

Positive Imaging Norman Vincent Peale

As nearly four million readers have learned from his three previous books, Dave Pelzer doesn't believe in feeling sorry for himself. Abused mercilessly by his mother as a child, Dave has taken everything that happened to him and turned it into something positive so that he can help others. Now happily married and with a child of his own, he celebrates the twin pillars of strength that saw him through his darkest hours: resilience and gratitude. And he shows how anyone can tap into these virtues to live a better and more fulfilling life. In *Help Yourself*, Dave Pelzer explains how to move beyond a painful history, harmful negative thoughts, and innumerable setbacks by urging readers to take control and be accountable for their lives. Filled with his own history, as well as the personal struggles of others who have learned how to turn adversity into triumph, *Help Yourself* is a rousing call to readers who want real answers to real problems. Never before in paperback, it will undoubtedly join Pelzer's previous paperbacks on bestseller lists for years to come.

When Donald Trump was married to his first wife Ivana Ivana Zelníčková in 1977, the family minister who officiated the wedding was the preacher and author of *The Power of Positive Thinking*, Norman Vincent Peale. Perhaps more than any other figure in American public life in the last decade, Donald Trump has been able to reimagine Peale's message of positive thinking to his political advantage. "I never think of the negative," he said after the opening of Trump Tower in 1983. Both Trump and Peale have appealed to people who, like themselves, have felt marginalized by an intellectual and cultural elite. Peale's 1952 book, which helped to drive the religious revival of the 1950s, remains a perennial bestseller, and has affected the lives of a vast public in the United States and around the world. In God's Salesman, Carol V. R. George used interviews with Peale himself as well as exclusive access to his manuscript collection to provide the first full-length scholarly account of Peale and his highly visible career. George explores the evolution of Peale's message of Practical Christianity, the belief that when positive thinking was combined with affirmative prayer, the technique of "imaging," and purposeful action, the result was a changed life. It was a message with special appeal for many in the post-War middle class struggling to rebuild their lives and have a voice in society. George examines the formative influences on Peale's thinking, especially his devout Methodist parents, his early exposure to and then enthusiastic acceptance of Ralph Waldo Emerson and William James, and his almost instinctive attraction to evangelicalism, particularly as it was manifested politically. Twenty-five years after its initial publication, and with a new foreword by Kate Bowler, God's Salesman remains a timely portrait of the man and his movement, and the vital role that both played in the rethinking and restructuring of American religious life over the last seventy years.

Best-selling classics by Norman Vincent Peale
The Power of Positive Thinking (special 35th anniversary edition). The greatest inspirational best seller of the century offers confidence without fear and a life of enrichment and luminous vitality. **Inspiring Messages for Daily Living**. Realistic, practical answers to the hundreds of problems we face from day to day -- ordinary problems encountered in personal difficulties, in family relationships, on the job, and in dealing with those around us. **You Can if You Think You Can**. Dramatic, heartwarming stories of how men and women -- of all ages and in all walks of life -- transformed their lives and careers by following Dr. Peale's philosophy of positive thinking. Learn to develop the vital knowledge of inner power to carry you over every obstacle. **The Art of Real Happiness** (written with Smiley Blanton, M.D.). An unusual blend of age-old truths and modern psychiatric techniques. **Peale and Blanton identify -- and show how to overcome -- essential problems and conflicts that so often plague us and frustrate our chances for happiness.**

Author of the greatest inspirational bestseller of our time offers positive strategies for success in business and personal life. The remarkable self-help phenomenon, The Power of Positive Thinking, plus the successful The Positive Principle Today and Enthusiasm Makes the Difference show why Norman Vincent Peale has helped millions of readers transform their lives and find joy and fulfillment.

