

Keeping The Love You Find Harville Hendrix

From the creator of the popular website Ask a Manager and New York ’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There ’s a reason Alison Green has been called “ the Dear Abby of the work world. ” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don ’ t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You ’ ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “ reply all ” • you ’ re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate ’ s loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “ A must-read for anyone who works . . . [Alison Green ’ s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work. ” —Booklist (starred review) “ The author ’ s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers ’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience. ” —Library Journal (starred review) “ I am a huge fan of Alison Green ’ s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor. ” —Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “ Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way. ” —Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

“One of the leading therapeutic voices of the 1990s” (Deborah Mason, New Choices) Harville Hendrix has illuminated the paths to healthy, loving relationships in his New York Times bestsellers Getting the Love You Want and Keeping the Love You Find. Now, with his coauthor and wife, Helen Hunt, he at last brings us to a new understanding of the most profound love of all -- by helping parents nurture their own development as they encourage emotional wholeness in their children.How we parent our children reveals a great deal about how we were parented. When a particular parent-child interaction reveals how strongly we resemble our own mother or father, that insight can be extremely disheartening. But it can also be a catalyst for exploring unresolved issues that originated in our own childhood. Giving The Love That Heals offers a unique opportunity for personal transformation that will lead us to a conscious, and thus healthier, relationship with our children.Harville Hendrix and Helen Hunt help us explore: The Imago -- the fantasy partner that our unconscious mind constructs from those we loved as a child, a that has guided our search for a life partner Maximizer and Minimizer parents -- the defensive styles that internally shape what we say and how interact with our children A Parenting Process that all parents can use to end the "cycle of wounding" -- the handing-down of wounding we received as children -- as we parent our own children, regardless of their age The most effective way to nurture the stages of our child's growth while remaining mindful of how each stage affects the child's relationships, both to us and to their world and their future Safety, Support, and Structure -- how to give children what they really need from us Modeling Adulthood -- recovering our innate wholeness to provide a model of adulthood for our children that will preserve their innate wholeness.In this profound, groundbreaking book, Harville Hendrix and Helen Hunt lead us through an extraordinary process of growth as we help our children to become healthy, responsible, and caring people.

Drawn on extensive research, counseling workshops with couples and the authors' own 30-year relationship to distill basic, provocative truths about marriage and provide essential tools for rendering a marriage more rewarding and positive. 50,000 first printing.

"Jane Austen meets Hollywood bad boys in this hate-to-love romance. " The golden boy. Wes Spencer, aka Mr. Darcy, has it all: the face of a Greek god, millions of adoring fans, a mile-long yacht and a bored attitude. The last thing he needs is a crew member on his new film set nearly dying in his arms. The stunt girl. That's me, Ari Demos. I just landed a coveted job as a stunt double in the new Pride and Prejudice movie adaptation starring actor slash phenomenon Weston Spener. Cue high dives and complicated car stunts along the narrow cliffs of Corfu --one false step and I could lose not only my job, but my life. I wanted nothing to do with the arrogant English boy. Waking up to his kiss was something other girls dreamed of, not me. The movie star is the last person I'd expect to save my life. Falling in love was never supposed to be part of the job. Fighting to stay alive was never supposed to be part of growing up. "Today is not the day I die" Readers say: "Wes is my book boyfriend!" "I was crying and laughing." "Unputdownable." "I'm in love!"

The Love List

The Five Love Languages

Perspectives on Theory

A Workbook for Singles

Marriage After God

Giving the Love that Heals

The Point of Connection

In The 5 Love Languages, you will discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman s proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner starting today.

Keeping the Love You FindSimon and Schuster

What can you uniquely give the world? We often sell ourselves short with self-limiting beliefs, but most of us would be amazed and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the deeper journey to discovering your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to:
- Recognize your innate strengths
- Acquire the skills needed to nurture your best self
- Identify and navigate past societal limitations often placed upon women
- Strengthen your brand both personally and professionally
- Build a supportive and healthy community
- Cultivate effortless style
- Enhance your everyday meals with seasonal fare
- Live with less, so that you can live more fully
- Understand how to make a successful fresh start
- Establish and mastermind your financial security
- Experience great pleasure and joy in relationships
- Always strive for quality over quantity in every area of your life
Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everyday as much as the grand occasions. As you learn to live well in your everyday, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our true potential.

