

## Lets Talk About Sex

*A shame-free, illustrated guide for people with vaginas—from periods to basic hygiene to safe sex—from TikTok's Dr. Lincoln. Dr. Lincoln has been sharing her expertise as an OB-GYN to her millions of followers on TikTok, and now in this accessible, illustrated guide she answers real questions about vaginal, sexual, and reproductive health for fans and new readers alike. Let's Talk About Down There is like the health class you wish you had—think evidence-based, myth-busting sex ed where shame gets tossed out the window—in a format that's as approachable as a fifteen-second video. Addressing topics such as hormones, menstrual cups, and birth control, all with the help of infographics and illustrations, this succinct, vibrant handbook answers the questions that you may have been too embarrassed to ask, so you'll be empowered to make more informed health choices and truly care for yourself.*

*There comes a time when every person has to learn about sex; typically, students learn within their middle school years about sex education. Unfortunately, by then they have been influenced by others with the wrong information, or have heard rumors that are mostly untrue. Let's Talk Sex and STDs: The Student Edition is here to lay all of the misleading information and stories to rest and provide easy to understand facts and guidelines about sex. This guide breaks down all the essentials: STDs, myths, Q&A, visuals and other important facts. The tools provided will assist with sexually transmitted disease prevention, unexpected and teen pregnancy, as well as sexually uneducated students teaching other students. Dr. Davis-Kennedy has created this self-help medical advisory so that when students are learning about sex, they can educate themselves with the proper information in order to protect themselves in the future.*

*Aimed at 8 to 12 year olds, this book presents factual information about babies, bodies, love, sex, reproduction and families in a non-threatening, easy to understand way.*

*"This book walks each of us through the reality checks we need in order to have the marriage we want!" —Shaunti Feldhahn, social researcher and best-selling author of For Women Only In today's workplace, women are often rewarded for having type A personalities: driven, demanding, ambitious, and strong. Yet when it comes to their marriages, those same traits can backfire. After all, no one goes into marriage hoping for a promotion. What is a wife to do? April Cassidy knows this struggle firsthand. She thought she was a great Christian wife and begged God to make her passive husband into a more loving, involved, godly leader. Instead, God opened her eyes to changes that she needed to make, such as laying down her desire for control and offering genuine, unconditional respect—not just love—to her husband. Cassidy's conclusions may be as startling to readers as they were to her, but The Peaceful Wife shares how she and many others have learned to reorient their lives to biblical commands—resulting in healthier, happier marriages. In the end, you'll find The Peaceful Wife a powerful path to God's design for women to live in full submission to Christ as Lord.*

*It's Perfectly Normal*

*Living in Submission to Christ as Lord*

*Let's Talk About S-E-X*

*Let's Talk About Sex, Bb*

*Why Does God Care Who I Sleep With?*

*Let's Talk About Down There*

*Harnessing the Power of the Present to Cultivate Desire*

**Introduces human sexuality, describes the changes brought about by puberty, and discusses sexual abuse, sexually transmitted diseases, AIDS, and pregnancy.**

**'Let's Talk About Sex' is a much-needed resource for providing information to groups and individuals with intellectual disabilities in order that they are aware of the risks and intricacies of sexual health, sexual relationships and all that goes with this. This need may arise during adolescence, following a period away from the community (e.g. hospitalisation, incarceration) or later in life. The manual provides a sexual health education programme that can be used with adolescents and adults with intellectual disabilities. Its detailed guidance and resources can be used to run a group programme delivered as individual stand-alone sessions, in a pick and mix style, or as a 16-week programme, according to the needs of those attending. It can also be used as a basis for working with individuals on sexual health matters. The programme covers topics including physiology, puberty, personal hygiene, health screening, sexual orientation and gender identity, dignity and respect, sexual education, consent, relationships, and exploitation, delivered in a non-judgemental, informative, supportive approach. Each session incorporates different methods of learning, including facilitator-led discussion, active participation and visual aids to enhance learning and can be adapted to meet the learning needs of participants. Online, printable resources are included to reinforce learning. Guidance is provided to facilitators on supporting individuals during and after sessions.**

