

Reclaim Your Heart Personal Insights On Breaking Free From Lifes Shackles By Yasmin Mogahed

We are living in a time of unrest for many members of the Islamic faith around the globe. Enter Muslims of the World, a book based on the popular Instagram account @MuslimsoftheWorld1. Like the account, the book's mission is to tell the diverse stories of Muslims living in the US and around the world. Illustrated throughout with moving photographs, each chapter will focus on different aspects of the Islamic faith and the many varying cultures it encompasses, offering tales of love, family, and faith while empowering Muslim women, refugees, and people of color. Whether it is telling a story about a young Syrian refugee who dreams of being a pilot or about a young girl's decision to not remove her hijab, which in turn saved her family's life, Muslims of the World aims to unite people of all cultures and faiths by sharing the hopes, trials, and tribulations of Muslims from every walk of life.

The words found in this book are my voice and my letter to the world. I wanted to give back, in hopes of helping myself and others survive. Just as we will fall in life, so will we rise. There is hope. There is beauty. There is love.

Reclaim Your HeartPersonal Insights on Breaking Free from Life's ShacklesIdly Consulting

Afflictions that assail and control people—such as miserliness, envy, treachery, malice, and arrogance—are examined in a study that discusses the causes and cures of these diseases and reveals how Islamic spirituality deals with spiritual and psychological problems. Original.

Allah Loves

Contains 100 Everyday Dua- Supplication and Invocation for Muslims with Transliteration and Translation Compiled from the Both the Quran and Hadith

Prayers of the Pious

A Treasure Chest of Reminders

Ten ways to reclaim your calling, move beyond burnout, and make a difference without sacrificing yourself

Portraits and Stories of Hope, Survival, Loss, and Love

Homosexuality is anathema to Islam - or so the majority of both believers and non-believers suppose. Throughout the Muslim world, it is met with hostility, where state punishments range from hefty fines to the death penalty. Likewise, numerous scholars and commentators maintain that the Qur’an and Hadith rule unambiguously against same-sex relations. This pioneering study argues that there is far more nuance to the matter than most believe. In its narrative of Lot, the Qur’an could be interpreted as condemning lust rather homosexuality. While some Hadith are fiercely critical of homosexuality, some are far more equivocal. This is the first book length treatment to offer a detailed analysis of how Islamic scripture, jurisprudence, and Hadith, can not only accommodate a sexually sensitive Islam, but actively endorse it.

Conscious Service: Ten ways to reclaim your calling, move beyond burnout, and make a difference without sacrificing yourself will help service providers in all types of human service understand and move beyond burnout and compassion fatigue and discover a renewed energy for serving others. Each of us can learn how to thrive and find fulfillment in our vocations as we make a positive difference in our homes, workplaces, and communities. Using images, storytelling, and practical application exercises, Elizabeth Bishop invites us to reimagine how we think about, train for, and embody service. Blurring the line between the traditional and the alternative with expertly chosen spiritual and self-help insights, Conscious Service: Ten ways to reclaim your calling, move beyond burnout, and make a difference without sacrificing yourself offers pragmatic and inspiring guidance for direct service providers and the people responsible for the systems and structures through which service is delivered. Even if serving others isn’t the core focus of their vocation, readers will discover keys to feeling better, living with purpose, and contributing with impact.

”This is an exquisite clection of incidents from the life of the Prophet, stories from Islamic Heritage, and thought-provoking anecdotes from the life of the author. The aim of the book is to train the reader to enjoy living his life by practicing various self-development and inter-personal skills., in order to highlight the benefit ofusing social skills, the author draws from the lives of the Prophet and his Companions. ...”--Page [4] of cover.

