

Narrative Therapy In Pastoral Ministry Just Solutions

Helping a community of faith 're-vision' its personal and collective narratives is one of the greatest leadership challenges of the age. In *Finding Our Story*, Larry Golemon, lead researcher of the Alban Institute's Narrative Leadership in Ministry project, has assembled essays by congregational consultants who use the power of story to help congregations heal, strengthen, and reinvent themselves. These consultants describe how narrative therapy works, explore its promise and its challenges, and share the practical wisdom of their own experiences along with their favorite models of narrative change to show how congregations can be transformed by reauthoring the operative stories they live by. Written by a new generation of recognized experts in pastoral care, these brief, foundational books offer practical advice to pastors on the most frequent dilemmas of pastoral care and counseling.

"Narrative Pastoral Counseling" will expand readers' interest in narratives and increase their effectiveness in counseling through the use of stories. It both explains and demonstrates this revolutionary approach to counseling. (Christian Religion)

Transforming Wisdom offers an extensive, multidisciplinary introduction to pastoral psychotherapy from some of the most respected practitioners in the field. With special attention to theological perspectives on the practice of psychotherapy, this collection of essays will be useful to students seeking an orientation to the art and science of pastoral psychotherapy as well as to seasoned professionals looking to refresh and renew their practice. As the subtitle, *Pastoral Psychotherapy in Theological Perspective*, suggests, this book is intended to

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represent the field of pastoral psychotherapy as a mental-health discipline that maintains intentional dialogue with its theological roots. Even as pastoral psychotherapy has developed from the ancient notion of the cure of souls to the current search for a psychology of happiness, therapists grounded in faith communities seek a practice that is respectful of all persons, mindful of the deep wisdom that emanates from the true self, or soul. While many contributors write from a psychoanalytic or psychodynamic perspective grounded in Christian theological idioms, diverse theoretical perspectives, including Emotionally Focused Couples Therapy, Narrative Therapy, Buddhist Mindfulness, and Jungian understanding of individuation, are represented.

Trinitarian Perspectives on Pastoral Care and Counselling

The Use of Story in Pastoral Care and Pastoral Counseling

Identifying the Core Elements of Narrative Practice for an Emerging Model of Training,

Education and Formation of Christian Pastoral Carers and Counsellors

Counseling Women

Caring for Joy: Narrative, Theology, and Practice

A Narrative, Pastoral Approach

Narrative Preaching for Christian Formation

A condensed version of the Dictionary of Pastoral Care and Counseling, first published in 1990, includes new and updated articles and provides classic and key articles that explain current theories, trends and practices in the field of pastoral care and counseling. Original.

This is the first comprehensive treatment of the relationship between the

doctrine of the Trinity and pastoral care and counselling. Neil Pembroke contends that an in-depth reflection on the relational dynamics in the Godhead has the capacity to radically renew pastoral practice. Pembroke applies the notion of relational space to care in a parish setting. The life of the triune God is defined by both closeness and open space. The divine persons indwell each other in love, but they also provide space for the expression of particularity. This principle of closeness-with-space is applied in three different pastoral contexts, namely, community life, spiritual friendship, and pastoral conversations. The specialized ministry of pastoral counselling is the focus in the second half of the book. Informing the various explorations is the principle of participation through love: the divine persons participate in each other's existence through loving self-communication. Pembroke shows how this trinitarian virtue is at the centre of three key counselling dynamics: the counselling alliance, empathy, and mirroring.

Re-Storying Your Faith has caught our culture's imagination from nouveau experiences of spirituality through channeling and meditation to traditional spiritual practices of personal devotions, scripture reading, and prayer. Building on Christian spirituality, this spiritual practice of re-storying our faith offers people an everyday experience of discovering multiple faith stories to give meaning to their spiritual journey. Built into this process is a way of discovering individual uniqueness as well as

sharing discovered stories in faith communities, whether it is a Sunday school class or a group of like-minded friends.

