

Secret Survivor Her Story

She was an innocent Mormon girl. He was America's most notorious serial killer. When their paths crossed on a quiet autumn afternoon, he planned to kill her. But this victim had an incredible will to survive and would live to tell her story nearly three decades after he met death in a Florida electric chair. Ted Bundy brutally attacked Rhonda Stapley in a secluded Utah canyon in 1974. She miraculously escaped and hid her dark secret until now. This compelling real story of triumph over tragedy is both shocking and inspiring and told with the true courage of a victim turned survivor. (Foreword by Ann Rule) When she appeared on his show, Dr. Phil McGraw told Rhonda, "This book will save lives."

With the floodgate of response from readers of Friesen's ÒUncovering the Mystery of MPDÓ comes this cutting edge book of true stories of Multiple Personality clients told in their own words. A testimony to the healing power of God-centered therapy, ÒMore Than SurvivorsÓ offers continued hope to therapists and clients alike.

So you or someone close to you has been diagnosed with cancer. It 's terrifying. What is going to happen? What can you do to survive? In this ground-breaking book, Elizabeth Gould details her own story as well as the stories of five cancer survivors. No diets or miracle cures but a practical step-by-step approach to describing the emotional and physical journey through cancer into remission. This is a book of hope, survival and how to discover your own path through an enormous physical and mental challenge.

In “Secret Survivor (Her-Story) you read the testimony of a sexual abuse survivor. Now you will see the steps she took to become free from the guilt, shame, pain and un-forgiveness that abuse causes. As a survivor I realized that the road to freedom is a journey that at times can leave one feeling alone; nevertheless, it is a road well worth traveling. It is in this journey that I was able to find forgiveness. It is forgiveness that will lead to peace. And it is peace that will lead you to a place where you too will be “Reigning After The Rain” and living freely after abuse. This is a comprehensive guide to understanding how to be free to live. God wants to restore and make all things new for you. Healing is available!

A survivor of childhood sexual abuse, Peterson recounts in clear and helpful detail the source of her deep shame, the difficulties she encountered in developing as a human being, and the healing roles of faith and her own independent investigation of spiritual truth in achieving a lasting positive self-image and the capacity to help others. Her book outlines a remarkable journey of recovery accompanied by traumatic events, therapy, misdiagnoses, and an evolving personal philosophy based on spiritual insights gleaned from performing as an artist, her experiences with Baha'is and Baha'i teachings, and intensive study of anger and codependency. Her story will inspire millions of women and men who have endured abusive childhoods and still search for healing.

Secrets of Cancer Survivors

Sexual Abuse, Trauma, and the Self

The Survivors

Secrets Beyond the Door

Behind the Mask from a Child Abuse Survivor

A Novel

A 12-session Group Treatment Program

She was asking for it. She should have known better. Bekezela (persevere), she was told. It's because I love you, he said. It's not that bad, she told herself. In sharing their experiences from girlhood to the boardroom, from Cape Town's suburbs to the hills of KwaZulu- Natal, women from different walks of life show how chillingly common male violence against women is. Together, their voices form a deafening chorus. Gender-based violence feeds on shame and silence but in this extraordinary collection, brave women reclaim their power and summon the courage in others to do the same. In speaking out, sharing what was once secret, shame's hold is broken. Heart-rending at times, it is the honesty and courage of the writing that truly inspires.

A simple story of the healing that can come with telling one's story, particularly if that story has been kept as a secret. It is designed to give trauma survivors the courage to open up to someone safe in their lives.

"A novel based on a true story [in which] a mother and daughter risk their lives to provide shelter to two families and a German soldier--all unbeknownst to each other--in a tiny two-room house in Sokal, Poland, during the Nazi invasion"--Amazon.com.

