

Pocket Psychiatry

Psychiatry in Primary Care: A Concise Canadian Pocket Guide is a comprehensive, practical resource designed to support the work of primary care providers who encounter challenging mental health problems in their daily practices. Following a "just the pearls" approach, **Psychiatry in Primary Care** provides realistic, clinically-tested guidance on detecting and managing mental health problems within the primary care context. Topics covered range from depression, anxiety and personality disorders to psychotherapy in primary care and managing mental health-related disability and insurance claims. Designed for quick access, the guide features useful tools, established diagnostic criteria, useful approaches and alternatives to pharmacotherapies and other resources. Edited by David Goldbloom and Jon Davine, **Psychiatry in Primary Care** features leading contributors from across Canada.

Written by the training director of Yale Child Study Center's world-renowned psychiatry program, this practical handbook is a quick, concise guide for professionals on the front lines of child and adolescent mental health care. Using the conversational style and clinical vignettes found in all **Practical Guides in Psychiatry** titles, Dr. Stubbe takes clinicians through each step of the psychiatric care process, delivering essential fast facts and effective patient care strategies. Sections cover psychiatric evaluation; disorders seen in infants, children, and adolescents; treatment modalities and treatment planning; and special circumstances including psychiatric emergencies, child neglect and abuse, and family issues. Easy-to-use appendices include rating scales and resource information. The **Practical Guides in Psychiatry** series provides quick, concise information for professionals on the front lines of mental health care. Written in an easy-to-read, conversational style, these invaluable resources take you through each step of the psychiatric care process, delivering fast facts and helpful strategies that help you provide effective and compassionate care to your patients.

Thoroughly revised and updated, the third edition of **Pocket Essentials of Psychiatry** by Professor Basant K. Puri now includes: Recent new drugs New drug names Details of the mini mental-state examination, caffeine intoxication, child abuse, rTMS, phototherapy, VNS and the McNaughten Rules Increased section on Questions and Answers for the Final Medicine Examination More of the various forms of psychotherapy Expanded chapter on forensic psychiatry Part of the very popular Kumar & Clark family, this portable and compact book has a wide readership among medical students, trainee and practising psychiatrists, and GPs, as well as trainee and practising mental-health social workers and psychiatric nurses. It is very useful for exam revision and as a handy reference on the ward, with important points highlighted in lists and diagrams. From a student review of the previous edition: 'Being a medical student, you only have a few weeks to study Psychiatry ... Puri's **Pocket Essentials of Psychiatry** is probably the best for the beginner. The text is well structured, and diagnostic criteria for some important diseases, such as schizophrenia and BAD, are provided, while for some less important diseases the text is core and concise. The size is suitable for you to bring to the ward for grand rounds; when the professor is looking at the case notes, you can revise what you learn using this pocket-sized book. It makes your life easier during the Psychiatry module.'

- Compact and portable
- Important points highlighted in lists and diagrams
- Includes revision questions and answers and a glossary

Thoroughly revised and updated, the third edition of **Pocket Essentials of Psychiatry** by Professor Basant K. Puri now includes:

- Recent new drugs
- New drug names
- Details of the mini mental-state examination, caffeine intoxication, child abuse, rTMS, phototherapy, VNS and the McNaughten Rules
- Increased section on Questions and Answers for the Final Medicine Examination
- More of the various forms of psychotherapy
- Expanded chapter on forensic psychiatry

Many practitioners are hesitant to treat mental health issues in older adults, believing that special expertise is required to do so effectively. **DSM-5® Pocket Guide for Elder Mental Health** is based on the premise that all practitioners can acquire the confidence needed to work with older patients. Primary care practitioners, clinical psychiatrists, psychiatric nurses, psychiatric residents, and resident fellows are just some of the professionals who will benefit from memorable cases that illustrate how the presented information can quickly be applied to the reader's own patients, handy mnemonics that make complex diagnostic information easy to commit to memory, and informative tables that help readers easily locate DSM-5® information for billing purposes. All of the information presented in this guide is grounded in real-world advice, so readers can be confident that the information provided is practical and clinically based as they learn how to Perform 15- and 30-minute diagnostic interviews Recognize the main elements of the most common mental health disorders Reach an initial diagnosis Engage patients in psychosocial, psychotherapeutic, and psychopharmacological treatment plans and work with

