

## Love At Goon Park Harry Harlow And The Science Of Affection Deborah Blum

*The controversy over the use of primates in research admits of no easy answers. We have all benefited from the medical discoveries of primate research--vaccines for polio, rubella, and hepatitis B are just a few. But we have also learned more in recent years about how intelligent apes and monkeys really are: they can speak to us with sign language, they can even play video games (and are as obsessed with the games as any human teenager). And activists have also uncovered widespread and unnecessarily callous treatment of animals by researchers (in 1982, a Silver Spring lab was charged with 17 counts of animal cruelty). It is a complex issue, made more difficult by the combative stance of both researchers and animal activists. In The Monkey Wars, Deborah Blum gives a human face to this often caustic debate--and an all-but-human face to the subjects of the struggle, the chimpanzees and monkeys themselves. Blum criss-crosses America to show us first hand the issues and personalities involved. She offers a wide-ranging, informative look at animal rights activists, now numbering some twelve million, from the moderate Animal Welfare Institute to the highly radical Animal Liberation Front (a group destructive enough to be placed on the FBI's terrorist list). And she interviews a wide variety of researchers, many forced to conduct their work protected by barbed wire and alarm systems, men and women for whom death threats and hate mail are common. She takes us to Roger Fouts's research center in Ellensburg, Washington, where we meet five chimpanzees trained in human sign language, and we visit LEMSIP, a research facility in New York State that has no barbed wire, no alarms--and no protesters chanting outside--because its director, Jan Moor-Jankowski, listens to activists with respect and treats his animals humanely. And along the way, Blum offers us insights into the many side-issues involved: the intense battle to win over school kids fought by both sides, and the danger of transplanting animal organs into humans. "As it stands now," Blum concludes, "the research community and its activist critics are like two different nations, nations locked in a long, bitter, seemingly intractable political standoff....But if you listen hard, there really are people on both sides willing to accept and work within the complex middle. When they can be freely heard, then we will have progressed to another place, beyond this time of hostilities." In The Monkey Wars, Deborah Blum gives these people their voice.*

*Fifteen years ago, psychologist and educator Howard Gardner introduced the idea of multiple intelligences, challenging the presumption that intelligence consists of verbal or analytic abilities only -- those intelligences that schools tend to measure. He argued for a broader understanding of the intelligent mind, one that embraces creation in the arts and music, spatial reasoning, and the ability to understand ourselves and others. Today, Gardner's ideas have become widely accepted -- indeed, they have changed how we think about intelligence, genius, creativity, and even leadership, and he is widely regarded as one of the most important voices writing on these subjects. Now, in Extraordinary Minds , a book as riveting as it is new, Gardner poses an important question: Is there a set of traits shared by all truly great achievers -- those we deem extraordinary -- no matter their field or the time period within which they did their important work? In an attempt to answer this question, Gardner first examines how most of us mature into more or less competent adults. He then examines closely four persons who lived unquestionably extraordinary lives -- Mozart, Freud, Woolf, and Gandhi -- using each as an exemplar of a different kind of extraordinariness: Mozart as the master of a discipline, Freud as the innovative founder of a new discipline, Woolf as the great introspect or, and Gandhi as the influencer. What can we learn about ourselves from the experiences of the extraordinary? Interestingly, Gardner finds that an excess of raw power is not the most impressive characteristic shared by superachievers; rather, these extraordinary individuals all have had a special talent for identifying their own strengths and weaknesses, for accurately analyzing the events of their own lives, and for converting into future successes those inevitable setbacks that mark every life. Gardner provides answers to a number of provocative questions, among them: How do we explain extraordinary times -- Athens in the fifth century B.C., the T'ang Dynasty in the eighth century, Islamic Society in the late Middle Ages, and New York at the middle of the century? What is the relation among genius, creativity, fame, success, and moral extraordinariness? Does extraordinariness make for a happier, more fulfilling life, or does it simply create a special onus?*

*We are out of touch. Many people fear that we are trapped inside our screens, becoming less in tune with our bodies and losing our connection to the physical world. But the sense of touch has been undervalued since long before the days of digital isolation. Because of deeply rooted beliefs that favor the cerebral over the corporeal, touch is maligned as dirty or sentimental, in contrast with supposedly more elevated modes of perceiving the world. How to Feel explores the scientific, physical, emotional, and cultural aspects of touch, reconnecting us to what is arguably our most important sense. Sushma Subramanian introduces readers to the scientists whose groundbreaking research is underscoring the role of touch in our lives. Through vivid individual stories—a man who lost his sense of touch in his late teens, a woman who experiences touch-emotion synesthesia, her own efforts to become less touch averse—Subramanian explains the science of the somatosensory system and our philosophical beliefs about it. She visits labs that are shaping the textures of objects we use every day, from cereal to synthetic fabrics. The book highlights the growing field of haptics, which is trying to incorporate tactile interactions into devices such as phones that touch us back and prosthetic limbs that can feel. How to Feel offers a new appreciation for a vital but misunderstood sense and how we can use it to live more fully.*

