

glitches... the physical injuries and mental setbacks that you'll learn from: by recording how and why they happened you'll not repeat them. And don't forget to diffuse the seriousness, laugh a little, push through the pain with a joke and a smile. This is supposed to be fun, right.? So are you taking control? Use this planner to schedule and remind yourself of each small step of your journey to a better place - your future self will thank you. 6 x 9inch (15.24cm x 22.86cm) dimensions. 167 pages. Contains full year and full month calendars for 2020. 3 and 4 days to a page so one week opens inside the planner across two pages - easy to read and plenty of room for notes and scheduling. The stylish cover has an achingly cool matte finish. High quality crisp white paper, sturdy to prevent ink bleed-through. Good for pen or pencil. For home or office, school or college. This edition contains full U.S. holidays and noteworthy dates so you'll never forget Mother's Day, Father's Day and you'll be right on top of daylight savings... U.K. version, with public holidays, is also available. Click 'Buy' at the top of the page and start owning your journey to personal power.

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