caregivers Know when to refer patients for additional subspecialty mental health treatment. With expert consensus threaded throughout, DSM-5® Pocket Guide for Elder Mental Health is the ideal companion for trainees and seasoned professionals alike, who will find the thoughtful, practical information they need to efficiently and effectively employ DSM-5® as part of comprehensive diagnostic interview and treatment planning for their older patients.

Primary Care Psychiatry Handbook

Pocket Primary Care

Assessment, Care Plans, and Medications

Understanding the Spectrum of Gender and Sexuality

Now with DSM-5 Content! This pocket guide delivers quick access to need-to-know information on basic behavioral theories, key aspects of psychiatric and crisis interventions, mental status assessment, health history and assessment tools, and so much more.

Autism Spectrum Disorder highlights current key topics for this complex and challenging developmental neurobiological disorder. In a very practical and concise manner, the reader will find a state-of-the-art overview combining key factual knowledge with practical clinical considerations. Written in a user-friendly fashion, this text provides key fact boxes, summary questions, and references for further reading to enhance understanding. This invaluable book incorporates practical clinical knowledge within a didactic framework to provide a comprehensive overview of Autism Spectrum Disorder (ASD) across the lifespan.

This new edition of Kaplan & Sadock's Pocket Handbook of Psychiatric Drug Treatment reflects the recent and widespread trends in psychiatric drug treatment and is essential for psychiatrists, pharmacists, fellows, and other medical professionals who need current information on psychopharmacology. Kaplan & Sadock's Pocket Handbook of Psychiatric Drug Treatment offers updated and revised sections on new chapters with all of the latest drugs included. All of the drugs are listed alphabetically with an accompanying seven part section that includes everything from the drug's name to its side effects. The beginning of the book showcases a chart of drugs and the chapter where each drug is discussed. Additionally, the book features a classification system based on pharmacologic activity and mechanism of action. This approach is more commonly used in clinical settings.

POCKET PSYCHIATRY is a concise, problem-oriented guide to dealing with acute psychiatric conditions. The handy format and clear text make this an ideal ready reference. In addition to practical information on the problems encountered, it provides invaluable information on how to work effectively in difficult clinical situations.

Ninth Edition

PsycEssentials

Pocket Essentials of Psychiatry

Pocket Guide to Interpersonal Neurobiology: An Integrative Handbook of the Mind (Norton Series on Interpersonal Neurobiology)

The Maudsley Handbook of Practical Psychiatry

Risk assessment and risk management are top of every mental health trust's agenda. This concise and easy-to-read book provides an informative and practical guide to the process of undertaking a risk assessment, arriving at a formulation and then developing a risk management plan. Covering everything a practitioner may have to think about when undertaking risk assessments in an accessible, logical form, the book includes practice recommendations rooted in the latest theory and evidence base. Attractively presented, plentiful clinical tip boxes, tables, diagrams and case examples make it easy to identify key information. Samples of authentic dialogue demonstrate ways in which to formulate questions and think about complex problems with the person being assessed. A series of accompanying films, professionally made and based on actual case studies, are available on a companion website, further illustrate key risk assessment and management skills. This accessible guidebook is designed for all mental health professionals, and professionals-in-training. It will also be a useful reference for healthcare practitioners who regularly come into contact with people experiencing mental health problems.

Here's the most complete and easy-to-use resource on how to develop practical, individualized plans of care for psychiatric and mental health patients. It's really two books in one! The first half provides the diagnostic information needed to create a care plan; the second half covers the safe prescription and administration of psychotropic medications. And, the concepts can be applied to a variety of healthcare settings...from in-patient hospitalization through the outpatient clinic...to home health and private practice. Completely revised and updated throughout, the 9th Edition reflects all of the new knowledge and new medications in the field, including the DSM-5, all of today's new psychotropic medications, and the 2012-2014 content in the NANDA Nursing Diagnoses: Taxonomy II.

