

Mom To Be Journal Pregnancy Journal Record Book For Mums Moms Diary Keepsake And Memories Scrapbook Childbirth Checklists Weekly Logs More Portable Size Volume 7 Parenthood

Your pregnancy is a blessing. Record weekly milestones, find inspiration through scripture and prayer, and reflect on your growing miracle in this keepsake guided journal. No pregnancy care package is complete without a journal to record your pregnancy story. Track each week's developmental milestone, reflect on your faith and journey, and help baby grow in God's love. From the time you discover you're pregnant to the first few weeks of your newborn's life, this trimester-by-trimester pregnancy journal guides experienced and first-time moms who want to chronicle each precious moment. Simply start wherever you are in your pregnancy and continue through the first month after baby's arrival. The Christian Mom's Pregnancy Journal features: – Weekly devotions: 40 inspirational scriptures, prayers, and Bible studies to guide mom and nurture baby through each milestone – Guidance for expecting moms Weekly updates on baby's development, mom's changing nutrition and wellness needs, and important doctor's appointments – Help preparing for baby: Christian baby name ideas, lullabies, books, and tips for creating a spiritual birth plan – Beautiful design: Makes a great gift, with room to paste sonograms and bump photos, write letters to baby, and reflect on important pregnancy moments This pregnancy planner and journal has everything that a mother needs to plan, record, and commemorate her entire pregnancy! The creation of life is truly a miracle, and this beautiful pregnancy planner and journal is the perfect place to celebrate and memorialize the special time before your baby is born. Journaling while pregnant, is an excellent way to relax, express your creativity and keep track of all of the beautiful moments that occur during your pregnancy. With written memories that can last a lifetime, you can enhance the beautiful bond with your bundle of joy. This cute pregnancy keepsake book and journal is professionally designed and cannot be purchased in stores. It is the perfect way to track the 40 weeks of maternity changes, plans, appointments, cravings, thoughts, wishes, and so much more! Take a look at some of the spectacular features of this pregnancy journal! Pregnancy Information Page Birth Plan Ideas Pregnancy Tracker Appointment Tracker Baby Shopping List Weight Tracker List of Healthy Food Ideas Pre-Natal Visits Tracker First Trimester Journal and Photos Second Trimester Journal and Photos Third Trimester Journal and Photos Baby Shower Highlights and Memories Page Baby Shower Gift Lists for Thank You Cards Nursery Planner Baby Name Ideas Hospital Checklist for You, Your Partner and Baby Pregnancy Shopping List Fetal Movement Tracker Weekly Pregnancy Journal Physical Book Features: Perfectly Sized: 8.5" x 11" Interior Details: Pregnancy Journal Number of Pages: 100 sturdy pages Cover: Softcover with a smooth finish that feels and looks amazing. High-quality paper that allows the perfect absorbency for a variety of writing utensils. Great size for convenient carrying. Perfect for gift-giving. Easily track the moments that take your breath away and will serve as memories for years to come with this awesome pregnancy journal and planner! Click the "ADD TO CART" button to order this amazing pregnancy memory book today! Be sure to scroll to the top and click the author's name for more styles, designs, sizes and other options.

A 9-month journal by Amy K. 96 two-color pages w/concealed wire-o binding.

“Emily Oster is the non-judgmental girlfriend holding our hand and guiding us through pregnancy and motherhood. She has done the work to get us the hard facts in a soft, understandable way.” –Amy Schumer *Fully Revised and Updated for 2021* What to Expect When You're Expecting meets Freakonomics: an award-winning economist disproves standard recommendations about pregnancy to empower women while they're expecting. From the author of Cribsheet and The Family Firm, a data-driven decision making guide to the early years of parenting Pregnancy—unquestionably one of the most profound, meaningful experiences of adulthood—can reduce otherwise intelligent women to, well, babies. Pregnant women are told to avoid cold cuts, sushi, alcohol, and coffee without ever being told why these are forbidden. Rules for prenatal testing are similarly unexplained. Moms-to-be desperately want a resource that empowers them to make their own right choices. When award-winning economist Emily Oster was a mom-to-be herself, she evaluated the data behind the accepted rules of pregnancy, and discovered that most are often misguided and some are just flat-out wrong. Debunking myths and explaining everything from the real effects of caffeine to the surprising dangers of gardening, Expecting Better is the book for every pregnant woman who wants to enjoy a healthy and relaxed pregnancy—and the occasional glass of wine.

A Keepsake Pregnancy Journal

Why the Conventional Pregnancy Wisdom Is Wrong--and What You Really Need to Know

The Ultimate Guide to Black Pregnancy & Motherhood

The Bump Pregnancy Planner and Journal

First-Time Mom's Pregnancy Activity Book

The First Time Mom's Pregnancy Journal

Pregnancy Journal, 3rd Edition (ebook) *OP*

The essential pregnancy guide for the modern woman The vast amount of information in encyclopedia-sized pregnancy books for first-time moms can be overwhelming and anxiety inducing. The First-Time Mom's Pregnancy Handbook is different. Including need-to-know advice relevant to the majority of women and pregnancies. This week-by-week guide will prepare and empower you during pregnancy and beyond. In the world of pregnancy books for first-time moms, this one is a go-to. With weekly goals you can focus on, including nutrition and milestone trackers, questions for OB-GYNs or midwives, and tips on caring for your newborn, you'll be more than prepared for the big day. This standout among pregnancy books for first-time moms delivers: 40+ weekly milestones--From conception through the first few months of baby's life, set and accomplish goals based on your weekly priorities and needs. Baby and mom stats--Of all pregnancy books for first-time moms, this one offers a week-by-week rundown of your baby's development, symptoms you may be experiencing, major appointments, and more. Postpartum prep--Tips for focusing on your emotional health, healing your body after childbirth, taking care of your newborn, and thriving as a new mother. When you're thinking about pregnancy books for first-time moms, think about this one.