John W. Wright presents a new model of preaching that aims to connect the biblical text with a congregation so that they are formed into a true Christian community.

Gestalt in Pastoral Care and Counseling

Living Stories

Transforming Wisdom

The Body of Christ and Pastoral Counseling

Narrative Theology and Narrative Therapy

A Postmodern Research Approach for Faith Communities

Of Good Comfort

"Christian theology and ministry are located and operate in a postmodern context that often challenges traditional structures but also opens up new possibilities. Given that narrative therapy is exercised in a similar context it challenges dominant knowledge and brings new perspectives to practice within the therapeutic disciplines. Through questionnaire, interviews and focus group, and with the application of grounded theory, this research explored how practitioners integrate narrative principles within Christian and pastoral care and counselling. Specific expressions of theology, values and spirituality were

considered"--abstract, page iii.

The following DMIN action research project is a phenomenological study that evaluates the correlation between integrative Narrative Therapy approaches in non-clinical counseling and the cultivation of spiritual resilience among suffering Christians. Phenomenological data were generated from three case study subjects, who volitionally participated in interviews, questionnaires, and three, one-hour integrative Narrative Therapy intervention counseling sessions facilitated by the researcher. Each intervention session introduced the participants to specific Narrative Therapy exercises to which they had not been exposed before. All case study participants have experienced previous counseling that did not include Narrative Therapy approaches and were evaluated as ineffective by the counselee. Providing that spiritual resilience is a major component of Posttraumatic Growth, the results of this study are designed to edify, encourage, educate, and expand God's kingdom. The positive correlations of Narrative Therapy and spiritual resilience found in this study can add value to the Positive Psychology and pastoral community care programs at Oak Hills Family Center, Southbrook Christian Church, and beyond.

In this signal volume, Christie Neuger offers a new feminist paradigm for radical, effective, empowering counseling for women. She contends that pastors must

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take up the challenge of pastoral counseling, especially in light of the revolutionary pastoral implications of gender studies and feminist theology, as well as the continuing personal and social effects of sexism. Neuger's work promises to aid counselors "to help women resist and transform the negative effects of a woman-unfriendly culture" and so to reclaim their stories, their strength, and their lives.

The Bloomsbury Guide to Pastoral Care provides a framework for reflection on pastoral care practice and identifies frontier learning from the new and challenging practical contexts which are important in pastoral care research today. In this collection of essays from leading practitioner-scholars, Bernadette Flanagan and Sharon Thornton set out core principles underpinning professional identity and the practice of pastoral care in rapidly changing social settings. Such pastoral challenges as, developing compassionate and effective companionship to those who have suffered trauma, torture, catastrophic events, social disintegration, the moral wounds of war and cultural dislocation are treated with insight and deep care. The new frontiers of pastoral care in more familiar circumstances such as family, health settings where patients facing life-challenging medical events and multi-cultural communities are also explored. With contributions from Kevin Egan, Michael O'Sullivan SJ, Rita Nakashima

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Brock and Julia Prinz VDMF, *The Bloomsbury Guide to Pastoral Care* is an essential reference for the theory and practice of pastoral care.

Meet Me at the Palaver

Conversations Between Narrative Therapy and Christian Faith

Uncovering Spiritual Narratives

Reflections on Theory Theology and Practice

A Phenomenological Study

Counseling and Christian Wholeness

Pastoral Theology in an Intercultural World

This three-volume set addresses how the role of spirituality and its constructive expressions in various religions—and outside of formal religion—enhances human personality and experience. • 55 distinguished contributors, representing numerous religious traditions, research disciplines, and psychospiritual perspectives, from North America, Latin America, Africa, Asia, and Europe • Graphic illustrations of brain functions under varied conditions with various electrical and chemical stimuli, as well as a graphic depiction of personal narrative material

