

Mo Tibetan Divination System

An original new perspective on the shared history of Burmese, Chinese, and Tibetan, with a particular focus on their phonological development.

The Yoruba was one of the most important civilizations of sub-Saharan Africa. While the high quality and range of its artistic and material production have long been recognized, the art of the Yoruba has been judged primarily according to the standards and principles of Western aesthetics. In this book, which merges the methods of art history, archaeology, and anthropology, Rowland Abiodun offers new insights into Yoruba art and material culture by examining them within the context of the civilization's cultural norms and values and, above all, the Yoruba language. Abiodun draws on his fluency and prodigious knowledge of Yoruba culture and language to dramatically enrich our understanding of Yoruba civilization and its arts. The book includes a companion website with audio clips of the Yoruba language, helping the reader better grasp the integral connection between art and language in Yoruba culture.

Glimpses of Tibetan Divination, Past and Present is the first book of its kind, in that it contains articles by a group of eminent scholars who approach the subject-matter by investigating it through various facets and salient historical figures.

For three decades, E. Gene Smith ran the Library of Congress's Tibetan Text Publication Project of the United States Public Law 480 (PL480) - an effort to salvage and reprint the Tibetan literature that had been collected by the exile community or by members of the Bhotia communities of Sikkim, Bhutan, India, and Nepal. Smith wrote prefaces to these reprinted books to help clarify and contextualize the particular Tibetan texts: the prefaces served as rough orientations to a poorly understood body of foreign literature. Originally produced in print quantities of twenty, these prefaces quickly became legendary, and soon photocopied collections were handed from scholar to scholar, achieving an almost cult status. These essays are collected here for the first time. The impact of Smith's research on the academic study of Tibetan literature has been tremendous, both for his remarkable ability to synthesiz e diverse materials into coherent accounts of Tibetan literature, history, and religious thought, and for the exemplary critical scholarship he brought to this field.

Glimpses of Tibetan Divination

Tibetan Literature

Tibetan Astrology

The Power of Hawaiian Wisdom

Yoruba Art and Language

Studies in Genre

Jewels of the Lotus

Religious Bodies Politic examines the complex relationship between transnational religion and politics through the lens of one cosmopolitan community in Siberia: Buryats, who live in a semiautonomous republic within Russia with a large Buddhist population. Looking at religious transformation among Buryats across changing political economies, Anya Bernstein argues that under conditions of rapid social change—such as those that accompanied the Russian Revolution, the Cold War, and the fall of the Soviet Union—Buryats have used Buddhist “body politics” to articulate their relationship not only with the Russian state, but also with the larger Buddhist world. During these periods, Bernstein shows, certain people and their bodies became key sites through which Buryats conformed to and challenged Russian political rule. She presents particular cases of these emblematic bodies—dead bodies of famous monks, temporary bodies of reincarnated lamas, ascetic and celibate bodies of Buddhist monastics, and dismembered bodies of lay disciples given as imaginary gifts to spirits—to investigate the specific ways in which religion and politics have intersected. Contributing to the growing literature on postsocialism and studies of sovereignty that focus on the body, Religious Bodies Politic is a fascinating illustration of how this community employed Buddhism to adapt to key moments of political change.

Treasures of the Sakya Lineage is a rich collection of teachings by both contemporary and ancient Sakya masters, showing a thousand years of lineage continuity. It provides an overview of the history, view, key lineage figures, and crucial teachings of the oldest continuously operating institution among the four lineages of Tibetan Buddhism. The Sakya School has long been known for its balanced approach to study and practice. The writings of Sakya scholars have been deeply influential in every school of Tibetan Buddhism and they continue to be now. A great resource for students and practitioners of all schools of Tibetan Buddhism, this volume contains teachings from great Sakya scholars and meditation masters, including: H. H. Sakya Trizin, Khenpo Appey, Sakya Pandita, Jetsun Dragpa Gyaltsen, Chogye Trinchen, Choegyal Phagpa, Migmar Tseten

Introduction: Interdisciplinary perspectives -- The study of Tibetan divination -- Tibetan divination and the Bon tradition -- lDe'u 'phrul divination -- The divination of sMra ba'i seng ge -- Conclusion: An interdisciplinary approach to Tibetan divination?