*Equips parents to inspire kids to take on social injustice--at any age With the constant barrage of difficult stories through news and social media, today's kids are increasingly aware of the real problems real people confront every day. And they're quicker than ever to come to parents and other trusted adults to ask how they can help--or why they're not already doing so. And Social Justice for Allequips Christian families to tackle social justice issues together. It inspires them to bring light and love to a dark and scary world. Educator and mom Lisa Van Engen creates innovative resources to engage kids in understanding and responding to fourteen justice issues such as clean water, creation care, immigration and refugees, hunger, race, and poverty. After placing each issue in kid-friendly context, she offers interactive features:
- High-interest conversation starters for each age group to challenge thinking and assumptions
- A family devotional to anchor each social justice issue in God's Word
- Engaging, age-tiered activities for reading, playing, observing, creating, connecting, and experimenting in God's world
- Tips and internet links to extend awareness and invest resources in social justice. Throughout each chapter, children speak their own thoughts about injustice and what they think God is calling them to do. By looking at both the roots of injustice and what Christians can do right now to help, And Social Justice for All empowers both adults and children to encounter a broken world with insight and empathy. Simple yet powerful, it lights the path for families to make a real, God-directed difference together.*

Glen Carter had it all: a wife, a family, a thriving medical practice ... until tragedy struck and the life he once adored was nothing more than a heartbreaking memory. With few resources and little knowledge of how to survive without the conveniences of modern life, he dissolves into the woods, where he finds forgiveness and embraces life off the grid. Then, once again, his life is upended ... An impending solar storm threatens the earth, but governing bodies have opted to keep that information close to the vest. But their attempts fail. The storm devastates the electrical grids and leaves the world in chaos. That is, everyone except Glen ... for now. Keywords: EMP, emp survival, Post-Apocalyptic, EMP Fiction, survival books free, dystopian, EMP Apocalyptic Survival Fiction, End of the World Survival Fiction, SHTF Fiction, Post Apocalyptic Survival Fiction No Zombies, End of the World Survival Fiction, Prepper Survival Fiction, EMP Apocalyptic Survival Fiction, prepper fiction, post survival fiction

A Journey In Her Own Words The Personal Memoirs of Helen Weinberg 1914-1997

Secret Survivor (Her-Story)

An EMP Survival Story

Daddy's Secrets

How Black Families Can Heal from Sexual Abuse

Healing for Adult Survivors of Childhood Sexual Abuse

Beyond Survival

Focusing on the later manifestations of incest, this reference offers a diagnostic aftereffects checklist, suggestions for healthy, rather than neurotic, coping mechanisms, and therapeutic treatment strategies

The author tells the true story of her childhood abuse, shameful secrets, and her strength of survival while living on the streets. At a young age, she experienced the pain of being neglected and rejected, and was also traumatized from psychological, emotional, and sexual abuse. She also shares her long and painful journey of healing.

"Kieran Elliott's life changed forever on the day a reckless mistake led to devastating consequences. The guilt that still haunts him resurfaces during a visit with his young family to the small coastal community he once called home. Kieran's parents are struggling in a town where fortunes are forged by the sea. Between them all is his absent brother, Finn. When a body is discovered on the beach, long-held secrets threaten to emerge. A sunken wreck, a missing girl, and questions that have never washed away..."--

Her brothers call her a princess, but he tells her she's a queen. His queen. She's the girl with three brothers. The scholarly one. The one with big dreams and a dark secret. He's her brother's best friend. And the rich playboy who broke her heart. Finn O'Connor taught Colleen Murphy what it felt like to be in love—and to have her heart broken and bruised. When Finn appears at a family event a decade later, it all rushes back, and Colleen must fight to resist the pull to the wealthy bad boy she'd been reading about in the tabloids all those years. Finn tells her he's changed—but can Colleen trust him not to break her heart again? And will Finn unlock Colleen's secret? The one that's kept her from ever letting anyone too close, including him? Although she resists, Colleen is starting to wonder if Finn alone sees her for who she really is. And though her brothers called her princess, Finn keeps telling her she's a queen. His queen. Note to readers: This book contains scenes that may be triggering to survivors of childhood sexual abuse. The scenes are described as past events. Note: For Your Love is a standalone contemporary romance based on secondary characters from the Indigo Series. It is not necessary to read the Indigo Series first.

Maria Tatar analyses the many forms the tale of Bluebeard's wife has taken over time, showing how artists have taken the Bluebeard theme and revived it with their own signature twists.