Meet Me at the Palaver makes the case for a particular approach to pastoral counseling as a response to the destructive impact of colonial Christianity on indigenous African communities. The book opens with stories of destructive change brought to indigenous

contexts (such as Zimbabwe, Africa), wherein the culture, values, religion, and humanity of African peoples were often marginalized. Mucherera demonstrates that therapy or counseling as taught in the West will not always suffice in such contexts, since these approaches tend to promote and focus on individuality, autonomy, and independence. Counselors in indigenous contexts need to get off their couch or chair and into the neighborhoods--into those places made vulnerable to disease and poverty by the collapse of the palaver and other traditional institutions of social stability. Since storytelling was at the heart of the practices of the palaver and continues to be a way of life in African cultures, Mucherera argues for a holistic narrative pastoral counseling approach to assess and service the three basic areas of human needs in indigenous African communities: body, mind, and spirit.

Have you made a New Year's resolution to get married out of nowhere? Did it work? When the author turned thirty, she put getting married on her New Year's resolution list, not because she wanted to get married or had a boyfriend but because of social pressure in which she lived. Social pressure made her think that if she wanted to ever get married, it was better to do so sooner than later. For three consecutive years, she prayed about it and made efforts to form relationships. After three years passed by, she was still single and unhappy. As she reflected on her unhappiness, she finally realized that she was not happy because she was not able to accomplish a goal that was ultimately out of her control. "How absurd it was to put 'get married' on my New Year's resolution!?" As she eliminated

marriage from her New Year's resolutions and focused on what she really wanted to do with her life, her energy level was boosted. Although she did not have any tool to frame her singleness, she happened to choose the best course for her. Only if she knew the socially constructed characteristics of marriage, the first three years of her thirties would have been different. The author hopes ministers and never-married single women can learn what we think is normal is a very contextual product. The author invites never-married single women to own their own stories instead of being owned by metanarratives in their lives.

All cultures use story as a way to make sense of life. Yet for many, only a single story line is seen as the "real truth." Using narrative therapy as a caregiving approach can help individuals uncover multilayered narratives that are far more complex and liberating. Drawing on theological approaches and real life experiences, Coyle creates a contextual pastoral theology that helps caregivers find the power of God in people's stories. Toward the Healing of Painful Life Experiences through Narrative Counseling

Interweavings

Strategies for Brief Pastoral Counseling

The Language of the Soul in Narrative Therapy

The Practice of Pastoral Care

A Narrative Approach

Spiritual Care and Therapy

Couples can make significant progress toward resolving their own problems when they receive appropriate guidance from a caring person. This book outlines five tasks focused on identity, agency, and meaning that spiritual caregivers can use to empower couples for significant change in just three to five conversations. This form of "empowering guidance" is a dimension of pastoral conversation rather than formal counseling. Critically integrating desert spiritual theology with empirical data about successful marriages, Bidwell advocates for mutuality and partnership within covenanted relationships, which allows partners to create an alliance strong enough to resist the forces that threaten relationships--especially the negative influences of criticism, contempt, defensiveness, and withdrawal.

Despite astute critiques and available resources for alternative modes of thinking and practicing, individualism continues to be a dominating and constraining ideology in the field of pastoral psychotherapy and counseling. Philip Rieff was one of the first to highlight the negative implications of individualism in psychotherapeutic theories and practices. As heirs and often

enthusiasts of the Freudian tradition of which Rieff and others are critical, pastoral theologians have felt the sting of his charge, and yet the empirical research that McClure presents shows that pastoral-counseling practitioners resist change. Their attempts to overcome an individualistic perspective have been limited and ineffective because individualism is embedded in the field's dominant theological and theoretical resources, practices, and organizational arrangements. Only a radical reappraisal of these will make possible pastoral counseling practices in a post-individualistic mode. McClure proposes several critical transformations: broadening and deepening the operative theologies used to guide the healing practice, expanding the role of the pastoral counselor, reimagining the operative anthropology, reclaiming sin and judgment, nuancing the particular against the individual, rethinking the ideal outcome of the practices, and reimagining the organizational structures that support the practices. Only this level of revisioning will enable this ministry of the church to move beyond its individualistic limitations and offer healing in more complex, effective, and socially adequate ways.

