

Livre De Recette Genevieve Everell

Hailed as a superfood and loved for its cool, tangy taste, yogurt's popularity continues to grow. Yogurt Every Day feeds this frenzy for yogurt, serving up 75 delicious recipes for breakfast, lunch, dinner, snacks and dessert, including how to make your own yogurt at home. After years of serving as a quick breakfast fix or mid-afternoon pick-me-up, yogurt is finally having its day, embraced by a public passionate about the art of living and eating well. The surging popularity of Greek, Skyr and other yogurts testifies not only to their celebrated probiotics and healthful benefits, but to their versatility, creamy textures and rich tangy flavours. In Yogurt Every Day, celebrated nutritionist Hubert Cormier shows just how easy and delicious it is to incorporate yogurt into your daily life, offering 75 recipes for breakfast, lunch, dinner, snacks and dessert--including a full section on how to make your very own yogurt. Whether using a yogurt maker, a slow cooker, or the equipment available in every home kitchen (a saucepan, the stove and the oven), Hubert couldn't make it easier for you to create your favorite type of yogurt--from Swiss, Balkan, Skyr to Greek as well as Coconut yogurt for a dairy-free alternative. With recipes ranging from Chia Seed Pudding with Kiwi, and Frozen Smoothie Yogurt Cubes, to Coquilles Saint-Jacques, Tagliatelle a la Carbonara and Avocado Lassi, Yogurt Every Day offers something for everyone, be it the cook on the go, or the health-minded foodie seeking new recipes, new ingredients and new kitchen adventures.

When not much remains in the fridge, when the asparagus is cheap or when we're pressed for time, we all need simple, healthy and great ideas for meals. Soup is a natural choice, and SoupeSoup delivers. Beautifully packaged, with gorgeous photography, the book presents sixty-five soup recipes that make the ordinary into the extraordinary: from classic Clam Chowder and Gumbo to modern remixes such as Eggplant Potage with Gremolata. Forty generous and creative salads, forty hearty sandwiches and some exceptional desserts round out this fabulously usable cookbook.

When Catherine Lambert, an effortlessly chic Parisian lawyer, receives an offer to transfer to the New York office of her prestigious firm, she unhesitatingly accepts. A dedicated follower of fashion and everything stylish, she is determined to conquer the high-flying world of Manhattan law -- and love. Catherine's dreams of glamour fizzle quickly, however, when she is faced with the hard realities of her profession. The pressure of billable hours, the incessant demands of her impossible bosses, the conspiracies of two malicious secretaries and the advances of the lecherous client prompt her to question her career choice. But then she meets Jeffrey Richardson, a powerful client, and her New York life takes on the romance she'd hoped it would -- until an unexpected request forces Catherine to re-evaluate the exclusive world she's chosen for herself. With its insider's perspective on the dirty deals and intrigue that have darkened Wall Street's reputation, J'adore New York is a bright and funny take on the lives and laws of New York's most powerful players.

More Than 100 Cozy Recipes Free of Gluten and Refined Sugar: A Gluten Free Cookbook

An Autobiography

Life, and Love and Peace

Pork and Sons

The Art of Sushi

The Only Sushi Compendium You'll Ever Need

Fly to Japan and come discover all there is to know about sushi. After revealing the secrets of chocolate to us, Franckie Alarcon offers a gourmet panorama of this exceptional dish that has conquered the planet! But do you really know sushi? The author traveled to Japan to meet all the players involved in the making of this true work of culinary art. From the traditional starred chef to the young cook who is shaking up the rules, including all the artisans and producers involved, this book covers the most emblematic of Japanese products from A to Z. A fascinating journey of discovery that, along the way, tells a lot about Japan itself. You'll never believe the precision and detailed obsession with quality ingredients involved.

