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Principles And Practice Of Phytotherapy 2nd Edition

This richly illustrated reference guide treats the subject of herbal medicines in an integrated fashion with reference to pharmacognosy, pharmacology and toxicology. It will help to enable internists, phytotherapists, physicians, healthcare practitioners as well as students to understand why, when and how herbal medicines can be used in

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the treatment of diseases. A great deal of pathology and therapeutic information is also included. Numerous tables as well as figures clarify complex mechanisms and other information. The most important medicinal plants and drugs are illustrated with exceptional color plates. Modern medicine has reached a point where the patient is not treated as a biopsychosocial-spiritual being but rather is seen as a virtual identity consisting of laboratory findings and

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images. More focus is placed on relieving the symptoms instead of curing the disease. Mostly, patients are turned into lifetime medication-dependent individuals. New medicines are needed to overcome the side effects, complications, resistance, and intolerance caused by pharmacological and interventional therapies. In hopes of drug-free and painless alternative treatments with fewer complications, there has been a trend to revisit traditional methods that have been dismissed by

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modern medicine.

Traditional medicine has to be reevaluated with modern scientific methods to complement and integrate with evidence-based modern medicine.

Functional Herbal Therapy describes a new system of Western herbal prescribing that draws on the modern concept of functional medicine but is also rooted in traditional herbal wisdom. Functional Herbal Therapy describes and elaborates 7 fundamental principles of herbal prescribing together with 12 core

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strategic targets for modern herbal treatment. This leads to precision prescribing based on the individual patient's case, in a way that even a novice using this system can quickly become an expert herbal clinician, without the need for years of training and experience.

All practitioners and pharmacists interested in treatment with herbal remedies should have this book at their disposal. It is the definitive practice-oriented introduction - now in its fifth edition -

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to phytotherapy.

Methodically classified by organic systems and fields of application, the text provides a quick insight into dosage, form of application and effects of the most important herbal remedies. Only those herbal remedies that are of pharmacological and clinical efficiency have been considered. The authors are highly experienced in the field of postgraduate medical education, and, with this work, present an indispensable reference book for the medical

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practice.

Probiotics in Mental
Health

Homegrown Remedies

A Clinical Guide to

Blending Liquid Herbs E-
Book

The Dictionary of Modern
Herbalism

Manual of Chinese Herbal
Medicine

Rational Phytotherapy
Medical Herbalism

An expert reference for anyone wishing to create their own natural, home grown remedies. Have you ever wanted to grow your own remedies, but wondered how you would go about it, or what equipment you would need? Now with Homegrown Remedies, you

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can learn how to grow herbs in pots and use your plants to create natural remedies to treat a variety of health complaints and common ailments. Home healing doesn't have to be about expensive ingredients or large gardening spaces. Make the most of your windowsill, balcony or patio and grow all the herbs you need to make natural, inexpensive remedies. Each of the 40 recipes contain step-by-step instructions showing how even the most novice of herbalists can make a variety of cures, including tinctures, poultices, juices, teas and more. This book provides a detailed, practical and, where possible, research-based rationale for the use of herbal treatments in a wide variety of clinical conditions and problems. Through the

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filter of current scientific literature, the authors have reevaluated traditional use of herbal remedies and present realistic guidelines for modern practice. A uniquely authoritative guide to applying herbal medicines as serious options for the treatment of some of the most troublesome conditions seen today. In particular, this book gives: *

- * A clear description of the principles and foundations for the practice of phytotherapy
- * In-depth and detailed profiles of over 45 herbs, reviewing pharmacology, research, and traditional use
- * Therapeutics for actual disease states, supported by case histories
- * Coverage of challenging issues such as dosage, safety, and drug-herb interactions

This is a reference book which

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combines modern medical principles and traditional medicine into a modern philosophy of herbalism. Beginning with human pathology, this book shows how plants act on the body, and how research has demonstrated that herbs are viable medicines in today's scientific climate. A pharmacology describes the active constituents of plants, while a materia medica describes over 200 plants and shows how to recognize them, prepare them and use them for healing purposes. The global popularity of herbal supplements and the promise they hold in treating various disease states has caused an unprecedented interest in understanding the molecular basis of the biological activity of traditional remedies. Herbal Medicine:

