

La Food Revolution Per Scongiurare Il Punto Dinon Ritorno

Molti di noi inorridiscono al solo pensiero che a tavola ci possano servire carne di cane o di gatto. Il sistema di credenze alla base delle nostre abitudini alimentari si fonda infatti su un paradosso: reagiamo ai diversi tipi di carne perché percepiamo diversamente gli animali da cui essa deriva. In modo inconsapevole abbiamo aderito al carnismo, l'ideologia violenta che ci permette di mangiare la carne solo «perché le cose stanno così». Melanie Joy analizza le motivazioni psicologiche e culturali di questa «dittatura della consuetudine» e della sua pervasività; di come, attraverso la rimozione, la negazione e l'occultamento dell'eccidio di miliardi di animali, il sistema in cui siamo immersi mantiene obnubilate le coscienze, fino a persuaderci che mangiare carne più volte al giorno sia naturale, normale e quindi necessario. Intervistando i vari protagonisti dell'industria della carne, esaminando le cifre dei suoi profitti e dei suoi disastri ambientali, mette in luce gli effetti collaterali sulle «altre» vittime: chi lavora negli allevamenti intensivi e nell'inferno dei mattatoi industriali di ogni latitudine; i consumatori sempre più esposti ai rischi di contaminazioni e insalubrità; l'ambiente, e il nostro futuro sul pianeta. Con un'introduzione di Yuval Noah Harari.

Named a Financial Times Best Book of 2021 An energy expert shows why hydrogen can fight climate change and become the fuel of the future We're constantly told that our planet is in crisis; that to save it, we must stop traveling, stop eating meat, even stop having children. But in The Hydrogen Revolution, Marco Alverà argues that we don't need to upend our lives. We just need a new kind of fuel: hydrogen. From transportation and infrastructure to heating and electricity, hydrogen could eliminate fossil fuels, boost economic growth, and encourage global action on climate change. It could also solve the most bedeviling aspects of today's renewable energy—from transporting and storing wind and solar energy and their vulnerability to weather changes to the inefficiency and limited utility of heavy, short-lasting batteries. The Hydrogen Revolution isn't just a manifesto for a powerful new technology. It's a hopeful reminder that despite the gloomy headlines about the fate of our planet, there's still an opportunity to turn things around.

Conversations about the power of plant-based diets with Bill McKibben, Marianne Williamson, Neal Barnard, and others: "Empowering." —Paul McCartney In this book, the bestselling author of the "groundbreaking" Diet for a New America (Mark Bittman, The New York Times), John Robbins, in

collaboration with his daughter, presents a collection of interviews with prominent figures exploring the connections among diet, physical health, animal welfare, world hunger, and environmental issues. With the inclusion of resources and practical suggestions to help you revolutionize your own eating habits and make a difference, this book features conversations with Dean Ornish, MD; Raj Patel; Morgan Spurlock; Vandana Shiva; Frances Moore Lappe; and others.

Thanks to extensive archival research and a thorough examination of the published works of the university's professors, Grendler's history tells a new story.

The New Good Life

The Futurist Cookbook

The Stars of Galileo Galilei and the Universal Knowledge of Athanasius Kircher

What's Gone Wrong and How to Stop It Happening Again

Living Better Than Ever in an Age of Less

La scienza della vita

The 9 Steps to Keep the Doctor Away

Dante Fedele's new work of reference reveals the medieval foundations of international law through a comprehensive study of a key figure of late medieval legal scholarship: Baldus de Ubaldis (1327-1400). #1 NEW YORK TIMES BEST SELLER • In this urgent, authoritative book, Bill Gates sets out a wide-ranging, practical-and accessible-plan for how the world can get to zero greenhouse gas emissions in time to avoid a climate catastrophe. Bill Gates has spent a decade investigating the causes and effects of climate change. With the help of experts in the fields of physics, chemistry, biology, engineering, political science, and finance, he has focused on what must be done in order to stop the planet's slide to certain environmental disaster. In this book, he not only explains why we need to work toward net-zero emissions of greenhouse gases, but also details what we need to do to achieve this profoundly important goal. He gives us a clear-eyed description of the challenges we face. Drawing on his understanding of innovation and what it takes to get new ideas into the market, he describes the areas in which technology is already helping to reduce emissions, where and how the current technology can be made to function more effectively, where breakthrough technologies are needed, and who is working on these essential innovations. Finally, he lays out a concrete, practical plan for achieving the goal of zero emissions-suggesting not only policies that governments should adopt, but what we as individuals can do to keep our government, our employers, and ourselves accountable in this crucial enterprise. As Bill Gates makes clear, achieving zero emissions will not be simple or easy to do, but if we follow the

plan he sets out here, it is a goal firmly within our reach.