*As Noura and her husband Tariq prepare to celebrate a traditional Christmas, she looks forward to welcoming a special guest—Maryam, a young Iraqi refugee. But the girl’s arrival opens wounds the family has tried to leave behind, forcing them to confront where they are, where they’ve been and who they have become.*

*How to Feel*

*Cloud Atlas*

*A Science-Based Resource for Your Child’s First Four Years*

*Wintering*

*How to Retrain Your Brain to Overcome Pessimism and Achieve a More Positive Outlook*

*Travels With Turgenev*

In the first book to argue that neurotic, psychotic, and borderline personality disorders can be identified, diagnosed, and treated even in the young, a renowned child psychiatrist marshalls her developmental perspective and adduces clinical evidence to support it. Kernberg and her colleagues elucidate assessment criteria and advance therapeutic approaches for each disorder.

By the New York Times bestselling author of The Bone Clocks | Shortlisted for the Man Booker Prize A postmodern visionary and one of the leading voices in twenty-first-century fiction, David Mitchell combines flat-out adventure, a Nabokovian love of puzzles, a keen eye for character, and a taste for mind-bending, philosophical and scientific speculation in the tradition of Umberto Eco, Haruki Murakami, and Philip K. Dick. The result is brilliantly original fiction as profound as it is playful. In this groundbreaking novel, an influential favorite among a new generation of writers, Mitchell explores with daring artistry fundamental questions of reality and identity. Cloud Atlas begins in 1850 with Adam Ewing, an American notary voyaging from the Chatham Isles to his home in California. Along the way, Ewing is befriended by a physician, Dr. Goose, who begins to treat him for a rare species of brain parasite. . . . Abruptly, the action jumps to Belgium in 1931, where Robert Frobisher, a disinherited bisexual composer, contrives his way into the household of an infirm maestro who has a beguiling wife and a nubile daughter. . . . From there we jump to the West Coast in the 1970s and a troubled reporter named Luisa Rey, who stumbles upon a web of corporate greed and murder that threatens to claim her life. . . . And onward, with dazzling virtuosity, to an inglorious present-day England; to a Korean superstate of the near future where neocapitalism has run amok; and, finally, to a postapocalyptic Iron Age Hawaii in the last days of history. But the story doesn’ t end there. The narrative then boomerangs back through centuries and space, returning by the same route, in reverse, to its starting point. Along the way, Mitchell reveals how his disparate characters connect, how their fates intertwine, and how their souls drift across time like clouds across the sky. As wild as a videogame, as mysterious as a Zen koan, Cloud Atlas is an unforgettable tour de force that, like its incomparable author, has transcended its cult classic status to become a worldwide phenomenon. Praise for Cloud Atlas " [David] Mitchell is clearly a genius. He writes as though at the helm of some perpetual dream machine, can evidently do anything, and his ambition is written in magma across this novel ’ s every page. " —The New York Times Book Review " One of those how-the-holy-hell-did-he-do-it? modern classics that no doubt is—and should be—read by any student of contemporary literature. " —Dave Eggers " Wildly entertaining . . . a head rush, both action-packed and chillingly ruminative. " —People " The novel as series of nested dolls or Chinese boxes, a puzzle-book, and yet—not just dazzling, amusing, or clever but heartbreaking and passionate, too. I ’ ve never read anything quite like it, and I ’ m grateful to have lived, for a while, in all its many worlds. " —Michael Chabon " Cloud Atlas ought to make [Mitchell] famous on both sides of the Atlantic as a writer whose fearlessness is matched by his talent. " —The Washington Post Book World " Thrilling . . . One of the biggest joys in Cloud Atlas is watching Mitchell sashay from genre to genre without a hitch in his dance step. " —Boston Sunday Globe " Grand and elaborate . . . [Mitchell] creates a world and language at once foreign and strange, yet strikingly familiar and intimate. " —Los Angeles Times

" Jonah Lehrer has a lot to offer the world....The book is interesting on nearly every page....Good writers make writing look easy, but what people like Lehrer do is not easy at all. " —David Brooks, The New York Times Book Review Science writer Jonah Lehrer explores the mysterious subject of love. Weaving together scientific studies from clinical psychologists, longitudinal studies of health and happiness, historical accounts and literary depictions, child-rearing manuals, and the language of online dating sites, Jonah Lehrer ’ s A Book About Love plumbs the most mysterious, most formative, most important impulse governing our lives. Love confuses and compels us—and it can destroy and define us. It has inspired our greatest poetry, defined our societies and our beliefs, and governs our biology. From the way infants attach to their parents, to the way we fall in love with another person, to the way some find a love for God or their pets, to the way we remember and mourn love after it ends, this book focuses on research that attempts, even in glancing ways, to deal with the long-term and the everyday. The most dangerous myth of love is that it ’ s easy, that we fall into the feeling and then the feeling takes care of itself. While we can easily measure the dopamine that causes the initial feelings of " falling " in love, the partnerships and devotions that last decades or longer remain a mystery. This book is about that mystery. Love, Lehrer argues, is not built solely on overwhelming passion, but, fascinatingly, on a set of skills to be cultivated over a lifetime.