Every individual has a story--painful or happy--and the story will only be complete and meaningful when shared with others willing to listen to it. These are the stories of several people who embarked on a journey toward healing from abortion, adoption, abuse (sexual and spousal), anger, bullying, cutting, infertility, divorce, grief, people pleasing, and fear, as well as people struggling to break the chains of psychological colonialism/neocolonialism and to survive as orphans. This book contains a wealth of knowledge on how transformation of life can take place using Narrative Counseling. Most of the stories shared in this book are personal to many of the authors. Some share their journey of struggling with hopeless situations to where they regained hope through counseling using the Narrative approach. Others, such as the orphaned children, found relief in just having someone sit with them to listen to their daily struggles of living an orphaned life. In this book you will find a place where these stories will somehow intersect with your own story. Take a chance, read, and you will find a glimmer of hope in these stories.

em>Basic Types of Pastoral Care and Counseling remains the

standard in pastoral and counseling. This third edition is enlarged and revised with updated resources, methods, exercises, and illustrations from actual counseling sessions. This book will help readers be sensitive to cultural diversity, ethical issues, and power dynamics as they practice holistic, growth-oriented pastoral care and counseling in the parish.

Moving Beyond Individualism in Pastoral Care and Counseling

Exploring Narrative Practices Within a Christian Context

Renewing Pastoral Practice

Resources for the Ministry of Healing & Growth, Third Edition

Using Story in Pastoral Care and Ministry

The Healing Power of Spirituality: How Faith Helps Humans Thrive
[3 volumes]

How Thousands of Pastors Help Each Other Thrive

We are in a real sense, our stories. Who we are, what we think, and how we act are all shaped by the many large and small stories that make up the discourse embedded in our multi-sensory social experience. It is this postmodern understanding of identity and reality that has prompted the authors to fashion a new way of thinking about doing research in faith communities today, particularly through a Doctor of Ministry program. It is our belief that, in order for faith communities to define themselves and to know what to do in ministry, they must

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first understand the multiple stories which intersect with a given ministry situation in their specific context.

Gestalt in Pastoral Care and Counseling is the only book to provide you with an integrated model of pastoral care and counseling from the perspective of Gestalt theory. Covering all aspects of ministry, including visitation, counseling, worship, and administration, it is a valuable text for advanced undergraduate or graduate classes and small group or individual study for seminaries, church ministries, pastoral counseling training programs, and lay pastoral ministry programs. This book will increase your confidence in your work, help you understand blockages as well as avenues of change, and lead you to a more creative, yet consistent, stance in your ministry. Gestalt in Pastoral Care and Counseling makes clear that all of ministry is, in fact, pastoral in nature. It demonstrates the principles of Gestalt in pastoral ministry in a gradual manner, true to both Gestalt principles and your needs. Some of the topics you learn about include: key elements of Gestalt theory, from the early developers through more recent practices the cycle of experience--a model that provides an understanding of the various steps involved in change on all levels Gestalt applications in pastoral counseling, worship, and administration a theology of pastoral caring--a model for pastoral ministry based on the relational aspects of the Biblical narrative and its application in ministry ideas for continued growth based on daily life experience With well-developed presentations of Gestalt principles and pastoral ministry, Gestalt in Pastoral Care and Counseling provides you with a new perspective on

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the meaning of pastoral ministry. Not only will you learn new skills, you will also develop a new appreciation for what can occur within pastoral relationships. The theoretical basis of Gestalt embraces the whole of life experience as part of the process of change and growth and holds sacred the relationship that exists between persons. As your understanding and use of these principles increases, the quality of care and counseling you provide in your ministry will continue to improve.

