

Osho Living Dangerously Ordinary Enlightenment For Extraordinary Times Masters Of Wisdom Alan Jacobs

Written more than 25 centuries ago, the Diamond Sutra is the first text to record the Buddha's own teachings, and it remains one of the most popular. One day, after the Buddha finishes his daily walk to collect alms, a senior monk steps forth to ask how he can best help humanity. Buddha responds, and thus begins a dialogue regarding the nature of perception. Renowned spiritual teacher Osho offers his unique interpretation of the Buddha's words, writing in an easy, humorous, and conversational style that makes the last words Osho spoke before leaving the body: "Anando will be my medium." Through a series of poignant memories and anecdotes, Anando offers a glimpse into the private life of the twentieth-century mystic, Osho, through her unique perspective as one of his caretakers and secretaries in the last years of his life. These stories, never before shared publicly, show another side of the man described by The Times (London) as "one of the makers of the twentieth century." Anando reveals the sense of humor and fo well as the immense compassion and love with which he worked on those closest to him.

This is the most popular book of Osho.

From one of the greatest spiritual leaders of the twentieth century, Creativity: Unleashing the Forces Within will inspire you to nurture your inner ideas and innovations—and apply them in every aspect of your life. As Osho points out in this book's foreword, historically, the creative person has been all but forced to rebel against the society. But nowadays, the situation has dramatically changed. In today's world, the ability to respond creatively to new challenges is demanded of everybody, from corporate CEOs to "so in the past from their parents and their teachers are at a distinct disadvantage both in their relationships and in their careers. Making a switch from imitative and rule-bound behavior to creative innovation and flexibility requires a profound change in our attitudes about ourselves and our capabilities. Creativity is a handbook for those who understand the need to bring more creativity, playfulness, and flexibility to their lives. It's a manual for thinking "outside the box"—and learning to live there as well. Osho challenges limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

The Ultimate Flowering of Love
Learning to Live a Life of Freedom
Courage
Religious Identities and the Global South
In Zen Mind Suddenly Stops
Autobiography of a Spiritually Incorrect Mystic
Encounters with Nothingness
Evolution through Love

Extemporeaneous talks given by Osho at Rajneeshpuram, Oregon, U.S.A.

Discover your ability to be brave in times of adversity with Courage: The Joy of Living Dangerously—from one of the greatest spiritual teachers of the twentieth century. Courage is not the absence of fear, says Osho. It is, rather, the total presence of fear, with the courage to face it. This book provides a bird's-eye view of the whole terrain—where fears originate, how to understand them, and how to call on your inner strength to confront them. In the process, Osho proposes that whenever we are faced with uncertainty and change in our lives, it is actually a cause for celebration. Instead of trying to hang on to the familiar and the known, we can learn to enjoy these situations as opportunities for adventure and for deepening our understanding of ourselves and the world around us. Having courage is more than just heroic acts in exceptional circumstances. It's a necessity to lead authentic and fulfilling lives on a day-to-day basis. This is the courage to change when change is needed, the courage to stand up for our own truth, even against the opinions of others, and the courage to embrace the unknown in spite of our fears—in our relationships, in our careers, or in the ongoing journey of understanding who we are and why we are here. Courage also features meditation techniques specifically designed by Osho to help people cope with their fears. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

"In Shambhala: The Sacred Path of the Warrior Chogyam Trungpa offers an inspiring and practical guide to enlightened living based on the Shambhala journey of warriorship, a secular path taught internationally through the Shambhala Training program. Great Eastern Sun: The Wisdom of Shambhala is a continuation of that path. Shambhala was an exploration of human goodness and its potential to create an enlightened society—a state that the author calls "nowness." And in that spirit of nowness, Great Eastern Sun—which is accessible to meditators and nonmeditators alike—centers on the question, "Since we're here, how are we going to live from now on?"

Discourses by an Indian sectarian religious leader, July 28-August 20, 1976.

Intuition

The Empty Boat

Love, Freedom, and Aloneness

Dance Your Way to God

The Hidden Splendor

The Chakra Book

Foundations of the Metaphysics of Morals

From Medication to Meditation

An important reference work on a practice that is needed more than ever in a VUCA world, this book helps readers understand the importance of responsible and constructive practices and behavior in leadership. The broad approach to inclusive leadership presented in this volume highlights correlations between inclusive leadership and myriad issues, qualities, and circumstances that serve as foundations or impact factors on it. Some contributors review contemporary concepts and challenges such as change, innovation, the bottom line, sustainability, and performance, such as trust, patron, ethics, spirituality, and empathy, and their relationships with inclusive leadership. A range of religious and spiritual influences are also evaluated in the context of inclusive leadership, such as (but not limited to) Buddhism, Taoism, Hinduism, Jainism, and Christianity. Postgraduate students, instructors, and coaches will appreciate this comprehensive look at inclusive leadership, which has become an urgent concept to be internalized and practiced by all, regardless of positions, possessions, locations, or generations.