For Your Love (Hidden Hearts Book 2)

Women Speak Out

Accounts of Innocence

Diary Secrets

An Adult Survivor's Story of Overcoming Childhood Sibling Abuse

Real-Life Stories to Give You Hope for Healing

Empowering Families, Churches, and Schools to Make a Difference in God's World

'Vintage Sharon . . . fiery and passionate' - HEAT 'The formidable Mrs O is just as honest and open in this second instalment of her life story as the first . . . a real page-turner' - WOMAN 'Shazza goes even deeper to reveal the secrets behind the headlines' - LOOK 'Like Extreme, Survivor is eye-wateringly frank, and very funny' - EVENING STANDARD Sharon Osbourne's life has always been full of drama, heartbreak and passion. When she completed her bestselling first book, Extreme, she had hoped to find some peace and stability after her rollercoaster years. It was not to be. In Survivor, her brand-new memoir, she reveals what really happened next. From famous celebrity feuds, to her eventful experiences on The X Factor, to her turbulent relationship with her father and the tragic impact of his death, Sharon remains as frank and insightful as ever. Never afraid to admit to her own problems, she is brutally honest about her weight issues and plastic surgery. And she describes movingly how her husband's unconditional love finally brought her true happiness, even amidst all the chaos of her life.

Everyone has secrets. Some you might whisper into a friend's ear, while others may stay locked inside you for years...maybe even forever. It's those secrets that you tuck away that eventually control you. You may think you're okay, but really, your secrets can be tearing you apart from the inside out. Secret Survivors tells the compelling, true stories of people who have lived through painful secrets—things that they kept to themselves until they could no longer bear the pain alone. As you read their stories, you'll be drawn into their journeys towards healing, and you'll understand why it's so important to share your secret with someone else in order to start your own healing process. Read the stories of people, who as teens and young adults, dealt with issues like:
• Date rape
• Physical abuse
• Cutting
• Pornography addiction
• Eating disorders
• Incest
• Drug and alcohol addiction
• Abortion You may find a story that sounds similar to your own secret pain, or you may learn more about secrets that a friend or family member is dealing with. Whether your own story is represented in these pages or not, you'll feel a connection to the people in these stories, because we all have some kind of pain tucked away. But you don't have to feel alone in your pain anymore. After you read the stories of these survivors, you'll find the strength you need to share your own secret and start healing your heart and soul.

With a foreword by Joycelyn Elders, M.D., No Secrets, No Lies is a powerful and daringly honest resource guide for families seeking to understand, prevent, and overcome childhood sexual abuse and its devastating impact on adult survivors. An estimated one in four women and one in six men is abused by age eighteen, most often by someone they know. Most of these sexual assaults are never disclosed, much less reported to the police. No Secrets, No Lies demystifies the cultural taboos and social dynamics that keep Black families silent and enable abuse to continue for generations. Among them:
?Fear of betraying family by turning offenders in to "the system"
?Distrust of institutions and authority figures, such as police officers
?Reluctance to seek counseling or therapy
?A legacy of enslavement and stereotypes about black sexuality Through compelling personal accounts from everyday people, Robin D. Stone, a sexual abuse survivor herself, illuminates the emotional, psychological and hidden consequences of remaining silent, and provides holistic, practical steps to move toward healing. No Secrets, No Lies candidly speaks to: survivors, telling them they are not at fault, not alone and how they can seek help; parents, guardians and caretakers, explaining how they can keep children safe and help survivors recover; and family, friends and other loved ones, showing ways to lend support.