An overwhelmingly gorgeous book, packed with simple and delicious recipes for salads and more from Montreal's favourite gourmet salad restaurant! There's nothing a Mandy's salad can't fix. Want an explosion of colour, texture, flavour and fabulousness? Look no further. Inside the pages of this stunning cookbook (and the Mandy's restaurants it's named after) lies everything you need to take your salad game from a meh-maybe, to woohoo, baby!! Mandy's gourmet salads are a jewel of Montreal's (jam-packed) food scene. What started as a 3ft counter at the back of Mimi & Coco clothing store is now an 8 location success story, with ongoing expansion in every direction. Behind Mandy's are the irresistible Wolfe sisters, Mandy and Rebecca. Mandy is in charge of menu inspiration and creation; Rebecca leads the design of all their restaurant locations. More is more is the mantra for both: more colour, more texture, more vibrancy, more life! In Mandy's Gourmet Salads, Mandy and Rebecca talk you through how to create their coveted salads at home, including easy prep steps for essential ingredients, how to mix their famous dressings, and how to combine flavours and textures to create a salad masterpiece. Also inside are recipes for Mandy's nutritious, filling and fantastic grain bowls (for those who want a bit more sustenance) as well as chapters dedicated to smoothies and sweets (sharing Mandy's famous chocolate chip cookie recipe for the first time...). Perfectly timed for fresh summer living, Mandy's Gourmet Salads is a feast, for the eyes as well as the tastebuds!

Go cupcake crazy! With nearly 300 awesome, mouthwatering ideas to choose from, home bakers will find the right recipe for any occasion and every palate. And whether they're chocolaty, spicy, crunchy, fruity, or creamy, these exquisitely decorated treats look as astounding as they taste--perfect little temptations designed to make adults nostalgic and children happy. All the basics are lovingly explained so anyone can whip up a beautiful batch, and there are varieties for every day (from healthy cupcakes to ice cream indulgences); parties big and small; holidays ranging from Christmas to the Fourth of July; just for kids; and fund-raisers and bake sales. Plus, to make things easy, an entire chart- and template-filled chapter focuses on flavor combinations and design elements.

Healthy and Delicious Recipes for Breakfast, Lunch, Dinner and Dessert

Afterland

Transform Your Kitchen, Plate, and Life with More Than 150 Fresh and Flavorful Vegan Recipes

The Enchanted

With KETO and Low-Carbs Diet

Pasta Et Cetera À la Distasio

Claire Martin's autobiography was first published in two volumes in 1965 and 1966. Already a prize winning Quebec writer, the author generated a wave of controversy with this detailed account of a childhood subjected to cruelty and brutality. Her deeply moving portrayal drew acclaim from readers who saw aspects of their own childhood experiences mirrored in its pages; it also evoked resistance from traditionalists unsettled by its exposé of family, church, and convent school some decades before the Quiet Revolution. Written with the passion of one who has known harsh injustices, this memoir nevertheless reflects the steady focus and narrative skill of an seasoned writer. With a richly descriptive style and deft ironic touch, Claire Martin tells her own unforgettable story of a young person confronting and finally emerging from the oppressions of unrestrained malign authority. Presents original recipes for cooking pork, and includes insight into the history of the pig and those who raise them, and offers alternatives for hard-to-find ingredients.

Chicken, Etc. is the twenty-third title in the best-selling Company's Coming cookbook series. With years of experience as a professional caterer and mother of four, Jean Pare can attest to the popularity of chicken as a snack or meal. Economical and versatile, chicken is also a favorite choice for healthy eating. Try a superb classic such as Stuffed Chicken Breasts or a contemporary southwestern dish such as Chili Chicken. Who could pass up the taste of Chicken Little Tarts? Choose from piping hot quiches and pies, a refreshing whole-meal salad or a hearty sandwich. And there's more, including recipes for turkey, duck, goose and Cornish hen. These tempting recipes are quick and easy to prepare and call for everyday ingredients. For simple solutions to home cooked meals Chicken, Etc. has it all! Book jacket.

