ace people themselves, to validate their experiences. Asexuality is a real identity and it's time the world recognizes it. Here's to being invisible no more!
This ground-breaking resource challenges and equips Christians to think and act biblically and compassionately in matters of sexuality. Sexual abuse, sex addiction, gender confusion, brokenness, and shame plague today's world, and people are seeking clarity and hope. By contesting long-held cultural paradigms, this book equips you to see how sexuality is rooted in the broader context of God's heart and His work for us on earth. It provides a framework from which to understand the big picture of sexual challenges and wholeness, and helps you recognize that every sexual question is ultimately a spiritual one. It shifts the paradigm from combating sexual problems to confidently proclaiming and modeling the road to sacred sexuality. Instead of arguing with the world about what's right and wrong about sexual choices, this practical resource equips you to share the love and grace of Jesus as you encounter the pain of sexual brokenness--your own or someone else's.
Sacred Sexuality: A Manual for Living Bliss Imagine how it feels to have the love essence of every particle in the universe dancing with delight to re-join the love essences within your being. This is true desire, a vibration felt in and through all things and experienced as a unifying force. The practice of sacred sexuality is a celebration of true desire; it deepens your connection to the Spirit of love and awakens your body to become as passionate and alive as God originally intended. This book deals with everything imaginable about sex...expanding one's consciousness through sexuality...and combining the practical benefits of both Tantric and Taoist perspectives and practices. I recommend Sacred Sexuality to my own students and readers. -Master Mantak Chia, author Taoist Secrets of Love ...an excellent overview of the tantric sexual practices...the first book in 20 years that I could whole-heartedly recommend. It should be on every tantric bookshelf. -David A. Ramsdale, author Sexual Energy Ecstasy About Michael Mirdad Dr. Michael Mirdad, a Master Teacher/Author, has an extensive background in Psychology, Parapsychology & Metaphysics.He has worked as a Healer and Counselor to individuals & couples for over 20 years.Michael has also conducted thousands of classes, lectures & workshops throughout the world on Mastery, Spirituality, Relationships, and Healing. Dr. Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time.
Sacred Sexuality
The Routledge Guidebook to Foucault's The History of Sexuality
Books and Films about Sexuality for Young Adults
Saving Your Sex Life
Sexuality at the Fin de Siècle
A Guide for Professionals
A Quick & Easy Guide to Sex & Disability

Every day you're bombarded with a myriad of messages about how the " perfect" woman looks, thinks, dresses, and acts. And if you listen long enough, you'll forget what God has declared: that you are not just a body. You are carefully and perfectly made in every way--physically, emotionally, mentally, and spiritually. The Bible gives you the basic plan for realizing God's design for you as a woman and a wife. But the more you know about how your mind and body work, and how they complement the way your husband's mind and body work, the more fulfilling your marriage and sexual life will be. This extensive handbook not only explores that divine design in detail, but takes a fresh, practical look at the daily physiological realities of being female. Written by a veteran woman's healthcare educator, this book gives clear biblical wisdom and accurate medical answers to the questions you have regarding your health and sexuality within marriage. Through it you'll come to fully appreciate the wonder and complexity of God's handiwork in making you just as you are. And you'll learn to be a better partner--in every way--to your husband. Understanding your distinctiveness as a woman can truly enhance your life and your marriage!
'Queer: A Graphic History Could Totally Change the Way You Think About Sex and Gender' Vice Activist-academic Meg-John Barker and cartoonist Jules Scheele illuminate the histories of queer thought and LGBTQ+ action in this groundbreaking non-fiction graphic novel. From identity politics and gender roles to privilege and exclusion, Queer explores how we came to view sex, gender and sexuality in the ways that we do; how these ideas get tangled up with our culture and our understanding of biology, psychology and sexology; and how these views have been disputed and challenged. Along the way we look at key landmarks which shift our perspective of what ' s ' normal ' – Alfred Kinsey ' s view of sexuality as a spectrum, Judith Butler ' s view of gendered behaviour as a performance, the play Wicked, or moments in Casino Royale when we ' re invited to view James Bond with the kind of desiring gaze usually directed at female bodies in mainstream media. Presented in a brilliantly engaging and witty style, this is a unique portrait of the universe of queer thinking.
The history of the sex guide for adolescents documents the quite unconscious movement of Western culture ' s ideas about sex and youth, revealing the heritage of our own sexual beliefs and codes of behaviour. The first section of this book, first published in 1986, traces the development of the sex guide, examining 400 books from 1892 to the 1980s. The second section comprises a detailed analysis of the patterns, content and usefulness of all the contemporary manifestations of the genre. The history of the teen sex manual is a fascinating revelation of American attitudes towards adolescent sexuality.
In the newest edition of this classic text, veteran authors Barry and Emily McCarthy explain how desire, pleasure, and satisfaction can enrich your relationship. As the premier book on the subject, Sexual Awareness focuses on factors that promote and subvert healthy couple sexuality. Reading this book and partaking in the psychosocial skill exercises it contains will help couples learn how to value sexuality as a positive and satisfying part of their lives. Couples at any stage of their relationship will learn how to enhance sexual awareness, communication, feelings, and function. The result will be enhanced desire and eroticism that will help couples understand themselves and each other better.
Sexuality and Intellectual Disabilities
Language, Gender, and Sexuality
Ultimate Sex Guide
Positive Sexuality
Sex and Spirit
Couple Sexuality After 60
Mama Bear ApologeticsTM