The members of the Eide family find themselves changed forever after their elderly, demented patriarch runs into the wilderness of northern Minnesota in an attempt to reenact a similar adventure sixty years earlier.

The Monkey Wars

Twilight of Love

The Evolving Self

The Chemistry Between Us

Personality Disorders In Children And Adolescents

Break Free from Anxiety, Anger, and Stress Using Advanced Discoveries in Neuropsychology

Sharing stories and advice rooted in the science of evolutionary psychology, father and son authors Doug Kenrick and David Lundberg-Kendrick pinpoint the dangers of stone-age problem solving for our lives today, and present a new, systematic way to survive and be happy in the modern world. Over millennia, we humans have evolved a set of motivational systems to help us solve the seven basic problems of existence: surviving, protecting ourselves from attackers, forming friendships, winning respect, attracting mates, hanging out mates, and caring for our families. We seek the same goals in the 21st century. However, the saber-tooth tigers and rival tribes that once threatened us have been replaced by marketers peddling sugar-laden foods, pundits fanning the culture war flames, and payday loan companies scamming those who can least afford it. Through a series of engaging narratives and science-based life tips, this book helps us see past our electronics and lattes and gain helpful insights into achieving the life we want.

A New York Times Notable Book The inspiration for PBS's AMERICAN EXPERIENCE film The Poison Squad. From Pulitzer Prize winner and New York Times-bestselling author Deborah Blum, the dramatic true story of how food was made safe in the United States and the heroes, led by the inimitable Dr. Harvey Washington Wiley, who fought for change By the end of nineteenth century, food was dangerous. Lethal, even. "Milk" might contain formaldehyde, most often used to embalm corpses. Decaying meat was preserved with both salicylic acid, a pharmaceutical chemical, and borax, a compound first identified as a cleaning product. This was not by accident; food manufacturers had rushed to embrace the rise of industrial chemistry, and were knowingly selling harmful products. Unchecked by government regulation, basic safety, or even labelling requirements, they put profit before the health of their customers. By some estimates, in New York City alone, thousands of children were killed by "embalmed milk" every year. Citizens--activists, journalists, scientists, and women's groups--began agitating for change. But even as protective measures were enacted in Europe, American corporations blocked even modest regulations. Then, in 1883, Dr. Harvey Washington Wiley, a chemistry professor from Purdue University, was named chief chemist of the agriculture department, and the agency began methodically investigating food and drink fraud, even conducting shocking human tests on groups of young men who came to be known as, "The Poison Squad." Over the next thirty years, a titanic struggle took place, with the courageous and fascinating Dr. Wiley campaigning indefatigably for food safety and consumer protection. Together with a gallant cast, including the muckraking reporter Upton Sinclair, whose fiction revealed the horrific truth about the Chicago stockyards; Fannie Farmer, then the most famous cookbook author in the country; and Henry J. Heinz, one of the few food producers who actively advocated for pure food, Dr. Wiley changed history. When the landmark 1906 Food and Drug Act was finally passed, it was known across the land, as "Dr. Wiley's Law." Blum brings to life this timeless and hugely satisfying "David and Goliath" tale with righteous verve and style, driving home the moral imperative of confronting corporate greed and government corruption with a bracing clarity, which speaks resoundingly to the enormous social and political challenges we face today.

Winner of: The Pulitzer Prize The National Book Critics Circle Award The Anisfield-Wolf Book Award The Jon Sargent, Sr. First Novel Prize A Time Magazine # 1 Fiction Book of the Year One of the best books of 2007 according to: The New York Times, San Francisco Chronicle, New York Magazine, Entertainment Weekly, The Boston Globe, Los Angeles Times, The Washington Post, People, The Village Voice, Time Out New York, Salon, Baltimore City Paper, The Christian Science Monitor, Booklist, Library Journal, Publishers Weekly, New York Public Library, and many more... Nominated as one of America ’ s best-loved novels by PBS ’ s The Great American Read Oscar is a sweet but disastrously overweight ghetto nerd who—from the New Jersey home he shares with his old world mother and rebellious sister—dreams of becoming the Dominican J.R.R. Tolkien and, most of all, finding love. But Oscar may never get what he wants. Blame the fuk ú—a curse that has haunted Oscar ’ s family for generations, following them on their epic journey from Santo Domingo to the USA. Encapsulating Dominican-American life, The Brief Wondrous Life of Oscar Wao opens our eyes to an astonishing vision of the contemporary American experience and explores the endless human capacity to persevere—and risk it all—in the name of love.

Working side-by-side for a record label, former punk rocker Bennie Salazar and the passionate Sasha hide illicit secrets from one another while interacting with a motley assortment of equally troubled people from 1970s San Francisco to the post-war future.

