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Complete Works Of Lucius Annaeus Seneca

Letters On Ethics To Lucilius ***Complete Works Of Lucius Annaeus*** ***Seneca***

The Epistulae morales ad Lucilium (English: Moral Epistles to Lucilius) is a collection of 124 letters which were written by Seneca the Younger at the end of his life. They are addressed to Lucilius, the then procurator of Sicily, although he is known only through Seneca's writings. In these letters, Seneca gives

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Lucilius tips on how to become a more devoted Stoic. Lucilius was, at that time, the Governor of Sicily, although he is known only through Seneca's writings. Selected from the Epistulae Morales ad Lucilium, these letters illustrate the upright ideals admired by the Stoics and extol the good way of life as seen from their standpoint. They also reveal how far in advance of his time were many of Seneca's ideas - his disgust at the shows in the arena or his criticism of the harsh treatment of slaves. Philosophical in tone

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and written in the 'pointed' style of the Latin Silver Age these 'essays in disguise' were clearly aimed by Seneca at posterity.

'You ask what is the proper measure of wealth? The best measure is to have what is necessary, and next best, to have enough. Keep well!' The letters written by the Stoic philosopher and tragedian Seneca to his friend Lucilius are in effect moral essays, whose purpose is to reinforce Lucilius' struggle to achieve wisdom and serenity, uninfluenced by worldly

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emotions. Seneca advises his friend on how to do without what is superfluous, whether on the subject of happiness, riches, reputation, or the emotions. The letters include literary critical discussions, moral exhortation, exemplary heroes and episodes from Roman history, and a lurid picture of contemporary luxury. We learn about Seneca's household and estates and about life in the time of Nero; the topic of death is never far away. This readable new translation is the largest selection of Seneca's letters currently available.

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Accompanied by an invaluable introduction and notes, it opens a window on to Seneca's world. ABOUT THE SERIES: For over 100 years Oxford World's Classics has made available the widest range of literature from around the globe. Each affordable volume reflects Oxford's commitment to scholarship, providing the most accurate text plus a wealth of other valuable features, including expert introductions by leading authorities, helpful notes to clarify the text, up-to-date bibliographies for further study, and much

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more.

John Henderson explores three letters of Seneca describing visits to Roman villas, and surveys the whole collection to show how these villas work as designs for contrasting lives. Seneca's own place is ageing drastically; a recent Epicurean's paradise is a seductive oasis away from the dangers of Nero's Rome; once a fortress of the dour Rome of yesteryear, the legendary Scipio's lair was now a shrine to the old morality: Seneca revels in its primitive bath-house, dark and

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cramped, before exploring the garden with the present owner. Seneca brings the philosophical epistle to Latin literature, creating models for moralizing which feature self-criticism, parody and re-animated myth. Virgil and Horace come in for rough handling, as the Latin moralist wrests ethical practice and writing away from Greek gurus and texts, and into critical thinking within a Roman context. Here is powerful teaching on metaphor and translation, on self-transformation and cultural tradition.

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The Roman statesman and philosopher Seneca (4 BCE-65 CE) recorded his moral philosophy and reflections on life as a highly original kind of correspondence. Letters on Ethics includes vivid descriptions of town and country life in Nero's Italy, discussions of poetry and oratory, and philosophical training for Seneca's friend Lucilius. This volume, the first complete English translation in nearly a century, makes the Letters more accessible than ever before. Written as much for a general audience as for

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Lucilius, these engaging letters offer advice on how to deal with everything from nosy neighbors to sickness, pain, and death. Seneca uses the informal format of the letter to present the central ideas of Stoicism, for centuries the most influential philosophical system in the Mediterranean world. His lively and at times humorous expositions have made the Letters his most popular work and an enduring classic. Including an introduction and explanatory notes by Margaret Graver and A. A. Long, this

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authoritative edition will captivate a new generation of readers.

On the Healing Power of the Mind

Seneca's Morals by Way of Abstract

The Daily Stoic

The Emergence of Subjectivity in the

Ancient and Medieval World

Dialogues and Essays

Greek Models of Mind and Self

The first clear and faithful guide to the timeless,

practical teachings of the Stoic philosopher

Seneca. Stoicism, the most influential philosophy

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of the Roman Empire, offers refreshingly modern ways to strengthen our inner character in the face of an unpredictable world. Widely recognized as the most talented and humane writer of the Stoic tradition, Seneca teaches us to live with freedom and purpose. His most enduring work, over a hundred "Letters from a Stoic" written to a close friend, explains how to handle adversity; overcome grief, anxiety, and anger; transform setbacks into opportunities for growth; and recognize the true nature of friendship. In Breakfast with Seneca, philosopher David Fideler mines Seneca's classic

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works in a series of focused chapters, clearly explaining Seneca's ideas without oversimplifying them. Best enjoyed as a daily ritual, like an energizing cup of coffee, Seneca's wisdom provides us with a steady stream of time-tested advice about the human condition—which, as it turns out, hasn't changed much over the past two thousand years.

