

Play Of Consciousness A Spiritual Autobiography Chitshakti

An ideas and process based book helping individuals and groups to follow dreams through creation of online and physical intentional communities, that inspire, innovate and contribute to positive social change and new realizations of love, peace and plenty around the globe. "This book on Tarot and Consciousness explains how Tarot can lead to rich and creative spiritual development with readings that juxtapose spirituality, science, mediation using an advanced deck of cards with contemporary integral concepts"-- Building on his previous groundbreaking work, Peter Ralston once again proves to be a sure-footed guide for readers seeking to negotiate the challenging terrain of personal and spiritual growth. In accessible language, Ralston demonstrates how the lofty goals of self-transformation and enlightenment can be achieved with a no-nonsense approach available to anyone willing to reach beyond their current experience of self and reality. Pursuing Consciousness is a down-to-earth handbook for staying focused on the work at hand, even while tackling such unsettling tasks as investigating deeply ingrained psychological beliefs and identifying common areas of misunderstanding that hamper transformative growth. Ralston explains that deeper levels of consciousness aren't just for monks--anyone can have an enlightenment experience. He shows that enlightenment does not transform the self, and transforming the self does not produce enlightenment. Once we grasp that these two pursuits take place in entirely different domains of consciousness, we can use each to empower the other. Ralston provides specific tools for changing the very person that we experience being. His work has been acclaimed by people from a diverse range of disciplines—including spiritual teachers, psychiatrists, cognitive scientists, physicists, and artists. As with Ralston’s previous works, this book points the way to a direct encounter with the true nature of Being and the possibility of real personal change. From the Trade Paperback edition. Develop a powerful practice of deep relaxation and transformative self-inquiry with this essential guide to yoga nidra, accompanied by downloadable audio meditations. Yoga nidra is a practice devoted to allowing your body and mind to rest while your consciousness remains awake and aware, creating the opportunity for you to tap into a deeper understanding of yourself and your true nature. At its heart, yoga nidra is about waking up to the fullness of your life. In Radiant Rest, Tracee Stanley draws on over twenty years of experience as a yoga nidra teacher and practitioner to introduce the history of yoga nidra, mind and body relaxation, and the surprising power of rest in our daily lives. This accessible guide shares six essential practices arranged around the koshas, the five subtle layers of the body: the physical, energetic, mental, intuitive, and bliss bodies. It also offers shorter, accessible practices for people pressed for time. Each practice is explained through step-by-step instructions and ends with self-inquiry prompts. A set of guided audio meditations provide further instruction. Feel a greater sense of stability, peace, and clarity in all aspects of your life as you deepen your yoga nidra practice and discover its true power.

Tarot of the Future

Getting Real About Soul Maturity and Spiritual Growth

Hegel on Self-Consciousness

The Bond of Power

Stalking the Wild Pendulum

Plant Spirit Healing

Play of Consciousness

Tired of trying to find yourself? Uncover the true meaning of spirituality and embrace your inner being. Do you want meaningful answers to those pestering self-reflective questions? Discover them here! If you are willing to do some soul-searching, the insights in Spirituality, Evolution & Awakened Consciousness will inspire you to venture further on your journey of self-discovery and spiritual well-being exploration, one that insightfully reveals how to recognize and understand the uniqueness of your soul and life experiences. Providing an honest look at the real meaning of grounded spirituality, while expertly addressing the emotional baggage and toxic beliefs of not being good enough. Packed with wisdom, stories and questions that lead you on a journey of self-awareness that encourages you to embrace your true significance. This is a rare inspiring book that arms you with the essential tools needed to reconnect with your inner being. Inside this influential guide you will discover: -How to expand your awareness and develop a deeper connection with yourself.-Ways of engaging in more meaningful relationships with family and loved ones.-The true value of spirituality and fundamental differences between karma, and your relationship with truth.-Powerful exercises for mindful self-reflection and so much more..No matter where you are on your spiritual journey, just beginning or a spiritual veteran, this book will be a new chapter in your understanding of your soul purpose, expanding your awareness, and living authentically.It is a journaler’s delights and deep thinker’s reading adventure. Nicky Sutton offers this transformative guide to spiritual awakening, giving advice on manifesting, meditating and moving through any challenging parts of the journey from awakening to rebirth. A compassionate guide to the process and challenges of spiritual awakening, from breakthrough and enlightenment to finding peace, balance and connection with your higher self. How do you know if you are truly dissolving, or your perceptions of reality and purpose are transforming uncontrollably, then it's possible. Sometimes a significant life event, such as a loss, sudden insight, societal change, or a mystical experience, can cause a spontaneous and unexpected shift within us. Spiritual and meditation guide Nicky Sutton is here to help you navigate the waves of transformation as you awaken to further your spiritual awakening and offers compassionate, practical advice to enhance your journey - including tips for manifesting, meditating, and developing your psychic and intuitive abilities. You are an ever-evolving being on the road to greater understanding, and this powerful and reassuring guide is here to help you rise to the challenge of spiritual awakening and find peace, balance, and connection with your higher self. For the millions of Americans who want spirituality without religion, Sam Harris’s latest New York Times bestseller is a guide to meditation as a rational practice informed by neuroscience and psychology. From Sam Harris, neuroscientist and author of numerous New York Times bestselling books, Waking Up is for the twenty percent of Americans who follow no religion but who suspect that there is something more to life than Jesus, the Buddha, Lao Tzu, Rumi, and the other saints and sages of history. Throughout this book, Harris argues that there is more to understanding reality than science and secular culture generally allow, and that how we pay attention to the present moment largely determines the quality of our lives. Waking Up is part memoir and part exploration of the scientific underpinnings of spirituality.