This book assesses the pivotal role played by the concept of beauty in Italian literature and language in the construction of the Italian national identity.

La Food Revolution è il libro più importante mai scritto sulla nostra salute e quella del pianeta. Da anni sappiamo che l'intero pianeta è in crisi; siamo allarmati dal riscaldamento globale e da un livello di inquinamento non sostenibile negli oceani e nelle falde acquifere; scandali e denunce alimentari ci mostrano che la maggior parte del cibo che mangiamo è nocivo, mentre le frontiere dell'ingegneria genetica, applicate all'agricoltura, presentano diverse zone d'ombra, quando non sono diventate nuovi strumenti di sfruttamento delle popolazioni più povere. Saperlo però non basta se per primi non cambiamo atteggiamento. Cosa accadrebbe se smettessimo di mangiare prodotti animali, il cibo più tossico e costoso che l'umanità abbia mai conosciuto, e ci orientassimo a un'alimentazione tutta vegetale? In questo saggio che è diventato un classico del movimento ambientalista, John Robbins ci svela il legame intrinseco tra il nostro cibo e il nostro mondo, ci spiega come districarci nella giungla di informazioni sulle scelte alimentari (diete comprese) scoprendo quanto l'industria del cibo non ci dice. Per mettere in atto una vera «rivoluzione del cibo»: riprendendoci il potere di votare ogni giorno con «forchetta e coltello», per un'alimentazione sana, senza sofferenza e sostenibile. Una lettura appassionante per chiunque si preoccupi della sicurezza alimentare, delle condizioni degli animali ma anche, semplicemente, del destino del pianeta.

Il segreto della sostenibilità

Cowspiracy

Slow food revolution

Cases and Contexts

The Complete Historical Record of Events to Date ; Illustrated with Drawings, Maps and Photographs

The University of Mantua, the Gonzaga, and the Jesuits, 1584-1630

The Hydrogen Revolution

The definitive biography of the legendary autocrat whose enlightened rule transformed the map of Europe and changed the course of history Few figures loom as large in European history as Frederick the Great. When he inherited the Prussian crown in 1740, he ruled over a kingdom of scattered territories, a minor Germanic backwater. By the end of his reign, the much larger and consolidated Prussia ranked among the continent's great powers. In this magisterial biography, award-winning historian Tim Blanning gives us an intimate, in-depth portrait of a king who dominated the political, military, and cultural life of Europe half a century before Napoleon. A brilliant, ambitious, sometimes ruthless

monarch, Frederick was a man of immense contradictions. This consummate conqueror was also an ardent patron of the arts who attracted painters, architects, musicians, playwrights, and intellectuals to his court. Like his fellow autocrat Catherine the Great of Russia, Frederick was captivated by the ideals of the Enlightenment—for many years he kept up lively correspondence with Voltaire and other leading thinkers of the age. Yet, like Catherine, Frederick drew the line when it came to implementing Enlightenment principles that might curtail his royal authority. Frederick's terrifying father instilled in him a stern military discipline that would make the future king one of the most fearsome battlefield commanders of his day, while deriding as effeminate his son's passion for modern ideas and fine art. Frederick, driven to surpass his father's legacy, challenged the dominant German-speaking powers, including Saxony, Bavaria, and the Habsburg Monarchy. It was an audacious foreign policy gambit, one at which Frederick, against the expectations of his rivals, succeeded. In examining Frederick's private life, Blanning also carefully considers the long-debated question of Frederick's sexuality, finding evidence that Frederick lavished gifts on his male friends and maintained homosexual relationships throughout his life, while limiting contact with his estranged, unloved queen to visits that were few and far between. The story of one man's life and the complete political and cultural transformation of a nation, Tim Blanning's sweeping biography takes readers inside the mind of the monarch, giving us a fresh understanding of Frederick the Great's remarkable reign. Praise for Frederick the Great "Writing Frederick's biography . . . requires a diverse set of skills: expertise in eighteenth-century diplomatic and military history, including the intricacies of the Holy Roman Empire; a familiarity with the music, architecture and intellectual traditions of Northern Europe; and, not least, a profound sense of human psychology, the better to grasp the makeup of this complex and tormented man. Fortunately, Tim Blanning . . . has all of these skills in abundance."—The Wall Street Journal "At once scholarly and highly readable . . . [Blanning] has given us a superb portrait of an enlightened despot, equally at home on the battlefield and in the opera house, both utterly ruthless and culturally refined."—Commentary "Blanning, in clear thinking and prose, investigates all aspects of Frederick's personality and reign. . . . The last word on this significant king, for years to come."—Booklist (starred review) "Masterly . . . Blanning brilliantly brings to life one of the most complex characters of modern European history."—The Telegraph (five stars) "A supremely nuanced account . . . This biography finds [Blanning] at the height of his powers."—Literary Review