Many pastors feel overwhelmed and ill-equipped to deal with the counseling issues in their congregations. But pastors are actually better equipped for counseling than they realize. Hermeneutics, homiletics, pastoral care, and counseling all share a common foundation in the field of "interpretation." With this book, pastors can learn to interpret people with the same expertise they use to interpret Scripture. Read Me Like a Book offers a simple, practical, and theoretically sound approach to help pastors leverage their exegetical skills to improve their pastoral counseling.

Lartey has lived and taught for many years in Africa, Great Britain, and the United States. He shares his intercultural approach to pastoral care, an approach which is vital to the increasingly wide range of both lay and ordained practitioners who work in different settings, whether new to the field or already established.

*Spirituality in Clinical Theory and Practice
A Postmodern Approach*

Finding Our Story

Speaking Hope

Narrative Pastoral Counseling

Pastoral Care

Telling the Stories of Our Lives

'This is a feast for theologians, historians and Christian counselors. Pietsch examines 21 of Luther's "letters of comfort" to explore Luther's pastoral care for souls suffering with depression. Pietsch uses interdisciplinary tools of inquiry artfully to examine the letters, Luther's pastoral care approaches and the history of the "melancholy tradition". The practice of seelsorge emerges as an amalgam of art, spiritual gift, and understanding of affliction, all resting comfortably within the authority of scripture and the Lutheran Confessions. Pietsch's volume is a significant contribution to spiritual care literature, underscoring the conviction of the early church that individual soul care is an essential response to serve those who despair. Offering pivotal pastoral care insights that are often lost, discredited or entirely absent in the work of caring for those who suffer with depression, Pietsch concludes that Luther

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has given us excellent tools to examine, learn and to teach as we assist souls to find hope, strength and healing in the gospel of Jesus Christ.' Professor Beverly Yahnke Concordia University Wisconsin Executive Director of Christian Counsel, Doxology Lutheran Centre for Spiritual Care and Counsel.

Christian pastoral care is a narrative, ecclesial, theological practice (NET). As a narrative practice, pastoral care attends to the inseparable interconnection between our own lifestories, others' stories, the larger cultural stories, and God's story. As a ministry of the church, pastoral care is an ecclesial practice that derives its motivation, purpose, and identity from the larger mission of the church to bear witness to and embody God's mission of love that extends beyond the church for the transformation of the world. As a theological practice, pastoral care is grounded in God's love story. God's profound love for humankind heals our brokenness when human love fails and invites us into an ongoing process of growth in love of God, self, and neighbor. Intended for those who provide care with and on behalf of religious communities, author Karen Scheib focuses on listening and "restorying" practices occurring in the context

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and setting of congregations. By coauthoring narratives that promote healing and growth in love, pastoral caregivers become cocreators and companions who help others revise and construct life-stories reshaped by the grace of God. What Karen Scheib has done in this book is to reposition pastoral care as a theological activity performed in the context of the church. She draws deeply upon her Wesleyan theological heritage, upon an understanding of life in its fullness as growth in love and grace, and upon a "communion ecclesiology" undergirded by a communal understanding of the Trinitarian life of God. Thus grounded, she envisions pastoral care first as a rhythm of the life of the whole church and secondarily as a work of trained pastors. In her vision, pastoral care is rescued from a narrow understanding of it as exceptional acts of intervention performed only in moments of dire crisis. Instead, it becomes a "daily practice of pastoral care," an attending, in love, to the stories of others and a "listening for ways God is already present in a life story." Solidly theological, grounded in the life of the church, and eminently teachable - Karen Scheib has given us a great gift in this book." from the Foreword -Thomas