Bodies in Balance: The Art of Tibetan Medicine is the first comprehensive, interdisciplinary exploration of the triangular relationship among the Tibetan art and science of healing (Sowa Rigpa), Buddhism, and arts and crafts. Generously illustrated with more than 200 images, Bodies in Balance includes essays on contemporary practice, pharmacology and compounding medicines, astrology and divination, history and foundational treatises. The volume brings to life the theory and practice of this ancient healing art. 2015 Best Art Book Accolade, ICAS Book Prize in the Humanities Category Bodies in Balance: The Art of Tibetan Medicine is the first comprehensive, interdisciplinary exploration of the triangular relationship among the Tibetan art and science of healing (Sowa Rigpa), Buddhism, and arts and crafts. This book is dedicated to the history, theory, and practice of Tibetan medicine, a unique and complex system of understanding body and mind, treating illness, and fostering health and well-being. Sowa Rigpa has been influenced by Chinese, Indian, and Greco-Arab medical traditions but is distinct from them.

Developed within the context of Buddhism, Tibetan medicine was adapted over centuries to different health needs and climates across the region encompassing the Tibetan Plateau, the Himalayas, and Mongolia. Its focus on a holistic approach to health has influenced Western medical thinking about the prevention, diagnoses, and treatment of illness. Generously illustrated with more than 200 images, *Bodies in Balance* includes essays on contemporary practice, pharmacology and compounding medicines, astrology and divination, history and foundational treatises. The volume brings to life the theory and practice of this ancient healing art.

The Art of Buddhism

The Buddhism of Tibet, Or Lamaism

An Introduction to Its History & Meaning

Interdisciplinary Approaches to Ritual Prognostication in the Tibetan Bon Tradition

A Garland of Views

Comparative Remarks on Tibetan Dice and Mālā Divination: Tools, Poetry, Structures, and Ritual Dimensions

Buddhist Magic

Astrology is one of the traditional arts and sciences of Tibet, where it is known as "the science of calculation," used by monks and lamas in the study of the rhythms and cycles of time, for divination, for choosing auspicious times for rituals and life-cycle events such as marriages and funerals, and as an adjunct to the practice of traditional medicine. This comprehensive introduction to the topic includes: • Historical roots and influences from China and India as well as the Buddhist Kalachakra teachings and the ancient Bön religion of Tibet • The two main branches of Tibetan astrology: Nagtsi, or "black astrology," based on the Chinese system, and Kartsi, or "white astrology," derived from Indian astrology • The twelve- and sixty-year cycles and the twelve animals and five elements associated with them • The mewa, or magical squares, which are numerical factors used to calculate the auspiciousness of days or years • The parkha, or eight trigrams of the I Ching, representing the elements, directions, seasons, and fundamental universal forces • How to analyze the character of hours, days, months, and years, so as to determine auspicious times for various activities • How to cast and interpret a Tibetan horoscope
Also included are numerous diagrams and charts that are indispensible to the practice of Tibetan astrology, including tables for converting Western dates to dates on the Tibetan calendar.

The Tibetan divination system called "Mo" has been relied upon for centuries to give insight into the future turns of events, undertakings, and relationships. It is a clear and simple method involving two rolls of a die to reveal one of the thirty-six possible outcomes described in the text. This Mo, which obtains its power from Manjushri, was developed by the great master Jamgön Mipham from sacred texts expounded by the Buddha.