A guide to sex education and contemporary sexual ethics answers common questions that teens have about such topics as dating, relationships, consent, and sexual safety.
Mottier examines the questions around what shapes our sexuality asking if it is a product of our genes, or of society, culture or politics. The changing views of sexual norms are dealt with as are issues surrounding feminism, religion, eugenics, and HIV / AIDS.
The health and wellness guide to restructuring and revitalizing your sex life to a state of bliss. Explore ways to move beyond the norm of dysfunctional sexual relations that are unfulfilling and painful to fully functioning in the Holistic Side of Sex that provides physical, mental, emotional and spiritual balance. Take the Holistic Sex Test to determine your dominant sexual faculty and take your relationships to the next level through the 12 formulas for establishing and maintaining a balanced relationship. Also determine which Family Structure is in alignment with your truth whether it is monogamy, polygamy, polyandry or polyamory. Holistic Sexual Living is possible when there is a free flow of energy that takes all fear out of being together.
A quick, easy, and educational comic book guide that will help change the way we talk about sex and sexuality for all bodies. "This guide can help disabled people (and their partners) on their journey toward self-love, better communication, and confidence." -- Alice Wong, Founder and Director, Disability Visibility Project All different kinds of bods want to connect with other bods, but lots of them get left out of the conversation when it comes to S-E-X. As explained by disabled cartoonist A. Andrews, this easy-to-read guide covers the basics of disability sexuality, common myths about disabled bodies, communication tips, and practical suggestions for having the best sexual experience possible. Whether you yourself are disabled, you love someone who is, or you just want to know more, consider this your handy starter kit to understanding disability sexuality, and your path to achieving accessible (and fulfilling) sex. Part of the bestselling and critically acclaimed A Quick & Easy Guide series from Limerence Press, an imprint of Oni Press.
Empowering Your Kids to Understand and Live Out God's Design
The Christian Woman's Guide to Sexuality
A Quick & Easy Guide to Queer & Trans Identities

The Universe's Coolest and Most Informative Book about Sex for Adults of All Ages
Understanding the Spectrum of Gender and Sexuality
Rethinking Sexuality