Psychosomatic Medicine (PM) is a rapidly developing subspecialty of psychiatry focusing on psychiatric care of patients with other medical disorders. PM specialists diagnose and manage psychiatric symptoms in a variety of medical settings, optimize their patients' medical care, and expand understanding regarding the role of psychological factors in health and disease. PM practitioners may function as psychiatric consultants in hospital-based wards, primary providers in med-psych units, or collaborative practitioners integrated with inpatient and outpatient medical teams. PM practitioners strive to stay current with the latest research and practice guidelines in a burgeoning field involving complex interactions and combinations of illnesses. To address these challenges, this book provides practical instruction from PM clinicians, educators and researchers, covering core clinical concepts routinely used in practice. Psychosomatic Medicine serves as an educational resource covering salient psychosomatic medicine topics for trainees and colleagues in psychiatry and other medical specialties. A history of PM contextualizes the field, and an overview of psychiatric consultation in the general medical setting emphasizes specifics of

psychosomatic interviewing, physical examination, and collaboration with primary medical services. The remaining chapters cover the diagnosis and management of conditions commonly encountered by the psychosomatic psychiatrist: assessment and treatment of psychiatric disorders in a medical setting; assessment of decisional capacity; use of psychotropic medication in medically-compromised patients; management of delirium, cognitive and somatoform disorders; psychiatric manifestations of neurologic and other general medical conditions; emergent complications of psychiatric medication and illicit substance use; and special topics pertinent to PM. Finally, future directions in PM are explored in fascinating detail.

Designed for interviewers at all levels of experience, The Pocket Guide to the DSM-5® Diagnostic Exam is the clinician's companion for using DSM-5® in diagnostic interviews. Both experienced clinicians and those still in training will benefit from the thoughtful, yet practical, fashion in which DSM-5® revisions are reviewed and incorporated into the 30-minute diagnostic interview. This guide is written for all levels of experience, since every clinician needs to master both DSM-5® criteria and how to conduct a fruitful diagnostic interview. The book: Provides insight into the process of establishing a therapeutic alliance, which remains the goal of any psychiatric encounter, even one as brief as the diagnostic interview. Offers an extensive set of appendixes with resources to enhance understanding. These include a brief, easy-to-use summary of DSM-5® disorders; a stepwise approach to differential diagnosis; the Mental Status Examination and a psychiatric glossary; the ABPN Clinical Skills Evaluation; DSM-5®-related diagnostic tools and scales; and coverage of alternative diagnostic systems and rating scales. Provides a sequential framework for generating a differential diagnosis, using a six-step approach, that will help clinicians develop their clinical decision-making skills and ensure that they take into account the many and interrelated causes of mental disorders. Direct, practical, and informative, The Pocket Guide to the DSM-5® Diagnostic Exam will enable readers to efficiently and effectively employ DSM-5® as part of a comprehensive diagnostic interview.

