

Kendo World Kendo World Magazine Volume English Edition

Editorial By Alex Bennett Alex Bennett reminisces on the Kendo World's journey from its first to this, its 25th edition. He then goes on to discuss recent changes to attitudes in Japan in *budo* and *kendo* with regards to harsh training regimens. *The Features of Kendo and My Experience* By Takeyasu Yoshimizu Takeyasu-sensei was until recently president of the All Japan Kendo Federation. He has since retired from that position but acts as the supreme advisor to the AJKF as well as president of the International Kendo Federation. In this article Takeyasu-sensei gives his congratulations to Kendo World on reaching its 25th edition, discusses the development of kendo and his 80 years of kendo experience. *Making the grade: Roberto Kishikawa on passing the 8-Dan examination* Interview by Dr. Stephen R. Nagy November 27, 2013, marks an important date for kendoka around the world. That early evening, Roberto Kishikawa, a Brazilian national and permanent resident of Hong Kong, was promoted to 8-dan by the All Japan Kendo Federation (AJKF). As the first, non-Japanese kendoka to pass the 8-dan grading in Japan, Kishikawa-sensei has excited and inspired the overseas kendo community to strive for the highest levels of kendo. This article is an interview with Kishikawa-sensei concerning his kendo and journey to 8-dan. *The 61st All Japan Kendo Championship* By Michael Ishimatsu-Prime *A summary and thoughts on the 61st All Japan Kendo Championships* which Tokoro's Uchinara Ryūichi won for the third time. *Hanshi Says Hanshi Says* is a popular series in which Japan's top Hanshi teachers give hints of how they are looking for in grading examinations based on wisdom accumulated through decades of training. This issue features Nakano Mutsuo-sensei from Ibaraki prefecture who passed the 8-dan examination in 1979, and was awarded the title of Hanshi in 1989. Nakano-sensei asserts that in order to pass grading examinations, examinees need to make the examiners lean forward in their seats. He also discusses the importance of striking opportunities and the low *ki-ka-ushi* and *uchi-umi* are a necessity. *Grading Successfully: Part 1* By Kō-dan Shigematsu Kimiaki-sensei In "Grading Successfully Part 1," Shigematsu Kimiaki-sensei, a kendo instructor with Chiba Prefectural Police Force, gives a detailed explanation of how to approach a grading. He covers a vast array of topics such as scoring, sense, *hane*, *datosu*, *waza* selection, and many more. This is an essential guide for those who are about to take a grading, particularly for the higher dan levels. *Nuts 'n' Bolts of Kendo: Effective Training Methods - Waza Training* By Nakano Yasuji (Hanshi 9-dan) In this article, Nakano-sensei discusses the different types of *keiko* and how they should be carried out, as well as different types of *waza* and *ideal* situations in which they should be employed. "Why am I alive?" By Hamish Robison This is the first part in a series of articles on *Osano Chū tar* (1901-1992), one of the great kendoka of the post-war era. *Reidan Jichi: Kihon D sa - Part 5* By ya Minoru (Kendo Ky shi 7-dan) Kihon-d sa, or basic movements, refers to *kamae*, *footwork* and *manipulation* of the *shinai*. In other words, it entails all of the principles behind the striking and thrusting movements for scoring *y k -datsuu* (valid attacks) in kendo. This article looks at the four basic techniques of men, *kote*, *d* and *tuki* in detail. *Unlocking Japan Part 25: Oh the Shame* By Lockie Jackson The final entry in Lockie Jackson's column finishes with an account of witnessing a *yokaze* through which he followed. *SWords of Wisdom: "Many wo kiru" (Sever ignorance)* By Alex Bennett.