His Holiness Sakya Trizin, the head of the glorious Sakya lineage, one of the four primary schools of Tibetan Buddhism, presents here the essential Buddhist teachings of the four noble truths, universal compassion, and the proper motivation for practice. This book opens by sharing a private teaching His Holiness gave to a young newcomer seeking to understand this great master's spiritual heritage. His Holiness's advice inspires us to integrate the living power of these teachings into our daily lives. Full of timeless wisdom, *Freeing the Heart and Mind* contains, in addition to this introduction, an explanation of the teaching Matchless Compassion by the Indian saint Virupa, and a selection of commentaries on the essential teaching called Parting from the Four Attachments. Developed as the first volume in a course of study for students of the Sakya tradition, it nonetheless stands alone as an excellent entry into the teachings of the Buddha. Freeing the Heart and Mind includes a full-color photo insert of Sakya lineage masters.

The MO is to Tibet what the I-Ching is to China.

Rituals of Sovereignty in Buryat Buddhism

A Guide to View, Meditation, and Result in the Nine Vehicles

Jamgon Mipam

Tara

With Its Mystic Cults, Symbolism and Mythology, and in Its Relation to Indian Buddhism

The Historical Phonology of Tibetan, Burmese, and Chinese

Ancient Shamanic Traditions of Siberia and Tibet in Their Relation to the Teachings of a Central Asian Buddha

Knowledge and Context in Tibetan Medicine is a collection of essays dedicated to the description and interpretation of Tibetan medical knowledge across different historical, cultural, and intellectual contexts.

The Kalachakra spiritual legacy is a vital and central part of Tibetan Buddhism. Presented here is a detailed and practical overview of this unique spiritual path. In Part One, the author discusses the tantric path to enlightenment by drawing on the writings of great scholar-practitioners of the past. He describes the sutrayana and vajrayana paths, outlines the four classes of tantras, compares the Kalachakra generation and completion stage yogas to those of the mainstream tantras and details the unique Kalachakra methods for attaining enlightenment in this lifetime. Part Two contains translations for seven texts for the practice of Kalachakra, including a sadhana selected by the Dalai Lama for this book. Glenn Mullin's perceptive and very readable discussion of the theory and practice of this profound tantric system is an excellent addition to the literature on this subject.

This is the most comprehensive and authoritative introduction to Tibetan Buddhism available to date, covering a wide range of topics, including history, doctrines, meditation, practices, schools, religious festivals, and major figures. The revised edition contains expanded discussions of recent Tibetan history and tantra and incorporates important new publications in the field. Beginning with a summary of the Indian origins of Tibetan Buddhism and how it eventually was brought to Tibet, it explores Tibetan Mahayana philosophy and tantric methods for personal transformation. The four main schools of Tibetan Buddhism, as well as Bön, are explored in depth from a nonsectarian point of view. This new and expanded edition is a systematic and wonderfully clear presentation of Tibetan Buddhist views and practices.

MoThe Tibetan Divination SystemSnow Lion

Introduction to Tibetan Buddhism

History and Literature of the Himalayan Plateau

Illustrated in Original Texts

Introduction to the Buddhist Path

Past and Present

The Tibetan Oracle

Knowledge and Context in Tibetan Medicine

Divining with Achi and Tārā by Jan-Ulrich Sobisch with contributions by Solvej Nielsen offers an introduction to and two detailed case studies of Tibetan dice and prayer bead divination. Translations, interviews, and glossaries and appendices enrich an already valuable book.

This work is an excellent introduction to Tibetan Buddhism for newcomers and provides many new insights for those who are already familiar with this religion.

Tibetan Literature addresses the immense variety of Tibet's literary heritage. An introductory essay by the editors attempts to assess the overall nature of 'literature' in Tibet and to understand some of the ways in which it may be analyzed into genres. The remainder of the book contains articles by nearly thirty scholars from America, Europe, and Asia—each of whom addresses an important genre of Tibetan literature. These articles are distributed among eight major rubrics: two on history and biography, six on canonical and quasi-canonical texts, four on philosophical literature, four on literature on the paths, four on ritual, four on literary arts, four on non-literary arts and sciences, and two on guidebooks and reference works.