Change Your Thinking, Change Your Life

The Tough-Minded Optimist

Sexual Healing

The Power of Positive Living

A Soulful Guide to Luminous Living and Crowning the Queen Within

The Founding Father of Positive Thinking on How to Lead a Healthful Life

The #1 New York Times–bestselling author of The Power of Positive Thinking shows how to transform optimism and confidence into concrete, real-world results. There is a definite relationship between positive thinking and positive or good results. Norman Vincent Peale, one of the 20th century’s most influential self-help experts and spiritual leaders, introduced his practical and effective techniques for happiness and success in his groundbreaking book, The Power of Positive Thinking. In Why Some Positive Thinkers Get Powerful Results, Dr. Peale goes deeper, providing the specific tools you need to turn self-doubt into unshakable confidence and optimistic dreams into tangible reality. Included in this essential guidebook to a better life are 10 powerful techniques for setting and realizing your goals, a 3–point plan for eliminating depression, 6 positive thoughts that will quash destructive habits and impulses, a 3–point guide to a healthy body, mind, and spirit, and much, much more. Dr. Peale will make you a believer, in your life and in yourself, with essential wisdom and practical applications designed to help you become a truly positive and fulfilled human being.

Offers an opportunity to discover and re-create a positive faith-filled life, regardless of the circumstances.

Norman Vincent Peale is the bestselling author of 'The Power of Positive Thinking' and 'Stay Alive All Your Life'. With this book he aims to demonstrate how to use the power of visualisation and auto-suggestion to turn one's thoughts into reality.

"I am convinced that the fortunate individuals who achieve the most in life are invariably activated by enthusiasm." -- Norman Vincent Peale If you have a tough time coping with life's disturbances, disappointments, and challenges, this book is for you. Dr. Peale offers a simple, sure-fire solution for stress: a healthy dose of enthusiasm. Enthusiasm is the magic ingredient that can make the difference between success and failure, and it can help you to:

- improve your problem-solving abilities*
- overcome your fears*
- sharpen your mind*
- make your job more rewarding*
- calm your tensions*
- build self-confidence*
- kindle the powerful motivation that makes things happen*

Positive Imaging

How to be Fierce and Feminine (and Get Everything You Want!)

The Positive Power of Jesus Christ

Life-Changing Adventures in Faith

Daily Affirmations for Positive Living

A Positive Faith for Troubled Times

7 I Am Created In The Image and Likeness of God
8 God Made Me Good From The Beginning
9 The Breath of God Gives Me Life
10 The Spirit of God Made Me
11 The Lord Lifts Me Up
12 The Lord Sustains Me
13 The Lord Hears Me
14 The Lord Gives Me Peaceful Sleep
15 God Protects Me
16 I Am Happy Because of The Lord
17 God Gives Me Eternal Joy
18 The Lord Gives Me Light
19 God Gives Me Strength
20 The Lord Gives Me Wisdom
21 The Lord is With Me and He Comforts Me
22 God's Goodness and Mercy Is Always With Me
23 I Trust In God
24 I Believe in the Love of God
25 The Lord Loves Me Forever
26 God Knew Me Before I Was Born
27 God Makes Me Happy
28 The Lord Removed all My Fear
29 God's Love and Truth Protects Me
30 The Love of God Is In My Heart
31 Nothing Can Separate Me From God's Love
32 I Am in The Lord
33 God's Love Gives Me Eternal Life
34 The Lord Gives Me Peace
35 The Lord Gives Me Eternal Life
36 I Am Not Afraid
37 My Joy is in The Lord
38 My Hope is in The Lord
39 I am Free from sin and guilt
40 God Comforts Me with Love and Assurance
41 The Lord is My Confidence
42 I Am Forgiven
43 I Am One with The Lord
44 The Lord Calls Me
The Light of The World
45 I have been with The Lord From The Beginning
46 I Know The Lord And The Lord Knows Me
47 Perfect Love has Removed all Fear from Me
48 The Truth Of Jesus Has Set Me Free
49 Jesus will give Me Eternal Life
50 God's Holy Spirit is Within Me
51 The Lord Will Give Me Everlasting Joy
52 God Gives Me Righteousness and Holiness
53 God Gives Me Humility and Kindness
54 God Gives Me Love, Peace and Gentleness
55 The Lord Has Filled Me With His Goodness
56 I Thank The Lord For His Eternal Mercy
57 I Have Love and Compassion
58 I Know That The Lord Is God
59 The Lord Has Given Me Wisdom
60 I Will Live Forever
61 I Can Do All things With the Help of Jesus
62 Jesus is Always With Me
63 My Home Is In Heaven
With Jesus
64 All Things Work For My Good
65 Jesus Loves Me
66 Jesus Calls Me His Friend
67 I Am Not Of This World
68 Jesus Sent Me Into The World
69 Jesus Gives Me His Glory
70 I Am Made Perfect By Jesus