The Roman statesman, philosopher and playwright Lucius Annaeus Seneca dramatically influenced the progression of Western thought. His works have had an unparalleled impact on the

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development of ethical theory, shaping a code of behavior for dealing with tyranny in his own age that endures today. This Companion thoroughly examines the complete Senecan corpus, with special emphasis on the aspects of his writings that have challenged interpretation. The authors place Seneca in the context of the ancient world and trace his impressive legacy in literature, art, religion, and politics from Neronian Rome to the early modern period. Through critical discussion of the recent proliferation of Senecan studies, this volume compellingly illustrates how the perception

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of Seneca and his particular type of Stoicism has evolved over time. It provides a comprehensive overview that will benefit students and scholars in classics, comparative literature, history, philosophy and political theory, as well as general readers.

Brad Inwood presents a selection of his most influential essays on the philosophy of Seneca, the Roman Stoic thinker, statesman, and tragedian of the first century AD. Including two brand-new pieces, and a helpful introduction to orient the reader, this volume will be an essential guide for

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anyone seeking to understand Seneca's fertile, wide-ranging thought and its impact on subsequent generations. In each of these essays Seneca is considered as a philosopher, but with as much account as possible taken of his life, his education, his intellectual and literary background, his career, and his self-presentation as an author. Seneca emerges as a discerning and well-read Stoic, with a strong inclination to think for himself in the context of an intellectual climate teeming with influences from other schools. Seneca's intellectual engagement with Platonism,

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Aristotelianism, and even with Epicureanism involved a wide range of substantial philosophical interests and concerns. His philosophy was indeed shaped by the fact that he was a Roman, but he was a true philosopher shaped by his culture rather than a Roman writer trying his hand at philosophical themes. The highly rhetorical character of his writing must be accounted for when reading his works, and when one does so the underlying philosophical themes stand out more clearly. While it is hard to generalize about an overall intellectual agenda or systematic

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philosophical method, key themes and strategies are evident. Inwood shows how Seneca's philosophical ingenium worked itself out in a fundamentally particularistic way as he pursued those aspects of Stoicism that engaged him most forcefully over his career.

On the surface, stoicism and emotion seem like contradictory terms. Yet the Stoic philosophers of ancient Greece and Rome were deeply interested in the emotions, which they understood as complex judgments about what we regard as valuable in our surroundings. Stoicism and Emotion shows

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that they did not simply advocate an across-the-board suppression of feeling, as stoicism implies in today's English, but instead conducted a searching examination of these powerful psychological responses, seeking to understand what attitude toward them expresses the deepest respect for human potential. In this elegant and clearly written work, Margaret Graver gives a compelling new interpretation of the Stoic position. Drawing on a vast range of ancient sources, she argues that the chief demand of Stoic ethics is not that we should suppress or deny our feelings, but that we

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should perfect the rational mind at the core of every human being. Like all our judgments, the Stoics believed, our affective responses can be either true or false and right or wrong, and we must assume responsibility for them. Without glossing over the difficulties, Graver also shows how the Stoics dealt with those questions that seem to present problems for their theory: the physiological basis of affective responses, the phenomenon of being carried away by one's emotions, the occurrence of involuntary feelings and the disordered behaviors of mental illness.

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Ultimately revealing the deeper motivations of Stoic philosophy, Stoicism and Emotion uncovers the sources of its broad appeal in the ancient world and illuminates its surprising relevance to our own.

To Lucilius

Hardship and Happiness

Seneca Philosophus

*Book 1 of Seneca's Epistulae Morales-- a
Commentary*

The Ethics of the Family in Seneca

The Cambridge Companion to Seneca

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This book is the first extensive study of the role of the family in the work of Seneca. It offers a new way of reading philosophy that combines philosophical analysis with social, cultural and historical factors to bring out the ways in which Stoicism presents itself as in tune with the universe. The family serves a central role in an individual's moral development - both the family as conventionally understood, and the wider conceptual family which Stoicism constructs. Innovative readings of Seneca's work bring

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out the importance of the family to his thought and how it interacts with other Stoic doctrines. We learn how to be virtuous from observing and imitating our family, who can be biological relatives or people we choose as our intellectual ancestors. The Ethics of the Family in Seneca will be of particular interest to researchers in Roman Stoicism, imperial culture and the history of the family.

