

Read Online Play Of
Consciousness By Swami
Muktananda

*Play Of
Consciousness By
Swami Muktananda*

Coiled like a snake at the
base of the spine, kundalini
is the spiritual force that

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lies dormant in every human being. Once awakened, often through meditation and yoga practices, it rises up the spine and finds expression in the form of spiritual knowledge, mystical vision, psychic powers, and

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ultimately, enlightenment.

This is the classic first-person account of Gopi Krishna, an ordinary Indian householder who, at the age of thirty-four, after years of unsupervised meditation, suddenly experienced the

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awakening of kundalini during his morning practice. The story of this transformative experience, and the author's struggle to find balance amid a variety of powerful physiological and psychic side effects,

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forms the core of the book. His detailed descriptions of his dramatic inner experiences and symptoms such as mood swings, eating disorders, and agonizing sensations of heat—and of how, with the help of his

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wife, he finally stabilized at a higher level of consciousness—make this one of the most valuable classics of spiritual awakening available. Explaining the need for kundalini awakening, this

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text describes the experiences that arise once it has taken place and addresses the potential obstacles to attaining the ultimate life goal, liberation.

This best selling spiritual

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autobiography of Swami Muktananda tells the story of his journey to self-realization under the guidance of Bhagawan Nityananda, candidly describing his extraordinary experiences. Beginning with

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his spiritual initiation on August 15, 1947, and continuing through his enlightenment nine years later, this is a guide for seekers moving toward the same goal.

Samvidull?сах

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Conscious Awakening
Path to Higher Consciousness

Nityananda

KINDLE LIFE

Secrets of the Inner Journey

This collection includes dialogues
from 1962 – 1966 that contain

Read Online Play Of Consciousness By Swami Muktananda

Swami Muktananda's replies to questions covering a wide range of spiritual topics, as well as rare photographs from the early days of his teaching mission.

This compilation of questions and answers, drawn from talks and

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conversations between Swami Muktananda and spiritual seekers he met as he traveled in the West, covers a range of topics, from the first questioning of the nature of existence to the final attainment. Responding to his students' wishes,

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Swami Muktananda's series of talks and informal dialogues on spiritual practices and truths includes many of his favorite teaching stories.

I Am that

Sayings of a Self-realised Sage

Swami Ramdas

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Servant of God

Chitshakti Vilas

A Journey Into Light

A Spiritual Autobiography

"What happened to me

that early morning

during the Christmas of

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1937 changed the course
of my life and outlook.
I sat in a small room in
a house on the outskirts
of Jammu. I was
meditating. Practice had
accustomed me to sit in

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the same posture for
hours without
discomfort, and as I sat
breathing slowly and
rhythmically, my
attention was drawn
towards the crown of my

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head, contemplating an
imaginary lotus in full
bloom, radiating light.
I sat unmoving and
erect. My whole being
was so engrossed in the
contemplation of the

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lotus that for several
minutes I lost touch
with my body and
surroundings. The only
objet of which I was
aware was a lotus of
brilliant colour,

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emitting rays of light.
During a spell of
intense concentration I
suddenly felt a strange
sensation below the base
of the spine, at the
place touching the seat,

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while I sat cross-legged
on a folded blanket
spread on the floor. The
sensation was so
extraordinary and
pleasing that my
attention was forcibly

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drawn towards it. My heart beat wildly, and I found it difficult to bring my attention to the required degree of fixity. The sensation extended upwards,

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growing in intensity.
Then, suddenly, with a
roar like that of a
waterfall, I felt a
stream of liquid light
entering my brain
through the spinal cord.