How would you like to have a wonderfully well-suited, kind, adoring half-orange who feels like a teammate, a partner in crime, a true other half? "Half-Orange" refers to the Spanish term mi media naranja, which describes one's sweetheart, that perfect other half. What if you heard he or she would be coming along soon? Would you be relieved? Excited? Happy? Well those are the feelings that dating optimism can give you. Rather than admonishing readers to make themselves more available, or turn dating into a full-time job, Spencer's program of dating optimism is a fun, results-oriented way to find a healthy half relationship, based on brain science and psychology that can help you become a more positive dater. She'll guide you through sowing the orange seed of your ideal relationship and growing it to "fruit-ion." In essence, by focusing positively about dating, you can actually change your brain, which changes everything from your body language to the way you perceive others and what you ultimately attract. Meeting Your Half-Orange is the pep talk that puts finding true love back into your own hands. It will guide you toward becoming so focused on the relationship you want and so happy in your own skin, the right person will be naturally drawn straight to you. You've never read a dating guide like this before. But best of all, it will be the last one you'll ever need.

The Big Lie

10 Truths for Changing the Relationship You Have Into the One You Want

The Space Between

Transform Your Relationship by Letting Yourself Be Loved

She Thought She Knew Her Husband. She Was Wrong

Little Fires Everywhere (Movie Tie-In)

A Novel

How does one find the perfect match? One way, says Dr. Kevin Leman, is to look at birth order. This book addresses strategies for finding the person with the most compatibility and keeping that person.

A companion workbook to the enormously successful New York Times bestselling relationship book, Getting the Love You Want: A Guide for Couples. In 1988, Harville Hendrix in partnership with his wife, Helen LaKelly Hunt, published a terrifically successful relationship guide, Getting the Love You Want. The book introduced thousands to their Imago Relationship Therapy, a unique healing process for couples, prospective couples, and parents, and developed into an overnight sensation. For their part, Doctors Hendrix and Hunt managed to aid scores of couples in their plight for more loving, supportive, and deeply satisfying relationships. Now, more than a decade later, this companion book picks up where its predecessor left off, delving further into relationship therapy once again, to help transform relationships into lasting sources of love and companionship. The Getting the Love You Want Workbook is designed for the hundreds of thousands of couples who have attended Imago workshops since Getting the Love You Want hit bookstands, as well as new and curious ones seeking a practical route back to intimacy and passionate friendship. The workbook contains a unique twelve-week course (The New Couples' Study Guide) designed to help work through the exercises published in Part III of Getting the Love You Want. Included are complete step-by-step instructions for transforming relationships into a lasting source of love and companionship. For those of us struggling to maintain our most precious relationships, the Getting the Love You Want Workbook helps us grow aware of our individual, unconscious agenda while steering us towards a more harmonious link with our loved ones that will satisfy our deepest needs.

Professional matchmaker and relationship coach, Jackie Dorman shares the teaching that has helped countless single women just like you get out their own way and get married in less than one year. Whether you haven't dated for years or have never dated at all, it doesn't matter—Married in 12 Months or Less is your personal guide on dating, overcoming past relationship trauma, and meeting the love of your life. What's your love life look like? Be honest. Does it feel like everyone else is in a happy, committed relationship except for you? Do you ever ask yourself “Why does it seem so easy for other people to find love but so hard for me?” or “When is it going to finally be my turn?” If you're tired of being the bridesmaid and not the bride, living in the married in less than one year. Attracting the wrong guys, this book is for you! Jackie Dorman has been there and she will help you get out of your own way and step into the Love Story that's waiting just for you. In Married or 12 Months or Less, you will learn: how to heal your heart from past relationship trauma and learn the tools to prevent future trauma, how to recognize the blindspots that keep you from seeing and receiving the love that's often right in front of you, proven ways to recognize red flags quickly in order to protect your time, energy and emotions, how to use the biblical law of attraction to attract high-quality romantic relationships from now on, how to embrace your divine feminine power to captivate the Spirit Mate that will love you for you. Are you ready to get unstuck? Get out of the waiting room and join the movement that is changing lives whether you are discouraged, divorced, or just plain depressed when it comes to love.

The far right is back with a vengeance. After several decades at the political margins, far-right politics has again taken center stage. Three of the world's largest democracies – Brazil, India, and the United States – now have a radical right leader, while far-right parties continue to enlarge their profile and support within Europe. In this timely book, leading global expert on political extremism Cas Mudde provides a concise overview of the fourth wave of postwar far-right politics, exploring its history, ideology, organization, causes, and consequences, as well as the responses available to civil society, party, and state actors to challenge its ideas and influence. What defines this current far-right renaissance, Mudde argues, is its mainstreaming and normalization within the contemporary political landscape. Challenging orthodox thinking on the relationship between conventional and far-right politics, Mudde offers a complex and insightful picture of one of the key political challenges of our time.

