

Access Free
Pitchers And
Catchers 5 Book
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**Pitchers
And
Catchers 5
Book Box
Set**

*The award-winning
pitcher for the
Arizona
Diamondbacks*

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***shares the secrets
of his pitching
skills in a guide
that covers the
fundamentals of
pitching, the need
for patience and
precision, the
importance of
proper mechanics,
physical
conditioning, the
mental game, and***

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***how to enhance
one's natural
talents. Original.
35,000 first
printing.***

***Instruction from a
pro. Catching is
the most important
defensive position
on the field, yet
little expert
instruction about
how to succeed as***

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a catcher has been readily available -- until now. In The Art of Catching, former major leaguer Brent Mayne distills sixteen years of professional experience to provide cutting-edge overviews of all the crucial

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***technical aspects
of the position,
including: athletic
posture and
stances; glove
mechanics and
throwing to bases;
pitchouts, back
picks, and
handling pop flies;
calling games and
working with
pitchers; making***

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***plays at the plate
without getting
hurt; getting the
most out of drills
and bullpen time;
what it takes to
play in the big
leagues. Mayne
cautions: "Practice
does not make
perfect. Practice
makes permanent.
In other words, if***

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you have poor technique when you practice, that is what you will take out to the game." This manual will help ensure that your technique is stellar. The information in this book is applicable to players at all

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levels, from Little League to the major leagues.

With many photos and illustrations, summaries of key points, and thought-provoking quotations, The Art of Catching is the essential instruction manual for coaches and

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**aspiring catchers
everywhere. - Back
cover.**

**"Useful for players
at different
levels...high
school, college,
and
professional...a
welcome
addition"--ARBA
"Kelley...offers
advice on every**

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***aspect of the
catcher's game...a
vivid description
of a game from the
catcher's perspective...beneficial to
players at any
level of the
game."--ProtoView
The position of
catcher in baseball
requires a broad
set of physical and***

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mental skills. This handbook, by a former catcher, offers precise advice on everything one needs to succeed behind the plate at the high school, collegiate and professional levels. Drawing on real-life scenarios,

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it addresses nearly every situation a catcher could ever encounter. In addition to the mechanics of catching, blocking, picking, throwing, and catching pop-ups, topics include choosing the right gear; developing a relationship with

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the umpire; how to call a great game; when to call a pick-off; how to get runners out or keep them from advancing; making the tag at the plate; how to carry yourself like a team leader; injury prevention and other issues. With

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Catchers 5 Book
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***tips and drills
designed to
improve specific
skills, this guide is
indispensable for
any catcher
looking to up his
game.***

***Met and Yankee All-
Star pitcher David
Cone shares
lessons from the
World Series and***

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***beyond in this
essential New York
Times bestselling
memoir for
baseball fans
everywhere.***

***"There was a
sense about him
and an aura about
him. Even when he
was in trouble, he
carried himself like
a pitcher who said,***

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Catchers 5 Book
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***'I'm the man out here.' And he usually was." --
Andy Pettitte on David Cone. To any baseball fan, David Cone was a bold and brilliant pitcher. During his 17-year career, he became a master of the mechanics and mental***

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Catchers 5 Book
Box Set

***toughness a
pitcher needs to
succeed in the
major leagues. A
five-time All-Star
and five-time
World Champion
now gives his full
count -- balls and
strikes, errors and
outs -- of his
colorful life in
baseball. From the***

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pitchers he studied to the hitters who infuriated him, Full Count takes readers inside the mind of a thoughtful pitcher, detailing Cone's passion, composure and strategies. The book is also filled

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with never-before-told stories from the memorable teams Cone played on -- ranging from the infamous late '80s Mets to the Yankee dynasty of the '90s. And, along the way, Full Count offers the lessons baseball taught Cone --

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*from his mistakes
as a young and
naive pitcher to
outwitting the best
hitters in the world
-- one pitch at a
time.*

*HBR's 10 Must
Reads for Sales
and Marketing
Collection (5
Books)*

The Education of a

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Pitcher
Box Set
High Heat

Brothers in Arms
The Duke of
Havana

A Year on the
Mound with a
Minor League
Misfit

This hot-headed
rookie needs
discipline—on

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**and off the field.
Pitcher Nico
Agresta is
desperate to live
up to his family's
baseball legacy.
Since he was a
teenager
crushing on his
big brother's
teammate, he's
known he can't
act on his
desires. His**