Ask any mother and she will tell you there are just not enough hours in the day. By the time she has fed, clothed, and bathed the children, read Curious George for the 100th time, cut the crusts off the PB&J sandwiches, and removed the ground-in dirt from the play clothes, she does not have time to create a detailed scrapbook of each of her children's lives. It's no wonder that so many elaborate baby books remain incomplete, their pristine pages adding to the guilt and inadequacy that many moms already feel. That is why The Mommy Journal is so perfect for today's moms. It offers a quick and guilt-free way to record the special moments of childhood. Space for each entry is only about three inches long and undated, so there is no pressure to write lengthy narratives or to journal every day. In less than five minutes, mothers can quickly jot down the moments they want to remember forever. Plus, unlike traditional baby books, The Mommy Journal lets mothers record memories of all their children in one place. Charming illustrations of toys, hearts, and animals grace each page. Every few pages contain a bit of parenting wisdom such as, "The best thing you can give children next to good habits are good memories." Instructions for fun activities moms can do with their children, such as make edible finger paint from instant pudding, are included as well. The Mommy Journal will become a treasured keepsake, both for the mom who creates it and for the child who receives this precious record of childhood.

We know that the time will fly by; as soon as you find out you are pregnant, and baby is born, they will soon be taking their first steps and calling you Mom. So why not document every day of your pregnancy with our helpful book! Inside you will find Pages To Document: Baby Due Date Mothers Details Fathers Details Professional & Personal Contact Details Pregnancy Story Birthing Plan Pregnancy Scans Prenatal Learning Logs Name Suggestions Pregnancy Milestones Weekly Pregnancy Diary Things To Buy Before The Birth Hospital Bag Checklist Birthing Story COVER 17.78 x 25.4 cm (7"x10") Small enough to carry in your handbag Glossy Paperback making it lightweight Please take a look in our Amazon store for similar items such as: Baby shower Guest Books, Baby Memorial Record Books, Baby Daily Log Books and More "What a gift to new and expecting moms. You have no idea the mountain and rollercoaster you're about to embark on, but Nurture somehow gives you a peek in and gives you essential information to help ground you." –Catherine McCord, founder of Weelicious and One Potato A comprehensive and judgement-free pregnancy companion: Nurture is the only all-in-one pregnancy and birthing book for modern mothers-to-be and their partners who want a more integrative approach. Author Erica Chidi Cohen has assisted countless births and helped hundreds of families ease into their new roles through her work as a doula. Nurture covers everything from the beginning months of pregnancy to the baby's first weeks. This empowering book includes: • Supportive self-care and mindfulness exercises, trimester-specific holistic remedies, nourishing foods and recipes for every month of pregnancy, and expert tips for every birth environment. • More than 40 charming and helpful illustrations, charts, and lists can be found throughout. • Dozens of important topics that every modern mom needs to know including fetal development, making choices for a hospital, home or birth center birth, the basics of breastfeeding, tips on what to expect postpartum, and more. Nurture is an all-inclusive pregnancy and birthing guide book that gives soon-to-be mothers and their partners the information they need to make decisions, feel confident, and enjoy the beauty of creating new life. Nurture is a thoughtful and helpful gift for expecting mothers and their partners. Erica Chidi is co-founder and CEO of Loom in Los Angeles, CA. She began her work in San Francisco, volunteering as a doula within the prison system, working with pregnant inmates. She went on to build a successful doula and health education practice in Los Angeles and has been featured in Women's Health, Vogue, Goop, The Cut and Marie Claire.

A Keepsake Book with Prompts You Can Record Your Pregnancy Memories, Perfect Gift for Special Mom Expecting a Baby

The First-Time Mom's Pregnancy Journal: Day-Today Guide to a Healthy and Happy Pregnancy: 40 Week Pregnancy Journal: Log Book, Planner and Checklists for Expecting Mothers [COLORED EDITION]

The First Time Mom's Pregnancy Journal and Planner

First Time Mom Personal Journals - Capture Precious Moments While Pregnant with This Gift for New Mom During 40 Weeks of Pregnancy Books, Cute Pregnancy Gifts, Motherhood Books in 100 Color Pages 8. 5 X 11

First Time Mom Personal Journals - Capture Precious Moments While Pregnant with This Gift for New Mom During 40 Weeks of Pregnancy Books, Cute Pregnancy Gifts, Motherhood Books in 100 Page 8. 5 X 11

Diary Pregnancy, Pregnancy Memory Books For First Time Moms, Pregnancy Journal Baby Book, Pregnant Mom Journal

Baby Loading Pregnancy Journal

Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book, created by the author of the popular baby book As You Grow, is designed with a timeless look and archival paper so that you can one day pass it along to your child. Growing You includes: • Space to journal your feelings and experiences about pregnancy and your birth story • A section to document your prenatal appointments and growth • Writing prompts to record precious milestones such as baby showers and prepping your nursery • Pages to document your baby's birth day • Pocket folder for sonogram photos, letters from loved ones, and other mementos • And more! Special Features: • Chic, gender-neutral design • Elegant linen cover • Acid-free and archival paper • Generous trim size offers ample space for photos • Lay-flat design created by a beautiful gold spiral binding allows you to easily write in the book

Bump to Birthday - a beautifully designed, colour illustrated, combined pregnancy and first year baby journal - will inspire any parent-to-be to capture the unique story of the journey of pregnancy and baby's precious first year.