**Being a good mom isn't about doing everything right to create a set of perfect trophy children--though every mom has felt the pressure to do just that and to do it all on her own. To ask for help feels like defeat. Yet when we try to do it all by our own strength, we end up depleted, lonely, and ineffective.**

**Heather MacFadyen wants you to know that you are not meant to go it alone. Sharing her most vulnerable, hard mom moments, she shows how moms can be empowered by God, supported by others, and connected with their children. With encouragement and insight, she helps you foster the key relationships you need to be the mom you want to be. Whether you work or stay home, whether you have teenagers or babes in arms, you'll find here a compassionate friend who wants the best--not just for your kids but for you.**

**A renowned sexologist shows us we're not alone when it comes to problems of sex and love. Ann-Marlene Henning has improved the sex lives of thousands through her TV show and advice blog. Now, readers can experience her sought-after talk therapy in Let's Talk About Sex, which illuminates common bedroom plights with real client stories. Meeting with couples of diverse identities and sexual orientations, Henning offers a rare window into the therapist's mind. She shares her first impressions, explains her thinking as she decides what to ask now (and what to save for later), and solves problems that range from disagreements over fetishes to a lackluster sex life. The result is a timely portrait of modern sex, one that raises as many questions as it offers real, tangible solutions.**

**The Teen's Guide to Sex, Relationships, and Being a Human**

**Let's Talk About the Birds and the Bees**

**A Book about Eggs, Sperm, Birth, Babies, and Families**

**Everything You Never Wanted Your Kids to Know About Sex (But Were Afraid They'd Ask)**

**Questions and Conversation Starters for Couples Exploring Their Sexual Interests**

**The Secrets to Surviving Your Child's Sexual Development from Birth to the Teens**

**Starting conversations about the facts of life (From how babies are made to puberty and healthy relationships)**

"A graphic novel about sex, sexuality, gender, body, consent, and many other topics for teens"--

Provides an introduction to human sexual development and sexuality meant to be read together by a parent and child, with a section that provides guidance for parents.

SEXTING. VIRGINITY. CONSENT. THE BIG O... Sex-positive vlogger Hannah Witton covers it all. Nobody really has sex all figured out. So Hannah Witton wrote a book full of honest, hilarious (and sometimes awkward) anecdotes, confessions, and revelations. Hannah talks about doing it safely. Doing it joyfully. Doing it when you're ready. Not doing it. Basically, doing it the way you want, when you want (if you want). Doing It works as an introduction to sex as well as a guidebook for those who are already sexually active, with insight on topics such as healthy relationships, porn, contraception, sex shaming, and more. Approachable and empowering, this is a go-to resource for all things s-e-x.

Argues that hip hop has become a primary way to talk about race in America, examining the links between hip hop, violence, and sexism and whether or not hip hop's portrayal of black culture undermines black advancement.

Let's Talk About Sex

Let's Talk About Love

A Novel

The Secret Lives of Whales

What We Talk About When We Talk About Hip Hop--and Why It Matters

Don't Mom Alone

What Children Need to Know

A psychiatrist and a pediatrician present an information-packed, objective study for parents on how to understand their children's sexuality, from infancy to the teen years and beyond, covering every key stage in a child's sexual development, explaining how to address youngsters' questions, and discussing such topics as abstinence, love, sex, and more. Reprint. 20,000 first printing.

From the start of the new Australian nation in 1901, to the use of the female contraceptive pill in 1961, Let's Talk About Sex explores the ways sexuality has been constructed, understood and experienced in Australia. Far from being something hidden and private, this work brings sexuality out into the open, and explains why sex is of social, cultural, political and economic importance. Let's Talk About Sex is an inclusive history, surveying multiple and interwoven forms of sexuality, desire, pleasure, regulation and resistance. It begins with the long Victorian period: the hidden desires of women and the "hydraulic" sexual needs of men, both in the cities and on the frontier. It moves across time, considering heterosexuality, homosexuality, lesbians and nascent ideas about queer and sexual difference. Lisa Featherstone highlights the tensions of the ages: venereal disease, homophobia, birth control, rape and child sexual assault. She analyses the ways non-normative sexuality was constructed as evil and perverse, but also how many women responded to this pathologising of their desires. Let's Talk About Sex provides a fascinating account of sex, gender, age and race, across the formative years of Australian society.