Autism Spectrum Disorder

Psychiatry

Clinical Pocket Guide

Child and Adolescent Psychiatry

Pocket Tutor Psychiatry

Building on the best-selling Pocket Guide to the DSM-5(tm) Diagnostic Exam, The DSM-5® Pocket Guide for Child and Adolescent Mental Health teaches readers how to formulate a diagnosis and treatment plan for this patient population. Because these patients are more likely to initiate mental health treatment in a primary care rather than specialty care setting, the authors pay particular attention to the practical exigencies of the primary care setting. Accordingly, chapters are devoted to topics such as diagnostically interviewing around different chief complaints; performing 15- and 30-minute versions of the diagnostic interview; recognizing developmental milestones and red flags for referral, and more. The book's structure is flexible, affording readers the freedom to read sections in their entirety for background or to use the guide on the fly, as with interview questions for specific diagnoses. The book is an essential reference for primary care physicians, pediatricians, residents in training, and general psychiatrists, and other practitioners caring for children and adolescents experiencing mental distress and mental illness. The authors have designed the book with a variety of useful features: Multiple tables and figures make expert advice readily accessible, including tables for developmental milestones, common clinical concerns, and medications.* Brief supplements to the diagnostic interview are presented, including an easy-to-use summary of DSM-5 disorders, a stepwise approach to differential diagnosis, the mental status examination and a psychiatric glossary, DSM-5-related diagnostic tools and scales, and coverage of alternative diagnostic systems and rating scales.* A seven-step sequential framework for generating a differential diagnosis helps clinicians develop their clinical decision-making skills and ensure that they take into account the many and interrelated causes of mental disorders.* Initial psychosocial recommendations are included for such topics as sleep hygiene and behavior management. Recognizing that clinicians need to use DSM-5 criteria and evidence-based treatment protocols to formulate treatment plans, the authors designed this book for all levels of experience. Direct, practical, and informative, The DSM-5® Pocket Guide for Child and Adolescent Mental Health will enable readers to efficiently and effectively use DSM-5 as part of a comprehensive diagnostic interview and treatment planning.*

Thoroughly updated for its Third Edition, this popular quick-reference handbook remains a staple for medical students on psychiatric rotations as well as psychiatric residents and practitioners. In an easy-to-scan outline format, the book presents the etiology, epidemiology, clinical characteristics, and treatment of all psychiatric disorders. Additional chapters cover the psychiatric examination, special populations, psychotherapy, biological therapies, medication-induced movement disorders, legal issues, and laboratory tests. The book is replete with tables and includes color photographs of psychiatric drugs. Each chapter ends with suggestions for further reading, which include cross-references to specific page numbers in Kaplan and Sadock's Comprehensive Textbook of Psychiatry, Seventh Edition.

"Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"--Provided by publisher.

This problem-oriented guide to acute psychiatric problems in accident and emergency and psychiatric wards is intended for postgraduate trainees in psychiatry, accident

and emergency departments and primary care physicians.

A Pocket Guide

Pocket Prescriber 2015

Pocket Psychiatry

Psychiatry in Primary Care

Pocket Medicine

Thoroughly updated, this popular quick-reference handbook summarizes the etiology, epidemiology, clinical characteristics, diagnosis, and treatment of all psychiatric disorders in adults and children.

Pocket Prescriber Psychiatry is a concise, up-to-date prescribing guide containing all the "must-have" information that psychiatrists and mental health professionals need to know. This book provides the key essential information for all mental health professionals prescribing drugs and is essential for psychiatrists, mental health nurses, primary care physicians, psychologists, psychotherapists, and counsellors and anyone caring for people with mental health issues.

Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine 5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest 2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) All valvular AF as stroke risk very high Nonvalv. AF: stroke risk ~4.5%/y; anticoag @ 68% ↓ stroke; use a risk score to guide Rx: CHADS2: CHF (1 point), HTN (1), Age =75 y (1), DM (1), prior Stroke/TIA (2) CHA2DS2-VASc: adds 65+74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score ³2 @ anticoag; score 1 @ consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW's Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction.

The Maudsley Handbook of Practical Psychiatry has long served trainees in psychiatry, presenting them with practical and essential advice. This new edition of the handbook, perhaps better known as the 'Orange book', provides guidance on the psychiatric and neuropsychiatric examination and interviewing of adults and children - not just a central skill, but the basis for reaching a diagnosis and defining a treatment plan. It also covers special interview situations, such as dealing with specific patient reactions, and other special problems, for example, conducting a complicated assessment in cases of autism or self harm. The final chapters explain when to refer to the experts and describes early treatment interventions. The book concludes with important legal and service organisation issues. As with previous editions, the new edition has been revised and rewritten with the full and active involvement of a group of consultant psychiatrists and trainees.