In today's western cultures, the typical pregnancy focuses on the baby to the exclusion of the woman herself, so that the entire experience has become more about preparing for the baby's arrival than looking closely at oneself to prepare emotionally for all of the changes that creating a new life brings. Sacred Pregnancy was written to help the pregnant woman journey within herself to prepare for the birth of her baby. Sacred Pregnancy is a gorgeous four-color book especially created for mothers-to-be to reflect on the many personal milestones of the full gestation period of a pregnancy. With beautiful professional photos that correspond to each topic, Sacred Pregnancy also features a journal space for the pregnant woman to record her thoughts and feelings. Each week the mother-to-be is given information on her baby, her body, and her spirit and is asked to reflect on these via the topic of the week, which touches on a variety of issues such as sexuality, fears about labor, becoming a mother, courage, rite of passage, adornment, body image, meditation, and sisterhood to name a few. Mothers-to-be are invited to look deeply at the issues unique to their journey and find a centered, peaceful place to live their pregnancy fully. Lastly, Sacred Pregnancy includes place for the new mother to record her birth story and a large resource section on various birthing options and supports for pregnant women. "From the spiritual (how to visualize your perfect birth) to the practical (a large section on birthing options), this pregnancy journal is a spiritual adviser and supportive doula all in one." —Fit Pregnancy magazine For more information, visit the Sacred Pregnancy website.

A Best memorable gifts for pregnant lady under 7 dollars! If you are a pregnant women then this is for yours. Best pregnant gift idea for wife. 42 Weeks Pregnancy Planner Journal Book For Expecting Moms is finally here! This beautiful Pregnancy Journal is printed on high quality an adorable cover. write your emotion & feelings about pregnancy. full 42 weeks, 10 month Planner Journal, Book Page: 40 Pages, Book Size: 8.5 X 11 inch. This is a memorable Pregnancy Journal book with cute quote makes a memorable gift for any pregnant lady.

Monthly Checklists, Activities, & Journal Prompts

Pregnancy Diary Journal, Mother's Day Notebook, Memory Book, for Soon to Be Moms

Growing You

My Pregnancy Journal

Beautiful First-Time Mom's Pregnancy Journal, Pregnancy Diary for New Mothers a Log of Weekly Check Ups Body Changes and Help You Hold Onto Memories of the Growing Baby

The First-Time Mom's Pregnancy Journal, Pregnancy Journal for Moms Week by Week

A Day-to-Day Guide to a Healthy and Happy Pregnancy

Trying to remember every special moment of your pregnancy, but you're afraid you will forget? Pregnancy is a wonderful journey filled with many highlights, so it's easy to forget some of those sentimental moments. Using this pregnancy journal can help you capture and hold onto all of your meaningful memories. Not only can you look back at this special time, but one day your precious baby can enjoy them as well. This pregnancy journal for first time moms makes the perfect gift for any expecting mom, baby shower or timeless keepsake to cherish your newborn memories forever. Features - 100 Page Size - 8.5 x 11 White Paper Pages Unique funny cover Space to record week-by-week notes as well as easily track changes and progress Organise your birth plan Appointment Tracker Weight gain and Healthy Food Ideas Each Trimester photos This Baby memory book for pregnant belly bump expecting moms is the perfect pregnancy gifts to track and record until baby is born. ADD TO CART so you don't miss a cherished moment from the start of Motherhood

I created this pregnancy journal so expecting mamas could have a place to document every stage of their pregnancy. When I was pregnant with my first, Payson, I was so excited to start a pregnancy journal for her. When I got it I was disappointed in the questions & the overwhelming space to have to fill in. I wanted to create a simple, beautiful book that I'd want to display in my home & keep for my little ones so that they could look back on it forever. This book is all the thoughts and feelings I've had throughout my second pregnancy and it's everything I wish I had with my first. I hope you love it, find inspiration in it, & celebrate your pregnancy long after you have your sweet baby.-Mackenzie Lunt

My Pregnancy Journal: A Keepsake Book With Prompts You Can Record Your Pregnancy Memories, Perfect Gift For Special Mom Expecting A Baby This pregnancy planner / journal / diary is a perfect way to capture all your thoughts, feelings & each and every memory while you're on this journey. Each page is guided and has prompts that include: I'm Pregnant - How I found out, my reaction, due date. My Birth Plan Ideas - Type of birth, who I want to take part in the delivery room, what is most important to me.