“This practical book presents the inner depths of Sufi teachings in a way that is directly relevant to our constant efforts to reach for happiness.”—Professor Komaruddin Hidayat, Islamic scholar and bestselling author of Life’s Journey “When we peer inside our souls and still cannot find happiness, we must dig even deeper. This book is like a whetstone that sharpens our abilities to uncover true happiness from within.”—Gobind Vasheed, spiritual teacher and bestselling author of Happiness Inside “... mercy and compassion lie at the heart of the religious quest and this message is vitally important in our dangerously polarized world.”—Karen Armstrong, author of the bestselling books, Muhammad: A Prophet for Our Time, Islam: A Short History, A History of God and Fields of Blood “Islam, the Faith of Love and Happiness offers an antidote . . . by presenting the heart of Islam, the extent to which Islam, the Qur’an and Muhammad offer a message of love and happiness.”—John L. Esposito, Professor of Islamic Studies, Georgetown University Through touching stories, humorous anecdotes, and profound insights into the spiritual realm that draw on sacred Islamic teachings, Dr. Haidar Bagir shines a brilliant light into the darkness that all too often overwhelms us. Consisting of twenty-nine short, inspirational chapters, this work will take you on a spiritual quest to overcome the maladies of your soul and help you experience true happiness. Haidar Bagir is an influential Islamic scholar and spiritual master based in Indonesia. He earned his MA from Harvard University and his PhD in Philosophy from the University of Indonesia. He has been listed among the 500 Most Influential Muslims by The Royal Islamic Strategic Studies Centre for several years in a row. He has written a number of popular books, his most recent being Learning to Live from Rumi.

Exploring Quran As Literature

For Success and Contentment in Testing Times

Finding Comfort by Making Du'a to Him

Finding Peace When Your Heart Is In Pieces

An Insight Into the Heart Based on the Qur’an Sunnah and Modern Science

A Woman’s Guide to Embracing Islam

Talk to Allah

Have you ever wondered where the abundant life Scripture promises is, and how you seem to have missed it? Do you ever catch yourself saying, “Those were the best years of my life?” A failed relationship, a health crisis, a job loss, the death of a loved one—all can cause us to hide out, go numb, give up. Before we even know it, we’re simply coping with life instead of living it to the fullest. It happens to most of us at one point or another. For author and Bible study teacher Denise Hildreth Jones, it happened in the wake of her devastating divorce. But she fought desperately to reclaim her God-designed heart, and now, in her transparent, authentic style, Denise challenges you to do the same. Sharing stories from her own journey and others she’s walked alongside, Denise will help you identify ways you’ve given your heart to “lesser gods” like performance, people-pleasing, and control, and how to find your way back to God’s design for your life—to laughing, loving, and living life to the fullest.

Do you feel overwhelmed right now with all the pressures and uncertainties of life? Does the thought of your past failures, failed relationships and negative labels drag you down? Have you ever wished that you could just leave everything behind and start fresh? Are you ready to finally let go, move on and live a happy and joyful life? If you keep bringing negative baggage from yesterday, it will eventually poison your future. You may have had an unfair past, but the truth is, you don’t need to have an unfair future. You may have had a rough start in your marriage, your business, your career – but it’s not how you start that matters most, it’s how you finish. Let us begin the exploration of your journey towards “surrendering” in this book. And may we all find the strength to let go, the capacity to forgive, and the faith to move on.

Nouman Ali Khan offers insights on how to reorient our lives for success in both this world and the next.

A personal story of the author reflecting on her journey of life with references to quotes from the Qur’an, Hadith and contemporary thinkers.

Conscious Service

Mind Platter

Islam, the Faith of Love and Happiness

The 99 Healing Names of the One Love

Reclaiming Your Heart

Smart Single Muslimah

Homosexuality in Islam

This exploration of Islamic spirituality delves into the psychological diseases and cures of the heart. Diseases examined include miserliness, envy, hatred, treachery, rancour, malice, ostentation, arrogance, covetousness, lust, and other afflictions that assail people and often control them. The causes and practical cures of these diseases are discussed, offering a penetrating glimpse into how Islam deals with spiritual and psychological problems and demonstrating how all people can benefit from these teachings.

This inspirational collection of prayers and reminders is the perfect companion for anyone who wishes to connect to the Divine. Shaykh Omar Suleiman provides us with thirty short prayers taken from the teachings of the Prophet Muhammad and the early generations, each with a short reminder to deepen the impact of the prayer in our lives. Prayers of the Pious provides spiritual gems that serve as valuable wisdom and practical advice for the soul. By reading this short work with an attentive heart, the reader can cultivate love for God and His Messenger and live life with gratitude and contentment.