Elizabeth Ammons grew up as the youngest member in a family of eight children in a household governed by survival of the strongest. Against the greatest of odds, she managed to survive a childhood filled with memories of incest, rape and torture. Yet her survival carried a price and that price was the shattering of her soul. By the time Elizabeth was born, her family had become a distorted and wicked caricature of the perfect American families depicted on television in the early 50 s. Neglected and abused from birth, she was forced at a very early age to protect herself from the evil that surrounded her. At the age of three the first of thirty-two alter personalities was formed. Stone Child was a catatonik, unfeeling toddler who could endure almost anything, even the violent, savage rape by her father, while being held down by her older sister. Elizabeth s ability to insulate herself from an unbearable existence served her well as a child, it enabled her survival, but it created havoc in her life as an adult. She began to experience longer and longer periods of lost time, sometimes hours, sometimes days, sometimes months, when she was unaware of her surroundings or her actions. Life became even more chaotic for Elizabeth following a thwarted suicide attempt on her fortieth birthday. It was while hospitalized she was diagnosed with Multiple Personality Disorder and began therapy. After being told by a psychiatrist and several therapists she was not the birth person, but simply another personality, Elizabeth set out to prove otherwise by forcing the alters to give up their secrets. Essentially Elizabeth had created an alter to cope with each aspect of her life. Among the thirty-two, there were the children, Molly and Rachel, who scribbled on walls and loved lollipops; Carl, the mechanic, who also handled bathroom duties; Jennifer, the cold, efficient businesswoman; Sarah, the religious fanatic; Ginny, the 18-year-old who loved to have sex for teddy bears; and Cuemaster, who delegated the duties and maintained control. The memories of the traumatic events, which caused these alters and others to be created, had been left with them, not Elizabeth. Through eight months of intensive therapy, Elizabeth reclaimed those memories, uncovering secrets kept hidden for years in the dark recesses of her mind. Shortly after being diagnosed with MPD in 1990, Elizabeth formed a support group for survivors of incest and child abuse. The name, Daisys In Recovery, was taken from her childhood spelling for daisies. Daisys gained non-profit status in 1992 and implemented an outreach jail program called Victims No More in 1995. Although Elizabeth s story is a grim chronicle of a child s shattered soul, it is more importantly, the successful triumph of the human spirit. It is a portrait of a woman who embodies the true meaning of forgiveness. Her story has become an inspiration to many who have endured abuse and is one of hope and encouragement for all in the face of despair.

Lorraine could never have imagined that she would survive the hell she lived through; no one could. Growing up the only girl with three biological brothers and two stepbrothers she should have been safe, but instead she was in constant danger. Always afraid of what tomorrow would bring. How would she escape her circumstances when there was no place to run; no place to hide? Safety was no where to be found. Secret Survivor Her-Story is a riveting depiction of how Lorraine has survived a life of rape and molestation from the most unexpected malefactors. She finally fights back and regains control of her life, but not before making some costly mistakes along the way.

Healing the Wounded Soul

No Secrets No Lies

My Mother's Secret

The True Story of an Incredible Deception

Conversations With Multiple Personality Clients

A Visual Narrative Concerning Curriculum, Girls, Photography Etc.

Daisys Will Grow Anywhere

The memoir of Helen Weinberg depicts the plight of a young woman who hailed from Kremenitz, Poland. Separated from her family during World War Two, she was imprisoned, beaten, starved and tortured. This story is told using her own words from stories, essays and poetry translated from Yiddish and Polish, and serves as a guide through the different periods of her life. The pen and paper were her catharsis for the emotional torture she endured and provide a window into her soul. PRAISE FOR WHITE ANGEL "This book is a wonderful tribute to the multifaceted life of an extraordinary grandmother. Written by P'nina Sepowitz with great respect and much love,

it traces the story of a woman who was exposed to the most horrific manifestations of human cruelty and who emerged with powerful strength to create a new world, who responded to the assault of death with an outpouring of life. The book is warm, touching and beautifully written: it will inspire its readers, young and not so young alike." – RABBI JACOB J. SCHACTER, Yeshiva University "White Angel is a thought provoking work of Holocaust literature. Helen Weinberg's remarkable story elicits the sorrowful burden of a broken nation and the glimmer of hope that existed with the establishment of the State of Israel. White Angel is an essential staple for any home or school." – RABBI DOV LIPMAN, Member Israeli Knesset "P'nina Sepowitz does a terrific job of telling an inspirational, yet tragic story, through the eyes of her heroic grandmother. This book is a must read for all those looking to be inspired by the strength of the human spirit." – RABBI STEVEN BURG, Simon Wiesenthal Center

This multi-genre book is a deconstructive project that reveals the elisions, blind spots, and loci within the complex web of daily life of four schoolgirls. The girls, who attend school and actively connect their learning to the study of art, drama, ballet and music programs in and out of school, visually documented their lives both inside and outside of classrooms, using disposable cameras to create 80 to 120 photographs. One-on-one conversations with them about their images were taped and transcribed, and the analysis of these images and texts provides a description of the "evaded curriculum" within adolescent life. The research exposes pain, reveals desire and pleasure, and expresses the intensity of joy in making and creating schoolgirl culture.