Pregnancy Tracker - 40 weeks tracker of how you're feeling. Appointment Tracker - Date, time address, purpose (doctor, prenatal classes). Baby Shopping List - Checklist of all the baby items you'll need. Weight Tracker - Track your weight weekly. Prenatal Visits Tracker - Blood pressure, weight, baby's heart rate, summary of visit. First, Second & Third Trimester Photos - A place to put your baby bump pics. First, Second & Third Trimester Journal Pages - How you felt, favorite memories & moments, symptoms & cravings, energy, mood, sleep, to do list. My Baby Shower - Place for photos, games played, on the menu, highlights & memories. Place for gifts, name address & thank you sent. Nursery Planner - Color scheme, things to buy, furniture, decorative ideas. Baby Name Ideas - Top 3 favorite girl & boy names & it's meanings, other possibilities. Hospital Checklist - To pack your bag & take with you: for me, for partner, for baby. Pregnancy Shopping List - Baby clothing, supplies, medication, furniture, toys. Fetal Movement Tracker - Daily track your baby's movement. Week By Week Journal Pages - Weekly reflections, what I want to remember most. what I'm most excited about, what I'm most nervous about, baby bump photo to see how much your belly has grown. Week By Week Dear Baby Journal Pages - What I want you to know. Ultrasound Photos - Photo, baby's length (inches long), weight, bpd, due date, notes. This is the most exciting and best experience of your life, whether you're a first time, new mom or this is not your first go around. You will want to write everything down in this notebook to look back on and always remember carrying your little one. Use it every day for writing your experiences. Also makes a great gift for moms. Keeping all your information in one spot has never been so easy. Make your memories last forever. This pregnancy journal will help you keep track of your own personal journey. Size is 8.5x11 inches, 100 pages, soft matte finish cover, white paper, paperback. Get one today!

Growing a human is hard—kick back with this journal. Welcome to the roller coaster of pregnancy! Sit back and enjoy the ride (despite the nausea) with Too Pregnant to Move, a keep-it-real journal to channel your thoughts and feelings from the first trimester to those first newborn months. Write down the weird and wondrous details, so you can look back on pregnancy fondly—or just guilt trip your kid later. Capture milestone memories with weekly journaling prompts and space to paste in photos and ultrasounds.

Decompress with advice on self-care and baby care and laugh-out-loud quotes about the reality of pregnancy and the craziness of new parenthood. Luckily, a pregnant belly makes a good book rest—so you can still get your feelings down on the page even when you're too pregnant to move. Inside this pregnancy journal, you'll find: Useful advice (really)—Learn tips for how to survive—and thrive—each trimester, from making a birth plan to figuring out breastfeeding. Get comfy--This pregnancy journal meets you where you are (the couch) with space to record your musings, questions, and to-do lists. Real talk--Find solidarity in the hilarious and wise words of famous moms like Kristen Bell and Beyoncé. Tell it like it is for twelve months and beyond with Too Pregnant to Move: A Pregnancy Journal!

Growing Together

Pregnancy Journal for Mom: Guided Pregnancy Journal for Expectant Moms

A Gender Neutral Keepsake Pregnancy Journal and Baby Memory Book for Expecting Moms

Waiting for You

First Time Mom Baby Journal

Pregnancy Journal Record Book for Mums Moms - Diary Keepsake and Memories Scrapbook - Childbirth Checklists, Weekly Logs and More - Portable Size

A Week-by-Week Guide from Conception Through Baby's First 3 Months

This Pregnancy Planner journal is the perfect planner for expecting moms. Record all your activities from doctor appointments, daily nutrition, to jotting down notes to the baby. This book will help you organize every aspect of your pregnancy. Features: birth plan, prenatal visits, meal planner, bump to baby- weekly prompts and more.

96-page spiral journal by Carley Roney

What to Expect When You're Black, Pregnant, and Expecting “This book stands as the modern-day guide to birthing while Black.” —Angelina Ruffin-Alexander, certified nurse midwife, owner of Touch of Osun Midwifery Services #1 New Release in Pregnancy & Childbirth and Minority Demographic Studies, Medical Ethics, and Women's Health Nursing Written with lighthearted humor and cultural context, Oh Sis, You're Pregnant! discusses the stages of pregnancy, labor, and motherhood as they pertain to pregnant Black women today. Tailored to today's pregnant Black woman. In the age of social media, how do pregnant women communicate their big announcement? What are the best protective hairstyles

for labor? Most importantly, how many pregnancy guides focus on issues like Black maternal birth rates and what it really looks like to be Black, pregnant, and single today? Written for the modern pregnant Black woman, Oh Sis, You're Pregnant! is the essential what to expect when you're expecting guide to understanding pregnancy from a millennial Black mom's point of view. Interviews, stories, and advice for pregnant women. Written by Black Moms Blog founder, Shanicia Boswell, **Oh Sis, You're Pregnant!** tackles hard topics in a way that truly resonate with modern Black moms. With stories from her experiences through pregnancy, labor, and motherhood, and lessons learned as a mother at twenty-two, **Oh Sis, You're Pregnant!** focuses on the common knowledge Black pregnant mothers should consider when having their first baby. It also shares topics beneficial to pregnant Black women on their second, third, or fourth born. Inside you'll find answers to questions like, how:

- Do I financially plan for my birth?
- Can I maintain my relationship and friendships during motherhood?
- Will I self-advocate for my rights in a world that already views me as less than?