"It has come to be widely accepted that "sexuality" as we know it took shape at the end of the nineteenth century, This is when Krafft-Ebing asserted that "sexual feeling is really the root of all ethics, and no doubt of aestheticism and religion," and Havelock Ellis declared sexuality to be the "central problem of life." Yet however self-evident Ellis's claim about sexuality might seem the act of placing something at the center is the consequence of insistent cultural work that engages with competing views about bodies and indeed about the "life" of society. This volume examines how this work was carried out and what resulted from such efforts."--BOOK JACKET.
**** The first edition (1987) is cited in ARBA 1988 and the Supplement to Sheehy. A guide to the best and most informative books in the English language on the subject of human sexuality, for professionals, scholars, students, and laypeople. This expanded edition contains 1,091 abstracts, including some 500 new titles. The abstracts range in length from 100 to 600 words and written from an objective viewpoint. Virtually all current, pressing sexual issues are represented, including abortion, AIDS, sexual abuse, incest, rape, and prostitution. The focus of this edition is on the proliferation of books published since 1970, with new material covering works from 1987 on. Annotation copyright by Book News, Inc., Portland, OR
What does sexual orientation mean if the very categories of gender are in question? How do we measure equality when our society's definitions of "male" and "female" leave out much of the population? There is no consensus on what a "real" man or woman is, where one's sex begins and ends, or what purpose the categories of masculine and feminine traits serve. While signifi strides have been made in recent years on behalf of women's, gay and lesbian rights, there is still a large division between the law and day-to-day reality for LGBTQIA and female-identified individuals in American society. The practices, media outlets and institutions that privilege heterosexuality and traditional gender roles as "natural" need a closer examination. Gender &
Sexuality For Beginners considers the uses and limitations of biology in defining gender. Questioning gender and sex as both categories and forms of compulsory identification, it critically examines the issues in the historical and contemporary construction, meaning and perpetuation of gender roles. Gender & Sexuality For Beginners interweaves neurobiology, psychology, femi queer and trans theory, as well as historical gay and lesbian activism to offer new perspectives on gender inequality, ultimately pointing to the clear inadequacy of gender categories and the ways in which the sex-gender system oppresses us all.
They're back! Writer Meg-John Barker and artist Jules Scheele once again team up in this cheeky and informative comic-book follow-up to Queer and Gender. Sex is everywhere. It's in the stories we love – and the stories we fear. It defines who we are and our place in society ... at least we're told it ought to. Sex and sexuality can seem like a house of horrors, full of monsters a potential pitfalls. We often live with fear, shame and frustration when it comes to our own sexuality, and with judgement when it comes to others'. Sex advice manuals, debates over sex work and stories of sexual "dysfunction" only add to our anxiety. With compassion, humour, erudition and a touch of the erotic, Meg-John Barker and Jules Scheele shine a light through the darkn and unmask the monsters.
Pocket Guide to LGBTQ Mental Health
Sexuality Explained
The Psychology of Human Sexuality
A Practical Guide to Sexual Healing
Sex Guide: Mastering Your Sexuality and Becoming Good at Sex Every Time
A Manual for Living Bliss
An Illustrated Guide to Sacred Sexuality

What do you want to know about sex? Have you ever wondered... Am I normal? (and what is "normal," anyway?) What's up down there? Are we both really ready to have sex? Is it ok if I masturbate? Ultimate Sex Guide offers straightforward information on a wide variety of subjects related to sex. This book aims to make you feel alive and well in your sexual relationships. From the intensely emotional to the purely physical, all aspects of good sex are explored and explained. Sheila Leigh describes developments in both the male and female body, and explains how to maintain hygiene and personal care, and to promote general good health. You can also find out everything you need to know about sexually transmitted diseases. Ultimate Sex Guide is for ALL readers--women and men, this candid, upbeat guide offers expert advice on all aspects of sexuality. It is ideal for those who need clear, detailed explanations and direct answers to the many questions raised by puberty and sexual maturity.
What is your true purpose in life? What do women really want? What makes a good lover? If you're a man reading this, you've undoubtedly asked yourself these questionsbut you may not have had much luck answering them. Until now. In The Way of the Superior Man David Deida explores the most important issues in men's livesfrom career and family to women and intimacy to love and spiritualityto offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom. Join this bestselling author and internationally renowned expert on sexual spirituality for straightforward advice, empowering skills, body practices, and more to help you realize a life of fulfillment, immediately and without compromise.
Mama Bear Apologetics® Guide to Sexuality
The Makings of a "central Problem"
A Guide for Parents and Children
Every Teen's Guide to Healthy Sexual Relationships