This book will shed light on what the bible actually says about sex, masturbation, fornication and the like. This book will liberate those who are sexually oppressed. Collects portraits of whale culture, including humpback whales that build nets with bubbles, social networks within the sea, and details of whale sex.

Let's Talk About Sex

Engaging Couples

It's So Amazing!

Growing the Relationships You Need to Be the Mom You Want to Be

Let's Talk About... Sexual Fantasies and Desires

A Book about Changing Bodies, Growing Up, Sex and Sexual Health

Let's Talk about Sex

*From the expert team behind IT'S PERFECTLY NORMAL and IT'S SO AMAZING! comes a book for younger children about their bodies — a resource that parents, teachers, librarians, health care providers, and clergy can use with ease and confidence. Young children are curious about almost everything, especially their bodies. And young children are not afraid to ask questions. What makes me a girl? What makes me a boy? Why are some parts of girls' and boys' bodies the same and why are some parts different? How was I made? Where do babies come from? Is it true that a stork brings babies to mommies and daddies? IT'S NOT THE STORK! helps answer these endless and perfectly normal questions that preschool, kindergarten, and early elementary school children ask about how they began. Through lively, comfortable language and sensitive, engaging artwork, Robie H. Harris and Michael Emberley address readers in a reassuring way, mindful of a child's healthy desire for straightforward information. Two irresistible cartoon characters, a curious bird and a squeamish bee, provide comic relief and give voice to the full range of emotions and reactions children may experience while learning about their amazing bodies. Vetted and approved by science, health, and child development experts, the information is up-to-date, age-appropriate, and scientifically accurate, and always aimed at helping kids feel proud, knowledgeable, and comfortable about their own bodies, about how they were born, and about the family they are part of.*

*INTRODUCTION: God wants your marriage to succeed and prosper, and He has given you the blueprint to make your family's happiness possible! The Bible contains rock-solid principles upon which you can build a strong marriage, home, and family. 11 Corinthians 2:14 "Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savor of his knowledge by us in every place." Your marriage has an enemy. The enemy who wants to steal kill and destroy wants to devour your marriage. The victorious family is the family that always record victory in their home and marriage. The attack of the enemy will not scatter them. Here is the truth that most people do not like to admit: marriage is hard. It is incredibly hard. Spending your life and time forever with someone who is different from you is not quite the walk in the park. It has its ups and downs, its highs and lows. There is disagreement, then agreement. There is breaking, then making, but when handled right, it is incredibly beautiful. In this mini-book, I will be talking about sex in marriage. In my years of experience as a pastor, I have found out that some believers are more spiritual about this subject because their focus is in making heaven. I want you to know that God Himself commanded sex between married couples.*

*First created by Planned Parenthood/Mar Monte in the late 1980's, this well loved, updated guide insures that children will be given accurate, age-appropriate information about sex. This read-together book helps to begin an open dialogue in the family. Parents and educators will find discussions of feelings, respecting oneself and others, what's normal, making sense of love and sex, and helpful advice. The book is filled with sound information, illustrations and diagrams, appropriate body terminology, information on STDs and more. Here, the changes all preteens go through are explained in a simple, straight-forward manner. In the Parent's Guide (in the back of the book) is the information on how approach the BIG TALK in a way that is comfortable and positive.*

*Written for adolescents, this book provides frank, up-to-date and reassuring information on all aspects of growing up, puberty, sex and sexual health.*

*A 6-Week Course (Participant's Guide)*

*THE VICTORIOUS HOME*

*Better Sex Through Mindfulness*

*A Guide for Kids 9 to 12 and Their Parents*

*Let's Talk Sex & STDs*

*A Book about Girls, Boys, Babies, Bodies, Families and Friends*

*Love, Only Better*

*"An outstanding book. . . . Meets the needs of those in-between or curious kids who are not ready, developmentally or emotionally, for It's Perfectly Normal." —Booklist (starred review)*