Make Up, Don't Break Up

In Love

Couples Companion: Meditations & Exercises for Getting the Love You Want

Making Marriage Simple

Limited Edition of One

The Seven Principles for Making Marriage Work

On Knowing Love, Finding Love and Keeping Love

The authoritative account of the rise of Amazon and its intensely driven founder, Jeff Bezos, as praised by the Seattle Times as “the definitive account of how a tech icon came to life.” Amazon.com started off delivering books through the mail. But its visionary founder, Jeff Bezos, wasn’t content with being a bookseller. He wanted Amazon to become the everything store, offering limitless selection and seductive convenience at disruptively low prices. To do so, he developed a corporate culture of relentless ambition and secrecy that’s never been cracked. Until now. Brad Stone enjoyed unprecedented access to current and former Amazon employees and Bezos family members, giving readers the first in-depth, fly-on-the-wall account of life at Amazon. Compared to tech’s other elite innovators -- Jobs, Gates, Zuckerberg -- Bezos is a private man. But he stands out for his restless pursuit of new markets, leading Amazon into risky new ventures like the Kindle and cloud computing, and transforming retail in the same way Henry Ford revolutionized manufacturing. The Everything Store is the revealing, definitive biography of the company that placed one of the first and largest bets on the Internet and forever changed the way we shop and read.

A comprehensive and intimate guide to finding, keeping, and enjoying love after fifty, the best kind of love there is. Studies keep showing that love after fifty is more satisfying than at any other stage in life, and it makes sense: at this stage, you are more emotionally stable and more focused on the present; you know what you absolutely have to have, but also what you can live without; divorcing is no longer about building family and fortune—it’s about sharing intimacy as grounded individuals. And sex isn’t pass/fail anymore, but about becoming erotic friends. So, if this is the promised land, how do you get there? In Love After 50, Journalist Francine Russo interviewed the best experts in the field and dozens of couples to help show the way. Her “practical, excellent guide” (John Gottman, author of The Seven Principles for Making Marriage Work) includes advice like: -How to recover from the emotional damage of divorce, the grief of widowhood, or a history of unfulfilling relationships -How to build realistic requirements for a partner -What attitudes to bring to dating -How to overcome the psychical challenges of sex and embrace your erotic selves -How to evaluate the financial, emotional, and practical results of marrying, living together, or living apart -How to deal with (hostile) adult kids to safeguard your relationship and family Love After 50 is “essential reading” (Pauline Boss, PhD, author of The Myth of Closure) that is not only practical but also unassuming and candid. It is full of real people’s stories (including the author’s), with vivid examples of couples who have overcome their pasts to form healthy and nurturing partnerships. In other words, it’s as real as love after fifty can be.

A marriage therapist and pastoral counselor explains that most of the feelings of receiving inadequate love come from unresolved childhood conflicts and describes how adults can learn to flourish as loving and loved people, in a new edition of the best-selling handbook. Reprint. 50,000 first printing. The New York Times bestselling guide to transforming an intimate relationship into a lasting source of love and companionship, now fully revised with a new forward and a brand new chapter, Getting the Love You Want has helped millions of people experience more satisfying relationships and is recommended every day by professional therapists and happy couples around the world. Dr. Harville Hendrix and Dr. Helen LaKelly Hunt explain how to revive romance and remove negativity from daily interactions, to help you: - Discover why you chose your mate - Resolve the power struggle that prevents greater intimacy - Learn to listen – really listen – to your partner - Increase fun and laughter in your relationship - Begin healing early childhood experiences by stretching into new behaviors - Become passionate friends with your partner - Achieve a common vision of your dream relationship Become the most connected couple you know with this revolutionary guide, combining behavioral science, depth psychology, social learning theory, Gestalt therapy, and interpersonal neuroscience to help you and your partner recapture joy, enhance closeness, and experience the reward of a deeply fulfilling relationship.