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**father's made it
clear there
should be no
queers on the
field, but if Nico
can win Rookie
of the Year like
his dad and
brother did,
maybe he can
prove he's worthy
after all. At 34,
veteran catcher
Jake Fitzgerald**

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just wants to finish out his contract and retire. His team doesn't have a prayer of making the playoffs, but who needs the stress? Jake lost his passion for the game—and life—after driving away the man he loved, and he

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**swore he'd never
risk his heart
again. Then he's
traded to a team
that wants a vet
behind the plate
to tame their
new star pitcher.
Jake is shocked
to find the
gangly kid he
once knew has
grown into a
gorgeous young**

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**man. But tightly
wound Nico's
having trouble
controlling his
temper in his
quest for
perfection, and
Jake needs to
teach him
patience and
restraint on the
mound. When
their push and
pull explodes**

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Pitchers And
Catchers 5 Book
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**into the
bedroom, Nico
and Jake will
both learn how
much they'll risk
for love. This gay
sports romance
from Keira
Andrews features
men who have
been repressing
their feelings far
too long, light
BDSM, an age**

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Pitchers And
Catchers 5 Book
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**difference,
sweaty locker
rooms, and of
course a happy
ending.**

**CATCHING-101:
The Complete
Guide for
Baseball
Catchers is the
most
comprehensive
book ever written
for baseball**

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Pitchers And
Catchers 5 Book
Box Set

**catchers. It
contains tips,
drills, and proper
mechanics that
will help every
catcher or coach
better
understand the
most difficult
position on the
field. This book
contains
information on
EVERY aspect of**

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Pitchers And
Catchers 5 Book
Box Set

**catching that
Coach Barksdale
has learned
through his years
of experience
from coaching
nationally ranked
NCAA teams, and
playing at almost
every level from
Little League to
professional
baseball. A few of
the topics**

Access Free
Pitchers And
Catchers 5 Book
covered in
Box Set
CATCHING-101

**are: Receiving
Blocking
Catching Pop
Flies Throwing
Fielding Bunts
Plays at Home
Plate Drills
Pitchouts Pass
Balls/Wild
Pitches Giving
Signals And
More! If you have**

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Pitchers And
Catchers 5 Book
Box Set

**been searching
for a source with
lots of high
quality
information
about catching,
this is the book
for you!**

**CATCHING-101
was written by
Coach Xan
Barksdale who is
currently an
NCAA Division I**

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Pitchers And
Catchers 5 Book
Box Set

**baseball coach
and an ex-
professional
baseball player.
Coach Barksdale
played in the
Atlanta Braves
organization and
has been a
featured speaker
at the
prestigious ABCA
(American
Baseball Coaches**

Access Free
Pitchers And
Catchers 5 Book
Association)
Box Set

national

convention.

In 1998, a

mysterious right-

handed pitcher

emerged from

the ashes of the

Cold War and

helped lead the

New York

Yankees to a

World

Championship.

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Catchers 5 Book
Box Set

His origins and even his age were uncertain. His name was Orlando El Duque Hernandez. He was a fallen hero of Fidel Castro's socialist revolution. The chronicle of El Duque's triumph is at once a

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Pitchers And
Catchers 5 Book
Box Set

**window into the
slow death of
Cuban socialism
and one of the
most remarkable
sports stories of
all time. Once
hailed as a
paragon of
Castro's
revolution, the
finest pitcher in
modern Cuban
history was**

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Catchers 5 Book
Box Set

**banned from
baseball for life
for allegedly
plotting to
defect. Instead of
accepting his
punishment, he
fearlessly fought
back, defying the
Communist party
authorities,
vowing to pitch
again, and
ultimately**

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Catchers 5 Book
Box Set

**fleeing his
country in the
bowels of a thirty-
foot fishing boat.
Here, for the
first time and in
astonishing
detail, the
secrets behind El
Duque's
persecution and
escape are
revealed. Moving
from the**

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Catchers 5 Book
Box Set

**crumbling
streets of post
Cold War Havana
to the polarized
world of exile
Miami, from the
deadly Florida
Straits to the
hallowed
grounds of
Yankee Stadium,
it is a story of
cloak-and-dagger
adventure,**

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Catchers 5 Book
Box Set

audacious secret plots, the pull of big money, and the historic collision of ideologies.