Compiling the wisdom of nine books—including international bestseller *The Power of Positive Thinking*—this timeless classic provides readers with a daily message of inspiration and affirmation from Norman Vincent Peale. Norman Vincent Peale's philosophy of positive thinking has had an unprecedented influence on millions of people throughout the world. Now, the wisdom of nine books—including *The Power of Positive Thinking*—can be found within these pages. Timeless in their message, invaluable in the course of daily life, Dr. Peale's classic books provide inspiration when you most need it and lead the way to a fuller, happier, more satisfying life. With a new introduction by Dr. Peale, *Positive Thinking Every Day* will help make your every day the best it can possibly be.

In many areas women have earned the equality e've been fighting for. We've broken through glass ceilings and achieved great success. We've shown that we can prosper by our own means. And we've become influential, respected leaders. Yet many of us find ourselves unhappy, anxious, overwhelmed. Where's the pot of gold at the end of our "I can do it just like a man" rainbow? The problem is that while we can be as successful as a man, we don't get there through a masculine approach. Being a "damsel in distress" is not the way to make your dreams come true, but neither is being the hyper-aggressive Alpha Bitch. In this New York Times bestselling book, transformation leaders Christy Whitman and Rebecca Grado reveal how when women try to claim power through a forceful "take no prisoners" approach it ultimately works against us and undermines our best efforts to create the life of our dreams. In fact, wielding Alpha Bitch force is ironically disempowering, because it introduces conflict, struggle, and competition into our personal and professional relationships, blocking women from creating the life we desire. How do you change from being a controlling, competitive, and disruptive Alpha Bitch to being an Empowered Female who is allowing, collaborative, and balanced? Enter the Laws of the Universe:

- The Law of Attraction
- The Law of Allowing
- The Law of Pure Potentiality
- The Law of Oneness
- The Law of Balance and Harmony
- The Law of Sufficiency and Abundance

Taming the Alpha Bitch will show you how to use these laws to create freedom, joy, and abundance in your life. By using this knowledge, you put yourself in the ideal position for attracting those things you want with ease and effortlessness, not struggle and pain.

From New York Times bestselling author Andy Andrews comes the return of one of our favorite characters: Jones, the Noticer, whose wise stories have comforted and guided millions of readers. In this third volume of The Noticer series, navigate the hope that the impossible can come true. At 3:29 a.m. on May 22, a telephone rings in Orange Beach, Alabama. Breaking the sleepy silence, a hastily whispered message heralds the news that readers have been waiting on for seven years: Jones is back in town. Apparently, however, he is also in jail. The old man is tight-lipped about the circumstances surrounding his brief incarceration. After arriving to bail him out, Andy is shocked to discover that his trusted friend has already opened an unusual business in one of the resort town's most high-profile shopping districts. As the town moves from spring to summer, a practical joker is becoming bolder and more inventive with every prank that is pulled. Could Jones be behind some of it? Why? What's the truth about that four-hundred-pound table in his store? And why does it look as if every person Jones meets has a secret they will reveal only to him? Based on a remarkable true story, Just Jones beautifully blends fiction, allegory, and inspiration. With rare insight, Andy and Jones take us on a journey that proves the importance of perspective, the power of connection, and the ability we all have to make the impossible come true. Standalone fictional novel based on true events Follows the character of Jones, a mysterious elderly man with endless wisdom who appears precisely when needed most
Part of the bestselling Noticer series
Book 1: The Noticer
Book 2: The Noticer Returns
Book 3: Just Jones