The Foolproof Way to Follow Your Heart Without Losing Your Mind

Deeper Dating

Living the Simply Luxurious Life

Finding and Keeping Love for Singles and Couples

A Workbook for Couples

A Single Person's Guide to Achieving Lasting Love

Chasing Boldly After God's Purpose for Your Life Together

As the Electoral College battle for the White House lands in a Florida courtroom, Miami attorney Jack Swyteck has never felt farther from the truth, fighting for a “faithless elector,” caught between a corrupt president and his manipulative opponent—with each revelation more explosive than the next. The country is reeling. For the sixth time in American history, the winner of the popular vote will not occupy the Oval Office. President Malcolm MacLeod, the Machiavellian incumbent, was spared from impeachment only because his political foes were certain they would oust him at the ballot box. Now, he appears to have secured a second term, thanks to a narrow victory in the Electoral College. His opponent, Florida Senator Evan Stahl, saw his campaign rocked by allegations of an extramarital affair—with another man. Despite the salacious headline-making scandal and the surrounding media frenzy, most Americans chose Stahl to lead the politically polarized nation. But Stahl is refusing to concede. Backed by millions of supporters, he looks to individual members of the Electoral College to cross party lines. Gun lobbyist Charlotte Holmes is one of Floridas twenty-nine electors who is bound by law and by oath to cast her vote for MacLeod, who won Florida by the thinnest of margins. When Charlotte announces that she intends to vote her conscience and throw the Electoral College to Stahl, the president and his Florida machine haul her into court on felony charges—which, for some, isn't nearly punishment enough. Miami attorney Jack Swyteck is going to use every legal maneuver he can to keep his new client free—and alive. MacLeod's hand-picked prosecutor is determined to prove Charlotte is unfit to cast a vote. Dredging through her past, he's looking for skeletons to humiliate and discredit her, while others with far deadlier intentions have begun acting on their threats. As the pressure mounts, Charlotte and Jack must decide how far they'll go to stand their ground in the stand-your-ground state.

The first-ever book on Imago Relationship Therapy from its creators geared toward therapists. Developed by Harville Hendrix and Helen LaKelly Hunt in the 1980s, Imago Relationship Therapy helps couples—and everyone in significant relationships—shift from conflict to connection by transforming the quality of their interactions. Now, for the first time, the essential principles and practices of Imago, as illustrated in the New York Times bestseller Getting the Love You Want, are presented for the benefit of both novice and seasoned clinicians. Using the Imago processes, couples create a Conscious Partnership in which they feel safe, fully alive, and joyful, learning to be mutually empathic for each other's childhood challenges and present to each other without judgement. Hendrix and Hunt help couples learn and practice Imago Dialogue, moving from blame and reactivity to mutual acceptance, affirmation, and empathy, thus deepening their connection. Joining theory and practice with elegance, and filled with examples, exercises, and dialogues, this is a book no couples therapist can afford to be without.

Explains why the environmental crisis should lead to an abandonment of “free market” ideologies and current political systems, arguing that a massive reduction of greenhouse emissions say offer a best chance for correcting problems.

The #1 New York Times bestseller! Now a Hulu original series starring Reese Witherspoon and Kerry Washington. “I read Little Fires Everywhere in a single, breathless sitting.” —Jodi Picoult “To say I love this book is an understatement. It’s a deep psychological mystery about the power of motherhood, the intensity of teenage love, and the danger of perfection. It moved me to tears.” —Reese Witherspoon “Extraordinary . . . books like Little Fires Everywhere don't come along often.” —John Green From the bestselling author of Everything I Never Told You, a riveting novel that traces the intertwined fates of the picture-perfect Richardson family and the enigmatic mother and daughter who upend their lives. In Shaker Heights, a placid, progressive suburb of Cleveland, everything is planned—from the layout of the winding roads, to the colors of the houses, to the successful lives its residents will go on to lead. And no one embodies this spirit more than Elena Richardson, whose guiding principle is playing by the rules. Enter Mia Warren—an enigmatic artist and single mother—who arrives in this idyllic bubble with her teenaged daughter Pearl, and rents a house from the Richardsons. Soon Mia and Pearl become more than tenants: all four Richardson children are drawn to the mother-daughter pair. But Mia carries with her a mysterious past and a disregard for the status quo that threatens to upend this carefully ordered community. When old family friends of the Richardsons attempt to adopt a Chinese-American baby, a custody battle erupts that dramatically divides the town—and puts Mia and Elena on opposing sides. Suspicious of Mia and her motives, Elena is determined to uncover the secrets in Mia's past. But her obsession will come at unexpected and devastating costs. Little Fires Everywhere explores the weight of secrets, the nature of art and identity, and the ferocious pull of motherhood—and the danger of believing that following the rules can avert disaster. Named a Best Book of the Year by: People, The Washington Post, Bustle, Esquire, Southern Living, The Daily Beast, Q& Entertainment Weekly, NPR, Amazon, Barnes & Noble, iBooks, Audible, Goodreads, Library Reads, Book of the Month, Paste, Kirkus Reviews, St. Louis Post-Dispatch, and many more... Perfect for book clubs! Visit celesteng.com for discussion guides and more.