Present throughout are the larger-than-life characters who converged at this bizarre intersection of baseball and

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Catchers 5 Book
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**politics: El
Duque himself,
Fidel Castro, the
Miami sports
agent Joe Cubas,
the late John
Cardinal
O'Connor along
with scouts,
smugglers, and
the Cuban
ballplayers who
gave up their
lives as tools of**

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Catchers 5 Book
Box Set

**socialism to test
the free market
and chase their
major-league
dreams.**

**Reported in the
United States
and Cuba by two
award-winning
journalists who
became part of
the story they
were covering,
The Duke of**

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Catchers 5 Book
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Havana is a riveting saga of sports, politics, liberation, and greed.

Eleven-year-old cousins catcher Liam McGrath and pitcher Carter Jones grew up playing baseball together. Now, their team is on

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Catchers 5 Book
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**the verge of
winning the
greatest
championship of
all: the Little
League Baseball
® World Series.
To reach the title
match, however,
they must first
beat their
number one
rivals from
Southern**

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Pitchers And
Catchers 5 Book
Box Set

**California. Little
do they know
that the game
will prove to be
just the first
challenge they'll
face on their
road to the
championships.
© 2013 Little
League Baseball,
Incorporated.
Reading the
Signs**

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Pitchers And
Catchers 5 Book
Box Set

**The Complete
Guide to Pitching
The Knucklebook
Living on the
Black
Give Me A Ball
The Ultimate
Guide to Power,
Precision, and
Long-Term
Performance
The Cy Young
Catcher
A hilarious inside**

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Catchers 5 Book
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**baseball account
of year in the
minor leagues
Odd Man Out
captures the
gritty essence of
our national
pastime as it is
played outside
the spotlight.
Matt McCarthy, a
decent left-
handed starting**

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Catchers 5 Book
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**pitcher on one of
the worst squads
in Yale history,
earned a ticket to
spring training as
the twenty-sixth-
round draft pick
of the 2002
Anaheim Angels.
This is the
hilarious inside
story of his year
with the Provo**

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Catchers 5 Book
Box Set

**Angels,
Anaheim's minor
league affiliate in
the heart of
Mormon country,
as McCarthy
navigates the ups
and downs of an
antic, grueling
season, filled
with cross-
country bus trips,
bizarre rivalries,**

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Pitchers And
Catchers 5 Book
Box Set
**and wild locker-
room hijinks.**

**Play, watch, and
understand
America's
favorite pastime
Baseball
continues to be a
popular game
both as a
spectator sport
and as a pastime.
Since the**

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**publication of
Baseball For
Dummies, 3rd
Edition, baseball
teams have
changed, new
MLB stadiums
have been built,
and rules have
been updated.
This updated 4th
Edition brings
you the latest**

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Catchers 5 Book
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**information on
the players, the
places, and
above all, the
game. Baseball
For Dummies is
for baseball fans
at all levels, from
players and
coaches to
spectators who
love the game.
Baseball Hall of**

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Catchers 5 Book
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Fame player Joe Morgan explains baseball with remarkable insight, using down-to-earth language so everyone from the casual observer to the die-hard fan can gain a fuller appreciation of

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the sport.

**Improve your
hitting, pitching,
and fielding Find
a baseball team
to play on, from
Little League on
up Evaluate
stats, players,
and records
Coach baseball or
umpire
effectively Get**

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Catchers 5 Book
Box Set
**more out of a trip
to the ballpark
The latest on
baseball stats
and sabermetrics
Complete with
Morgan's
personal lists of
top-ten toughest
pitchers,
smartest players,
and most
strategic**

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Catchers 5 Book
Box Set

**managers,
Baseball For
Dummies gives
you all the inside
tips, facts, and
stats so you can
have Major
League fun!
The rich,
poignant tales of
major league
baseball's most
hard-luck**

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Catchers 5 Book
Box Set

**fraternity--the
pitchers of its
Almost-Perfect
GamesFrom 1908
to 2015, there
have been
thirteen pitchers
who have begun
Major League
Baseball games
by retiring the
first twenty-six
opposing batters,**

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Catchers 5 Book
Box Set

but then, one out from completing a perfect game, somehow faltering (or having perfection stolen from them). Three other pitchers did successfully retire twenty-seven batters in a row, but are

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**still not credited
with perfect
games. While
stories of
pitching the
perfect game
have been told
and retold,
Almost Perfect
looks at how
baseball, at its
core, is about
heartbreak, and**

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Catchers 5 Book
Box Set

**these sixteen
men are closer to
what baseball
really is, and why
we remain
invested in the
sport. Author Joe
Cox visits this
notion through a
century of
baseball and
through these
sixteen**

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**pitchers--from
George "Hooks"
Wiltse's nearly
perfect game in
1908 to "Hard
Luck" Harvey
Haddix's
12-inning, 36-con
secutive-outs
performance on
May 26, 1959
(the most
astounding single-**

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Catchers 5 Book
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**game pitching
performance in
baseball history)
to Max Scherzer's
near miss in
2015, Joe Cox's
book captures
the action, the
humanity, and
the history of the
national
pastime's
greatest**

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"almosts."