Positive imaging (Chinese text)

Positive Thinking From The Bible

Why Some Positive Thinkers Get Powerful Results

The Amazing Results of Positive Thinking

Just Jones

The Now-!st

The #1 New York Times – bestselling author and self-help expert combines visualization and prayer to enhance the power of positive thinking. Norman Vincent Peale ’ s groundbreaking self-help classic, *The Power of Positive Thinking*, has dramatically transformed countless lives throughout the world with its powerful message of constructive affirmation. *Positive Imaging* builds on the principles originally presented in Dr. Peale ’ s life-changing, multi-million-copy bestseller, offering step-by-step guidance that will help you break through the barriers that stand in the way of achieving the harmony, happiness, and success you so fervently desire. In this essential volume, Dr. Peale takes the positive thinking idea a step further. By employing a potent mental process called “ imaging,” you can eliminate problems and take firm control of your life. Keeping a clear and vivid picture of a desired goal in your mind until it becomes part of your subconscious will help you actualize your objectives by releasing previously untapped inner energies. With *Positive Imaging* you can banish fear and loneliness, strengthen and gain new confidence in your interpersonal relationships, improve your health, and eliminate your financial worries. The path to mental and physical wellness, spiritual well-being, and overall success in life is opening up right in front of you—let Dr. Peale show you the way.

A treasure trove of inspiration and guidance from the minister and million-selling author of *The Power of Positive Thinking*. Norman Vincent Peale ’ s self-help phenomenon *The Power of Positive Thinking* continues to transform countless lives. The volumes collected here serve to expand and deepen Dr. Peale ’ s life-changing philosophy of positivity. Have a Great Day: The philosopher, self-help innovator, and minister offers inspiration for every day of the year with an uplifting volume of positive thought to nourish our souls and spirits. From profound “ thought conditioners ” accentuating the everyday positive to “ spirit lifters ” devised to help us soar above our troubles, Dr. Peale ’ s affirmations are “ daily vitamins ” for our mental and spiritual health. *Positive Imaging: Building on Dr. Peale ’ s* principles of constructive affirmation, this step-by-step guide shows you how to utilize a potent mental process called “ imaging.” Keeping a clear and vivid picture of a desired goal in your mind until it becomes part of your subconscious will help you break through the barriers that block you from achieving harmony, happiness, and success—and allow you to actualize your objectives by releasing previously untapped inner energies. *The Positive Power of Jesus Christ: The revered pastor of the world-famous Marble Collegiate Church proclaims his unshakable faith in Christ the Savior through inspiring true stories of healing and hope. In sharing the ways in which his life and the lives of others have been profoundly touched and transformed by Jesus, Dr. Peale makes plain how “ positive thinking really means a faith attitude . . . [and] only faith can turn the life around. ”*

The #1 New York Times – bestselling author of *The Power of Positive Thinking* provides a treasure trove of daily inspiration. To have a great day every day it helps to think great thoughts and to concentrate on at least one every day. Philosopher, self-help innovator, and minister, Norman Vincent Peale invites readers to Have a Great Day . . . every day! The influential author whose groundbreaking bestseller, *The Power of Positive Thinking*, changed millions of lives all over the world now offers inspiration for every day of the year with an uplifting volume of positive thought to nourish our souls and spirits, and help us through even the darkest of times. From profound “ thought conditioners, ” accentuating the everyday positive, to “ spirit lifters ” devised to help us soar above our troubles, Dr. Peale ’ s effective affirmations are “ daily vitamins ” keeping us mentally and spiritually healthy throughout each and every day of the year. Each dose of Dr. Peale ’ s thought-provoking words of wisdom addresses a specific topic in a wide range of emotional, psychological, and physical concerns—from tapping into our inner strengths to dealing with criticism and negativity, from achieving our personal and professional goals to learning how to release tension and relax. Have a Great Day will gladden the heart with essential insights and inspirations to help each of us live every day to its fullest.

