

Orthodox Prayer Life The Interior Way

This book will inspire many to a closer walk with the Lord in a spirit of unceasing prayer and love.

The truth on the Power of Prayer is Biblical, historical and experiential. Every religion recognizes it; every human that needs support to rise up and walk, to think positively and live fruitfully will testify to the usefulness of prayer. The Biblical testimony on the efficacy of prayer is: As Gods Word will not return to Him void but shall achieve the end for which He sent it (Is. 55: 11), so the prayer of the lowly does not rest till it reaches its goal. (Sir. 35: 17-18) The author of this book, having been a prey of such powerful tool in the Vineyard of the Lord, shares his personal and experiential thoughts and convictions about prayer. According to him only through prayer humans can build up and manage a qualitylife as the disciples of Jesus. Through this book he shares with readers some of his findings of the method of qualityprayer which is simple but productive, containing little nuance but with admiration of existing Traditions, and exclusive with its unique approach to prayer but inclusive of all possible saints efforts over the centuries in praying fruitfully. The author compares qualityprayer-process to the walking through inside portions of a Catholic church building. He tries to walk with us through the four phases of qualityprayer and make us perceive clearly our actions and Gods own as well, at each phase. The book asserts that though prayer is not a resource and support in the natural process of human development, it is by all means an indispensable source and basis for developing a matured Christian personality. However, mere formal or traditional prayer would do no good in this regard. It would help keeping up our status quo. It will not contribute much to our growth of Christian personality. Even the prayer of the intellect, namely prayerful meditation or reflection would not do that much help, as it should. This kind of prayer would meet its immature death as I had gone through sometime back. Once the intellect gets more truths and facts about life, God, religion and universe it would surely put a full stop to any kind of prayer. But if the same prayer is experiential and personal, the author writes, if it is intensively connecting the soul to its God, the Ground of being, the Beyond of everything, if it accelerates the process of intimacy between the human and the Divine, then surely prayer becomes the primary source of change, growth and development in human personality and through him/her influences the entire universe. This is what happened in Jesus and so in His disciples and godly people of today. I dare to name this kind of prayer as QualityPrayer.

It's hard not getting what we want. It's hard not doing what we want. It's hard . . . eating Brussels sprouts! For Anthony, some lessons are BIGGER than others. Fortunately he has some help along the way. Join Anthony and his favorite stuffed animal, Mikey, as they learn about the power of prayer, the importance of our spiritual struggles, and ultimately, the love of God. A picture book for children from 2 to 10 years old.

The Nicene Creed Colouring Book contains the Soothing, Simple to Colour Christian Creed from 381 AD. The Nicene Creed is the only authoritative ecumenical statement of the Christian faith accepted by the Roman Catholic, Eastern Orthodox, Oriental Orthodox, Anglican, and the major Protestant denominations. It is peaceful and restorative to colour in this time-honoured, all-encompassing, holy prayer. Product information: 111 point Garamond font, 8.5x11 paperback, 32 pages, 60# white interior paper, black ink outline, matte cover finish, perfect bound. Exact text within: I believe in one God, the Father Almighty, Maker of Heaven and Earth and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made: Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried.And the third day He rose again, according to the Scriptures, and ascended into Heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead: Whose Kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets. In one Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead and the life of the world to come. Amen.

Giver of Life

Philokalia

Desert Banquet

The Jesus Prayer

The Disciple’s Handbook

The Soothing, Simple to Colour. Timeless Christian Prayer

The Nicene Creed Colouring Book

Offers meditations on our relationship with God through prayer and tells how to find consolation, express thankfulness, and apprehend the presence of the Lord

What can Jesus teach us about praying into the heart of the Father? This powerful book shows how we can use the Scriptures to unite our hearts with God’s will. Scripture scholar Leonard DeLorenzo invites us to take a deep dive into Scripture and discover how to pray from the greatest teacher of all—Jesus.