"Written as a moral essay to his friend Paulinus, Seneca's ... words still pack a powerful punch two thousand years later.

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With its brash rejection of materialism, conventional lifestyles and groupthink, [the book] is as relevant as ever."--Back cover.

Stoic philosopher and tutor to the young emperor Nero, Seneca wrote moral essays - exercises in practical philosophy - on how to live in a troubled world. Strikingly applicable today, his thoughts on happiness and other subjects are here combined in a clear, modern translation with an introduction on Seneca's life and philosophy.

A selection of Seneca's most significant

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letters that illuminate his philosophical and personal life. "There is only one course of action that can make you happy. . . . rejoice in what is yours. What is it that is yours? Yourself; the best part of you." In the year 62, citing health issues, the Roman philosopher Seneca withdrew from public service and devoted his time to writing. His letters from this period offer a window onto his experience as a landowner, a traveler, and a man coping with the onset of old age. They share his ideas on everything from the

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treatment of enslaved people to the perils of seafaring, and they provide lucid explanations for many key points of Stoic philosophy. This selection of fifty letters brings out the essentials of Seneca's thought, with much that speaks directly to the modern reader. Above all, they explore the inner life of the individual who proceeds through philosophical inquiry from a state of emotional turmoil to true friendship, self-determination, and personal excellence.

Stoicism and Emotion

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Selected Letters

The Discourses of Epictetus

Essays and Letters of Seneca

First Lessons

The Gift of Correspondence in Classical Rome

Concentrates on the dramatic qualities of Phaedra and examines the Greek and Roman background to the play. Explores the moral struggles, political intrigues and violent vendettas that enmeshed Seneca, the ancient Roman writer and philosopher, in the brutal daily lives of the imperial family and the regime of his student, Nero.

This edition of Seneca's Epistles unites all 124 of the

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letters in a single volume, complete with thorough explanatory notes, an appendix, and an index of the names referred to in the text. The entirety of this compendium was penned by Seneca during his retirement and sent to his friend Lucilius Junior, a procurator of Sicily. At this late stage of life, Seneca held great experience in matters of both philosophy and governance, having served under the Emperor Nero for fifteen years. Despite the conversational tone present in many of Seneca's epistles, it isn't entirely clear whether Seneca actually corresponded with Lucilius. It is possible that Seneca simply wished to write fictional correspondence so as to experiment with the form, possibly recreating how he wisely explained ideas or

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concepts to individuals. The quotation: Vita sine litteris mors - 'Life without learning [is] death' - is derived from the 82nd epistle, and remains the motto for several educational institutions around the world. Amanda Wilcox offers an innovative approach to two major collections of Roman letters—Cicero ' s Ad Familiares and Seneca ' s Moral Epistles—informed by modern cross-cultural theories of gift-giving. By viewing letters and the practice of correspondence as a species of gift exchange, Wilcox provides a nuanced analysis of neglected and misunderstood aspects of Roman epistolary rhetoric and the social dynamics of friendship in Cicero ' s correspondence. Turning to Seneca, she shows that he both inherited and reacted

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against Cicero ' s euphemistic rhetoric and social practices, and she analyzes how Seneca transformed the rhetoric of his own letters from an instrument of social negotiation into an idiom for ethical philosophy and self-reflection. Though Cicero and Seneca are often viewed as a study in contrasts, Wilcox extensively compares their letters, underscoring Cicero ' s significant influence on Seneca as a prose stylist, philosopher, and public figure.

An Interpretation of Western Civilization

The 124 Epistles of Seneca - Complete (Hardcover)

Morals and Villas in Seneca's Letters

With the Encheiridion and Fragments

Epictetus

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Seneca

This volume presents a philosophical analysis of the development of Western civilization from antiquity to the Middle Ages by tracing the various self-conceptions of different cultures as they developed historically, reflecting different views of what it is to be human and the rise of the concept of subjectivity. This Stoicism Collection contains three of the most notable Stoic pieces, The Meditations of Marcus Aurelius, Seneca's Letters from a Stoic, and The Discourses of Epictetus. These three pieces are the foundations of Stoicism.

Addressing classicists, philosophers, students, and general readers alike, this volume emphasizes the

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unity of Seneca's work and his originality as a translator of Stoic ideas in the literary forms of imperial Rome. It features a vitalizing diversity of contributors from different generations, disciplines, and research cultures. Several prominent Seneca scholars publishing in other languages are for the first time made accessible to anglophone readers.