Love After 50

How to Drop the Games of Seduction and Discover the Power of Intimacy

An Utterly Upbeat Guide to Using Dating Optimism to Find Your Perfect Match

Receiving Love

Reclaim Your Love Life, Heal Your Heart, and Unlock the Secret to Finding Your Spirit Mate

Love You Bad

This Changes Everything

Imago Relationship Therapy It’s been more than three decades since Harville Hendrix and Helen LaKelly Hunt—the best-selling authors of Getting the Love You Want and Keeping the Love You Find—created Imago Relationship Therapy. Their concept of the “conscious marriage” introduced a new paradigm for understanding the dynamics of couples. Since that time more than two thousand clinicians in twenty-eight countries have adopted and implemented this highly effective form of couples therapy. This groundbreaking book offers an overview of the highly successful Imago Relationship Therapy (IRT) and the relationship of IRT with preceding schools of thought such as psychoanalytic theory, family systems theories, affect theory, and self-psychology. At the heart of IRT is a three-step process involving mirroring (reflecting) the partner’s feelings, validating the partner’s point of view, and expressing empathy toward the partner’s feelings. Imago Relationship Therapy traces IRT’s history and explosive growth and outlines the differences and similarities between Imago theory and other models of couples therapy. The book also presents some of the ideas of prominent Imago thinkers, such as the central role of connectivity and the problem of envy in committed relationships. “A uniquely important book for the practitioner, which provides clinical wisdom and a rare look into the heart and soul of Imago Relationship Therapy.” —Pat Love, E author, The Truth About Love

I am not sure I truly wrote this book myself. I was preoccupied with the subject of love. I suffered in love like us all and struggled to understand why we miss it in our lives. Why we seem to be distant to a constant perpetual disappointment. I wanted to know what we missed, what is that we do not know, what is that we need to learn to find true love in our lives. Then it happened. I was in a state of never-ending questioning when one day I felt as if the whole world was existence came into a stand still. I found myself in a strange, unprecedented state of bliss, a strange of state as if this book was dictated on me. There were no pauses, no stops, no contemplating or thinking, just writing. The whole text came as one. It came from the heart, from within the soul. I felt no thinking involved, no mind analysis, just a simple sense of flow that I could not stop or control. I realized as for the first time that we cannot know love without understanding love. I find love if we do not know love. We cannot keep love if we do not know and understand love. This book is about love, true love, healing love. A love that does not hurt does not cause pain or suffering, and that does not end. A love that does not let us down does not fear and does not give up in front of challenges and difficulties. It is the love we have within, but we rarely notice it or realize its existence. It is the love that is the source of all joy and all happiness. It is the love t bringhrit, but we never been introduced to it or properly explained to us. I understood as if hit by light that I was all wrong about it. We cannot reach love through no love; we cannot bring love into our lives if we do not become love itself. Only the energy of love can attract love. This book is about the true nature of love and through it one can find and sense and internalize this nature. In its inspired verses, one will find the truth that allows us to come forth to love with love. Elena Murzello cannot imagine going to the grocery store without a list. As she strolls through the aisles, she relies on her list to make sure she gets her must-haves and to help keep her from grabbing items she does not need. It was with this theory in mind that, at age twenty-one, she created a list of characteristics for a potential lifelong mate that still guides her love choices to this day. In The Love List, Elena shares her real-life experiences as well as information gathered with a hundred single, divorced, and married men and women about the qualities they look for in a life partner. Abstracting details from her interviews she created a process that anyone can use to create his or her own lists. Along with introspective questions to ponder, Elena included sample lists of characteristics, the top three traits both men and women seek in a partner, an exploration of different types of relationships, and ways to diversify a portfolio of suitors. The Love List practical tips and personal stories to encourage single people to look deep within, take risks, and learn to rely on their own unique lists while searching for the perfect mate.

