

On Cooking 5th Edition By Labensky

This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. This comprehensive text is designed for courses in baking and the pastry arts, yet still accessible to the aspiring home baker Help readers understand the how and why of successful baking On Baking, Third Edition, Update enhances the fundamentals approach that has prepared thousands of students for successful careers in the baking and pastry arts. It teaches both the how and why, starting with general procedures, highlighting core principles and skills, and then presenting applications and sample recipes. Professionalism, breads, desserts and pastries, advanced pastry work—including chocolate work—are each covered in detail. To help students truly master baking, the book also incorporates scientific, cultural, and historical aspects of the culinary arts. More than 230 new full-color photographs, 40 new recipes, and information on key trends like healthy baking, wedding cakes, and plating techniques help prepare readers to use the latest methods and recipes. Also available with MyCulinaryLab This title is also available with MyCulinaryLab—an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. With its vast collection of recipes tested in the kitchens of top culinary schools and an extensive ingredient database, Pearson Kitchen Manager allows Chefs to maximize the value of their recipe content. New Culinary Math Problem-Sets for baking are designed to help students with varying levels of math knowledge master the basic math skills they need to be successful in the kitchen, and apply them within the context of baking. NOTE: You are purchasing a standalone product; MyCulinaryLab does not come packaged with this content. If you would like to purchase both the physical text and MyCulinaryLab search for ISBN-10: 0134115252/ISBN-13: 9780134115252. That package includes ISBN-10: 0133886751/ISBN-13: 9780133886757 and ISBN-10: 0134109406/ISBN-13: 9780134109404. MyCulinaryLab should only be purchased when required by an instructor.

This latest edition of the most internationally respected reference in food chemistry for more than 30 years, Fennema’s Food Chemistry, 5th Edition once again meets and surpasses the standards of quality and comprehensive information set by its predecessors. All chapters reflect recent scientific advances and, where appropriate, have expanded and evolved their focus to provide readers with the current state-of-the-science of chemistry for the food industry. This edition introduces new editors and contributors who are recognized experts in their fields. The fifth edition presents a completely rewritten chapter on Water and Ice, written in an easy-to-understand manner suitable for professionals as well as undergraduates. In addition, ten former chapters have been completely revised and updated, two of which receive extensive attention in the new edition including Carbohydrates (Chapter 3), which has been expanded to include a section on Maillard reaction; and Dispersed Systems: Basic considerations (Chapter 7), which includes thermodynamic incompatibility/phase separation concepts. Retaining the straightforward organization and accessibility of the original, this edition begins with an examination of major food components such as water, carbohydrates, lipids, proteins, and enzymes. The second section looks at minor food components including vitamins and minerals, colorants, flavors, and additives. The final section considers food systems by reviewing basic considerations as well as specific information on the characteristics of milk, the postmortem physiology of edible muscle, and postharvest physiology of plant tissues.

Published in 1901 in New Orleans, The Picayune’s Creole Cook Book is widely credited with preserving the rich tradition of Creole cooking. At the beginning of the twentieth century, the Picayune, a New Orleans newspaper, was determined to save the local cuisine and collected it directly from the cooks and housekeepers who were the first practitioners of the Creole tradition. The book became wildly popular and has had over 15 editions printed throughout the twentieth century. As stated in the introduction, The Picayune’s Creole Cook Book was published “to assist housekeepers generally to set a dainty and appetizing table at a moderate outlay; to give recipes clearly and accurately with simplicity and exactness” and the recipes blend a fantastic array of influences from French style and Spanish spices to African fruits and Indian gumbos. The recipe list includes classics such as seafoods, gumbos, cakes and pastries, jambalayas, and fruit drinks, along with many other delectable dishes. With its fascinating historical origins and delicious authentic recipes, The Picayune’s Creole Cook Book is truly the bible of the rich Louisiana culinary tradition. This edition of The Picayune’s Creole Cook Book was reproduced by permission from the volume in the collection of the American Antiquarian Society, Worcester, Massachusetts. Founded in 1812 by Isalah Thomas, a Revolutionary War patriot and successful printer and publisher, the society is a research library documenting the lives of Americans from the colonial era through 1876. The society collects, preserves, and makes available as complete a record as possible of the printed materials from the early American experience. The cookbook collection comprises approximately 1,100 volumes.