In this way, and no author other than Sam Harris—a scientist, philosopher, and famous skeptic—could write it. The autobiography of Paramahansa Yogananda (1893 - 1952) details his search for a guru, during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946 it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelita Galli-Curci said about the book: "Amazing, true stories of saints and masters of India. I needed to balance the Western material efficiency with Eastern spiritual efficiency-come from the vigorous pen of Paramhansa Yogananda, whose teachings my husband and myself have had the pleasure of studying for twenty years."

The Play of the Sweet Absolute

Spiritual Initiation and the Breakthrough of Consciousness

Using Your Awareness to Unblock Your Life

Act of Consciousness

A New Earth

The Secret of Life

The Untethered Soul (EasyRead Super Large 18pt Edition)

A hands-on approach to working with the healing powers of plant spirits • Explores the scientific basis underlying the practices of indigenous healers and shamans • Illuminates the matrix where plant intelligence and human intelligence join • Reveals that partnering with plants is an evolutionary imperative
Indigenous healers and shamans have known since antiquity that plants possess a spirit essence that can communicate through light, sound, and vibration. Now scientific studies are verifying this understanding. Plant Spirit Healing reveals the power of plant spirits to join with human intelligence to bring about profound healing. These spirits take us beyond mere symptomatic treatment to aligning us with the vast web of nature. Plants are more than their chemical constituents. They are intelligent beings that have the capacity to raise consciousness to a level where true healing can take place. In this book, herbalist Pam Montgomery offers an understanding of the origins of disease and the therapeutic use of plant spirits to bring balance and healing. She offers a process engaging heart, soul, and spirit that she calls the triple spiral path. In our modern existence, we are increasingly challenged with broken hearts, souls in exile, and malnourished spirits. By working through the heart, we connect with the soul and gain access to spirit. She explains that the evolution of plants has always preceded their animal counterparts and that plant spirits offer a guide to our spiritual evolution—a stage of growth imperative not only for the healing of humans but also the healing of the earth.

The chapters of this book are nothing but mirrors for seeing your ''self'' from different angles. And though the journey we are about to embark on is an inner one, it will draw upon every aspect of your life. The only requirement asked of you is the willingness to honestly look at yourself in the most natural, intuitive manner. Remember, if we are seeking the root of ''self,'' what we are actually seeking is you. As you read through these pages, you will find that you know much more than you thought you did about some very deep subjects. The fact is, you already know how to find yourself; you have just gotten distracted and disoriented. Once refocused, you will realize that you not only have the ability to find yourself, you have the ability to free yourself. Whether you choose to do so or not is entirely up to you. But upon completion of your journey through these chapters, there will be no more confusion, no more lack of empowerment, and no more blaming others. You will know exactly what must be done. And should you choose to devote yourself to the ongoing journey of self-realization, you will develop a tremendous sense of respect for who you really are. It is only then that you will come to appreciate the full depth of meaning in the advice: ''This above all: to thine own self be true.'' ---- Introduction