Portraits Of 4 Exceptional Individuals And An Examination Of Our Own Extraordinariness

A Book About Love

The Poison Squad

How We Discover the Big Truths in Small Things

The Official Guide of the National Association of Science Writers

Harry Harlow and the Science of Affection

*"The Evolving Self" focuses upon the most basic and universal of psychological problems--the individual's effort to make sense of experience, to make meaning of life. According to Robert Kegan, meaning-making is a lifelong activity that begins in earliest infancy and continues to evolve through a series of stages encompassing childhood, adolescence, and adulthood. The Evolving Self describes this process of evolution in rich and human detail, concentrating especially on the internal experience of growth and transition, its costs and disruptions as well as its triumphs. At the heart of our meaning-making activity, the book suggests, is the drawing and redrawing of the distinction between "self" and "other." Using Piagetian theory in a creative new way to make sense of how we make sense of ourselves, Kegan shows that each meaning-making stage is a new solution to the lifelong tension between the universal human yearning to be connected, attached, and included, on the one hand, and to be distinct, independent, and autonomous on the other. "The Evolving Self" is the story of our continuing negotiation of this tension. It is a book that is theoretically daring enough to propose a reinterpretation of the Oedipus complex and clinically concerned enough to suggest a variety of fresh new ways to treat those psychological complaints that commonly arise in the course of development. Kegan is an irrepresible storyteller, an impassioned opponent of the health-and-illness approach to psychological distress, and a sturdy builder of psychological theory. His is an original and distinctive new voice in the growing discussion of human development across the life span. Winner of the Victorian Premier's Literary Award Winner of the Margaret Scott Prize For forty years, until the day he died, Ivan Turgenev, one of the greatest novelists of Russia's Golden Age, was passionately devoted to the diva Pauline Viardot. He followed her and her husband around Europe, even living with them amicably at times as part of their household. Yet as far as we know, the relationship with Pauline was chaste. What then did Turgenev mean by 'love', the word at the core of his life and work? In a remarkable work of memoir, literary biography and travel writing, Robert Dessaix has found the pulse that still quickened Turgenev's age, but has failed in ours. Praise for Twilight of Love by Robert Dessaix 'The most inventive portrait of a writer's life and legacy since Flaubert's Parrot.' The Independent 'A marvellous and unusual book.' The Sunday Times*

*For over twenty years, psychologist Richard Wiseman has examined the quirky science of everyday life. In Quirkology, he navigates the oddities of human behavior, explaining the tell-tale signs that give away a liar, the secret science behind speed-dating and personal ads, and what a person's sense of humor reveals about the innermost workings of his or her mind—all along paying tribute to others who have carried out similarly weird and wonderful work. Wiseman's research has involved secretly observing people as they go about their daily business, conducting unusual experiments in art exhibitions and music concerts, and even staging fake séances in allegedly haunted buildings. With thousands of research subjects from all over the world, including enamored couples, unwitting pedestrians, and guileless dinner guests, Wiseman presents a fun, clever, and unexpected picture of the human mind.*

*Go beyond the headlines and the hype to get the newest findings in the burgeoning field of gender studies. Drawing on disciplines that include evolutionary science, anthropology, animal behavior, neuroscience, psychology, and endocrinology, Deborah Blum explores matters ranging from the link between immunology and sex to male/female gossip styles. The results are intriguing, startling, and often very amusing. For instance, did you know that. . . • Male testosterone levels drop in happy marriages; scientists speculate that women may use monogamy to control male behavior • Young female children who are in day-care are apt to be more secure than those kept at home; young male children less so • Anthropologists classify Western societies as "mildly polygamous" The Los Angeles Times has called Sex on the Brain "superbly crafted science writing, graced by unusual compassion, wit, and intelligence, that forms an important addition to the literature of gender studies."*

*Benjamin Franklin's Lightning Rod and the Invention of America*

*The Science and Meaning of Touch*

*A Field Guide for Science Writers*

*Extraordinary Minds*

*Love at Goon Park*

*A Visit from the Goon Squad*

Equal parts true crime, twentieth-century history, and science thriller, The Poisoner's Handbook is "a vicious, page-turning story that reads more like Raymond Chandler than Madame Curie." [The New York Observer ]The Poisoner!s Handbook breathes deadly life into the Roaring Twenties. [Financial Times ]Reads like science fiction, complete with suspense, mystery and foolhardy guys in lab coats tipping test tubes of mysterious chemicals into their own mouths. [NPR: What We're Reading A fascinating Jazz Age tale of chemistry and detection, poison and murder, The Poisoner's Handbook is a page-turning account of a forgotten era. In early twentieth-century New York, poisons offered an easy path to the perfect crime. Science had no place in the Tammany Hall-controlled coroner's office, and corruption ran rampant. However, with the appointment of chief medical examiner Charles Norris in 1918, the poison game changed forever. Together with toxicologist Alexander Gettler, the duo set the justice system on fire with their trailblazing scientific detective work, triumphing over seemingly unbeatable odds to become the pioneers of forensic chemistry and the gatekeepers of justice. In 2014, PBS's AMERICAN EXPERIENCE released a film based on The Poisoner's Handbook.

Report on research, using either cloth-covered or wire surrogate mothers, on the importance of physical and social contact in the development of monkey babies.