More than 1,000 family favorite recipes, this brand-new edition of the popular Taste of Home Cookbook is an indispensable tool for today’s home cooks. Look inside, and you’ll find everything you need to set a hot and hearty meal on the table—busy weeknight dinners and memorable holiday menus alike. Make this incredible edition of Taste of Home Cookbook your go-to source for serving mouthwatering meals and making heartwarming memories today. An all-new edition of the best-selling cookbook that’s made for today’s home cooks by today’s home cooks. From mouthwatering Instant Pot sensations to simply show-stopping desserts, this amazing 6-ring binder has it all. 24 chapters to cover everything you need from breakfast to appetizers to mains and plenty of baking and desserts. Brand new chapters on Instant Pots & Air Fryers, 30 Minute Meals, Meatless and even Sauces & Condiments. You’ll also find kitchen hacks, how-to photos, basic cooking and baking techniques, timesaving shortcuts, the secrets to selecting, storing and cooking with fresh produce, and so much more! Cooking brings a family together. Cook, Share & Celebrate with Taste of Home Cookbook! CHAPTERS Kitchen Basics Appetizers & Beverages Breakfast & Brunch Soups & Sandwiches 30-Minute Meals Instant Pot & Air Fryer Beef Poultry Pork & Lamb Fish & Seafood Meatless Pasta & Pizza Grains, Rice & Beans Vegetables & Fruits Salads & Salad Dressings Sauces & Condiments Quick Breads Yeast Breads Cookies & Bars Candles Pies & Tarts Cakes Desserts Indexes

Professional Cooking 5th Edition with Study Guide Chef Knife Package and Culinary Math Set

Culinary Fundamentals with Study Guide

Modernist Cuisine

Principles and Practice

On Cooking

A Textbook of Culinary Fundamentals

The newest edition of the most trusted nutrition bible. Since its first, highly successful edition in 1996, The Academy of Nutrition and Dietetics Complete Food and Nutrition Guide has continually served as the gold-standard resource for advice on healthy eating and active living at every age and stage of life. At once accessible and authoritative, the guide effectively balances a practical focus with the latest scientific information, serving the needs of consumers and health professionals alike. Opting for flexibility over rigid dos and don’ts, it allows readers to personalize their own paths to healthier living through simple strategies. This newly updated Fifth Edition addresses the most current dietary guidelines, consumer concerns, public health needs, and marketplace and lifestyle trends in sections covering Choices for Wellness; Food from Farm to Fork; Know Your Nutrients; Food for Every Age and Stage of Life; and Smart Eating to Prevent and Manage Health Issues.

Master the assistive strategies you need to make confident clinical decisions and help improve the quality of life for people with disabilities with the latest edition of this comprehensive text. Based on the Human Activity Assistive Technology (HAAT) model developed by the authors, the book provides detailed coverage of the broad range of devices, services, and practices that comprise assistive technology and focuses on the relationship between the human user and the assisted activity within specific contexts. This title includes additional digital media when purchased in print format. For this digital book edition, media content may not be included

This package contains the following components: -0131180118: Culinary Fundamentals -0131180134: Study Guide

Puerto Rican Cookery has become the standard reference on traditional native cookery (cocina criolla). According to the San Juan Star, "the cookbook is seen and is more likely better read in some homes than the religious tome. . . . [It] is considered a primer for beginning cooks . . . a textbook for home economists and it is a guide for the gourmet as well."

Puerto Rican Cookery

Diabetes Meal Planning Made Easy

Home-Prepared Dog and Cat Diets

Gisslen/Pro Cooking 5th Edition Pkg + Gisslen/Pro Cooking 5th Edition SG + Lynch/Book of Yields 6th Edition

Bartending For Dummies

Cook and Hussey’s Assistive Technologies- E-Book

Outlines new diabetes nutrition recommendations and offers advice for making realistic changes in eating habits, using the nutrition facts on food labels, and making healthy choices for eating away from home.