AVOID THE JERKS AND FIND “THE ONE” WHO’S RIGHT FOR YOU “An insightful and creative contribution to managing the complexity of choosing a life partner. I heartily recommend it.” --Harville Hendrix, Ph.D., author of Getting the Love You Want and Keeping the Love You Find "Don't be part of the 'where-was-this-book-when-I-needed-it?' crowd. It's not too late--read it now!" --Pat Love, Ed.D., author of The Truth About Love and Hot Monogamy Based on years of research on marital and premarital happiness, How to Avoid Falling in Love with a Jerk (previously published in hardcover as How to Avoid Marrying a Jerk) will help you break destructive dating patterns that have kept you from finding the love you deserve: Ask the right questions to inspire meaningful, revealing conversations with your partner Judge character based on compatibility, relationships skills, friends, and patterns from family and previous relationships Resolve your own emotional baggage so you're ready for a healthy relationship

Orange World and Other Stories

How to Avoid Marrying a Jerk

A Memoir of Love and Loss

Making Your Everyday Extraordinary and Discovering Your Best Self

Keeping the Love You Find

Finding & Keeping the Love of Your Life

Doing Imago Relationship Therapy in the Space-Between: A Clinician's Guide

This groundbreaking book from the best-selling authors of Getting the Love You Want and coauthors of Giving the Love that Heals is the first to address the biggest unexplored issue facing couples today: Most of us are better at giving love than accepting it. We don't realize all the ways that our resistance to appreciation, praise, compliments, and accepting help from others hurts us and cripples our relationships. Many partners learn how to give love, but many more undermine their relationships by not-getting something that is equally important -- learning the problem is the self-rejection that began in childhood, when our parents and caretakers unintentionally failed to nurture or directly rejected traits, characteristics, or im-pulses that we were children. We end up rejecting in ourselves whatever our caretakers ignored or rejected in the course of our childhoods. When we become adults, this makes it impossible to let in the love we want and need, even when our partners offer it. As a result, we dismiss compliments, minimize gestures of affection, and create obstacles to true intimacy. In this book, Harville Hendrix's relationship therapy, offer a definitive guide to breaking the shackles of self-rejection and embracing the love our partners offer. Receiving Love is a very personal book for Drs. Hendrix and Hunt, and much of their own journey is the inspiration for it. Drawing on their renowned expertise, the wide clinical experience of hundreds of Imago therapists, and their own personal experience, the authors are able to offer detailed guidance on how to conquer the problems that come from self-rejection and embrace the gifts that are abundant in every person's life, if only we k challenge processes, and inspiring examples, this book holds the key to loving relationships that last.

The more I thought about it, the more I realised my career has been unusual. How did I manage to do everything wrong but still end up on the front cover of magazines, headlining world tours and achieving Top 5 albums? How did I attract such obsessive and fanatical fans, many of whom take everything I do or say very personally, which is simultaneously flattering but can also be tremendously frustrating? Even this I somehow cultivated without somehow meaning to. My accidental career. Limited Edition of One is unlike any other music book you will ever have whose celebrated band Porcupine Tree began as teenage fiction before unintentionally evolving into a reality that encompassed Grammy-nominated records and sold-out shows around the world, before he set out for an even more successful solo career. Part the story of a twenty-first century artist who achieved chart-topping mainstream success without ever becoming part of the mainstream. From Abba to Stockhausen, via a collection of conversations and thought pieces on the art of listening, the rules of collaboration, lists of lists, personal stories, prof old school rock stardom, how to negotiate an obsessive fanbase and survive on social media, and dream-forev storytelling.

Your dream of finding a partner is a natural and normal human instinct and your dream is perfectly achievable. Whatever your history, whatever your heartbreak, as a single person you are in an ideal position to learn what you need to know what what you can do to greatly improve your chances for finding, and keeping, love. With "Keeping the Love You Find," renowned relationship therapist and bestselling author Harville Hendrix will help you to: IDENTIFY your Imago -- the fantasy partner that your unconscious mind, which has a hidden agenda of its own, has your parents' marriage that you have unknowingly accepted as your relationship model CREATE hope in place of despair , companionship instead of loneliness DEVELOP communication skills to turn conflict into contact -- and togetherness TRANSFORM every past relationship into a source of positive growth DISCOVER the rewards of real love -- and the little things that make it last --and more. Filled with wisdom and compassion, "Keeping the Love You Find" will help get your next relationship off to the best start and keep your love strong for a lifetime.