Modern societies are inconceivable as isolated and mono-cultural entities. The interaction of various cultures is not only a fact of life for most Europeans, it also enriches our societies. However, we also witness tensions between cultures. Intercultural dialogue is therefore one of the political priorities of the Council of Europe, as shown most prominently by the adoption of the White Paper "Living Together as Equals in Dignity" in May 2008. Higher education, by its history and contemporary practice, is a natural partner in and promoter of intercultural dialogue and understanding. Higher education institutions and campuses are themselves multicultural societies, and as such are the focus of the present volume. A second volume will examine the role of higher education in furthering intercultural dialogue and understanding in broader society.

Offering insights into the origins, successes, and threats to revolutionary constitutionalism, Bruce Ackerman takes us to India, South Africa, Italy, France, Poland, Burma, Israel, Iran, and the U.S. and provides a blow-by-blow account of the tribulations that confronted popular movements in their insurgent campaigns for constitutional democracy.

"The Art of Modern China is a long-awaited, much-needed survey. The authors' combined experience in this field is exceptional. In addition to presenting key arguments for students and arts professionals, Andrews and Shen enliven modern Chinese art for all readers. The Art of Modern China gives just treatment to an expanded field of overlooked artworks that confront the challenges of modernization."—De-nin Deanna Lee, author of The Night Banquet: A Chinese Scroll through Time.

"Il buono amore è di bellezza disio"

Religious Narratives in Italian Literature after the Second Vatican Council

Adamski method, your guide to longevity

How the Infosphere is Reshaping Human Reality

A Semiotic Analysis

The Story of the Great War

The Solutions We Have and the Breakthroughs We Need

Originally published in 1987, *Diet for a New America* awakened the conscience of a nation with its startling examination of the food we buy and eat — and the moral, economic, and medical price we pay for it. Drawing a clear line connecting America's factory farm system with disease, animal cruelty, and ecological crises, Robbins makes perhaps the most eloquent argument for vegetarianism ever published. Robbins walked away from his family's business — the Baskin-Robbins ice cream empire — to pursue his dream of

promoting a healthy society that practices “compassionate stewardship of a balanced ecosystem.” In *Diet for a New America* he presents both a disturbing portrait of our current system and a vision for the future that will educate and empower readers to change. Il cibo è il nostro legame più intimo e significativo sia con la natura sia con la nostra eredità culturale. Per evitare la distruzione del pianeta, dobbiamo evolvere. O perire. Cosa c'è di più semplice che mangiare una mela? Eppure, cosa potrebbe esserci di più sacro e di più profondo? Finché non saremo disposti a riconoscere i legami fra il cibo che mangiamo, le operazioni che sono state necessarie per portarlo sulle nostre tavole e i condizionamenti a cui siamo sottoposti quando lo acquistiamo, lo cuciniamo e lo consumiamo, non saremo in grado di vivere con saggezza e armonia. Se ci rifiutiamo di riconoscere questo collegamento essenziale, condanniamo noi stessi e il prossimo alla sofferenza. La soluzione è una sola: abbandonare la tipica alimentazione occidentale, a base di cibo di origine animale, a favore di una dieta a base vegetale, rispettosa dell'ambiente, di tutte le forme di vita e della nostra salute psicofisica. *Cibo per la pace* spiega come raggiungere una comprensione profonda del nostro mondo, riconoscendo le implicazioni di vasta portata delle nostre scelte alimentari. Grazie agli esempi dei più importanti pensatori di tutti i tempi, agli insegnamenti tratti dalla mitologia e dalle religioni e agli sviluppi più recenti della scienza, Will Tuttle offre a tutte le persone consapevoli, di qualsiasi credo e convinzione, una serie di principi universali che possono far progredire la nostra coscienza, facendoci diventare più liberi, più intelligenti, più amorevoli e più felici.