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What had happened to me?
Was I hallucinating? Or
had I by some strange
fate succeeded in
experiencing the
Transcendental? I had
read glowing accounts,

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written by learned men,
of great benefits
resulting from
concentration and of the
miraculous powers
acquired by yogis
through meditation. Was

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there, after all, really
some truth in the
repeated claims of the
sages and ascetics of
India, made for
thousands of years that
it was possible to

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apprehend reality in
this life if one
practised meditation in
a certain way? Little
did I realize that from
that day onwards I was
never to be my old

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normal self again. I had unwittingly and without adequate knowledge, roused to activity the most powerful power in man. I had stepped unknowingly upon the key

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to the most guarded
secret of the ancients,
and thenceforth for a
long time, I had to live
suspended by a thread,
swinging between life
and death, between

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sanity and insanity,
between lights and
darkness, between heaven
and earth." An
extraordinary
autobiographical account
of what happens in the

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mind and body when
Kundalini gets
spontaneously aroused...
one of the clearest
journals documenting
spiritual transformation
and mental evolution

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onto a higher plane of
consciousness.

This Volume Is A Birth
Centenary Tribute To
Swami Lakshman Joo Raina
(1907-1991), One Of The
Greatest Saints Of 20Th

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Century India, Living A
Secluded Life In His
Ashram In Kashmir. The
Articles By Scholar-
Disciples, Devotees And
Relatives Throw Light On
The Extraordinary Life

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Of This Saint In
Reviving Kashmir
Shaivism.

A collection of
contemplations and
aphorisms on such topics
as divine love, the

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greatness of the human
heart, and understanding
thought and how the mind
works.

I Love You

The Graceful Guru

Guru: Chitshaktivilas

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Waking, Dreaming, Being
Hindu Female Gurus in
India and the United
States

Brahmacarya in K????a
Consciousness

This compilation of Swami

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Muktananda's talks and writings about his guru, Bhagawan Nityananda, forms an absorbing biography and loving portrait of one of the greatest spiritual masters of

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modern India.

***In this commentary on verse
24 of the Vijnana Bhairava, a
classic text of the nondual
Shaivism of Kashmir, Swami
Muktananda teaches about
the power and practice of***

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***the hamsa mantra--the
mantra that arises naturally
and spontaneously with the
breath. Swami Muktananda
reveals the mystical secrets
of this form of mantra
repetition and explains how,***

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***through dedicated practice,
one becomes established in
the unwavering experience
of inner divinity. The book
includes an introduction by
Gurumayi Chidvilasananda,
the spiritual head of the***

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Siddha Yoga path.

***An excellent introduction to
the study of Vedanta for
beginners, equally
refreshing for advanced
students.***

Consciousness is Everything

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The Play of Consciousness
The Light of Consciousness
Where Are You Going?
I Have Become Alive
Play of Consciousness
A collection of
contemplations and

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*aphorisms by Swami
Muktananda on such
topics as divine love,
the greatness of the
human heart, and
understanding thought
and how the mind works.*

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Baba Muktananda was one of the most respected and revered spiritual masters of the 20th century. He not only spoke on spirituality but was an Ecstatic Yogi

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*who had the rare ability
to give a person a
direct experience of the
inner Self. This process
is known as Shaktipat,
whereby the divine power
or energy—known as*

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Shakti or Kundalini—is transmitted directly into a seeker by the Guru. Muktananda had a fascinating life. He left home in search of God when he was just

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fifteen years old. As a young monk he traveled throughout India three times on foot searching for a spiritual guide. It was only after receiving the blessings

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*of the great Siddha,
Bhagavan Nityananda,
that his search came to
an end. In the last
twelve years of his life
he traveled on three
World Tours initiating*

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*seekers through
Shaktipat, and spreading
the message that, "God
dwells within you, as
you."*

*Based on the lectures
delivered by the author*

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*in Singapore during 1991
and 1992.*

Meditate

*The Evolutionary Energy
in Man
Kundalini*

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***A Guidebook for
Spiritual Transformation
Selected Essays***

Swami Muktananda belongs to the rare and ancient lineage of Siddhas, self realized masters who are known for their ability to awaken the spiritual

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potential in others. Revered in his own country and tradition for his spiritual attainment and the universality of his teaching, he has in recent years become one of the most highly regarded meditation masters in the world. In these pages he offers, in straightforward and often humorous

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language, an understanding of meditation as it is and can be.