For nearly two decades, On Cooking: A Textbook of Culinary Fundamentals has instructed thousands of aspiring chefs in the culinary arts. The Fifth Edition Update continues its proven approach to teaching both the principles and practices of culinary fundamentals while guiding you toward a successful career in the culinary arts. Teaching and Learning Experience: The text’s time-tested approach is further enhanced with MyCulinaryLab(tm), a dynamic online learning tool that helps you succeed in the classroom. MyCulinaryLab(tm) enables you to study and master content online-in your own time and at your own pace Builds a strong foundation based on sound fundamental techniques that focus on six areas essential to a well-rounded culinary professional–Professionalism, Preparation, Cooking, Garde Manger, Baking, and Presentation A wealth of chapter features helps you learn, practice, and retain concepts 0133829170 / 9780133829174 On Cooking Update Plus MyCulinaryLab with Pearson eText -- Access Card Package Package consists of: 0133458555 / 9780133458558 On Cooking Update 0133780163 / 9780133780161 MyCulinaryLab with Pearson eText -- Access Card -- for On Cooking Update

A thoroughly revised edition that encompasses new material including sections dealing with extrusion cooking and the use of cereals for animal feed. The section on industrial uses for cereals has been expanded considerably.

The Culinary Professional provides students with a comprehensive explanation of culinary techniques, identification of the vast array of equipment and foods used in a professional kitchen, and an introduction to the knowledge and skills needed to manage a foodservice operation. This book givesstudents the basics for working in a foodservice operation as well as an excellent foundation for the study of classical cuisine. Careers in the culinary arts and a brief overview of the industry arealso covered. The activities in this Study Guide review culinary terminology and chapter content and further explore workplace math applications.

A Textbook of Baking and Pastry Fundamentals

Cooking Basics For Dummies

The Milk Street Cookbook

Adventures in Food and Nutrition!

Canning and Preserving For Dummies

Professional Cooking, 5th Edition, College

This lay-flat paperback format of the 1997 edition is truly an indispensable and beloved reference and recipe source for home cooks concerned about freshness, nutrition, and taste.

Formulas for baking success—an updated edition of the classic reference What do virtually all breads and desserts have in common? They rely on baking formulas, the building block “recipes” that every serious baker must master. For example, behind every tempting napoleon lies a formula for classic puff pastry, while a truly heavenly chocolate brownie cannot exist without the knowledge of how to temper chocolate. Compiled by a veteran instructor at The Culinary Institute of America, this authoritative reference contains 200 completely up-to-date formulas using essential ingredients found in today’s pastry kitchens. From American Pie Dough and Pâté Brisée to Pastry Cream and Crême Anglaise, these recipes are written in small- and large-lyle versions to accommodate the needs of the serious home baker as well as the pastry chef.

This convenient pocket guide packs the knowledgeable information of the original whole foods bible into a concise, easy-to-carry format. Focusing mainly on core food products available at large-scale supermarkets and natural foods stores, easy-reference entries help shoppers navigate their many options when choosing organic, whole, local, and sustainably and ethically produced foods. An updated pocket-size edition of the definitive guide to buying, storing, and preparing whole foods. Handy charts and tables summarize what’s in season when. Organic food sales totaled nearly \$17 billion in 2006, up 22 percent from the previous year, in the U.S. alone.

French Country Cooking - 1st published in 1951 - is filled with Elizabeth David’s authentic recipes drawn from across the regions of France. Her books are stunningly well written Full of history and anecdote! Observer Showing how each area has a particular and unique flavour for its foods, derived as they are from local ingredients. Elizabeth David explores the astonishing diversity of French cuisine. Her recipes range from the primitive pheasant soup of the Basque country to the refined Burgundian dish of hare with cream sauce and chestnut puree. French Country Cooking is Elizabeth David’s rich and enticing cookbook that will delight and inspire cooks everywhere. Elizabeth David (1913-1992) is the woman who changed the face of British cooking. Having travelled widely during the Second World War, she introduced post-war Britain to the sun-drenched delights of the Mediterranean and her recipes brought new flavours and aromas into kitchens across Britain. After her classic first book Mediterranean Food followed more bestsellers, including French Country Cooking, Summer Cooking, French Provincial Cooking, Italian Food, Elizabeth David’s Christmas and At Elizabeth David’s Table.

Joy Of Cooking, Miniture Edition 1

The Science and Lore of the Kitchen

An Introduction for Students of Food Science and Agriculture

Cook, Share, Celebrate.