Featuring a Foreword by Mikey Siegel, founder of Consciousness Hacking. Technology can now control the spiritual experience. This is a journey through the high-tech aids for psychological growth that are changing our world, while exploring the safety, authenticity and ethics of this new world. We already rely on technology to manage our health, sleep, relationships, and finances, so it's no surprise that we're turning to technological aids for the spiritual journey. From apps that help us pray or meditate, to cyborgs seeking the fast track to nirvana through magnetic brain stimulation, we are on the brink of the most transformative revolution in the practice of religion: an era in which we harness the power of "spirit tech" to deepen our experience of the divine. Spirit tech products are rapidly improving in sophistication and power, and ordinary people need a trustworthy guide. Through their own research and insiders' access to the top innovators and early adopters, Wesley J. Wildman and Kate J. Stockly take you deep inside an evolving world: - Find out how increasingly popular "wearables" work on your brain, promising a shortcut to transformative meditative states. - Meet the inventor of the "God Helmet" who developed a tool to increase psychic skills, and overcome fear, sadness, and anger. - Visit churches that use ayahuasca as their sacrament and explore the booming industry of psychedelic tourism. - Journey to a mansion in the heart of Silicon Valley where a group of scientists and entrepreneurs are working feverishly to bring brain-based spirit tech applications to the masses. - Discover a research team who achieved brain-to-brain communication between individuals thousands of miles apart, harnessing neurofeedback techniques to sync and share emotions among group members. Spirit Tech offers readers a compelling glimpse into the future and is the definitive guide to the fascinating world of new innovations for personal transformation, spiritual growth, and pushing the boundaries of human nature.

Complementary medicine.

The Measure of a Man

Guiding You through Spiritual Awakening and beyond

Kundalini

Self-Inquiry

The Book of Enlightenment and Transformation

A Guide to Working with Plant Consciousness

To Be or Not to Be ... Enlightened

It is often assumed that there are two ways of interpreting the world: a rational scientific way, or an irrational religious way. Spiritual Science offers a third alternative: a spiritual view of reality that transcends both conventional science and religion, and answers many of the riddles that neither can explain. The standard model of science has had little success in explaining such areas as human consciousness, the connection between the mind and the body, altruism and [anomalous] phenomena such as near-death experiences, psi phenomena (such as telepathy) and spiritual experiences. But from a [panspiritist] point of view [] which sees spirit or consciousness as a fundamental essence of reality [] it is possible to make sense of all these things. Steve Taylor puts forward the evidence for a spiritual view of reality, drawing on the insights of philosophers, physicists, mystics, as well as spiritual traditions and indigenous cultures. He systematically shows how a [panspiritist] view can explain many puzzling aspects of science and the world, including evolution and the origins of life, and a wide range of other phenomena such as quantum physics, the placebo effect, precognition and neuroplasticity. Spiritual Science offers a new vision of the world that is compatible with both modern science and ancient spiritual teachings. It provides a more accurate and holistic account of reality than conventional science or religion, integrating a wide range of phenomena that are excluded from both. After showing how the materialist worldview demeans the world and human life, Spiritual Science offers a brighter alternative [] a vision of the world as sacred and interconnected, and of human life as meaningful and purposeful. Spiritual Science explains how the standard materialist model of reality developed, and turned into a belief system. This belief system can only function by denying (or explaining away) a whole range of phenomena that are part of human experience. It is possible to be scientific without adopting this belief system [] in fact, it is much more rational to do so.