Encounters how meditation can promote inner peace through understanding, watchfulness and humor, explaining how to overcome mental obstacles to problem solving while promoting relaxation and creativity. By the author of The Book of Secrets. Original. 20,000 first printing. How do you find your original self? Osho perceives man as becoming increasingly alienated from his inner self, gradually losing his natural innocence and creativity in the mindless quest for worldly power and success. To appear strong, the average man suppresses his innate qualities of love and compassion. For Osho, the ideal man is Zorba, the Buddha—a perfect blend of matter and soul. This seamless collection of discourses takes the reader through the various stages of man's evolution: from Adam to Slave, Son, Homosexual, Priest and Politician, until he attains a brilliant repatriate. The Book of Man is a remarkable blend of wisdom and wit.

One of the greatest spiritual teachers of the twentieth century invites you on a journey through what makes human beings afraid—and how confronting fears strengthens us. In Fear: Understanding and Accepting the Insecurities of Life, Osho takes the reader step by step over the range of what makes human beings afraid—from the reflexive "fight or flight" response to physical danger to the rational and irrational fears of the mind and its psychology. Only by bringing the light of understanding into fear's dark corners, he says, airing out closets and opening up boundaries of our comfort zone and learn to live with, and even enjoy, the fundamental insecurity of being alive. Fear features a series of meditation experiments designed to help readers experience a new relationship with fear and to begin to use fears not as stumbling blocks, but as stepping stones to greater self-awareness and trust. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the ten people—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

A Datshan Diary

From Unconsciousness to Consciousness

Wellness Through Meditation

Living Dangerously

Live Dangerously

Discovering Your Inner Beauty

Tao: The Pathless Path

How meditation supports physical and psychological health

Osho speaks in many of his talks on health as a more holistic understanding of the "BodyMindSpirit" complex. His depth of insights into what makes a healthy and whole human being plus the many meditation methods he has developed are a vital part of his overall vision and proposal to humanity. Although he never gave a series of talks specifically about health issues, he requested and titled this collection of selected material "From Medication to Meditation" which was subsequently compiled under the supervision of his personal physician. In the foreword, which is a talk by Osho given to the Medical Association in India, he paints his vision of a healthier and more whole future when he says "every hospital will have a department of meditation. It should happen. Then we will be able to treat man as a whole. The body will be taken care of by the doctors, the mind by the psychologists, and the soul by meditation. "The day the hospitals accept man as a whole, as a totality, and then treat him as such, will be a day of rejoicing for mankind." - Osho

Undressing Into Faith is a memoir of a woman finding the only true security we can in this ever-changing world:an eternal home within ourselves. At the age of thirty-one, after twelve years living abroad, she returns to Israel as an affluent housewife and a mother of three small children. Bewilderment intertwined with deep loneliness and sadness pushes her to begin an inward journey through body and mind that strips her emotional and physical defences and opens her to faith and love. With candid and sometimes raw intimacy, the book describes the twists and turns her life takes over the course of three years. Subjects such as marriage, divorce, motherhood, female sexuality, freedom, independence, love, faith, and being true to oneself are all contemplated and acted upon throughout the book. By reconnecting to her feminine qualities of surrender, acceptance, and receptivity, she discovers lifes magic.

Argues that many of the world's crises have been caused by the male-dominated society and its culture of ambition and greed, and encourages women, and men, to assert the feminine qualities of love and joy instead.

Discover your own deep well of wisdom in Intuition: Knowing Beyond Logic—from one of the greatest spiritual teachers of the twentieth century. Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho's discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing. All people have a natural capacity for intuition, but often social conditioning and formal education work against it. People are taught to ignore their instincts rather than to understand and use them as a foundation for individual growth and development—and in the process they undermine the very roots of the innate wisdom that is meant to flower into intuition. In this volume, Osho pinpoints exactly what intuition is and gives guidelines for how to identify its functioning in others and ourselves. You will learn to distinguish between genuine intuitive insight and the "wishful thinking" that can often lead to mistaken choices and unwanted consequences. Includes many specific exercises and meditations designed to nourish and support each individual's natural intuitive gifts. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Living on Your Own Terms

Unleashing the Forces Within

Book of Man

Compassion

The Joy of Living Dangerously

The Routledge Companion to Inclusive Leadership

Ordinary Enlightenment for Extraordinary Times

The Buddha also said...