This book presents eight of the author's short stories. In "Bog Girl: A Romance," a story about first love, a young man falls in love with a two thousand year old girl that he's extracted from a mass of peat in a Northern European bog. In "The Prospectors," two opportunistic young women fleeing the Depression strike out for new territory, and find themselves fighting for their lives. In the title story, a new mother desperate to ensure her infant's safety strikes a diabolical deal, agreeing to breastfeed the devil in exchange for his protection. The landscape in wh

The Book of Love

Capitalism Vs. The Climate

A Guide for Singles

A Personal Guide

Jeff Bezos and the Age of Amazon

A Jack Swyteck Novel

NEW YORK TIMES BESTSELLER • A powerful memoir of a love that leads two people to find a courageous way to part—and a woman's struggle to go forward in the face of loss—that “enriches the reader's life with urgency and gratitude” (The Washington Post) “A pleasure to read . . . Rarely has a memoir about death been so full of life. . . . Bloom has a talent for mixing the prosaic and profound, the slapstick and the serious.”—USA Today ONE OF THE MOST ANTICIPATED BOOKS OF

her husband, Brian: He retired early from a new job he loved; he withdrew from close friendships; he talked mostly about the past. Suddenly, it seemed there was a glass wall between them, and their long walks and talks stopped. Their world was altered forever when an MRI confirmed what they could no longer ignore: Brian had Alzheimer's disease. Forced to confront the truth of the diagnosis and its impact on the future he had envisioned, Brian was determined to die on his feet and Amy made the unimaginably difficult and painful decision to go to Dignitas, an organization based in Switzerland that empowers a person to end their own life with dignity and peace. In this heartbreaking and surprising memoir, Bloom sheds light on a part of life we so often shy away from discussing—its ending. Written in Bloom's captivating, insightful voice and with her trademark wit and candor, In Love is an unforgettable portrait of a beautiful marriage, and a boundary-defying work of art.

Provides daily meditations and exercises for singles to help create deep and lasting love relationships

Shows how an enlightened relationship can lead to spiritual growth and personal healing and offers a life-changing program for doing so. Reprint. 100,000 first printing.

Lose weight. Act confident. Play hard to get. This approach to dating doesn't lead to love, it leads to insecurity and loneliness. In Deeper Dating, psychotherapist Ken Page offers a new path to finding meaningful and lasting relationships. Learn how to attract people who love you for who you really are, become more self-assured and emotionally available, and lose your taste for relationships that diminish your self-esteem. With exercises, practical tools, and inspiring stories, Deeper Dating will help you find the love you deserve.

long for.

Imago Relationship Therapy

Getting the Love You Want Workbook

Getting the Love You Want

A Guide for Parents

The Perfect Match

Married in 12 Months or Less

A Guide for Couples

A guide to finding and keeping love shows readers how to meet the challenges of a new relationship, avoid making the same mistakes, deal with emotional issues, and improve their odds

Just as Masters and Johnson were pioneers in the study of human sexuality, so Dr. John Gottman has revolutionized the study of marriage. As a professor of psychology at the University of Washington and the founder and director of the Seattle Marital and Family Institute, he has studied the habits of married couples in unprecedented detail over the course of many years. His findings, and his heavily attended workshops, have already turned around thousands of faltering marriages. This book is the culmination of his life's work: the seven principles that guide couples on the path toward a harmonious and long-lasting relationship. Straightforward in their approach, yet profound in their effect, these principles teach partners new and startling strategies for making their marriage work. Gottman helps couples focus on each other, on paying attention to the small day-to-day moments that, strung together, make up the heart and soul of any relationship. Being thoughtful about ordinary matters provides spouses with a solid foundation for resolving conflict when it does occur and finding strategies for living with those issues that cannot be resolved.

Packed with questionnaires and exercises whose effectiveness has been proven in Dr. Gottman's workshops, The Seven Principles for Making Marriage Work is the definitive guide for anyone who wants their relationship to attain its highest potential. The Seven Principles for Making Marriage Work is the result of Dr. John Gottman's many years of closely observing thousands of marriages. This kind of longitudinal research has never been done before. Based on his findings, he has culled seven principles essential to the success of any marriage. Maintain a love map.

Foster fondness and admiration. Turn toward instead of away. Accept influence. Solve solvable conflicts. Cope with conflicts you can't resolve. Create shared meaning. Dr. Gottman's unique questionnaires and exercises will guide couples on the road to revitalizing their marriage, or making a strong one even better.