Stop pushing products. Start empowering your salespeople cultivating relationships with the right customers. In today's economy, companies are fighting tooth and nail for their

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Catchers 5 Book
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**customers'
attention. Hyper-
informed buyers
with more
options are
making
purchasing
decisions faster
than ever. How
can you optimize
your marketing
operations and
sales teams and**

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**so your offerings
can get through
and rise to the
top? HBR's 10
Must Reads for
Sales and
Marketing
Collection offers
the ideas and
strategies to help
you get there.
Included in this
set are HBR's 10**

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**Must Reads on
Sales, HBR's 10
Must Reads on
Strategic
Marketing, HBR's
10 Must Reads on
Communication,
HBR's 10 Must
Reads on
Negotiation, and
HBR's 10 Must
Reads on Public
Speaking and**

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**Presenting. This
compilation
offers insights
from world-class
experts on the
topics including
enhancing the
joint performance
of sales and
marketing;
motivating your
sales force;
getting a clear**

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**view of your
brand's strengths
and weaknesses;
setting the stage
for a successful
negotiation; and
communicating
with clarity and
impact. It
includes fifty
articles selected
by HBR's editors
from renowned**

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**thought leaders
such as Andris
Zoltners,
Theodore Levitt,
and Deborah
Tannen, and
features the
indispensable
article "How to
Give a Killer
Presentation" by
Chris Anderson.
It's time to**

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**establish,
sustain, and
extend your next
groundbreaking
sales and
marketing
initiative. HBR's
10 Must Reads
for Sales and
Marketing
Collection will
lead you there.
HBR's 10 Must**

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**Reads paperback
series is the
definitive
collection of
books for new
and experienced
leaders alike.
Leaders looking
for the
inspiration that
big ideas provide,
both to
accelerate their**

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Catchers 5 Book
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**own growth and
that of their
companies,
should look no
further. HBR's 10
Must Reads
series focuses on
the core topics
that every
ambitious
manager needs
to know:
leadership,**

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**strategy, change,
managing people,
and managing
yourself. Harvard
Business Review
has sorted
through
hundreds of
articles and
selected only the
most essential
reading on each
topic. Each title**

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Catchers 5 Book
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**includes timeless
advice that will
be relevant
regardless of an
ever-changing
business
environment.
A Big-League
Catcher Tells How
the Game Is
Really Played
Pitching in a
Pinch, Or,**

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Catchers 5 Book
Box Set
**Baseball from the
Inside**

**The Crash Davis
Effect: How to Be
a Great Stable
Pony Aka Impact
Catcher
Year of the
Pitcher
Baseball,
Pitching, and the
Art of Deception
Off Speed**

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Catchers 5 Book
Boy Set

**The Complete
Handbook of
Coaching
Catchers**

*A progressive
instruction
manual,
written by one
of America's
top pitching
coaches,
includes high-*

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Catchers 5 Book
Box Set**
*quality photo
sequences and
a 75-minute
DVD that
features
topics ranging
from
techniques to
conditioning
to the
psychological
aspects of*

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Pitchers And
Catchers 5 Book
Box Set

*pitching,
drills,
exercises and
personal
insights from
Johnson.*

Original.

*During fifteen
seasons in the
major leagues,
Charlie
O'Brien was*

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*battery-mate
to thirteen
pitchers who
won the Cy
Young Award,
presented each
year by the
Baseball
Writers
Association of
America. To
put that*

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accomplishment
Box Set
in

*perspective,
Hall of Fame
catchers
Johnny Bench
and Yogi Berra
each worked
with only one
Cy Young
winner during
their careers.*

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Catchers 5 Book
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*Legendary
 hurlers caught
 by O'Brien
 include such
 greats as
 Roger Clemens,
 Dwight Gooden,
 Bret
 Saberhagen,
 and Steve
 Bedrosian.*

O'Brien's The

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Pitchers And
Catchers 5 Book
Box Set

Cy Young

Catcher,

written with

Doug Wedge,

includes up-

close views of

the thirteen

Cy Young

Award-winning

pitchers at

their best . .