On Zen Buddhist literature: includes selected text, translated into English.

This life is a gift from existence, to be lived and enjoyed. But with the seemingly impossible and conflicting demands of society, morality and culture, people struggle with feelings of unfulfilled potential, frustration and guilt, rather than living full lives. The world of Tantra has no division between higher and lower. The simple, ordinary, things of life are transformed into great things when we enter into them totally - be it car fixing, floor cleaning or lovemaking. Osho shows how, living this vision, new heights of consciousness and freedom are realized. "The days of tantra are coming. Sooner or later tantra will explode for the first time in the masses, because for the first time the time is ripe -- ripe to take sex naturally. One thing to be remembered always: if you are not very alert you may go on believing that you are moving into tantra, and you may be simply rationalizing your sexuality -- it may be nothing but sex, rationalized in the terminology of tantra. If you move into sex with awareness, it can turn into tantra. If you move into tantra with unawareness, it can fall and become ordinary sex."

In Tao: The Pathless Path, Osho, one of the greatest spiritual teachers of the twentieth century, comments on five parables from the Leih Tzu, bringing a fresh and contemporary interpretation to the ancient wisdom of Tao. Leih Tzu was a well-known Taoist master in the fourth century B.C., and his sly critiques of a Confucius provide abundant opportunities for the reader to explore the contrasts between the rational and irrational, the male and female, the structured and the spontaneous. "Who Is Really Happy" uses the discovery of a human skull on the roadside to probe into the question of immortality and how misery arises out of the existence of the ego. "A Man Who Knows How to Console Himself" looks beneath the apparent cheerfulness of a wandering monk and asks if there is really a happiness that endures through life's ups and downs. "No Regrets" is a parable about the difference between the "knowing" that arises from the outside and the "knowing" that arises from within. "No Rest for the Living" uses a dialogue between a despondent seeker and his master to reveal the limits of philosophy and the crippling consequences of living for the sake of some future goal. "Best Be Still, Best Be Empty" discusses the difference between the path of the will, the via affirmativa of Christianity, Judaism, and Islam, versus the path of the mystic, the via negativa of Buddha and Lao Tzu. Tao: The Pathless Path also features a Q&A section that addresses how Taoist understanding applies to everyday life in concrete, practical terms. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

In Compassion: The Ultimate Flowering of Love, one of the greatest spiritual teachers of the twentieth century explores how to empathize with others—and ourselves. Examining the nature of compassion from a radically different perspective, Osho reveals that "passion" lies at the root of the word, and then proceeds to challenge assumptions about what compassion really is. Many so-called acts of compassion, he says, are tainted by a subtle sense of self-importance and desire for recognition. Others are based in the desire not really to help others but to force them to change. Using stories from the lives of Jesus and Buddha and the world of Zen, Osho shows how the path to authentic compassion arises from within, beginning with a deep acceptance and love of oneself. Only then, says Osho, does compassion flower into a healing force, rooted in the unconditional acceptance of the other as he or she is. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

168 Books to Change Your Life

Energy and Healing Power of the Subtle Body

Yoga

No Water, No Moon

Stories of the Taoist Mystic Chuang Tzu

The Courage to Be Yourself

Celebrating the Female Spirit

Now Zen is the Only Living Truth

This book offers a comprehensive and interdisciplinary account of religious identities in the Global South. Drawing on literature in various fields, Felix Wilfred analyzes how religious identities intersect with the processes of globalization, modernity, and postmodernity. He illustrates how the study of religion in the Global North often revolves around questions of secularism and fundamentalism, whereas a neo-Orientalist quality often attends study of religion in the Global South. These approaches and theorizing fail to incorporate the experiences of lived religion in the South, especially in Asia. Historically, the religions in the South have played a highly significant role in resistance to the domination by the colonial forces, an important reason for the continued attachment of the peoples of the South to their religious universe. This book puts the two regions and their scholarly norms in conversation with one another, exploring the social, political, cultural, and economic implications.