A. A. Long's study of Greek notions of mind and human selfhood is anchored in questions of universal interest. What happens to us when we die? How is the mind or soul related to the body? Are we responsible for our own happiness? Can we achieve autonomy? Long shows that Greek thinkers' modeling of the mind gave us metaphors that we still live by.

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Anger, Mercy, Revenge

Fifty Letters of a Roman Stoic

Seneca, Epistulae Morales Book 2

*366 Meditations on Wisdom, Perseverance, and the
Art of Living*

Stoicism Collection

Stoic Principles for Self-Improvement

This book provides a detailed commentary on Book 1 (epistulae 1-12) of Seneca's Ad Lucilium Epistulae Morales, written in the last years (62-65 AD) of the philosopher's life. The importance of the Epistulae Morales as an example, possibly the consummation, of Seneca's writings and a discussion of Roman

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(Stoic) moral philosophy, is universally acknowledged. The purpose in focusing upon these first twelve epistles, which establish the principle and intention of this large collection of twenty extant Books, is to interpret and annotate the letters and add insight to the understanding of the Epistulae Morales overall. Every letter in Book 1 is discussed in the form of a commentary. Areas of comment include vocabulary and style, personal allusions to Seneca, relevant issues of history and social environment and, inevitably, the moral and philosophical concepts which form the substance of Seneca's argument throughout the

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Epistulae Morales. Two further issues, the Structure and Style of Book 1, are discussed in separate chapters.

The third and fourth books of Cicero's Tusculan Disputations deal with the nature and management of human emotion: first grief, then the emotions in general. In lively and accessible style, Cicero presents the insights of Greek philosophers on the subject, reporting the views of Epicureans and Peripatetics and giving a detailed account of the Stoic position, which he himself favors for its close reasoning and moral earnestness. Both the specialist and the general reader will be fascinated by the Stoics' analysis

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of the causes of grief, their classification of emotions by genus and species, their lists of oddly named character flaws, and by the philosophical debate that develops over the utility of anger in politics and war. Margaret Graver's elegant and idiomatic translation makes Cicero's work accessible not just to classicists but to anyone interested in ancient philosophy and psychotherapy or in the philosophy of emotion. The accompanying commentary explains the philosophical concepts discussed in the text and supplies many helpful parallels from Greek sources.

From the team that brought you *The Obstacle Is*

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the Way and Ego Is the Enemy, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. The Daily Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from

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the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

A.A. Long, a leading scholar of later ancient philosophy, gives the definitive presentation of the thought of Epictetus for a broad readership,

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showing its continued relevance.

The Stoic Philosophy of Seneca

The Tragedies of Seneca

Places to Dwell

Moral letters to Lucilius

Poetic Autonomy in Ancient Rome

On the Shortness of Life

On the Healing Power of the Mind along with a
biography of Seneca

Lucius Annaeus Seneca (4 BCE–65 CE) was a
Roman Stoic philosopher, dramatist,
statesman, and advisor to the emperor Nero,
all during the Silver Age of Latin
literature. The Complete Works of Lucius

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Annaeus Seneca is a fresh and compelling series of new English-language translations of his works in eight accessible volumes. Edited by Elizabeth Asmis, Shadi Bartsch, and Martha C. Nussbaum, this engaging collection helps restore Seneca—whose works have been highly praised by modern authors from Desiderius Erasmus to Ralph Waldo Emerson—to his rightful place among the classical writers most widely studied in the humanities. *Hardship and Happiness* collects a range of essays intended to instruct, from consolations—works that offer comfort to someone who has suffered a personal loss—to

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pieces on how to achieve happiness or tranquility in the face of a difficult world. Expertly translated, the essays will be read and used by undergraduate philosophy students and experienced scholars alike.

Lucius Annaeus Seneca (4 BCE–65 CE) was a Roman Stoic philosopher, dramatist, statesman, and adviser to the emperor Nero, all during the Silver Age of Latin literature. The Complete Works of Lucius Annaeus Seneca is a fresh and compelling series of new English-language translations of his works in eight accessible volumes. Edited by world-renowned classicists

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Elizabeth Asmis, Shadi Bartsch, and Martha C. Nussbaum, this engaging collection restores Seneca—whose works have been highly praised by modern authors from Desiderius Erasmus to Ralph Waldo Emerson—to his rightful place among the classical writers most widely studied in the humanities. *Anger, Mercy, Revenge* comprises three key writings: the moral essays *On Anger* and *On Clemency*—which were penned as advice for the then young emperor, Nero—and the *Apocolocyntosis*, a brilliant satire lampooning the end of the reign of Claudius. Friend and tutor, as well as philosopher, Seneca welcomed the age of

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Nero in tones alternately serious, poetic, and comic-making Anger, Mercy, Revenge a work just as complicated, astute, and ambitious as its author.