Women who have survived sexual abuse are among the most traumatized individuals who seek therapy. Assisting such clients to reframe transcend their abusive pasts requires enormous sensitivity and therapeutic skill. Reclaiming Herstory: Ericksonian Solution-Focused Therapy for Sexual Abuse will greatly help therapists hone their craft with its solution-focused, Ericksonian approach and highly refined techniques for working with this population. The approach the authors present has evolved through work with hundreds of sexual abuse survivors. The authors have found their techniques to be remarkably effective in helping these clients to regain a sense of freedom and empowerment in their lives. The authors view the healing process as a collaborative partnership in which the therapist co-creates with the client a positive context for healing. This process comprises four distinct stages through which every client must pass in order to achieve their own unique potential. The book clearly describes the primary symptoms and features of the four stages, which are: Breaking the silence and unmasking the secret Becoming visible Reclaiming and reintegration of the self Empowerment and the evolution of the sexual self It also presents, for each stage, a series of detailed metaphorical stories, exercises, and rituals designed to assist a client who is traversing a particular stage. Numerous suggestions, lists, questions, and vivid case studies help the therapist to identify and assess the individual needs of a particular client and then pinpoint those tools that will best facilitate the healing process at a given stage. Recognizing the severe toll that work with sexually abused clients can take on the therapist, Reclaiming Herstory also provides strategies for self-care that can be used during various stages of therapeutic practice. The volume also provides a timely and important discussion of the controversial "false memory backlash" and its impact on the survivor and implications for the therapist.

This treatment manual presents a complete12 session program for treating survivors of child sexual abuse. It addresses issues of social isolation, intimacy and mistrust of others and how survivors can gain the support of others.

This memoir is the incredible portrayal of the journey of a ritual abuse survivor. Like Ishmael, in the novel, Moby Dick, she alone lived to tell her story. As with the phoenix, she rises from the ashes of her past and finds complete freedom in Christ. This healing is made possible solely through the strength and power of the Lord. He was, is and always will be her holy, hiding place. The author choses to remain anonymous, writing her story of survival to the glory of God and God alone. Romans 11:36 reveals this source of inspiration: "For of Him, and through Him, and to Him, are all things to whom be glory forever. Amen."

More Than Survivors

My Story - the Next Chapter

Sibling Abuse Survivor

Reigning After the Rain (Living Freely After Abuse)

Ericksonian Solution-Focused Therapy For Sexual Abuse

The Hidden Survivor

Hidden Scars

This is a true story written about an average little girl born into a family of emotional, physical, and incest sexual abuse. And her triumphal struggle for survival! Her mother was nineteen, and her father was twenty, when she was born, and shortly after her birth her father enlisted in the Marines, and her mother went to Virginia to work. Her grandmother became her mother image for four years, and gave her the stability of a strong Christian foundation. Her parents returned four years later as strangers and took

her away from her grandmother. The emotional and physical abuse started immediately, and the incest sexual abuse started when she was ten years old, she had no childhood. She escaped from her tragic home life when she was sixteen and became a married woman, and started her family when she was nineteen. She lived a life of fear and deceit because she was afraid to tell her story until she was thirty five years old. Through her whole life there have been many threats of death from her father. She is a survivor! She has lived a successful adult life, and raised very successful children in the business world. Her book will serve as an inspiration for abused children and adults, and help them to become Survivors too! Lorena Noe Toskov Cochran, has been the CEO of the largest Limousine Company on the East Coast, All Stretched Out Limousine Service, Inc., for over a decade. She has been a graduate of three beauty schools, and was a hair stylist, while raising her children. She acclaims her children are her greatest accomplishment! Her parenting skills were achieved from her grandmother, so this was an extremely challenging task. Now that her children are successful business men. During the last season of her life, her goals are to help child abuse victims, children and adults become survivors! And because of her deep love for animals, she also wants to help with animal abuse.