*When was the last time we really poured our feelings out to Allah? **** We have been taught that the only time we can communicate with Allah is when we are making du’a to Him. Even then, it comes with a set of restrictive rules that puts a ‘barrier’ between Allah and us. The things we recite are verses that we were told to memorise, but rarely do we truly talk to Allah about the troubles that are weighing down our hearts. Because it feels awkward. Thus when we are down and sad, we seek other means for comforting ourselves, but often they offer only temporary respite. We forget that true comfort lies only with Allah. **** In this book, author Ayesha Sakhira takes you on a journey of spiritual discovery; of reconnecting with Allah wholeheartedly. The author focuses on nurturing the lifestyle of talking to Allah: of finding comfort by making du’a to Him at any time of the day.*

"A 'self-help' book for Muslims, which seeks both to inspire Muslim women, but also to educate those outside the faith" - Dr Myriam Francois Since her conversion to Islam in 2002 Mathilde Loujayne has crossed paths with women from all walks of life on a common spiritual journey to discover Islam from a feminine perspective. Fuelled by a desire to find the right words to explain to her mother her choice to embrace Islam, this guide was born. Through Mathilde Loujayne's personal experiences - grief, high school, moving abroad, work, marriage, and motherhood - she addresses women's common concerns as they take the big, little steps towards finding a balanced lifestyle and a glowing heart in Islam.

Living Unbroken

The Art of Letting God

Enjoy Your Life

The Sayings of Prophet Muhammad ﷺ, Ibn Taymiyyah, Ibn Al-Qayyim, Ibn Al-Jawzi and Other Prominent Scholars in Bringing Comfort and Hope to the Soul

Purification of the Heart

Love & Happiness

Purification of the Heart: Signs, Symptoms and Cures of the Spiritual Diseases of the Heart

Divine Names is a unique contribution to understanding life and oneself on a deeper level. It draws on original Arabic literature and on the author’s many year of personal practice, teaching, and guiding others on their spiritual paths to healing, to become whole. It focuses on the use of the Divine Names in dhikr, individual meditations, and healing practices. The Sufi tradition centers on the opening of the heart and nothing touches the heart as much as beauty. The author’s unique style of writing is coupled with ornamental Arabic calligraphy of each of the 99 Divine Names, making a stunning tribute to this tradition. It will be enjoyed regardless of religious beliefs.

Secrets of Divine Love Journal is based on the award-winning and #1 international bestselling book, Secrets of Divine Love: A Spiritual Journey into the Heart of Islam. Through heart-centered reflections, insightful prompts, and thought-provoking questions, Secrets of Divine Love Journal can help you foster a deeper relationship with Allah by connecting you with the heart of your faith in a more intimate and inspiring way.The Secrets of Divine Love Journal connects you more deeply with Allah through exercises and questions designed to help you:* Experience the love of Allah: Discover divine love through inspiring stories, powerful verses from the Qur’an, and sayings of the Prophet Muhammad (pbuh).* Connect with your faith: The journal is filled with a 100+ thought-provoking prompts designed to give you the space to feel, reflect and ultimately return to Allah.* Transform every moment into prayer: Each journaling session begins and ends with a prayer of gratitude with the intention of allowing you to experience the transformative power of prayer.* Create connection with your faith community: The questions and prompts within journal were written for both private contemplation and to be shared amongst friends or answered in book clubs.This journal will follow chapter-by-chapter the Secrets of Divine Love book. The journal has additional reflections, stories, and quotes while supplementing each chapter with reflective prompts alongside ample space for the reader to journal. Each chapter of the Secrets of Divine Love Journal starts with a quote from Secrets of Divine Love alongside a verse of the Qur’an followed by a story and reflection, an opening prayer, journal prompts, a quote to contemplate upon, and a closing prayer.This book will help you to reflect upon and enjoy your faith from a more holistic perspective. You will learn even more about the pillars, principles, and practices within the Islamic tradition through the Qur’an, hadith, spiritual teaching stories, and sayings from mystics like Imam Ghazali, Ibn Arabi, Rumi and countless others.

To know that you are loved by God is one of the greatest gifts of faith.

Imagine having to stand in front of Allah (s.w.t.) and watch the sin being committed in front of you then having to explain it. Allah (s.w.t.) mentions in surah Al Imran, verse 135, “And those who, when they commit immorality or wrong themselves [by transgression], remember Allah and seek forgiveness for their sins...” Keep the door of repentance open between you and Allah because He is always ready to forgive you.