In the course of many years, prayer proceeds to work its way in a slow, steady, and accumulative manner, which destroys the spirit of sin and gradually cleanses the conscience until your life of prayer matures. Then suddenly, the light of salvation illuminates the soul with a joy permeating your whole being and enveloping your whole life. This inner light, which seems to be sudden, is however the work of long years of thousands of prayers.

Peter Kreeft brings his unique insights to this most important area of our spiritual lives. He claims he himself is still a beginner in prayer, and this book is for all those, like him, who feel that they are not good at praying but desire to become much better at it. Thus, Kreeft offers simple, but profound advice and practical steps for developing a prayer life based on the time-tested wisdom of the saints and great spiritual writers, especially the principles found in Brother Lawrence’s classic, The Practice of the Presence of God. In short, straight-forward and unsentimental chapters, Kreeft covers all the key areas for understanding and developing that intimate form of communication with our Creator that we call prayer. He covers such areas as the necessity of prayer, various motives and methods, steps, patience, suffering, sin, faith, and grace.

Or, the Spiritual Exercises of St. Ignatius, for General Use

The Way of a Pilgrim ; And, The Pilgrim Continues His Way

Meditations on the Coptic Orthodox Liturgy of Saint Basil

The Holy Spirit in Orthodox Tradition

The Eastern Christian Spiritual Texts

The Spiritual Words of Matthew the Poor

Qualityprayer for Qualitylife

This resource is a complete introduction to one of the most mysterious prayers of Eastern Christianity, The Jesus Prayer. A conversational question-and-answer format takes the reader through practical steps for adopting this profound practice in everyday life.

Presents the Orthodox perspective on who the Holy Spirit is, where the mystery of God comes alive. Delving deep and subtly into Orthodox tradition and theology, The Giver of Life articulates the identity of the Holy Spirit as the third Person of the Trinity as well as the role of the Holy Spirit in the salvation of the world. Written with a poetic sensibility, Fr. Oliver begins with Pentecost, an event uniquely celebrated in Orthodoxy as a time when greenery of all kinds is brought into churches. "The splash of green foliage calls to mind not just life, but a special kind of life. It is the life that transcends biological existence and flows from the very Godhead Itself; it is life that’s a state of being-immortal, everlasting, changeless. Ferns and flowers fade and die, but souls filled with this ‘life from above’ flourish forever." Reflecting on the relationship of the Holy Spirit to the Church, to the world, and to the human person, Giver of Life looks to the impressive biblical and liturgical tradition of Orthodox Christianity. This is a book weighty in content but accessible in tone, not an academic study of the mind, but a lived experience of the heart.

This book provides a theologically rich commentary on the challenge of addiction and the long road to recovery. Written by a minister with extensive experience working with people who struggle with addictions, this book helps pastors understand the roots and realities of our universal human struggle with addictions and attachments while showing that together we have great hope for freedom, wholeness, and recovery. Readers will learn how to create and foster a Beatitude Community, the kind of environment Jesus prescribed for his people, to help addicts and those who love them heal from brokenness. Foreword by Bob Ekblad. About the Series Pastors are called to help people navigate the profound mysteries of being human, from birth to death and everything in between. This series, edited by leading pastoral theologian Jason Byassee, provides pastors and pastors-in-training with rich theological reflection on the various seasons that make up a human life, helping them minister with greater wisdom and joy.

Even for those whose knowledge of the Bible is limited, they are familiar with the book of Genesis. It is, after all, the story of the beginning, of what has happened. It prepares us for what is and what will be. Despite what you know, however, there are areas that may remain a mystery. Author Peter Shenouda’s Genesis: The Story, the Allegory, the Prophecy, and What Matters is the culmination of his fifteen-year study of Genesis. It is a concise treatise of this book of beginnings. Shenouda has put together information that really matters to those reading the entire Scripture, including the Apocrypha. You’ll learn whether Genesis is only a book of stories or if it offers any prophecies about the future. Discover what is behind the letters in the story of Joseph. You’ll also develop an understanding of what Jacob said about the future of Israel. Genesis: The Story, the Allegory, the Prophecy, and What Matters helps you develop a better understanding of the book and, as a result, of the Bible as a whole. It’s an opportunity to increase and deepen your biblical knowledge and faith.