If you enjoyed books like *Medical Apartheid*, *50 Things To Do Before You Deliver*, *The Girlfriends' Guide to Pregnancy*, or *Birthing Justice*, then you'll love **Oh Sis, You're Pregnant!**

Introducing the totally revised and updated **WHAT TO EXPECT PREGNANCY JOURNAL & ORGANIZER--** with 715,000 copies in print, it's the perfect gift and popular companion to "What to Expect When You're Expecting. Lightweight and sized to fit into a tote or briefcase, this handy planner is an expectant mom's best friend from conception through labor and delivery. For the new edition, the text has been brought completely up to date in accordance with the information in the recently revised third edition of "What to Expect When You're Expecting. Featuring prompted pages, checklists, and a weekly write-in pregnancy and labor journal, this is the best way for mothers-to-be to keep track of important dates, questions to ask the doctor, medications, milestones, childbirth class notes, shopping lists, phone numbers, and everything else that comes with the nine months of pregnancy. The journal/organizer's compact design ensures it can go everywhere mom goes. After baby's arrival, it becomes an instant keepsake.

Best Pregnancy Journal - All about a Healthy Baby and Its Mom - 42 Weeks Pregnancy Planner Journal Book for Expecting Moms

The Christian Mom's Pregnancy Journal

A Modern Guide to Pregnancy, Birth, Early Motherhood—and Trusting Yourself and Your Body

A Bump of Joy

Diary Pregnancy, Pregnancy Memory Books For First Time Moms, Pregnancy Journal Baby Book, Pregnant Mom Journal, Cute Beach Cover

40 Pages, 8. 5" X 11" Pregnancy Journal Design - the First-Time Mom's Pregnancy Journal Week by Week Pregnancy Journal

Too Pregnant to Move

A charmingly illustrated journal that offers moms-to-be a place to document details during the amazing whirlwind of pregnancy. Capture every moment from the first reactions to being pregnant to meeting baby: 41 Weeks is a unique keepsake journal that invites expectant mothers to capture the fleeting and amusing minutiae along with the unforgettable moments. This pregnancy diary covered a variety of topics from dealing with symptoms and cravings, to baby nicknames, maternity clothes, and so much more. - Features classic and quirky prompts that help you capture the fleeting moments, the unforgettable milestones, and all of the amusing details - Includes plenty of space to record week-by-week notes as well as attach photos so you can easily track changes and progress - Divided into three sections for each trimester,41 Weeks includes entertaining illustrations and helpful charts 41 Weeks is a wonderful keepsake journal that will remind you to pause and appreciate all that is happening, while creating a snapshot of your pregnancy that is as unique as you are. It's an easy and fun way to record memories that will be cherished for many years to come-by mom and baby

The First-Time Mom's Pregnancy Journal Are you a new mom-to-be with a sense of humor who's looking for a planner and journal for your pregnancy? Or looking for a helpful and funny gift for a pregnant friend, wife, etc? This pregnancy journal includes everything a new mom-to-be needs: This pregnancy journal is your ultimate guide to capture all the memories and info from finding out you were pregnant to holding your newborn. Includes writing prompts, Pregnancy Records, activities, and more. Our journal is a fun and easy way for every new mom to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal is a place to record all of the wonderful new thoughts, feelings, and experiences just ahead. Carry this journal with you wherever you go or take a reflective moment when you have the time and record what matters most. Keep this journal just for yourself, to share your experience with a loved one, or wait and read your words to your new little one after they arrive This book will bring you great joy as you keep track of many details that go into this precious time of expecting your baby. Features: 8.5 x 11 Inches - Convenient size Premium matte cover 120 Pages Interior Details Pages to Record Memories of How You Found Out that You're Expecting First Ultrasound Pregnancy Records Appointment Weekly Pregnancy Journal Pages Taking Care of Me Baby Shower Invitation Baby Shopping List Hospital Packing List Labor of Love... Visits from Family & Friends Baby Name Ideas Page Baby Shower Planning PagesBaby Shower Gift Tracker Our Family Tree Baby Steps... Baby's Progress... Baby's Firsts... Things I Want to Tell my Baby Notes Makes a great gift for moms-to-be and every family who's expecting babies. Don't miss this copy, get one now! Also available on other cover designs. Simply click on our author name to find more options.

On Sale Now \$12.99 (Regular Price \$16.99) The BEST Gift For Moms-To-Be This Mother's Day! This wonderful book is the perfect way to treat the special woman in your life in a simple and thoughtful way! Suitable for Mother's Day, birthdays, or just because... This book was made to help you prepare for your journey by providing information about nutrition and relevant tidbits to make this experience memorable and unforgettable. Included in Your Pregnancy Journal: Prenatal Record: Keep a record of your doctor's appointments. Weekly Record/Planner:

A trimester planner so you can document everything about your pregnancy by posting pictures and writing down every detail. This will give you something to look back on! 8.5 x 11 Inch: The perfect size for a memorable keepsake with ample space for writing! Easy to complete and read. High-quality paper: Bright white paper with a clean modern design. A simple gift that will bring a big smile to any expectant mom or new mothers out there and earn you some brownie points. This book will keep you and your loved ones connected forever. A gift that is truly unique and unforgettable! Expecting mothers are sure going to LOVE this. A meaningful way to express your love in refreshingly non-materialistic ways. Let this journal unearth the power of both your love and discover a great bond together. It's time to give that special mom-to-be the best gift yet so she can enjoy the miracle of pregnancy and cherish the memories forever! Order now!