The Pulitzer Prize-winning author of The Poison Squad and The Poisoner's Handbook tells the amazing story of William James's quest for empirical evidence of the spirit world What if a world-renowned philosopher and professor of psychiatry at Harvard suddenly announced he believed in ghosts? At the close of the nineteenth century, the illustrious William James led a determined scientific investigation into "unexplainable" incidences of clairvoyance and ghostly visitations. James and a small group of eminent scientists staked their reputations, their careers, even their sanity on one of the most extraordinary quests ever undertaken: to empirically prove the existence of ghosts, spirits, and psychic phenomena. What they pursued—and what they found—raises questions as fascinating today as they were then.

Instructors - Electronic inspection copies are available or contact your local sales representative for an inspection copy of the print version. Revisiting the Classic Studies is a series of texts that introduces readers to the studies in psychology that changed the way we think about core topics in the discipline today. It provokes students to ask more interesting and challenging questions about the field by encouraging a deeper level of engagement both with the details of the studies themselves and with the nature of their contribution. Edited by leading scholars in their field and written by researchers at the cutting edge of these developments, the chapters in each text provide details of the original works and their theoretical and empirical impact, and then discuss the ways in which thinking and research has advanced in the years since the studies were conducted. Brain and Behaviour: Revisiting the Classic Studies traces 17 ground-breaking studies by researchers such as Gage, Luria, Sperry, and Tulving to re-examine and reflect on their findings and engage in a lively discussion of the subsequent work that they have inspired. Suitable for students on neuropsychology courses at all levels, as well as anyone with an enquiring mind.

A Cure for Darkness

Revisiting the Classic Studies

Murder and the Birth of Forensic Medicine in Jazz Age New York

Solving Modern Problems with a Stone-Age Brain: Human Evolution and the Seven Fundamental Motives

Exploring the Controversy

Stealing God’s Thunder

The latest scientific research on home birth, breastfeeding, sleep training, vaccines, and other key topics—to help parents make their own best-informed decisions. In the era of questionable Internet “facts” and parental oversharing, it’s more important than ever to find credible information on everything from prenatal vitamins to screen time. The good news is that parents and parents-to-be no longer need to rely on an opinionated mother-in-law about whether it’s OK to eat sushi in your third trimester, an old college roommate for sleep-training “rules,” or an online parenting group about how long you should breastfeed (there’s a vehement group for every opinion). Credible scientific studies are out there – and they’re “bottom-lined” in this book. The ultimate resource for today’s science-minded generation, The Informed Parent was written for readers who prefer facts to “friendly advice,” and who prefer to make up their own minds, based on the latest findings as well as their own personal preferences. Science writers and parents themselves, authors Tara Haelle and Emily Willingham have sifted through thousands of research studies on dozens of essential topics, and distill them in this essential and engaging book. Topics include: Home birth \* Labor induction \* Vaginal birth vs. Cesarean birth \* Circumcision \* Postpartum depression \* Breastfeeding \* Vaccines \* Sleep training \* Pacifiers \* SIDS \* Bed-sharing \* Potty training \* Childhood obesity \* Food sensitivities and allergies \* BPA and plastics \* GMOs vs. organic foods \* The hygiene hypothesis \* Spanking \* Daycare vs. other childcare options Full reference information for all citations in the book is available online at http://theinformedparentbook.com/book-references/

Find lasting relief from worry and stress with powerful techniques grounded in clinical experience and neuroscience. If you feel frazzled, you dwell in good company. Racing between the demands of work, health, family, and friends, many people report feelings of worry, irritability, and increasing stress. While we often cannot control stressful life events, we can learn to control our brain’s response to those circumstances and reduce our suffering. Drawing from the latest research and more than 25 years of clinical experience, Dr. Gina Simmons Schneider explains the link between anxiety, anger, and stress and shares groundbreaking remedies from neuropsychology. These tools will strengthen your resilience and expand your capacity for happiness. In Frazzlebrain, you’ll discover how to: Soften your response to stress Overcome toxic self-criticism Tame hostile and cynical thinking Activate your brain’s self-healing properties Create meaningful experiences Cultivate optimism and helpfulness Each chapter offers exercises, case examples, and self-improvement skills to help you achieve a calmer, happier, healthier lifestyle.

Recounts the story of Harry Harlow, a psychologist who speculated, explained, and conducted experiments on whether “love” exists, using rhesus monkeys as subjects.

A balanced, accessible discussion of whether and on what grounds animal research can be ethically justified. An estimated 100 million nonhuman vertebrates worldwide—including primates, dogs, cats, rabbits, hamsters, birds, rats, and mice—are bred, captured, or otherwise acquired every year for research purposes. Much of this research is seriously detrimental to the welfare of these animals, causing pain, distress, injury, or death. This book explores the ethical controversies that have arisen over animal research, examining closely the complex scientific, philosophical, moral, and legal issues involved. Defenders of animal research face a twofold challenge: they must make a compelling case for the unique benefits offered by animal research; and they must provide a rationale for why these benefits justify treating animal subjects in ways that would be unacceptable for human subjects. This challenge is at the heart of the book. Some contributors argue that it can be met fairly easily; others argue that it can never be met; still others argue that it can sometimes be met, although not necessarily easily. Their essays consider how moral theory can be brought to bear on the practical ethical questions raised by animal research, examine the new challenges raised by the emerging possibilities of biotechnology, and consider how to achieve a more productive dialogue on this polarizing subject. The book’s careful blending of theoretical and practical considerations and its balanced arguments make it valuable for instructors as well as for scholars and practitioners.