The most comprehensive collection of letters by Rosa Luxemburg ever published in English, this book includes 190 letters written to leading figures in the European and international labor and socialist movements — — Leo Jogiches, Karl Kautsky, Clara Zetkin and Karl Liebknecht — — who were among her closest friends, lovers and colleagues. Much of this correspondence appears for the first time in English translation; all of it helps to illuminate the inner life of this iconic revolutionary, who was at once an economic and social theorist, a political activist and a lyrical stylist. Her political concerns are revealed alongside her personal struggles within a socialist movement that was often hostile to independently minded women. This collection will provide readers with a newer and deeper appreciation of Luxemburg as a writer and historical figure.

Major new study of secular-religious boundaries and the role of the clergy in the administration of Italy's late medieval city-states.

La Food Revolution

The COVID-19 Catastrophe

Italus hortus

da Arcigola a Terra madre : una nuova cultura del cibo e della vita

Cooperazione, comunicazione, agricoltura, partecipazione

How Your Food Choices Affect Your Health, Your Happiness, and the Future of Life on Earth

Sweetness and Power

Frank Laporte-Adamski, naturopath, osteopath, "Heilpraktiker", and the creator of a nutrition regulation that runs the body better by improving health and fitness, still insists after fifteen years that "we must have a clean digestive tract in order to live longer and be in better shape". For years Laporte-Adamski has promoted the consumption of acidic fruits, vegetable oils, and virgin olive oil from its first cold pressing, recognized today as anti-malady foods. Recent scientific discoveries show that the belly is our second brain: our immune defenses are found therein, and so it is vital not to clog the digestive organs. The foundation of our nutrition, health and longevity is the digestive tract itself, and Frank Laporte-Adamski is here to reveal how it works. The Nutrition Revolution is an important book, the result of many years of practice and hundreds of resolved cases, intended for all those who have their psychological and physical wellbeing at heart and that desire to find an explanation and a concrete solution to many problems such as back pain, headaches, insomnia, fatigue, heavy legs, infections, skin and circulatory problems, and so on.

Cowspiracy è considerato l'erede spirituale di film come Fast Food Nation e Food, Inc., che hanno puntato i riflettori sul business delle industrie della carne, delle uova e dei latticini. Kip Andersen e Keegan Khun partono da una domanda molto semplice: se ogni anno la zootecnia produce più emissioni di gas serra di tutti i trasporti messi insieme, inquinando o distruggendo gli habitat, per non parlare della crudeltà che infligge a 70 miliardi di esseri senzienti, perché le principali associazioni ambientaliste di tutto il mondo (da Greenpeace a Oceana) non ne parlano? In questo libro, i due registi hanno raccolto tutto ciò che non sono riusciti a catturare con le videocamere o tralasciato dal montaggio finale: le testimonianze complete dei personaggi intervistati (Lisa Agabian, di Sea Shepherd; gli scrittori Michael Pollan e Will Tuttle); dati aggiornati; tutto ciò che si nasconde dietro al business dell'allevamento animale e dell'industria della carne e di quella casearia; consigli per adottare uno stile di vita realmente sostenibile e per ridurre la propria impronta ecologica sul pianeta.

In Kwame Nkrumah and the Dream of African Unity, Lansiné Kaba describes some of the epic phases of Kwame Nkrumah's struggle for the independence of his country, Ghana, and the unity of his continent, Africa. These two tasks were gigantic, complex, and even frightening. Each separately was promethean in scope, perhaps beyond the capacity of a single leader, however able and determined. Yet, Nkrumah dared to accomplish them and thus deserves a place among the great figures of his world. Far from being a hagiography or a biography, or an essay on the ideology and foreign politics of Nkrumah, this work follows the adventures of his dream of African unity, from the years studying across the Atlantic to the Accra Summit in 1965 and the coup d'état in 1966. Throughout, the analysis tries to understand the genesis of the dream and the effort required for its realization. These discussions deal with the difficulties of implementing a policy of regrouping independent states into a continental body.