"If you want to live in this tough world and still have some real faith and optimism, this book is for you." -- Norman Vincent Peale
The many ills of the modern world can be debilitating. With so much seemingly senseless violence, pain, and destruction, we need a lot of inner strength to overcome cynicism and despair -- and to remain hopeful about the future. With Dr. Peale's careful guidance, you can achieve happiness and security by learning how to:

- Conquer your fear
- Free yourself of guilty feelings
- Live well and prosper, personally and professionally
- Become physically healthy -- the natural way
- Stay enthusiastic even in poor circumstances
- Tackle problems hopefully and creatively
- Harness the power of prayer

The Power of Faith (Condensed Classics)

Norman Vincent Peale

In God We Trust

An Autobiography

Taming Your Alpha Bitch

My Favorite Quotations

The inspiring autobiography of the world-renowned minister and revered self-help giant whose positive thinking techniques have bettered the lives of millions of people In his 95 years, Norman Vincent Peale made a profound difference. The son of a minister in Lynchburg, Ohio, he went on to preach the Lord's word at Manhattan's now-famous Marble Collegiate Church, where he served as pastor for 52 years and oversaw the church's growth from 600 members to more than 5,000. He had a popular radio program for more than half a century, and appeared regularly on television. But perhaps his most lasting and powerful contribution was as author of the mega-bestseller *The Power of Positive Thinking*, the groundbreaking book that provided new guidance and hope and changed countless lives for generations throughout the world. The True Joy of Positive Living is the inspiring true story of a humble man who started out poor in a small Midwestern town and rose to become one of the most famous and influential American figures of the 20th century—a man of God who was awarded the Presidential Medal of Freedom, the country's highest civilian honor, by President Ronald Reagan in 1984. Together with this wife Ruth, Dr. Peale founded the Peale Center for Christian Living and Guideposts magazine to ensure that his messages of self-confidence and the power of faith would continue to guide millions around the world even after his death. In his own uplifting words, Dr. Peale shares the story of a remarkable life lived with dignity and purpose. This stirring chronicle of an extraordinary soul—his unwavering service to the Lord and his remarkable development of the principles of positivity that had a life-altering effect on so many—will be an inspiration to all who read it.

A condensation of one of the most psychologically penetrating books by the world-famous author of *The Power of Positive Thinking*. Spiritual scholar Mitch Horowitz condenses Peale's 1940 work to its essentials and provides a new historical introduction that highlights the bestselling minister's contributions to modern life.

Own Your Glow is an inspirational, actionable, and snickly enriching companion for change. Celebrity wellness and lifestyle guru, Latham Thomas provides soulful principles that offer an illuminated path for examining life's challenges, helping you curate your path to greatness, while embracing your uniquely feminine attributes. Packed with rituals, meditations, and snackable lifestyle tips, Thomas provides a clear framework for harnessing your passion, developing spiritual fitness, and embracing true vulnerability. This guide is for anyone who wants to witness her own life transform and contribute to the positive change of the world around her. Combining spiritual, psychological, and self-reflective tools, Thomas offers an antidote to the hustle-hard, make-it-happen mainstream culture and fosters slowing down, intentionality, and self-care as a pathway to empowerment. How much more potent and powerful would we all be if we embraced our inherent talents, strengths, and feminine edge, rather than dwelling in patterns of self-criticism, doubt, and catty competition? Thomas invites you to step into a soulful, fulfilling life of freedom, transcending self-destructive habits and creating a blueprint for a more gratifying, centered, and bountiful way of living. Own Your Glow is an awakening roar for women to mobilize, become the masters of their lives, and hold their crowned heads up high, letting their relentless light from within shine bright for the world.

