

## Life In A Jar The Irena Sendler Project

A bad day for little Alexa Grace is made better by a visit from her grandmother, who gives her an "Ebenezer jar" representing the blessings of God that Alexa Grace endeavors to fill with symbolic objects found while exploring with her Newfoundland puppy.

"King of the country, boss of the stix!" Hip Hop has long made braggadocio a work requirement, often for the same "show" factor that arrives when aspiring rappers rent jewelry and nice cars to wear and drive in their music videos. With Big Smo, everything about him as a superstar is authentic: from the farm in middle Tennessee he shot the majority of his music videos, television show, and continues to live and raise his three daughters on to the family Moonshine recipe and even the head of a live chicken he personally cut off to great controversy in his now legendary Kickin' It in Tennessee video. By far the biggest star of the country rap genre he helped invent and put on the national map with the help of well over 70 million Youtube views, he remains the first and only country rapper to date to ever sign a major label record deal with Warner Bros. With a catalog of 10 albums, including highlights like American Made, Kuntry Livin', which spawned the hits Workin' and Anything Goes, We the People, and Special Reserve among other fan favorites, Smo cultivated a fervent fanbase--affectionately referred to as Kinfoke--and brought them to the mainstream as the grassroots fire was soon blazing hotly enough to capture the Wall Street Journal's attention. A natural ambassador for his listeners' lifestyle with a star personality so charismatic he wound up with his own A&E reality show--another first for his genre--more than 2 million fans made it so officially when The Big Smo Show debuted in June 2014 on A&E and ran for two seasons. Now, Smo tells all in My Life in a Jar: The Book of Smo.

Valentina's family has come from Russia with a wonderful dream --- to own a store. Valentina wants to help, but everyone says she's too little to contribute to the glass jar where the dream money is kept. The family becomes discouraged when little money comes in, but Valentina has discovered how she can help make their dream come true.

Tells story of Irena Sendler who organized the rescue of 2,500 Jewish children during World War II, and the teenagers who started the investigation into Irena's heroism.

Cultured Food in a Jar
The Diving Bell and the Butterfly
100+ Probiotic Recipes to Inspire and Change Your Life
The Life and Works of the Enslaved African-American Potter, Dave
The Irena Sendler Project : a Novel
A Story About Being Thankful

What if you have waited to find love only to be rejected when it finally comes? Lenore Lapp is an Amish schoolteacher in her late twenties still living at home with her parents and grandparents. She thought love had passed her by until she meets Jesse Smo quickly falls in love with them both and accepts Jesse's proposal of marriage, but Jesse breaks off their engagement when he realizes he can't marry only for convenience. Resigned to living single, Lenore throws herself into caring for her elders. While working an old jar. Will Lenore find healing for her broken heart and solve long-buried family secrets by reading the note contained inside?

This carefully crafted ebook: "The Bell Jar" is formatted for your eReader with a functional and detailed table of contents. Esther Greenwood, a young woman from the suburbs of Boston, gains a summer internship at a prominent magazine in New York City, neither stimulated nor excited by either the big city or the glamorous culture and lifestyle that girls her age are expected to idolize and emulate. She instead finds her experience to be frightening and disorienting. From hereafter her mental state keeps dete being kept inside a glass bell jar! The Bell Jar is the only novel written by the American writer and poet Sylvia Plath. Originally published under the pseudonym "Victoria Lucas" in 1963, the novel is semi-autobiographical, with the names of places and people changed to roman a clef because the protagonist's descent into mental illness parallels Plath's own experiences with what may have been clinical depression or bipolar II disorder. Plath died by suicide a month after its first UK publication. The novel was published under the name "The Bell Jar" in the United States until 1971, in accordance with the wishes of both Plath's husband, Ted Hughes, and her mother.

"I try not to think about it, what I did to that boy." Seventeen-year-old Kenna Marsden has a secret. She's haunted by a violent tragedy she can't explain. Kenna's past has kept people-even her own mother-at a distance for years. Just when she finds a friend and plunges into a new nightmare: her mom and twin sister are attacked, and the dark powers Kenna has struggled to suppress awaken with a vengeance. On the heels of the assault, Kenna is exiled to a nearby commune, known as Eclipse, to live with a relatively unknown man and an extraordinary new way of life as she learns who she really is, and the wonders she's capable of. For the first time, she starts to feel like she belongs somewhere; that her terrible secret makes her beautiful and strong, not dangerous. But the longer she stays, the more something menacing lurking underneath its idyllic veneer. And she begins to suspect that her new family may have sinister plans for her...