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Biomolecular and Clinical Aspects focuses on presenting current scientific evidence of biomolecular ef

Keys to Physiomedicalism Including Pharmacopoeia

Ayurveda

Prepper's Natural Medicine

Life-Saving Herbs, Essential Oils and Natural Remedies for When There is No Doctor

Fundamentals of Pharmacognosy and Phytotherapy E-Book

Braun - Herbs and Natural Supplements, 2-Volume Set

The Constituents of Medicinal Plants

The second edition of this innovative work again provides a unique perspective on the clinical discovery process by providing input from experts within the NIH on the principles and practice of clinical

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research. Molecular medicine, genomics, and proteomics have opened vast opportunities for translation of basic science observations to the bedside through clinical research. As an introductory reference it gives clinical investigators in all fields an awareness of the tools required to ensure research protocols are well designed and comply with the rigorous regulatory requirements necessary to maximize the safety of research subjects. Complete with sections on the history of clinical research and ethics, copious figures and charts, and sample documents it serves as an excellent companion text for any course on clinical research and as a must-have reference for seasoned researchers.

*Incorporates new chapters on

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Managing Conflicts of Interest in Human Subjects Research, Clinical Research from the Patient's Perspective, The Clinical Researcher and the Media, Data Management in Clinical Research, Evaluation of a Protocol Budget, Clinical Research from the Industry Perspective, and Genetics in Clinical Research

*Addresses the vast opportunities for translation of basic science

observations to the bedside through

clinical research *Delves into data management and addresses how to

collect data and use it for discovery

*Contains valuable, up-to-date

information on how to obtain funding from the federal government

Phytotherapy or herbal medicine is

the most important therapy within

Chinese medicine and is being used increasingly in the West. A Materia

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Medica for Chinese Medicine: plants, minerals and animal products describes 400 of the most important plants, minerals and animal substances used as treatments by Chinese medical practitioners. The items included have been selected according to their degree of clinical relevance. Each remedy is clearly described and illustrated on two facing pages, making this an easily accessible reference for both students and practitioners of Chinese herbal medicine. The clearly laid out text presents the following details for each herb or substance included: a detailed description of the characteristic features indications for safe use medicinal and toxic effects possible combinations with other substances full-colour illustrations, generally two for each substance,

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showing the detailed characteristics of the item described. A Materia Medica for Chinese Medicine has been written by two medically trained doctors who have worked as TCM therapists specializing in the use of Chinese herbs for more than 30 years. Based on their many years of teaching and practice, the book has been carefully compiled and designed to provide a concise and accurate practice-based reference for both students and practitioners. Herbal medicines have been used for many centuries to treat illnesses and restore health, and today herbalism still remains the most widely-practiced form of medicine around the world. Written by a leading medical herbalist, The Complete Herbal Tutor provides in-depth knowledge of the practice and theory

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of herbal medicine, including everything you need to know about its history, how it works, how to grow, gather and prepare herbs, and how to use them to create an herbal prescription. The rigorously researched and illustrated materia medica contains over 150 herbs, with clear explanations of their properties, active ingredients, and the latest scientific developments on their uses. There is also a clear explanation of how herbs can be used to treat each of the body's systems, with advice on using remedies for healing a range of specific conditions.

Pharmacognosy (the science of biogenic or nature-derived pharmaceuticals and poisons) has been an established basic pharmaceutical science taught in

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institutions of pharmacy education for over two centuries. Over the past 20 years though it has become increasingly important given the explosion of new drugs, phytomedicines (plant medicines), nutraceuticals and dietary supplements - all of which need to be fully understood, tested and regulated. From a review of the previous edition: 'Drawing on their wealth of experience and knowledge in this field, the authors, who are without doubt among the finest minds in pharmacognosy today, provide useful and fascinating insights into the history, botany, chemistry, phytotherapy and importance of medicinal plants in some of today's healthcare systems. This is a landmark textbook, which carefully brings together relevant