The Interior Way

A Year of Wisdom from the Desert Mothers and Fathers

From Brokenness and Addiction to Blessedness and Community

The Inner Kingdom

Learning from and Giving Yourself through Christ in Prayer

Prayerfully Yours

A Way of Desert Spirituality

First published in 1979.

Christopher Hall invites us to accompany the church fathers as they enter the sanctuary for worship and the chapel for prayer. He also takes us to the wilderness, where we learn from the early monastics as they draw close to God in their solitary discipline. Readers will enjoy a rich and rare schooling in developing their spiritual life in this unique survey of the life of worship from the perspective of the early Church.

Acclaimed, award-winning essayist and novelist Brian Doyle (1956–2017)—whose writing, in the words of Mary Oliver, is "a gift to us all"—presents one hundred original prayers that evoke his deep Catholic belief in the mystery and miracle of the ordinary (and the whimsical) in human life. In, A Book of Uncommon Prayer: 100 Celebrations of the Miracle & Muddle of the Ordinary, which was named "A Best Spiritual Book of the Year" by Spirituality & Practice, you will find a series of prayers unlike any of the beautiful, formal, orthodox prayers of the Catholic tradition or the warm, extemporized prayers heard from pulpits and dinner tables. Doyle's often-dazzling, always-poignant prayers include eye-opening hymns to shoes and faith and family. In Doyle's words, "the world is crammed with miracles, so crammed and tumultuous that if we stop, see, savor, we are agog," and the pages of his newest book give voice and body to this credo. By focusing on experiences that may seem the most unprayerful (one prayer is titled "Prayer on Seeing Yet Another Egregious Parade of Muddy Paw Prints on the Floor"), he gives permission to discover the joys and treasures in what he often calls the muddle of everyday life.

Presents the first approachable introduction to the wisdom of the Philokalia, the classic text of Eastern Christian spirituality through which seekers and believers of all faiths who are interested in prayer, contemplation, and living a life closer to God can gain great spiritual wisdom. Original.

If You Love Me

Manresa

The Plan of Life of the Hermits of Bethlehem, Chester, New Jersey

Scriptural Basis of the Divine Liturgy

Answers to Tough Questions about God, Christianity, and the Bible

100 Celebrations of the Miracle & Muddle of the Ordinary

Sojourners

This updated second edition of the Catechism of the Catholic Church incorporates all the final modifications made in the complete, official Latin text, accompanied by line-by-line explanations of orthodox Catholicism, summaries of each section, a detailed index, extensive cross-references, and helpful footnotes.

"The lesson of love can never be taught simply by words. . . . Rather, it is taught by truly giving yourself and communicating the love and longing for Christ to those you serve. . . . How awesome and dignified is Christian service! And how good is the trustworthy and loyal servant who can say along with Christ, 'Learn from Me, for I am gentle and lowly in heart' (Matt. 11:29)." (from the Introduction) *This book is essential and inspiring reading for all who would devote their lives to the service of Christ and His Church.* *Originally published in Arabic as El-khedma by the Monastery of St. Macarius the Great, Wadi el-Natrun (Egypt), 1980. Translation published by permission.*

In this work Olivier Clement comments on three traditional prayers. The author's intention is to discern, within the depths of the texts themselves a trinitarian revelation, the ways of communion. The other prayers are familiar in the Eastern tradition: first the prayer of the Holy Spirit which, in the Byzantine rite, precedes any liturgical action, and on a more personal level, any work of reflection or witness. The final prayer is characteristic of the services of Great Lent and sums up the interior struggle for trust, humility and respect for each other.