Never before have all the various facets of the teachings of Swami Ramdas (1884-1963) been brought together in one comprehensive volume. Like a beautiful multicoloured garland of fragrant flowers, *Servant of God* is a

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collection of extracts from the writings of Ramdas that are arranged under 101 chapter headings. The very phrases of Ramdas form the chapter headings which range from Aboration of the Lord to Zoroaster Taught the Suzerainty of God .

Dialogues on the process of awakening

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shakti towards inner consciousness
while performing Yoga.

I Welcome You All with Love

Reflections of the Self

Bhagawan Nityananda of Ganeshpuri

The Journey Home

The Early Years

The Self Is Already Attained

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Play of ConsciousnessA
Spiritual

AutobiographySiddha Yoga
Publication

Kashmir Shaivism is the
study of consciousness.

Consciousness is the most

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intimate experience of life the essence of life itself. Among the many spiritual traditions born and developed in India, one ancient philosophy-Kashmir Shaivism-has

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explored it completely.
Consciousness is the most
intimate experience of
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spiritual traditions born
and developed in India,

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one ancient philosophy-
Kashmir Shaivism-has
explored it completely.
Until now, Kashmir
Shaivism was an esoteric
field accessible only to a
few scholars and other

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specialists. Here, for the first time, Swami Shankarananda, a Self-realised spiritual master, presents the wisdom of this powerful tradition in a form that will delight

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and inspire all spiritual seekers. He explores the teachings in rich detail, elucidating ideas and meditative practices while drawing upon a vast canvas of many great beings,

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wisdom traditions and personal experience. When Kashmir Shaivism is studied the way a subject at university is studied, it becomes a set of principles and concepts,

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which are rich and suggestive. But Kashmir Shaivism is not only food for the intellect. It also implies direct nurturance of the soul, the direct experience of

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consciousness itself. The goal of this book is to inspire spiritual seekers to make sure of the sublime methods and understandings of Shaivism in their own practice. The

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Yoga of Kashmir Shaivism is a book that will transform you. It is a resource and guides you towards investigating and deepening your own consciousness.

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A distinctive aspect of Hindu devotion is the veneration of a human guru, who is not only an exemplar and a teacher but is also understood to be an embodiment of the

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divine. Historically, the role of guru in the public domain has been exclusive to men. The new visibility of female gurus in India and the U.S. today, and indeed across the globe,

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has inspired this first-
ever scholarly study of
the origins, variety, and
worldwide popularity of
Hindu female gurus. In the
Introduction, Karen
Pechilis examines the

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historical emergence of
Hindu female gurus with
reference to the Hindu
philosophy of the self,
women spiritual exemplars
as wives and saints,
Tantric worship of the

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Goddess, and the internationalization of gurus in the U.S. in the twentieth century. Nine essays profile specific female gurus, presenting biographies of these

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remarkable women while highlighting overarching issues and themes concerning women's status as religious leaders; these themes are nuanced in the afterword to the

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volume. The essays explore how Hindu female gurus embody grace in both senses--as a feminine ideal and an attribute of the divine--and argue that their status as leaders is

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grounded in their
negotiation of these two
types of grace. This book
provides biographical
profiles of the following
female gurus plus
sensitive scholarly

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analysis of their
spiritual paths: Ammachi,
Anandamayi Ma, Gauri Ma,
Gurumayi, Jayashri Ma,
Karunamayi Ma, Ma Jaya
Sati Bhagavati, Mother
Meera, Shree Maa and Sita

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Devi.

Swami Laksman Joo. A

Centenary Tribute

The Science of Hamsa from

Tha Vijnana Bhairava

Conscious Living

Self and Consciousness in

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Neuroscience, Meditation,
and Philosophy

Explorations in

Transpersonal Psychology

A Book for the Mind

Swami Muktananda's aphoristic poetry
reflects on fundamental truths and

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speaks of yoga in his uncompromisingly pure way. A mixture of meditative wisdom, fervent and reverent prayer, and instruction, this book is infused with Muktananda's energy and love.

Through exposition, scriptural stories, and question and answer sessions

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with seekers, Swami Muktananda addresses subjects such as spiritual discipline, ego, money, marriage, and parenting.