A Productivity Journal for Muslims

Reclaiming Your Life and Your Heart after Divorce

Muslims of the World

Transform how You Approach Love and Marriage: A Muslim Marriage Guide for Single Muslim Women

You Can Be the Happiest Woman in the World

I Will Inshaaallaah

Heart Value

Named by Time magazine as one of the 100 most important innovators of the century, Tariq Ramadan is a leading Muslim scholar, with a large following especially among young European and American Muslims. Now, in his first book written for a wide audience, he offers a marvelous biography of the Prophet Muhammad, one that highlights the spiritual and ethical teachings of one of the most influential figures in human history. In the Footsteps of the Prophet is a fresh and perceptive look at Muhammad, capturing a life that was often eventful, gripping, and highly charged. Ramadan provides both an intimate portrait of a man who was shy, kind, but determined, as well as a dramatic chronicle of a leader who launched a great religion and inspired a vast empire. More important, Ramadan presents the main events of the Prophet's life in a way that highlights his spiritual and ethical teachings. The book underscores the significance of the Prophet's example for some of today's most controversial issues, such as the treatment of the poor, the role of women, Islamic criminal punishments, war, racism, and relations with other religions. Selecting those facts and stories from which we can draw a profound and vivid spiritual picture, the author asks how can the Prophet's life remain -- or become again -- an example, a model, and an inspiration? And how can Muslims move from formalism -- a fixation on ritual -- toward a committed spiritual and social presence? In this Mind Platter is a compilation of reflections on life as seen through the eyes of an educator, student, and human who experienced her early days in silence. It is written in the words of a woman who came from Lebanon to Canada at the age of sixteen and experienced what it was like to have fate push her to a place where she didn't belong. It is written in the voice of every person who has felt unheard, mistreated, misjudged, or unseen. The book contains over 200 one-page reflections on topics we encounter in our everyday lives: love, friendship, hurt, inspiration, respect, motivation, integrity, honesty, and more. Mind Platter is not about the words it contains, but what the reader makes of them. May this book give a voice to those who need one, be a crying shoulder for those who need someone to listen, and inspire those who need a reminder of the power they have over their lives.

The role of the human heart according to Islamic writings in comparison with modern science.

A selection of beautiful and practical pieces of advice from the Quran, the Prophet PBUH and Islam's great scholars on repentance, guidance and purification. This book is designed to serve as a source of hope and strength for those going through difficult times, while providing numerous important pieces of knowledge and guidance for all readers and all times

Critical Reflection on Gay, Lesbian, and Transgender Muslims

Show Up

Women Around the Messenger

Muhammad

Big Little Steps

Divine Speech

Secrets of Divine Love Journal

Through conversations, stories, and meditations, the Dalai Lama shows us how to defeat day-to-day anxiety, insecurity, and discouragement. Together with Dr. Howard Cutler, he explores many facets of everyday life, including relationships, loss, and the pursuit of wealth, to illustrate how to ride through life’s obstacles on a deep and abiding source of inner peace. Based on 2,500 years of Buddhist meditations mixed with a healthy dose of common sense, THE ART OF HAPPINESS is a book that crosses the boundaries of traditions to help readers with difficulties common to all human beings. After being in print for ten years, this book has touched countless lives and uplifted spirits around the world.

Allah has gifted us the mind. This book is about how to calm it, and use it. We have the emotions, the intellect and the wisdom in order to achieve our missions in life: to overcome sadness and stress, to make better decisions, to be happy and successful, to earn material and religious blessings, and to be effective and talented in our dealings with others. Each chapter is loaded with examples and methods to help any Muslim to achieve these purposes and goals. The insights keep pouring out of each page, giving the reader food for thought and a sense of confidence that arrives when we learn simple solutions to difficult things. How to be excellent in our conduct when times are tough. How to understand what motivates us. How to avoid mistakes we keep repeating. How to see through confusion and make wise decisions. How to serve those we need to serve. How to keep to our purpose and achieve our goals in life. In a step by step approach, Instant Insights sets out simple explanations and techniques, with plenty of helpful diagrams, to help you achieve all of these things and more. In this dense and rich book, inshallah you will find yourself jumping from page to page, joyously gaining one fresh insight after another. May Allah help us put these precious wisdoms to good use. T K Harris is a doctor, author and speaker who completed his medical and psychiatric training in Oxford and works internationally. With 25 years' experience in helping thousands of people to overcome difficulty, find success, and to live confidently and peacefully, he is a worldwide authority on wellbeing and mental health and has published and lectured extensively in the scientific and academic domain. He also coaches people in making good decisions, and he advises and chairs non-governmental organisations. This is his first book for the general reader. Includes the following chapters and themes: The Nafs- our basic emotions and instinctsManaging Difficult EmotionsDealing with Stress InstantlyReaching Islamic and Worldly goalsRIADH- the Garden of Instant PeaceMindfulness in Islam (Murqaabah)Truths of LifeRules of ConductFinding a Purpose and Mission in LifeReflections and QuotationsUnderstanding personalityDeveloping Good relations with others..and many more.