. and

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occasionally
Box Set
at their

worst. O'Brien
shares an
inside
perspective on
how catchers
talk to
umpires, what
it's like to
be on the
receiving end

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Pitchers And
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*of a 90-mph
fastball, and
how it feels
to be in a
clutch
situation when
the World
Series is on
the line. This
authentic,
down-to-earth
memoir will*

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*not only
delight
baseball fans
of all
stripes, it
will also
provide keen
insights into
what separates
the game's
greatest
competitors*

Access Free
Pitchers And
Catchers 5 Book
Box Set
from the also-
rans.

*As the star
closer for his
high school
baseball team,
Shane Hunter
is
untouchable.
Firing
fastballs at
ninety miles*

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Pitchers And
Catchers 5 Book
Box Set

*per hour, he
loves being a
winner. But
when his
father is
accused of a
crime, Shane's
charmed world
is turned
upside down.
Nothing is the
way it once*

Access Free
Pitchers And
Catchers 5 Book
Box Set

*was, and
Shane's not
sure he wants
to -- or even
can -- pitch
ever again.*

*But like
baseball, life
sometimes
throws you
curves, and
Shane*

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Pitchers And
Catchers 5 Book
Box Set
*discovers it's
how you play
the game that
counts most of
all.*

Downright

Filthy

Pitching - The

Science of

Effective

Velocity (EV)

is the study

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Catchers 5 Book
Box Set

*of baseball
pitch speeds
and how
location
changes the
reaction time
of the hitter.
This science
answers why
pitchers are
great one day
and awful the*

Access Free
Pitchers And
Catchers 5 Book
Box Set

*next and why
hitters fall
into slumps
with no
answers. For
the first time
there is
scientific
proof that
will teach
pitchers how
to go from*

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Pitchers And
Catchers 5 Book
Box Set
having 'Nasty
Stuff' to
becoming
'Downright
Filthy'. This
book series
shows you how
to maximize
the effects of
every pitch in
your arsenal,
like time

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Pitchers And
Catchers 5 Book
Box Set
*management for
pitch speed
usage. This is
the first
provable
explanation
for why
certain
pitches are
swung on and
missed one day
and hit out of*

Access Free
Pitchers And
Catchers 5 Book
Box Set

*the yard the
next. EV gives
pitchers a
detailed plan
to help them
maximize their
deception.....
.....and
yes, deception
is now
measurable and
can be*

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Pitchers And
Catchers 5 Book
Box Set

*practiced. The
only
scientific
pitch calling
method has
been
implemented by
Collegiate
programs in
baseball and
softball
throughout the*

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*country and
with many
Major League
pitchers,
catchers and
coaches. EV
has uncovered
the truth
behind some
longtime myths
about
pitching. Find*

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out why:

'Shorter
Pitchers' may
actually be
far more
deceptive' -
'Outside
fastball is
not the best
pitch in
baseball' -
'Keeping the

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*ball down is
killing you'
and many other
myths*

*explained
through this
new set of
goggles that
has changed
the game. You
will never
look at the*

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*game of
baseball the
same way
again.*

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Strangest
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Two Teams, One
Season to
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Velocity*

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drill book

**intended to help
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pitchers,
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content moves
through the
proper pitching
progression from
learning the
basic mechanics
to developing the**

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pitches. A look at
pitching from a
former
professional
catcher's
perspective
provides insight
into the
pitcher/catcher
"battery." The
importance of
the pitcher's
mental***

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***preparation to
manage the
game is
discussed.***

***Practicing needs
to be fun or the
pitcher will soon
get bored. This
book also
introduces fun
activities, some
that don't even
need a softball,
which focus on***

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***specific areas of
the pitch. Have
fun!***

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comprehensive
book from one of
the best catching
instructors in
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nearly 400
photos many of
Major League
catchers the***

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everything
coaches and
catchers at every
level need to
know in regard
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receiving,
blocking, and
throwing, with
innovative drills
for each skill,
plus
sophisticated***

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***pitch calling and
game
management
material. And the
book isn t just
for catchers it is
an excellent
resource for
anyone in
baseball, from
coaches to
pitchers to other
position players
interested in***

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of your favorite
team! This
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perfect for fans,
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game-End game,
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**and the Search
for the American**

Dream

**Downright Filthy
Pitching Book 1
Odd Man Out**

*At forty-four years
old, Tim Wakefield
is the longest-
serving member of
one of baseball's
most popular
franchises. He is*

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*close to eclipsing
the winning
records of two of
the greatest
pitchers to have
played the game,
yet few realize the
full measure of his
success. That his
career can be
characterized by
such words as*

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dependability and consistency defies all odds because he has achieved this with baseball's most mercurial weapon—the knuckleball. Knuckler is the story of how a struggling position player bet his

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*future on a fickle
pitch that would
define his career.*

*The pitch may
drive hitters crazy,
but how does the
pitcher stay sane?*

*The moment
Wakefield adopted
the knuckleball, his
career sought to
answer that*

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question. With the Red Sox, Wakefield began to master his pitch only to find himself on the mound in 2003 for one of the worst post-season losses in history, followed the next year by one of the most vindicating of

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championships.