The Perfect Gift for Pregnant Lady: Your pregnancy story is a special one. Document your most precious moments from this season of life in this elegant keepsake journal and memory book. Growing You is a place to celebrate and chronicle your pregnancy journey, reflecting on the growth, anticipation, and memories that you want to hold onto as a mother. This heirloom-quality book, created by the author of the popular baby book *As You Grow*, is designed with a timeless look and archival paper so that you can one day pass it along to your child. This makes a perfect gift for your wife, Daughter or friends.. .

Mom to Be Journal

The Belly Book

We're Pregnant! the First Time Dad's Pregnancy Handbook

Keepsake Pregnancy Journal and Memory Book for Mom and Baby

A Loving Guide and Journal for Expectant Moms

Week-By-Week Guide, Prayers, and Memory Book

The First-time Mom's Pregnancy Journal

Funny Pregnancy Planner And Journal . Are you a new mom-to-be with a sense of humor who's looking for a planner and journal for your pregnancy.. all in one? Or looking for a helpful AND funny gift for a pregnant friend, wife, etc? Product Details: 40-Week Pregnancy Journey Doctor & Prenatal Appointment Trackers Fetal Movement Tracker Baby Shopping List Weight Tracker First, Second & Third Trimester Highlights Baby Shower Memories Baby Bump Photo Layouts Premium Matte Cover

Pregnancy Journal is your trimester-by-trimester guide to capture everything from finding out you were pregnant to holding your newborn. With writing prompts, checklists, activities and more, this book is a fun and easy way for every new mama to create a lifelong keepsake of the joys of pregnancy and motherhood. The Pregnancy Journal is the ultimate resource for any soon-to-be moms and dads. Packed with daily entries on baby's development and the most up-to-date health and nutrition advice for both mom and baby. You'll find ample space throughout to record your feelings and impressions through 40 weeks and beyond. The journal also includes concise, time-targeted information about pregnancy. Learn what's happening to your baby and your body, week by week! Throughout: Quotations about pregnancy from celebrities, writers, health care professionals, and others. The ideal companion to help light the path and preserve the wonder as you move toward motherhood! Budding dreams. Hopeful hearts. Growing anticipation for the life of your little one. Capture all of your thoughts and feelings in this elegant pregnancy journal. Tag: keepsake pregnancy journal, growing you keepsake pregnancy journal, pregnancy journal for first time moms and memory box, pregnancy journal for first time parents, pregnancy journal for first time moms, pregnancy journal week by week, pregnancy journal for women, pregnancy journal for dad, pregnancy journal notebook, pregnancy journals for first time moms week by week, pregnancy journals for first time moms, pregnancy journal for single mom, pregnancy journal memory book, pregnancy journal day by day, pregnancy journal for twins, pregnancy journal diary, pregnancy journal books, pregnancy journals, expecting you a keepsake pregnancy journal, the nine pregnancy countdown journal, pregnancy journal for second baby, expecting you pregnancy journal

This classic contains the latest medical information on both mom's health and baby's development. This best-selling journal is packed with daily entries that feature tips, advice, and plenty of room for personal reflection. This one-of-a-kind journal is the ultimate resource for today's expecting mother.

Being a great first-time dad doesn't mean being perfect. It means having the tools you need to be a supportive partner during and after pregnancy--which is exactly what We're Pregnant! The First-Time Dad's Pregnancy Handbook is all about. From heartburn and headaches to birth and breastfeeding, We're Pregnant! features practical, action-oriented pregnancy advice from the author of the Dad or Alive blog, Adrian Kulp, a (once clueless) dad who's been there and done that--three times, in fact!

100 Fun Games, Projects, and Prompts to Prepare for Baby

Pregnancy Journal

Super Mom's Pregnancy Journal

Sacred Pregnancy

Pregnant AF | a Pregnancy Journal for a Badass Moms to Be

A Nine-Month Journal for You and Your Growing Belly

Expecting Better

Treasure pregnancy and baby's precious first year in one delightful combined journal. Super Mom's Pregnancy Journal takes parents through the amazing journey of pregnancy, right through to the baby's first birthday, inspiring them to capture key pregnancy moments, hopes and dreams, the experience of birth, and all those special baby moments first smile, steps and words. A fun and manageable way to create a unique bump. This journal has like a checklist point for you to keep track easier. Grab this book now! it is perfect for pregnant moms.

Trying to remember every special moment of your pregnancy, but you're afraid you will forget? Pregnancy is a wonderful journey filled with many highlights, so it's easy to forget some of those sentimental moments. Using this pregnancy journal can help you capture and hold onto all of your meaningful memories. Not only can you look back at this special time, but one day your precious baby can enjoy them as well. This pregnancy journal for first time moms makes the perfect gift for any expecting mom, baby shower or timeless keepsake to cherish your newborn memories forever. Features - 100 Page Size - 8.5 x 11 Colored Pages Unique funny cover Space to record week-by-week notes as well as easily track changes and progress Organise your birth plan Appointment Tracker Weight gain and Healthy Food Ideas Each Trimester photos This Baby memory book for pregnant belly bump expecting moms is the perfect pregnancy gifts to track and record until baby is born. ADD TO CART so you don't miss a cherished moment from the start of Motherhood