Learn the ways of the Japanese Bushido Code with this very readable, modern translation of the Bushido Shoshinshu. Code of the Samurai is a four-hundred-year-old explication of the rules and expectations embodied in Bushido, the Japanese Way of the Warrior. Bushido has played a major role in shaping the behavior of modern Japanese government, corporations, society, and individuals, as well as in shaping modern Japanese martial arts within Japan and internationally. The Japanese original of this book, *Bushido Shoshinshu*, (Bushido for Beginners), has been one of the primary sources on the tenets of Bushido, a way of thought that remains fascinating and relevant to the modern world. *East and West. This handbook*, written after five hundred years of military rule in Japan, was composed to provide practical and moral instruction for warriors, correcting upward tendencies and outlining the personal, social, and professional standards of conduct characteristic of Bushido, the Japanese chivalric tradition. With a clear, conversational narrative by Thomas Cleary, one of the foremost translators of the wisdom of Asia, and powerfully evocative line drawings by master illustrator Oscar Ratti, this book is indispensable to the corporate executive, student of the Asian Culture, martial artist, those interested in Eastern philosophy or military strategy, as well as for those simply interested in Japan and its people.

All students of kendo—the formal art and practice of Japanese swordsmanship—will welcome this manual by an advanced practitioner with a deep understanding of the martial art. The work begins with a history of kendo in Japan, followed by a study of basic equipment and its proper care and use and a detailed description of forms and rules—essential aspects of any martial art. Beginners will find this section particularly helpful because of the close attention paid to fundamental techniques of kendo, including the rare two-sword form (*niŭ rŭ*), largely unknown outside of Japan. Each technique is accompanied by clear, easy-to-follow illustrations. The *Nihon Kendo Kata* and *Shiai* and *Shingun* rules and regulations are useful references for those learning the *Kata* and participating in matches. The author, who is also a practicing physician, is attentive throughout to injury prevention and safety—concerns often overlooked in martial arts manuals. The elements of kendo philosophy, which can mystify even experienced practitioners, are explained in simple terms to aid understanding. The manual concludes with biographies of Japan's most celebrated swordsmen, an extensive glossary of kendo terms, and a history of kendo in Hawaii, where it has been practiced for more than a century and where some of the world's top practitioners can be found.

Part Samurai history, part martial arts guide, this is THE book for anyone interested in Japan's fabled Samurai culture. Author Alexander Bennett is the ultimate insider—holding multiple black belts in Kendo and Naginata, as well as a Ph.D. in Japanese literature and history. In this book he shares his vast personal experience and knowledge with readers seeking to undertake their own personal quest in the Japanese martial arts. Bennett outlines the Japanese history of Bushido and the Samurai—from early times up until the present. Then, as only someone steeped in this world can, he surveys the contemporary martial arts scene and provides the essential knowledge young foreigners need to find a teacher and learn successfully. Unlike any other book on this subject, Japan The Ultimate Samurai Guide is written by a Japanese speaker who has studied and taught martial arts in Japan for many decades. Chapters include: The Real Samurai The Concept of Bushido Development of the Japanese Martial Arts Martial Arts Masters You Should Know About Budo in Japan Today Key Martial Arts Concepts Life in a Japanese Dojo A Japan Survival Guide Written in a down-to-earth and easy-to-read style, this book will captivate anyone interested in Japan, as well as martial arts teachers and practitioners around the world. With both history and humor, this vividly illustrated book has a more personal touch than many (for example, read up on "Fifteen Famous Japanese Cultural Idiosyncrasies" and Bennett's favorite martial arts movies). As Bennett says, "This book is supposed to be genuinely from the heart. Without the pretense...misconceptions or romanticization that often accompanies martial arts."

Philosophy and the Martial Arts

Code of the Samurai

A Memoir

Engagemet

A Comprehensive Guide to Japanese Swordsmanship

Kendo World is devoted to the art of Japanese sword fencing (kendo), and the dissemination of its vast practical, philosophical and historical aspects to the non-Japanese speaking kendo community. Kendo World Magazine is a twice yearly print publication packed full of articles on kendo and related budo arts (iaido, jodo, jukendo, naginata, and koryu arts). The articles for Kendo World are written by an international network of experienced martial artists spread across Japan and the world. Translations of articles and books published in Japanese, including our supporters Kendo Nippon and Kendo Jidai magazines, are included in many of our pages.