*How does a baby begin? What makes a baby male or female? How is a baby born? Children have plenty of questions about reproduction and babies—and about sex and sexuality, too. It's So Amazing! provides the answers—with fun, accurate, comic-book-style artwork and a clear, lively text that reflects the interests of children age seven and up in how things work, while giving them a healthy understanding of their bodies. Created by the author and illustrator of It's Perfectly Normal, this forthright and funny book has been newly updated for its fifteenth anniversary.*

*Sex is never an easy subject for discussion and adults often struggle to find the right words when talking about it with children. This book explores children's thoughts and feelings on the subject of sex and provides parents and other caring adults with guidance on how to respond to difficult questions.*

*Sometime between the ages of nine and fifteen, children's bodies begin to change and grow into adult bodies - and with these changes comes a natural curiosity about sex and sexuality. This book gives the facts - biological and psychological - of sex: from conception and puberty to birth control and AIDS, including sections on the body, families and babies, and sexual health. The book's approach is simple, with cartoon illustrations and the speech-bubble comments of two characters, a curious bird and a squeamish bee, which reflect the diverse feelings children have about sex.*

*Her: Unstoppable, workaholic, driven force of nature. Him: The exact opposite of that. Phebe Stark needs a punching bag. No, on second thought, she needs a donut. No, on third thought, she needs to escape into a dark bar with a strong drink. She's just been harassed, for the umpteenth time, by the slimy supervisor standing between her and a shattered glass ceiling at her high-pressure Atlanta firm. But then a tall, bearded, sexy lumberjack of a bartender saunters over, and suddenly Phebe knows she doesn't need gin . . . she needs him. Brody Cantrell didn't exactly intend to become a bartender. He planned to help out at his ailing uncle's bar for a year, then get an advanced degree and rise to the top of his field. Instead, he got a*

*Ph.D. in Real Life from his customers. Brody thinks he's seen everything—until he meets Phebe Stark. And when he gets a load of her fearless sexting skills, he just has to see what's under that power suit. Brody's certain they'll have a good time or two—nothing serious. Then again, all these steamy messages and breathless trysts have him seriously considering . . . Why not? This ebook includes an excerpt from another Loveswept title.*

*Let's Talk about It*

*It's Not the Stork!*

*Great Answers to Difficult Questions about Sex*

*Sex and Leisure*

*Let's Talk About Sext*

*Sex Ed*

*The Peaceful Wife*

**A groundbreaking look at improving desire, arousal, and sexual satisfaction through mindfulness. Studies show that approximately half of all women experience some kind of sexual difficulty at one point in their lives, with lack of interest in sex being by far the most common--and the most distressing. And when sex suffers, so do all other areas of life. But it doesn't have to be that way. In *Better Sex through Mindfulness*, acclaimed psychologist and sex researcher Lori A. Brotto, offers a groundbreaking approach to improving desire, arousal, and satisfaction inside--and outside of--the bedroom. A pioneer in the use of mindfulness for treating sexual difficulties, Brotto has helped hundreds of women cultivate more exciting, fulfilling sexual experiences. In this accessible, relatable book, she explores the various reasons for sexual problems, such as stress and incessant multitasking, and tells the stories of many of the women she has treated over the years. She also provides easy, effective exercises that readers can do on their own to increase desire and sexual enjoyment, whether their goal is to overcome a sexual difficulty or simply give their love life a boost.**

**Sex ed shouldn't start and end with putting a condom on a banana. This is the pleasure-focused sex ed that you deserved to get at school - in all its challenging, messy, awkward, hilarious, enjoyable glory - from the sex educator you deserved to have. Welcome to sex ed, where everyone is invited to the party.**

**This book uses the emerging and cutting-edge area of leisure research to highlight the importance of sexuality and sexual activity and its relevance to leisure studies. It brings to the fore some complex issues associated with this topic using a range of substantive, epistemological, theoretical and methodological approaches. Drawing on international scholarship, the book examines sexuality from multiple, and at times, competing directions, exploring the continuum of sex from work through to carnal pleasure, and across specific sexual practices including BDSM, pornography, stripping, and sex work. Drawing on critical, feminist, queer, and post theoretical perspectives, the book charts a new direction for leisure studies and sex research, including diverse understandings of leisure practice, sex positivity, fringe and deviant sex practices. Critically, the book moves beyond merely establishing sex as a leisure pursuit to focusing on the compelling and complex intersections between sexuality and leisure. This is fascinating reading for any student or researcher with an interest in leisure, sexuality, gender, cultural studies or sociology.**