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data from numerous sources and provides, in an authoritative and exhaustive manner, cutting-edge information that is relevant to pharmacists, pharmacognocists, complementary practitioners, doctors and nurses alike.' The Pharmaceutical Journal 'This is an excellent text book which provides fascinating insights into the world of pharmacognosy and the authors masterfully integrated elements of orthodox pharmacognosy and phytotherapy. Both the science student and the non-scientific person interested in phytotherapy will greatly benefit from reading this publication. It is comprehensive, easy to follow and after having read this book, one is so much more aware of the uniqueness of phytomedicines. A must read for any

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healthcare practitioner.' Covers the history, biology and chemistry of plant-based medicines Covers pharmaceutical and nutraceuticals derived from plants Covers the role of medicinal plants in worldwide healthcare systems Examines the therapeutics and evidence of plant-based medicines by body system Sections on regulatory information expanded New evidence updates throughout New material covering non-medical supplements Therapeutics updated throughout Now on StudentConsult

The Essential Book of Herbal Medicine
Healthy Children
The Divine Science of Life
A Modern Paradigm for Western Herbal Clinicians
Herbal Formulations for the

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Individual Patient

The Modern Herbal Dispensatory

This manual of diagnosis and therapy is brilliantly organized for study and reference. It might even be called the "Merck Manual" of Chinese herbal medicine, for it makes the principles and practices of this traditional healing art highly accessible with its concise and lucid compendia. The book covers:

- Important basic concepts of traditional Chinese medicine, such as yin and yang, the five elements, qi, jing, and shen
- Causes of disease
- Classification of symptoms
- Methods of diagnosis
- Approaches to treatment with herbal medicine
- Preventive

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measures • Symptoms of common illnesses • Therapeutic classifications of many common herbs and prescriptions • 342 formulas for common compound drugs • Case studies from the Chinese medical literature illustrating the application of the principles discussed in the book

The concept that the gut and brain are intricately linked is widely accepted not just within the lay community but increasingly within scientific and therapeutic circles as well. Terms such as "heartache" and "gut wrenching" are more than mere metaphor, they represent key fundamental aspects of human experience which all individuals will invariably endure from time to time.

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The relationship between the gut and brain is complex but fundamental to health and wellbeing. Increasing and compelling evidence supports the existence of a relationship between the health and status of the gut and the manifestation of significant psychopathology. Uniquely within the field of mental health and psychiatry, the role of gut flora and probiotics in both the understanding and treatment of mental illness represents an emerging science whether the potential for therapeutic intervention, through the use of probiotics, offers an opportunity to determine efficacy within a coherent evidence-based model of both action and pathology

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or, moreover, offers interventions that are comparatively benign compared to the side-effect profile associated with most drugs used to treat mental illness. Probiotics in Mental Health examines the role of probiotics in a range of clinical presentations associated with significant psychopathology and facilitates a reconsideration of how mental illness may be conceptualised within a coherent gut-brain model of health and wellbeing. Under the rubric of enhancing wellbeing rather than dwelling on illness and disease, this exciting new volume not only comprises the latest evidence in the field but also advocates an approach characterised by the

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understanding of mental disorder within an evidence-based model and the pursuit of mental health and wellbeing through the most benign of interventions.

This unique one-of-a-kind book is a comprehensive introduction to the theory and practice of Ayurveda, and discusses the practical use of therapies such as diet, exercise, yoga, meditation, massage, and herbal remedies. The book also includes detailed information on Ayurvedic pharmacology and pharmacy, clinical methods and examinations, and general treatment protocols. Plus, a helpful section provides a comprehensive materia medica of 50 Indian herbs that include botanical descriptions,

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traditional Ayurvedic knowledge, constituent data and the latest medical research, as well as clinical indications, formulations, and dosages. Helpful full-color insert containing photos of the 50 herbs covered, alongside a ruler for scale, allows the reader to quickly identify herbs correctly. Includes useful appendices, including information on dietary and lifestyle regimens, Ayurvedic formulations, Ayurvedic weights and measures, glossaries on Ayurvedic terms, and medical substances. Unique contributions include a discussion of pathology, clinical methods, diagnostic techniques, and treatment methods from an Ayurvedic perspective. The Western Herbal Tradition is a