A major writer and a leading figure in the public life of Rome, Seneca (c. 4BC-AD 65) ranks among the most eloquent and influential masters of Latin prose. This selection explores his thoughts on philosophy and the trials of life. In the Consolation to Helvia he strives to offer solace to his mother, following his exile in AD 41, while On the Shortness of Life and On Tranquillity of Mind are lucid and compelling explorations of

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Stoic thought. Witty and self-critical, the Letters - written to his young friend Lucilius - explore Seneca's struggle to acquire philosophical wisdom. A fascinating insight into one of the greatest minds of Ancient Rome, these works inspired writers and thinkers including Montaigne, Rousseau, and Bacon, and continue to intrigue and enlighten.

Stoic Philosophy at Rome

Letters from a Stoic

Cicero on the Emotions

To which is Added a Discourse Under the Title
of An After-thought by Sir Roger L'Estrange,

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Knt

With an English Translation

Ad Lucilium Epistulae Morales,

Luke Roman offers a major new approach to the study of ancient Roman poetry. In the modern interpretation of art and literature, autonomy is a central concern where 'aesthetic autonomy' refers to the idea that art (literature, music, visual art) belongs to a realm of its own, separate from ordinary activities and everyday concerns. While scholars have often insisted that aesthetic

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autonomy is a distinctly modern concept and cannot be applied to other historical periods, the book argues that poets in ancient Rome employed a distinctive 'rhetoric of autonomy' -- they represented their poetry as different from other cultural products and independent of the ordinary logic of social relations. A new series of beautiful hardcover nonfiction classics, with covers designed by Coralie Bickford-Smith World-changing ideas meet eye-catching design: the best titles of the extraordinarily successful Great Ideas series

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are now packaged in Coralie Bickford-Smith's distinctive, award-winning covers. Whether on a well-curated shelf or in your back pocket, these timeless works of philosophical, political, and psychological thought are absolute must-haves for book collectors as well as design enthusiasts. A philosophy that saw self-possession as the key to an existence lived "in accordance with nature," Stoicism called for the restraint of animal instincts and the severing of emotional ties. These beliefs were formulated by the Athenian followers of

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Zeno in the fourth century BC, but it was in Seneca that the Stoics found their most eloquent advocate. Stoicism, as expressed in the Letters, helped ease pagan Rome's transition to Christianity, for it upholds upright ethical ideals and extols virtuous living, as well as expressing disgust for the harsh treatment of slaves and the inhumane slaughter witnessed in the Roman arenas. Seneca's major contribution to a seemingly unsympathetic creed was to transform it into a powerfully moving and inspiring declaration

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of the dignity of the individual mind. Robin Campbell's distinguished translation captures Seneca's humour and concise, memorable aphorisms and his introduction discusses the tensions between Seneca's philosophy and his turbulent career as adviser to the tyrannical emperor Nero. For more than sixty-five years, Penguin has been the leading publisher of classic literature in the English-speaking world. With more than 1,500 titles, Penguin Classics represents a global bookshelf of the best works throughout history and across

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genres and disciplines. Readers trust the series to provide authoritative texts enhanced by introductions and notes by distinguished scholars and contemporary authors, as well as up-to-date translations by award-winning translators.

This book is the first modern commentary on the second book of Seneca's Epistulae Morales. It contains a substantial introduction and a text and translation of the nine letters that constitute the second book of the Epistulae Morales.

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A selection of essays and letters by the 1st century Roman philosopher.

Dialogues and Letters

The Meditations of Marcus Aurelius, Seneca's Letters from a Stoic, and the Discourses of Epictetus

Seneca at the Court of Nero

Tusculan Disputations 3 and 4

Dying Every Day

A Stoic and Socratic Guide to Life

This is the largest selection of Stoic philosopher and tragedian Seneca's letters currently available. In them

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Seneca advises his friend Lucilius on how to do without what is superfluous, whether on the subject of happiness, riches, reputation, or the emotions. We learn too about Seneca's personal and political life in the time of Nero.

Letters on Ethics To Lucilius University of Chicago Press
Friendship in Cicero's Ad Familiares and Seneca's Moral Epistles

Reading Seneca

Breakfast with Seneca: A Stoic Guide to the Art of Living

Seneca: Phaedra

A Commentary with Text, Translation, and Introduction

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