Reclaim Your Heart is not just a self-help book. It is a manual about the journey of the heart in and out of the ocean of this life. It is a book about how to keep your heart from sinking to the depths of that ocean, and what to do when it does. It is a book about redemption, about hope, about renewal. Every heart can heal, and each moment is created to bring us closer to that transformative return. Reclaim Your Heart is about finding that moment when everything stops and suddenly looks different. It is about finding your own awakening. And then returning to the better, truer, and freer version of yourself. Many of us live our lives, entrapped by the same repeated patterns of heartbreak and disappointment. Many of us have no idea why this happens. Reclaim Your Heart is about freeing the heart from this slavery. It is about the journey in an out of life's most deceptive traps. This book was written to awaken the heart and provide a new perspective on love, loss, happiness, and pain. Providing a manual of sorts, Reclaim Your Heart will teach readers how to live in this life without allowing life to own you. It is a manual of how to protect your most prized possession: the heart.

Faith turns to shame, confidence to doubt, and conviction to rebellion. Inaya was only nine when her mother converted to Islam and moved the family to Saudi Arabia. Now, at sixteen years old, Inaya returns to America and decides to remove her Muslim clothes and hide her religion at school. ...And she hopes to get the attention of a boy she likes. But she has no idea how to hide this double life from her mother, and from everyone who admires her strong faith.

Timeless Seeds of Advice

Revive Your Heart

Divine Names

Muslim Girl

The Art of Interpersonal Relations as Exemplified in the Prophet's Biography

The Dua Book

A Step-by-Step Guide to the Other Side of Grief, Loss, and Pain

Unlike other books on divorce, Living Unbroken takes a deep dive into understanding and overcoming the emotional toll divorce, separation, and the loss of a serious long-term relationship has on a woman’s well-being. As someone who has walked this path, Tracie Miles leads women on a powerful, life-changing journey that provides much-needed hope, encouragement, and practical guidance for living their best life even if it’s not the life they once imagined. Her biblically sound approach teaches readers how to trust in God’s promises and restore their self-confidence and hope for the future.

Have you ever felt undervalued or unappreciated? Do you know your worth, but feel disconnected from what lights you up? Are you tired of getting overlooked or ignored? Are you ready to feel energized and appreciated in ways that matter? If you know that you're meant for more, but don't know how to achieve it, Heart Value is a wonderful place to start. Since you are the expert on you, this book empowers you to honor your truth as you make choices and take actions to elevate your value, relationships and joy. On this adventure, you will be invited to: ?Prioritize fun to elevate your joy frequency ?Expand as a human through an experiential approach to self-discovery ?Reclaim your power and voice what matters to youMany Tess beautifully guides you to uncover your True Side and step toward your own epic adventure! Each point is matched with a relatable story that demonstrates the power of elevating your value and deepening important relationships. Stop feeling undervalued, unappreciated, overlooked, and ignored in your personal and professional life-learn to unleash your inner truth and joy so you can finally live the life you only dream of today.

Let's embark on a journey of finding yourself! And along the way, finding Allah at every step! This journal will give you exercises and prompts that spark reflection and help you in your path of spiritual and personal development while giving you exercises to strengthen your relationships and define your goals in shaa Allaah. Let's grown from a seed into a tree! It's all about trusting Allah and tying your camel. www.ayesha.com

Islam has been one of the most powerful religious, social and political forces in history. Over the last 1400 years, from origins in Arabia, a succession of Muslim polities and later empires expanded to control territories and peoples that ultimately stretched from southern France to East Africa and South East Asia. Yet many of the contributions of Muslim thinkers, scientists and theologians, not to mention rulers, statesmen and soldiers, have been overlooked. This book rescues from oblivion and neglect some of these personalities and institutions while offering the reader a new narrative of this lost Islamic history. The Umayyads, Abbasids, and Ottomans feature in the story, as do Muslim Spain, the savannah kingdoms of West Africa and the Mughal Empire, along with the later European colonization of Muslim lands and the development of modern nation-states in the Muslim world. Throughout, the impact of Islamic belief on scientific advancement, social structures, and cultural development is given due prominence, and the text is complemented by portraits of key personalities, inventions and little known historical nuggets. The history of Islam and of the world's Muslims brings together diverse peoples, geographies and states, all interwoven into one narrative that begins with Muhammad and continues to this day.