Alpha Male

The Ethics of Animal Research

Inventing the World

Brain and Behaviour

Rainy Brain, Sunny Brain

The Apology

In the early twentieth century, affection between parents and their children was discouraged—psychologists thought it would create needy kids, and doctors thought it would spread infectious disease. It took a revolution in psychology to overturn these beliefs and prove that touch ensures emotional and intellectual health. In Love at Goon Park, Pulitzer Prize winner Deborah Blum charts this profound cultural shift by tracing the story of Harry Harlow—the man who studied neglect and its life-altering consequences on primates in his lab. The biography of both a man and an idea, Love at Goon Park ultimately invites us to examine ourselves and the way we love.

This guide offers practical tips on science writing - from investigative reporting to pitching ideas to magazine editors. Some of the best known science writers in the US share their hard earned knowledge on how they do their job.

From the bestselling author of The Vagina Monologues--a powerful, life-changing examination of abuse and atonement. “A triumph of artistry and empathy.” --Naomi Klein “A crucial step forward . . . This is an urgently needed book right now.” --Jane Fonda “Unflinching candor . . . immeasurable grace.” --Anita Hill “Courageous, transformative, and yes--healing.” --Anne Lamott "Unflinchingly increases our understanding of the human experience." --Michael Cunningham “[The Apology] will change how all of us think about our souls.” --Johann Hari “Shatteringly brilliant.” --The Times “The geometry of toxic masculinity is contained within these pages.” --Marc Maron Like millions of women, Eve Enslr has been waiting much of her lifetime for an apology. Sexually and physically abused by her father, Eve has struggled her whole life from this betrayal, longing for an honest reckoning from a man who is long dead. After years of work as an anti-violence activist, she decided she would wait no longer; an apology could be imagined, by her, for her, to her. The Apology, written by Eve from her father’s point of view in the words she longed to hear, attempts to transform the abuse she suffered with unflinching truthfulness, compassion, and an expansive vision for the future. Through The Apology Eve has set out to provide a new way for herself and a possible road for others, so that survivors of abuse may finally envision how to be free. She grapples with questions she has sought answers to since she first realized the impact of her father’s abuse on her life: How do we offer a doorway rather than a locked cell? How do we move from humiliation to revelation, from curtailing behavior to changing it, from condemning perpetrators to calling them to reckoning? What will it take for abusers to genuinely apologize? Remarkable and original, The Apology is an acutely transformational look at how, from the wounds of sexual abuse, we can begin to re-emerge and heal. It is revolutionary, asking everything of each of us: courage, honesty, and forgiveness.

This important new book brings together the work of top scholars and clinicians at leading universities and medical centers on the benefits and risks of transpersonal therapy. After comparing a variety of multicultural approaches -- Zen Buddhism, existential phenomenology, and Christian mysticism, among many others -- the book offers a wealth of information on specific disorders and the application of transpersonal psychology techniques such as visualization, breathwork, and "past lives" regression. With solid scholarship, wide scope, and accessible style, Textbook of Transpersonal Psychiatry and Psychology will become the standard work for students, researchers, clinicians, and lay readers interested in extending psychiatry and psychology into sciences that describe the functioning of the human mind, thereby building bridges between those disciplines and spirituality.

Sex on the Brain

The Story of Depression and How We Treat It

William James and the Search for Scientific Proof of Life After Death

One Chemist’s Single-Minded Crusade for Food Safety at the Turn of the Twentieth Century

Frazzlebrain

Archer’s Goon

Winner of New Zealand’S 1999 Montana Book Award. In his first story collection, Brandt presents hilarious but poignant portraits of the first post-feminist generation.

Through ten examples of ingenious experiments by some of psychology’s most innovative thinkers, Lauren Slater traces the evolution of the century’s most pressing concerns—free will, authoritarianism, conformity, and morality. Beginning with B. F. Skinner and the legend of a child raised in a box, Slater takes us from a deep empathy with Stanley Milgram’s obedience subjects to a funny and disturbing re-creation of an experiment questioning the validity of psychiatric diagnosis. Previously described only in academic journals and textbooks, these often daring experiments have never before been narrated as stories, chock-full of plot, wit, personality, and theme.