In this fascinating book, the author traces the careers, ideas, discoveries, and inventions of two renowned scientists, Athanasius Kircher and Galileo Galilei, one a Jesuit, the other a sincere man of faith whose relations with the Jesuits deteriorated badly. The Author documents Kircher's often intuitive work in many areas, including translating the hieroglyphs, developing sundials, and inventing the magic lantern, and explains how Kircher was a forerunner of Darwin in suggesting that animal species evolve. Galileo's work on scales, telescopes, and sun spots is mapped and discussed, and care is taken to place his discoveries within their cultural environment. While Galileo is without doubt the "winner" in the comparison with Kircher, the latter achieved extraordinary insights by unconventional means. For all Galileo's fine work, the author believes that scientists do need to regain the power of dreaming, vindicating Kirchner's view.

How to Recognize and Act on the Obvious Dangers We Ignore

Frederick the Great

The Nutrition Revolution

Perché amiamo i cani, mangiamo i maiali e indossiamo le mucche. Ediz. ampliata

The Fourth Revolution

Simple Actions to Shift Your Body and Mind to Optimum Health for Greater Longevity

Europe, 1648-1815

How do you define the good life? For many, success is measured not by health and happiness but by financial wealth. But such a worldview overlooks the important things in life: personal contentment, family time, spirituality, and the health of the planet and those living on it. A preoccupation with money and possessions is not only unhealthy, it can also drain the true joy from life. In recent years, millions have watched their American Dreams go up in smoke. The international financial collapse, inflation, massive layoffs, and burgeoning consumer debt have left people in dire financial straits—including John Robbins, a crusader for planet-friendly food and lifestyle choices, who lost his entire savings in an investment scam. But Robbins soon realized that there was an upside to our collective financial downturn: Curtailed consumerism could lead us to reassess our lives and values. The New Good Life provides a philosophical and prescriptive path from conspicuous consumption to conscious consumption. Where the old view of success was measured by cash, stocks, and various luxuries, the new view will be guided by financial restraint and a new awareness of what truly matters. A passionate manifesto on finding meaning beyond money and status, this book delivers a sound blueprint for living well on less. Discover how to • create your own definition of success based on your deepest beliefs and life experience • alleviate depression, lower blood pressure, and stay fit with inexpensive alternatives for high-cost medications • develop a diet that promotes better health—and saves you money • plan for—and protect yourself from—future economic catastrophes • cut down on your housing and transportation costs • live frugally without deprivation • follow in the footsteps of real people who have effectively forged new financial identities The New Good Life provides much-needed hope and comfort in a time of fear and uncertainty. Here is everything you need to develop high-joy, low-cost solutions to life ' s challenges. Practical and timely, this book equips you with the skills needed not only to survive but to thrive in these challenging times.

This is a truly paradigm-shifting study that reads a key text in Latin Humanist studies as the culmination, rather than an early example, of a tradition in university drama. It persuasively argues against the common assumption that there was no "drama" in the medieval universities until the syllabus was influenced by humanist ideas, and posits a new way of reading the performative dimensions of fourteenth and fifteenth-century university education in, for example, Ciceronian tuition on epistolary delivery. David Bevington calls it "an impressively learned discussion" and commends the sophistication of its use of performativity theory.

A fascinating persuasive history of how sugar has shaped the world, from European colonies to our modern diets In this eye-opening study, Sidney Mintz shows how Europeans and Americans transformed sugar from a rare foreign luxury to a commonplace necessity of modern life, and how it changed the history of capitalism and industry. He discusses the production and consumption of sugar, and reveals how closely interwoven are sugar's origins as a "slave" crop grown in Europe's tropical colonies with its use first as an extravagant luxury for the aristocracy, then as a staple of the diet of the new industrial proletariat. Finally, he considers how sugar has altered work patterns, eating habits, and our diet in modern times. "Like sugar, Mintz is persuasive, and his detailed history is a real treat." -San Francisco Chronicle "A "gray rhino" is a highly probable, imminent threat; we can see the dust cloud on the horizon long before the charging animal comes into view. Gray rhinos are not random, but occur after a series of warnings and visible events. The Lehman Brothers crash of 2008, the devastating aftermath of Hurricane Sandy and other natural disasters, the file-sharing that presaged the collapse of the traditional music business model, the rising chaos in the Middle East...all were evident well in advance of the consequences. Gray rhinos are much easier to