"Tells Irena Sendler's story of saving 2,500 children during the Holocaust"--

Star in the Jar
One Jar of Magic
Before the Court of Heaven
Jars of Hope
Dandelions in a Jelly Jar
Irena Sendler

What if your old college roommate called, raving about a book someone sent her, calling it the most beautiful book she’s ever read? “But,” she said, “it’s about you.” The author is your college ex. In The Mason Jar, Clayton Fincannon is a Tennessee farm boy raised at the feet of his grandfather. He and his grandfather leave letters for each other in a Mason jar on his grandfather’s desk; letters of counsel and affirmation. When Clayton attends college in Southern California, he meets and falls in love with a dark haired debutante from Colorado. However, when an unmentioned past resurrects in her life and she leaves, Clayton is left with unanswered questions. Clayton goes on to serve as a missionary in Africa, while he and his grandfather continue their tradition of writing letters. When Clayton returns home five years later to bury his grandfather, he searches for answers pertaining to the loss of the young woman he once loved. Little does Clayton know, the answers await him in the broken Mason jar. A story about a girl who vanished, a former love who wrote a book about her and a reunion they never imagined. Written for the bruised and broken, The Mason Jar is an inspirational romance that brings hope to people who have experienced disappointment in life due to separation from loved ones. With a redemptive ending that encourages us to love again, and written in the fresh, romantic tones of Nicholas Sparks, The Mason Jar interweaves the imagery of Thoreau with the adventures and climatic family struggles common to Dances with Wolves, A River Runs Through It and Legends of the Fall. Note: In September 2014, a new version of The Mason Jar (distinguishable by the blue title box on the front cover) was released with a redemptive ending.

On the anniversary of the roundup of Jews by the French police in Paris, Julia is asked to write an article on this dark episode and embarks on an investigation that leads her to long-hidden family secrets and to the ordeal of Sarah.

"The story of Irena Sendler, a Polish Catholic social worker who helped rescue nearly 2500 Jewish children from the Warsaw Ghetto in Nazi-occupied Poland during World War II. Includes afterword, author's note, sources, and glossary"--Provided by publisher.

Stock your pantry with shelf-stable, homemade meals you can serve in no time with this unique and practical recipe book. With Julie Languille’s Meals in a Jar, all you have to do is pull one off the shelf, mix with water, cook, and serve. It’s as quick and easy as preparing a box of mac and cheese—but it’s not store-bought junk, it’s your favorite dishes made from scratch. With Julie’s easy-to-follow recipes and a little planning, you’ll have your pantry stocked with healthy, delicious ready-to-cook meals, like:
• Tomato Soup with Cheese
• Cheddar Garlic Biscuits
• Cornmeal Pancakes with Syrup
• Breakfast Burritos
• Chicken Chipotle Soup
• Carnitas
• Braised Short Ribs
• Turkey Pot Pie
• Coq Au Vin
• Rustic Fruit Pie
Meals in a Jar is packed with step-by-step instructions for natural breakfasts, lunches, dinners and desserts that allow even the most inexperienced chefs to make scrumptious, nutritious dishes. Not only are the recipes in this book perfect for carry-along camping fare or rushed weeknight dinners, they can also be life-savers in times of disasters like fires, blackouts or hurricanes.

The Extraordinary Story of the Woman Who Saved 2,500 Children from the Warsaw Ghetto

Master Your Mind and Defy the Odds - Clean Edition

Pets in a Jar
My Life in a Jar
The Secret Life of Bees

***Three months touring Europe. Romantic. Dazzling. Unforgettable. The trip of a lifetime.But some lifetimes are shorter...We couldn't have known it would work out this way. No one could. No one could've guessed that something so beautiful could be so tragic.But it is tragic.Yet so, so beautiful.That's what sacrifice is-beauty and tragedy.It's pain and suffering for something or someone you love.And this is the ultimate sacrifice.One stunning act of true love.This is our story.Our true love story.***