Growing up in a five-sibling, multiple-divorces family, with all its dynamic layers and change, initially shaped author Billy Mandarinos spirituality. Transformed by various religious practices and study throughout his life, hes recognized, via life experience, the treasures that reside within him waiting to be discovered. In The Now-ist, he shows how, through feeling and imagination, you can find the way back to your true self and a fulfilled life. Mandarino uses personal experiences and real-life stories of inspiration and unlikely outcomes to help you discover a key realization in yourself. The teachings apply to all areas of life, including emotional, social, physical, financial, and spiritual. Bible verses and quotations encourage you to compare your lifes circumstances to the scenarios given, then grow from the forces that are applicable the present. The Now-ist, built on the connecting links of signs and synchronicity, teaches you to pay attention, find the signs in your life, and follow the spiritual bread crumbs to realize the guidance.

The Science of Being Great

Reaching Your Potential

An Inspiration For Each Day of the Year

Discovering The Power Of Positive Thinking

Norman Vincent Peale and the Power of Positive Thinking

The Power Of Positive Thinking

"This is a result book....It is the story of the thrilling things that happened to people when they applied the principles of dynamic change to their lives." -- Norman Vincent Peale
This accessible, all-encompassing guide will help you to achieve success and confidence, a sense of well-being, and an inner strength that you never dreamed possible. How? Through positive thinking -- a form of thought that involves looking for the best results from the worst conditions. Dr. Peale's time-honored methods include:
• step-by-step advice for developing personal strength
• confidence-building words to live by
• sound, sensible ways to overcome self-doubt
• effective strategies for achieving good health
• a program to release the vast energies within you
• accepting ourselves and our individual needs
• embracing the spiritual forces that surround you

The #1 New York Times–bestselling author of The Power of Positive Thinking shows readers how to put his philosophy of optimism into action. Millions of people around the world have changed their lives for the better, thanks to Norman Vincent Peale and his Positive Thinking philosophy. Dr. Peale’s groundbreaking program of affirmation and positive visualization is an amazingly effective way to overcome any obstacles that may stand between you and success, happiness, and your mental, emotional, physical, and spiritual health and well-being. Positive Thinking works—and in The Power of Positive Living, Dr. Peale demonstrates how to use these techniques to conquer the fears and crippling adversity that may be holding you back from realizing your true potential in life. Self-confidence is the key and this book shows us how we can do it! With the “get-it-done twins,” patience and perseverance, any believer can be an achiever! Dr. Peale provides inspiring success stories from his own extensive experience as a counselor—such as a department store executive who turned his store into one of the chain’s most profitable by focusing on his past successes rather than his failures, and a woman who recovered her self-confidence and joy and purpose in living when she started volunteering with cancer survivors after her own breast cancer diagnosis cut short her modeling career. The wisdom, guidance, and practical advice provided in The Power of Positive Living will give you faith in yourself and in your power to achieve absolutely anything!

Positive ImagingThe Powerful Way to Change Your LifeOpen Road Media

Gives the following message: If you believe that the power of God within you is equal to any of life's difficulties, then a rewarding life will be yours.