Soupesoup

L'album

Loose Weight by Eating Fatty Foods

Recipes for Lettuce and Life

Cholesterol

150 Easy Fun-Sized Puzzles

From Pesto to Biscotti Double Chocolat — the recipes are bursting with an Italian flavour! This delicious new book has a wonderful selection of classics, contemporary recipes and menus with an Italian flair. Chapters include Antipasti & Minestre with soups & salads; Pasta Pasta Pasta including sauces for all seasons; Desserts of fruits, glaces, chocolate, etc. The photographs are award-winning and Josée's warm, friendly approach to cooking shines through as she shows you how fresh, good-quality ingredients and a little imagination can inspire fabulous meals.

The inspiration behind "Three Times a Day" is simple: to help improve people's relationship with food in an unpretentious and accessible way. Based on their popular food blog boasting 400,000 followers, Trois Fois Par Jour (Three Times a Day) creators Marilou and Alexandre Champagne are now sharing their recipes and photography with the world in a beautiful hardbound cookbook. With a focus on thoughtful eating, Marilou uses her passion for cooking and a knack for creating unique recipes to bestow a lovely collection of meals: from breakfast and brunch, to entrees and desserts. Simple tips and tricks sprinkled throughout advise on cooking techniques and easy ingredient replacements; thoughtful category labels (such as gluten- or lactose-free, quick & easy, vegetarian, indulgent, and gift) help guide the reader to the perfect recipe. "Three Times a Day, " with more than 100 recipes combined with beautiful, rustic photography, will beckon to both budding and seasoned cooks, alike. International pop star Marilou began her singing career in 2001 when she was only eleven years old. At the age of 16 she developed an eating disorder, and years later she started the blog Trois Fois Par Jour (Three Times a Day) as a way of healing and reconnecting with food. Since its launch in 2013, the blog has gained 400,000 followers. Alexandre Champagne, Marilou's husband, has partnered with her on the Trois Fois Par Jour project since its launch in 2013. Using her food as his muse, he creates stunning photographs on earthy, rustic backgrounds.

Children of Men meets The Handmaid's Tale in this "smartly written" and "splendid" thriller about how far a mother will go to protect her son from a hostile world transformed by the absence of men (Stephen King). Most of the men are dead. Three years after the pandemic known as The Manfall, governments still hold and life continues—but a world run by women isn't always a better place. Twelve-year-old Miles is one of the last boys alive, and his mother, Cole, will protect him at all costs. On the run after a horrific act of violence—and pursued by Cole's own ruthless sister, Billie—all Cole wants is to raise her kid somewhere he won't be preyed on as a reproductive resource or a sex object or a stand-in son. Somewhere like home. To get there, Cole and Miles must journey across a changed America in disguise as mother and daughter. From a military base in Seattle to a luxury bunker, from an anarchist commune in Salt Lake City to a roaming cult that's all too ready to see Miles as the answer to their prayers, the two race to stay ahead at every step . . . even as Billie and her sinister crew draw closer. A sharply feminist, high-stakes thriller from award-winning author Lauren Beukes, Afterland brilliantly blends psychological suspense, American noir, and science fiction into an adventure all its own—and perfect for our times.

Tartare a la maison

Dumplings

Mandy's Gourmet Salads

Mary Anning

True Comfort

The LEGO MINDSTORMS Robot Inventor Idea Book

Toute la s é rie Selfies et sushis dans un coffret !

An official companion to the highly rated cable series offers new insights into its characters and storylines, providing hundreds of set photos, designs and insider accounts as well as actor and crew interviews that describe memorable scripted and unscripted moments from the first two seasons. (This book was previously listed in Forecast.) TV tie-in.

Whatever your sporting goals and motivations are, from spinning three times a week to preparing for a marathon, your diet affects not only your performance, but also the pleasure you have while working out. This book will enable you to: understand how your body uses nutrients as fuel efficiently meet your needs based on your activities and training schedule enjoy your sport, develop your stamina and improve performance plan your diet before, during and after workouts and competitions Discover tasty, quick, easy-to-prepare recipes: Breakfast Cocktail, Coffee Superbars, Energy Balls, Gummy Candies, Crispy Tofu with Broccoli, Beet Patties, Hearty Legume Soup, Omelet in a Cup, Herring alla Puttanesca, Chicken Pizza, Chocolate Pudding...and get ready to move!