DSM-5® Pocket Guide for Elder Mental Health

Psychiatric Nursing

Pocket Guide to Psychiatric Nursing

DSM-5® Pocket Guide for Child and Adolescent Mental Health

Pocket Prescriber Psychiatry

Titles in the Pocket Tutor series give practical guidance on subjects that medical students and foundation doctors need help with 'on the go', at a highly-affordable price that puts them within reach of those rotating through modular courses or working on attachment. Topics reflect information needs stemming from today's integrated undergraduate and foundation courses: Common presentations Investigation options (e.g. ECG, imaging) Clinical and patient-orientated skills (e.g. examinations, history-taking) The highly-structured, bite-size content helps novices combat the 'fear factor' associated with day-to-day clinical training, and provides a detailed resource that students and junior doctors can carry in their pocket. Key points Logical, sequential content: an introduction to the clinical essentials of psychiatric practice, then chapters devoted to common groups of disorders and clinical issues, e.g. mood disorders, anxiety disorders, child and adolescent psychiatry Fully updated to reflect the new DSM V Additional content on old age psychiatry and social care. New chapter on mental health services and legislation

Pocket Psychiatry, a new addition to the Pocket Notebook series, is written by residents for residents. A resource for essential information, in a high-yield, easy-to-use format, designed to help students, trainees, and others navigate the initial psychiatric evaluation and management of the most commonly encountered psychiatric conditions. With an emphasis on evidence-based information, Pocket Psychiatry, provides a rare concise and accessible resource, for must-know information on hospital- and clinic-based psychiatric care — from history and physical exam to differential diagnosis testing to therapeutics — in the well known loose leaf pocket size format.

Part of the Pittsburgh Pocket Psychiatry series, this volume comprehensively and definitively addresses geriatric psychiatry, focusing on depression, dementia, anxiety as well as managing the caregivers. Additional chapters cover psychotherapy, legal issues, alcohol and drug use, and chronic pain management. Designed to be a highly practical, clinical guide for practitioners, each chapter is clearly written by one or more faculty members from Western Psychiatric Institute and Clinic, many of whom are recognized experts in their field. Self-assessment questions help the student learn the material.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Written by a psychiatrist who works full-time in the primary care setting, Primary Care Psychiatry Handbook is a quick, practical guide to the key diagnostic and therapeutic information you need to offer optimal mental health care to your patients. Derived from Primary Care Psychiatry, 2nd Edition, this high-yield, point of care handbook uses quick-reference tables, key points, and more to help you answer the question, "What do I do right now?" Delivers precisely the information needed by primary care providers who need to quickly confirm a psychiatric diagnosis or treatment option. Helps you understand potential underlying mental health issues such as depression, which often go unrecognized and under-treated in the primary care setting. Features mnemonics, key points, up-to-date drug information, clinical notes, abbreviations and acronyms, tables, full-color figures, and more - all designed for quick reference at the point of care. Features up to date information on each subject drawn from the most current academic, research, and organizational psychiatry sources. Enrich Your eBook Reading Experience Read directly on your preferred device(s), such as computer, tablet, or smartphone. Easily convert to audiobook, powering your content with natural language text-to-speech.

Kaplan & Sadock's Synopsis of Psychiatry

Pocket Guide to LGBTQ Mental Health

Kaplan & Sadock's Pocket Handbook of Clinical Psychiatry

Pocket Guide to Psychiatry

Kaplan & Sadock's Pocket Handbook of Psychiatric Drug Treatment

Prescriber 2015 is a concise, up to date prescribing guide. It contains all the 'must have' information that junior doctors, nurse prescribers and medical students need at their fingertips. Key features: A–Z list of the 500 most commonly prescribed drugs with each entry containing the key prescribing information Focuses on safety issues, warnings, drug errors and adverse effects Practical guidance on drug selection, plus protocols and guidelines Advice and reference information for complicated prescriptions Concise management summaries for the common medical emergencies Includes the European Resuscitation Council algorithms Clinically useful reminders of basic pharmacology (e.g. receptor profiles)

This Pocket Guide to Psychiatry is a composition of notes from my training in Medicine, Residency and Board Exam Preparation. The information contained is pertinent to all fields related to patient care and psychiatry ranging from Social Workers, Nurses, PAs, to NP, Medical Students, Residents and practicing Physicians. It is a great synopsis for reviewing material, quick reference in every day practice and board preparation. Topics range from psychiatric assessments, most common diagnosis, treatment formulation, neurotransmitter physiology, psychopharmacology, psychotherapy, and other related topics. Unique subjects such as billing, EMR templates, and p450 enzyme interaction is also covered.