Are you optimistic or pessimistic? Glass half-full or half-empty? Do you look on the bright side or turn towards the dark? These are easy questions for most of us to answer, because our personality types are hard-wired into our brains. As pioneering psychologist and neuroscientist Elaine Fox has discovered, our outlook on life reflects our primal inclination to seek pleasure or avoid danger—inclinations that, in many people, are healthily balanced. But when our “fear brain” or “pleasure brain” is too strong, the results can be disastrous, as those of us suffering from debilitating shyness, addiction, depression, or anxiety know all too well. Luckily, anyone suffering from these afflictions has reason to hope. Stunning breakthroughs in neuroscience show that our brains are more malleable than we ever imagined. In Rainy Brain, Sunny Brain, Fox describes a range of techniques—from traditional cognitive behavioral therapy to innovative cognitive-retraining exercises—that can actually alter our brains’ circuitry, strengthening specific thought processes by exercising the neural systems that control them. The implications are enormous: lifelong pessimists can train themselves to think positively and find happiness, while pleasure-seekers inclined toward risky or destructive behavior can take control of their lives. Drawing on her own cutting-edge research, Fox shows how we can retrain our brains to brighten our lives and learn to flourish. With keen insights into how genes, life experiences and cognitive processes interleave together to make us who we are, Rainy Brain, SunnyBrain revolutionizes our basic concept of individuality. We learn that we can influence our own personalities, and that our lives are only as “sunny” or as “rainy” as we allow them to be.

“Dray captures the genius and ingenuity of Franklin’s scientific thinking and then does something even more fascinating: He shows how science shaped his diplomacy, politics, and Enlightenment philosophy.” --Walter Isaacson, author of Benjamin Franklin: An American Life Today we think of Benjamin Franklin as a founder of American independence who also dabbled in science. But in Franklin’s day, the era of Enlightenment, long before he was an eminent statesman, he was famous for his revolutionary scientific work. Pulitzer Prize finalist Philip Dray uses the evolution of Franklin’s scientific curiosity and empirical thinking as a metaphor for America’s struggle to establish its fundamental values. He recounts how Franklin unlocked one of the greatest natural mysteries of his day, the seemingly unknowable powers of lightning and electricity. Rich in historical detail and based on numerous primary sources, Stealing God’s Thunder is a fascinating original look at one of our most beloved and complex founding fathers.

Behind the Shock Machine

Noura

Textbook Of Transpersonal Psychiatry And Psychology

The Biological Differences Between Men and Women

Wire Mothers

Love, Sex, and the Science of Attraction

When social psychologist Stanley Milgram invited volunteers to take part in an experiment at Yale in the summer of 1961, none of the participants could have foreseen the worldwide sensation that the published results would cause. Milgram reported that fully 65 percent of the volunteers had repeatedly administered electric shocks of increasing strength to a man they believed to be in severe pain, even suffering a life-threatening heart condition, simply because an authority figure had told them to do so. Such behavior was linked to atrocities committed by ordinary people under the Nazi regime and immediately gripped the public imagination. The experiments remain a source of controversy and fascination more than fifty years later. In Behind the Shock Machine, psychologist and author Gina Perry unearths for the first time the full story of this controversial experiment and its startling repercussions. Interviewing the original participants—many of whom remain haunted to this day about what they did—and delving deep into Milgram’s personal archive, she pieces together a more complex picture and much more troubling picture of these experiments than was originally presented by Milgram. Uncovering the details of the experiments leads her to question the validity of that 65 percent statistic and the claims that it revealed something essential about human nature. Fleshed out with dramatic transcripts of the tests themselves, the book puts a human face on the unwitting people who faced the moral test of the shock machine and offers a gripping, unforgettable tale of one man’s ambition and an experiment that defined a generation.

Deborah Blum examines the history of love through the lens of its strangest unsung hero: a brilliant, fearless, alcoholic psychologist named Harry Frederick Harlow. Pursuing the idea that human affection could be understood, studied, even measured, Harlow (1905-1981) arrived at his conclusions by conducting research-sometimes beautiful, sometimes horrible-on the primates in his University of Wisconsin laboratory. Paradoxically, his darkest experiments may have the brightest legacy, for by studying "neglect" and its life-altering consequences, Harlow confirmed love's central role in shaping not only how we feel but also how we think.

A fascinating, “rich, and generous” (Financial Times) look at the treatment of depression by an award-winning science writer that blends popular science, narrative history, and memoir. Is depression a persistent low mood, or is it a range of symptoms? Can it be expressed through a single diagnosis, or does depression actually refer to a diversity of mental disorders? Is there, or will there ever be, a cure? In seeking the answers to these questions, Riley finds a rich history of ideas and treatments—and takes the reader on a gripping narrative journey, packed with fascinating stories like the junior doctor who discovered that some of the first antidepressants had a deadly reaction with cheese.

“Interweaving memoir, case histories, and accounts of new therapies, Riley anatomizes what is still a fairly young science, and a troubled one” (The New Yorker). Reporting on the field of global mental health from its colonial past to the present day, Riley highlights a range of scalable therapies, including how a group of grandmothers stands on the frontline of a mental health revolution. Hopeful, fascinating, and profound, A Cure for Darkness is “recommended reading for anyone with even a peripheral interest in depression” (Washington Examiner).