***Here's a marvelous picture book, charmingly written and beautifully illustrated, about the power of memory and the magic of friendship. Llewellyn, a little rabbit, is a collector. He gathers things in jars--ordinary things like buttercups, feathers, and heart-shaped stones. Then he meets another rabbit, Evelyn, and together they begin to collect extraordinary things--like rainbows, the sound of the ocean, and the wind just before snow falls. And, best of all, when they hold the jars and peer inside, they remember all the wonderful things they've seen and done. But one day, Evelyn has sad news: Her family is moving away. How can the two friends continue their magical collection--and their special friendship--from afar?***

***The "extraordinary and gripping account of Irena Sendler--the "female Oskar Schindler"--who took staggering risks to save 2,500 children from death and deportation in Nazi-occupied Poland during World War II"--Dust jacket. "Seems destined to help jump-start classroom writing assignments." --Publishers Weekly "A good starting point for creativity in various forms." --School Library Journal "This imaginative book is likely to inspire more Idea Jars in classrooms." --Booklist From the author of Warning: Do Not Open This Book comes a lively story about a teacher's special jar where her students keep their story ideas—but watch out when those ideas go on the loose! The idea jar is where students keep their ideas—anything from a Viking to a space robot to a giant dragon. These ideas can be combined to make new exciting stories. But watch out when the ideas escape the jar—they might get a little rowdy! Adam Lehrhaupt's newest picture book is sure to inspire creativity, imagination, and adventure.***

***The Jar of Happiness***

***Life in a Jar***

***Sarah's Key***

***Things in Jars***

***The Irena Sendler Project***

***The Book of Smo***

A celebration of the liberating power of consciousness—a triumphant book that lets us witness an indomitable spirit and share in the pure joy of its own survival. In 1995, Jean-Dominique Bauby was the editor-in-chief of French Elle, the father of two young children, a 44-year-old man known and loved for his wit, his style, and his impassioned approach to life. By the end of the year he was also the victim of a rare kind of stroke to the brainstem. After 20 days in a coma, Bauby awoke into a body which had all but stopped working: only his left eye functioned, allowing him to see and, by blinking it, to make clear that his mind was unimpaired. Almost miraculously, he was soon able to express himself in the richest detail: dictating a word at a time, blinking to select each letter as the alphabet was recited to him slowly, over and over again. In the same way, he was able eventually to compose this extraordinary book. By turns wistful, mischievous, angry, and witty, Bauby bears witness to his determination to live as fully in his mind as he had been able to do in his body. He explains the joy, and deep sadness, of seeing his children and of hearing his aged father's voice on the phone. In magical sequences, he imagines traveling to other places and times and of lying next to the woman he loves. Fed only intravenously, he imagines preparing and tasting the full flavor of delectable dishes. Again and again he returns to an "inexhaustible reservoir of sensations," keeping in touch with himself and the life around him.

Jean-Dominique Bauby died two days after the French publication of The Diving Bell and the Butterfly. This book is a lasting testament to his life.

Please note: This is a companion version & not the original book.
Sample Book Insights:
#1 When Liz began The Irena Sendler Project, she was surprised to find that it had become a lot more than just a simple extra-curricular National History Day project. It had taken on a life of its own as The Irena Sendler Project.
#2 When Liz was five, her mother left her behind to go stay with her boyfriend. She never returned. Her father was afraid of her, and he rarely visited. She was sent to many counselors and social workers who tried to help her understand her feelings.
#3 Grandpa Bill had problems with his daughter, Liz. She was a difficult child who had issues in school. She couldn't sit still, didn't pay attention, and didn't do anything she didn't want to. She was often in fights.
#4 Liz was assigned to Mr. Kayhart's class again, which was difficult for her. She eventually transferred into Mr. Conard's Creative Social Studies class, which was more to her liking. Mr. Conard's class focused on projects that dealt with the civil rights struggle, the Depression, and issues of diversity and tolerance.