spot and guard against than "black swans"-- the rare, truly unforeseen catastrophes. Why then, when faced with solvable problems, do we continually fail to address them before they spiral out of control? Drawing on her extensive background in policy formation and crisis management, as well as in-depth interviews with leaders from around the world, Michele Wucker explains in *The Gray Rhino* how significant crises can be recognized and countered strategically. Filled with persuasive stories, real-world examples, and practical advice, *The Gray Rhino* is essential reading for managers, investors, planners, policy makers, and anyone who wants to understand how change really occurs"--

Baldus de Ubaldis (1327–1400), *Doctrine and Practice of the Ius Gentium*
Revolutionary Constitutions

Le vie contemporanee dello sviluppo locale. Cooperazione, comunicazione, agricoltura, partecipazione

The Examiner

The Place of Sugar in Modern History

Per scongiurare il punto dinon ritorno

The Art of Modern China

Both madcap cookbook and manifesto on Futurism, Marinetti's exuberant and entertaining book has been described as one of 'the best artistic jokes of the century' No other cultural force except the early twentieth-century avant-garde movement Futurism has produced a provocative work about art disguised as an easy-to-read cookbook. Part manifesto, part artistic joke, Filippo Marinetti's *The Futurist Cookbook* is a collection of recipes, experiments, declamations and allegorical tales. Here are recipes for ice cream on the moon; candied atmospheric electricities; nocturnal love feasts; sculpted meats. Marinetti also sets out his argument for abolishing pasta as ill-suited to modernity, and advocates a style of cuisine that will increase creativity. Although at times betraying its author's nationalistic sympathies, *The Futurist Cookbook* is funny, provocative, whimsical, disdainful of sluggish traditions and delighted by the velocity and promise of modernity. Filippo Tommaso Marinetti was born in 1876 to Italian parents and grew up in Alexandria, Egypt, where he was nearly expelled from his Jesuit school for championing scandalous literature. He then studied in Paris and obtained a law degree in Italy before turning to literature. In 1909 he wrote the infamous *Futurist Manifesto*, which championed violence, speed and war, and proclaimed the unity of art and life. Marinetti's life was fraught with controversy: he fought a duel with a hostile critic, was subject to an obscenity trial, and was a staunch supporter of Italian Fascism. Alongside his literary activities, he was a war correspondent during the Italo-Turkish War and served on the Eastern Front in World War I, despite being in his sixties. He died in 1944. 'A paean to sensual freedom, optimism and childlike, amoral innocence ... it has only once been answered, by Aldous Huxley's *Brave New World*' Lesley Chamberlain

Questo manuale teorico-pratico è diviso in due parti; la prima è una ricca analisi della realtà italiana e mondiale, che si sofferma su temi fondamentali come ambiente, salute, alimentazione, potere, tecnologia. Si tratta di tematiche affrontate anche attraverso le riflessioni dei maggiori pensatori ecologisti contemporanei, riformulate però sulla base delle esperienze concrete dei due autori, da decenni impegnati nei movimenti ambientalisti. La seconda parte del volume illustra delle alternative concrete ai modelli di vita dominanti. L'alimentazione biologica e vegetariana, le medicine non convenzionali, le energie rinnovabili, la riduzione dei consumi e la sobrietà, la cooperazione solidaristica, l'autoproduzione, il recupero della comunità, il cohousing, l'ecovicinato sono solo alcuni esempi di come provare a uscire dalla crisi ambientale e sociale attuale. Un volume che unisce riflessione e azione, che si basa sull'idea del cambiamento dal basso, sulla gioia e sulla

speranza che infondono pratiche già ben avviate. Prefazione di Simone Perotti.