Dr. Sotaro Honda (RT–dan), student of 18–dan Masataka Sumi–sensei, has been a longtime contributor to Kendo World, and has spent much of his kendo career helping international kenshi. His latest book is a must have for all practitioners and instructors, and explains various aspects of kendo training in a way that is both accessible and eye-opening. He covers the basics from footwork, to various *keiko* methods such as *kakari–geiko* and *ji–geiko*, and offers many useful hints for *shiai* strategy.

"An excellent introduction to traditional Japanese swordsmanship."–Daily Yamiuri This book introduces Kendo, the exhilarating mental and physical sport of Japan that has gained new popularity, with both sexes now participating, its own evolution and the efforts of a remarkable group of teachers it has progressed through the years to its present position as a sport. This is Kendo is a fully illustrated introduction to the traditional art of Japanese fencing–its essential nature and its basic techniques. It is the first kendo book in English to describe and analyze this famous sport. Features include: Over 100 photographs and drawings Origin and History of Kendo Basic Kendo Principles and Techniques Traditions Governing Kendo Etiquette and Technique Important Strikes Offensive and Defensive Positions Training Exercises The paramount point to be remembered in this book on an ancient art is that no one really stops learning more about the people who invented armor and developed combat techniques. It is our hope that the reader will continue his study beyond the scope of this kendo guide.

Though generally perceived and advertised as means of self-defense, body sculpting, and self-discipline, martial arts are actually social tools that respond to altered physical, social, and psychological environments. This book examines how practitioners have responded to stimuli such as feminism, globalism, imperialism, militarism, nationalism, slavery, and the commercialization of sport.

Arifureta: From Commonplace to World's Strongest Volume 8

The Definitive Translations of the Complete Writings of Miyamoto Musashi–Japan's Greatest Samurai

Elements, Rules, and Philosophy

The Definitive Guide

Japan The Ultimate Samurai Guide

This a compendium of the world's greatest council of Grandmasters. These Grandmasters both past and present represent an amazing history of the martial arts. It contains their bios told as they want it heard and seen along with pictures past and present of these Grandmasters. The WHFSC World Head of Family Shokeship Council brings together Grandmasters and Sokes from every style of martial arts to a yearly meeting, with an awards dinner, Hall of Fame and seminars sessions given by the Grandmasters themselves. Included in the book are some of the upcoming masters in the martial arts.

The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world – including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known martial arts figure in the world. Miyamoto Musashi (1584-1645) is the most famous Samurai who ever lived. His magnun opus, the Go-Rin-Sho or Book of Five Rings is a classic that is still read by tens of thousands of people each year—Japanese and foreigners alike. Alex Bennett's groundbreaking new translation of The Book of Five Rings reveals the true meaning of this text for the first time. Like Sun Tzu's The Art of War, Musashi's book offers unique insights, not just for warriors, but for anyone wanting to apply the Zen Buddhist principle of awareness to achieve success in their endeavors. This book sheds new light on Japanese history and on the philosophical meaning of Bushido—the ancient "code of the Japanese warrior." Unlike other translations that are based on incomplete and inaccurate versions of Musashi's work, Bennett's is the first to be based on a careful reconstruction of the long-lost original manuscript. Capturing the subtle nuances of the original Japanese classic, the result is a far more accurate and meaningful English version of The Book of Five Rings text. Richly annotated and with an extensive introduction to Musashi's life, this volume includes a collection of his other writings—translated into English for the first time. A respected scholar, as well as a skilled martial artist, Bennett's understanding of Musashi's life and work is unparalleled. This book will be widely read by students of Japanese culture, history, military strategy, and martial arts. It sets a new standard against which all other translations will be measured.