Before That Night, Sadie Mays was a college graduate with an acceptance into a great PhD program, a fun summer nanny job abroad, and enough confidence to believe the world would always lay at her feet. After That Night, Kayleigh Vicks is nobody. She survives the only way she knows how—staying alone, keeping her mouth shut, and turning her back on every single hope Sadie had for the future. It's working, at least as far as keeping her safe, but when handsome, charming Logan keeps popping up out of nowhere, Kayleigh struggles to push him away. Maybe it's because she likes him, maybe it's because he's persistent, or maybe it's simply because she can't remember the last time she connected with another human being. She would never guess he's haunting her life because he's working for the people she's been hiding from for years—and that it's his job to bring her in. Their friendship, built on sinking sand, persists despite the odds and when it's time to do what he came to do, Logan doesn't know if he can. Torn between loyalty to his family and his feelings for the girl he just met, he's desperate to find a way out that will save them both. But the secrets of That Night are starting to bubble to the surface, and neither Logan nor Kayleigh have enough of the pieces to see the whole puzzle. By the time all of them fall into place, it might be too late to save anyone.

Secrets from my past and forgotten traumas ruled my life for years. These secrets drove me into alcohol and drug abuse, as well as other self-destructive behaviors. I did not understand what was going on inside of me. In order to survive I had to uncover what I had so carefully buried. This is the true story of my recovery journey from both childhood sexual abuse and the dysfunctional family dynamics that aggravated it. My family blamed me for my difficulties, and sometimes the trauma threatened to overwhelm me, but I found something inside of me that refused to give up. I studied psychology and counseling and I eventually learned to talk about rather than suppress my feelings. This gave me relief from the crushing pain inside of me. Now, after thirty years of healing and recovery, I am sharing my story with the hope it might help and inspire others. Recovery is possible.

DIGENE FARRAR was in New York City, launching the modeling career she'd always dreamed of. The morning of September 11, 2001, she was two blocks away when the first jet crashed into the World Trade Center. Her instincts as a registered nurse led her to the scene to help, and she was there when the second jet hit. In a blink, trauma reactivated the secret trauma buried deep...of childhood sexual abuse. "Not My Secret to Keep" is a stirring step-by-step account of self discovery, healing, and transformation. You observe up close how she suffered from PTSD and dealt with physical and emotional injury. You listen in on her deep inner work with therapists in her quest to heal. "Not My Secret to Keep" is a practical book that can be utilized by survivors, their families, friends and anyone working in professions who care for those suffering from the trauma of childhood sexual abuse.

In her compelling journal written about her own ride on the terrifying rollercoaster of abuse, D.R. McNeil plunges into her own experiences as a young victim. As a survivor and overcomer, she offers her story in hopes that no child will be forced to endure the pain and fear of being abused. From solitary days to fearful, sleepless nights, D.R. McNeil found herself threatened by some of the people she held most dear. Read about her plight for survival and, unfortunately, the remaining anxiety and mental distress from her childhood abuse. It is her plea that we will never forget the beautiful children who are suffering daily, trying with all their might to survive.

The Story of a Hidden Child Survivor of Transnistria

Reclaiming Herstory

Secrets Don't Make Survivors

A Book of Hope for Cancer Patients, Their Families and Friends

Not My Secret to Keep

And Social Justice for All

During the Civil War, Charlotte Rose Frazier, a young girl from an old Virginia family, escapes with her learning disabled brother from their centuries-old Tidewater Virginia home. An elderly abolitionist invites the two children to live with her. Charlotte rebuilds her life, eventually finding love and a stable home on the New Jersey shore. The years pass happily for Charlotte and she regains ownership of her family homestead, bequeathing it and her diary to her beloved grandson, Ken Lawe. Ken takes on the unknown, relocating back to Virginia to claim the deserted family homestead. It is there that his grandmother's deepest secrets await his arrival. This sweeping epic begins after World War II and flashes back to events during the Civil War. Can an old Civil War diary change the future?