This volume evolved experientially: the fruit of fifty-five years of solitude by a contemporary Coptic Orthodox desert monk besieged by prayer. Fr Matta's prayer life initially was formed under the direction of the sayings of the Russian Fathers, and later expanded under the direction of other Fathers, both Eastern and Western. He imparts to his readers "a whole course" on prayer.

Monastic Letters and Spiritual Teachings from the Desert

Abbess Thaisia of Leushino

Timeless Truth in Truthless Times

Simple Prayer

Writings and Teachings on Prayer by Father Alexander Men

The Ancient Desert Prayer That Tunes the Heart to God

This volume is the first appearance in English of a selection of the informal talks Abba Matta gave to his fellow monks and to visitors. In simple, accessible language, he addresses a wide range of subjects. To read these talks is to sit at the feet of one of the greatest spiritual teachers of our age. About Abba Matta: Known in the West as Matthew the Poor, Abba Matta is widely regarded as the greatest Egyptian elder since St. Antony the Great. He produced a huge and varied body of work in Arabic, only a little of which has been translated into English. In addition, a great many of his informal talks to monks and visitors were recorded. He had a marvelous ability to communicate the deepest spiritual truths in the simplest and most practical language, making them accessible to laypeople as well as monastics. He speaks to the heart rather than the head, gently exhorting the reader to pursue a deeper life in Christ.

This is the story of a religious pilgrim's experiences as he wanders from place to place in Russia and Siberia in the middle of the nineteenth century.

The secrets of the journey stipulate certain rules. We should always feel that we are sojourners, pilgrims seeking their eternal homeland. This feeling should not disappear from our heart, mind, or body for a single moment. We should cherish it both inwardly and outwardly, lest we inadvertently forget the state of our exile, an exile in which we feed on the inextinguishable love of God.

For fire can be quenched with a little water, but love, if it really burns within one's heart, nothing can quench it: - neither disdain, nor contempt, nor hostility, nor humiliation, nor indifference. If these negative feelings found a place in an enemy's heart and death itself embodied in a hostile person, even this would not quench love!

Central to the Christian life is the practice of prayer. But what, theologically speaking, is going on when we pray? What does prayer have to do with religious belief and action? Does prayer make a difference? Prayer: A Guide for the Perplexed addresses these and other key questions regarding the Christian theology of prayer. Beginning with Evagrius of Ponticus's 'On Prayer', Ashley Cocksworth finds in this early document a profound expression of the 'integrity' of the experience of prayer and theological thought. Seeking throughout to integrate systematic theology and the spirituality of prayer, individual chapters explore the meaning of some of the core doctrines of lived Christian faith – the Trinity, creation, providence, and the Christian life – as they relate to the practice of prayer. Complete with an annotated bibliography of sources on prayer to promote further reading, this volume appeals to academics and general readers alike.

Catechism of the Catholic Church

Guidelines for Prayer

Genesis

Our Father, O Heavenly King, the Prayer of Saint Ephrem

Praying with the Senses

The Power of the Name

Prayer: A Guide for the Perplexed

According to Father Alexander Men (1935-1990), the Russian Orthodox priest and popular spiritual teacher who was publicly martyred in 1990 in the former USSR, prayer is "the flight of the heart toward God." This work, available for the first time in English, is a collection of his writings, lectures, and sermons on prayer. You will discover both ancient and modern wisdom, and you will see how one Eastern Orthodox priest taught his parishioners to pray.