Jamgön Mipam (1846-1912) is one of the most extraordinary figures in the history of Tibet. Monk, mystic, and brilliant philosopher, he shaped the trajectory of Tibetan Buddhism's Nyingma school. This introduction provides a most concise entrée to this great luminary's life and work. The first section gives a general context for understanding this remarkable individual who, though he spent the greater part of his life in solitary retreat, became one of the greatest scholars of his age. Part Two gives an overview of Mipam's interpretation of Buddhism, examining his major themes, and devoting particular attention to his articulation of the Buddhist conception of emptiness. Part Three presents a representative sampling of Mipam's writings.

Tibetan Divination System

The Liberating Power of the Female Buddha

Three Visions

Another Place

Identity, Ritual and State in Tibetan Buddhism

The Foundations of Authority in Gelukpa Monasticism

Mo

This card and book set is the standard divination tool for individuals interested in Buddhism and gemstones. The cards are designed specifically for this tool and the artistic appearance is unique in combining Buddhist symbolism and photographs of gemstones.

Despite the many differences between the numerous sects of Tibetan Buddhism, they all unite in holding the Great Yogi Milarepa, a Tibetan religious leader who lived over 800 years ago, in the highest reverence and esteem. Evans-Wentz points to similarities between the life and teachings of Milarepa and the greatest of modern India's spiritual leaders, Mahatma Gandhi. In translating from the original Tibetan, the late Lama Kazi Dawa Samdup, Evans-Wentz's Tibetan guru for many years, wishes to show Western readers one of our great teachers as he actually lived in a biography of him, much of which is couched in the words of his own mouth, and the remainder in the words of his disciple Rechung, who knew him in the flesh. In this new reissue, Lopez contributes a critical foreword to update and contextualize the historical significance of this volume in Evans-Wentz's Tibetan series.

More than two hundred photographs most in stunning full colour provide the visual context for this tour of the world of Buddhist art. From the earliest second-century b.c.e. archaeological evidence to the nineteenth century this book showcases the marvelous variety of Buddhist art through the ages, from every country and region where Buddhism has influenced the culture in a significant way, including India, Afghanistan, Central Asia, China, Korea, Japan, Tibet, Sri Lanka, Myanmar, and all the regions of Southeast Asia. Included in the rich variety of forms are architecture and monumental art, statuary, paintings, calligraphy, fresco, brushwork, and textile arts. A Garland of Views presents both a concise commentary by the eighth-century Indian Buddhist master Padmasambhava on a chapter from the Guhyagarbha Tantra on the different Buddhist and non-Buddhist philosophical views, including the Great Perfection (Dzogchen), and an explicative commentary on Padmasambhava’s text by the nineteenth-century scholar Jamgön Mipham (1846-1912). Padmasambhava’s text is a core text of the Nyingma tradition because it provides the basis for the system of nine vehicles (three sutra vehicles and six tantra vehicles) that subsequently became the accepted way of classifying the different Buddhist paths in the Nyingma tradition. Mipham’s commentary is the one most commonly used to explain Padmasambhava’s teaching. Mipham is well known for his prolific, lucid, and original writings on many subjects, including science, medicine, and philosophy, in addition to Tibetan Buddhist practice and theory.

Religious Bodies Politic

The Practice of Kalachakra

The Dalai Lama and the Nechung Oracle

A Novel

Bø and Bön

Treasures of the Sakya Lineage

A Biography from the Tibetan ; Being the Jetsün-Kahbum Or Biographical History of Jetsün-Milarepa, According to the Late Lāma Kazi Dawa-Samdup's English Rendering ; Edited with Introduction and Annotations by W. Y. Evans-Wentz ; with a New Foreword by Donald S. Lopez, Jr