It was a tale of loss and recovery, of courage and sorrow, of horror and inspiration. Tania Head's astonishing account of her experience on September 11, 2001—from crawling through the carnage and chaos to escaping the seventy-eighth-floor sky lobby of the burning south tower to losing her fiancé in the collapsed north tower—transformed her into one of the great victims and heroes of that tragic day. Tania selflessly took on the responsibility of giving a voice and a direction to the burgeoning World Trade Center Survivors' Network, helping save the

"Survivor Stairway" and leading tours at Ground Zero, including taking then-governor Pataki, Mayor Bloomberg, and former mayor Giuliani on the inaugural tour of the WTC site. She even used her own assets to fund charitable events to help survivors heal. But there was something very wrong with Tania's story—a terrible secret that would break the hearts and challenge the faith of all those she claimed to champion. Told with the unique insider perspective and authority of Angelo J. Guglielmo, Jr., a filmmaker shooting a documentary on the efforts of the Survivors' Network, and previously one of Tania's closest friends, The Woman Who Wasn't There is the story of one of the most audacious and bewildering quests for acclaim in recent memory—one that poses fascinating questions about the essence of morality and the human need for connection at any cost.

'Accounts of Innocence' explores the question of why such psychological significance is placed on victimisation in people's lives. Focusing on adult survivors of childhood sexual abuse, David shows how the idea of innocence shaped the emergence of traumapsychology.

In this unflinching memoir, the author leads you on a jolting rollercoaster ride of shocking discoveries of how sibling abuse impacted her adulthood. Sibling Abuse Survivor is a searing, exquisitely and candidly constructed intimate portrait of the secret underworld of a sibling abuse survivor. Her story will impress itself upon your heart as her tragic past unfolds, the present is torn apart, and the future is irrevocably altered. Sibling Abuse Survivor is a story woven together with a tapestry of profound courage, survival, and hope. Until now, the suffering and hardships of sibling abuse survivors have rarely been acknowledged. This morally challenging memoir is a call to action against what sibling abuse can do to millions of adult lives. In America there are over 40 million adult sibling abuse survivors.

Written for teens, but also incredibly helpful to anyone working with students, Secret Survivors tells the compelling, true stories of people who have lived through painful secrets. As teens read stories about rape, addiction, cutting, abuse, abortion, and more, they'll identify with the universal pain in each story and find the strength to share their own story and start healing.

I Had a Secret

The Shattering Effects of Child Abuse

Strategies and Stories from the Transformative Justice Movement

Rising from Silence

Uncovering Incest and Its Aftereffects in Women

Awakening Blackout Girl

The Hidden Treasures in the Darkness and Secret Places

Which is the safest seat on an airplane? Where is the best place to have a heart attack? Why does religious observance add years to your life? How can birthdays be hazardous to your health? Each second of the day, someone in America faces a crisis, whether it's a car accident, violent crime, serious illness, or financial trouble. Given the inevitability of adversity, we all wonder: Who beats the odds and who surrenders? Why do some people bound back and others give up? How can I become the kind of person who survives and thrives? The fascinating, hopeful answers to these questions are found in The Survivors Club. In the tradition of Freakonomics and The Tipping Point, this book reveals the hidden side of survival by combining astonishing true stories, gripping scientific research, and the author's adventures inside the U.S. military's elite survival schools and the government's airplane crash evacuation course. With The Survivors Club, you can also discover your own Survivor IQ through a powerful Internet-based test called the Survivor Profiler. Developed exclusively for this book, the test analyzes your personality and generates a customized report on your top survivor strengths. There is no escaping life's inevitable struggles. But The Survivors Club can give you an edge when adversity strikes.