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G. Long, Bandy Professor of Preaching, Emeritus, Candler School of Theology, Emory University, Atlanta, GA. "In a wonderfully engaging, reflective, and useful way, Karen Scheib captures something absolutely essential to pastoral care and yet often overlooked—the utter centrality of storytelling/listening, the power of stories to heal, and their vital connection to bigger stories told within religious communities. This book is a real milestone, reclaiming the importance of "narrative knowing" and grounding care not only in community but also within a comprehensive theological framework." --Bonnie J. Miller-McLemore, E. Rhodes and Leona B. Carpenter Professor of Religion, Psychology, and Culture, The Divinity School and Graduate Department of Religion, Vanderbilt University Divinity School, Nashville, TN "Implementing narrative personality and therapy theories and anchored in ecclesiology and Wesleyan theology (NET), Karen Scheib's book advances a long awaited and holistic approach to pastoral care. Her NET approach presents the embodiment of pastoral care by emphasizing both narrative and paradigmatic knowing, proposes the subjectivity of our stories in pastoral care by pointing out the interchangeability

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between us and our stories as subject and object, and underscores the dynamic process of pastoral care through the interconnection of the storyteller, listener, and context. Scheib's image of story companion contributes to the field as a new paradigm of pastoral care and promises to be a significant resource in generating hope and growth in love for both pastoral caregiver and receiver." –Angella Son, Associate Professor, Drew University, Madison, NJ "Pastoral theologian Scheib describes a narrative, ecclesial, and theological approach for listening to people's life stories in such a way as to engender spiritual formation and growth in love. Scheib clarifies the connections between caring conversations and Christian theology. Clear and accessible prose as well as helpful exercises and discussion starters make this a fine teaching text." -The Christian Century, Sept. 29, 2016.

In *Caring for Joy: Narrative, Theology, and Practice* Mary Clark Moschella explores the lively narratives of five remarkable caregivers, offering theological wisdom and practical resources for scholars, counselors, religious leaders, and others who wish to live and move along more joyful, life-giving spiritual paths.

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The existence of orphans is as inevitable to most African cities and the world as it is death. These orphans are caused by the death of one or both parents due to various reasons, including the scourge of HIV and AIDS. Being orphans, most of them are vulnerable to difficult lives because they have nobody to fend for them and take care of their lives. They lack adequate food, living expenses, school fees, and care since their current guardians are also in adverse economic situations. In such situations, orphans end up living a life of hopelessness and trauma, which makes them deeply remember their dead parents and the care they received from them before death. Following the vulnerable situation of most orphans, this book, through a study done in the Tanzanian context, challenges churches to extend their counseling and caring ministries to Orphans and Vulnerable Children (OVC). It purports that the use of narrative approach is the most effective way to enter into the world of vulnerable children in order to provide pastoral counseling to them. This approach helps pastoral counselors to use life stories, proverbs, biblical narratives, plays, arts, songs, riddles, poems, symbols, and images as healing and coping mechanisms for

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OVC. Therefore, this book is helpful not only to churches and their ministry to orphans and vulnerable children, but also to those who care for orphans in their homes. Moreover, it will be helpful to children who live in adverse conditions worldwide to find ways to cope with their situations through the stories of children used inside this book.

Pastoral Counseling in Congregational Context

Using Hermeneutics as a Guide to Pastoral Counseling

A Narrative Approach to Spiritual Care

Integrative Perspectives

Glimmers of Hope

Critical Trajectories in Theory and Practice

Narrative Research in Ministry

In Living Stories Donald Capps makes a forceful case for the importance of pastoral counseling in the life of a congregation.

Arguing convincingly for a "paradigmatic revolution," Capps offers a radically new model that gives systematic and constructive attention to the way people actually "story" their lives - inspirationally, paradoxically, or miraculously. Through such engagement, pastors can help people discover their own stories, discern the shape and

direction of those stories, and move constructively to find new understandings or more hopeful possibilities in their life situations. Narrative Therapy is an approach to counseling and community work that is having increasing influence in the helping field internationally. As well, the concept of narrative has become increasingly utilized in therapy, spirituality, organizational psychology and theology. This text is written for counseling practitioners, psychologists, pastors, social workers and chaplains who desire to integrate spirituality in their professional practice. The book presents a conversation between Christian spirituality and Narrative ideas demonstrating the effectiveness of Narrative Therapy in transformational work. The book is edited by two lecturer/practitioners who both lead counselor education faculties. Other contributors to the book are lecturers and therapists who are integrating these ideas in their practice in the counseling room and the classroom. Philosophical difficulties are discussed and practical applications are offered for using Narrative Therapy in a range of contexts.