Prepared by the residents and faculties of the renowned Massachusetts General Hospital and McLean Hospital, this pocket handbook is packed with succinct, practical, accessible information on the diagnosis and treatment of psychiatric disorders. Major sections include psychiatric emergencies, symptom-based diagnosis and treatment, special populations, and treatment approaches including psychopharmacology. The book is written in a quick-scanning outline format with boxes, tables, and lists to provide high-yield information at a glance. Compatibility: BlackBerry(R) OS 4.1 or Higher / iPhone/iPod Touch 2.0 or Higher /Palm OS 3.5 or higher / Palm Pre Classic / Symbian S60, 3rd edition (Nokia) / Windows Mobile(TM) Pocket PC (all versions) / Windows Mobile Smartphone / Windows 98SE/2000/ME/XP/Vista/Tablet PC

Companion to Introductory textbook of psychiatry / Donald W. Black. Sixth edition. [2014].

The Massachusetts General Hospital Handbook of Internal Medicine

Psychosomatic Medicine

A Pocket Guide to Risk Assessment and Management in Mental Health

Pocket Essentials of Psychiatry E-Book

Pocket Guide to Psychiatric Practice

Pocket Psychiatry Lippincott Williams & Wilkins

Autism Spectrum Disorder of the Pittsburgh Pocket Psychiatry Series highlights current key topics for this developmental neurobiological disorder: early identification and diagnosis; medical, psychiatric, behavioral, social, educational and language evaluations and treatment approaches; genetics and neurobiology; and transition-age and adult services. This book incorporates practical clinical knowledge within a didactic framework to provide a comprehensive overview of Autism Spectrum Disorder (ASD) across the lifespan.

Here's the most complete and easy-to-use resource on how to develop practical, individualized plans of care for psychiatric and mental health patients. It's the perfect quick reference now for clinical rotations...and later for practicing nurses. This Pocket Guide is really two books in one! The first half provides the diagnostic information needed to create a care plan; the second half covers the safe prescription and administration of psychotropic medications. And, the concepts can be applied in a variety of healthcare settings...from in-patient hospitalization through the outpatient clinic...to home health and private practice. Accurate, reliable, objective, and comprehensive, Kaplan & Sadock's Synopsis of Psychiatry has long been the leading clinical psychiatric resource for clinicians, residents, students, and other health care professionals both in the US and worldwide. Now led by a new editorial team of Drs. Robert Boland and Marcia L. Verduin, it continues to offer a trusted overview of the entire field of psychiatry while bringing you up to date with current information on key topics and developments in this complex specialty. The twelfth edition has been completely reorganized to make it more useful and easier to navigate in today's busy clinical settings.

Psych Notes

The Massachusetts General Hospital/McLean Hospital Residency Handbook of Psychiatry

Geriatric Psychiatry

A Pocket Resource for Mental Health Practitioners

A Practical Guide

Part of the very popular Kumar and Clark family, this portable and compact book has a wide readership among medical students, trainee and practising psychiatrists, and GPs, as well as trainee and practising mental-health social workers and psychiatric nurses. It is very useful for exam revision and as a handy reference on the ward, with important points highlighted in lists and diagrams.