**Recent studies have shown that more than 50 percent of Christian marriages end in divorce. For years, Pastor Treat has answered tough questions about marriage relationships and has found an interesting thread: Core questions, though varied by individual circumstances, are all similar. Trent tastefully discusses the answers to questions one by one in this straightforward book.**

**The Hip Hop Wars**

**Student Edition**

**An OB-GYN Answers All Your Burning Questions...without Making You Feel Embarrassed for Asking**

**Histories of Sexuality in Australia from Federation to the Pill**

**Let's Talk about Guys, Girls and Sex**

**Watching Giants**

**The Search for a Christian Spirituality**

***WHAT HAPPENS WHEN THE ONLY ONE HOLDING YOU BACK, IS YOU? Rebecca was raised to be independent—handle her business, graduate college, and dive into a rising advertising career. But there's a nagging problem she's hasn't been able to shake. The same one that sends her boyfriend storming out the bedroom door. Her doctor says she's fine, but what would he know? He wasn't the only 28-year-old woman in Manhattan who couldn't finish in the bedroom. For the life of her, she can't figure out what she's doing wrong. Her new doctor is unorthodox, but she's tried everything else. Well, everything except Kyle. The gorgeous photographer who moves in across the hall is everything she isn't. He's confident, charming, and takes the world by storm from astride his black motorcycle. When they're together, her troubles melt away. Well, all but one. After hiding her secret becomes impossible, Rebecca is forced to fight for the life she wants—knowing it could be her last chance. Daringly honest and tenderly relatable, *Love, Only Better* explores a topic too long kept in the shadows: women's pleasure. Paulette Stout crafts an authentic and inspiring story that will leave readers feeling empowered. This book contains intimate scenes. PRAISE FOR LOVE, ONLY BETTER "Stout excels at describing and dramatizing Rebecca's issues, seizing a welcome opportunity to address common (but often avoided) issues surrounding female***

**sexuality and intimacy.” —BookLife “This book is original and needed women's fiction” --BookTrib “Love, only better is a sex-positive, empowering novel about common female issues that are rarely discussed... kudos to Paulette for wrapping this issue in a charming novel.” —Hasty Book List “Brave in a way women desperately need.” —Reader Review “I loved the feminism and the overdue mentions of women's basic needs. I definitely recommend this book.” (NetGalley) “If you’re looking for a book with its heart open just waiting to draw you in, look no further. I really recommend it.” (NetGalley) “Paulette Stout deserves all the stars for bringing to the page a story that I haven’t seen explore in fiction this way before.” (NetGalley) “The chemistry between Kyle and Rebecca had me on the edge of my seat. I definitely recommend this book.” (NetGalley) “At a time when women need their voices heard, you sing a beautiful song with this book.” (Reader Review) “Rebecca’s journey is a story I’ve never encountered before and I read A LOT of books.” (Reader Review) “I thoroughly enjoyed it and read it in two days.” (Reader Review) “You took a difficult topic and made it a beach read.” (Reader Review) “I’ve fallen in love with Kyle.” (Reader Review) “Rebecca is such a great, multidimensional character.” (Reader Review) “I couldn’t put it down.” (Reader Review) “I absolutely adore these characters.” (Reader Review) This book is a challenge to the silos in our human services that an ‘atomised’ focus gives rise to. They are evident in the chasm that can exist between child and adult mental health care, between competing therapeutic approaches and, most importantly for this volume, in the segmentation of support for adults who are partners as well as parents. The contributors, all with substantial experience of providing front-line services, identify the problem their intervention is designed to address, provide a conceptual justification for the approach they have used and supply evidence for its effectiveness. Vivid illustrations bring the work to life and provide examples of best practice whose relevance can readily be transported to different settings. Unusual in bringing together approaches that encompass internal and external realities in responding to the challenges of physical constraint, emotional distress and an often-volatile social environment, the contributions are assembled to highlight a common thread that can inform services at different stages of the life course. Each chapter is accompanied by a commentary from specialists in their field who elucidate and critique the key points made by the authors and help the experience of reading the book to be one of dialogue. Engaging Couples: New Directions in Therapeutic in Work with Families explores new ways of approaching some of the key issues of contemporary family life, including depression, living with long-term conditions, inter-parental conflict and domestic abuse to name but a few, refracting them through a lens that sees our relationships as fundamental to the fabric of our lives - the most important social capital of all. It represents essential reading for clinicians and family practitioners of all persuasions, and those that train and support them in their work.**