The Culinary Professional

The Slovak-American Cookbook

Set up your space for cooking success Master basic techniques, such as boiling, grilling, and more Prepare more than 140 simple dishes Your go-to guide for success in the kitchen Ready to do more than boil water? Cooking Basics For Dummies will help you expand your skills and develop your confidence in the kitchen. With simple instructions and a fun-and-friendly tone, this cookbook shows you how to prepare everything—from traditional dishes to the latest popular foods, and from brilliant breakfasts to delectable desserts. Whether you’re looking to make dinner in a pinch or crafting a dish for a special occasion, you’ll find everything you need to start creating delicious, healthy meals. Inside... More than 140 recipes to try Essential tools and equipment The lowdown on baking, sautéing, and steaming How to stock your pantry and fridge with the right ingredients Chefs’ secrets that will have you cooking like a pro Cooking Basics For Dummies, 5th Edition (9781119696773) was previously published as Cooking Basics For Dummies, 5th Edition (9781118922316). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product.

Principles of Food Science incorporates science concepts into a lab-oriented foods class. This text shows how the laws of science are at work in foods prepared at home and by the food industry. Each chapter includes engaging features focusing on such areas as current research, technology, and nutrition news. Through lab experiments in the text and Lab Manual, students will practice scientific and sensory evaluation of foods. They will discover how nutrients and other food components illustrate basic chemistry concepts. They will examine the positive and negative impacts microorganisms have on the food supply. Students will also explore the variety of careers available to workers with a food science background.

1,000+ recipes and great party tips Get the latest bar buzz on how to host, mix, shake, pour, and more Want to concoct the perfect cocktail? From today’s popular Mojitos and Martinis to classics like Manhattans and Margaritas, you’ll be able to sip and entertain with a special twist. Get the scoop on everything from liquors, wine, and beer to Scotch, tequila, the latest tools of the trade, and more. Discover how to: Stock a bar Mix exotic specialties and toddies Experiment with new flavors—rums, vodkas, and cordials Garnish and serve drinks like a master mixologist Cure hangovers and hiccups

Detailed information on foods and cooking techniques accompany fundamental recipes for hors d’oeuvres, soups, salads, main dishes, side dishes, breads, pies, cookies, candies, and desserts

New Good Food Pocket Guide, rev

Cooking for Geeks

Gisslen/ Professional Cooking 5th Edition College Pkg + Lynch/Book of Yields 6th Edition Cdrum Set

Shopper’s Pocket Guide to Organic, Sustainable, and Seasonal Whole Foods

Indian Cooking For Dummies

Over 500 Delicious Recipes for the Healthy Cook’s Kitchen

Presents recipes ranging in difficulty with the science and technology-minded cook in mind, providing the science behind cooking, the physiology of taste, and the techniques of molecular gastronomy.

Home-Prepared Dog and Cat Diets, Second Edition provides an introduction to nutrition of the healthy dog and cat and an extensive discussion of medical disorders that can be managed in part through diet. Presenting easy-to-follow recipes that can be prepared at home, this new edition of Donald Strombeck’s classic handbook has been completely rewritten by new author Patricia A. Schenck to reflect the latest nutritional research. New chapter topics include feeding the puppy and kitten; feeding the pregnant or lactating dog or cat; feeding the senior pet; feeding the performance dog; and the role of diet in pets with cancer. Diets are now listed together in a cookbook style for ease of use, and recipes are adjustable for any size dog or cat, allowing exact nutritional values to be calculated. Nutrient content for protein, fat, carbohydrate, and fiber have been provided for every diet, along with the nutrient density. A companion website features downloadable spreadsheets with complete nutritional breakdowns for each recipe. Useful for both veterinarians and pet owners alike, Home-Prepared Dog and Cat Diets, Second Edition is a unique handbook written by an expert in the field providing an introduction to the nutritional management of dogs and cats with easy-to-use recipes for home-prepared diets. Clarification: Calcium Carbonate We’ve had some questions from readers regarding the use of the term “calcium carbonate,” which is listed as an ingredient in a number of the diets found in this book, and therefore wanted to clarify what is meant by this ingredient. Baking soda comes in two forms: sodium bicarbonate and calcium carbonate. The sodium bicarbonate version is widely available as “baking soda” and is commonly used in baking, but none of the recipes in this book use it as an ingredient. The calcium carbonate version of baking soda is sometimes sold as “baking soda substitute” and sometimes referred to as simply “baking soda.” To avoid confusing sodium bicarbonate and calcium carbonate, any time the calcium carbonate type of baking soda has been used in a diet in this book, the ingredient includes the specific term “sodium carbonate.” There are several manufacturers of calcium carbonate baking soda; for example, Amazon carries the Ener-G Foods product baking soda substitute. Calcium carbonate can also be sold for garden use, which is non-food-grade, so to avoid the use of the garden product in foods, the term “baking soda” was used in this book instead to indicate that readers should be sure to select a food-appropriate ingredient.