Understand the life and teachings of Osho, one of the twentieth century's most unusual gurus and philosophers, in *Autobiography of a Spiritually Incorrect Mystic*. In 1990, Osho prepared for his departure from the body that had served him for fifty-nine years—in the words of his attending physician—"as calmly as though he were packing for a weekend in the country." Who was this man, known as the Sex Guru, the "self-appointed bhagwan" (Rajneesh), the Rolls-Royce Guru, the Rich Man's Guru, and simply the Master? Drawn from nearly five thousand hours of Osho's recorded talks, this is the story of his youth and education, his life as a professor of philosophy and years of travel teaching the importance of meditation, and the true legacy he sought to leave behind: a religion-less religion centered on individual awareness and responsibility and the teaching of "Zorba the Buddha," a celebration of the whole human being. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Talks on the Stories of Chuang Tzu. OSHO revisitalles the 300-year-old Taoist message of self-realization through the stories of the Chinese mystic, Chuang Tzu. He speaks about the state of egolessness, "the empty boat," spontaneity, dreams and wholeness; living life choicelessly and meeting death with the same equanimity . Available in a beautiful new edition, this series overflows with the wisdom of one who has realized the state of egolessness himself.

Osho, one of the greatest spiritual thinkers of the twentieth century, explores the connections between ourselves and others in Love, Freedom, and Aloneness: The Koan of Relationships. In today's world, freedom is our basic condition, and until we learn to live with that freedom, and learn to live by ourselves and with ourselves, we are denying ourselves the possibility of finding love and happiness with someone else. Love can only happen through freedom and in conjunction with a deep respect for ourselves and the other. Is it possible to be alone and not lonely? Where are the boundaries that define "just" versus "love"...and can lust ever grow into love? In Love, Freedom, and Aloneness you will find unique, radical, and intelligent perspectives on these and other essential questions. In our post-ideological world, where old moralities are out of date, we have a golden opportunity to redefine and revitalize the very foundations of our lives. We have the chance to start afresh with ourselves, our relationships or others, and to find fulfillment and success for the individual and for society as a whole. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Creativity

Learning to Silence the Mind

Undressing into Faith

The Rebel

Watkins Masters of Wisdom: Osho

Living Dangerously: Ordinary Enlightenment for Extraordinary Times

Ten Discourses on Zen Stories

Intelligence

Osho is one of the best-known spiritual teachers of our time. The Sunday Times named him one of the '1,000 makers of the twentieth century'; the novelist Tom Robbins has called him 'the most dangerous man since Jesus Christ'. Nearly two decades after his death in 1990, the influence of his teachings continues to grow, reaching seekers around the world. This inspiring compendium of spiritual wisdom and insight offers a way for everyone to access the enlightening message of the Buddha as Osho offers his unique take on his teachings, with a wisdom and wit that make it a wonderful read. When you engage with Osho's writing, you feel as if he is speaking to you. His conversational style is fluid and engaging, and while his acute perception often comes as a delight and a surprise, his shrewd insights will stay with you always. Whether he is discussing a complex philosophy, or the teachings of a great mystic, Osho always approaches the subject with his own distinctively irreverent, thought-provoking and inspiring perspectives. Covering subjects including Belief, Responsibility, Relationships, Doing Good and the Power of Consciousness, this is a book that offers real insight into leading a more spiritual life now.

Discovering Your Inner Beauty This book is a pilgrimage in search of that indefinable something that all of us, at some time or other in our lives, feel is missing - what Osho describes as our "hidden splendor." "You go on missing something - something that you had known but you have forgotten - a faded memory, a lost remembrance. And the gap is not only a gap, it is a wound. It hurts, because you had brought something with your birth into the world and you have lost it somewhere. And it seems impossible to find it in this crowded universe. But unless it happens, your life has been in vain, a misery, a suffering, a futile longing, a meaningless desire, a thirst that you know cannot be quenched." - Osho

If there were one bookshelf that held history's greatest masterpieces of spiritual writing, what would be on it? From his library of over 150,000 books, best-selling author and mystic Osho selected 168 titles that had served as his beacons of inspiration. When nothing else was shining in the darkness,? 168 Books to Change Your Life is Osho's invaluable guide to the most profound and spiritually illuminating literature ever written. The book features:• An eclectic and often surprising selection of books, including Whitman's Leaves of Grass, Lao Tzu's Tao Te Ching, and Richard Bach's Jonathan Livingston Seagull? Essential details about each classic and its author, and why their writings have left a lasting impact on readers around the world? Osho's own poetic commentary on the importance of these books in his life, with his insights on the deeper spiritual messages in every masterpiece on the list Osho created his list of classics to honor the writers who inspired him to become one of the most influential modern spiritual teachers. Spiritual seekers, recent graduates, and any lover of great literature will cherish 168 Books to Change Your Life as a trusted source of inspiration for years to come.