Complete Kendo is a thorough introduction to the Japanese martial way of the sword and a guided tour of the principles and philosophy upon which the art is founded. This martial arts guide covers everything from the care and handling of hakama, the pleated trousers worn by kendoka (practitioners of kendo), all in an easy conversational dialogue that is a great pleasure to read. Structured to echo the organization of the Book of Five Rings by Miyamoto

Musashi, Complete Kendo is a modern version of the swordsman's primer by a martial artist skilled not only in the art of kendo but, like Musashi, in many traditional Japanese arts, and with a superb understanding of the martial tradition and culture of Japan. The author uses lessons learned from a long career of teaching martial arts and academic subjects to impart clearly and concisely the fundamentals of kendo and the martial way. With explanatory line drawings by Kathleen Sweeney illustrating significant points of discussion, a handy glossary of kendo terminology and related concepts, and an unusually helpful bibliography, Complete Kendo is an essential volume for every kendoka's personal library.

The Practical Encyclopedia of Martial Arts

A Study of Kendo Kata

The Heart of Kendo

The Art of Japanese Fencing

Madison Magazine

Master the art of Kendo—Japanese Swordsmanship with this illustrated and comprehensive martial arts guide. Kendo or the "Way of the Sword" holds a special place within the martial arts as one of the few practices tracing back directly to Japan's ancient samurai heritage. Modern students flock to kendo for physically—and mentally—challenging activity that combines traditional martial arts values with strenuous physical activity. Author Geoff Salmon has over 40 years of kendo experience gained in and outside of Japan. His goal in this kendo guide is to dispel misconceptions about the sport and to make kendo training accessible and effective for anyone. His simple, straightforward writing style is especially helpful for beginning students and martial artists from other disciplines who wish to add kendo training to their repertoire. The core of this kendo book is a series of detailed instructional sequences demonstrating the basic kendo techniques. The author also presents the fundamental principles and philosophy that make kendo as much an exercise of the mind as of the sword. For many adherents, the goal is to mind to achieve a state of *musin* (no-mind). Beyond that, this book also shows you how to win competitions and integrate kendo into your personal fitness routines. This is the first book to clearly link the philosophical and mental elements of kendo to the physical techniques, thereby enabling readers to gain a holistic understanding of the martial art. It offers a comprehensive training program similar to those given by leading kendo teachers in Japan, past and present.

Looking at a Far Mountain is a remarkable comprehensive survey of the core of kendo, an internationally practiced martial sport derived from the ancient Japanese warrior art of the sword and heavily influenced by the tenets of Shinto, Confucianism, and, particularly, Zen Buddhism. This is the first study outside of Japan and the first in English of the history, philosophy, and technical aspects comprising the system of predetermined sword techniques known as *Teikoku Kendo Kata*. Lavishly illustrated with historical photographs and encompassing a history of t kendo kata tradition, technical training and advice, the individual kata themselves, lineage charts of particular schools and notable kendo masters, and a complete glossary of kendo terms, *Looking at a Far Mountain* remains firmly anchored in the Japanese tradition while addressing the growing international corps of kendo practitioners.

Martial arts training is unique in that it aims to develop the body, mind, and spirit of the practitioner. Even more special is having the opportunity to apprentice under a true exponent from the lands where the bu do were developed and fostered. In 1990 Dan Popp had the good fortune to meet Duk Yeong Kim Sensei, and what transpired was a 17 year journey of studying traditional Japanese Kendo (Way of the Sword) and Shodo (Way of the Brush). In Sensei's Final Lessons, Dan outlines various lessons learned during the last five years of his sensei's life-lesso not necessarily related to martial techniques and training methods, but also include concepts and ideas to continually hone and polish the mind and spirit. Lessons That Kim Sensei believed and demonstrated by example each and every day-a dedicated follower of the bu do shodō. This book provides a glimpse into the mind and spirit of a true martial arts Renaissance man as Dan's sensei provided him instruction in not only the martial arts, but also the Japanese aesthetic arts such as Shodo calligraphy. Duk Yeong Kim was from an era before the official form

of Kendo - and Dan's story will give the reader some sense of what it's like to train in the Japanese arts of Kendo and Shodo and the guiding principles garnered from such training.