Taste the real thing and discover the delights of home-cooked Indian food Indian food—delicious, diverse, and not as difficult to cook as you might think! In Indian Cooking For Dummies, you’ll learn the fundamentals, plus over 100 make-at-home recipes for your Indian favorites. Even newbie cooks will have no trouble making these easy and delectable dishes right at home. With this book, you’ve got a suite of recipes to suit every dietary need (vegetarians, rejoice!), spice tolerance, and skill level. When you crave a Bengaluru breakfast, Lucknow lunch, or Delhi dinner, Indian Cooking For Dummies is for you. Inside, you’ll learn the steps and secrets used in all the regions of India, so you can create a perfect, balanced Indian meal in your kitchen. With pro suggestions and tips about key ingredients and dish pairings, you’ll be eating healthy, hearty, flavorful food in no time. Imagine your own stay-at-home buffet of rice, Indian breads, curried meats, creamy lentils, aromatic vegetables, raitas, chutneys, relishes, and more. Hungry yet? Cook authentic Indian appetizers, snacks, main courses, desserts, drinks, and popular vegetarian dishes Discover regional Indian cuisine and the ingredients, techniques, and spices unique to each Eat healthily and cook from scratch, without spending too much time in the kitchen

Enjoy expert advice on how to make a meal for one or feed a large family, Indian style For flavor, aroma, variety, and sheer pleasure, Indian food is tops—and you can make it yourself, with this friendly Dummies guide!

Everything you need to know to can and preserve your own food With the cost of living continuing to rise, more and more people are saving money and eating healthier by canning and preserving food at home. This easy-to-follow guide is perfect for you if you want to learn how to can and preserve your own food, as well as if you’re an experienced canner and preserver looking to expand your repertoire with the great new and updated recipes contained in this book. Inside you’ll find clear, hands-on instruction in the basic techniques for everything from freezing and pickling to drying and juicing. There’s plenty of information on the latest equipment for creating and storing your own healthy foods. Plus, you’ll see how you can cut your food costs while controlling the quality of the food your family eats. Everything you need to know about freezing, canning, preserving, pickling, drying, juicing, and root cellaring Explains the many great benefits of canning and preserving, including eating healthier and developing self-reliance Features new recipes that include preparation, cooking, and processing times Amy Jeanroy is the Herb Garden Guide for About.com and Karen Ward is a member of the International Association of Culinary Professionals If you want to save money on your grocery bill, get back to basics, and eat healthier, Canning & Preserving For Dummies, 2nd Edition is your ideal resource!

The Blue Ribbon Cook Book

On Food and Cooking

Fennema’s Food Chemistry

Baker’s Manual

Fundamentals Of Foods, Nutrition And Diet Therapy

** New professional-level CD-ROM, including resizing of recipes, US/metric conversions, costing, purchasing lists, nutritional analysis, and more.*

The newest and fully revised edition of one of America’s bestselling cookbooks for people who love to eat while embracing a healthier lifestyle. WeightWatchers knows the secrets for pairing good nutrition with great taste. From hearty breakfasts to flavorful dinners, you’ll discover new recipes that rely on lean meats, whole grains, and fresh produce. Try new favorites like Cremini Mushrooms with Quinoa and Thyme or Swiss Chard au Gratin, or family standbys like Buttermilk-Blueberry Corn Muffins and Sicilian Sausage–Stuffed Pizza. Reflecting the current trends in food, this edition boasts new chapters on appetizers and beverages, featuring a no-cook cocktail party; small plates for creating tapas for light meals; recipes for the grill; 20-minute main dishes, including advice on shopping and streamlining; plus numerous tips and techniques. With more than 60 color photos, this book will make everyone healthier and happier.