Write (and remember) your first-time mommyhood story The first person you told. The first weird craving you had. The first time you saw your baby. Becoming a mom is filled with firsts that you're going to want to remember--and with this journal, you'll chronicle every meaningful milestone and memory of your pregnancy. The First-Time Mom's Pregnancy Journal is your trimester-by-trimester guide to capture everything from finding out you were pregnant to holding your newborn. With writing prompts, checklists, activities and more, this book is a fun and easy way for every new mama to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal includes: First-time mom firsts--Remember the special moments of every month with questions to guide your journaling. Plus, space for freestyle entries allows you to create your very own pregnancy journal prompts. Handy guidance--Keep track of your prenatal appointments and stay organized with trimester checklists--this pregnancy journal has you covered with all of the essential to-dos to get ready for baby. Fun activities--Daydream about the nursery, brainstorm baby names, scrapbook sonograms, and so much more. You only experience your first once--capture every moment with The First-Time Mom's Pregnancy Journal.

Lined 6x9 journal with 108 blank pages. This is the perfect and inexpensive birthday, appreciation or Mother's day gift for moms to doodle, sketch, put stickers, write memories, or take notes in. Grab this amazing journal gift now!

Pregnancy Log Book for First Time Moms, Baby Shower Gift Keepsake for Expecting Mothers, Record Milestones and Memories, Daily Nutrition, Doctor Appointments, Baby Diary from Bump to Baby Checklists, Activities & Writing Prompts for the Expectant Mother - Pregnancy Planner Notebook and Organizer Book for Moms - Baby Shower Gift for New Mother

Pregnancy Journal Book Gift for First Time Moms / The Bump Pregnancy Planner and Journal / The Story Behind the Bump / Pea to Pumpkin Baby Journal

Nurture

The First-Time Mom's Pregnancy Handbook

What to Expect the First Year

The First Mom's Pregnancy Journal

Few experiences are more magical than creating a new life and watching it grow in your body. Pregnancy is also a time of many physical and emotional transformations. A pregnant woman's life can be very exciting, disturbing and powerful. After pregnancy, nothing is ever the same. Celebrate and commemorate this special time before your baby is born by keeping a journal. We created our Pregnancy Journal to be: VERSATILE AND PERSONAL: A pregnancy journal is a place to collect your thoughts, feelings and experiences during pregnancy. Record the moments that take your breath away: the first kick, listening to your child's heartbeat or finding out the baby's gender! It will also serve as your checklist for things you have to prepare before the baby comes out. The best part? This planner becomes a memory book to look back on long after your "baby" is grown. It's the perfect journal to capture your pregnancy journey and a place to record your bump and scan photos. USEFUL & CONVENIENT - Keeping a diary while you're expecting can also assist you in focusing on the pregnancy. Putting pen to paper after meticulously collecting your thoughts is extremely rewarding during pregnancy. The best part about it is that you will always have a personal record of your pregnancy that you can later gift to your kids as well.Simple and easy to use, the pages are ready and waiting to be filled. It contains: 80 pages for 40 weeks (2 page/week)Extra pages:1 name page1 journal page1 baby name ideas page4 to do list2 Things I have to prepare A NOTEBOOK BUILT TO LAST- We want your journal to last a long time so you can always look back on your previous entries without the worry that it will fall apart. The sturdy cover is made of tough paperback with strong, secure professional trade binding so the pages won't fall out after a few months of use. A perfect keepsake that you can always look back into when your baby is all grown up. WELL-CRAFTED INTERIOR- We only used thick, white paper to avoid ink bleed-through. The columns are clearly marked to make it easy to fill out and to cross reference. PERFECT SIZE- With its 20.3 x 24.4 cm (8" x 11") dimensions, almost the same width as A4 but shorter in height, you can squeeze it into a bag with ease. It's the perfect size- easy to carry! COOL COVERS!- To top it all, we have an array of cover designs for you to choose from. Get inspired by our collection of truly creative book covers. We stand for quality and aim to provide the best writing experience with our notebooks. Use our Pregnancy Journal to write down your thoughts. By writing in a diary, you can get rid of all your negative thoughts during your pregnancy and focus on creating memories that you will cherish forever. Get a copy now!

Some things about babies, happily, will never change. They still arrive warm, cuddly, soft, and smelling impossibly sweet. But how moms and dads care for their brand-new bundles of baby joy has changed—and now, so has the new-baby bible. Announcing the completely revised third edition of *What to Expect the First Year*. With over 10.5 million copies in print, *First Year* is the world's best-selling, best-loved guide to the instructions that babies don't come with, but should. And now, it's better than ever. Every parent's must-have/go-to is completely updated. Keeping the trademark month-by-month format that allows parents to take the potentially overwhelming first year one step at a time, *First Year* is easier-to-read, faster-to-flip-through, and new-family-friendlier than ever—packed with even more practical tips, realistic advice, and relatable, accessible information than before. Illustrations are new, too. Among the changes: Baby care fundamentals—crib and sleep safety, feeding, vitamin supplements—are revised to reflect the most recent guidelines. Breastfeeding gets more coverage, too, from getting started to keeping it going. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning (elimination communication), baby-led weaning, and green parenting (from cloth diapers to non-toxic furniture). An all-new chapter on buying for baby helps parents navigate through today's dizzying gamut of baby products, nursery items, and gear. Also new: tips on preparing homemade baby food, the latest recommendations on starting solids, research on the impact of screen time (TVs, tablets, apps, computers), and "For Parents" boxes that focus on mom's and dad's needs. Throughout, topics are organized more intuitively than ever, for the best user experience possible. Budding dreams. Hopeful hearts. Growing anticipation for the life of your little one. Capture all of your thoughts and feelings in this elegant pregnancy journal. Waiting for You offers reflective prompts that invite you to record milestones and memories—from hearing heartbeats and creating birth plans to choosing nicknames and noticing food cravings. With a classic, genderneutral design and sweet quotes throughout, *Waiting for You* is a special place to hold on to beautiful moments forever. Features a hardcover with ribbon marker and bellyband.