The Positive Way to Change Your Life

The Powerful Way to Change Your Life

Positive Thinking Every Day

How to Make Positive Imaging Work for You

Have a Great Day

Positive Thinking Volume One

A life-affirming treasure trove of daily inspiration from the bestselling "guru" of positive thinking To have a great day every day it helps to think great thoughts and to concentrate on at least one every day. Philosopher, self-help innovator, and minister, Norman Vincent Peale invites readers to Have a Great Day . . . every day! The influential author whose groundbreaking bestseller, The Power of Positive Thinking, changed millions of lives all over the world now offers inspiration for every day of the year with an uplifting volume of positive thought to nourish our souls and spirits, and help us through even the darkest of times. From profound "thought conditioners," accentuating the everyday positive, to "spirit lifters" devised to help us soar above our troubles, Dr. Peale's effective affirmations are "daily vitamins" keeping us mentally and spiritually healthy throughout each and every day of the year. Each dose of Dr. Peale's thought-provoking words of wisdom addresses a specific topic in a wide range of emotional, psychological, and physical concerns--from tapping into our inner strengths to dealing with criticism and negativity, from achieving our personal and professional goals to learning how to release tension and relax. Have a Great Day will gladden the heart with essential insights and inspirations to help each of us live every day to its fullest. Dr. Norman Vincent Peale (1898-1993) was a Methodist minister, motivational speaker, and bestselling author renowned for promoting positive thinking as a means to happiness and success. He served as the pastor of the Marble Collegiate Church in Manhattan for fifty-two years and delivered sermons nationwide on his radio and television program The Art of Living for several decades. In 1952, he published his most influential and popular book, The Power of Positive Thinking, which has been translated into dozens of languages and has sold more than twenty million copies worldwide. Peale espoused optimism and faith in numerous other books, including Why Some Positive Thinkers Get Positive Results, The Power of Positive Living, and The Positive Power of Jesus Christ. Peale was the cofounder of the Horatio Alger Association, an organization committed to recognizing and fostering success in individuals who have overcome adversity. The association annually grants the memorial Norman Vincent Peale Award to a member who has made exceptional humanitarian contributions. With his wife, Ruth, the author also cofounded the Peale Center for Christian Living, as well as Guideposts--an organization that encourages positive thinking and spirituality through its non-denominational ministry services and publications with a circulation of more than 4.5 million. In 1984, Ronald Reagan awarded Peale with the Presidential Medal of Freedom, the United States' highest civilian honor, for his contributions to theology.

The book explores the little known and little understood potential of sexual healing. Sexual healing is not just about healing of specific sexual difficulties. It goes far beyond that. It is about unlocking the holistic healing powers of touch, intimacy, love and sexuality within you. It is about putting these powerful forces to work. Sexual healing encompasses the health-giving, life-affirming effects that sexual expression can, and does, have on our lives. Sexual healing uses lovemaking to heal physical ailments, mental difficulties, and emotional problems, as well as promoting a healthy mind set for overcoming sexual fears. Based on psychological and scientific studies, and actual experience of helping hundreds of men and women, the author suggests techniques and intimate touch exercises that really work. Some are designed to be done with your partner, others alone. Adults of any age, sex and level of fitness can perform and benefit from these exercises. Benefits being both physical and emotional:

In this intelligent, accessible work, acclaimed poet and meditation teacher Stephen Levine introduces readers to meditation. Filled with practical guidance and advice—as well as extensive personal recollections—A Gradual Awakening explains the value of meditation as a means of attaining awareness, and provides readers with extensive advice on how establish a practice.

Drawing on his own personal experiences with and insights into vipassana meditation, Levine has crafted an inspiring book for anyone interested in deep personal growth.

Contrary to popular myth, great sex is not reserved for those under 40. With maturity comes the potential for a multi-faceted, soulful loving that deepens ties of intimacy and nurturing. That is the loving that sustains relationships into later years. As we get older, many of us find that work and family stress or health problems keep us from enjoying sex as much as we used to. We may become less demonstrative with our partner or begin to avoid physical closeness. In this book Dr. Barbara Keesling shows couples how to reignite sexual feelings while reconnecting emotionally. She provides a series of relaxatoin, body-image, and touch exercises that build self-esteem, open lines of communication, promote playfulness and spontaneity, and heighten sexual response. This warm and encouraging guide is for both longtime couples and new partners who want to learn to make love in the deepest sense of the word-not just with their bodies, but from their hearts.

The True Joy of Positive Living

You Can If You Think You Can

A Gradual Awakening

Own Your Glow

Positive Imaging: The Powerful Way to Change ...

Making Love Better Than Ever

Includes quotations by famous people on such issues as relationships, prayer, faith, physical health, love and family, aging, death, and healing

The book describes the power positive thinking has and how a firm belief in something, does actually help in achieving it. In order to live a successful and constructive life, one needs to know about the secrets of positive thinking says the author for it is the most important ingredient for a better and blissful life. The Power of Positive Thinking' will help you overcome negative attitudes, such as fear and lack of confidence and replace them with the traits of a positive thinker optimism, determination, patience and focus.Simple techniques of elevating low moods and energy levels by positive thinking also improve ones overall mental and physical health.This book will show you how you can deal more effectively with tough situations and difficult people and dramatically improve your performance and confidence. You must learn that the easiest way to an easy mind is to create an easy mind. This is done by practice and by the application such as "Believe in yourself and in everything you do", "Build new power and determination", "Improve your personal and professional relationships" and "Be kind to yourself" etc.