"The Foundations is for the general reader who possesses 'common rational knowledge of morality' but lacks a philosophical theory of it."--Translator's introduction.

Books I Have Loved

Great Eastern Sun

The Creative Response to Now

A Woman's True Story

The Book of Women

Ancient Music in the Pines

Freedom

Learn how to set yourself free from the responsibilities of one of the twentieth century's greatest spiritual teachers in *Freedom: The Courage to Be Yourself*. In *Freedom*, Osho outlines three stages of freedom. The first is "freedom from," which is a freedom that comes from breaking out of what he calls the "psychological slavery" imposed by outside forces such as parents, society, or religion. The next stage is "freedom for," a positive freedom that comes from embracing and creating something—a fulfilling relationship, for example, or an artistic or humanitarian vision. And lastly there is "just freedom," the highest and most advanced. This last stage is more than simply being for against something; it is the freedom of simply being oneself and responding truthfully to each moment. This book helps readers to identify the obstacles to their freedom, both circumstantial and self-imposed, to choose their battles wisely, and to find the courage to be true to themselves. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

Although the word 'psychology' does not come up in this book, this early work by Osho shows his deep understanding of the subject and his attempt to make the connection between meditation and a modern understanding of psychology that includes the importance that our minds play in determining and giving direction, on many levels, to our lives. Osho has taught for many years that meditation is not a religious exercise but a scientific method to understand what the mind is, and how it works, and to learn how to create a healthy distance from what is, in many ways, a programmed and robot-like mechanism that seems to be dominating our lives and decisions and activities more and more! ! and not always in a positive way. As Osho has said so often, beginning many decades ago - that humanity is afflicted by a deep and fundamental insanity, and that we initiate each new generation of children into that madness - is now becoming more and more obvious. The children who refuse to be initiated into that madness will appear rebellious or mad to their elders, who persist with the best intentions to force them onto the same path, to participate in the same madness. "It is utterly dangerous to be sane in this world," Osho says. "A sane person has to pay a heavy price for his sanity." Osho pleads in this book for what he calls an independent mind, independent thinking! ! and challenges us to question our belief that we are already great independent minds, a belief based on the lack of understanding that our thoughts mostly come from others, like a computer program full of malware downloaded into our brains. "What I mean by the thinking state is that you should have eyes, what I mean is the ability to think on your own. But I don't mean a crowd of thoughts. We all have a crowd of thoughts within us, but we don't have thinking within us. So many thoughts go on moving within us, but the power of thinking has not been awakened." In his early days of teaching Osho ran meditation camps in which he introduced people into meditation, and his morning and evening talks created the framework of understanding for this work. This book is a fascinating record of one of these camps! ! in a short period of three days Osho introduces his participants to an understanding that our minds are running on malware programs! ! and he introduces meditation as an antivirus to clean our minds of the conditionings and indoctrinations that are preventing us from realizing our full potential and to be happy. It's coming three days I will talk to you about the search for life...I must first say that life is not what we understand it to be. Until this is clear to us, and we recognize in our hearts that what we think of as life is not life at all, the search for the true life cannot begin. When you have something authentically your own in your mind, you start moving toward the soul. Then you become worthy, then you are able to know the soul. Until you have an independent mind, it is simply impossible for individuality to be born. !

In *Yoga: The Science of the Soul*, one of the greatest spiritual teachers of the twentieth century presents the history and philosophy of this timeless health practice. Much of what is known as yoga today emphasizes physical postures and exercises to increase flexibility and help relaxation. But in fact, yoga has its roots in centuries of rigorous investigation and research in the East to develop an understanding of human consciousness and its potential. In *Yoga*, Osho explains the meaning of some of the most important Yoga Sutras of Patanjali. An early scientist of the soul who is credited with being the father of Raja Yoga, or the 'royal path' of yoga that uses physical postures and breath primarily as a means to achieve higher states of consciousness. With a fresh translation of these ancient texts, and unique Osho insights into the modern mind and its psychology, Patanjali comes to life on the pages with an approach to yoga for greatness—understanding that is absolutely relevant to our times. An invaluable resource for beginning or experienced yoga practitioners, and for anyone who seeks to better understand the intricate and powerful relationshipshat exists between body and mind. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