Life is truly a miracle and "My Bump to Birth Diary" is the perfect Journal to celebrate and remember this special time before your baby is born. Whether you've just received the happy news, you're waiting to meet your bundle of joy any day now, it's important that you set the time aside to record your journey through pregnancy and parenthood. It's a story that you're definitely going to want to share with your little one someday! Don't forget to mark the best moments that take your breath away of every week of pregnancy: the first reactions to the new, the first kick, listening to your child's heartbeat or finding out the baby's gender! The best part? This planner becomes a memory book to look back on long after your baby is grown. This Journal is the place to keep your treasured memories and all the fleeting little moments for the future - all in the delicate, beautifully cute design where you'll be able to record all the important things that happen during pregnancy and all the information that will interest your child in future like:
☑️ The first moment where you knew that you'll become a mother.
☑️ All important information about the parents.
☑️ The Baby Bump progression photos.
☑️ Motivational and beautifully designed quotes that you can meditate every trimester of your pregnancy.
☑️ Keep a list of all the cute (and embarrassing) baby names you had in mind.
☑️ Customizable checklist of your packing to your hospital for the Mom and Baby.
☑️ All important information and first memories of the NewBorn Baby just after giving Birth.
Pregnancy just happens to be a time when women are faced with physical and emotional stress, forgetfulness, anxiety... therefore journaling can have a positive impact on this period of your life. "My Bump to Birth Diary" Journal is designed in a way that requires a very low commitment from the pregnant women but still efficient to record all the concise information in one place without unnecessary and repetitive questions and exaggerated number of pages that make the journal look bigger and heavier and that can easily boring and discouraging the new mom to keep writing her diaries. Here are some benefits of "My Bump to Birth Diary" Journal:
♥️ Journaling can be a stress management tool.
♥️ Journaling can boost your memory.
♥️ Journaling can be helpful in managing anxiety or depression.
♥️ Journal is a bonding mom to her baby for a lifetime, it will be a witness of the sacred connexion of motherhood with all strong feelings throughout the memories you recorded.
♥️ Journal is simply a memory "time-capsule" of your favourite pregnancy and birth moments.
pregnancy gifts for first time moms, gifts for mom, new mom gifts, pregnant mom gifts, mom to be gifts, gifts for new mom, best gifts for new mom, best gifts for busy moms, pregnancy gifts for first time moms, gifts for new moms, new mom gifts ideas, first time mom gift, first time mom gift, gift for new mom, new mom gift, mom gift ideas, praying through your pregnancy, newf mom gift ideas, gifts for busy moms, gifts for new mom's, best gifts for new moms, best new mom gifts, best gifts for busy moms, christmas gifts for new moms, single mom gift, gifts for new moms relaxation, gag gifts for mom, pregnancy journal book, from pea to pumpkin baby journal, pregnancy planner and organizer, pregnancy calendar of baby development

An Organizer Memory Book for Pregnant Women, Pregnancy Journal Memory Book, Pregnancy Journal Week by Week, Makes a Great Gift for New Moms

A Pregnancy Journal

The Mommy Journal

Oh Sis, You're Pregnant!

My Bump to Birth Diary

Letters to Your Child

The What to Expect Pregnancy Journal & Organizer

Games, activities, and advice to get a first time mom to the big day Your first pregnancy probably has you feeling excited and maybe a little nervous. The First-Time Mom's Pregnancy Activity Book is a fun collection of 100 creative puzzles, exercises, writing prompts, and advice to support any first time mom and help you stay positive as you prepare for motherhood. Featuring everything from coloring book pages and crossword puzzles, to tips for diet, exercise, and preventing morning sickness, this guide for any first time mom will keep you entertained, help you record how you feel, and give you the tools to take on parenthood with confidence and good humor. The First-Time Mom's Pregnancy Activity Book includes: More than a journal--Unlike a classic journal, the activities in this book are quick, light, and helpful, so you can do them anytime. Your ultimate companion--Lists and questions will get any first time mom started on things like finding a doctor or hospital, and what to ask your OBGYN. Fun for each trimester--This book is organized into three trimesters and includes a section on childbirth, so the activities and advice will progress along with your pregnancy right up until your baby has arrived. If you're a first time mom, this book gives you 100 ways to stay sane and get ready for your bundle of joy.

Week by Week Pregnancy Journal (Pregnancy Books, Pregnancy Gifts, First Time Mom Journals, Motherhood Books)

Pregnancy Journal for First Time Moms

Bump to Birthday, Pregnancy & First Year Journal

A Funny 40 Week | 9 Month Planner, Organizer and Baby Memory Book for Expecting Mothers | Gift for Pregnant Wife