Best Practices in Community Mental Health: A Pocket Guide is a quick reference guide to best practices that are essential for providing comprehensive, holistic care. Intended for use across a wide range of disciplines within mental health-social work, counseling, psychiatric nursing and rehabilitation, public psychiatry - the pocket guide offers a well-rounded foundation of services that can be adapted to each practice setting. This comprehensive but compact overview lends itself well to in-service trainings and makes an ideal companion for students in mental health internships and practicums. The accessible, actionable format spares busy professionals the need to hunt through long textbooks and articles for the information they need right away. This pocket guide is the first book of its kind to compile such a diverse set of practices, providing essential theory and background for each one, along with a review of available evidence, steps for implementation, and strategies for assessment and evaluation. Each chapter opens with a case study that provides an insider's perspective and closes with a glossary and links to online resources.

Titles in the Pocket Tutor series give practical guidance on subjects that medical students and foundation doctors need help with "on the go". Their highly affordable price represents great value for those rotating through modular courses or working on attachment. Common investigations (ECG, Chest X-Ray, etc) Clinical skills (procedures, patient examination, etc) Important and/or complex specialties in which students receive comparatively little dedicated training (psychiatry, renal medicine) Key Points Logical, sequential content: an introduction to the clinical essentials of psychiatric practice; then chapters devoted to common disorder "clusters" or clinical issues (e.g. Anxiety disorders, Self harm & suicide) Descriptions of common disorders enhanced by Clinical Scenarios (Patient presents with...) which help students and trainees to recognise and manage common presenting problems

The central concepts of the theory of interpersonal neurobiology. Many fields have explored the nature of mental life from psychology to psychiatry, literature to linguistics. Yet no common "framework" where each of these important perspectives can be honored and integrated with one another has been created in which a person seeking their collective wisdom can find answers to some basic questions, such as, What is the purpose of life? Why are we here? How do we know things, how are we conscious of ourselves? What is the mind? What makes a mind healthy or unwell? And, perhaps most importantly: What is the connection among the mind, the brain, and our relationships with one another? Our mental lives are profoundly relational. The interactions we have with one another shape our mental world. Yet as any neuroscientist will tell you, the mind is shaped by the firing patterns in the brain. And so how can we reconcile this tension—that the mind is both embodied and relational? Interpersonal Neurobiology is a way of thinking across this apparent conceptual divide. This Pocket Guide to Interpersonal Neurobiology is designed to aid in your personal and professional application of the interpersonal neurobiology approach to developing a healthy mind, an integrated brain, and empathic relationships. It is also designed to assist you in seeing the intricate foundations of interpersonal neurobiology as you read other books. Praise for Daniel J. Siegel's books: "Siegel is a must-read author for anyone interested in the science of the mind." —Daniel Goleman, author of Social Intelligence: The New Science of Human Relationships "[S]tands out for its skillful weaving together of the interpersonal, the inner world, the latest science, and practical applications." —Jack Kornfield, PhD, founding teacher of the Insight Meditation Society and Spirit Rock Center, and author of A Path With Heart "Siegel has both a meticulous understanding of the roles of different parts of the brain and an intimate relationship with mindfulness . . . [A]n exciting glimpse of an uncharted territory of neuroscience." —Scientific American Mind "Dr. Daniel Siegel is one of the most thoughtful, eloquent, scientifically solid and reputable exponents of mind/body/brain integration in the world today." —Jon Kabat-Zinn, PhD, author of Wherever You Go, There You Are, Full Catastrophe Living, and Coming to Our Senses

Best Practices in Community Mental Health

A Concise Canadian Pocket Guide

Kaplan and Sadock's Pocket Handbook of Clinical Psychiatry

The Pocket Guide to the DSM-5® Diagnostic Exam

Second Edition

Mental health professionals face tricky questions like these every day. But locating reliable sources of information takes considerable time, a luxury that many hard-working clinicians today simply don't have. PsycEssentials: A Pocket Resource for Mental Health Practitioners is a quick but comprehensive guide that helps mental health clinicians locate the answers to these common and often urgent questions. User-friendly chapters are arranged chronologically to address the typical progression of therapy, and describe a wealth of publicly available resources from standardised screening measures and various clinical assessment and risk evaluation measures, to state laws regarding child and elder abuse reporting, symptoms for mental health diagnosis, commonly prescribed drugs, and resources for the implementation of evidence-based psychotherapies.