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comprehensive exploration of 27 plants that are central to the herbalist's repertoire. This fully illustrated colour guide offers analysis of these herbs through the examination of historical texts and discussion of current applications and research. Your practice of phytotherapy will be transformed as the herbal knowledge from these sources is illuminated and assessed. Each chapter offers clear information on identification, uses and recipes, as well as recommendations on safety, prescribing, dosage and full academic references. The Western Herbal Tradition reveals a deep understanding of the true essence of what each plant can offer, as well

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as a fascinating insight into the unique history of contemporary herbal practice. This book is a valuable resource for everyone interested in herbal medicine and its history.

A Desktop Guide for Herbal Prescribers

2000 Years of Medicinal Plant Knowledge

ABC of Complementary Medicine Herbs and Natural Supplements, Volume 2

The Science and Practice of Herbal Medicine

Traditional and Complementary Medicine

Phytotherapy

This clinical guide and practical reference is ideal for those who

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use and combine liquid herbal remedies for the individual needs of the patient. With three introductory chapters, 125 monographs, and various glossaries and appendices, it covers the fundamental concepts of using liquid herbals, including how the remedies are made, quality issues, and dosage guidelines. The monographs include full prescribing information that covers actions, indications, contraindications, warnings and precautions, interactions, side effects, dosage, traditional usage, pharmacological research, clinical studies, and full references. Focuses solely

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on liquid herbal preparations — making it a must-have resource and the only book of its kind. Covers approximately 125 herb profiles in detail. Offers the widest range of research-backed information currently available on herbs. Begins with basic principles to give practitioners confidence in the accuracy and precision of their prescriptions. Written by one of the leading names in herbal medicine. Clinically relevant with quick access to dosage information, contraindications, and more. The authoritative and comprehensive modern textbook on western herbal

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medicine - now in its second edition This long-awaited second edition of Principles and Practice of Phytotherapy covers all major aspects of herbal medicine from fundamental concepts, traditional use and scientific research through to safety, effective dosage and clinical applications. Written by herbal practitioners with active experience in clinical practice, education, manufacturing and research, the textbook is both practical and evidence based. The focus, always, is on the importance of tailoring the treatment to the individual case. New insights are given

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into the herbal management of approximately 100 modern ailments, including some of the most challenging medical conditions, such as asthma, inflammatory bowel disease and other complex autoimmune and inflammatory conditions, and there is vibrant discussion around the contribution of phytotherapy in general to modern health issues, including health ageing. Fully referenced throughout, with more than 10, 000 citations, the book is a core resource for students and practitioners of phytotherapy and naturopathy and will be of value to all healthcare

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professionals - pharmacists, doctors, nurses - with an interest in herbal therapeutics.

50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart.

This comprehensive guide features holistic medicines, salves, and ointments for

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treating a broad range of ailments and injuries during a crisis. When disaster strikes and you lose all access to doctors, hospitals and pharmacies, natural medicine will be your family's best hope for survival. With easy-to-read herbal charts, a breakdown of essential oils, tips for stockpiling natural medicines and step-by-step instructions for creating your own elixirs, salves and more, this book offers everything you need to keep you and your loved ones safe. Prepper's Natural Medicine is the definitive guide to creating powerful home remedies for any health

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situation, including:

- *Herbal Salve for Infections*
- *Poultice for Broken Bones*
- *Natural Ointment for Poison Ivy*
- *Infused Honey for Burns*
- *Essential Oil for Migraines*
- *Soothing Tea for Allergies*
- *Nutritional Syrup for Flu*

The definitive, full-color guide to making and using approximately 250 herbal medicines at home, with instructions for everything from harvesting to administering low-cost, DIY remedies. This comprehensive, full-color guide provides detailed, easy-to-follow instructions for making and using approximately 250