Culbertson has built his text around the ideal of Christian wholeness and maturity-a healthy interconnectedness of self-within-community.

Culbertson presents three schools of counseling theory: family systems theory, narrative counseling theory, and object relations theory. Each of these is explained and then applied to various counseling situations: pre-marital counseling, marriage counseling, divorce counseling, counseling gay men and women, and grief counseling. Culbertson addresses issues of gender, families, sexual orientation, the relationship of emotions to spirituality, and the relevance of the counselor's own self-understanding.--From publisher's description.

Western culture and many of its churches and pastors are enamored by the assumption that life's most difficult problems call for in-depth psychological treatment. This book offers a different model of care than the dominant perspectives of modern psychology to those who have the responsibility of pastoral counseling. While there are a number of models and training programs for Christian lay counselors, this work is original in its application of the Solution-Focused approach to training lay members. The fundamental value of this book is as a guide for ministers in equipping the members of their congregations to care for one another. It is in caring for and being

cared for by others that we truly discover the joy of living in God's community.

Redeeming Singleness

Pastoral Psychotherapy in Theological Perspective

Telling God's Story

Integrative Narrative Therapy in Counseling: Experiencing

Strengthened Spiritual Resiliency

Postmodern Pastoral Care and Counseling for Never-Married Single Women

Basic Types of Pastoral Care & Counseling

Narrative Pastoral Counseling in Postcolonial Contexts

The Language of the Soul in Narrative Therapy uniquely bridges the gap between narrative therapy and spirituality to describe how the theory and practice of narrative therapy may be expanded and enriched by incorporating the language of the soul. Divided into three parts, the book begins by contextualizing the approach of narrative therapy and spirituality. Chapters then debate the complexity of the 'soul' as a term drawing on the work of Christian mystics and philosophers, such as Teresa of Avila, Edith Stein, Merleau-Ponty, and Bakhtin, to show how their theoretical ideas can be incorporated in counseling practice and spiritual direction. The book concludes by discussing how the language of the soul can be integrated and applied in

postmodern practice. With case examples from faith belief systems, such as Christianity, Buddhism, Paganism, Wicca, and Yazidism, throughout, this book is essential reading for therapists, clinical social workers, and counsellors in practice and graduate training, as well as spiritual directors and pastoral counselors interested in the ideas and practices of narrative therapy.

Drawing on psychological, theological, and cultural studies on suffering, Carrie Doehring encourages counselors to view their ministry through trifocal lenses and include approaches that are premodern (apprehending God through religious rituals), modern (consulting rational and empirical sources), and postmodern (acknowledging the contextual nature of knowledge). Utilizing strategies from all three perspectives, Doehring describes the basic ingredients of a caregiving relationship, shows how to use the caregiver's life experience as a source of authority, and demonstrates how to develop the skill of listening and establish the actual relationship. She then explains the steps of psychological assessment, systemic assessment, and theological reflection, and finally she delineates the basic steps for plans of care: attending to the careseeker's safety, building trust, mourning losses, and reconnecting with the ordinariness of life.

Pastoral theologians from Congo, Ghana, Kenya, South Africa, and Zimbabwe address, in this book, the issues of leadership, Ubuntu (community), gender-based violence, political violence, healing, and deliverance faced by pastors and ministers in African contexts today. Drawing on biblical, theological, social scientific, and cultural contextual perspectives, these African

Christians offer much needed insights to assist in the care and counseling of persons towards healing, health, and well-being.