"He who changes one person, changes the world entire." That is how Irena Sendler viewed life, and that view moved her to the heroic actions she displayed during World War II. As a Polish social worker who saw the disturbing treatment of the Jewish people by Hitler and the Nazis, Irena was determined to do all she could to provide help and safety for Jewish families. It was her bravery and leadership that led to the rescue of so many Jewish children from the Warsaw Ghetto. In Mommy, Who Was Irena Sendler? children will learn how Megan Felt and her high school classmates uncovered the amazing story of Irena Sendler and brought that story to light. As the three high school girls from Kansas began to share the story they called Life in a Jar, many lives were touched and forever changed. Even after the story was first shared with the world, that emotional connection continued to reach across generations. Megan's daughter, too, learned a life-changing lesson from both the courage of Irena Sendler's selfless acts and those of her own mother's determination to share Irena's story. What Mommy, Who Was Irena Sendler? is the thid in a series of children's books about the amazing Unsung Heroes featured at the Lowell Milken Center for Unsung Heroes in Fort Scott, Kansas. Through Irena's story and those of other Unsung Heroes, the Center helps students, educators and communities recognize the value of each person in effecting positive change in the world. Cathy Werling, the author, is an award-winning and recently retired elementary educator. Her passion for helping students develop positive character traits and seek out worthy role models led to her part time work at the Lowell Milken Center for Unsung Heroes. Through her series of books about these humble heroes, Cathy inspires elementary children to also be those people who make a positive difference in the lives of others.

In her stunning debut, Nicola Monaghan lays bare the gritty underbelly of life in Nottingham, England. Very early on, Kerrie-Ann begins to dream of the world beyond the rough council estate where she lives. Her father is nowhere to be found, her mother is a junkie, and she is left to care for her little brother. Clever, brave, and frighteningly independent, Kerrie-Ann has an unbreakable will to survive. She befriends her eccentric, elderly neighbor, who teaches her about butterflies, the Amazon, and life outside of her tough neighborhood. But even as Kerrie-Ann dreams of a better life she becomes further entangled in the cycles of violence and drugs that rule the estate. Brilliant, brutal, and tender, The Killing Jar introduces a brave new voice in fiction. Nicola Monaghan's devastating prose tells an unforgettable story of violence, love, and hope.

Names in a Jar
Dreams Are For Everybody
The Healing Jar
I Made this Jar--
The Name Jar
Quick and Easy, Just-Add-Water, Homemade Recipes

Twelve-year-old Anna Krawitz is imprisoned in the Warsaw Ghetto with her older sister, Lina, and their father. Happy days spent reading about anatomy and science in Papa ' s bookshop are long gone, and the knowledge they have is used to help their neighbors through the illnesses caused by starvation and war. With no hope in sight and supplies dwindling, Anna finds herself taking care of an orphaned baby. With a courage she didn ' t know she had, Anna and the baby leave behind all they know and go into hiding with a Catholic family, changing their names to hide their identity, but Lina is not so lucky and winds up in the infamous Treblinka Camp. Can Lina survive and find her way back to Anna? Will the two sisters even recognize each other after such a long time? A story filled with hope, courage and reconciliation. Synopsis coming soon.....

The peaceful town of Lake Emily will never be the same when Trudy Ploog comes to stay! Mae Morgan ' s flamboyant art teacher sister, Trudy Ploog, moves to the quiet, rural town of Lake Emily, Minnesota, to be closer to Bert Biddle, her shy, unassuming farmer boyfriend. Everything is perfect and then...the school board cuts the Gifted and Talented program and rumors of more cuts fly. Outraged, Trudy kicks up a whirlwind, beginning with a letter to the paper that questions the very foundation of small-town life--high school sports! Soon the whole town is talking, and Trudy and Bert are put to the test. Meanwhile, the Morgan family is recovering from the loss of a child and the death of a life-long dream as Virginia Morgan helps a father and daughter rediscover life. A hopeful story of facing the challenges of life with courage and learning to see with eyes of grace, Dandelions in a Jelly Jar gently reminds you that the best bouquets are dandelions. " A welcomed new voice in a genre that is begging for novels of this caliber. Bravo. " --Ted Dekker, best-selling author of Blink and Thr3e " Traci ' s books... call my name and soothe my soul. " --Jane Kirkpatrick, award-winning author of All Together in One Place and A Name of Her Own

Historical fiction based on the true story of Ernst Techow, a young fascist assassin responsible for the 1922 murder of the highest-ranking Jew in Weimar Germany, Foreign Minister Walther Rathenau. Rathenau's mother's letter, read at Ernst's trial, offers her forgiveness if he confesses his guilt and repents before the court of heaven. Her letter becomes the fulcrum of Ernst's redemption. A literary portrayal of Germany from the beginning of the 20th Century to W. W. II, BEFORE THE COURT OF HEAVEN is also a thriller and the tender love story of Ernst and Lisa.