First published in 1992 to commemorate the 60th anniversary of the First Catholic Slavic Ladies Association, The Slovak-American Cookbook remains a classic collection of cultural dishes. From savory soups, sandwiches, and salads to sweet cookies, cakes, and candies, this cookbook contains the best Slovak-American recipes that the generations have to offer. Some national favorites featured are HlásoskyKolobasyStrudeľFankyKolace and more! Each recipe provides a glimpse into this fascinating culinary heritage. In addition to an assortment of traditional, tried-and-true recipes, this cookbook also offers tips on entertaining, cooking, and maintaining your home. With help from The Slovak-American cookbook, you can bring the Slovak culinary tradition to your table. Introduce your students to food and nutrition with Adventures in Food and Nutrition! Packed with student appeal, this full-color text generates student interest with action photos, interesting activities, and real-world experiments. The text encourages students to develop scientific and inquiry skills as they learn about nutrition, food management, and preparation. The text is written at a lower level for younger students or beginning level classes. -- Multicultural focus, reflecting foods from a cross section of diverse backgrounds. -- Math and science applications and activities are provided throughout the text and in special-interest features. -- Involves students in the science and creativity of preparing meals and snacks. -- Chapters include Objectives, New Terms, Review Questions, Application Questions, Activities, and a Summary.

The New American Heart Association Cookbook, 9th Edition

The Picayune’s Creole Cook Book

Professional Cooking

The Definitive Guide to the New Home Cooking,--With Every Recipe from the TV Show, 5th Anniversary Edition

WeightWatchers New Complete Cookbook

Real Science, Great Hacks, and Good Food

This Book Has Consistently Been Used By Students Studying The First Course In Food Science And Nutrition. In Several Universities, Diet Therapy Topics Have Been Added In The Curricula Of This Course. Therefore, Diet Therapy Has Been Added In This Revision, With A Hope Of Meeting The Changing Needs Of The Readers In This Area.The Revised Edition Incorporates Various Other Subjects, Which Are More Or Less Related To The Useful Subjects, Like Nursing, Education, Art, Social Sciences, Home Science, Medical And Paramedical Sciences, Agriculture, Community Health, Environmental Health And Pediatrics Etc.The Book Is Intended To Be An Ideal Textbook Encompassing The Following Aspects: * Introduction To The Study Of Nutrition * Nutrients And Energy * Foods * Meal Planning And Management * Diet TherapyVarious Modifications Have Been Done Along With Clear Illustrations, Chartsand Tables For A Visualised Practical Knowledge.Every Chapter Is Presented In A Beautiful Style With An Understandable Approach. Abbreviations Of All Terms Are Given. Glossary Is Also Available At The End For Clear Understanding.Appendices, Food Exchange Lists, Recommended Dietary Allowances For Indians And Food Composition Tables Have Also Been Included.So Many Other Useful Informations Are Given, Regarding The Food And Dietary Habits According To The Age And Height Of Males/Females.We Hope This Textbook Would Fulfil The Goal Of Serving The Cause In An Appropriate Manner Nutrition For A Disease-Free Society.

Jennie C. Benedict’s The Blue Ribbon Cook Book represents the very best in the tradition of southern regional cooking. Recipes for such classic dishes as Parker House rolls, lamb chops, corn pudding, Waldorf salad, and cheese and nut sandwiches are nestled among longtime local favorites such as apple butter, rice pudding, griddle cakes, and Benedictine, the cucumber sandwich spread bore Benedict’s name. Throughout the cookbook, Benedict’s delightful voice shines. Benedict, who was once the most famous caterer in Louisville and also operated a celebrated tea room and soda fountain, trained with Fannie Farmer at the Boston Cooking School. Five editions of Benedict’s famous cookbook were published, and her aim in sharing her recipes was simple, as she mentions in the preface, “I have tried to give the young housekeeper just what she needs, and for more experienced ones, the best that can be had in the culinary art.” As a creative entrepreneur, Benedict had a significant influence on the local culture and foodways. Her sweet and savory dishes were the stars of many Derby parties, and yet she placed equal emphasis on simple lunchen and dinner recipes to satisfy the needs of home cooks. While her popular dishes graced genteel tables all over the Bluegrass, Benedict’s chicken salad sandwiches, sold from a pushcart, offered Louisville children the first school lunches in the city. This new edition of The Blue Ribbon Cook Book will now welcome new generations of readers and cooks – those who remember wearing white gloves and eating delicate tea sandwiches at the downtown department store as well as those who want to make satisfying regional classics such as blackberry jam cake like their grandmother used to make. Food writer Susan Reiger introduces the story of Benedict’s life and cuisine, and this edition is the first to come complete with the now-famous spread that bears Benedict’s name.