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Wakefield battles,
we see the twists
and turns of a
major league
career pushed to
its ultimate
extreme. A
remarkable story of
one player's
success despite*

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being the exception to every rule, Knuckler is also a lively meditation on the dancing pitch, its history, its mystique, and all the ironies it brings to bear.

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other hand, is having his best season ever. His pitches are unstoppable and it looks like his team might just sweep the competition. That is, until a new pitcher hits the scene. © 2013

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*occasion. Write &
Be Happy!*

*My Life with
Baseball's Most
Confounding Pitch
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and the End of
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Pitchers are the heart of baseball, and John Feinstein tells the story of the game today through one season and two great pitchers working in the crucible of the New York media market. Tom Glavine and Mike Mussina have seen it all in the

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*Major Leagues and
both entered 2007 in
search of individual
milestones and one
more shot at The
World Series-Glavine
with the Mets,
Mussina five miles
away with the
Yankees. The two
veterans experience
very different*

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seasons--one on a
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team dealing with the
pressure to get to a
World Series for the
first time in seven
years, the other with
a team expected to be
there every year.
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through contract
negotiations, spring
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*wins and losses, and
the people in their
lives-family,
managers, pitching
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Feinstein provides a
true insider's look at
the pressure cooker
of sports at the
highest level.*

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Pitch by Pitch gets inside the head of Bob Gibson on October 2, 1968, when he took the mound for game one of the World Series against the Detroit Tigers and struck out a record seventeen batters. With the tension rising in the

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*stadium, an
uproarious crowd
behind him, and the
record for the most
strikeouts thrown in a
World Series game on
the line, Gibson,
known as one of the
most intimidating
pitchers in baseball
history, relives every
inning and each pitch*

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*of this iconic game.
Facing down batter
after batter, he
breaks down his
thought process and
recounts in vivid and
candid detail his
analysis of the
players who stepped
into the batter's box
against him, his
control of both the*

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*ball and the elements
of the day, and his
moments of
synchronicity with
teammate Tim
McCarver, all the
while capturing the
fascinating
relationship and
unspoken dialogue
that carries on
between pitcher and*

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*catcher over the
course of nine critical
innings. From the
dugout to the locker
room, Gibson offers
a behind-the-scenes
look at the lives of
the players, the team's
chemistry, and
clubhouse culture. He
recounts the story of
Curt Flood, Gibson's*

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*best friend and the
Cardinal center
fielder, who would
go on to become one
of the pioneers of
free agency; shares
colorful anecdotes of
his interactions with
some of baseball's
most unforgettable
names, from Denny
McLain and Roger*

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*Maris to Sandy
Koufax and Harry
Caray; and relives
the confluence of
events, both on and
off the field, that led
to one of his---and
baseball's---most
memorable games
ever. This deep,
unfiltered insider
look at one particular*

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*afternoon of baseball
allows for a better
understanding of
how pros play the
game and all the
variables that a
pitcher contends with
as he navigates his
way through a
formidable lineup.
Gibson's
extraordinary and*

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engrossing tale is
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retold from the

*unique viewpoint of
an extremely
perceptive pitcher
who happens to be
one of baseball's all-
time greats.*

*Most baseball fans
know Tom Candiotti
as a knuckleballer but
he began his career*

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*as a conventional
pitcher in*

*1983—after
becoming just the
second player to
appear in the major
leagues following
Tommy John surgery,
at a time when only
Tommy John himself
had ever come back
from the operation.*

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Candiotti, whose arm recovered, threw fastballs and curveballs in his first two years in the majors before switching over to the knuckleball for the 1986 season. He would then go on to use primarily the knuckleball for the

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*rest of his career,
though he threw a
good enough
curveball to get hitters
out. This biography is
based on the
recollections of
Candiotti himself, his
former teammates
and managers,
newspaper and
periodical accounts,*

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and archival
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resources.