Who are we? Where do we come from? What are we doing here? Where are we going? Humans have sought answers to these questions for as long as humanity has existed. Now Camillo Loken and Lilli Bendriss share a comprehensive theory on the nature of all reality. A Shift in Consciousness offers a thorough examination of each of these questions, providing the reader with extensive information and possible conclusions. This book addresses a wide range of research and literature in the scientific, metaphysical and spiritual arenas, covering topics such as energy, frequencies and vibrations, death, the soul, karma, reincarnation, quantum mechanics, consciousness, thought and mind power patterns, near-death experiences, dimensions and density levels, the astral plane, our shifting consciousness, and much more. We live in a time where humanity can take its next step in evolution from Homo Sapiens to Homo Luminous - The Enlightened Beings. As you read, allow The Shift In Consciousness to tap into your imagination and expand your thinking of who you are, why you are here, where you came from, and especially where you are headed as you dive into your own expansion of consciousness. Life is an act. We act like humans, and therefore we experience like humans with a litany of limitations, shortcomings and drama that mask our underlying angelic consciousness. It’s an unnatural act that we have come to accept as reality. In Act of Consciousness, Ascended Master Adamus Saint-Germain begins by explaining the metaphysics of energy. He defines the difference between consciousness and energy and makes the clear point that we are beings of consciousness [] not energy [] and that the passion of our pure consciousness attracts energy from the unified field to manifest our reality. Adamus defines the four primary levels of energy including Core (soul), Crystalline, Cosmic and Earth while educating the reader about how the various levels are used by our consciousness to manifest our stage-of-life. Adamus implores the reader to act like a Master rather than acting like a less-than[]perfect human. This act will literally change the type of energy being attracted into the reader’s life, and therefore change the reality theatre one exists within. Some readers will question this approach saying, []It’s not real because it’s just an act,[] to which Adamus will reply, []But everything in your life is just an act, so why not act like a prosperous, healthy and wise Master? This will change the theatre of your life, but the real question is, []Are you really ready for a substantial change, or are you just trying to tidy up your current stage? [] It’s a remarkably simple and effective approach to an otherwise mental and laborious process of becoming your full potential. Act of Consciousness will make you laugh, make you angry and make you question your old beliefs about how reality is created and experienced. By the time you read Saint-Germain’s last words you will cry a few tears of joy and relief to know that life is as easy as an Act of Consciousness. Saint-Germain had many notable past lives, including that of William Shakespeare and Mark Twain (Samuel Clemens). These lifetimes gave him an appreciation for the theatre, acting and story-telling. Book length: Approximately 30,000 words

An accessible exploration of best-selling author’s most famous work, The Map of Consciousness, that helps readers experience healing and transcendence. We are all born with a level of consciousness, an energetic frequency within the vast field of consciousness. And with The Map of Consciousness, we can truly understand the total spectrum of human consciousness. Using a unique muscle-testing method, Dr. David R. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his best-selling book, Power vs. Force. With the Map, Dr. David R. Hawkins laid out the entire spectrum of consciousness, from the lower levels of Shame, Guilt, Apathy, Fear, Anger, and Pride; to Courage, Acceptance, and Reason; all the way up to the more expanded levels of Love, Ecstasy, Peace, and Enlightenment. These "higher" energy fields are a carrier wave of immense life energy. An essential primer on the late Dr. David R. Hawkins’s teachings on human consciousness and their associated energy fields, The Map of Consciousness Explained offers readers an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy. This book is a light unto the path of any individual who wants to become more effective in any area of life.

On the Mechanics of Consciousness

Discover and Know Everything about Life and Your Purpose in It

Neuroscience, Consciousness and Spirituality

Spirit Tech

The Play of Consciousness

UNIVERSAL CONSIIOUSNESS

Waking Up

In his exciting and original view of the universe, Itzhak Bentov has provided a new perspective on human consciousness and its limitless possibilities. Widely known and loved for his delightful humor and imagination, Bentov explains the familiar world of phenomena with perceptions that are as lucid as they are thrilling. He gives us a provocative picture of ourselves in an expanded, conscious, holistic universe.

"I have no wish to play the pontificating fool, pretending that I've suddenly come up with the answers to all life's questions. Quite that contrary, I began this book as an exploration, an exercise in self-questing. In other words, I wanted to find out, as I looked back at a long and complicated life, with many twists and turns, how well I've done at measuring up to the values I myself have set." —Sidney Poitier In this luminous memoir, a true American icon looks back on his celebrated life and career. His body of work is arguably the most morally significant in cinematic history, and the power and influence of that work are indicative of the character of the man behind the many storied

roles. Sidney Poitier here explores these elements of character and personal values to take his own measure—as a man, as a husband and a father, and as an actor. Poitier credits his parents and his childhood on tiny Cat Island in the Bahamas for equipping him with the unflinching sense of right and wrong and of self-worth that he has never surrendered and that have dramatically shaped his world. "In the kind of place where I grew up," recalls Poitier, "what's coming at you is the sound of the sea and the smell of the wind and momma's voice and the voice of your dad and the craziness of your brothers and sisters...and that's it." Without television, radio, and material distractions to obscure what matters most, he could enjoy the simple things, endure the long commitments, and find true meaning in his life. Poitier was uncompromising as he pursued a personal and public life that would honor his upbringing and the invaluable legacy of his parents. Just a few years after his introduction to indoor plumbing and the automobile, Poitier broke racial barrier after racial barrier to launch a pioneering acting career. Committed to the notion that what one does for a living articulates to who one is, Poitier played only forceful and affecting characters who said something positive, useful, and lasting about the human condition. Here is Poitier's own introspective look at what has informed his performances and his life. Poitier explores the nature of sacrifice and commitment, price and humility, rage and forgiveness, and paying the price for artistic integrity. What emerges is a picture of a man in the face of limits—his own and the world's. A triumph of the spirit, *The Measure of a Man* captures the essential Poitier.