A renowned philosopher of the mind, also known for his groundbreaking work on Buddhism and cognitive science, Evan Thompson combines

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the latest neuroscience research on sleep, dreaming, and meditation with Indian and Western philosophy of mind, casting new light on the self and its relation to the brain. Thompson shows how the self is a changing process, not a static thing. When we are awake we identify with our body,

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but if we let our mind wander or daydream, we project a mentally imagined self into the remembered past or anticipated future. As we fall asleep, the impression of being a bounded self distinct from the world dissolves, but the self reappears in the dream state. If we have a lucid dream,

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we no longer identify only with the self within the dream. Our sense of self now includes our dreaming self, the "I" as dreamer. Finally, as we meditate—either in the waking state or in a lucid dream—we can observe whatever images or thoughts arise and how we tend to identify with them as

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"me." We can also experience sheer awareness itself, distinct from the changing contents that make up our image of the self. Contemplative traditions say that we can learn to let go of the self, so that when we die we can witness its dissolution with equanimity. Thompson weaves

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together neuroscience, philosophy, and personal narrative to depict these transformations, adding uncommon depth to life's profound questions. Contemplative experience comes to illuminate scientific findings, and scientific evidence enriches the vast knowledge acquired by

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contemplatives.

A Guide to Shaktipat

Baba Muktananda

To Know the Knower

God Is with You

Autobiography of an American Swami

In Divine Presence

Vivid stories and

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photographs paint an
engaging portrait of the
extraordinary, legendary
Nityananda--sage, miracle
worker, maybe even
possessor of divine
powers. His varied nature

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comes to life here, with
the holy man's very
essence suffusing every
page. 5 1/4 X 8 1/4.
Drawing on teachings in
the Bhagavad Gita and
other classical works,

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this text contemplates the transition into another phase of existence, explaining how to overcome the fear of death and attain an expansive understanding of samsara

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(illusion), karma
(destiny), and the
immortality of the soul.
This book tells a story of
spiritual awakening under
the guidance of Sai Maa,
an enlightened spiritual

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master. It creates a context for better understanding the shift in consciousness currently taking place on the planet. It is informed by the works of several

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masters of personal and
organizational
transformation. It depicts
how the inner game
operates on the principle
of allowing vs. doing.
Ontological design is a

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discipline for redesigning
the self. Somatic
practices integrate body,
mind and spirit, and self-
transcendence enables
access to higher
dimensions of

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consciousness. Each are powerful access points that, when combined, lead to profound spiritual awakening and transformation.

Conversations with Swami

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Does Death Really Exist?
A Guide to the Spiritual
Journey
The Secret of Life
A Biography
From the Finite to the

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Infinite

The story of one man's journey from his youth in suburban Chicago to an adult in spiritual India and a world of mystics, yogis, and gurus. Within this extraordinary

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memoir, Radhanath Swami weaves a colorful tapestry of adventure, mysticism, and love. Readers follow Richard Slavin from the suburbs of Chicago to the caves of the Himalayas as he transforms

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from young seeker to
renowned spiritual guide.
The Journey Home is an
intimate account of the steps
to self-awareness and also a
penetrating glimpse into the
heart of mystic traditions

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and the challenges that all souls must face on the road to inner harmony and a union with the Divine.

Through near-death encounters, apprenticeships with advanced yogis, and

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years of travel along the pilgrim's path, Radhanath Swami eventually reaches the inner sanctum of India's mystic culture and finds the love he has been seeking. It is a tale told with rare

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candor, immersing the reader in a journey that is at once engaging, humorous, and heartwarming. Praise for The Journey Home "Here is an inspiring chapter of "our story" of spiritual pilgrimage

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to the East. It shows the inner journey of awakening in a fascinating and spellbinding way." —Ram Dass, author, Be Here Now
"He tells his story with remarkable honest—the

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temptations of the 1970s, his doubts, hopes, and disappointments, the culture shock, and the friendships found and lost . . . Add a zest of danger, suspense, and surprise, and Radhanath

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Swami's story is a deep, genuine memoir that reads like a novel." —Brigitte Sion, assistant professor of Religious Studies, New York University

The Yoga of Kashmir

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Shaivism