Meant to both inspire and inform pastoral leaders, So Much Better examines the impact of peer group participation on pastoral leaders, their families, and ministries. This book goes beyond numbers and data by breathing life into the statistical bones. At this book's heart are seven peer group models including stories and examples from participants, families, and church members. Also featured is information about peer group recruitment, leadership, content, and structure, and practical advice about the cost, sustainability, and evaluation of peer groups. So Much Better can change the way you think about and perform your ministry and lead you to a life that is-- well, so much better. Authors: Penny Long Marler James Bowers Larry Dill Brenda K. Harewood Richard Hester Sheila Kirton-Robbins Marianne LaBarre Janet Maykus D. Bruce Roberts Lis Van Harten Kelli Walker-Jones From The Columbia Partnership (TCP) Leadership Series

Narrative Leadership and Congregational Change

So Much Better

Caring for God's People

Re-Storying Your Faith

Methodology, Context, and Issues

Challenging Invisibility: Practices of Care

A Holistic Approach

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The current interest in spirituality has intensified the quest to incorporate spirituality in non-sectarian therapy. *Spiritual Care and Therapy* is a hands-on, up-to-date clinical guide that addresses this concern. Peter VanKatwyk explores spiritual care, from pastoral traditions to essential psychotherapies, in individual, couple, and family therapy, offering integrative perspectives. Therapy vignettes from multiple perspectives are included, as well as a wealth of diagrams and maps. His unique perspective of different helping relationships is an approach that celebrates diversity and promotes the flexibility of multiple uses of self and their respective styles of care. Part 1 describes common and pluralistic meanings of spirituality, locating spiritual care both in the ordinary experience of daily life and in professional practice. Part 2 focuses on the essentials of caring, posed in the three questions of what to know (therapy models), what to say (communication roles) and what to be (uses of self). These three core areas converge in the book's central framework of the helping style inventory (helping relationships). Part 3 maps the contexts of care: the person situated in family and society, moving through time in rites of passage that congest when impacted by crisis and loss. Finally, Part 4 presents the actual process of clinical education, first through a model of supervision and second, through a research methodology designed for the study of spirituality and health care. Perfect as a text in either education or academic programs, this book will be of interest to all helping professionals who value an integrative and holistic approach to spiritual care and therapy.

Leading pastoral theologians explore a wide variety of themes related to pastoral practice. *Pastoral Theology and Care: Critical Trajectories in Theory and Practice* offers a collection of essays by leading pastoral theologians that represent emerging trajectories in the fields of pastoral theology and care. The topics explored include: qualitative research and ethnography, advances in neuroscience, care across pluralities and intersections in religion and spiritualities, the influence of neoliberal economics in socio-

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economic vulnerabilities, postcolonial theory and its implications, the intersections of race and religion in caring for black women, and the usefulness of intersectionality for pastoral practice. Each of the essays offers a richly illustrated review of a practice of pastoral care relationally and in the public domain. The contributions to this volume engage seven critical directions emerging in the literature of pastoral theology in the United States and internationally among pastoral and practical theologians. While coverage of these topics does not exhaust important points of activity in the field, it does represent especially promising resources for theory and practice. This important work: Offers unique coverage of new directions in the field Includes contributions from an exceptional group of experts who are noted leaders in their areas of study Introduces the newest perspectives on pastoral care and offers constructive proposals Filled with case illustrations that make chapters pedagogically useful, Pastoral Theology and Care is essential reading for faculty, seminarians and students in advanced degree programs, and pastors.

Pastoral Counseling for Orphans and Vulnerable Children

Pastoral Theology and Care

Pastoral Care, Health, Healing, and Wholeness in African Contexts

Read Me Like a Book

The Concise Dictionary of Pastoral Care and Counseling

Empowering Couples

The Bloomsbury Guide to Pastoral Care