A social scientist recreates his search for expanded consciousness, through the psychedelia of LSD to the final calm and inner wisdom of Rajah Yoga

MAKE PEACE WITH LIFE AND DISCOVER YOUR MISSION IN IT. Have you ever wondered what is the meaning of life? Do you want to know what your life purpose is? Do you feel disoriented and lost in life? In **SOUL MEMORIES** you will find answers to these and many other questions that will end the tireless search for answers about the truth about life and the reason for your existence in it. "SOUL MEMORIES" is a spirituality book for the awakening of consciousness and empowerment of the soul, which offers the reader a different perspective on life and the human being, using simple, entertaining and appropriate language for modern times. Here you will find answers to these and other questions: - The origin of life. - What is the meaning of life. - How to play the game of life. - What is your life purpose or mission. - What is your role in life. - What is your true nature. If you are in search of answers about the different aspects of life and your existence in it, **SOUL MEMORIES** will provide you with very precise and accurate answers, so that, by remembering the Truth, you can rest in it. Get your copy **RIGHT NOW**. Your soul has something very important to remember you!

Yoga Nidra for Deep Relaxation and Awakened Clarity

Peak States of Consciousness

Chitshakti Vilas

How a New Understanding of the Universe Can Help Answer Age-Old Questions of Existence

Be Here Now

Subjective Evolution of Consciousness

Radiant Rest

Through the act of loving yourself, you give the gift of the truth of you to this world. The most powerful way you can be in the world is by loving yourself well and then living your life from that place. The question is: how do you do that? How do you love yourself when faced with overwhelming responsibilities, guilt, and feeling like the world is stacked against you? You love yourself well when you make the choice for consciousness. Consciousness changes the way you view yourself and the way you view your life. Change is rarely easy; yet staying the same offers no relief from suffering. The choice for consciousness is challenging, but familiar suffering is painful--and it's a pain with no end in sight This book provides step-by-step support to help you release victim mentality; drop baggage and unhealthy habits; and discard fear-based living. It will show you how to live as the creator of your life. This volume contains 16 tools and 137 definitions of terms and concepts to support your journey. The tools can be used in any order and are very powerful when combined with each other. The fear of change and the habit of staying small collaborate to say, "No, no, no, don't you dare change because that could be dangerous. Who knows what will happen if you change?" That's the moment when you have to take the risk of allowing yourself to walk the truth of you in the world. When you hear the voice that says, "No, no, no, I can't be that big. I can't shine my light that much. I can't emanate the truth of me to these people," that's the point when you need to say instead, "I want healing above all else. I want healing above all else. My desire for healing is stronger than my fear of what will happen if I shine my light, than my fear of how my truth will be received. My desire for healing is stronger than that. Emanation of the truth of me comes first." The Choice for Consciousness, Tools for Conscious Living series offers channeled messages from Eloheim and The Council. The Council is comprised of seven different groups: The Guardians, The Girls, The Visionaries, The Matriarch, The Eloheim, The Warrior, and Fred. During a channeling session, each of The Council members take turns sharing their teachings. Each Council member has a distinct personality, style of delivery, and focus. The Council is best known for their multitude of practical tools, which support the journey out of fear-based living into the consciousness-based operating system. The Choice for Consciousness, Tools for Conscious Living series is designed to offer step-by-step tools to support your movement out of the fear-based operating system into the consciousness-based operating system; to help you let go of baggage, static, and unhealthy habits; and to show you how to discard victim mentality, so that you can live fully as the creator of your life. Volume One of the series contained twenty-two tools that concentrated on the realization that you create your reality. This volume contains sixteen tools created to help you begin to LIVE as a creator. The tools can be used in any order and are very powerful when combined with each other. This book is not a narrative, but a reference text we hope you will return to again and again.