The global response to the COVID-19 pandemic is the greatest science policy failure in a generation. We knew this was coming. Warnings about the threat of a new pandemic have been made repeatedly since the 1980s and it was clear in January that a dangerous new virus was causing a devastating human tragedy in China. And yet the world ignored the warnings. Why? In this short and hard-hitting book, Richard Horton, editor of the medical journal The Lancet, scrutinizes the actions that governments around the world took and failed to take as the virus spread from its origins in Wuhan to the global pandemic that it is today. He shows that many Western governments and their scientific advisors made assumptions about the virus and its lethality that turned out to be mistaken. Valuable time was lost while the virus spread unchecked, leaving health systems unprepared for the avalanche of infections that followed. Drawing on his own scientific and medical expertise, Horton outlines the measures that need to be put in place, at both national and international levels, to prevent this kind of catastrophe from happening again. Were supposed to be living in an era where human beings have become the dominant influence on the environment, but COVID-19 has revealed the fragility of our societies and the speed with which our systems can come crashing down. We need to learn the lessons of this pandemic and we need to learn them fast because the next pandemic may arrive sooner than we think. An accessible chronicle of European history from the end of the Thirty Years' War to the Battle of Waterloo features vivid coverage of such events as the Enlightenment period, the French Revolution, and the Napoleonic era.

The Letters Of Rosa Luxemburg

Charismatic Leadership and the Rule of Law

The Gray Rhino

Il Piatto Piange

Voices of the Food Revolution

Mangiare in armonia con sé stessi e con tutti gli esseri viventi

The Works of Thomas Chaudler

Il 'mercato globale' e le sue implicazioni, i rischi delle biotecnologie, la sfida di uno sviluppo sostenibile: in La scienza della vita l'autore affronta i grandi problemi che affliggono la società contemporanea. Gli esseri viventi non sono individui isolati, a sé stanti, ma sono immersi in una rete di relazioni in cui tutti i diversi organismi trovano il proprio modo di essere: la vita. Fritjof Capra lo spiega e lo prova grazie alle ricerche che ha condotto sui cambiamenti che, nel corso dell'ultimo secolo, hanno rivoluzionato la nostra interpretazione della realtà. Le sue tesi sono la formulazione più approfondita e rigorosa del 'movimento di Seattle'. Più che un rifiuto ideologico della globalizzazione suggeriscono - da un punto di vista intellettuale, scientifico e, perché no, anche esistenziale - una sua versione alternativa, più compatibile con le vere esigenze.

The 9 Steps to Keep the Doctor Away empowers readers with knowledge about how to optimize their lives for overall health, and shows them that when it comes to health, an ounce of prevention is

indeed worth a pound of cure. The strategies Dr. Buttar presents encompass all aspect of health—including the importance of laughter and meditation to our bodies. The steps also counter many of our commonly held beliefs about health, and will revolutionize readers' understandings of how their bodies work.

This book presents a semiotic study of the re-elaboration of Christian narratives and values in a corpus of Italian novels published after the Second Vatican Council (1960s). It tackles the complex set of ideas expressed by Italian writers about the biblical narration of human origins and traditional religious language and ritual, the perceived clash between the immanent and transcendent nature and role of the Church, and the problematic notion of sanctity emerging from contemporary narrative.

Who are we, and how do we relate to each other? Luciano Floridi, one of the leading figures in contemporary philosophy, argues that the explosive developments in Information and Communication Technologies (ICTs) is changing the answer to these fundamental human questions. As the boundaries between life online and offline break down, and we become seamlessly connected to each other and surrounded by smart, responsive objects, we are all becoming integrated into an "infosphere". Personas we adopt in social media, for example, feed into our 'real' lives so that we begin to live, as Floridi puts in, "onlife". Following those led by Copernicus, Darwin, and Freud, this metaphysical shift represents nothing less than a fourth revolution. "Onlife" defines more and more of our daily activity – the way we shop, work, learn, care for our health, entertain ourselves, conduct our relationships; the way we interact with the worlds of law, finance, and politics; even the way we conduct war. In every department of life, ICTs have become environmental forces which are creating and transforming our realities. How can we ensure that we shall reap their benefits? What are the implicit risks? Are our technologies going to enable and empower us, or constrain us? Floridi argues that we must expand our ecological and ethical approach to cover both natural and man-made realities, putting the 'e' in an environmentalism that can deal successfully with the new challenges posed by our digital technologies and information society.

The Pursuit of Glory

Cibo per la pace

Un processo alla cultura della carne

You Can Heal Your Body and Your World—with Food!

Diet for a New America 25th Anniversary Edition
Kwame Nkrumah and the Dream of African Unity
A Blueprint for the Future of Clean Energy