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herbal medicines at home, including practical tips and numerous effective formulas developed and tested by the authors, both expert herbalists with years of experience. Readers who appreciate the health-giving properties of herbal medicines but are discouraged by the high price of commercial products can now make their own preparations for a fraction of the cost. The authors tell you everything you need to know about harvesting, preparing, and administering herbs in many different forms, including fresh, bulk dried herbs, capsules, extracts in water,

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alcohol, glycerin, vinegar and oil, and even preparations like essential oils and flower essences. The book also covers topical applications of herbs as salves, lotions, poultices, tooth powders, ear drops, and more, and includes an extensive chapter on herbal hydrotherapy. The Modern Herbal Dispensary explains why different preparations of the same herb will obtain better results, demonstrating how capsules, teas, tinctures, or glycerites of the same plant will not have exactly the same effect on the body. Leading herbalists Thomas Easley and Steven Horne have tested and

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proven the herbal formulas they offer, along with suggestions for treating more than one hundred illnesses. They lay out the principles of herbal formulation and also provide instructions on how to prepare single herbs, a procedure that has been largely ignored in other references. More comprehensive than any other guide, thoroughly researched, beautifully illustrated, and presented with ease of use in mind, this book will take its place as the premier reference for those who want to produce all the herbal remedies they need, and to save money in

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the process.

*The Complete Herbal Tutor
Principles and Practice of
Phytotherapy*

*Principles and Practice of
Clinical Research*

*Principles and Practice for Easy
Reference*

Ayurvedic Medicine

Integrative Dermatology

Functional Herbal Therapy

Herbs and Natural

Supplements, 4th Edition: An

**evidence-based guide is an
authoritative, evidence-based**

**reference. This two-volume
resource is essential to the**

**safe and effective use of
herbal, nutritional and food**

supplements. The second

volume provides current, evidence-based monographs on the 132 most popular herbs, nutrients and food supplements. Organised alphabetically, each monograph includes daily intake, main actions and indications, adverse reactions, contraindications and precautions, safety in pregnancy and more. Recommended by the Pharmacy Board of Australia as an evidence-based reference works (print) that pharmacists are meant to have access to when dispensing Contributed content from naturopaths, GPs, pharmacists, and

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herbalists Useful in a clinical setting as well as a reference book. It provides up-to-date evidence on the latest research impacting on herbal and natural medicine by top leaders in Australia within the fields of Pharmacy, Herbal Medicine and Natural Medicine

Atlas of Clinical Gross Anatomy uses over 500 incredibly well-executed and superb dissection photos and illustrations to guide you through all the key structures you'll need to learn in your gross anatomy course. This medical textbook helps you master essential surface,

gross, and radiologic anatomy concepts through high-quality photos, digital enhancements, and concise text introductions throughout. Get a clear understanding of surface, gross, and radiologic anatomy with a resource that's great for use before, during, and after lab work, in preparation for examinations, and later on as a primer for clinical work. Learn as intuitively as possible with large, full-page photos for effortless comprehension. No more confusion and peering at small, closely cropped pictures! Easily distinguish highlighted structures from the background in each

dissection with the aid of digitally color-enhanced images. See structures the way they present in the anatomy lab with specially commissioned dissections, all done using freshly dissected cadavers prepared using low-alcohol fixative. Bridge the gap between gross anatomy and clinical practice with clinical correlations throughout. Master anatomy efficiently with one text covering all you need to know, from surface to radiologic anatomy, that's ideal for shortened anatomy courses. Review key structures quickly thanks to detailed dissection headings and

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unique icon navigation. Access the full text and self assessment questions at studentconsult.com. Get a clear understanding of the human body through surface, gross and radiologic anatomy all in one place.