Explains the phenomenon of shaktipat, the spiritual transmission of power from a teacher to a devotee • Shows how technology has eroded personal power and how insight and awareness can play a higher role in our lives • Reveals how insight is the vehicle for profound self-transformation Shakti is the creative force, the bonding power, that holds the universe together. Shaktipat is the moment when enlightenment is conferred upon a student instantaneously by his master's touch. The guru conferring shaktipat creates a bond of power in those who have accepted him or her as their teacher. In Spiritual Initiation and the Breakthrough of Consciousness Joseph Chilton Pearce describes his experience of shaktipat from his teacher Swami Muktananda. From this awakening Pearce experiences a dramatic shift of mind and comes to the realization that perception is reality and that insight is our only vehicle for profound self-transformation. Oneness with God is the birthright of every individual, though we are culturally vaccinated to resist experiencing this higher consciousness. Our search for objective truth has led us not to wholeness, but instead to the belief that we have no bond to each other, to God, or to an inanimate, physical world. Our technology reduces our ability to experience revelation and leads us instead toward the chatter of confused thinking. The challenge faced by modern humanity, which is the challenge Muktananda gave to his students, is to passionately gather up the scattered fragments of our lives and channel them into the creative realm, where with insight or revelation we will be able to become more than ourselves.

The essays in this book are the notes from the e – learning courses which organized by the international educational, research and cultural community Think Lab from 20 March and 20 April 2016 on “Introduction to Philosophy of contemporary cosmology: Transformation of thought and evolution of consciousness”. The courses are held online, the contributions were from London, Berlin, Dublin, New York, Chicago and Athens. The presentation of the courses and the coordination of the program was the thinker Alexis Karpouzos. We would like to thank you for the great response about the courses.

Evolution is generally thought of as something objective. But objective evolution is a misperception of reality. Evolution is actually based on consciousness, which is subjective. In this volume, Swami B.R. Sridhar discusses the origin of our world and its relation to the supreme. He explores the conceptions of great philosophers and how they relate to matter, consciousness and the absolute truth. Spiritual evolution is explained and in the chapter "The Subjective Bhagavad-gita", a revolutionary understanding of Sri Krishna is revealed. The book concludes with the author's unprecedented explanation of the Gayatri Mantra.

Why Science Needs Spirituality to Make Sense of the World

The Bridges Between Science And Spirituality.

A Spiritual Autobiography

The Brave New World of Consciousness Hacking and Enlightenment Engineering

Awakening to Your Life's Purpose

Desire and Death in the Phenomenology of Spirit

Raising Spiritual Consciousness

The 10th anniversary edition of A New Earth with a new preface by Eckhart Tolle. With his bestselling spiritual guide The Power of Now, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived "in the now." In A New Earth, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, A New Earth is building a better world.

In the most influential chapter of his most important philosophical work, the Phenomenology of Spirit, Hegel makes the central and disarming assertions that "self-consciousness is desire itself" and that it attains its "satisfaction" only in another self-consciousness. Hegel on Self-Consciousness presents a groundbreaking new interpretation of these assertions demonstrating their continued relevance for contemporary thought. As Robert Pippin shows, Hegel argues that we must understand Kant's account of the self-conscious nature of consciousness as a claim in practical philosophy, and that therefore we need radically different views of human sentience, the conditions of our knowledge of the world, and explains why this chapter of Hegel's Phenomenology should be seen as the basis of much later continental philosophy and the Marxist, neo-Marxist, and critical-theory traditions. He also contrasts his own interpretation of Hegel's assertions with influential interpretations of the chapter put forward by philosophers John McDowell and Robert Brandom. To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present ground of our birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, The Power of Now is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better.

In a wide-ranging metaphysical discussion from consciousness, incarnation and death to politics, economics and science, the author describes a cooperative universe which responds to an individual's thoughts, and provides a user-friendly interface.

A Guide to Spirituality Without Religion

Volume 2: Acquiring Extraordinary Spiritual and Shamanic States

The Shift in Consciousness

Explorations in Transpersonal Psychology

A Guide to Spiritual Enlightenment

The Map of Consciousness Explained

What is Self?

This best selling spiritual autobiography of Swami Muktananda tells the story of his journey to self-realization under the guidance of Bhagawan Nityananda, candidly describing his extraordinary experiences. Beginning with his spiritual initiation on August 15, 1947, and continuing through his enlightenment nine years later, this is a guide for seekers moving toward the same goal.