The Vegan Stoner Cookbook

On flushe... pis on recommence ! (en th é orie)

J'adore New York

100 Easy Vegan Recipes to Munch

The Vegetarian Silver Spoon

500 Sushi

J'étais prise dans une relation qui battait de l'aile, en plus d'avoir une job aussi stimulante qu'un rendez-vous chez le dentiste. Dans un élan de pure folie et d'inconscience, je me suis inscrite à l'Université de Sherbrooke, à l'autre bout de la province. Jusque-là, c'était un projet en l'air, mais... j'ai été acceptée !!! Est-ce qu'à trente ans, on peut encore se dire : on flushe pis on recommence ? Je m'apprête donc à troquer mon chum, mon travail, ma meilleure amie et ma maison contre des activités d'initiation avec des jeunes dans le début de la vingtaine et des soirées entières passées à étudier. Tout un défi ! Et on oublie l'idée de fonder une famille dans les prochaines années... Mais si c'était aussi l'occasion de vivre d'autres aventures ? De faire des rencontres ? De me « déniaiser » un peu ? Pour repartir à zéro dans ma nouvelle vie, voici ce qu'il me faudra : un nouvel appartement, de nouveaux amis, et une nouvelle job pour payer tout ça. Ça devrait bien aller... en théorie !

NEW YORK TIMES BESTSELLER □ The TV star and author of True Roots shares 130+ of her favorite recipes for healthy, natural, wholesome comfort food in this essential cookbook. "Kristin's family-friendly, decadently 'health-ified' recipes will have you reliving favorite memories and making delicious new ones bite after bite!"—Daphne Oz, Emmy Award-winning television host and bestselling author NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY DELISH Over the past few years, Kristin Cavallari has become known for the healthy recipes she cooks at home for her family. In her bestselling cookbook, True Roots, she shared the recipes that keep her motivated and inspired and in turn challenged fans to cook more meals at home and live a healthier lifestyle. Now, in True Comfort, Kristin turns her attention to some of the most-requested dishes that are hardest to find: healthy comfort food. True Comfort features her favorite recipes for cozy breakfasts (Apple Pecan Dutch Baby, Espresso Overnight Oats, and Sweet Potato Toast), lunches (Roasted Cauliflower Tartine, Nashville Hot Chicken Salad Cups, and Butternut Squash and Leek Chowder) and dinners (Red-Wine Braised Short Ribs, Oat Crust Chicken Pot Pie, and Saffron Seafood Cioppino) plus desserts (Orange Olive Oil Cake and Dark Chocolate Peppermint Silk Pie) and drinks (Cashew Eggnog and Rosemary Charcoal Latte). With tips and tricks to put together a well-stocked pantry, fridge, and freezer, this book goes beyond the traditional cookbook to help readers feel more like Kristin in the kitchen.

A sweet and funny "I Love You" picture book about everything a parent loves about his or her child—from acclaimed artist Susan Farrington. Do you know what I love? So many things! When you smile, When you're brave, When you hold my hand, And a million more things, too many to list, All the things I love—about you!

Soupes-repas

Three Times a Day

Restaurant Au Pied de Cochon

Plant Power

Sports Nutrition

A collection of vegan recipes so simple to make that even a stoner could prepare them, this highly illustrated cookbook from the creators of The Vegan Stoner food blog proves that going vegan can be fun, cheap, and easy. Cooking vegan doesn't have to be hard! This irreverent take on veganism proves that beginners and slackers alike can whip together yummy, filling meals with just a few ingredients and minimal time and effort. Foolproof recipes for breakfast, lunch, dinner, and munchies include Mean Green Smoothies, Aspara-Guy Sushi, Bahnwiches, Animal Cookies, Churro Chips, and more.