Tantric traditions in both Buddhism and Hinduism are thriving throughout Asia and in Asian diasporic communities around the world, yet they have been largely ignored by Western scholars until now. This collection of original essays fills this gap by examining the ways in which Tantric Buddhist traditions have changed over time and distance as they have spread across cultural boundaries in Asia. The book is divided into three sections dedicated to South Asia, Central Asia, and East Asia. The essays cover such topics as the changing ideal of masculinity in Buddhist literature, the controversy triggered by the transmission of the Indian Buddhist deity Heruka to Tibet in the 10th century, and the evolution of a Chinese Buddhist Tantric tradition in the form of the True Buddha School. The book as a whole addresses complex and contested categories in the field of religious studies, including the concept of syncretism and the various ways that the change and transformation of religious traditions can be described and articulated. The authors, leading scholars in Tantric studies, draw on a wide array of methodologies from the fields of history, anthropology, art history, and sociology. Tantric Traditions in Transmission and Translation is groundbreaking in its attempt to look past religious, linguistic, and cultural boundaries.

A fascinating exploration of the role that magic has played in the history of Buddhism As far back as we can see in the historical record, Buddhist monks and nuns have offered services including healing, divination, rain making, aggressive magic, and love magic to local clients. Studying this history, scholar Sam van Schaik concludes that magic and healing have played a key role in Buddhism's flourishing, yet they have rarely been studied in academic circles or by Western practitioners. The exclusion of magical practices and powers from most discussions of Buddhism in the modern era can be seen as part of the appropriation of Buddhism by Westerners, as well as an effect of modernization movements within Asian Buddhism. However, if we are to understand the way Buddhism has worked in the past, the way it still works now in many societies, and the way it

can work in the future, we need to examine these overlooked aspects of Buddhist practice. In *Buddhist Magic*, van Schaik takes a book of spells and rituals--one of the earliest that has survived--from the Silk Road site of Dunhuang as the key reference point for discussing Buddhist magic in Tibet and beyond. After situating Buddhist magic within a cross-cultural history of world magic, he discusses sources of magic in Buddhist scripture, early Buddhist rituals of protection, medicine and the spread of Buddhism, and magic users. Including material from across the vast array of Buddhist traditions, van Schaik offers readers a fascinating, nuanced view of a topic that has too long been ignored.

Mlle Lenormand was beyond any doubt one of the most famous and most talented fortune tellers of all times. Her life is also surrounded with stories of amazement and mystery -- and so are her cards! The most comprehensive book ever published on the Fortune Telling Cards of Mlle Lenormand, *The Game of Destiny* contains the meanings of all 36 cards, card combinations, special meanings and several different spreads of this unique divination system. This is the first book to reveal precisely how these cards work, and explain how this system of divination can provide amazingly accurate answers to questions about love, friendships, family, career, health and spirituality. An extra chapter on how to invoke the aid of the Gypsy Spirits in card divination as well as ideas and recipes to aid clients and readers alike make this book an exceptionally valuable guide for beginners and professional readers alike.

Tibetan Buddhism and the Dalai Lama enjoy global popularity and relevance, yet the longstanding practice of oracles within the tradition is still little known and understood. The Nechung Oracle, for example, is believed to become possessed by an important god named Pehar, who speaks through the human medium to confer with the Dalai Lama on matters of state. The Dalai Lama and the Nechung Oracle is the first monograph to explore the mythologies and rituals of this god, the Buddhist monastery that houses him, and his close friendship with incarnations of the Dalai Lama over the centuries. In the seventeenth century, during the reign of the Fifth Dalai Lama, the protector deity Pehar and his oracle at Nechung Monastery were state-sanctioned by the nascent Tibetan government, becoming the head of an expansive pantheon of worldly deities assigned to protect the newly unified country. The governments of later Dalai Lamas expanded the deity's influence, as well as their own, by establishing Pehar at monasteries and temples around Lhasa and across Tibet. Pehar's cult at Nechung Monastery came to embody the Dalai Lama's administrative control in a mutual relationship of protection and prestige, the effects of which continue to reverberate within Tibet and among the Tibetan exile community today. The friendship between these two immortals has spanned nearly five hundred years across the Tibetan plateau and beyond.