*Draws on the insider
perspectives of the Cy
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winning all star and
the World Series
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to evaluate
"America's pastime"
while describing their
visions for its future,*

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**The Los Angeles
Dodgers are one of
the most storied
franchises in all of
sports, with
enduring legacies
both on and off the
diamond. Chief
among the
hallmarks of the**

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organization is an unparalleled pitching dominance; Dodger blue and white brings to mind brilliance on the mound and the Cy Young Awards that followed. In Brothers in Arms: Koufax, Kershaw, and the Dodgers' Extraordinary Pitching Tradition,

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***acclaimed Dodgers
writer Jon Weisman
explores the
organization's rich
pitching history,
from Koufax and
Drysdale to
Valenzuela and
Hershiser, to the
sublime Clayton
Kershaw. Weisman
delves deep into this
lineage of
excellence,***

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***interviewing both
the legends that
toed the rubber and
the teammates,
coaches, and
personalities that
witnessed their
genius.***

***Christy Mathewson
(1880?1925) was the
greatest baseball
pitcher of his day, a
hero with appeal
reaching beyond***

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sports. A college-educated player from Pennsylvania farm country, he restored respectability to a game tarnished by the rowdies who had dominated baseball in the 1890s.

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***blending anecdote,
biography,
instruction, and
social history. It
celebrates baseball
as it was played in
the first decade of
the twentieth
century by famous
contemporaries like
Honus Wagner and
Rube Marquand,
managers like John
McGraw and Connie***

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Mack, and many others. Always sensitive to psychology as well as technique, Mathewson describes the ?dangerous batters? he faced, the ?peculiarities? of big-league pitchers, the ?good and bad? of coaching, umpiring,

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sign-stealing, base-running, spring training, and the importance of superstition to athletes. Matty, as he was called, makes the reader feel that tense moment when a player in a pinch must use his head. "A history of baseball in ten

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Tom Candiotti

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Statistics

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book about how to
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understand
baseball. It's an
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for the free baseball
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baseball research.
Every part of this
book is designed to

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collaborative projects such as Retrosheet and Baseball DataBank have made great data freely available. You can use these data sources to research your favorite players, win your fantasy league, or appreciate the game

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statistical categories for hitters (batting average, on-base percentage, etc.), pitchers (earned run average, strikeout-to-walk ratio, etc.), and fielders (putouts, errors, etc.). He then extrapolates upon these numbers to examine more

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something for you.

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Ari Kaplan, database consultant to the Montreal Expos, San Diego Padres, and Baltimore Orioles

"The game was born in the 19th century, but the passion for its analysis continues to grow into the 21st. In *Baseball Hacks*, Joe Adler not only

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demonstrates that the latest data-mining technologies have useful application to the study of baseball statistics, he also teaches the reader how to do the analysis himself, arming the dedicated baseball fan with tools to

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take his understanding of the game to a higher level." --
Mark E. Johnson,
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Cardinals
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recommends a
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training, aerobic
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nutrition

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author's 15 years of
professional MLB
experience, this
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era, and do sports personalities, come alive so vividly, and so unforgettably. ”

—The Boston Globe

In 1968, two remarkable pitchers would dominate the game as well as the broadsheets. One was black, the other white. Bob Gibson, together with the St.

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Louis Cardinals,
embodied an entire
generation ' s hope
for integration at a
heated moment in
American history.
Denny McLain, his
adversary, was a
crass self-promoter
who eschewed the
team charter and
his Detroit Tigers
teammates to zip

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cross-country in his own plane. For one season, the nation watched as these two men and their teams swept their respective league championships to meet at the World Series. Gibson set a major league record that year with a 1.12 ERA. McLain

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won more than 30 games in 1968, a feat not achieved since 1934 and untouched since. Together, the two have come to stand as iconic symbols, giving the fans “ The Year of the Pitcher ” and changing the game. Evoking a nostalgic

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season and its
incredible
characters, this is
the story of one of
the great rivalries in
sports and an
indelible portrait of
the national pastime
during a turbulent
year—and the two
men who electrified
fans from all walks
of life. “ Explores so

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much more than the
battle between two
pitchers and their
teams . . . A fine
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“ A compelling tale
of all that America
was in the turbulent
year of 1968, told

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through a (mostly)
baseball prism. ”

—New York Post

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Catchers 5 Book
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Sixty Feet, Six
Inches

Nolan Ryan's
Pitcher's Bible
Featuring
contributions by
Robert Frost, Philip
Roth, Richard Ford,
Amiri Baraka, and
many others, an
unrivaled collection
pays tribute to
America's favorite

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pasttime, featuring poems, stories, testimonies from classic oral histories, and many journalistic profiles that honor the game and its many celebrated players.