During our chaotic times, discover five forgotten values that can spark internal growth and help us reconcile our Christian faith with the complexities of race, sexuality, and social justice. WINNER OF THE CHRISTIANITY TODAY BOOK AWARD Most believers live in the state of "being a Christian" without ever being deeply formed by Christ. Our pace is too frenetic to be in union with God, and we don't know how to quiet our hearts and minds to be present. Our emotions are unhealthy and compartmentalized. We feel unable to love well or live differently from the rest of the world—to live as people of the good news. New York pastor Rich Villodas says we must restore balance, focus, and meaning for our souls. The Deeply Formed Life lays out a fresh vision for spiritual breakthrough following five key values:
• Contemplative Rhythms Value: slowing down our lives to be with God.
• Racial Justice Value: examining a multi-layered approach to pursuing racial justice and reconciliation.
• Interior Examination Value: looking beneath the surface of our lives to live free and love well.
• Sexual Wholeness Value: exploring how our sexuality connects with our spirituality.
• Missional Presence Value: living as the presence of Christ in a broken world. The Deeply Formed Life is a roadmap to live in the richly rooted place we all yearn for: a place of communion with God, a place where we find our purpose. Praise for The Deeply Formed Life “The Deeply Formed Life is a book for our time. Honest, wise, insightful, funny, and—above all—deep. The way Rich and New Life Fellowship hold emotional health and racial justice together is beyond inspiring. This is spiritual formation for the future of the church.”—John Mark Comer, pastor of teaching and vision at Bridgetown Church and author of The Ruthless Elimination of Hurry “I’ve studied the Bible under Pastor Rich’s leadership for close to a decade. The core values he shares in this book serve as guidance, not only for how we should live as Christians in an ever-changing world but also for how we can live a life of purpose—that consistently and enthusiastically points to Jesus.”—Susan Kelechi Watson, actress from the awardwinning television series This Is Us

This book is a culmination of over 15 years of ministry in Christian Apologetics (defending the Christian faith). In it, you will find insightful answers to 35 challenging questions about God, Christianity and the Bible.It is aimed to equip you with firm knowledge of the truth - Timeless Truth - to enable you to be rooted in the faith and defend it with intellectual rigor and grace.

Twenty years ago, God led me to the writings of the church fathers and then on a journey that changed my life. I discovered the amazing spiritual depth throughout all the eras of the Church and began to realize that I was settling for scraps when God had prepared a banquet. This handbook was written as an aid to Christians from all traditions to help them hit the ground running to discover even greater depth and passion in their walk with Christ.

And The Pilgrim Continues His Way

Into the Heart of the Father

With Modifications from the Editio Typica

The Ascetical Homilies of Saint Isaac the Syrian

The Communion of Love

Orthodox Prayer Life

The Orthodox Christian World

Re-printed many times since it was first published, and translated into numerous languages, this book by METROPOLITAN KALLISTOS WARE OF DIOKLEIA, is an invaluable guide at every stage of spiritual pilgrimage. It is a classic exposition of the Jesus Prayer and its use in the Hesychast Orthodox tradition of the prayer of stillness, and the author shows how anyone who prays can apply this teaching to themselves.

This work is a revised and expanded version of a book that has appeared in several languages. It focuses on themes central to Eastern Christian worship and spiritual life. The first three chapters provide insights on death, bereavement and resurrection in Christ; and repentance. Chapters four and five invite the reader into the world of desert ascetics and hesychast monks. Combining schoarly rigor with practical counsels on prayer, Bishop Ware makes the wealth of this traditional accessible to today's Christians. The next three chapters concern personal vocation, martyrdom, spiritual fatherhood and the strange path of the fool for Christ's sake. There follows brief essays on the theology of time and the spiritual purposes of higher education. The final chapters is a challenging discussion of Origen and SS Gregory of Nyssa, Isaac the Syrian and Silouan the Athonite, and in conversation with them asks, dare we hope for the salvation of all.

Over the last century unprecedented numbers of Christians from traditionally Orthodox societies migrated around the world. Once seen as an 'oriental' or 'eastern' phenomenon, Orthodox Christianity is now much more widely dispersed, and in many parts of the modern world one need not go far to find an Orthodox community at worship. This collection offers a compelling overview of the Orthodox world, covering the main regional traditions of Orthodox Christianity and the ways in which they have become global. The contributors are drawn from the Orthodox community worldwide and explore a rich selection of key figures and themes. The book provides an innovative and illuminating approach to the subject, ideal for students and scholars alike.