Presents cooking principles from around the world to create the simplest, most delicious recipes ever created with six or fewer ingredients that makes it easy to be a great cook in minutes. A kitchen classic for over 35 years, and hailed by Time magazine as “a minor masterpiece” when it first appeared in 1984, On Food and Cooking is the bible which food lovers and professional chefs worldwide turn to for an understanding of where our foods come from, what exactly they’re made of, and how cooking transforms them into something new and delicious. For its twentieth anniversary, Harold McGee prepared a new, fully revised and updated edition of On Food and Cooking. He has rewritten the text almost completely, expanded it by two-thirds, and commissioned more than 100 new illustrations. As compulsively readable and engaging as ever, the new On Food and Cooking provides countless eye-opening insights into food, its preparation, and its enjoyment. On Food and Cooking pioneered the translation of technical food science into cook-friendly kitchen science and helped birth the inventive culinary movement known as “molecular gastronomy.” Though other books have been written about kitchen science, On Food and Cooking remains unrivaled in the accuracy and clarity of its explanations, and the intriguing way in which it blends science with the historical evolution of foods and cooking techniques. Among the major themes addressed throughout the new edition are: Traditional and modern methods of food production and their influences on food quality The great diversity of methods by which people in different places and times have prepared the same ingredients - Tips for selecting the best ingredients and preparing them successfully The particular substances that give foods their flavors, and that give us pleasure - Our evolving knowledge of the health benefits and risks of foods On Food and Cooking is an invaluable and monumental compendium of basic information about ingredients, cooking methods, and the pleasures of eating. It will delight and fascinate anyone who has ever cooked, savored, or wondered about food.

Revised and Updated with More Than 100 All-New Recipes

The Taste of Home Cookbook, 5th Edition

Principles of Food Science

French Country Cooking

On Baking (Update)

El arte y la ciencia de la cocina / The Art and Science of Cooking

Técnicas rompedoras utilizadas por los mejores chefs del mundo “El libro más importante en las artes culinarias desde Escoffier.” --Tim Zagat Una revolución está en marcha en el arte de la cocina. Al igual que el impresionismo francés rompió con siglos de tradición artística, en los últimos años la cocina modernista ha franqueado los límites de las artes culinarias. Tomando prestadas técnicas de laboratorio, los chefs de santuarios gastronómicos mundialmente reconocidos, como elBulli, The Fat Duck, Alinea y wd-50, han abierto sus cocinas a la ciencia y a la innovación tecnológica incorporando estos campos de conocimiento al genio creativo de la elaboración de alimentos. En Modernist Cuisine: El arte y la ciencia de la cocina, Nathan Myhrvold, Chris Young y Maxime Bilet --científicos, creadores y reconocidos cocineros-- revelan a lo largo de estos seis volúmenes, de 2.440 páginas en total, unas técnicas culinarias que se inspiran en la ciencia y van de lo insospechado a lo sublime. Las 20 personas que componen el equipo de The Cooking Lab han conseguido nuevos y asombrosos sabores y texturas con utensilios como el baño María, los homogeneizadores y las centrifugas e ingredientes como los hidrocoloides, los emulsionantes y las enzimas. Modernist Cuisine es una obra destinada a reinventar la cocina. ¿Cómo se hace una tortillita ligera y tierna por fuera pero sabrosa y cremosa por dentro? ¿O patatas fritas esponjosas por dentro y crujientes por fuera? Imagínese poder envolver un mejillón con una esfera de gelatina de su propio jugo, dulce y salado a la vez. O preparar una mantequilla solo a base de pistachos, fina y homogénea. Modernist Cuisine explica todas estas técnicas y le guía paso a paso con ilustraciones. La ciencia y la tecnología de la gastronomía cobran vida en miles de fotografías y diagramas originales. Las técnicas fotográficas más novedosas e impresionantes permiten al lector introducirse en los alimentos para ver toda la cocina en acción, desde las fibras microscópicas de un trozo de carne hasta la sección transversal de una barbacoa Weber. La experiencia de comer y cocinar bajo una perspectiva completamente nueva. Una muestra de lo que va a descubrir: Por qué sumergir los alimentos en agua helada no detiene el proceso de cocción Cuando cocer en agua es más rápido que al vapor