Longlisted for the PEN/ESPN Award for Literary Sports Writing

The lively and fascinating story of baseball's 150-year

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hunt for the perfect pitch In August 2012, Felix Hernandez of the Seattle Mariners pitched a perfect game against the Tampa Bay Rays in what Terry McDermott calls “one of the greatest exhibitions of off-speed pitches ever put on.” For McDermott, a lifelong fan and student of

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baseball, the extraordinary events of that afternoon inspired this incisive meditation on the art of pitching. Within the framework of Hernandez's historic achievement, *Off Speed* provides a vibrant narrative of the history and evolution of pitching, combining baseball's rich tradition of folklore

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with the wealth of new metrics from a growing legion of statisticians who are transforming the way we think about the game. Off Speed is also the personal story of a fan's steadfast devotion, first kindled in McDermott by his father at the local diamond in small-town Iowa and now carried

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forward with the same passion by his own daughters.

Approaching his subject with the love every fan brings to the park and the expertise of a probing journalist, McDermott explores with irrepressible curiosity the science and the romance of baseball.

This little book will

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teach you all you need to know about the most frustrating yet entertaining pitch in baseball: the knuckleball. "Clark masterfully breaks down the pitch, the mindset, and could save the pitch from extinction with this important work."—Will Carroll.

First off, I'm a former

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Pitcher and I specialize in working with Pitchers. It is assumed that you are already solid with blocking, receiving and pop time (etc). What I can help you out with is reading and handling Pitchers psychologically. Scouts ask me all the time if I have any "Impact Catchers" to

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recommend to them.

By "Impact," they are referring to someone who knows how to get the most out of their pitchers mentally.

Bengie Molina writes in his book that, "the true measure of a man is in that which cannot be measured." Scouts use terms like "6th Tool," "Makeup" and "Intangibles" when

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referring to the mental side, but the meanings are usually vague or only refer to one aspect of the psychological continuum. I have invented and developed a system called the 5 Mental Tools (just like the 5 regular Tools Scouts use to evaluate prospects) and it helps

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to accurately quantify the full range. It gives a more tangible and consistent discourse for Scouts and Coaches to be more precise in assessing the most important aspect of a prospect. As Theo Epstein says, "an investment is a personal investment and you have to focus on the human side." I

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primarily teach the 5 Mental Tools to Pitchers in order to help them increase their self-awareness, autonomy and self-efficacy. The results have been consistently impressive at the High School, D1, D2 and Professional Levels too. Interestingly, I have also helped some Professional

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beach volleyball girls get impressive results too. With my "Crash Davis Crash Course," you will learn about the 5 Mental Tools and how to quickly assess your Pitchers. Based on a Pitcher's mechanics and pitch-efficacy (or lackthereof), you will gain the ability to be even more accurate

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and systematic in giving customized (and discrete) feedback to your Pitchers to keep them dialed in. You will be able to be even more effective at building rapport with your Pitchers and it is very likely to help you have a great CERA (Catcher's ERA - How well your pitchers

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perform with you behind the plate). Like Mike Borzello, I too believe that a Catcher's primary job is making sure to be fully present with their Pitchers on a pitch by pitch basis so they can get the most out of them. If you can hit like Mike Piazza, then it is a huge bonus.

Interestingly, I have

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had Catchers improve their hitting significantly (especially power numbers) as a result of learning and applying my system. The reason why the Blue Jays signed Russell Martin for so much money late in his career is because he is so good at handling pitchers. As a Catcher,

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I am sure you have probably asked the following 5 questions in some form: 1. Why do my pitchers get so rattled? 2. Why won't this pitcher attack the hitter? 3. Why are they overthrowing and leaving the fastball up? 4. Why does Nuke keep hitting the mascot? 5. Why are my pitcher's

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mechanics so robotic?
If you are looking to
make it to the next
level, potentially sign a
bigger contract and be
the Catcher that every
Pitcher requests to
throw to (the best
compliment you can
ever get), then book
your session today
and we'll go over the
answers to those 5
questions. We will

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Box Set
teach you to think like
a Scout, a

Psychologist and
sometimes a Team
Mom but it's this stuff
that Scouts are looking
for.

Baseball Hacks
Randy Johnson's
Power Pitching
Baseball
The Catcher's
Handbook
The Heartbreaking

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Boy Set
Pursuit of Pitching's
Holy Grail