"This is among the most helpful, complete, and positive manuals for saving a relationship that I have seen." -- From the Foreward by Harville Hendrix, PhD Dr. Bonnie has been voted one of America's best therapists by Psychology Today! Bring back the love with Dr. Bonnie's Smart Heart Skills. Falling in love is easy; staying in love is hard. If you've ever yearned for a connection, or are tired of being single or divorced. If you've ever wanted more intimacy in your relationship, or worried that you and your partner are falling out of love, internationally acclaimed therapist Dr. Bonnie Eaker Weil is here to help. She knows how to make a relationship last. Her valuable Smart Heart Skills have helped a phenomenal 98 percent of the couples she's worked with to stay together. And with this book, you will receive that same guidance and opportunity for lasting love. Dr. Bonnie Eaker Weil is one of America's best-known relationship experts. She has appeared on the Today show, The Oprah Winfrey Show, The View, and Good Morning America. Dr. Bonnie's work has been featured in USA Today, Cosmopolitan, Redbook, and the New York Times.

She lives in New York City. She teaches an online education to-go course, Marriage and Relationships: Keys to Success: <http://www.ed2go.com/online-courses/marriage-and-relationships> Visit her website at: www.doctorbonnie.com

Your dream of finding a partner is a natural and normal human instinct and your dream is perfectly achievable. Whatever your history, whatever your heartbreak, as a single person you are in an ideal position to learn what you need to know and what you can do to greatly improve your chances for finding, and keeping, love. With KEEPING THE LOVE YOU FIND, renowned relationship therapist and bestselling author Harville Hendrix will help you to: - IDENTIFY your Imago - the fantasy partner that your unconscious mind, which has a hidden agenda of its own, has chosen for you - BREAK FREE from those patterns in your parents' marriage that you have unknowingly accepted as your relationship model - CREATE hope in place of despair, companionship instead of loneliness - DEVELOP communication skills to turn conflict into contact - and togetherness - TRANSFORM every past relationship into a source of positive growth - DISCOVER the rewards of real love - and the little things that make it last ... and more. Filled with wisdom and compassion, KEEPING THE LOVE YOU FIND will help get your next relationship off to the best start and

keep your love strong for a lifetime.

Ask a Manager

How to Avoid Falling in Love with a Jerk

Meeting Your Half-Orange

Lose Me

How to Find It, Enjoy It, and Keep It

The Everything Store

The Far Flight Today

Follow the steps in How to Avoid Marrying a Jerk--a proven program used by thousands of singles worldwide--and break the destructive dating patterns that have prevented your happiness in the past.

What if God has purposed your marriage for something so much more than happily ever after? Since the very beginning, God's design for marriage is for husbands and wives to be ambassadors of holy love to a hurting world. Still, so many couples stop short at happy and wonder why they feel unsatisfied. Rather than "you and me against the world," God calls each couple to the rich and meaningful mission of "you and me for the world." Aaron and Jennifer Smith, popular marriage bloggers at HusbandRevolution.com and UnvelledWife.com, transparently share their journey from a marriage in crisis to a marriage built on Christ's redemptive love. Through fresh biblical insight and intimate stories of their own struggles and victories, this book will guide you toward a God-centered, ministry-minded, and thriving marriage. In these pages you will . . . Discover the signature marks of a marriage after God Find principles for building an unshakable marriage foundation Learn how to let God's story take the lead in your love story Recognize the tools God has already equipped you with for a missional life together Filled with helpful illustrations, this thorough and practical book will empower you and your spouse to dream, decide, and do as you step hand in hand into God's ultimate purpose for your marriage. Your oneness is also meant for witness. God has purposed your remarkable, romantic, and redemptive relationship to be a powerful light to a dark and hurting world. This is your invitation to marriage as God intended--a life-saving, hope-inspiring, and transforming force of God's love.

'Claustrophobic' J. C. Malone 'Twisted' A. J. Thomas 'Spinettingling' Caz Bower 'Unputdownable' Lisa Jenkins Kerensa lives a life of privilege few could imagine. Loving husband. Luxury home. Financial security. But in the attic of their sea view mansion is a secret waiting to be discovered, threatening to destroy their perfect marriage. When their daughter's au pair uncovers Dominic's carefully constructed illusion, one lie at a time, it ends in murder. But whose? A twisty page-turning psychological thriller perfect for fans of Lisa Jewell, Ruth Ware, and Louise Candlish. Yet will equally appeal to readers of romantic suspense by authors such as Kendra Elliot, Mary Burton, Melinda Leigh, and Willow Rose.

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work

The New Couples' Study Guide

The Personal Companion