Louis has to do an oral presentation on his pet. To everyone's great surprise, he decides to present his mammoth. Even more surprising, he talks to the class about a new species of hairy Elephantidae only recently discovered: the Rock Mammoth. This proud ancestor of the hairy musicians of the '70s didn't actually disappear. In fact, these elephants had had enough of being rock stars and wished for a more tranquil life. So they decided to remain hidden during the last millennia. But now Louis, the great mammoth enthusiast and rigorous scientific apprentice, has discovered this well-kept secret and is ready to reveal it to the world.

A wondrous and redemptive debut novel, set in a stark world where evil and magic coincide, The Enchanted combines the empathy and lyricism of Alice Sebold with the dark, imaginative power of Stephen King This is an enchanted place. Others don't see it, but I do. The enchanted place is an ancient stone prison, viewed through the eyes of a death row inmate who finds escape in his books and in re-imagining life around him, weaving a fantastical story of the people he observes and the world he inhabits. Fearful and reclusive, he senses what others cannot. Though bars confine him every minute of every day, he marries visions of golden horses running beneath the prison, heat flowing like molten metal from their backs with the devastating violence of prison life. Two outsiders venture here: a fallen priest and the Lady, an investigator who searches for buried information from prisoners' pasts that can save those soon-to-be-

executed. Digging into the background of a killer named York, she uncovers wrenching truths that challenge familiar notions of victim and criminal, innocence and guilt, honesty and corruption—ultimately revealing shocking secrets of her own. Beautiful and transcendent, *The Enchanted* reminds us of how our humanity connects us all, and how beauty and love exist even amidst the most nightmarish reality.

Chicken, Etc.

What I Love About You

The New York Times Blooming Book of Mini Crosswords

The World's 60 Best Salads Period

Company's Coming Pies

In an Iron Glove

A follow-up to the best-selling LEGO® Technic Idea Book series by master builder and LEGO luminary Yoshihito Isogawa, readers learn to create their own robots from the LEGO MINDSTORMS Robot Inventor Set. If you've had your fun building programmable, intelligent creations with the LEGO® MINDSTORMS® Robot Inventor set, it's time to take your bot-building to the next level! With over 125 new models, the LEGO MINDSTORMS Robot Inventor Idea Book will unleash your imagination and open up limitless possibilities for unique robotic designs. You'll learn how to build basic mechanisms with motors and sensors, robots that can walk or drive themselves, and practical tools for lifting, opening doors, drawing, and even launching projectiles. Then, bring them all to life with the LEGO MINDSTORMS Robot Inventor App, which lets you program your bots to perform tasks and missions. Each model is paired with an illustrated list of parts and multi-angled color photographs, so you can easily reproduce the projects without the need for step-by-step instructions. Best of all, you'll also be inspired to combine various mechanisms into your own interactive inventions, toys, cars, games, and more! To build the book's models, all you need is the LEGO® MINDSTORMS® Robot Inventor set (#51515) and a smart device that can run the MINDSTORMS App.

-- Crustless, mock, upside-down, no-bake, baked & frozen

The consequences of high cholesterol can be irreversible. But thanks to good eating habits, you can considerably improve your lipid profile and significantly reduce your risk of cardiovascular disease and stroke. This book will allow you to: Demystify the concepts of "good" and "bad" cholesterol and understand the complications related to hypercholesterolemia Improve your digestion and your lipid profile Easily identify the different types of fat so you know which are good and which are bad Plan your meals and snacks through daily menus suitable for your condition Discover tasty, quick, easy-to-prepare recipes: Carrott Cookies, Chicken with Almond Crust, Three Pepper Warm Salad with Spicy Sole, Mediterranean Quiche, Scrambled Tofu with Broccoli, Toasted Tuna Sandwich, Pineapple Frozen Yogurt, Healthy Biscotti...and improve your health!

Inside HBO's Game of Thrones

110 recettes originales d'inspiration asiatique

Rock Mammoth

Classic and Contemporary Italian Recipes

Seasons 1 & 2 (Game of Thrones Book, Book about HBO Series)

Yogurt Every Day

500 Sushi provides the home chef with everything needed to make delicious, authentic sushi at home. Making these flavorsome bites is easy with this exhaustive collection of recipes! Following the expert advice from the founder of Moshi Moshi Sushi, you will learn how to choose fresh fish and other ingredients and fuse them into delicious combinations. From toppings and fillings to seasonings and accompaniments, this book gives you the tips and knowledge you need to make this popular Japanese dish.