The book has been translated into more than 40 languages and has sold more than 20 million copies worldwide. Dr. Peale's thought-provoking words of wisdom address a wide range of emotional, psychological, and physical concerns--from tapping into our inner strengths to dealing with criticism and negativity, from achieving our personal and professional goals to learning how to release tension and relax. Have a Great Day will gladden the heart with essential insights and inspirations to help each of us live every day to its fullest. Dr. Norman Vincent Peale (1898-1993) was a Methodist minister, motivational speaker, and bestselling author renowned for promoting positive thinking as a means to happiness and success. He served as the pastor of the Marble Collegiate Church in Manhattan for fifty-two years and delivered sermons nationwide on his radio and television program The Art of Living for several decades. In 1952, he published his most influential and popular book, The Power of Positive Thinking, which has been translated into dozens of languages and has sold more than twenty million copies worldwide. Peale espoused optimism and faith in numerous other books, including Why Some Positive Thinkers Get Positive Results, The Power of Positive Living, and The Positive Power of Jesus Christ. Peale was the cofounder of the Horatio Alger Association, an organization committed to recognizing and fostering success in individuals who have overcome adversity. The association annually grants the memorial Norman Vincent Peale Award to a member who has made exceptional humanitarian contributions. With his wife, Ruth, the author also cofounded the Peale Center for Christian Living, as well as Guideposts--an organization that encourages positive thinking and spirituality through its non-denominational ministry services and publications with a circulation of more than 4.5 million. In 1984, Ronald Reagan awarded Peale with the Presidential Medal of Freedom, the United States' highest civilian honor, for his contributions to theology.

The author of 'The Science of Getting Rich' brings you 'The Science of Being Great'. Wallace D. Wattles introduced the world to the power of positive thinking. Greatness is equally inherent in all and therefore every person may become great. Man may overcome both heredity and circumstances by exercising the inherent creative power of the soul. Talent may merely be one faculty developed out of proportion to other faculties, but genius is the union of man and God in the acts of the soul. Great men are always greater than their deeds. They are in connection with a reserve of power that is without limit. We do not know where the boundary of the mental powers of man is; we do not even know that there is a boundary.

Three Complete Books

Have a Great Day, Positive Imaging, and The Positive Power of Jesus Christ

God's Salesman

Be Who You Want, Have What You Want

Finding the Signs to Your Ultimate Desires in No Time

Inspiring stories of the transformative power of the Savior's love in today's world from the bestselling author of The Power of Positive Thinking. One of the most inspirational and influential spiritual leaders of the 20th century, minister and bestselling author Norman Vincent Peale transformed the lives of millions worldwide with his groundbreaking book, The Power of Positive Thinking. In The Positive Power of Jesus Christ, the revered pastor of the world-famous Marble Collegiate Church proclaims his unshakable faith in Christ the Savior with inspiring stories of healing and hope, of the ways in which his life and the lives of others were profoundly touched by the holy hand of God's Son. In this beautiful, everlasting work, Dr. Peale contends that, "positive thinking really means a faith attitude . . . [and] only faith can turn the life around." In sharing these thrilling true accounts of people from all walks of life who have experienced the positive saving power of Christ--including his own powerful witnessing of the Savior's work--Peale offers a humble tribute to our blessed Lord, demonstrating the many ways in which His love can truly change the world.

A no-nonsense guide to letting go of limitations and creating the life you want now.

Help Yourself

Enthusiasm Makes the Difference

Think Like a Winner

Power of the Plus Factor

Sometimes a Thing Is Impossible . . . Until It Is Actually Done (A Noticer Book)