Bud is one of Japan's most significant contributions to the world's athletic heritage. In fact, I consider bud to be Japan's most successful cultural export. Wherever you go in the world, even in the remotest towns of the farthest countries, there is a high probability that there will be a 'd j ' of some sort in the community. In that d j you will find the local people barefooted, dressed in Japanese d-gi, obeying commands in the Japanese language, bowing the Japanese way, and more often than not, there will be a Japanese flag or a picture of some great Japanese

the past occupying a prominent part of the d j . Interestingly, probably not one of the members will have ever been to Japan, and contact with Japanese people will be limited. There will always be some idiosyncrasies in the way training is conducted stemming from the fact that it is not actually Japan, and there are many aspects which have to be adapted to suit that particular social milieu.

Sensei's Final Lessons

A Comprehensive Introduction to the Philosophy and Practice of the Art of the Sword

Murci,jago

An Insider Looks at the Japanese Martial Arts and Surviving in the Land of Bushido and Zen

Pacific Friend

This is the first substantial academic book to lay out the philosophical terrain within the study of the martial arts and to explore the significance of this fascinating subject for contemporary philosophy. The book is divided into three sections. The first section concerns what philosophical reflection can teach us about the martial arts, and especially the nature and value of its practice. The second section deals with the other direction of the dialectical interplay between philosophy and the martial arts: how the martial arts can inform philosophical issues important in their own right. Finally, because many of the notable martial arts are of Asian origin, there are particularly close links between the arts and Asian philosophies – and Buddhism in particular – and therefore the last section is devoted to this topic. The essays in this collection deal with a wide range of philosophical issues: normative ethics, meta-ethics, aesthetics, phenomenology, the philosophy of mind, Ancient Greek and Buddhist thought. By demonstrating the very real nature of the engagement between the martial arts and philosophy, this book is essential reading for any serious student or scholar with an interest in the martial arts, Eastern philosophy, the philosophy of sport, or the study of physical culture.

Presents an overview of the most popular disciplines, exploring history, techniques, etiquette, and philosophy.

This is the first book in English that adopts a critical socio-historical perspective to examine the important themes and challenges of Asian indigenous culture and sport. Written by leading sport historians and scholars, the chapters in the book contain real-life case studies and comparative studies in Asian sport. The book examines the history, contemporary governance and management, gender, and ethnic issues embedded in folk sports and physical culture, and the challenges faced by Asian indigenous sports and their evolution. Based on cutting-edge research from China, Japan, Korea, Israel and beyond, this book will be a valuable addition to any course in sport history, sport culture, sport development and sport sociology. It will stimulate those who are seeking ways to promote and develop indigenous sports, from intangible cultural heritage protection to global sport partnership. It will also be of interest to students, researchers, and practitioners, who wish to understand the changing face of Asian society and Asian indigenous sport. The chapters in this book were originally published as a special issue of The International Journal of the History of Sport.

Content in this issue: Editorial By Michael Ishimatsu-Prime In the editorial, Michael Ishimatsu-Prime reflects on visiting the 109th Kyoto Embu Taikai in May and discusses some of the highlights, most notably the participation of the last two Hanshi 7-dan sensei who are 99 and 90 years old, and also the bout between Sakud Masao-sensei and Hamasaki Mitsuru-sensei which was the epitome of "kate-utsu" - "win and then strike." The upcoming Sport Accord Combat Games that will be held in St. Petersburg, Russia, is also discussed along with Olympic kendo. Kiwada Daisuke Interview By Blake Bennett