Among Tibetan Texts

The Game of Destiny - Fortune Telling with Lenormand Cards

Oracles and Demons of Tibet

With Teachings, Dharma Rites, and Prayers

Tibetan Medicine

The Cult and Iconography of the Tibetan Protective Deities

Divination, Healing, and Enchantment through the Ages

This book is a study of the Tibetan protective deities, those gods worshipped by the Tibetans as protectors and guardians of Buddhism.

Only fifty years ago, Tibetan medicine, now seen in China as a vibrant aspect of Tibetan culture, was considered a feudal vestige to be eliminated through government-led social transformation. *Medicine and Memory in Tibet* examines medical revivalism on the geographic and sociopolitical margins both of China and of Tibet--medical establishment in Lhasa, exploring the work of medical practitioners, or amchi, and of Medical Houses in the west-central region of Tsang. Due to difficult research access and the power of state institutions in the writing of history, the perspectives of more marginal amchi have been absent from most accounts of Tibetan medicine. Theresia Hofer breaks new ground both theoretically and ethnographically, in ways that would be impossible in today's more restrictive political climate that severely limits access for researchers. She illuminates how medical practitioners safeguarded their professional heritage through great adversity and personal hardship.

Appearing in English for the first time, a twelfth-century Tibetan Buddhist book, packaged with traditional bar dice, guides readers in making important decisions by analyzing the hidden forces that impinge on their destiny. 15,000 first printing.

Comparative study between Tibetan Bon and Buryatian Bø religion of ancient Shamanic traditions.

His Life and Teachings

The Religion of Tibet

Teachings from the Masters

Ancient Wisdom for Everyday Guidance

Medicine and Memory in Tibet

Tibetan Gemstone Oracle

Examines the state of those experiencing suffering, those engaged in the methods leading towards freedom from unhappiness and misery, and those fully enlightened ones who have attained the highest goal of omniscient awakening.

This is a major anthropological study of contemporary Tibetan Buddhist monasticism and tantric ritual in the Ladakh region of North-West India and of the role of tantric ritual in the formation and maintenance of traditional forms of state structure and political consciousness in Tibet. Containing detailed descriptions and analyses of monastic ritual, the work builds up a picture of Tibetan tantric traditions as they interact with more localised understandings of bodily identity and territorial cosmology, to produce a substantial re-interpretation of the place of monks as ritual performers and peripheral householders in Ladakh. The work also examines the central and indispensable role of incarnate lamas, such as the Dalai Lama, in the religious life of Tibetan Buddhists.

A practical guide for invoking the power and blessings of Tara, the beloved female buddha of Tibet Known as "the female Buddha" in Tibet and India, Tara connects us to the archetypal Divine Feminine--an energetic force that exists within us and all around us, and has been available to all humans since our earliest origin. While there are many books on Tara, this practical guide shows us how those of any tradition can directly access her, through clear instruction and authentic Tibetan Buddhist teachings. Jungian analyst, scholar, and spiritual practitioner Dr. Rachael Wooten combines the ancient Tara tradition with depth psychology to help us connect with each of Tara's manifestations and access her blessings within ourselves and in the external world. In her myriad forms, Tara has the power to protect us from inner and outer negativity, illuminate our self-sabotaging habits, cleanse mental and physical poisons, address emotional trauma, open us to abundance, give us strength and peace, help us fulfill our life purposes, and more. Here, you will explore all 22 manifestations of Tara. Each chapter begins with an epigraph that captures the spiritual and psychological essence of the emanation, explains her purpose, and teaches you specific visualizations, praises, mantra chants, and other ways of invoking her presence in yourself and the world. "If ever the voice of wisdom and compassion was needed in the form of an awakened female figure such as Tara," writes Dr. Wooten, "that time is now." This book illuminates the way to her healing, blessings, and aid.

Mana Cards

Fundamental Teachings of the Sakya Lineage of Tibetan Buddhism

Sutra of the Medicine Buddha

Tibet's Great Yogī, Milarepa

Seeking the African in African Art

Divining with Achi and Tārā

Divination in Exile