Por qué subir la parrilla no reduce el calor Por qué el horneado es principalmente un proceso de secado Por qué los alimentos fritos se doran mejor y saben más si el aceite se ha utilizado previamente Cómo pueden las modernas técnicas de cocina conseguir resultados perfectos sin el tiempo exacto o la buena suerte que requieren los métodos tradicionales Incluye aspectos cruciales como: Los sorprendentes principios científicos que encierran los métodos tradicionales de preparación de los alimentos, como asar, ahumar y saltar La guía más completa publicada hasta la fecha sobre la cocina al vacío, con las mejores opciones para baños María, materiales de envasado y equipos de sellado, estrategias de cocción y consejos para solucionar problemas Más de 250 páginas sobre carnes, pescados y marisco y 130 páginas sobre frutas, verduras y cereales, incluidas cientos de recetas paramétricas y técnicas paso a paso Extensos capítulos que explican cómo obtener conseguir resultados increíbles utilizando modernos espesantes, geles, emulsiones y espumas, incluidas recetas de muestra y muchas fórmulas Más de 300 páginas de nuevas recetas con presentaciones listas para servirse en restaurantes de alta cocina, además de recetas adaptadas de grandes chefs como Grant Achatz, Ferran Adrià, Heston Blumenthal, David Chang, Wylie Dufresne y David Kinch, entre otros Volumen 1: Historia y fundamentos Volumen 2: Técnicas y equipamiento Volumen 3: Animales y plantas Volumen 4: Ingredientes y preparaciones Volumen 5: Recetas listas para servir Volumen 6: Manual de cocina, impreso en papel resistente al agua, con recetas de ejemplo y exhaustivas tablas de referencia

Attractively designed and extensively illustrated with color photographs, line drawings, charts, and sidebars, this contemporary introduction to cooking and food preparation focuses on information that is relevant to today's aspiring chef. Comprehensive and well-written, it emphasizes an understanding of cooking fundamentals, explores the preparation of fresh ingredients, and provides information on other relevant topics, such as food history and food science. This introduction to cooking outlines professionalism, food safety and sanitation, nutrition, recipes and menus, tools and equipment, knife skills, kitchen staples, dairy products, principles of meat, fish and vegetable cookery, garde manger, baking, and presentation. Exciting, new features to this updated edition include: *Healthy Cooking chapter (Chapter 23) combines materials on basic nutrition (Chapter 3 in On Cooking, 4th edition), healthy cooking techniques and cooking for special diets such as vegetarian diets or allergic diets. *Over 250 new photographs emphasize procedural aspects of cooking. Virtually all recipes are now illustrated with photographs.*Updated concept changes to meet the Food Code revision (Chapter 20) *Fresh design, including over 300 new photographs and line drawings Content updates to reflect current trends in the Culinary Arts This book is an excellent reference for Chefs, Restaurant Managers and others in the food service industry.

On CookingA Textbook of Culinary Fundamentals

Here is the ultimate resource for anyone looking to improve cardiac health and lose weight, offering 800 recipes--100 all new, 150 refreshed--that cut saturated fat and cholesterol. The American Heart Association's cornerstone cookbook has sold more than three million copies and it's now fully updated and expanded to reflect the association's latest guidelines as well as current tastes, with a fresh focus on quick and easy. This invaluable, one-stop-shopping resource--including updated heart-health information, strategies and tips for meal planning, shopping, and cooking healthfully--by the most recognized and respected name in heart health is certain to become a staple in American kitchens.

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Joy of Cooking

Technology of Cereals