Describes the medicinal uses of hundreds of herbs and wild plants and lists herbal treatments for specific ailments

This resource brings the unique theories and traditions of Ayurveda alive so that they are accessible to the complementary health practitioner of today. This book offers a clear, accessible

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**and yet detailed guide to
Ayurvedic herbalism. It
encompasses a brief history of
the growth of Ayurveda, a
discussion of its fundamental
principles, treatment
strategies as well as the
energetic approach of
traditional Ayurvedic herbal
pharmacy and pharmacology.
Principles and Practice of
Phytotherapy - E-Book
The Consultation in
Phytotherapy
Biomolecular and Clinical
Aspects, Second Edition
Atlas of Clinical Gross
Anatomy
Optimising Children's Health
with Herbs**

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**Clinical Applications of
Ayurvedic and Chinese Herbs
A Reference Guide for
Physicians and Pharmacists**

This full-color text and practical clinical reference provides comprehensive information on herbal remedies for both large and small animal species. Key coverage includes clinical uses of medicinal plants, specific information on how to formulate herbal remedies, a systems-based review of plant-based medicine, and in-depth information on the different animal species--dog, cat, avian and exotic, equine, food animal, and poultry. The authoritative and comprehensive modern textbook on

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western herbal medicine - now in its second edition This long-awaited second edition of Principles and Practice of Phytotherapy covers all major aspects of herbal medicine from fundamental concepts, traditional use and scientific research through to safety, effective dosage and clinical applications. Written by herbal practitioners with active experience in clinical practice, education, manufacturing and research, the textbook is both practical and evidence based. The focus, always, is on the importance of tailoring the treatment to the individual case. New insights are given into the herbal management of approximately 100 modern

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ailments, including some of the most challenging medical conditions, such as asthma, inflammatory bowel disease and other complex autoimmune and inflammatory conditions, and there is vibrant discussion around the contribution of phytotherapy in general to modern health issues, including health ageing. Fully referenced throughout, with more than 10, 000 citations, the book is a core resource for students and practitioners of phytotherapy and naturopathy and will be of value to all healthcare professionals - pharmacists, doctors, nurses - with an interest in herbal therapeutics. 50 evidence-based monographs,

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Including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials

Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting

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herbal clinical trials

Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart.

An essential guide to the principles of and current major issues relating to herbal medicine safety, this volume also contains

comprehensive reviews of the safety data for 125 common herbs.

A foundational textbook on the scientific principles of therapeutic herbalism and their application in medicine • A complete handbook

for the medical practitioner •

Includes the most up-to-date information on preparations,

dosage, and contraindications • By the author of The Complete

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Illustrated Holistic Herbal Medical Herbalism contains comprehensive information concerning the identification and use of medicinal plants by chemical structure and physiological effect, the art and science of making herbal medicine, the limitations and potential of viewing herbs chemically, and the challenge to current research paradigms posed by complex plant medicines. It also includes information on toxicology and contraindications, the issues involved in determining dosage and formulation types for an individual, guides to the different measurement systems and conversion tables, and the pros and

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cons of both industrial and traditional techniques. With additional sections devoted to the principles of green medicine, the history of Western Herbalism, the variety of other medical modalities using medicinal plants, an extensive resource directory, and a discussion of treatments organized by body system, *Medical Herbalism* is the comprehensive textbook all students and practitioners of clinical herbalism need to develop their healing practices.

Evidence-Based Validation of Herbal Medicine

The Definitive Guide to the Principles and Practices of Herbal Medicine (Second Edition)

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Veterinary Herbal Medicine
A Comprehensive Guide to
Practical Herbal Therapy
The Western Herbal Tradition
A Medicine-Making Guide
Modern Herbal Medicine

**This revised and updated edition
of the ABC of
Complementary Medicine offers
an authoritative introduction to
complementary therapies. Taking
an independent standpoint,
neither promoting nor
disparaging complementary
therapies, this second edition
includes the latest information on
efficacy of treatments and
provides a new emphasis on
patient management. The ABC of**

Complementary Medicine is an invaluable guide to any doctor who encounters complementary medicine in clinical practice.

The essential desk reference Herbal Pharmacopoeia. Featuring 413 herbal medicines with in-depth pharmacology, specific personalised treatments and tissue conditions. This highly readable book is suitable for herbal students and all practitioners who prescribe herbs.

A comprehensive, accurate and up-to-date desktop herbal prescribing reference designed for the busy health practitioner. Contains a wide range of herbs and

conditions and includes doses for herbs in tablet form as well as liquids ensuring that all valid herbal treatment options can be considered.