KENDO WORLD EXCLUSIVE! Staff writer Blake Bennett visited the Osaka Police training centre to interview the current All Japan Champion, Kiwada Daisuke. Kiwada discusses his motivations, difficulties and aims in kendo. Hanshi Saiy Hanshi Saiy is a popular series in which Japan's top Hanshi teachers give hints of what they are looking for in grading examinations based on wisdom accumulated through decades of training. This issue features Aoki Hirotsugu-sensei from Oita prefecture who passed the 8-dan examination in 1987, and was awarded the title of Hanshi in 1995. He talks about the importance of cultivating one's overall capacity and using seme effectively. Nuts n' Bolts of Kendo: Effective Training Methods - Kirikaeshi By Nakano Yasoji (Hanshi 9-dan) In this article, Nakano-sensei discusses the importance of kirikaeshi and points to consider for both the *karikate* and *motodachi*. *SWords of Wisdom: "Remember, then forget"* By Alex Bennett H z in In'ei was a Buddhist monk at the K Kukuji temple in Nara who founded a prominent school of j jutsu (spearmanship) known as the H z in-ry . This article discusses In'e's encounter with another renowned warrior of the Warring States period called Kani Saiz, and a valuable lesson that he taught him. Reidan Jichi: Kihon D sa -Part 4 By ya Minoru (Kendo Ky shi 7-dan) Kihon-d sa, or basic movements, refers to *kamae*, *footwork* and *manipulation* of the *shinai*. In other words, it entails all of the principles behind the striking and thrusting movements for scoring *y k -datsuu* (valid attacks) in kendo. This article examines striking basics and the theory behind striking motion. *Unlocking Japan Part 24: Gajjin Style* By Lockie Jackson Lockie Jackson's column continues as he ruminates on the image of foreign men in Japan. The 43rd Kanagawa-ken Yonsha Taik Kendo Taikai By Michael Ishimatsu-Prime On Sunday February 17, 2013, Michael Ishimatsu-Prime visited the Kanagawa Prefectural Budokan in Yokohama to report on the 43rd Kanagawa-ken Yonsha Taik Kendo Taikai (The 43rd Kanagawa Prefecture Four Team Kendo Competition). This exciting competition pits 15-member teams of the prefecture's strongest police, teachers, company workers and students against each other in a league. The Kendo Coach Sports Psychology in Kendo: Part 9 - Aggression in Kendo - part 4 By Blake Bennett Blake Bennett's continuing series of articles on aggression in kendo uncover the factors as to why the kendo student is willing to undergo and tolerate ongoing harsh training methods. Following on from part 3 of this series, this article will examine the issues of *ki-tae* and *shitsuke* (discipline) in the dojo, in addition to discussing group identity, the use of *j ge-kankei*, and the idea of *k ken-chiai* in an attempt to show how the objective of polishing the mind in kendo is facilitated. Overall, the various aspects of kendo that generate a motivation in the student to willingly undergo and tolerate ongoing harsh training methods will be examined.

A Modern Translation of the Bushido Shoshinshu of Taia Shigesuke

Sporting Reflections

Kendo World 6.2

Hagakure

Bushido

Part of the Sport, Culture and Society series, this book aims to illuminate the contribution of philosophy of sport to the understanding of contemporary sport. It addresses some of the different fields of philosophy and their application in philosophy of sport including: aesthetics, ethics, philosophy of education, and more.

This comprehensive guide to Kendo features easy-to-follow line drawings toemonstrate techniques, basic information on equipment and lists of officialules and clubs. The book is aimed at beginners and experts alike.

The author spent years in Japan studying the art of sword fighting. Here he provides a complete introduction to the etiquette, training methods and combat techniques of kendo.

Here is a comprehensive and accessible introduction to Kendo, the Japanese "way of the sword," the ancient martial art that originated in the Japanese samurai tradition. Kendo is a way of life shaped by the discipline that produces perseverance, alertness, concentration, and introspection. It is very closely tied to Zen: it adepts traditionally also train in Zen meditation, and numerous Zen masters have been adept at the art of Kendo. Kendo's principles of ethics and mindful action have had a formative effect on the other Japanese martial arts practiced in America, such as Aikido. This book includes the history of the art of the sword, the basic equipment used, a glossary of terms, and instructions for all the basic forms uallustrated with more than 230 line drawings.