Acclaimed and bestselling vegan author, cook, and creator of VegKitchen.com, Nava Atlas, delivers a beautiful must-have guide to transform your plate, your kitchen and your life with the best nature has to offer, including 125 delicious and versatile plant-based recipes for every day of the year. Eating vegan doesn't have to be about sacrifice and substitutions. With *Plant Power*, Nava Atlas celebrates the bounty of natural foods and teaches everyone—from committed vegans to those who just want more plants in their diet—how to implement a plant-based approach to their lives—easily, practically, and joyfully, every day. Illustrated with 75 gorgeous color photographs throughout, *Plant Power* focuses on the basics, from setting up a plant-powered pantry and fridge to choosing the best fresh foods for each season and streamlining daily meal preparation. Whether it's a stir-fry using leftover veggies in the crisper, a fajita dinner to please different taste buds, yummy hummus wraps, or a pot of chili to savor on a cold winter evening, *Plant Power* takes the challenge out of meal-planning and makes it fun. Each of the fresh and flavor-packed recipes is easy to make and customizable, with tips on variations from turning up the heat and mixing up ingredients, to kid-friendly, gluten-free, and seasonal options. "By savoring and being grateful for the abundance of whole foods, a powerful message is conveyed," Nava writes. "This is what we choose to eat; this is sustainable. And best of all, eating this way makes the world a better and more compassionate place."

In this book from the critically acclaimed, multimillion-copy best-selling Little People, BIG DREAMS series, discover the life of Mary Anning, the first paleontologist, and daring fossil hunter. When Mary was little, her family was very poor. She used to help her dad to comb for shells and bones up high on dangerous cliffs. After receiving a book as a gift from a kind benefactor, Mary learned all about fossils. She continued to hunt for them and made the startling discovery of a complete skeleton of an ichthyosaur. Sadly, she wasn't allowed to study along with all the other men, but she carried on making her own discoveries—including dinosaur poo!—and advising the Geological Society when they needed help. It took a lifetime to receive recognition but we all remember her now as the mother of paleontology. This roar-some book features stylish and quirky illustrations and extra facts at the back, including a biographical timeline with historical photos and a detailed profile of the paleontologist's life. Little People, BIG DREAMS is a best-selling series of books and educational games

that explore the lives of outstanding people, from designers and artists to scientists and activists. All of them achieved incredible things, yet each began life as a child with a dream. This empowering series offers inspiring messages to children of all ages, in a range of formats. The board books are told in simple sentences, perfect for reading aloud to babies and toddlers. The hardcover versions present expanded stories for beginning readers. Boxed gift sets allow you to collect a selection of the books by theme. Paper dolls, learning cards, matching games, and other fun learning tools provide even more ways to make the lives of these role models accessible to children. Inspire the next generation of outstanding people who will change the world with Little People, BIG DREAMS!

Le Bulletin Des Recherches Historiques

21 Days of Menus

The Cookbook

Olive + Gourmando

Reinforced Concrete Bridges

A Novel of Haute Couture and the Corner Office

More than 200 delicious classic and contemporary Italian vegetarian recipes from the acclaimed Silver Spoon kitchen The latest title to join Phaidon's Silver Spoon library features more than 200 recipes for Italian vegetarian dishes, with a particular emphasis on healthy meat-free options for appetizers, main dishes, salads, sides, and desserts. Recipes range from classic dishes that are traditionally vegetarian to contemporary dishes that introduce ingredients borrowed from outside Italy's culinary culture. The book is easy to navigate, thanks to its recipe icons, while gorgeous specially commissioned photographs bring its delicious dishes to life.

Soupes-repas 110 recettes originales d'inspiration asiatique Dumplings On flushe... pis on recommence ! (en théorie) Éditions de Mortagne

Crazy about Cupcakes

A Novel

Selfies et sushis - Coffret