NEW YORK TIMES BESTSELLER • A deliciously dark tale of America’s dysfunctional coming years—and the timeless and tender feelings that just might bring us back from the brink. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times • The Washington Post • The Boston Globe • San Francisco Chronicle • The Seattle Times • O: The Oprah Magazine • Maureen Corrigan, NPR • Salon • Slate • Minneapolis Star Tribune • St. Louis Post-Dispatch • The Kansas City Star • Charlotte Observer • The Globe and Mail • Vancouver Sun • Montreal Gazette • Kirkus Reviews In the near future, America is crushed by a financial crisis and our patient Chinese creditors may just be ready to foreclose on the whole mess. Then Lenny Abramov, son of an Russian immigrant janitor and ardent fan of “printed, bound media artifacts” (aka books), meets Eunice Park, an impossibly cute Korean American woman with a major in Images and a minor in Assertiveness. Could falling in love redeem a planet falling apart?

Learning to Love

Super Sad True Love Story

Ghost Hunters

The Informed Parent

The Untold Story of the Notorious Milgram Psychology Experiments

The Poisoner’s Handbook

How much control do we have over love? Much less than we like to think. All that mystery, all that poetry, all those complex behaviors surrounding human bonding leading to the most life-changing decisions we’ll ever make, are unconsciously driven by a few molecules in our brains. How does love begin? How can two strangers come to the conclusion that it would not only be pleasant to share their lives, but that they must share them? How can a man say he loves his wife, yet still cheat on her? Why do others stay in relationships even after the romance fades? How is it possible to fall in love with the “wrong” person? How do people come to have a “type”? Physical attraction, jealousy, infidelity, mother-infant bonding—all the behaviors that so often leave us befuddled—are now being teased out of the fog of mystery thanks to today’s social neuroscience. Larry Young, one of the world’s leading experts in the field, and journalist Brian Alexander explain how those findings apply to you. Drawing on real human stories and research from labs around the world, The Chemistry Between Us is a bold attempt to create a “grand unified theory” of love. Some of the mind-blowing insights include: Love can get such a grip on us because it is, literally, an addiction. To a woman falling in love, a man is like her baby. Why it’s false to say society makes gender, and how it’s possible to have the body of one gender and the brain of another. Why some people are more likely to cheat than others. Why we sometimes truly can’t resist temptation. Young and Alexander place their revelations into historical, political, and social contexts. In the process, they touch on everything from gay marriage to why single-mother households might not be good for society. The Chemistry Between Us offers powerful insights into love, sex, gender, sexual orientation, and family life that will prove to be enlightening, controversial, and thought provoking.

In this meticulously researched and masterfully written book, Pulitzer Prize-winner Deborah Blum examines the history of love through the lens of its strangest unsung hero: a brilliant, fearless, alcoholic psychologist named Harry Frederick Harlow. Pursuing the idea that human affection could be understood, studied, even measured, Harlow (1905-1981) arrived at his conclusions by conducting research-sometimes beautiful, sometimes horrible-on the primates in his University of Wisconsin laboratory. Paradoxically, his darkest experiments may have the brightest legacy, for by studying “neglect” and its life-altering consequences, Harlow confirmed love’s central role in shaping not only how we feel but also how we think. His work sparked a psychological revolution. The more children experience affection, he discovered, the more curious they become about the world: Love makes people smarter. The biography of both a man and an idea, The Measure of Love is a powerful and at times disturbing narrative that will forever alter our understanding of human relationships.

An epic cultural journey that reveals how Venetian ingenuity and inventions—from sunglasses and forks to bonds and currency—shaped modernity. How did a small, isolated city—with a population that never exceeded 100,000, even in its heyday—come to transform western civilization? Acclaimed anthropologist Meredith Small, the author of groundbreaking *Our Babies, Ourselves* examines the the unique Venetian social structure that was key to their explosion of creativity and invention that ranged from the material to social. Whether it was boats or money, medicine or face cream, opera, semicolons, tiramisù or child-labor laws, these all originated in Venice and have shaped contemporary notions of institutions and conventions ever since. The foundation of how we now think about community, health care, money, consumerism, and globalization all sprung forth from the Laguna Veneta. But Venice is far from a historic relic or a life-sized museum. It is a living city that still embraces its innovative roots. As climate change effects sea-level rises, Venice is on the front lines of preserving its legacy and cultural history to inspire a new generation of innovators.

The trouble started when Howard Sykes came home from school and found the "goon" sitting in the kitchen. He said he'd been sent by Archer. But who was Archer? It had to do with the 2,000 words that Howard's author father had failed to deliver. It soon became clear not only that Archer wanted those words, but that his wizard sibling Hathaway, Dillian, Shine, Torquil, Erskine, and Venturus, would also go to any lengths to get them. Although each wizard ruled a section of the town, he or she was a prisoner in it. Each suspected that one of them held the secret behind the words, and that secret was the key to their freedom. Which one of them was it? The Sykes family become pawns in the wizards' fight to win their freedom, wrest control from one another, and fan out to rule the world. Diana Wynne Jones skillfully guides the reader through a riveting, twisty plot, with satisfying surprises at every amazing turn. An exciting science fiction adventure where, happily, nothing is what it first seems to be.

Venice and the Transformation of Western Civilization

A Novel

Opening Skinner's Box: Great Psychological Experiments of the Twentieth Century

Harry Harlow and the Science of Love

The Brief Wondrous Life of Oscar Wao

Quirkology