**Striking a perfect balance between heartfelt emotions and spot-on humor, this debut features a pop-culture enthusiast protagonist with an unforgettable voice sure to resonate with readers. Alice had her whole summer planned. Nonstop all-you-can-eat buffets while marathoning her favorite TV shows (best friends totally included) with the smallest dash of adulting—working at the library to pay her share of the rent. The only thing missing from her perfect plan? Her girlfriend (who ended things when Alice confessed she's asexual). Alice is done with dating—no thank you, do not pass go, stick a fork in her, done. But then Alice meets Takumi and she can't stop thinking about him or the rom com-grade romance feels she did not ask for (uncertainty, butterflies, and swoons, oh my!). When her blissful summer takes an unexpected turn and Takumi becomes her knight with a shiny library-employee badge (close enough), Alice has to decide if she's willing to risk their friendship for a love that might not be reciprocated—or understood. Claire Kann's debut novel Let's Talk About Love, chosen by readers like you for Macmillan's young adult imprint Swoon Reads, gracefully explores the struggle with emerging adulthood and the complicated line between friendship and what it might mean to be something more. Praise for Let's Talk About Love from the Swoon Reads community: “A sweet and beautiful journey about self-discovery and identity!” —Macy Folia, reader on SwoonReads.com “There aren't many novels that have asexual characters and it's something people need more of.” —Alice, reader on SwoonReads.com “I want this on my shelf where I can admire it every day.” —Kiara, reader on SwoonReads.com**

**Purity is not just abstinence. Sex is not just a physical encounter. Sexual education is not just a biological or theological issue. Sexuality is a multidimensional issue. Learning and understanding it requires a holistic perspective and approach. This countercultural 6-week course is designed to accompany our Teacher's Guide and/or the Let's Talk About It: Sexuality DVD set available at [www.moralrevolution.com](http://www.moralrevolution.com). This course will help you transform your view of sexuality. Using biblical truth, scientific understanding, and counseling tools we provide real, practical solutions to core issues surrounding our sexuality. Six Lessons Include: Lesson 1: Sex and God Lesson 2: Sex and Identity Lesson 3: Sex and the Body, Part 1 Lesson 4: Sex and the Body, Part 2 Lesson 5: Sex and Restoration Lesson 6: Sex and Covenant Additional Resources Include: Purity Covenant Purity Plan Answer Key INTENDED FOR AGES: 12+ This guide is meant to be used in a variety of settings, such as, weekly gatherings, sunday school classes, a weekend retreat, and/or small groups, etc.**

**Sex, Masturbation, and More from a Biblical Standpoint  
New Directions in Therapeutic Work with Families  
Doing It**

**Let's Talk about It - Sexuality**

**Let's Talk about S-e-x**

**Sex, Let's Talk about it**

**Lets Talk about Sex**

WARNING: The only way to make your sexy dreams come true is to talk about them. Are you ready to turn up the heat and sizzle in your sex life? Nothing is as erotically powerful as sexy conversations with your lover. Whether you're stuck in stale sexual patterns and want to explore fantasies with your partner, or you're in a new relationship and eager to learn your lover's desires, this book of sexy questions and conversation starters will spark sultry discussions between you and that special someone. Explore what turns you both on, and inspire new sexual adventures in and out of the bedroom. Use this book to: Explore and discuss desires and sexual fantasies Discover your partner's sexual secrets and comfortably reveal your own Create healthy and open communication patterns about sexual needs Expand sexual possibilities for the both of you Whether a hetero or same-sex couple, newly dating or married for a decade, there's something here for everyone. Ignite your passion and crank up the erotic energy as you push each other's boundaries and discover secret desires while asking and discussing these sexy questions. Perfect for sexy birthday, bridal shower, or anniversary gifts!