A Novel
Out of a Jar
Irena's Children
The Killing Jar
Can't Hurt Me
The Empty Jar

*Fans of Sophie Kinsella and the Shopaholic series will fall in love with Lanie Howard—young, fabulous, and desperate to transform her life—in this funny, quirky, and endearing story about finding perfect happiness in life’s most imperfect moments. WHEN LIFE GIVES YOU LEMON-DROP MARTINIS... Real-estate broker Lanie Howard figures she has the perfect man, the perfect job, and the perfect life. Then she stumbles across her old Someday Jar, the forgotten glass relic where she stashed all the childhood wishes—no matter how crazy—that her father encouraged her to write down on the backs of Chinese restaurant fortunes. She used to be fun once! What happened to her? DON'T CHOKE ON THE RIND. Although Lanie is wary of uncorking her past, when an attractive stranger saves her from a life-or-death encounter with a lemon peel at the bottom of a martini glass, she realizes that life is way too short for regrets. Now, jar in hand, Lanie decides to throw caution to the wind, and carry out everything she had once hoped to do, even if it means leaving her perfectly “perfect” life behind...*

*Presents the life story of Irena Sendler who rescued twenty-five thousand Jewish children during the Holocaust by smuggling them out of the Warsaw Ghetto and forging new identities for them.*

*New York Times Bestseller Over 2.5 million copies sold For David Goggins, childhood was a nightmare - poverty, prejudice, and physical abuse colored his days and haunted his nights. But through self-discipline, mental toughness, and hard work, Goggins transformed himself from a depressed, overweight young man with no future into a U.S. Armed Forces icon and one of the world's top endurance athletes. The only man in history to complete elite training as a Navy SEAL, Army Ranger, and Air Force Tactical Air Controller, he went on to set records in numerous endurance events, inspiring Outside magazine to name him The Fittest (Real) Man in America. In this curse-word-free edition of Can't Hurt Me, he shares his astonishing life story and reveals that most of us tap into only 40% of our capabilities. Goggins calls this The 40% Rule, and his story illuminates a path that anyone can follow to push past pain, demolish fear, and reach their full potential.*

*This highly anticipated follow-up to the critically acclaimed and bestselling picture book In a Jar stars one little bunny dealing with some very big feelings. Llewellyn does not like to feel afraid or sad, angry, lonely, or embarrassed. And so he comes up with a brilliant plan: he tucks each of his feelings into jars and hides them away where they won't bother him anymore. But when he gets in trouble in class, Llewellyn finds he needs to put away excitement too. And when joy is quickly followed by disappointment, he decides to get rid of joy as well. After a while, Llewellyn walks around not feeling much of anything at all. And what happens when his emotions refuse to be bottled up any longer? In this richly illustrated and universally relatable picture book, Llewellyn soon discovers that life is more colorful when he sets his emotions free. And only then, by facing and embracing each of his feelings, is he finally able to let them go.*

*In a Jar*

*The Hope Jar*  
*Collecting and Caring for Small Wild Animals*  
*Mommy, Who Was Irena Sendler?*  
*Meals in a Jar*  
*The Bell Jar*

*The new kid in school needs a new name! Or does she? Being the new kid in school is hard enough, but what about when nobody can pronounce your name? Having just moved from Korea, Unhei is anxious that American kids will like her. So instead of introducing herself on the first day of school, she tells the class that she will choose a name by the following week. Her new classmates are fascinated by this no-name girl and decide to help out by filling a glass jar with names for her to pick from. But while Unhei practices being a Suzy, Laura, or Amanda, one of her classmates comes to her neighborhood and discovers her real name and its special meaning. On the day of her name choosing, the name jar has mysteriously disappeared. Encouraged by her new friends, Unhei chooses her own Korean name and helps everyone pronounce it—Yoon-Hey.*

*Named a "Parents Best Children's Books 2018"! What would you do with a fallen star? When a little boy stumbles across a lost star, he decides to take care of it, putting it in a jar and carrying it with him everywhere. But when the sky calls out for its missing star, can the little boy and his sister figure out a way to return the star to its friends in the sky...even if it means saying goodbye forever? This warm-hearted and enchanting bedtime story celebrates the rewards of true friendship. Praise for Star in the Jar: "A cheery, warm-hearted tale, beautifully told." —The Guardian*