"Healthy Children has been written with the special needs of children in mind. The benefits, risks and requirements for herbal therapy in children differ from those in adults. This book outlines the key principles that govern herbal practice for this special patient group. A well-researched text, written by Rob Santich and Kerry Bone who together have almost 50 years of clinical practice, this book provides a comprehensive treatise on the

**common health problems
encountered by children. Sound,
practical information based on
clinical experience as well as
evidence-based research provides
a balanced and authoritative
approach to children's health''
Back cover.**

**The Essential Guide to Herbal
Safety**

**The Herbal Practitioner's
Approach to the Patient (Revised
and Expanded Edition)**

**Plants, Minerals, and Animal
Products**

**The Principles of Traditional
Practice**

Desk Reference

A Quick Reference to Herbal

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Medicine

An Evidence-Based Guide

**Principles and Practice
of Phytotherapy, Modern
Herbal**

**Medicine, 2 Principles and
Practice of**

Phytotherapy Elsevier

Health Sciences

Evidence-Based

Validation of Herbal

Medicines brings

together current

thinking and practice in

the areas of

characterization and

validation of natural

products. This book

reviews all aspects of

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evaluation and development of medicines from plant sources, including their cultivation, collection, phytochemical and phytopharmacological evaluation, and therapeutic potential. Emphasis is placed on describing the full range of evidence-based analytical and bio-analytical techniques used to characterize natural products, including -omic technologies, phytochemical analysis,

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hyphenated techniques,
and many more. Includes
state-of-the-art methods
for detecting,
isolating, and
performing structure
elucidation by
degradation and
spectroscopic techniques
Covers biosynthesis,
synthesis, and
biological activity
related to natural
products Consolidates
information to save time
and money in research
Increases confidence
levels in quality and
validity of natural

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products

This title combines conventional treatment options with time tested alternative treatment options for skin disorders. By integrating the best of Western and Eastern medicine, it aims to broaden the armamentarium of clinicians treating skin diseases.

The Consultation in Phytotherapy considers the means by which the herbal practitioner can seek to appreciate the

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patient's predicament. Written for both herbal medicine students and practitioners, the book takes a radical approach, challenging readers to reflect on the nature, scope, and methods of the consultation in herbal practice. The author asserts that the effective consultation represents a therapeutic act in and of itself, and he proposes strategies for maximizing and realizing this therapeutic

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potential. The book provides both a complement to and a critique of mainstream texts on clinical diagnosis and case management. It contrasts the herbal consultation with that occurring in conventional medicine and offers rationale, arguments, and tools aimed at developing an enhanced capacity to achieve profound results in the herbal clinical encounter.

**PRINCIPLES AND PRACTICE
OF PHYTOTHERAPY: MODERN**

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HERBAL MEDICINE

**Principles and Practice
of Phytotherapy, Modern
Herbal Medicine, 2**

**An introduction to the
chemistry and
therapeutics of herbal
medicine**

**A Materia Medica for
Chinese Medicine**

**Monographs For the
Western Herbal
Practitioner**

Herbal Medicine

**The Ultimate Herbal
Compendium**

Pengelly's user friendly
text will encourage
educators in medical science

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to consider using this material in the complementary medicine/nutraceuticals areas May I congratulate Andrew Pengelly for writing this text as it is going to be very popular with undergraduate students as well as more experienced readers.' D. Green, London Metropolitan University, UK This unique book explains in simple terms the commonly occurring chemical constituents of medicinal plants. The major classes of plant constituents such as phenols, terpenes and polysaccharides, are described both in terms of their chemical structures

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and their pharmacological activities. Identifying specific chemical compounds provides insights into traditional and clinical use of these herbs, as well as potential for adverse reactions. Features include:

- * Over 100 diagrams of chemical structures *
- References to original research studies and clinical trials *
- References to plants commonly used throughout Europe, North America and Australasia.

Written by an experienced herbal practitioner, *The Constituents of Medicinal Plants* seriously challenges any suggestion that herbal medicine remains untested

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