Kendo World 6.4

Looking at a Far Mountain

The Secret Wisdom of the Samurai

Black Belt

Kendo - Approaches for All Levels

The comprehensive and accurate edition of the Hagakure is a must-have for serious martial artists or fans of samurai and the bushido code. The Hagakure is one of the most influential of all Japanese texts—written nearly 300 years ago by Yamamoto Tsunetomo to summarize the very essence of the Japanese Samurai bushido ("warrior") spirit. Its influence has been felt throughout the world, and yet its existence is scarcely known to many Westerners. This is the first translation to include the complete first two books of the Hagakure and the most reliable passages contained within the third book, all other English translations published previously have been extremely fragmentary and incomplete. Alex Bennett's completely new and highly readable translation of this essential work includes extensive footnotes that serve to fill in many cultural and historical gaps in the previous translations. This unique combination of readability and scholarship gives Hagakure: The Secret Wisdom of the Samurai a distinct advantage over all previous English editions.

Kendo is the first in-depth historical, cultural, and political account in English of the Japanese martial art of swordsmanship, by its beginnings in military training and arcane medieval schools to its widespread practice as a global sport today. Alexander Bennett shows how kendo evolved through a recurring process of Oliventing tradition,Ō which served the changing ideologies and needs of Japanese warriors and governments over the course of history. Kendo follows the development of Japanese swordsmanship from the aristocratic-aesthetic pretensions of medieval warriors in the Muromachi period, to the samurai elitism of the Edo regime, and then to the nostalgic patriotism of the Meiji state. Kendo was later influenced in the 1930s and 1940s by ultranationalist militarists and ultimately by the postwar government, which sought a gentler form of nationalism to rekindle appreciation of traditional culture among JapanŌs youth and to garner international prestige as an instrument of Osoft power.Ō Today kendo is becoming increasingly popular internationally. But even as new organizations and clubs form around cultural exclusiveness continues to play a role in kendoŌs ongoing evolution, as the sport remains closely linked to JapanŌs sense of collective identity.

This is a translation of an important classic on Zen swordfighting. Yagyu's Buddhist spirituality is reflected in his central idea of the life-giving sword' - the notion of controlling an opponent by the spiritual readiness to fight, rather than during the fight. This is a translation of an important classic on Zen swordfighting. Yagyu Munenori was so widely renowned that he was appointed official sword instructor to two Tokugawa shoguns. (The position was always covered by Miyamoto Musashi, but he never succeeded in gaining the post). Yagyu's Bushido: the samurai code of Japan is one of the most influential books ever written on "the way of the warrior." A classic study of Japanese culture, the book outlines the moral code of the samurai way of living and the virtues every warrior holds dear. In Bushido, Nitobe points out similarities between Western and Japanese history and culture. He argues that "no matter how different any two cultures may appear to be on the surface, they are still created by human beings, and as such have deep similarities." Nitobe believed that connecting Bushido with gr teachings could make an important contribution to all humanity, that the way of the samurai is not something peculiarly Japanese, but of value to the entire human race.

Kendo World 7.1

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Kendo

Culture of the Sword

Budo Perspectives

A mysterious killer has left a trail of dead swordsmen in their wake, and the grisly corpses hint at a fiend possessed. A chance to confront the culprit presents itself, but Kuroko finds herself in unfamiliar territory-when, for the first time, an opponent completely outclasses her in combat! In order to win (or even survive) against this unparalleled swordsman, Kuroko's going to need an ace up her sleeve, and her answer is...movie magic!

The English translation of Hiraakawa Nobuo's 1993 book on kendo. It covers kendo basics such as how to stand and move, swing the shinai, wear bogu, and make basic strikes and defensive moves. Also described are many advanced shikake-waza and oji-waza techniques as well as the Nippon Kendo Kata.

With the Haulia clan's battle behind them, Hajime and the others return to Verbergen. Amidst the cheers of the freed beastmen, Hajime is forced to reexamine his relationship with Shea. Still unsure of his own feelings, he heads to the next labyrinth, the Haltina Woods. But this time there's a challenge like no other lying in wait; the party is forced to deal with impostor doppelgangers of themselves! Will they be able to find their way through the most difficult labyrinth yet as Hajime and the others' bonds are tested like never before?!

Complete Kendo

Martial Arts in the Modern World

The Way and Sport of the Sword

Indigenous Sports History and Culture in Asia