Answers one of the biggest barriers to belief. Christians are increasingly seen as outdated, restrictive and judgmental when it comes to sex before marriage, cohabitation and homosexuality. In fact for many people, this issue is one of the biggest barriers for them considering Christianity. Sam Allberry, author of many books including *Is God Anti-gay* sets out God's good design for the expression of human sexuality, showing that God himself is love and that only he can satisfy our deepest desires. It is a great reminder of the Bible's positive blueprint for love, sex and marriage and ideal for giving away to people who may see this as a stumbling block for belief.

Ronald Rolheiser makes sense of what is frequently a misunderstood word: spirituality. In posing the question "What is spirituality?" Father Rolheiser gets quickly to the heart of common difficulties with the subject, and shows through compelling anecdotes and personal examples how to channel that restlessness, that deep desire, into a healthy spirituality. This book is for those searching to understand what Christian spirituality means and how to apply it to their own lives. Rolheiser explains the nonnegotiables--the importance of community worship, the imperatives surrounding social action, the centrality of the Incarnation, the sustenance of the spiritual life--and how spirituality necessarily impacts every aspect of human experience. At the core of this readable, deeply revealing book is an explanation of God and the Church in a world that more often than not doubts the credibility of both.

From Sandy "Pepa" Denton--rap legend and outspoken star of VH1's smash-hit reality show--comes the juicy tell-all in which she talks about sex, music, life, love, fame, and so much more. The spiciest ingredient in the legendary rap group Salt-N-Pepa, fans know Sandy Denton as Pep, or Pepa, the fun-loving half of Salt-N-Pepa. But behind the laughs and the smiles is a whole lot of pain, and for the first time in *Let's Talk About Pep*, she candidly talks about her troubled childhood, surviving abuse, her first encounters with Cheryl "Salt" James, instant success, her failed marriages and escape from domestic abuse, and her triumphant comeback on reality shows like *The Surreal Life* and *The Salt-N-Pepa Show*. Filled with surprising insights, outrageous anecdotes, and celebrity cameos--including Queen Latifah, Martin Lawrence, Janice Dickinson, Missy Elliott, L.L. Cool J, Ron Jeremy, Lisa "Left Eye" Lopez, and many others--*Let's Talk About Pep* offers a fascinating glimpse behind the fame, family, failures, and success...and into the faithful heart of a woman who will always treasure the good friends she found along the way. Every bit as captivating and provocative as her Grammy Award-winning music, this story reveals the real Pepa--upfront, uncensored, unstoppable--a true pioneer, survivor, and inspiration to women everywhere.

LET'S TALK ABOUT SEX

A Belated Guide for Adults

The Holy Longing

Let's Talk About Pep

## Growing Up, Changing Bodies, Sex and Sexual Health

### Promiscuous Perspectives

### A Book about Changing Bodies, Growing Up, Sex, and Sexual Health

From the author of *How Are You Feeling Today?* and *Will You Be My Friend?* comes a brand new picture book all about the birds and the bees (sex education). It's natural for young children to have questions about their bodies and where they came from, but it can seem a daunting task to answer honestly so that they understand the subtleties of puberty, sex, reproduction and relationships, and are comfortable with their bodies. This book uses clear, easy to understand language to answer complex questions about sex and relationships, and covers all manner of tricky subjects from puberty to consent with delicate accuracy and honesty. Filled with bright, fun illustrations and helpful advice for parents and carers, *Let's Talk About the Birds and the Bees* is the perfect book for explaining the facts of life to small children.

Where Babies Come from

Sexual Health Education Programme Manual for Groups and Individuals with Intellectual Disabilities

Real Stories from a Therapist's Office

A Modern Approach to Sex Education