*Life in a Jar*  
*The Irena Sendler Project*  
*Long Trail Press*  
*A Brand-New Series from New York Times Bestselling Author Wanda E. Brunstetter. What happens when making an elderly Amish couple very happy means going along with a lie that gets bigger by the day? Michelle Taylor is not who her new family in Lancaster County believes her to be. The Lapps were looking for their long-lost granddaughter when they met Michelle and she assumed the identity of Sara Murray. Once homeless and hopeless, Michelle has come to love her new Amish friends and even considers the idea of romance among them. Finding an old blue jar in the barn that is filled with slips of paper containing thoughts, quotes, and prayers by an unknown author becomes a boost to Michelle's budding faith— but also convicting. How can she tell the truth without hurting the ones she has truly come to love?*

*Irena's Jars of Secrets*  
*The Dream Jar*  
*Balanced Action*  
*The Someday Jar*  
*Bringing Life to Children of the Holocaust*  
*Idea Jar*

*After her mother's death, Lily Owens and her African-American maid seek refuge from the racism of their South Carolina hometown with eccentric beekeeping sisters in this coming of age story representing the letter "K" in a new series of twenty-six collectible editions. In her third cookbook, creator and founder of the Cultured Food Life blog and author of Cultured Food for Life and Cultured Food for Health Donna Schwenk offers over 100 probiotic recipes for the on-the-go lifestyle. These cultured food recipes are easy-to-make and all portable in jars. Schwenk covers everything from the basics like making your own kefir, kombucha, and nondairy milks, to snacks and beverages, to filling, savory meals. Complete with full-color photos and clear, thorough instructions, Cultured Food in a Jar offers an accessible, mouthwatering approach to probiotic eating and gut health.*

*Suggestions for collecting and keeping as pets such small animals as snails, toads, worms, ants, butterflies, and starfish. In this "miraculous and thrilling" (Diane Setterfield, #1 New York Times bestselling author) mystery for fans of The Essex Serpent and The Book of Speculation, Victorian London comes to life as an intrepid female sleuth wades through a murky world of collectors and criminals to recover a remarkable child. Bridle Devine—flame-haired, pipe-smoking detective extraordinaire—is confronted with the most baffling puzzle yet: the kidnapping of Christabel Berwick, secret daughter of Sir Edmund Athelstan Berwick, and a peculiar child whose reputed supernatural powers have captured the unwanted attention of collectors in this age of discovery. Winding her way through the sooty streets of Victorian London, Bridle won't rest until she finds the young girl, even if it means unearthing secrets about her past that she'd rather keep buried. Luckily, her search is aided by an enchanting cast of characters, including a seven-foot-tall housemaid; a melancholic, tattoo-covered ghost; and an avuncular apothecary. But secrets abound in this foggy underworld where nothing is quite what it seems. Blending darkness and light, Things in Jars is a stunning, "richly woven tapestry of fantasy, folklore, and history" (Booklist, starred review) that explores what it means to be human in inhumane times.*

*Summary of Jack Mayer's Life in a Jar*  
*How One Woman Helped Save 2,500 Children During the Holocaust*  
*Christmas Jars*  
*The Mason Jar*  
*The Blessings Jar*

Someone leaves a jar filled with money with the label "Christmas jar" on it after the robbery of journalist Holly Jensen's apartment on Christmas Eve and she decides to search for the donor and the meaning behind it.

How do you create happiness? In this story, one child finds a way. She mixes the smell of warm biscuits and the seaside with the taste of chocolate ice cream, apple juice and the warmth of sunshine. She fills the jar and visits her loved ones to share her invention. But one day her jar goes missing. She searches everywhere but cannot find it. As she retraces her footsteps she discovers there are many different ways to share happiness.

Everything we do, the way we think or the words we choose to express ourselves, are reflections of who we are. Every action leaves a small trace in the universe. If we choose to look into this gigantic mirror, we have the opportunity to learn a lot about ourselves. Let's dive into this collection of texts and drawings first published on balancedaction.me. These are articles at the intersection between life and work. Drawing from eastern and western philosophy, science, literature, art and daily life, these illustrated stories help us realize how much our beliefs shape the way we experience life. Open this book as if it was a mirror, offering you to look at many great ideas. Choose the ideas you like, the ones that touch your heart and use them to lead a better, more balanced life.