Memoirs of Kaufman, a Jew who was born in 1932 in the town of Herța in Romania (now Hertsa, Ukraine). Chs. 1-4 (pp. 23-94) relate her experiences of antisemitism as a child, as well as her suffering in the Holocaust. In summer 1941 she, her parents, and her six siblings were sent on a death march to Transnistria, during which many Jews perished from starvation or disease, and many others were killed by their Romanian guards. Some of Kaufman's family members died during the march, and those who remained perished shortly after reaching Transnistria. Kaufman wandered through forests and villages, stealing or begging for food, and then worked for a Ukrainian woman in Mogilev. She was betrayed by Jewish collaborators and sent to the Pechora internment camp, but escaped and returned to Mogilev. In 1943 she was allowed to return to the Dorohoi region, with other orphans. After the war she was sent by UNRRA to Canada, where much later, in 1995, she began to speak to audiences about her experiences.

In this honest and practical guide, rape survivor and victim advocate Jennifer Storm shares the information, tools, and resources she has gained from more than twenty years of personal and professional experience to help fellow survivors recover from co-occurring sexual trauma and substance use. In recent years, the #MeToo and Time's Up movements have exposed the truth that many already knew: sexual violence, victimization, and rape culture are real, pervasive, and causing widespread trauma for millions of survivors. This newfound visibility is also shedding light on the lack of resources available for victims to cope and heal from their pain. Perhaps it's not surprising that many turn to whatever coping mechanisms are close by, which often include alcohol, other drugs, and unhealthy behaviors. How can people in recovery from both sexual trauma and substance use heal in a place where victim-blaming and addiction stigma collide?

Jennifer Storm is living proof that there is hope. In her memoir Blackout Girl, she shared her story and showed survivors that they are not alone. In Awakening Blackout Girl, Jennifer goes further by providing the road map she used to wake herself up from the drug-fueled numbness that was killing her and to achieve a fulfilling life of recovery and advocacy. With more than twenty years of experience helping other victims through the criminal justice system, Jennifer knows what survivors face. In this guide, she provides the exercises, tools, and wisdom they need to heal. While covering crucial subjects ranging from shame and self-harm to sex and relationships, Jennifer's message is this: Neither your pain, nor your offender, nor anyone else who doubts your strength gets to finish your story. You have the power to write your ending. You can survive, you can heal, and you can thrive.

Transformative justice seeks to solve the problem of violence at the grassroots level, without relying on punishment, incarceration, or policing. Community-based approaches to preventing crime and repairing its damage have existed for centuries. However, in the putative atmosphere of contemporary criminal justice systems, they are often marginalized and operate under the radar. Beyond Survival puts these strategies front and center as real alternatives to today's failed models of confinement and "correction." In this collection, a diverse group of authors focuses on concrete and practical forms of redress and accountability, assessing existing practices and marking paths forward. They use a variety of forms—from toolkits to personal essays—to delve deeply into the "how to" of transformative justice, providing alternatives to calling the police, ways to support people having mental health crises, stories of community-based murder investigations, and much more. At the same time, they document the history of this radical movement, creating space for long-time organizers to reflect on victories, struggles, mistakes, and transformations.

In this unflinching memoir, the author leads you on a jolting rollercoaster ride of shocking discoveries of how sibling abuse impacted her adulthood. Rising From Silence is a searing, exquisitely and candidly constructed intimate portrait of the secret underworld of a sibling abuse survivor. Her story will impress itself upon your heart as her tragic past unfolds, the present is torn apart, and the future is irrevocably altered. Rising From Silence is a story woven together with a tapestry of profound courage, survival, and hope. Until now, the suffering and hardships of sibling abuse survivors have rarely been acknowledged. This morally challenging memoir is a call to action against what sibling abuse can do to millions of adult lives. In America there are over 40 million adult sibling abuse survivors.

The Survivors Club

I Survived Ted Bundy

The Story of Bluebeard and His Wives

Sharon Osbourne Survivor

A Novel Based on a True Holocaust Story

A Survivor's Story of Recovery

A Survivor's Story

Secret Survivor (Her-Story)AuthorHouse

True Story of Impact to Adulthood

A Memoir of Healing from Childhood Sexual Abuse

Til Death Do Us Part

Live! Remember! Tell the World!

Secret Survivors

A Survivor's Guide for Healing from Addiction and Sexual Trauma

The Secrets and Science that Could Save Your Life