Insightful Reflections That Inspire Hope and Revive Faith!

Feel Appreciated in Ways That Matter and Discover Your True Side

Personal Insights on Breaking Free from Life's Shackles

Signs, Symptoms and Cures of the Spiritual Diseases of the Heart

How He Can Make You Extraordinary

Instant Insights The Muslim Mind Guide

The Intelligent Heart, the Pure Heart

Always struggle and live through life as a Muslim it is important to note that you are not alone. Allah is there for you all you need to do is call upon him by making DUA. Allah said in Quran 2: 187 " And when my servant ask you, [o Muhammad], concerning Me - Indeed I am near. I respond to the invocation of the supplicant when he calls upon Me". This shows Allah's readiness to answer our call and essentially encourages Muslims to make dua. The dua(supplications and invocations) in this book have been compiled from the Quran and Hadith for use daily in the life of a muslim. Dua is your sword as you fight through life in the hope of gaining Allah's pleasures. From the moment you wake up in the morning till you get back to bed at night, the necessary supplication and invocations to get you through the day has been compiled in this book. Amazingly this book offers the following: Arabic wording for Muslims that can read Arabic Transliteration for Muslims that can't and the Translation of each dua Get this book now and arm yourself with the necessary dua Your sword according to Prophet Muhammad

A sensitive approach to overcoming loss! Behind every tragedy and loss lies a tranquil reality just waiting to be found. Finding Peace When Your Heart Is in Pieces shows you how to use the Four Paths of Transformation--acceptance, inspiration, release, and compassion--to move past your suffering and discover inner peace. Author Paul Coleman, PsyD, guides you through every chapter with powerful exercises that help you evaluate your current emotional state and how the hardship has impacted your life. With his guidance and insight, you will learn how to transform your pain into positive thinking, find perspective through charitable acts, and hone in on what you need to do to step into a brighter future. Whether mourning the loss of a romance, health, a loved one, or coping with any of life's upheavals, Finding Peace When Your Heart Is in Pieces will help you overcome your pain and finally find peace within yourself.

Do you want to be happy? We are all looking for an escape from worry, stress and depression, and for ways to find happiness. This book presents the route to happiness in a nutshell, drawing on Islamic teachings and the voices of experts both western and eastern. So sit back, relax and read it from cover to cover, or dip into it a page or two at a time in between other activities in a busy life as a wife, mother, student or worker. This book tells the story of the Prophet Muhammad as an inspirational role model for anyone who wants to be extraordinary. You will learn how Muhammad shaped his personality as a child, dealt with the universal challenges of adolescence while a teenager, and then emerged as a leader in his community as a young adult. The book deliberately avoids the language of historical narration used in typical biographies of the Prophet in favor of a more informal, down-to-earth approach. In this book, the reader will get a completely different view of Muhammad and hopefully will see how Muhammad addressed our own daily challenges, inspiring us to excel in confronting these challenges. 'I enjoyed reading this book and recommend it to everyone who wants to be inspired by Muhammad, the greatest of mankind.' Mirza Yawar Baig, author of Presenting Islam Today.

A Collection of Personal Reflections and Quotes

The Art of Happiness

Lessons from the Life of Muhammad

Lost Islamic History

In the Footsteps of the Prophet

Reclaim Your Heart

A Journey Back to Laughing, Loving, and Living

Are you looking for a God-conscious husband who will be compatible with you? Getting married is one of the most important decisions of your life. So, before you embark on your marriage journey, you need answers so you have clarity and the confidence to find a compatible husband. Smart Single Muslimah is a thought provoking Muslim marriage guide for Muslim women. In the book, you'll discover: How to find a husband How to find out if you are compatible What questions to ask a potential spouse? How to deal with disappointment Adopting a smart Islamic approach to relationships is about following some simple prophetic principles that will help you change your habits and attitudes about getting married. If you want honest pre-marriage advice that addresses contemporary issues you're facing. Then you'll love Farhat Amin's perceptive book. Buy Smart Single Muslimah to begin your marriage journey today!

A Motivational Message for Muslim Women

Repentance: Breaking Habits of Sin

Putting Life in Perspective

Reclaiming Muslim Civilisation from the Past

A Handbook for Living