A Book of Uncommon Prayer

Recovering (Pastoring for Life: Theological Wisdom for Ministering Well)

The Story, the Allegory, the Prophecy, and What Matters

The Autobiography of a Spiritual Daughter of St. John of Kronstadt

A Guide to Intentional Spirituality

Prayer For Beginners

The Deeply Formed Life

Are we making prayer more complicated than it needs to be? Helping us pare down our words to their most elemental level, Charlie Dawes has identified simple—yet far from simplistic—prayers that unlock the mystery of conversing with God. By focusing our prayers, we can find new a way of connecting with God at a heart level that cannot be mastered with words alone.

Orthodox Prayer LifeThe Interior WaySt Vladimir’s Seminary Press

Have you ever wondered where the prayers used in church come from? No matter what denomination of Christianity you are from, no matter which church you go to, if you attend mass or liturgy, you will notice that the prayers are all very similar in wording. This book goes through the most commonly used liturgical prayers in the Coptic Orthodox Church, describes why these prayers are important to the liturgy, and identifies the Biblical basis for where these prayers came from. Through this study, we learn that all these prayers originate from the Bible and the tradition started by Jesus Christ Himself at the last supper.

How do people experience spirituality through what they see, hear, touch, and smell? Sonja Luehrmann and an international group of scholars assess how sensory experience shapes prayer and ritual practice among Eastern Orthodox Christians. Prayer, even when performed privately, is considered as a shared experience and act that links individuals and personal beliefs with a broader, institutional, or imagined faith community. It engages with material, visual, and aural culture including icons, relics, candles, pilgrimage, bells, and architectural spaces. Whether touching upon the use of icons in age of digital and electronic media, the impact of Facebook on prayer in Ethiopia, or the implications of praying using recordings, amplifiers, and loudspeakers, these timely essays present a sophisticated overview of the history of Eastern Orthodox Christianities. Taken as a whole they reveal prayer as a dynamic phenomenon in the devotional and ritual lives of Eastern Orthodox believers across Eastern Europe, the Middle East, North Africa, and South Asia.

Serving Christ and the Church in Spirit and Truth

The Orthodox Way

Beginning to Pray

The Way of a Pilgrim

Learning to Speak to God with Ease

Three Prayers

Contemporary Orthodox Christian Spirituality in Practice

The wisdom of the desert fathers and mothers lies in their experiences of solitude, prayer, community life, work, and care for their neighbors. Their goal was transformation of their lives through openness to the presence and energy of God in Christ. They taught by example and by sharing narratives and sayings that reflect the deep human psychological and spiritual aspects of their journey toward authentic human life. The venue for their transformation was the whole person ‘body, mind, and spirit. They emphasized self-knowledge, humility, purity of heart, and love of God and neighbor. Far from being na I ve, their sayings and narratives reflect honest struggles, temptations, and failures. They also demonstrate the disciplines of prayer and meditation that kept them centered in God as their only source of strength. The daily reflections in Desert Banquet introduce readers to a variety of these early Christian mentors and offer reflections on the significance of their wisdom for life in the twenty-first century. David G. R.Keller, an Episcopal priest, is adjunct professor of ascetical theology at the General Theological Seminary in New York City. He is co-steward, with his wife, Emily Wilmer, of Oasis of Wisdom: An Institute for Contemplative Study, Practice, and Living based in Asheville, North Carolina (www.oasisofwisdom.net). He is the author of Oasis of Wisdom: The Worlds of the Desert Fathers and Mothers (Liturgical Press) and Come and See: The Transformation of Personal Prayer (Morehouse Publishing).

Words for Our Time

Anthony, the Great

Five Transformative Values to Root Us in the Way of Jesus

An Inner Step Toward God