In *Living on Your Own Terms*: What Is Real Rebellion?, one of the twentieth century's greatest spiritual teachers reveals how you can resist the rules and regulations that oppose your values while retaining your own individuality. "People can be happy only in one way, and that is if they are authentically themselves. Then the springs of happiness start flowing; they become more alive, they become a joy to see, a joy to be with; they are a dance.!"Osho Decades after the rebellions of the 1960s, new generations are again challenging and rebelling against outdated structures and values, focusing on political and economic systems and their failings. But this generation has the opportunity and responsibility to move the development of human freedom to the next level. Osho's philosophies will support these future generations in expanding their understanding of freedom and pushing toward new systems for humanity. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world.

A New Vision of Religion

Fear

Porous Borders and Novel Paths

The Wisdom of Shambhala

God is Dead

Understanding and Accepting the Insecurities of Life

The Independent Mind

The Diamond Sutra

A comprehensive and in-depth discussion of the human energy centers known as chakras. The book offers a unique understanding of how these centers, also referred to as "subtle bodies" can be identified and experienced, along with how they are related to personal transformation and health. In this volume, Osho gives an overview of the Eastern science of the subtle energy centers in the human body that are sometimes known as "chakras." It is a science that underlies traditional Chinese medicine, Indian Ayurveda, and the practice of kundalini yoga, among other disciplines that recognize the deep connection between mind and body. Osho also shows how these same principles apply to human psychological growth and maturation, and the evolution of consciousness. Self-help, Spirituality, Psychology, Meditation, Esoteric, New Age, Health, Yoga. The title will especially of interest to the large group of people involved with Yoga, as the book describes in simple terms, using everyday experiences as examples, what underlies the Kundalini Yoga approach to the human energy system. The Chakra Book delivers the 'esoteric science' and understanding in the context of personal growth and transformation.

Living DangerouslyOrdinary Enlightenment For Extraordinary TimesDuncan Baird Publishers

In Intelligence: The Creative Response to Now, one of the twentieth century's greatest spiritual teachers reveals a different approach to thinking about our brainpower. In Intelligence, Osho challenges the common conception that the best way to promote intelligence is to train the intellect. Intellect is logical, he says; intelligence is paradoxical. Intellect takes things apart to see how they work; intelligence puts things together to see the functioning of the whole. Osho posits that when our education systems put too much emphasis on developing intellect, an imbalance is created and both the individual and the society suffer. It is only through intelligence that we can respond creatively to the challenges of a changing world. By exploring the distinction between intellect and intelligence, Intelligence encourages readers to be more aware of how they approach problems—logical, emotional, and practical—and how they solve them. Osho challenges readers to examine and break free of the conditioned belief systems and prejudices that limit their capacity to enjoy life in all its richness. He has been described by the Sunday Times of London as one of the "1000 Makers of the 20th Century" and by Sunday Mid-Day (India) as one of the ten people—along with Gandhi, Nehru, and Buddha—who have changed the destiny of India. Since his death in 1990, the influence of his teachings continues to expand, reaching seekers of all ages in virtually every country of the world. EditBuild

The powerful combination of the perennial wisdom of Tao and Osho's insightful and inspirational interpretation makes this a true gem of a book - which will appeal not only to Osho's numerous followers, but also to the increasing number of people who are interested in the wisdom of Tao. Although previously little known, this is one of Osho's classics. He brings his unique perception to the world of Tao, and offers his penetrating and illuminating comments on these original sutras. As always, his inspirational anecdotes and stories illustrate the points he makes - about the spiritual search, love, acceptance and true peace and happiness. With wonderfully irreverent humour, Osho sets out to pierce our disguises, shatter our illusions, cure our addictions and demonstrate the self-limiting and often tragic folly of taking ourselves too seriously.

When the Shoe Fits

And What is Enlightenment?

Osho: Intimate Glimpses

The Science of the Soul

Knowing Beyond Logic

What Is Real Rebellion?

The Tantra Experience

Today, humanity is caught up in the mad complexity of the mind, and as never before, there is an urgent need to rediscover simplicity and innocence. Osho brings to life the inherent and timeless wisdom of traditional Zen stories. He shows us that Zen is a way of dissolving philosophical problems, not of solving them. It is a way of getting rid of philosophy, because philosophy is a sort of neurosis. Zen is for those intelligent enough to understand the limitations of the intellect and recognize the significance of intuition in the world of mysticism.