Play of ConsciousnessA Spiritual AutobiographyPlay of ConsciousnessA Spiritual AutobiographySiddha Yoga Publication

Breakthroughs in Understanding the Biology of Consciousness This textbook covers fundamental discoveries about the biological basis for spiritual and shamanic states, transpersonal experiences, and consciousness itself. Derived from explorations into the very earliest prenatal development, this book describes how consciousness is based on biology inside the cell. Developmental Events: Spiritual and shamanic states are a legacy of our earliest prenatal growth stages. The Primary Cell: Consciousness extends from just one cell of the body. Triune Brains: The cell organelles are the basis of the 'subconscious' triune brains. Transpersonal Biology: Spiritual, shamanic, and psychic phenomena are based on access or perception of biological structures inside the cell. Inherent Dangers: Triggering certain prenatal traumas may cause serious or life-threatening problems. With this theoretical foundation, we can now understand what traditional spiritual and shamanic practices do at a biological level, as well as understand what makes different healing therapies effective. More important are the very practical applications - entirely new techniques for spiritual growth and healing become possible, through a synthesis of traditional concepts with modern microbiology. This textbook on the theory of peak states and the biology of consciousness is used in our therapist training classes. Although it is written for professionals, we've made it available for laypeople that are interested in the cutting edge of consciousness research and its applications to psychology and medicine.

Explaining the need for kundalini awakening, this text describes the experiences that arise once it has taken place and addresses the potential obstacles to attaining the ultimate life goal, liberation.

The Light of Consciousness

A Study of the Spiritual Journey in Terms of Consciousness

Information-Consciousness-Reality

The Power of Now

A Proven Energy Scale to Actualize Your Ultimate Potential

Journey Through Other Realms

Increase Your Conscious Awareness and Discover Alternate Realities Using Quantum Physics Deepen your understanding of quantum physics and expanded states of awareness with Quantum Consciousness, an enlightening guide that helps you pull science and spirituality closer together. This fascinating book invites you to tour alternate realities, parallel lives, interdimensional consciousness, the eternal state, and even the very fabric of the universe. Specially emphasized are four aspects of quantum consciousness: the creator effect, intanglement, everywhere-ness, and holographic healing. You'll also find a detailed exploration of the various realms of consciousness, including stored consciousness, alternate consciousness, parallel consciousness, and interdimensional consciousness. Peter Smith, former president of the Newton Institute, guides you on a journey of life-changing discoveries, encouraging you to tap into the human form's amazing potential. With Quantum Consciousness, you can move past your current mindset's limitations and awaken to a greater purpose for yourself and for all humanity. Praise: "Smith's book heralds this time as an era of awakening for humanity...He paints a dizzyingly beautiful picture of what the world might look like once it has evolved to its full potential."—ForeWord Reviews

This open access book chronicles the rise of a new scientific paradigm offering novel insights into the age-old enigmas of existence. Over 300 years ago, the human mind discovered the machine code of reality: mathematics. By utilizing abstract thought systems, humans began to decode the workings of the cosmos. From this understanding, the current scientific paradigm emerged, ultimately discovering the gift of technology. Today, however, our island of knowledge is surrounded by ever longer shores of ignorance. Science appears to have hit a dead end when confronted with the nature of reality and consciousness. In this fascinating and accessible volume, James Glattfelder explores a radical paradigm shift uncovering the ontology of reality. It is found to be information-theoretic and participatory, yielding a computational and programmable universe.

Neuroscience, Consciousness and Spirituality presents a variety of perspectives by leading thinkers on contemporary research into the brain, the mind and the spirit. This volumes aims at combining knowledge from neuroscience with approaches from the experiential perspective of the first person singular in order to arrive at an integrated understanding of consciousness. Individual chapters discuss new areas of research, such as near death studies and neuroscience research into spiritual experiences, and report on significant new theoretical advances. From Harald Walach's introductory essay, "Neuroscience, Consciousness, Spirituality – Questions, Problems and Potential Solutions," to the concluding chapter by Robert K. C. Foreman entitled "An Emerging New Model for Consciousness: The Consciousness Field Model," this book represents a milestone in the progress towards an integrated understanding of spirituality, neuroscience and consciousness. It is the first in a series of books that are dedicated to this topic.

Consciousness Rising

Quantum Consciousness

Vol. 2

Spiritual Science

Autobiography of a Yogi

The Vibrational Universe

The Choice for Consciousness, Tools for Conscious Living